HONG KONG PRIMARY CARE CONFERENCE 2018



Hong Kong Primary Care Conference The Hong Kong College of Family Physicians

# Family Physician – Nexus of the New Era of Primary Care



APRIL ISSUE

23 - 24 June 2018 (Saturday - Sunday)

Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

# Message from the Organizing Committee

Hong Kong Primary Care Conference The Hong Kong College of Family Physicians

On behalf of the Hong Kong College of Family Physicians and 2018 Hong Kong Primary Care Conference (HKPCC) Organizing Committee, I am delighted to invite you all to the 8<sup>th</sup> HKPCC conference to be held on June 23<sup>rd</sup> – 24<sup>th</sup> 2018 at the Hong Kong Academy of Medicine (HKAM) Jockey Club Building, Aberdeen, Hong Kong.

This coming year's theme, "Family Physician – Nexus of the New Era of Primary Care" rekindles the vital role of family physicians in responding to the ever challenging healthcare ecosystem and to deliver cost-effective, sustainable and patient-centered health care. For the past decades, emphasis on primary care in Hong Kong has gained recognition with the development of primary care conceptual models and reference frameworks by the Primary Care Office, enhancement of patient care through the Electronic Health Record Sharing System (eHRSS), improvement of accessibility to private primary healthcare with the Health Care Voucher Scheme, promotion of preventive care including the Vaccination Subsidy Scheme and the implementation of feasible service models to enhance community-based primary care services delivery.

With an increasingly ageing population bringing more chronic conditions and complex comorbidities, Hong Kong is facing tremendous challenges in addressing the demand for healthcare services with an already overburdened public hospital system, despite ongoing primary care reforms. Recently, the key findings of the Population Health Survey conducted by the Department of Health showed a high prevalence of non-communicable diseases including hypertension and diabetes, with many people living with these conditions unrecognized. The HKSAR government under the leadership of newly appointed Chief Executive Mrs Carrie Lam and Secretary for Food and Health Professor Sophia Chan, has accorded priority to boost primary healthcare services and as such as has set up a steering committee for the further development of primary care. The World Organization of Family Doctors supports the view that general practice is pivotal to the success of primary health care in developed countries e.g. Australia.

General practice provides primary, continuing, comprehensive and coordinated holistic health care to individuals and families in their communities, these elements place general practice at the center of an effective primary health care system. Family physicians, with their attributes which includes playing an effective coordinating role in health care provision, will be beneficial strategic partners in further enhancing primary care development in Hong Kong.

Over the years, our annual hallmark conference has served as an inspiring platform for bringing together international and local experts, family physicians, dentists, nurses, allied health practitioners and other primary care providers to promote collaborative and networking opportunities in addressing present and future challenges. It offers a rich milieu for sharing the latest scientific updates, research activities as well as an open exchange of experiences and views on recent developments and trends in primary care. This coming 2018, we will go green with the issuing of electronic certificates of attendance for our participating delegates as well as a web-based electronic program book.

I welcome you to another exciting experience with this forthcoming conference.

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Dr. Lorna NG Chairman, Organizing Committee Hong Kong Primary Care Conference 2018

23 – 24 June 2018 (Saturday – Sunday)

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# Scientific Programme at-a-glance

| 23 June 2018 (Saturday) |   |   |  |  |  |  |
|-------------------------|---|---|--|--|--|--|
| 14:00 - 15:00           | Registration and Welcome Drinks   |   |  |  |  |  |
| 15:00 - 15:30           | Opening Ceremony  |   |  |  |  |  |
| 15:30 - 16:15           | <b>Plenary I</b> (Dr.Constance Chan)<br>Partnership with Primary Care in Action against Non-communicable Diseases                 |   |  |  |  |  |
| 16:15 - 17:00           | <b>Plenary II</b> (Prof. Richard Hobbs)<br>Preventing Stroke in Atrial Fibrillation and the Contribution of Primary Care Research |   |  |  |  |  |
| 17:00 - 17:20           | Coffee Break and Poster Presentation - Part 1 <sup>#</sup>  |   |  |  |  |  |
| 17:20 - 18:35           | <b>Seminar A</b><br>Hyperuricemia and<br>Chronic Kidney<br>Disease  | Seminar B<br>Avoid Medical Mishaps:<br>Patient Centred Care | Free Paper -<br>Oral Presentation<br>Part 1 <sup>#</sup> | Workshop 1<br>Oral Health: What Family<br>Doctors Need to Know |  |  |
| 18:45 - 21:00           |   | Dinner Sy   | mposium  | ·  |  |  |

| 24 June 2018 (Sunday) |   |                  |   |                                  |   |  |                                      |  |
|-----------------------|---|------------------|---|----------------------------------|---|--|--------------------------------------|--|
| 08:15 - 09:00         | Registration  |                  |   |                                  |   |  |                                      |  |
| 09:00 - 10:15         | <b>Workshop 2</b><br>Ankle Sprain,<br>Taping and Exerci<br>Prescription                             | se               | <b>Semina</b><br>Pharmacol<br>Managem<br>Patients with I<br>Impairm           | ogical<br>ent of<br>Cognitive    | Clinical Case<br>Presentation<br>Competition <sup>#</sup>   |  | Clinical Audit and<br>Research Forum |  |
| 10:15 - 10:35         | Coffee Break and Poster Presentation - Part 2 <sup>#</sup>  |                  |   |                                  |   |  |                                      |  |
| 10:35 - 11:50         | <b>Workshop 3</b><br>Dementia Care in<br>Primary Care   | Upd<br>Mar<br>Re | Geminar D<br>ates on Stroke<br>nagement and<br>habilitation in<br>rimary Care | Incorpo<br>Travel M<br>into your | Seminar E<br>Incorporating<br>Travel Medicine<br>into your General<br>PracticeSeminar F<br>Chinese Medicine<br>in Primary CareFree Paper -<br>Oral<br>Presentation<br>Part 2# |  |                                      |  |
| 11:50 - 12:35         | <b>Plenary III</b> (Prof. Samuel Wong)<br>The Role of Family Medicine in People with Multimorbidity |                  |   |                                  |   |  |                                      |  |
| 12:40 - 14:00         | Lunch Symposium   |                  |   |                                  |   |  |                                      |  |

# Active CME/CPD points will be accreditated to presenters

#### Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference.

(Supported by HKCFP Foundation Fund)

23 – 24 June 2018 (Saturday – Sunday)

Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

## **Registration** Form

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| Title *: Prof.        | / Dr. / Mr. / Mrs.   | / MS. HKCFP Member ID :  |               |            |
|-----------------------|--|--|---------------|------------|
| Surname:              |  | Given Name:  |               |            |
| Institution *:        | HA/DH/Unive  | ersity / Private Hospital / Private Group / Solo Practice                                  |               |            |
| Occupation:           | Doctor/Nurse   | / Student / Allied Health  | / Others      |            |
| Contact No.:          | (Office)   | (Mobile)   | (Fax)         |            |
| Address:              |  |  |               |            |
| Email^:               |  |  |               |            |
|                       |  | iff Ms. Priscilla Li at <u>membership@hkcfp.org.hk</u> for membership applicatior<br>mail. | 1.            |            |
| REGISTR               | ATION  |  | Member        | Non-member |
|                       | nce Registration to the co                                   | on<br>onference is required.   | Complimentary | □ HK\$1000 |
| ♦ First               | <b>op Registratio</b><br>come first serv<br>ues will be retu |  | •             | •          |
| 23 June<br>(Saturday) | 17:20 - 18:35  | Workshop 1:<br>Oral Health: What Family Doctors Need to Know                               | 🗆 нк\$300     | □ нк\$500  |
| 24 June               | 09:00 - 10:15  | Workshop 2:<br>Ankle Sprain, Taping and Exercise Prescription                              | 🗆 нк\$300     | 🗆 нк\$500  |
| (Sunday)              | 10:35 – 11:50  | Workshop 3:<br>Dementia Care in Primary Care   | 🗆 нк\$300     | □ HK\$500  |

| Date                  | COMPLIMENTARY SYMPOSIA |                     |   | COMPLIMENTARY TRANSPORTATION <sup>^^</sup>   |
|-----------------------|------------------------|---------------------|---|--|
| 23 June<br>(Saturday) | 18:45 - 21:00          | Dinner<br>Symposium | ☐ HK\$50<br>Enrolment Deposit <sup>**</sup> | <ul> <li>Wong Chuk Hang MTR → HKAM: 14:15 - 15:00</li> <li>HKAM → Wong Chuk Hang MTR: 21:15</li> </ul> |
| 24 June<br>(Sunday)   | 12:40 - 14:00          | Lunch<br>Symposium  | ☐ HK\$50<br>Enrolment Deposit <sup>**</sup> | □ Wong Chuk Hang MTR → HKAM: 8:30 - 9:00   |

"Enrolment Deposit: Seats for symposia is limited. Registrants are required to send the "Enrolment Deposit cheque' for symposia enrolment.

At the back of the cheque: please write your name and the symposium –Dinner (23 June) or Lunch (24 June) that you wish to enroll.
 Each cheque is for ONE activity's registration only, please make sure to send in the corresponding number of cheques.

 The respective cheque would be returned when attending the activity, otherwise the deposit cheque would NOT be returned and instead it will become a contribution to HKCFP.

Complimentary Transportation: Circular coach service would be provided within the mentioned periods. Pre-registration is required.

#### **PAYMENT METHOD**

Please send completed registration form with crossed cheque(s) payable to "**HKCFP Education Ltd**" to the Conference Secretariat. Please use **SEPARATE** cheques for payment of membership fees (if applicable), conference and workshop(s) registration fees.

#### **CONFERENCE SECRETARIAT**

| Registration | : | Ms. Windy Lau                                   |           |       |                                    |
|--------------|---|---|-----------|-------|------------------------------------|
| CME/CNE      | : | Mr. John Ma                                     | Tel       | :     | (852) 2871 8899                    |
| Scientific   | : | Ms. Suki Lung / Ms. Crystal Yung                | Fax       | :     | (852) 2866 0616                    |
| Others       | : | Ms. Alky Yu / Ms. Erica So                      | Email     | :     | hkpcc@hkcfp.org.hk                 |
| Address      | : | HKCFP, Room 803-4, 8/F, HKAM Jockey Club Buildi | ng, 99 Wa | ong C | huk Hang Road, Aberdeen, Hong Kong |

Signature: \_

Date:



# YOUR VIGILANT GUARDIAN TO

# **COMBAT DIVERSE CNS DISORDERS**

CNS = central nervous system. MDD = major depressive disorder. PTSD = post-traumatic stress disorder.

#### References

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23 – 24 June 2018 (Saturday – Sunday)

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# Adverse Weather Arrangement for Conference

| Before Conference   |  |
|---|--|
| <ul> <li>Typhoon Cyclone Warning Signal<br/>No.1 or 3 / Amber or Red Rainstorm<br/>Warning</li> </ul>                                 | Conference will be conducted as usual.   |
| > Typhoon Cyclone Warning Signal No.  | 8 or above / Black Rainstorm Warning   |
| 23 June 2018 (Saturday)   | <ul> <li>The Conference on Saturday will be cancelled if <u>at</u> or after 12:00nn,</li> <li>1) Tropical Cyclone Warning Signal No.8 or above is hoisted / remains in force, <u>OR</u></li> <li>2) Rainstorm Black Warning is issued / remains in force.</li> </ul> |
| 24 June 2018 (Sunday)   | <ul> <li>The Conference on Sunday will be cancelled if <u>at or after 6:30am</u>,</li> <li>1) Tropical Cyclone Warning Signal No.8 or above is hoisted / remains in force, <u>OR</u></li> <li>2) Rainstorm Black Warning is issued / remains in force.</li> </ul>    |
| During Conference   |  |
| > Tropical Cyclone Warning Signal<br>No.8 or above is hoisted / Rainstorm<br>Black Warning is issued while<br>activity is in progress | Conference will be suspended if circumstances allow*.<br>(*Organizing Committee may also consider to cancel<br>the conference upon special circumstances, if needed.)  |

## In case of cancellation of conference,

- Conference's Registration fees: Non-refundable and Non-transferrable
- Workshop's Registration fees: Fully refunded to registrants

23 – 24 June 2018 (Saturday – Sunday)

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# Updates on Conference

#### COMPETITION

We cordially invite your participation in the **Full Research Paper Competition** of the HKPCC 2018. The competition is one of the highlights of the conference.

#### **AWARDS**

#### Best Research Paper Award Best Trainee Research Paper Award

Each awardee will be presented **a certificate of award** at the opening ceremony of HKPCC 2018.

#### SUBMISSION DEADLINE

#### 30 April 2018 (Thursday)

#### **WORKSHOPS**

Following the opening of workshops' registration since January, we've received overwhelming responses to our workshops' registration! We thank you for your tremendous support!

If you have not yet registered, reserve your seat by returning your registration form to us RIGHT NOW! Seats are expected to go fast as our workshops are one of the most popular highlights in the conference programme!

**Workshop 1** Oral Health: What Family Doctors Need to Know

**Workshop 2** Ankle Sprain, Taping and Exercise Prescription

**Workshop 3** Dementia Care in Primary Care

## **COMPLIMENTARY TRANSPORTATION**

Complimentary transportation for participants would be provided during the conference with details as follows. Pre-registration for transportation is required.

| Date               | Origin                    | Destination               | Time          |
|--------------------|---------------------------|---------------------------|---------------|
| 22 June (Caturday) | Wong Chuk Hang MTR        | HKAM Jockey Club Building | 14:30 -15:00^ |
| 23 June (Saturday) | HKAM Jockey Club Building | Wong Chuk Hang MTR        | 21:15         |
| 24 June (Sunday)   | Wong Chuk Hang MTR        | HKAM Jockey Club Building | 8:30 - 9:00^  |

^ Circular coach service would be provided within the mentioned periods.

23 - 24 June 2018 (Saturday - Sunday)



## Plenary I Partnership with Primary Care in Action against Non-communicable Diseases

#### Dr. Chan Hon Yee, Constance, JP

Director of Health, MBBS (HK), M Med (Public Health) (Singapore), FHKAM (Community Medicine)

Dr. Constance Chan is the Director of Health of Hong Kong. Dr. Chan joined the Government as a Medical and Health Officer in 1988 and was appointed as Director of the Department of Health in 2012. Before her current appointment, she served as Controller of the Centre for Food Safety of the Food & Environmental Hygiene Department between 2007 and mid-2012. Dr. Chan is a specialist in Public Health Medicine. She graduated from the medical school of the University of Hong Kong and obtained a Master of Medicine degree in Public Health from the National University of Singapore. She is a Fellow of the Hong Kong Academy of Medicine (Community Medicine) and a Fellow of the Faculty of Public Health of the Royal Colleges of Physicians of the University of Hong Kong.

Non-communicable disease (NCD) is a leading health threat. According to the World Health Organization (WHO), NCDs are responsible for 56.4 million deaths or 70% of all deaths globally in 2015. Hong Kong is no exception. The latest Population Health Survey conducted by the Department of Health revealed that half (50.0%) of Hong Kong people aged 15 to 84 were overweight or obese, and major NCDs, such as hypertension (27.7%), diabetes mellitus (8.4%) and high blood cholesterol (49.5%) were prevalent among the population. It is noteworthy that for every person known to be suffering from any of the aforesaid conditions, at least one other person with the disease went undiagnosed and untreated.

In January 2018, the Steering Committee on Prevention and Control of NCDs chaired by the Secretary for Food and Health endorsed a new strategy and action plan (SAP) which has taken reference to the guidance laid down in the WHO Global Action Plan for the Prevention and Control of NCDs 2013-2020. The SAP defines a set of 9 local targets to be achieved by 2025 covering reduction in major NCD risk factors such as unhealthy diet including high sodium intake, insufficient physical activity, alcohol and tobacco use, containing the prevalence of hypertension, obesity, diabetes and premature mortality from NCDs.

The SAP recognises the importance of effective partnerships with primary care professionals as one of the key strategic directions in combating NCDs. Being the nexus and life-long companion of their patients, family doctors are well positioned to communicate about behavioural risk factors and their associations with NCDs, motivate patients to adopt healthy lifestyles to mitigate health risks, conduct assessment on health risks and opportunistic screening for early detection of NCD, and optimize the management in primary care setting. Strengthening the prevention and management of NCDs requires enhancement of the primary care delivery system. The Government is reviewing the existing planning of primary healthcare services and has committed to set up district health centres to support family doctors to provide coordinated multidisciplinary care in the community.

The plenary presentation will discuss how the concerted effort of the public, primary care providers and the Government in fighting the NCD battle would bring better health to our population.

23 - 24 June 2018 (Saturday - Sunday)



## Plenary III The Role of Family Medicine in People with Multimorbidity

#### Professor Samuel YS Wong

MD (U. of Toronto), MD (CUHK), MPH (Johns Hopkins), CCFPC (Canada), FRACGP (Australia), FHKCCM (HK), FHKAM, FCFPC (Canada)

Professor Samuel Wong has been the Head of the Division of Family Medicine and Primary Healthcare and the Associate Director in Undergraduate Education of the School of Public Health and Primary Care since 2009. He is an honorary Consultant in Family Medicine, Department of Family Medicine of the New Territories East Cluster of the Hospital Authority. He also serves as a member of the Advisory Committee on Primary Care Directory, Advisory Group on Hong Kong Reference Framework for Preventive Care for Children and for Older Adults in Primary Care Settings of the Department of Health as well as a member of the recently established Steering Committee on Primary Healthcare Development of the Hong Kong SAR Government.

Professor Wong's research interests include evaluating and developing mindfulness based interventions and other mental health interventions for common health problems in primary care as well as evaluating primary care health services and developing primary care service models for elderly people with multiple chronic conditions. He is a member of the editorial/advisory board of several international scientific journals and has obtained funding from the Research Grant Council, Health and Medical Research Fund and donations from Charity organizations in developing primary care mental health programmes and interventions for elderly with multiple chronic conditions in Hong Kong.

Hong Kong, like other economically developed regions, is experiencing population ageing. It is becoming common for people to have multiple chronic conditions with complex health needs. Therefore, there is an increasing role for family doctors to take the lead in looking after older adults with complex bio-psychosocial needs.

In this presentation, the epidemiology of multimorbidity in Hong Kong from large population surveys will be presented and compared to data from other countries.

The current health service utilization and service gaps in health services for older people and among people with multimorbidity will be identified and compared with those of other developed countries using both quantitative and qualitative data. The current and potential future role of family doctors and health care models that integrate both social and medical care in addressing the identified health service gaps for older adults and people with multimorbidity will be suggested and discussed.

23 - 24 June 2018 (Saturday - Sunday)

## Seminar D Updates on Stroke Management and Rehabilitation in Primary Care



#### Professor Lawrence Wong

MBBS (NSW), MHA (NSW), MD (NSW), MRCP (UK), FRCP (Lond), FHKAM (Medicine)

Professor Wong obtained his Bachelor and Doctorate degrees at the University of New South Wales. He received his neurology training at the Prince of Wales Hospital in Hong Kong and joined the Chinese University of Hong Kong as Lecturer in 1993. He became a Chair Professor in 2006 and Emeritus Professor of Medicine, Division of Neurology, in 2017. Currently he serves as the Secretary of the World Stroke Organization (Geneva) and as Deputy Editor of the Journal of Neurology, Neurosurgery & Psychiatry (British Medical Journal) and Stroke (American Heart Association), being the first Chinese to be appointed in each of these positions. Professor Wong is an ad hoc reviewer for JAMA, Lancet, Lancet Neurology, Annals of Neurology, Neurology and many other prestigious journals.

He has pioneered many international research projects on neurological diseases such as stroke, Parkinson's disease and dementia. He co-ordinates many international clinical trials in Asia and published > 460 indexed peer-reviewed original articles. He has more than 10,600 citations and an H index of 50. He received many international and national awards including the President Award from the World Stroke Organization, Croucher Senior Medical Fellowship, Bruce Schoenberg Award from the American Academy of Neurology, the Chapter of Neurologist Gold Medal from the Singapore Academy of Medicine, National Science & Technology Award and First Prize on Scientific Output from the Ministry of Health (PRC).



#### Dr. Vincent Ip

#### FHKAM (Medicine), FHKCP, MRCP (UK), Dip Med (CUHK), MBChB

Dr. Ip obtained his Bachelor degree at the Chinese University of Hong Kong. He received his training at the Prince of Wales Hospital. Currently he serves as Associate Consultant in the Prince of Wales Hospital and Clinical Assistant Professor (Honorary) of the Chinese University of Hong Kong. Dr. Ip has publication related to stroke in different journals. He was invited as speaker in professional and scientific meetings such as the 2nd International Symposium on Collaterals to the Brain and the Asia Pacific Stroke Conference 2013. He received awards and scholarships including the Hong Kong Neurological Society Scholarship and the Henry C.H. Leung Fellowships, CUHK.

Stroke is a devastating disease with high mortality and morbidity. Recent advances emphasize the importance of ultra-early recanalization therapy including thrombolysis and endovascular thrombectomy. Thrombolysis should be given within 3 hours of symptoms onset while endovascular thrombectomy within 6 hours. Transient ischemic attack should also be regarded as a medical emergency requiring prompt assessment and treatment, including antiplatelet, antihypertensive and lipid-lowering agents. The majority of stroke survivors will have some degree of disability. Rehabilitation should include a multidisciplinary team of profession including physiotherapist, occupational therapist and speech therapist. There are now many new approaches to target various pathways to enhance neuroplasticity and encourage recovery. Promising results are seen with constraint-induced movement therapy, motor imagery, peripheral nerve stimulation, transcranial direct current stimulation, transcranial magnetic stimulation, robotics and tele-rehabilitation.

23 - 24 June 2018 (Saturday - Sunday)

## Seminar F Chinese Medicine in Primary Care



#### Dr. Vincent Chung

B Chin Med, BSc Biomed Sci (HKBU), MSc Evid Based Healthcare (Oxford), PhD Public Health (CUHK)

Dr. Vincent Chung is a registered Chinese medical practitioner and Assistant Professor of Jockey Club School of Public Health and Primary Care, Faculty of Medicine, The Chinese University of Hong Kong

After graduated with the Bachelor degree of Chinese Medicine & Bachelor of Biomedical Science [First Class Honours] by the Hong Kong Baptist University, Dr. Chung was then conferred the Doctor of Philosophy in Public Health by The Chinese University of Hong Kong, Master of Science in Evidence-based Healthcare by The University of Oxford. He has published more than 73 academic publications in leading as well as Associate Editor for various journals. He is currently a Visiting Research Fellow at the Australian Research Centre for Complementary and Integrative Medicine, University of Technology Sydney, Australia. With experience in both health services and policy research, he served as a consultant for the WHO Western Pacific Regional Office in formulating strategy for using traditional and complementary medicine Strategy.

Despite the increasing trend of recognition and practice of Chinese medicine around the world, a report from the World Health Organisation 'WHO Traditional Medicine Strategy 2014-2023' stated that the lack of research data dissemination, education and training of personnel could be the barriers for the international development of Chinese medicine. The Faculty of Medicine of The Chinese University of Hong Kong has established two innovative platforms, 'Everyday Chinese Medicine', in collaboration with Coursera, an internationally renowned massive open online course (MOOC); and 'Integrative Medicine Clinical Evidence Portal', an online database portal to provide resources to the designated population. The objectives of these online platforms are to promote basic knowledge and scientific research evidence of Chinese medicine to the global community including the general public and healthcare professionals, as well as serving as a pioneer for exploring the possibility of these approaches, in fostering development and integration of Chinese medicine in health systems.



#### Dr. Wendy Wong

PhD, BCM, BSc(Hons), Registered Chinese Medicine Practitioner

Dr. Wong is a Hong Kong registered Chinese Medicine Practitioner and the Assistant Professor of School of Chinese Medicine and Hong Kong Institute of Integrative Medicine, the Chinese University of Hong Kong. Dr. Wong possesses ample experience in primary care evaluation research acquiring knowledge for effective doctor-patient communication and evaluating quality of care with validated patients-reported outcomes. After graduating from the Hong Kong Baptist University majoring in Biomedical Science and Chinese Medicine, she pursued another Doctor of Philosophy in the Department of Family Medicine and Primary Care of the University of Hong Kong focusing on the effectiveness of Chinese Medicine in primary care setting. She was the grant holder and co-investigator of various Hong Kong primary care projects and has publications in international peer-reviewed journals including the Scientific Reports, PLos, Family Practice, Quality of Life Research, Complementary Therapies in Medicine and Evidence-based Complementary and Alternative Medicine.

There are 9,513 registered Chinese medicine practitioners (CMPs) in Hong Kong providing 8.2% of primary care services, however, there was a lack of information on the morbidity pattern and management process of Traditional Chinese Medicine (TCM) primary care. In view of this, a study was conducted to determine the morbidity pattern in different TCM primary care settings amongst the Chinese population. By prospectively recording all consecutive clinical encounters presented to invited CMPs, the prevalence of each encounters, TCM diagnoses and management were assessed and health problems coded by ICPC-2. The study showed that most patients consulted CMPs for chronic (64% vs 33.7%) rather than acute conditions, with hypertension or diabetes being the most common co-morbidity. Other common problems presenting to CMP were respiratory problems (24.9%), musculoskeletal complaints (22.7%), cough (11.7%), and lower back pain (6.6%). In summary, CMPs play a definite role in musculoskeletal or chronic illness management for which patients may have also received conventional WM treatment. Greater effort and resources should be invested to promote interdisciplinary communication to ensure safety and synergy of TCM and WM in primary care.

23 - 24 June 2018 (Saturday - Sunday)

## Workshop 3 Dementia Care in Primary Care

#### Dr. Victor Lui

MBBS, LLB, MSc, MRCPsych, FHKCPsych, FHKAM (Psychiatry)

A specialist in Psychiatry as well as being the holder of the Bachelor's degree of Laws (University of London).

He is a fellow of the Hong Kong College of Psychiatrists, and a member of the Royal College of Psychiatrists. He is the Honorary Clinical Assistant Professor in the Department of Psychiatry, The Chinese University of Hong Kong. His research interests focuses on dementia and mental capacity assessment. In 2017, he helped in the establishment of the Tai Po Dementia Supporter programme, which aims at making the community more dementia-friendly.

#### Dr. Gemma Law

#### CPsychol, AFBPsS, AFHKPA, CADC

Dr. Law is currently the Senior Programme Director at HKU SPACE. Her clinical experience with Dementia Care began in the 1990s when she worked in the Assessment Unit for the elderly with mental infirmity in England. Her interest continued after moving back to HK.

Since 1999, Dr. Law has developed two day care centres for Dementia care in collaboration with St James Settlement. She is currently the Consultant for the two day care centres situated in Sai Wan and Wan Chai both of which provide services for the elderly with Dementia and elderlies with cognitive impairment. Dr. Law is also the founder/advisor of the Hong Kong Carers Alliance for Dementia since 2007.

In this workshop, Dr. Lui will talk about the diagnosis of dementia and the commonly used assessment tools for the screening of cognitive impairment (e.g. MMSE, AMT, HK-MoCA, HK-MoCA 5-Min, etc). The use and limitations of these tools will be highlighted and an overview of the current referral system in Hong Kong for suspected cognitive impairment will be presented.

Dr. Law will deal with home care management for clients with Dementia in the community and the implementation of appropriate activity or games for persons with Dementia. This will be followed by (a) case discussion(s) and application of games/activity to people with dementia at home.