

Hong Kong Primary Care Conference 2018

“Family Physician – Nexus of the New Era of Primary Care”

23 – 24 June 2018 (Saturday – Sunday)

Hong Kong Academy of Medicine Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Message from the Organizing Committee



On behalf of the Hong Kong College of Family Physicians and 2018 Hong Kong Primary Care Conference (HKPCC) Organizing Committee, I am delighted to invite you all to the 8th HKPCC conference to be held on June 23rd – 24th 2018 at the Hong Kong Academy of Medicine (HKAM) Jockey Club Building, Aberdeen, Hong Kong.

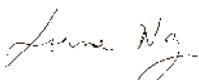
This coming year’s theme, “Family Physician – Nexus of the New Era of Primary Care” rekindles the vital role of family physicians in responding to the ever challenging healthcare ecosystem and to deliver cost-effective, sustainable and patient-centered health care. For the past decades, emphasis on primary care in Hong Kong has gained recognition with the development of primary care conceptual models and reference frameworks by the Primary Care Office, enhancement of patient care through the Electronic Health Record Sharing System (eHRSS), improvement of accessibility to private primary healthcare with the Health Care Voucher Scheme, promotion of preventive care including the Vaccination Subsidy Scheme and the implementation of feasible service models to enhance community-based primary care services delivery.

With an increasingly ageing population bringing more chronic conditions and complex comorbidities, Hong Kong is facing tremendous challenges in addressing the demand for healthcare services with an already overburdened public hospital system, despite ongoing primary care reforms. Recently, the key findings of the Population Health Survey conducted by the Department of Health showed a high prevalence of non-communicable diseases including hypertension and diabetes, with many people living with these conditions unrecognized. The HKSAR government under the leadership of newly appointed Chief Executive Mrs Carrie Lam and Secretary for Food and Health Professor Sophia Chan, has accorded priority to boost primary healthcare services and as such as has set up a steering committee for the further development of primary care. The World Organization of Family Doctors supports the view that general practice is pivotal to the success of primary health care in developed countries e.g. Australia.

General practice provides primary, continuing, comprehensive and coordinated holistic health care to individuals and families in their communities, these elements place general practice at the center of an effective primary health care system. Family physicians, with their attributes which includes playing an effective coordinating role in health care provision, will be beneficial strategic partners in further enhancing primary care development in Hong Kong.

Over the years, our annual hallmark conference has served as an inspiring platform for bringing together international and local experts, family physicians, dentists, nurses, allied health practitioners and other primary care providers to promote collaborative and networking opportunities in addressing present and future challenges. It offers a rich milieu for sharing the latest scientific updates, research activities as well as an open exchange of experiences and views on recent developments and trends in primary care. This coming 2018, we will go green with the issuing of electronic certificates of attendance for our participating delegates as well as a web-based electronic program book.

I welcome you to another exciting experience with this forthcoming conference.



Dr. Lorna NG
Chairman, Organizing Committee
Hong Kong Primary Care Conference 2018

Conference Information

- Date** : 23 – 24 June 2018 (Saturday-Sunday)
- Venue** : Hong Kong Academy of Medicine Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong
- Official Language** : English
- Academic Accreditation** : Applications are in progress and details will be announced later.
- Organizer** : The Hong Kong College of Family Physicians
- Conference Secretariat** : **Exhibition & Advertisement:**
Ms. Teresa Liu
- Publication:**
Ms. Crystal Yung
- QA Accreditation:**
Mr. John Ma
- Registration:**
Ms. Windy Lau
- Scientific:**
Ms. Suki Lung
- General:**
Ms. Alky Yu / Ms. Erica So
- Contact Details** : Tel No. : (852) 2871 8899
Fax No. : (852) 2866 0616
Email : hkpc@hkcfp.org.hk
- Supported by** : HKCFP Foundation Fund

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Scientific Programme at-a-glance

23 June 2018 (Saturday)				
14:00 - 15:00	Registration and Welcome Drinks			
15:00 - 15:30	Opening Ceremony			
15:30 - 16:15	Plenary I			
16:15 - 17:00	Plenary II			
17:00 - 17:20	Coffee Break and Poster Presentation - Part 1 [#]			
17:20 - 18:35	Seminar A Hyperuricemia and Chronic Kidney Disease	Seminar B Avoid Medical Mishaps: Patient Centred Care	Free Paper - Oral Presentation Part 1[#]	Workshop 1 Oral Health: What Family Doctors Need to Know
18:45 - 21:00	Dinner Symposium			

24 June 2018 (Sunday)					
08:15 - 09:00	Registration				
09:00 - 10:15	Workshop 2 Ankle Sprain, Taping and Exercise Prescription	Seminar C	Clinical Case Presentation Competition[#]	Clinical Audit and Research Forum	
10:15 - 10:35	Coffee Break and Poster Presentation - Part 2 [#]				
10:35 - 11:50	Workshop 3 Dementia Care in Primary Care	Seminar D Updates on Stroke Management and Rehabilitation in Primary Care	Seminar E Incorporating Travel Medicine into your General Practice	Seminar F Chinese Medicine in Primary Care	Free Paper - Oral Presentation Part 2[#]
11:50 - 12:35	Plenary III (Prof. Richard Hobbs) Preventing Stroke in Atrial Fibrillation and the Contribution of Primary Care Research				
12:40 - 14:00	Lunch Symposium				

[#] Active CME/CPD points will be accredited to presenters.

Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference.

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Registration Form



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians



Title *: Prof. / Dr. / Mr. / Mrs. / Ms. **HKCFP Member ID#:** _____

Surname: _____ **Given Name:** _____

Institution *: HA / DH / University / Private Hospital / Private Group / Solo Practice

Occupation: Doctor / Nurse / Student / Allied Health _____ / Others _____

Contact No.: (Office) _____ (Mobile) _____ (Fax) _____

Address: _____

Email^: _____

Remarks:
* Please circle as appropriate.
Please contact the administrative staff Ms. Priscilla Li at membership@hkcfp.org.hk for membership application.
^ Details or updates would be sent by email.

REGISTRATION		Member	Non-member
A) Conference Registration ◆ Registration to the conference is required.		<input type="checkbox"/> Complimentary	<input type="checkbox"/> HK\$1000
B) Workshop Registration ◆ First come first served. ◆ Cheques will be returned to unsuccessful registrants.			
23 June (Saturday)	17:20 – 18:35	Workshop 1: Oral Health: What Family Doctors Need to Know	<input type="checkbox"/> HK\$300 <input type="checkbox"/> HK\$500
24 June (Sunday)	09:00 – 10:15	Workshop 2: Ankle Sprain, Taping and Exercise Prescription	<input type="checkbox"/> HK\$300 <input type="checkbox"/> HK\$500
	10:35 – 11:50	Workshop 3: Dementia Care in Primary Care	<input type="checkbox"/> HK\$300 <input type="checkbox"/> HK\$500

Date	COMPLIMENTARY SYMPOSIA		COMPLIMENTARY TRANSPORTATION^^
23 June (Saturday)	18:45 – 21:00	Dinner Symposium <input type="checkbox"/> HK\$50 Enrolment Deposit**	<input type="checkbox"/> Wong Chuk Hang MTR → HKAM: 14:15 – 15:00 <input type="checkbox"/> HKAM → Wong Chuk Hang MTR: 21:15
24 June (Sunday)	12:40 – 14:00	Lunch Symposium <input type="checkbox"/> HK\$50 Enrolment Deposit**	<input type="checkbox"/> Wong Chuk Hang MTR → HKAM: 8:30 – 9:00

****Enrolment Deposit:** Seats for symposia is limited. Registrants are required to send the 'Enrolment Deposit cheque' for symposia enrolment.
- At the back of the cheque: please write your name and the symposium – Dinner (23 June) or Lunch (24 June) that you wish to enroll.
- Each cheque is for ONE activity's registration only, please make sure to send in the corresponding number of cheques.
- The respective cheque would be returned when attending the activity, otherwise the deposit cheque would NOT be returned and instead it will become a contribution to HKCFP.

^^Complimentary Transportation: Circular coach service would be provided within the mentioned periods. **Pre-registration is required.**

PAYMENT METHOD

Please send completed registration form with crossed cheque(s) payable to “**HKCFP Education Ltd**” to the Conference Secretariat.
Please use **SEPARATE** cheques for payment of membership fees (if applicable), conference and workshop(s) registration fees.

CONFERENCE SECRETARIAT

Registration : Ms. Windy Lau
CME / CNE : Mr. John Ma **Tel :** (852) 2871 8899
Scientific : Ms. Suki Lung / Ms. Crystal Yung **Fax :** (852) 2866 0616
Others : Ms. Alky Yu / Ms. Erica So **Email :** hkpcf@hkcfp.org.hk
Address : HKCFP, Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Signature: _____

Date: _____

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Full Research Paper Competition

We cordially invite your participation in the **Full Research Paper Competition** of the HKPCC 2018. The Competition is a long-standing tradition of the College’s Annual Conference for promoting and recognizing well-designed, innovative research, which bears potential impact on clinical practice or development of primary care. This year, we will have TWO Awards:

AWARDS

Best Research Paper Award

Best Trainee Research Paper Award

The HKPCC 2018 Organizing Committee will invite renowned scholars as judges to review the participating papers.

Each awardee will be presented **a certificate of award** at the opening ceremony of HKPCC 2018.

ELIGIBILITY AND AUTHOR GUIDELINES

To be eligible for participation in the Full Research Paper Competition, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author must be a member of the HKCFP and register at the Conference;
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards.

The participating paper should be a full-length article. It should include a structured abstract of no more than 250 words. The text should contain 2,000 - 3,000 words, organized as **INTRODUCTION, METHODOLOGY, RESULTS and DISCUSSION**. It should consist of no more than 5 illustrations (tables/figures). Only electronic versions are accepted. The full paper should be typed in 12 point size in Microsoft Word format.

For **Best Trainee Research Paper Award**, additional eligibility applies:

- (1) The first author must be a trainee of HKCFP or within 3 years of completion of vocational training;
- (2) For higher trainees who are submitting their Exit Examination research project for this Competition, they must have submitted their project to the Specialty Board and have passed the research segment of the Exit Examination.

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AWARD SELECTION CRITERION

Each paper will be evaluated against the following criteria:

- (1) Academic rigor of the paper (e.g. originality, methodology, organization and presentation);
- (2) Relevance and impact to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care).

HOW TO SUBMIT

Please **download the Full Paper Submission Form from College’s Website**

<http://www.hkcfp.org.hk>.

By Email – Attach the full paper with the completed “Full Paper Submission Form” and send to hkpcc@hkcfp.org.hk. *All entries will be acknowledged on receipt.*

For enquiry, *please do not hesitate to contact our conference secretariat, Ms. Suki Lung or Ms. Crystal Yung, at 2871 8899 or by email hkpcc@hkcfp.org.hk.*

SUBMISSION DEADLINE

30 April 2018 (Monday)

“We look forward to receiving your research articles!”

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Free Paper Competition

Apart from the Full Research Paper Competition, we also have the **Free Paper Competition** which sees many pioneering research ideas, pilot studies and thought provoking case studies, commentaries and stimulating discussions. The Free Paper Competition is one of the highlights of the HKPCC and can be in the form of **ORAL presentation or POSTER presentation**. We look forward to your active participation in the Free Paper Competition.

AWARDS

Best Oral Presentation Award.

Best Poster Presentation Award.

Both the winners will receive **a certificate of award**.

Author Guidelines

- ★ The presentation of the free paper can be in the form of **ORAL presentation or POSTER presentation**. (The details of oral or poster presentation will be announced later.)
- ★ Electronic version is preferred for abstracts. Abstract should be typed in 12-point size in Microsoft Word format. Handwritten abstracts will NOT be accepted.
- ★ The abstract must not exceed 250 words, and should be organized as follows: **TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and DISCUSSION**. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- ★ Authors' full names and affiliations must be specified. Surnames should be printed in bold.
- ★ All abstracts must be submitted in English. All accepted abstracts must be presented in English.

ELIGIBILITY REQUIREMENTS

To be eligible for participation in the free paper presentation, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author must register at the Conference;
- (2) The author completes the majority of the research and writing for the paper;

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- (3) The author has not used the paper to apply for other awards;
- (4) The Organizing Committee will have the right of final decision on the acceptance of an abstract;
- (5) Only **ONE** designated presenter can present the accepted abstract. Co-authors are welcome to register and attend the session of the conference.

AWARD SELECTION CRITERIA

For the **Best Oral Presentation Award**, each oral presentation will be evaluated against the following criteria:

- (1) Quality and thoroughness of research methods used to generate findings;
- (2) Quality of visual presentation if applied;
- (3) Relevance, innovation and impact to primary care.

For the **Best Poster Presentation Award**, each poster will be evaluated against the following criteria:

- (1) Quality of visual presentation (poster layout);
- (2) Quality and thoroughness of research methods used to generate findings;
- (3) Relevance, innovation and impact to primary care.

HOW TO SUBMIT

Please **download the Abstract Submission Form from College's Website**

<http://www.hkcfp.org.hk>.

By Email – Attach the abstract with the completed “Abstract Submission Form” and send to hkpcc@hkcfp.org.hk. *All entries will be acknowledged on receipt.*

For enquiry, *please do not hesitate to contact our conference secretariat, Ms. Suki Lung or Ms. Crystal Yung, at 2871 8899 or by email hkpcc@hkcfp.org.hk.*

SUBMISSION DEADLINE

19 April 2018 (Thursday)

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Clinical Case Presentation Competition

Following the success of the **Clinical Case Presentation Competition** in past HKPCCs since 2012, the Organizing Committee of the upcoming HKPCC 2018 is honored to organize the competition again this year!

The Presentation can be in the form of individual or group presentation with up to 5 people per group. The details of the Presentation are listed as below. We look forward to your active participation in the Clinical Case Presentation.

COMPETITION OUTLINE

- (1) Target participants: Doctors, nurses, physiotherapists, clinical psychologist, occupational therapists, dieticians, podiatrists and any other allied health professionals.
- (2) Presentation materials: Any kinds of clinical cases relevant to primary care.
- (3) Presentation format: In the form of individual presentation, role-play, drama or any other possible format for 15 minutes. Either individual or group presentation with up to 5 people per group is acceptable.
- (4) The Organizing Committee has the right of final decision on acceptance of the cases for the presentation.

AWARDS

CPD/ CME points will be granted to all speakers and group members.

The Best Presentation Award winner will receive **a certificate of award**.

ELIGIBILITY REQUIREMENTS

To be eligible for participation in the Clinical Case Presentation Competition, the presenter must meet ALL the following conditions:

- (1) The presenter must register at the Conference.
- (2) **The presentation should be the original work of the participants.**
- (3) The candidates should have submitted their presentation proposals prior to the Conference.

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AWARD SELECTION CRITERIA

Each presentation proposal should state the theme, and outline of presentation, format (e.g. role-play, drama, video), language and rundown.

Each presentation will be evaluated against the following criteria -

- (1) Quality of presentation.
- (2) Content of presentation: Relevance and impact to primary care, presentation skills and time management, enhancement to patient care in daily practice and useful take home message.

HOW TO SUBMIT

- *The entry form can be downloaded from our College Website: <http://www.hkcfp.org.hk>.*
- *For submission the completed entry form and a presentation proposal should be emailed to hkpcc@hkcfp.org.hk not later than **19 April 2018 (Thursday)**. All entries will be acknowledged on receipt.*
- *The presentation material should be submitted prior to the Conference secretariat **on or before 11 June 2018 (Monday)**.*
- *If you have any questions concerning the “Clinical Case Presentation”, please contact our conference secretariat, Ms. Suki Lung or Ms. Crystal Yung, at 2871 8899 or by email hkpcc@hkcfp.org.hk.*

ENTRY FORM, PRESENTATION PROPOSAL SUBMISSION DEADLINE

19 April 2018 (Thursday)

PRESENTATION MATERIAL SUBMISSION DEADLINE

11 June 2018 (Monday)

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Plenary III

Preventing Stroke in Atrial Fibrillation and the Contribution of Primary Care Research

Professor Richard Hobbs

MA, FRCGP, FRCP, FRCPE, FESC, FMedSci

Professor Richard Hobbs FMedSci is currently Professor and Head of the Nuffield Department of Primary Care Health Sciences at the University of Oxford, UK. He is National Director of the NIHR (National Institute for Health Research) School for Primary Care Research (2009-), and was co-director of the NHS Quality and Outcomes Framework review panel from 2005 to 2009. He is Director of the Oxford CLAHRC (2012-), leads the Multi-Morbidity Theme of the Oxford BRC 2 (2012-17) and BRC 3 (2017-). He sits on many national and international scientific and research funding boards, including chairing the European Primary Care Cardiovascular Society. He provides expert input into a number of specialist organisations, including the Council of the British Heart Foundation and the ESC (European Society of Cardiology), the world's biggest medical society.

Professor Hobbs' research interests focus on cardiovascular epidemiology and clinical trials, especially in vascular and stroke risk, and heart failure. His publications include 28 book chapters, 12 edited books, and more than 400 original papers in such peer-reviewed journals as the *Lancet*, the *Annals of Internal Medicine*, *BMJ*, *Atherosclerosis*, the *European Heart Journal*, and *Stroke*. His research into heart failure and stroke prevention in atrial fibrillation has changed international guidelines – for example, he was CI of the BAFTA trial (confirmed the dominance of anticoagulation in SPAF and the lack of role for aspirin); CI for the SAFE trial (use of pulse palpation in screening for AF), and been a member of SPAF Registries (GARFIELD) and the ESC AF Guidelines committees.

At a national level, he has served as a trustee director for a number of charities, and been a non-executive director for the world's largest mutual indemnifier. He also sits as a trustee director on the Council of the University of Oxford. Within the UK National Health Service, he has consulted on National Service Frameworks for coronary heart disease, atrial fibrillation, heart failure, and several NICE Clinical Guidelines. He has been a physician in general practice for over 35 years, serving an inner-city community, now incorporated into the UK's largest super-partnership in primary care.

Background importance of atrial fibrillation

Atrial fibrillation (AF) is the most common cardiac arrhythmia, present in around 1% of the population and 7% of over 65's, with US data suggesting incidence may double by 2050. The most important clinical significance of AF is the associated five-fold increase in the risk of stroke. Furthermore, AF-related strokes tend to be more severe and have higher mortality. However, AF related strokes are potentially preventable.

What is the evidence base for preventing stroke in atrial fibrillation

There is a huge evidence base to support guideline recommendations in relation to AF and stroke risk. The treatments that modify stroke risk are confined to anticoagulants, but with a big relative treatment effect, and key primary care trials have shown the benefits even in the elderly and the lack of beneficial effect of aspirin.

The relative benefits of treated AF with anticoagulation is best determined by risk stratifying patients with AF on the basis of their CHA₂DS₂-VASc score. Despite this evidence base, many AF patients at high risk of stroke do not receive treatment.

Screening for atrial fibrillation

One area that under much debate is whether we should adopt population-based screening for AF as part of a public health initiative, since AF meets many of the National Screening Committee (NSC) criteria. Several factors have led to an increased interest in AF screening:

- The prevalence of AF is increasing due to a combination of population ageing, changing patterns of risk factors and improved survival rates in other, contributory forms of cardiovascular disease.
- Newer treatments are available in the form of Direct Oral Anticoagulants (DOACS) which are probably safer and as effective in elderly patients with AF as the existing treatment mainstay of Vitamin K antagonists, but simpler to use, albeit at higher cost.
- A number of relatively inexpensive screening devices for detecting AF in the community have been developed and the field may evolve rapidly as new technologies and algorithms emerge.

The most recent European Society of Cardiology (ESC) guidelines recommend opportunistic screening for AF by pulse taking or ECG rhythm strip in patients >65 years of age. This was based on a primary care study - previously undiagnosed AF was found in 1.4% of those aged >65 years, suggesting a number needed to screen of 70.

Summary

This presentation will describe the burden of atrial fibrillation, its importance in stroke, and summarise the risk reduction options for GPs and patients. I will also consider the debate on AF screening and what this means for general practice. Primary care studies, led by the speaker, have substantially informed this evidence base in relation to the epidemiology, the best treatment options, and the most cost effective method of screening for AF¹ and these data will inform the talk.

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Seminar B

Avoid Medical Mishaps: Patient Centred Care

Professor Albert Lee

MBBS (Lond); LLB (Hons-Lond); MPH LLM (Distinct-Arb &DR-CityU,HK); MD(CUHK); FRCP (Lond & Ire!); FCI Arb FFPH (UK); FRACGP; FHKCFP; FHKAM(FamMed); US Nat.Acad.Med (Foreign Associate)

Professor in Public Health and Primary Care, The Chinese University of Hong Kong and Vice President (Child and Adolescent Public Health), UNESCO-Hong Kong Association

Professor Albert Lee is a Clinical Professor at the School of Public Health and Primary Care at the Chinese University of Hong Kong (CUHK) and the Founding Director of the Centre for Health Education and Health Promotion. He has served as Head of Division of Family Medicine (2002-07). He is also Fellow, Associate Dean of General Education and Chairman Health and Spiritual Committee of Wu Yee Sun College of CUHK, and Honorary Consultant in Family Medicine of NT East Cluster and Kwong Wah Hospital. He is Vice President (Child and Adolescent Public Health) of UNESCO-Hong Kong Association. He has served or is currently serving on Board or Council of various statutory bodies in Hong Kong and overseas as well as Examiner/Assessor for academic institutions in the field of Family Medicine and Public Health.

The judgement of the Supreme Court in *‘Montgomery v Lanarkshire Health Board’* has caused change to the law on the duty of doctor on disclosure of information to patient regarding risks and now requires a doctor to take reasonable care to ensure that the patient is aware of any material risks involved in any recommended treatment, and of any reasonable alternative or variant treatments.

The Hong Kong Medical Council has endorsed the amendment of section 2.10.2 of the Code emphasizing the importance of the importance of proper dialogue and communication between doctor and patient taken into consideration of individuality of each and every patient in the light of *‘Montgomery’* case. The explanation should be balanced and sufficient to enable the patient in making informed decision. Are doctors totally removed from the protective shield even if the practice is accepted by reasonable body of medical opinion previously laid down by ‘Bolam’ with recent Supreme Court decision in *‘Montgomery’* case? Is it changing of law or changing professional practice to fit in with the modern context of health care?

Australian Medical Council has also classified communication with patients and encouraging patient to be responsibility in managing their health as good medical practice. In modern health care, responsible bodies of medical opinion really means judicious use of the current best evidence in making decisions about care of patients, and also strong emphasis on patient-centred care. This would bridge not only the two different standards (professional v reasonable person) but also legal and medical perspectives regarding disclosure and consent.



Seminar E Incorporating Travel Medicine into your General Practice

Dr. Joyce Tang

M.B.B.S.; F.R.A.C.G.P.; FHKAM (Family Medicine); D.T.M.&H.; M.P.H.

Dr. Joyce Tang is currently the Medical Director of United Christian Nethersole Community Health Service. She was conferred a master of Public Health in The Johns Hopkins University School of Hygiene and Public Health. Dr. Tang has earned the diploma of Tropical Medicine and Hygiene in UK and has established the Travel Medicine Clinic with the Jordan Health Centre since 2004. Her current positions include being the Member of Council on Smoking and Health; Member of Schools Management Committee of the Hong Chi Association for Mentally Handicapped; Member of Sub Committee, Promotion, Health Care and Promotion Scheme, Food and Health Bureau. She is also the Honorary Clinical Assistant Professor of the Li Ka Shing Faculty of Medicine, the University of Hong Kong and Honorary Clinical Assistant Professor of the Faculty of Medicine of the Chinese University of Hong Kong.

With the growing of international tourism and business travel, travel medicine has become a rapidly evolving field of medicine. Travelers would seek for health advices on immunization and to prevent illness, especially for those travelling in the developing countries. Incorporating travel medicine in our daily general practice would include pre-travel consultation, disease prevention for travelers as well as post-travel consultation.

The objectives of this seminar are to introduce the basic principles of travel medicine and to enable family doctor to practise travel medicine in the context of a general practice clinic. This seminar would be comprised of lectures, case studies and group discussion to facilitate participants in understanding the complex yet significant components of a travel health consultation.

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Workshop 1

Oral Health: What Family Doctors Need to Know



Dr. Stanley Lai

BDS, MDS(HK), AdvDipPeriodont (HK), MRDRCS, FHKAM (Dental Surgery), FCDSHK (Perio)

Dr. Lai graduated from the University of Hong Kong in 2000 and finished his post-graduate and specialist training from 2001-2007. He is now a registered Specialist in Periodontology appointed in the Faculty of Dentistry, the University of Hong Kong as a Fractional Clinical Assistant Professor in the discipline of Periodontology teaching both post-graduates and undergraduates. He actively involves and participates in the clinical teaching and learning activities in the Faculty as Undergraduate Program Director. He also works in private practice providing treatment limited to periodontology on a referral basis. Dr. Lai is also the Honorary Secretary of Hong Kong Society of Periodontology and Implant Dentistry, keeping close connection with international and regional professional association. His main clinical and research interests are adjunctive therapy in periodontal treatment, clinical periodontology and dental implant treatment in periodontally- compromised subjects and behavior change in oral health care practice.



Dr. Ruby Wong

BDS(HK); MDS(Perio)(HK); AdvDipPeriodont(HK); MRD RCSEd(Perio); FHKAM (Dental Surgery); FCDSHK (Perio)

Since becoming a specialist in Periodontology in 2011, Dr. Wong had involved in the establishment of the first periodontal centre in Hong Kong that provides periodontal services exclusively, collaborating with both general dentists and specialists of different areas. Dr. Wong is also an Honorary Clinical Assistant Professor of the Faculty of Dentistry, University of Hong Kong.

Dentistry and medicine are interconnected and definitely complementary to each other. There is an increase in scientific evidence on the interactions between oral health and general health. Therefore, recognizing oral health and general health problems are equally important in holistic patient care. Common oral health problems e.g. abscesses, toothache and gum pain, etc. can be the reasons for patients seeing family doctors. According to the 2011 Oral Health Survey by the Hong Kong Government, the most significant oral health problem that affects our population is periodontitis, which is the major cause of tooth loss. Periodontitis is by majority a chronic disease, with high prevalence in the adult and elderly cohorts. It shares numerous risk factors with systemic diseases such as age, socio-economic status, level of education, smoking, etc. Moreover, the adverse effects of periodontitis on systemic diseases (including cardiovascular disease and type II diabetes) are well-documented in scientific literature. The role of family physicians in correctly identifying the problems and giving appropriate advice or referral can be significant to the patients in ways more than merely symptomatic relief.

In this workshop, a lecture will be delivered on the common oral health problems among different age groups in the Hong Kong population. Oral examinations that can be easily performed in the primary care setting will be demonstrated, with hands-on practice for the participants in the practicum that follows.

Organizing Committee 2018

Chairlady:	Dr. NG	Lorna
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	Dr. LAU	Ho Lim
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	Dr. SZE	Pui Ka, Catherine
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	Dr. TSIM	Koon Lan, Kathy
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