

Hong Kong Primary Care Conference 2018
“Family Physician – Nexus of the New Era of Primary Care”
23 – 24 June 2018 (Saturday – Sunday)

Workshop 1

Oral Health: What Family Doctors Need to Know



Dr. Stanley Lai

BDS, MDS(HK), AdvDipPeriodont (HK), MRDRCS, FHKAM (Dental Surgery), FCDSHK (Perio)

Dr. Lai graduated from the University of Hong Kong in 2000 and finished his post-graduate and specialist training from 2001-2007. He is now a registered Specialist in Periodontology appointed in the Faculty of Dentistry, the University of Hong Kong as a Fractional Clinical Assistant Professor in the discipline of Periodontology teaching both post-graduates and undergraduates. He actively involves and participates in the clinical teaching and learning activities in the Faculty as Undergraduate Program Director. He also works in private practice providing treatment limited to periodontology on a referral basis. Dr. Lai is also the Honorary Secretary of Hong Kong Society of Periodontology and Implant Dentistry, keeping close connection with international and regional professional association. His main clinical and research interests are adjunctive therapy in periodontal treatment, clinical periodontology and dental implant treatment in periodontally- compromised subjects and behavior change in oral health care practice.



Dr. Ruby Wong

BDS(HK); MDS(Perio)(HK); AdvDipPeriodont(HK); MRD RCSEd(Perio); FHKAM (Dental Surgery); FCDSHK (Perio)

Since becoming a specialist in Periodontology in 2011, Dr. Wong had involved in the establishment of the first periodontal centre in Hong Kong that provides periodontal services exclusively, collaborating with both general dentists and specialists of different areas. Dr. Wong is also an Honorary Clinical Assistant Professor of the Faculty of Dentistry, University of Hong Kong.

Dentistry and medicine are interconnected and definitely complementary to each other. There is an increase in scientific evidence on the interactions between oral health and general health. Therefore, recognizing oral health and general health problems are equally important in holistic patient care. Common oral health problems e.g. abscesses, toothache and gum pain, etc. can be the reasons for patients seeing family doctors. According to the 2011 Oral Health Survey by the Hong Kong Government, the most significant oral health problem that affects our population is periodontitis, which is the major cause of tooth loss. Periodontitis is by majority a chronic disease, with high prevalence in the adult and elderly cohorts. It shares numerous risk factors with systemic diseases such as age, socio-economic status, level of education, smoking, etc. Moreover, the adverse effects of periodontitis on systemic diseases (including cardiovascular disease and type II diabetes) are well-documented in scientific literature. The role of family physicians in correctly identifying the problems and giving appropriate advice or referral can be significant to the patients in ways more than merely symptomatic relief.

In this workshop, a lecture will be delivered on the common oral health problems among different age groups in the Hong Kong population. Oral examinations that can be easily performed in the primary care setting will be demonstrated, with hands-on practice for the participants in the practicum that follows.