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Message from the President

The daily newly confirmed cases of COVID-19 seemed to be dropping down to double digits or even single digit in recent couple of weeks. The social distancing rules are being adjusted and relaxed gradually. Despite the relaxation of rules, it is still not the time to let our guards down. Experts had predicted that there would be subsequent waves later during the winter months. Good practice of personal and environmental hygiene should be maintained at all times to prevent the spread of the virus.

In order to identify silent carriers of the coronavirus in the community and break the potential infection chain, the government launched the Universal Community Testing Programme for COVID-19 on 1 September 2020. Our College has been invited to recruit members to help in contributing towards the delivery of the testing service at the centres. Further to my invitation messages to you recently, I would like to take this opportunity to thank you all for your kindest, enthusiastic and prompt responses in supporting the programme – demonstrating the very important role of family doctors in the frontline!

By the second day of its launch, over 700,000 people had registered online for the voluntary free testing, and some of the initial 141 test centres spread across the city's 18 districts were fully booked to their full capacities. In view of the overwhelming response, at the time of writing, the government has announced to extend the programme to 14 September 2020 in some of the selected centres to cater for the ongoing needs. Asymptomatic patients can be identified

by the test and after confirmation, they would be assessed and triaged to receive isolation and treatment at the Community Isolation Facility (CIF) and Community Treatment Facility (CTF). The pressure caused by the high demand for in-patient services from hospitals can therefore be relieved. In addition to the Universal Community Testing Programme launched by the Government, the public can also choose to have the COVID-19 testing at private clinics, private hospitals and public sector.

As mentioned previously, the "Enhanced Laboratory Surveillance (ELS) Programme" has been up and running for a few months now. While the private family doctor colleagues are actively contributing towards the ELS Tiers 5-7, and colleagues in the public sector are helping with the ELS Tiers 1 and 4 in the public outpatient settings, the recent addition of ELS Tier 7 H to distribute Deep Throat Saliva (DTS) specimen collection packs to individuals who perceived themselves to have a higher risk of exposure to the COVID-19 infection has been extended for 3 more months with effect from 24 August 2020.

The current pandemic has changed the daily routines and lifestyles of many people.

(Continued on page 2)



Message from the President (Con't)

(Continued from page 1)

Our imminent task at present is to contain the epidemic by cutting off the transmission chain as soon as possible, so that gradual relaxation of restriction measures would be feasible to facilitate recovery of at least some of our usual routines. However, some of the new routines have been developed because of COVID-19, such as wearing surgical masks, cleansing our hands regularly, and maintaining personal and environmental hygiene, would very likely to remain for some time, even after the pandemic is over. We have to equip ourselves and our patients well for the changes under the “new normal” amidst the COVID-19 pandemic and beyond.

The first ever digital Hong Kong Primary Care Conference is just around the corner. We are extremely privileged to have many renowned speakers sharing with us in this year's Conference, including Prof. David Hui, Prof. Donald Li, Prof. Cindy Lam, and Prof. Terry Lum, just to name a few. In addition to the plenary lectures and discussion forums, a series of clinical seminars and workshops are organised alongside various competitions in research papers, clinical cases, and free paper presentations. See you online soon from 11th – 13th September 2020!

Dr. David V K CHAO
President

Digital Conference

Hong Kong Primary Care Conference 2020

2020 Vision:

Health for All



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

11 -13 September 2020
(Friday – Sunday)

Quality Assurance & Accreditation Committee News

HKCFP CME for Online CME Events

Dear Colleagues,

Please note the below requirements for **HKCFP CME Accreditation** for **ALL** online CME events (**Effective date: 1 August 2020**):

Organizer: Pre-accreditation requirement

- 1) Proper registration procedures and means to verify the identity of participants;
- 2) Appropriate measures to ensure participants' attendance and reasonable participation
(E.G. Duration of participation and satisfactory completion of a post event quiz, questionnaire or feedback form)

Members: Attendance requirement

- 1) Attend 75% or above of the length of the online session;
- 2) To complete **a post event quiz*, questionnaire OR feedback form** set by organizer
(* MCQ/ True or False Questions: 50% or above correct answers is required)

For any enquiry please contact our QA&A Secretariat at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr. King Chan
Chairman, Quality Assurance & Accreditation Committee

HKCFP Council Meeting Annual Attendance Summary 2019 / 2020

Council Members		Position	Term	2020 <i>(Dec 2019- Aug 2020)</i>	2019 <i>(Dec 2018 - Nov 2019)</i>
1	Dr. David VK CHAO	President	Dec 2018-Dec 2020	8/8	11/11
2	Dr. LAU Ho Lim	Vice-President (General Affairs)	Dec 2019-Dec 2021	8/8	10/11
3	Dr. Cecilia YM FAN	Vice-President (Education and Examinations)	Dec 2018-Dec 2020	6/8	10/11
4	Dr. Billy CF CHIU	Honorary Treasurer	Dec 2018-Dec 2020	8/8	8/11
5	Dr. William CW WONG	Honorary Secretary	Dec 2018-Dec 2020	8/8	8/11
6	Dr. Angus MW CHAN	Immediate Past President	Dec 2018-Dec 2020	8/8	10/11
7	Dr. AU Chi Lap	Member	Dec 2018-Dec 2021	7/8	11/11
8	Dr. Edmond CW CHAN	Member	Dec 2019-Dec 2022	7/8	11/11
9	Dr. Alvin CY CHAN	Member	Dec 2019-Dec 2022	8/8	11/11
10	Dr. CHAN Hung Chiu	Member	Dec 2019-Dec 2022	8/8	7/11
11	Dr. CHAN King Hong	Member	Dec 2018-Dec 2021	6/8	9/11
12	Dr. HO Ka Ming	Member	Dec 2018-Dec 2021	7/8	9/11
13	Dr. Eric MT HUI	Member	Dec 2018-Dec 2021	6/8	8/11
14	Dr. KO Wai Kit	Member	Dec 2018-Dec 2021	8/8	11/11
15	Dr. Mary BL KWONG	Member	Dec 2019-Dec 2022	7/8	8/11
16	Dr. Maria KW LEUNG	Member	Dec 2018-Dec 2021	7/8	11/11
17	Dr. LI Yim Chu	Member	Dec 2018-Dec 2021	7/8	10/11
18	Dr. Matthew MH LUK	Member	Dec 2018-Dec 2021	8/8	11/11
19	Dr. Lorna V NG	Member	Dec 2017-Dec 2020	6/8	5/11
20	Dr. NGAN Po Lun	Member	Dec 2017-Dec 2020	7/8	9/11
21	Dr. Wendy WS TSUI	Member	Dec 2019-Dec 2022	7/8	8/11
22	Dr. Marcus MS WONG	Member	Dec 2019-Dec 2022	6/8	n/a
23	Prof. Samuel YS WONG	Member	Dec 2017-Dec 2020	7/8	7/11
24	Dr. YIU Yuk Kwan	Member	Dec 2017-Dec 2020	5/8	5/11
25	Dr. Esther YT YU	Member	Dec 2019-Dec 2022	8/8	n/a

Classified Advertisement

Accredited Private FM Centre invites Energetic Specialists for expanding group practice in NTW/KLN. FM, Paed., Surgeon, Gynae, Psychi welcomed. Profit Sharing ± Partnership. Send CV enquiry@adecmed.com [Amy CHAN] 9212-6654

Board of Vocational Training and Standards News

Basic Training Introductory Seminar

A Basic Training Introductory Seminar will be held in October 2020 for all new enrolled basic trainees, existing trainees and clinical supervisors. The seminar is designed to help basic trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

Speakers : Dr. Fok Peter Anthony (Chairman of Basic Training Subcommittee)
Dr. Yiu Yuk Kwan (Chairman of Board of Vocational Training and Standards)

Date : **9 October 2020 (Friday)**

Time : 7:00 p.m.

Venue : Rm 802, 8/F Duke of Windsor Social Service Building,
15 Hennessy Road, Wanchai

Please note the format might change to online platform due to the outbreak of COVID-19 if necessary. Announcement would be made in case there is a change of schedule and/or format.

For registration or details, please contact Ms. Tina Fung or Ms. Kathy Lai at 2871 8899.

Basic Training Subcommittee
Board of Vocational Training and Standards



普通科門診公私營協作計劃

General Outpatient Clinic **Public-Private** Partnership Programme



Service Fee

New

Up to **\$3,486**
per patient per year



Programme Development

Now **36,000** **PATIENT** Target **70,000**

Network of
over **500**
Doctor-Partners

Join Now as Family Doctor
Call us at 2300 7300

Programme Support

- ✓ **\$10B** HA PPP Fund Established
- ✓ Covering **18** Districts of Hong Kong
- ✓ Enhanced Support for Doctor



Cluster Help Desk



Programme Hotline



Multi-functional
IT platform



For details, please email to gopcPPP@ha.org.hk

RTC

Refresher Training Course for Exit Examiners 2020

Organized by Specialty Board

(For Exam Observers, Trainee Examiners & Examiners of Exit Exam)

(Trainee Examiners & Exam Observers need to possess certificate of Refresher Training Course before promotion as Examiners)

4 sessions

Dates	Segments	Panel Speakers led by:
18 November 2020 (Wed)	Practice Assessment	Dr. Luk Kam Hung (Coordinator, Practice Assessment)
24 November 2020 (Tue)	Consultation Skills Assessment [#]	Dr. Wang Hua Li, Jenny (Coordinator, Consultation Skills Assessment)
3 December 2020 (Thu)	Clinical Audit	Dr. Kwong Siu Kei, Alfred (Coordinator, Clinical Audit)
8 December 2020 (Tue)	Research	Prof. Wong Chi Sang, Martin (Coordinator, Research)

[#] Participants of CSA Refresher Training Course would be required to attend a video viewing session for completing the pre-course assignment on either 18 or 24 November 6:00-7:00 p.m.

Time : 7:00 – 9:00p.m.

Venue : HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Hong Kong

Highlights of our course:

- Overview on the Exit Exam Segments and interactive discussions
- Concentrate on reaching consensus on the required standard of marking the exam
- CME: 2 points for each session (Cat 4.4) and max. 8 points for whole course
- CPD: Up to 2 CPD points will be awarded, depending on achievement made in the pre & post- course assessment
- Invitation to mark in the coming Exit Examination
- Privilege to receive course materials and free admission to the subsequent years of Refresher Training Courses



Certificate of attendance:

- Awarded for 75% or more attendance of the whole course (i.e. 3 sessions)

Course fees:

HK\$1,000 for whole course (4 sessions)

HK\$500 for single session

[Course fee reimbursable upon 100% attendance of the whole course / registered session(s)]



APPLICATION DEADLINE 1 November 2020

Enquiry please contact the secretariat,
Ms. Alky YU or Mr. John MA at 2871 8899 or email to exit@hkcpf.org.hk

Enrolment &
Learn more



Specialty Board News

2021 Full Exit Examination of Vocational Training in Family Medicine

The Specialty Board is pleased to announce the following information on the 2021 Full Exit Examination of Vocational Training in Family Medicine.

ELIGIBILITY AND REQUIREMENT

Applicants must fulfill the following criteria:

- Full or limited registration with the Hong Kong Medical Council
- Being active Fellows, or Members (Full or Associate) of the Hong Kong College of Family Physicians (HKCFP)
- Fulfill the CME / CPD requirements under HKCFP Quality Assurance Program in the preceding year
- Have a qualification in family medicine / general practice; which is recognized by the HKCFP and the Hong Kong Academy of Medicine (HKAM)
- Had completed higher training in Family Medicine; **OR expected to do so by February 28, 2021**; as certified/ approved by the Board of Vocational Training and Standards (BVTs), HKCFP

The relevant approval may take up to two months, therefore applicants are recommended to apply early to BVTs for

✦ Certification of completion of higher training **OR**

✦ Recommendation to sit for Exit Examination 2021

- Active in clinical practice and able to meet the requirements of individual Exit Examination segments:

✦ Clinical Audit: the starting date must be within 3 years before the exam application deadline

✦ Research: the date of ethics approval must be within 3 years before the exam application deadline

✦ Practice Assessment: submit valid Practice Management Package (PMP) report

- From Full Exit Examination 2019 onwards, candidates must have presented their Research or Clinical Audit proposals or completed studies at Research & Clinical Audit Forum before the application deadline of Exit Examination

Eligibility to enroll in Exit Examination is subject to the final approval of the Specialty Board, HKCFP. Application will be processed only if all the required documents are submitted with the examination application form.

IMPORTANT DATES

First-attempt candidate:

Deadline of Exit Examination application:	2 November 2020
Collection period for Attachment 12 and 13 (Practice Assessment)	16 September to 31 October 2020 Inclusive
Deadline of Clinical Audit Report / Research Report submission	4 January 2021
Examination periods for Practice Assessment and Consultation Skills Assessment	Period A : 1 December 2020 to 31 January 2021 Period B : 1 February 2021 to 31 March 2021

Re-attempt candidate:

Deadline of Exit Examination application:	1 December 2020
Collection period for Attachment 12 and 13 (Practice Assessment)	19 October to 30 November 2020 Inclusive
Deadline of Clinical Audit Report / Research Report submission	4 January 2021
Examination periods for Practice Assessment and Consultation Skills Assessment	Period B : 1 February 2021 to 31 March 2021

APPLICATION & EXAMINATION FEES

Application forms are available from the College Secretariat, HKCFP or can be downloaded at the College website: http://www.hkcfp.org.hk/pages_6_88.html

The following documents are required when submitting the application:

- A copy of the certificate of completion of higher training, **OR** recommendation letter to sit for 2021 Exit Examination, from BVTs, HKCFP

2. A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."**, and
3. For Practice Assessment Segment (please also refer to the subsequent section of this guideline):
 - i. **FOUR COPIES** of the all required attachments (Attachment 1 to 13); and
 - ii. ONE PMP Report on or before **2 November 2020 (First-attempt candidate) / 1 December 2020 (for the re-attempt candidate who has changed the practice location)**

Completed Application Form and the required documents should be returned to the following address:

The Specialty Board, HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK

Candidates are recommended to submit the application early. Late applications will not be accepted.

Examination fees

Administrative fee	\$9000
Clinical Audit	\$7000
Research	\$7000
Practice Assessment	\$9500
Consultation Skill Assessment	\$9500

A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."** should be enclosed with the application.

All fees paid are neither refundable nor transferable.

Incomplete or ineligible applications will be rejected. An administration fee of HK\$500 will be charged for these unsuccessful applications.

ELIGIBILITY AND REQUIREMENT

Candidates should be aware that passing the Exit Examination does not equate to election to Fellowship of the Hong Kong Academy of Medicine. Please refer to the Hong Kong Academy of Medicine Fellowship Handbook or consult the Specialty Board, HKCFP on the criteria for election to Fellowship of the Hong Kong Academy of Medicine (Family Medicine).

FORMAT AND CONTENTS

Exit Examination consists of three segments. **Candidates are required to take all the three segments at their first attempt of the Exit Examination. Non-compliance is subject to disqualification.**

Candidate can choose to attempt either Clinical Audit or Research segment.

- + **Clinical Audit:** assesses the candidate's knowledge, skills and attitudes in critical appraisal of information, self-audit, quality assurance and continuous professional improvement

OR

- + **Research:** assesses the candidate's ability to conduct a research project which includes: performing a literature search and defining a research question, selecting the most appropriate methodology to answer the research question, performing appropriate analysis and interpreting the results with a discussion and conclusion

AND

- + **Practice Assessment:** assesses the candidate's knowledge, application of skills and ability to organize and manage an independent family medicine practice

AND

- + **Consultation Skills Assessment:** assesses the candidate's knowledge, skills and attitude in communication, problem solving, working with families and management in different types of family medicine consultations

Detailed guidelines and application form are now available on our College website <http://www.hkcfp.org.hk/>

Should you have any enquiries, please contact our College Secretaries Ms. Alky YU or Mr John MA by email to exit@hkcfp.org.hk.

Yours Sincerely,

Dr. Wendy Tsui
Chairlady, Specialty Board

HKCFP Trainees Research Fund 2020 / HKCFP Research Seed Fund 2020

The Research Committee of HKCFP is pleased to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$10,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is opened to all HKCFP members which an award of up to HK\$25,000 will be made to the successful applicant to conduct a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

*****Please note that each applicant can only apply either one of the above Funds*****

Assessment Criteria for both funds:

1. Academic rigor of the research project (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: CrystalYung@hkcfp.org.hk

Please indicate the research funding title e.g. “**HKCFP Trainees Research Fund 2020**” or “**HKCFP Research Seed Fund 2020**” on your research project upon submission.

Submission Deadline: 29th October 2020

Supported by HKCFP Foundation Fund

Weight Reduction Medication (Part I)

Nowadays, obesity has been so prevalent that many people ask for miracle drugs. At the same time, some patients just desire weight loss for non-medical reasons. Do we have the cure yet?

Several medications have been summarized as in the table.

For doctors and patients, those dangers and many other potential side effects need to be considered against the main benefit offered by the relatively new diet drugs, which, in some cases, only bring about modest, short-term weight loss. Lorcaserin has been discontinued because of increased cancer risk found in 2020 after being approved in 2012.

Name of active ingredients	Year of FDA approval	Mechanism of action	Side effect	Availability at HK	Route of administration
Orlistat	1999	Reversibly inhibiting the gastric and pancreatic lipases. These lipases have an important role in the digestion of dietary fat.	Might cause severe liver injury Gastrointestinal upset	Yes	Oral
Phentermine and topiramate extended-release	2012	appetite suppression	Phentermine can be abused or lead to drug dependence. Dry mouth, insomnia, palpitation.	Yes	Oral
Bupropion and naltrexone	2014	appetite suppression bupropion is also used for depression and smoking cessation, and naltrexone has been used in alcohol and opioid dependence. ²	suicidal ideation	Separate medications available	Oral
Liraglutide 3mg	2014	GLP-1 receptor agonist appetite suppression	Gastrointestinal upset Risk of malignancy eg thyroid, pancreas and breast	Yes	Subcutaneous injection daily
Lorcaserin	2012	appetite suppression	psychiatric disturbances and impairment in attention or memory Increased cancer risk	2020 FDA discontinued the use due to increased cancer risk	Oral

Compiled by Dr. Tsui Hiu Fa, Eva

FEATURE COVID-19 Trilogy

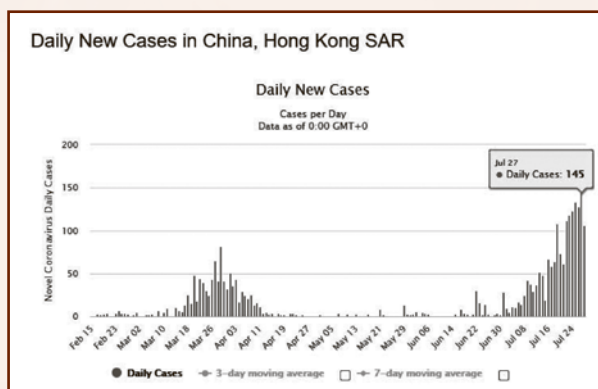
我書，故我在2 「新冠肺炎的第三波疫情」

譚仲豪醫生
(家庭醫學專科醫生)

自上次的日記分享後，疫情在香港曾於五、六月間靜下來。可惜平靜的時光於七月起的新冠肺炎第三波影響下畫上了句號。以下是一些最近的日記分享：

22/7/2020

由七月初開始，新冠肺炎的每日新確診個案再次以幾何級數飆升，升幅比上一次更誇張。其中一個爆發群組出現於黃大仙慈雲山。我隸屬的醫院及其家庭醫學診所正正位於疫情「震央」，深深感受到其威力以及它為大家帶來的壓力。



Source: Worldometer (Capture date 28/7/2020)

連日處理數之不盡的四方街坊，我開始對醫院四周的屋邨名稱及其地理位置變得越來越熟悉：慈正邨位於慈雲山最高處，旁邊有慈愛苑、慈民邨、慈樂邨、沙田坳邨、竹園邨等…自潮在這區打滾了17年，因這件事變得更「貼地」，更清楚診所四周的環境，與病人更有共鳴。

診所每隔一兩天就會收到由實驗室送來的陽性深喉唾液報告，曾處理過那些病人的同事均被通知需要自行作醫學監察並填寫體溫報告。此刻，我們明白敵人——SARS-CoV-2已於我們身邊徘徊。診所的運作亦立刻作出應對及變陣：例如為年老體弱的街坊酌情免診、延長長期藥量、押後覆診日期以「避疫」、護士會於診所出入口為病人量度體溫及評估其感染風險、較高風險的應診病人會被分流到負氣壓診症室作特別處理、我們的醫生團隊會輪流被委派“fever triage duty”處理高風險病人等等…大家都嚴陣以待，為最壞的情況做盡準備。

28/7/2020

工作中曾感到身心乏力，皆因見過的發燒及疑似個案比上月倍增（試過一個4小時的夜診時段，當值醫生需處理近20疑似個案）。每個診症時段病人匆匆的一個接一個，停不下來，也沒有時間停下。每次收到護

士的疑似個案通報來電，對話已習慣性變成迅速，反射式的幾個問題：「籌號幾號？住那裏？有否Fever？有何徵狀？TOCC（外遊、職業、接觸及群聚記錄）？」面對連續一個緊接一個病人的資料一併從電話聽筒湧出，不敢怠慢。時間不再容許提問多餘的問題，並嘗試把聽到的有序地寫下後掛上電話。

Slot Number	Demographics	Fever	URI Se	GI Se	General Se	Travel	Occupation	Close Contact	Cluster
403		✓	URI	X				X	
Rm 412	412	X	URI	✓	Tenar	X		X	
Rm 416	416	X	URI	✓	Tenar	X		X	
421	421		URI	✓	Tenar	X		X	
424	424		URI	✓	Tenar	X		X	
432	432	X	URI	✓	Tenar	X		X	
433	433	X	URI	✓	Tenar	X		X	
434	434	X	URI	✓	Tenar	X		X	
435	435	X	URI	✓	Tenar	X		X	
436	436	X	URI	✓	Tenar	X		X	
437	437	X	URI	✓	Tenar	X		X	
438	438	X	URI	✓	Tenar	X		X	
439	439	X	URI	✓	Tenar	X		X	
440	440	X	URI	✓	Tenar	X		X	
441	441	X	URI	✓	Tenar	X		X	
442	442	X	URI	✓	Tenar	X		X	
443	443	X	URI	✓	Tenar	X		X	
444	444	X	URI	✓	Tenar	X		X	
445	445	X	URI	✓	Tenar	X		X	
446	446	X	URI	✓	Tenar	X		X	
447	447	X	URI	✓	Tenar	X		X	
448	448	X	URI	✓	Tenar	X		X	
449	449	X	URI	✓	Tenar	X		X	
450	450	X	URI	✓	Tenar	X		X	

完成普通診症室眼前正處理的病人後，迅速檢視一下身上的N95口罩及保護裝備是否仍然佩戴妥當，再經兩線自動門直入負氣壓診症室，處理完成裡面的病人後秒速從後門離開，最後把文件交到房外的護士手中，立即轉房看下個病人。非常感謝診所護士及助理的高效率配合令忙碌的工作流程仍能保持順暢。昨晚最高紀錄：要一口氣連續處理四個疑似個案，需瞬間判斷病人的風險有多高，決定應否把病人送往隔離病房作進一步檢查，還是自行安排下一步處理，應怎樣繼續跟進，像骨牌一樣一切的決定都環環相扣，不是易事。

疫情下，診症中一些非必要的身體檢查（例如沒有喉嚨痛是否再需要脫口罩看喉嚨）以及人性化互動已被簡化，全因需要減低病人的接觸時間以減少感染風險。這並不是家庭醫學醫生習慣的工作模式，口罩後面的病人容貌我都開始記不清，印象變得愈來愈模糊。診症時段完結後，枱面上剩下一張紙，記錄着一大堆文字和一些數字，彷彿令人忘記了他們也是一個獨立的人。

放工後閱讀過一篇文章，感同身受，感觸地流了淚。文章的一段是這樣寫的：

「（至今）離世的不是22人。是一個人，失去了他獨一無二的生命，重覆22次…我哋互相應承大家，好無？唔好死，亦唔好慣。好好保護自己，亦保護身邊嘅人…戴口罩、洗手、搓手，唔好亂摸眼耳口鼻，無必要唔好周圍去。提醒身邊的長者和小孩。」

寄望公眾切勿輕敵，為自己做好準備。同事們亦切記於守護我們這個城市的同時，時刻遵守防感染控制措施，萬事小心。



Community Treatment Facility for COVID-19

Dr. Ng Yeung Shing
(Specialist in Family Medicine;
Representative of a team of FM doctors working at CTF)

In July 2020, there was large number of confirmed COVID-19 patients who were stuck in the community and could not be admitted and isolated. The development of this emergency situation posed a high hazard to the Hong Kong Community and threatened to worsen the outbreak of this highly contagious disease.

In view of the rapid spreading of COVID-19 in Hong Kong, the Community Treatment Facility (CTF) was set up within 1 week. With the rapid response and immense efforts of the project team, a concert venue in Hall 1 of Asia World Expo was converted to a community hospital consisting of a total of 502 beds. In order to start this new service as soon as possible, doctors were desperately needed. Several of our Family Medicine doctors in different clusters joined the medical team voluntarily and were deployed from the FM department to face this challenge.

The Community Treatment Facility aimed to admit the confirmed COVID-19 patients in the Community for early isolation, triaging and provision of in-patient treatment of mild cases.

The Community Treatment Facility was basically divided into two zones: the red and green zone. Patients who were transferred to CTF would stay in the red zone, where doctors on-duty were responsible for patient admission and handling of patient conditions which required face-to-face interaction and physical examination. Doctors working in the red zone donned full PPE as their protective gear at all times.

Other clinical activities will be conducted in the green zone in the CTF. Doctors will use tele-consultation facilities to conduct the patient interviews during daily ward rounds. Vital signs, including BP/P, SpO2 and temperature, were taken by patients in the stations inside the red zone after education, and the measurement results would be transmitted to the vital sign dashboard for review.

Patients admitted to the CTF are aged between 18-60 years old mild symptoms and independent to handle their basic daily living activities. Patients with high risk conditions, such as pneumonia or worsening of clinical features, would be transferred to hospitals for further management. There was a management protocol to guide the monitoring of the progress of disease. Investigation (including laboratory and radiology) and pharmacy services have been set up to support the in-patient care. There will be a daily Infectious Disease Physician round to support patient management and to transfer skills. Patients who had recovered with undetectable virus level could be safely discharged home with appropriate follow-up arrangement in specialist outpatient clinics.

Family Physicians play a unique role in this Community Treatment Facility. As we have a broad spectrum of medical knowledge, we could handle most of problems of

our patients, including responding to their concerns and psychological need. With our previous training in Practice Management, we have also contributed to the alignment of the operational systems and the logistics of different parts of this new CTF. The mindset and skill set of teamwork and flexibility of Family Physicians have also catalyzed and enhanced the capability to fight the virus.

There were additional 400 beds in Hall 2 of Asia World Expo which have been ready for patient admission since mid August 2020. With the experience of the CTF operation, Hong Kong and the FM Specialty will be ready to face the challenge of a potential 4th wave of COVID-19 in the coming months should it unfortunately happen.

Sharing from Dr. Ko Siu Hin (Kowloon Central Cluster)

Being a Family Physician, I considered this an once-in-a-lifetime opportunity to help in fighting the COVID-19 pandemic in the frontline to relieve the burden of Hong Kong public healthcare system. I gained valuable experience in handling COVID-19 patients and learned a lot on the disease course. I met new friends of doctors of Family Medicine as well as those of other specialties. I feel honored to collaborate with them as a team to contribute and witness the historical moment of the establishment of our Community Treatment Facility. Together, we fight the virus!

Sharing from Dr. Yeung Wai Man, Raymond (Hong Kong East Cluster)

This is in fact the second time for me to join the work in fighting against the COVID-19 pandemic in the AWE. The first time was in April when the AWE was used as a Test Centre. This time the work in AWE CTF is even more challenging and there are lots of things to learn: admitting patients, telephone consultation round, ID physician round, discharging or transferring patients to other hospitals..... The AWE CTF can really be considered a mini-hospital. Here I met new colleagues from different specialties, with high morale and excellent team work. I am really very grateful to have the chance to come here as a family physician to help the patients, not just for their physical but also their psychosocial needs. I feel the work is very meaningful. I feel honored and the experience is unforgettable!

Sharing from Dr. Li Wing Shun, Vincent (Kowloon Central Cluster)

This innovative institute is called AsiaWorld-Expo Community Treatment Facility (CTF). The word "Community" has already stated our role, as a Family

FEATURE COVID-19 Trilogy

Physician, in it. To me it is a Family Medicine Specialist Clinic (FMSC) - COVID19. CTF targets young fit patients who have a mild disease and low complication rate, to be treated and isolated within the community. There are well defined admission (inclusion), refer back criteria and management protocol available. There is strong support from Infectious Disease experts in form of daily ID rounds so it has the same collaborating care model as in other FMSC. As a huge fan of FMSC, I am so glad that I have picked up this once in a lifetime challenge and have a chance to work with this great team.

Sharing from Dr. Choi Wai Keung, Justin (Kowloon East Cluster)

Apart from volunteering to work in the fever room of our General Out-patient Clinics, I have hoped to be more directly involved in this global battle against the COVID-19 pandemic since it began. When I knew that the AWE CTF was recruiting doctors for providing medical support, I replied at once. As mentioned, AWE CTF is the first community-based treatment facility in Hong Kong built quickly in response to a public health crisis. At AWE CTF, a group of doctors from different specialties, including but not limited to Family Medicine, Surgery, Orthopaedics, Anaesthesia, Ophthalmology and Psychiatry, and with different levels of experience from trainees to specialists and even consultants, working together towards a common goal – fight against the virus – without regard to his/her rank. This four-week deployment to AWE CTF was an exceptional experience in my medical career.

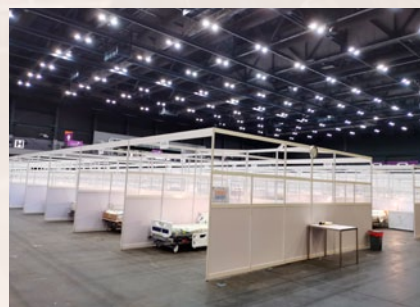
Sharing from Dr. Chan Wei Kwan, Rita (Hong Kong East Cluster)

After signing up to join the Community Treatment Facility at Asia World Expo, with the anticipation of a large number of patients, I was worried about things getting out of control. After my first day of duty, I was greatly relieved by the supportive teammates and organized working environment. Daily ward rounds by means of teleconsultation with patients have been quite different as with the need to address the psychological concern of patients. My training in Family Medicine has certainly assisted me a lot in this aspect. To further enhance this experience, I have reunited with colleagues from back in medical school and met new doctors from various specialties. I have heartfelt gratefulness to have a chance to contribute as a team to fight this battle against the pandemic.

Sharing from Dr. Ng Yeung Shing (New Territories West Cluster)

Being the first batch of doctor working in the Community Treatment Facility for 4 weeks, it was great to meet a new team of medical professionals who had voluntarily joined the team to start a new community service model for COVID-19 pandemic. Particularly, I have met several young energetic doctors in the Family Medicine specialty who

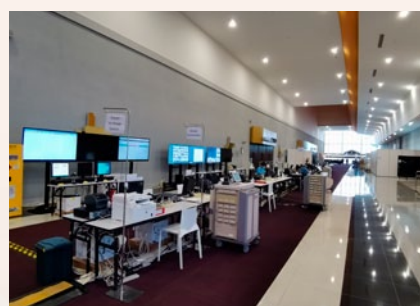
have contributed their efforts in this community treatment facility. It is my honour to have a chance to walk with our young FM doctors to face the new challenge and to solve the problems together as a team. Their enthusiastic characters and competence deeply impressed me. Their high potential for further development will be the hope and the future of our Specialty.



Hot Zone of the Community Treatment Facility where patients will stay



Patient Empowerment: Self Measurement of Blood Pressure, Pulse Oximetry and Temperature



Central Command Station: Coordination of the overall operation of the CTF.



Team of FM doctors: (left to right) Dr. Choi Wai Keung, Justin, Dr. CHAN Wei Kwan Rita, Dr. Ng Yeung Shing, Dr. Ko Siu Hin, Dr. Li Wing Shun Vincent



Team of FM Doctors: (left to right) Dr. Yeung Wai Man Raymond, Dr. CHOI Wai Keung Justin, Dr. Ng Yeung Shing, Dr. Li Wing Shun Vincent



COVID-19 Total Patient Journey: From the Community to Community Treatment Facility (CTF) to Community Isolation Facility (CIF)

Dr. Leung Lok Hang, Will

(Specialist in Family Medicine; Member of FP Links Committee)

Family Physicians, together with all healthcare professionals, contributed a significant role in the whole process of identifying and managing COVID-19 patients in Hong Kong. From Dr. John Tam's sharing, we appreciated the crucial gatekeeping role of Family Physicians in early detection of COVID-19 patients in the community. Before summer 2020, the newly diagnosed patients were sent to public hospitals for management. During the peak of the COVID-19, there were hundreds of confirmed cases per day. Given the huge influx of positive cases from July 2020 onwards, a considerable number of patients were admitted to the AsiaWorld-Expo Community Treatment Facility (AWE CTF) directly, where Family Physicians worked closely with colleagues from other specialties as described in Dr. Ng Yeung Shing's article.

The Lei Yue Mun Community Isolation Facility (LYM CIF) was established in late July 2020. It was a downstream strategy that accommodated COVID-19 "step-down" and stable patients from treatment facilities all over Hong Kong to alleviate the overloaded isolation wards in the hospitals. Patients could leave LYM CIF and return home when they fulfilled discharge criteria. LYM CIF also served as an important upstream function to admit newly diagnosed patients from day zero upon assessment with the "Reverse Triage Protocol" at Pamela Youde Nethersole Eastern Hospital (PYNEH). Newly confirmed patients were assessed at PYNEH in the morning and were transferred to LYM CIF the same afternoon if they were stable and fulfilled the "Reverse Triage Criteria". This strategy effectively reduced the burden of airborne infection isolation room utilization at public hospitals.

A core team of seven doctors, including six colleagues from Family Medicine Departments of Hospital Authority

(HA), were deployed to LYM CIF for regular shift duty to serve the 352 patient units on site. As a new service model in response to the rapidly changing situation of the epidemic, time was of essence. In a matter of days, a team was formed and ready to go. Credits shall be expressed to Dr. Larry Lee (Deputy Hospital Chief Executive, Tin Shui Wai Hospital) and Dr. Vincent Cheng (Infection Control Officer, Hong Kong West Cluster) who led the establishment and operation of LYM CIF; as well as Dr. TC Tsang (Deputy Chief of Service, Accident & Emergency Department, Queen Mary Hospital) and Mr. SW Ng (Respiratory Nurse Consultant, United Christian Hospital) who were the first leaders to serve at the LYM CIF, proactively tackling difficulties in the earliest stages of the operation. It was a great challenge to set up a CIF at Lei Yue Mun Park and Villages, which was located on a hilltop in Chai Wan. The physical limitation was very different from a hospital or a clinic. The network and systems had to be established carefully as several structures there were declared historical monuments. Manpower was another big issue. Medical, nursing, and supporting staff members were deployed from all clusters and the HA Head Office. Our amazing team had great spirit and dynamics to serve at the first ever CIF in Hong Kong. We had successfully overcome challenges and uncertainties, while alleviating hospitals' tight bed occupancy. We even withstood a strong wind signal number 3 in early August uneventfully. Family Physicians, together with all healthcare professionals, contributed an impactful role over the total patient journey: from community detection to admission and step-down care of COVID-19 patients, as the first point of contact at the community as well as the final contact point upon discharge from Community Isolation Facility before follow-up.

C for COVID-19...and Primary Care's Cs, which were well illustrated from our experience:

Continuity	<ul style="list-style-type: none">- Community detection (e.g. out-patient or community screening)- Admission (e.g. hospitals or AWE CTF)- Step-down care (e.g. LYM CIF)
Comprehensiveness	<ul style="list-style-type: none">- Bio (e.g. tele-care, investigations)- Psycho (e.g. fear, anxiety, boredom)- Social (e.g. social interaction, daily living needs)
Communication	<ul style="list-style-type: none">- Direct (e.g. face-to-face during admission or reassessment)- Indirect (e.g. by tele-care or tele-consultation)

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Co-ordination	<ul style="list-style-type: none"> - Routines (e.g. admitting new patients, screening referrals, co-ordinating daily investigation and discharge arrangements) - Ad-hoc (e.g. managing crisis, handling emergencies, dealing with disease or non-disease related needs for patients under isolation, co-ordinating site-related matters)
Collaboration	<ul style="list-style-type: none"> - With duty team (e.g. for operational issues) - With manpower team (e.g. for staff support and manpower issues) - With infection control team (e.g. for infection control issues) - With planning team (e.g. for logistic and workflow issues) - With supporting team (e.g. for infrastructure and network issues) - With external bodies (e.g. Centre for Health Protection, Auxiliary Medical Service, Fire Services Department and other units)

Sharing by Family Physicians serving at LYM CIF

Dr. Michelle Lo (Resident, Hong Kong East Cluster)	<p>In my tele-communications round, I found out that one patient had just turned 31 years old shortly after admission. I phoned him and explained that his vitals were stable, and that he still had detectable levels of the virus in his deep throat saliva. I also wished him a belated happy birthday! He was caught a little off guard, but nonetheless, overjoyed to hear my well wishes. As I continued to call subsequent patients, I imagined how lonesome or frustrating it might be to be in social isolation for an unknown duration of time. It could be a challenging feat to keep oneself sufficiently entertained in a small room. Surely, there was some virtual connection to people on smartphones. But after all, aren't we all sociable creatures who, occasionally, crave a certain amount of face-to-face interaction? One patient was tearful over the phone as she spoke to my colleague. She missed her family. I couldn't help but realize the very different set of circumstances that others had. We could go home. We could be in company of loved ones or friends. We could cook our own meals. These past few months have truly been peculiar times, and they have made me more appreciative of the simpler moments in life that we sometimes take for granted.</p> <p>I would like to thank all my colleagues for being part of my experience at Lei Yue Mun. There was great team spirit to do our part in fighting COVID-19, and a palpable eagerness to help patients. It has been a real pleasure working together!</p>
Dr. Wells Chang (Resident, New Territories East Cluster)	<p>It is my honour to work in both LYM and AWE. I met the doctors who worked in AWE before. I felt like I was a prison officer rather than a doctor when I worked in LYM. Patients felt very happy when I told them that they could be discharged home. Just like being released from jail. On the other hand, I have learnt a lot in AWE for newly admitted COVID-19 cases. I saw lots of different clinical progress of COVID cases as well as the CXR changes and blood result progress. I have also learnt a lot during the infectious disease round.</p>
Dr. Chan Shan Ching (Associate Consultant, Kowloon East Cluster)	<p>I had been working in the TTC at AWE in April 2020, the CIF at LYM Park in August 2020, and been redeployed to CTF at AWE for 3 days. As a family physician, I think we have an important role in the fighting of COVID-19, from prevention of the disease, to early identification of suspected cases and diagnosis of the disease, and even the management of confirmed cases. During my work at the general outpatient clinic, I gave advice to my patients on prevention of the disease and identified those suspected cases and arrange early testing for them. During my working at the TTC, I helped to make early diagnosis of high risk groups. During my working at the CIF/CTF, I could even help the management of the confirmed cases. This was a great experience where I learned a lot from a team of doctors, nurses and supporting staff from various hospitals.</p>
Dr. Kwong Hon Kei (Associate Consultant, Kowloon Central Cluster)	<p>Servicing in the temporary facilities is a special and valuable experience. Besides treating patients with a novel viral infection, the team had to cope with newly established workflows and evolving strategies according to the latest situations, and working environments which were not originally set up for clinical use.</p>



FEATURE COVID-19 Trilogy

<p>Dr. Tsang Pui Lim (Resident, Hong Kong West Cluster)</p>	<p>Most of the patients in LYM CIF are in good physical condition, except that they still have viruses detected in their deep throat saliva. That's why they have to be kept isolated in this facility and wait for the viruses to be cleared before they can go home. During the daily round by teleconsultations with the patients, after checking their vital signs and symptom progress, patients often tell me about their feelings and concerns. They are worried if there is any long term consequence of having COVID-19. They told me about how much they miss their families. They have fear of being discriminated after discharge. This reminds me about the triple diagnosis in Family Medicine - the bio-psycho-social approach. Our team in LYM provided care not only for their physical illness, but also their mental and social well-beings. Even though the patients are staying in the isolation room alone, I'm sure they can feel that we are fighting this battle together!</p>
<p>Dr. Will Leung (Associate Consultant, Kowloon West Cluster)</p>	<p>I am honoured to have served at the AWE Temporary Test Centre (TTC) in April 2020 for testing high-risk individuals, as well as the AWE CTF and LYM CIF in August 2020 for managing COVID-19 patients. All three facilities were novel set-ups in the history of Hong Kong's health services in response to a rapidly evolving pandemic. The most impressive thing was the people who served at AWE and LYM – a group of enthusiastic staff from various units of HA. The continuous workflow improvements, and the great team dynamic under “combat” mode galvanized us to fight this “global public health crisis in a century”!</p> <p>As a Family Physician, I found the bio-psycho-social holistic care approach particularly useful during tele-care process. In the absence of physical contact, patients depended much on our verbal communication. For patients, particularly those who had to stay for a longer duration, it was very important that we address their ideas, concerns and expectations. At LYM CIF, some patients appreciated the privacy of individual room allocation. At AWE CTF, they regarded venue spacing and meals being good. For both AWE and LYM, a common feedback from patients was the helpful and nice staff!</p> <p>In terms of the continuous improvement measures, our on-site IT colleagues were incredibly helpful. Upon reflecting our experience on how tedious it was to individually order 5 sets of Deep Throat Saliva (DTS) test for each patient every few days, our IT talents worked out the problem immediately the next day. They added on a function that enabled doctors to bulk order DTS tests for each patient, thereby reducing our repetitive finger clicking from five times to once per patient. Thanks to both on-site and back-end colleagues who spent days and nights supporting operations of both AWE and LYM. I would say our team had very different experience and approach because of diverse past usual clinical practice, yet we shared the very same goal in helping our patients in need.</p>



LYM CIF Site A:
(left to right) Dr. Yeung Siu Hong, Dr. Will Leung, Dr. Michelle Lo, Dr. Tsang Pui Lim, Dr. Kwong Hon Kei



LYM CIF Site B: two-storey design



LYM CIF accommodation environment



Full gear in the sun



With LYM CIF nursing co-ordinators: (left to right) Dr. Wells Chang, Mr. Ng Shu Wah, Dr. Kwong Hon Kei, Dr. Will Leung, Dr. Chan Shan Ching, Dr. Tsang Pui Lim, Mr. Eric Shek



LYM CIF visit by Dr. Chung Kin Lai, Director (Quality & Safety), HAHO (2nd from left) and Dr. Larry Lee, Deputy Hospital Chief Executive (3rd from right), Tin Shui Wai Hospital

Reference: <https://www.thestandard.com.hk/section-news/section/11/221242/350-beds-ready-at-first-community-isolation-facility>

BOARD OF EDUCATION NEWS

The Board of Education is pleased to let you know that there would be some online seminars to be conducted via the GoToWebinar platform in the coming months with the details below:

Online Seminars		
Dates and Time	Topics	Speakers
3 Oct (Sat) 2:00 – 4:00 p.m.	Evaluation of Mental Capacity in Primary Care <i>Organized by Mental Health Interest Group</i>	Dr. Wong Yee Him <i>Specialist in Psychiatry</i>
6 Oct (Tue) 2:00 – 3:00 p.m.	Medico-legal Webinar for HKCFP - Telemedicine in Family Practice <i>Co-organized with Medical Protection Society</i>	Dr. Rob Hendry <i>Medical Director, MPS</i> Dr. David Kan <i>Panel lawyer, Howse Williams</i>
10 Oct (Sat) 2:00 – 4:00 p.m.	I-Ching (易經) and Family Medicine Language: To illustrate the cultural relevance, the presentation (Lecture and Slides) would be in Chinese. <i>Organized by the Interest Group in Medical Humanities</i>	Dr. Wong Tsz Kau, Carl <i>Family Physician</i> Dr. Lo Kit Hung <i>Senior Lecturer, Department of Philosophy, Chinese University of Hong Kong</i>
13 Oct (Tue) 2:00 – 3:00 p.m.	Declaring the new direction of SGLT2i beyond glucose control <i>Sponsored by AstraZeneca Hong Kong Limited</i>	Dr. Yuen Mae Ann, Michele <i>Specialist in Endocrinology, Diabetes & Metabolism</i>
15 Oct (Thu) 7:00 – 8:00 p.m.	Post European Respiratory Society (ERS) congress update – a snippet of the key publications <i>Sponsored by GlaxoSmithKline Limited</i>	Prof. Neil Christopher Barnes <i>Professor of Respiratory Medicine, St Bartholomew's and the London School of Medicine & Dentistry</i>

QR Code for registration

3 Oct 2020 (Sat)	6 Oct 2020 (Tue)	10 Oct 2020 (Sat)	13 Oct 2020 (Tue)	15 Oct 2020 (Thu)
				

Accreditation : 6 Oct : 1 CME Point HKCFP (Cat. 5.2), 1 CME Point MCHK (pending)
 13 Oct and 15 Oct : 1 CME Point HKCFP (Cat. 4.3), 1 CME Point MCHK (pending)
 3 Oct and 10 Oct : 2 CME Point HKCFP (Cat. 4.3), 2 CME Point MCHK (pending)
 Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Session

Dates and Time	Topics	Speakers
25 Sept (Fri) 2:30 – 3:30 p.m.	An Approach to patients with Renal Impairment in Primary Care Setting	Dr. Chan Siu Kim <i>Specialist in Nephrology</i>
30 Oct (Fri) 2:30 – 3:30 p.m.	Knee Osteoarthritis	Dr. Ho Ka Ki, Leo <i>Specialist in Orthopaedics & Traumatology</i>

QR Code for registration

25 Sept 2020 (Fri)	30 Oct 2020 (Fri)
	

Accreditation : 1 CME Point HKCFP (Cat. 4.2)
 1 CME Point MCHK (pending)
 Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

- Admission Fee** : Member Free
 (for all online seminars) Non-member HK\$ 100.00 for each session
For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.
- Registration Method** : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to education@hkcfp.org.hk or call 2871 8899. Thank you.
- Notes** : 1. In case of over-subscription, the organiser reserves the right of final decision to accept registration.
 2. The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time.
 3. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
 4. Members who have attended less than 3/4 of the length of the webinar may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
 5. **Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Question; 50% or above of correct answers are required)**
 6. Please be reminded to check the system requirements beforehand to avoid any connection issues.
 7. Due to copyright issue, please note private recording of the lecture is prohibited.
 8. Registration will be closed 3 days prior to the event.



Certificate Course: Sunday Update for Primary Care Doctors

Sponsored by GlaxoSmithKline Limited

The Board of Education is pleased to announce that a series of Sunday Update for Primary Care doctors would be held from Sep – November 2020. The online seminars will be conducted via the GoToWebinar platform with the details below:

Dates and Time	Topics	Speakers
20 Sep (Sun) 2:00 – 4:00 p.m.	Advancement in Paediatric Vaccines	Dr. Yu Chak Man <i>Specialist in Paediatrics</i>
	Life Course Immunization	Prof. Tam Siu-lun, John <i>Adjunct Professor, Department of Applied Biology and Chemical Technology, The Hong Kong Polytechnic University, HK.</i>
4 Oct (Sun) 2:00 – 4:00 p.m.	A New Take on Fundamentals of Asthma Control	Dr. Chan Lee, Veronica <i>Specialist in Respiratory Medicine</i>
8 Nov (Sun) 2:00 – 4:00 p.m.	Combined Allergic Rhinitis and Asthma Syndrome (CARAS): Synergy in controlling asthma & improving AR symptoms	Dr. Chau Kin Wai <i>Specialist in Paediatric Respiratory Medicine</i>
15 Nov (Sun) 2:00 – 4:00 p.m.	Benign Prostate Hyperplasia (BPH) Management: Improving Patient Outcomes with Early intervention	TBC <i>TBC</i>

QR Code for registration

20 Sep 2020 (Sun)	4 Oct 2020 (Sun)	8 Nov 2020 (Sun)	15 Nov 2020 (Sun)

Accreditation	: 2 CME Point HKCFP (Cat. 4.3) 2 CME Point MCHK (pending)
Certificate	: For those who have attended 3 sessions or more would be given a "Certificate of Attendance".
Admission Fee	: Member Free Non-member HK\$ 100.00 for each session <i>For non-members, please contact the secretariat for registration. All fees received are non-refundable nor transferable.</i>

Please register via the registration link to be sent by email later or scan the QR code above. For enquiry, please contact Ms. Katie Lam by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes:


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6. Please be reminded to check the system requirements beforehand to avoid any connection issues.
7. Due to copyright issue, please note private recording of the lecture is prohibited.

Structured Education Programmes

Free to members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
7 Oct 2020 (Wed)			
2:00 – 5:00 p.m.	Video Conferencing	Update Management of Chronic Diseases (COAD & Asthma) Dr. Noh Young Ah & Dr. Peng Xu	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Approach to Common Minor Aliments: Dry Eye or Grittiness, Dry mouth Dr. Woo Tiffany	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	Family Life Cycle and Patient's Illness Behavior Dr. Ma Yuen Ying & Dr. Yang Tsz Ching, Kelly	Ms. Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital (Videoconference)	Management of Common Orthopedic Problems in OPD Setting: LBP and Osteoarthritis of Joints Dr. Chris Tang	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Management of Marriage Dispute and Domestic Violence Dr. Leung Wai Yan	Mr. Alex Kwok Tel: 5569 6405
8 Oct 2020 (Thu)			
4:30 – 6:00 p.m.	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Clinical Approach: Complaints of Hair, Nail and Mucosal Membrane with Cases Illustration Dr. So Kwok Ho & Dr. Tse Sut Yee	Ms. Eliza Chan Tel: 2468 6813
14 Oct 2020 (Wed)			
2:00 – 5:00 p.m.	Video Conferencing	Depressive Disorder Dr. Chan Kam Sheung & Dr. Hung Pui Shan	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	The Role of Sickness and Family in the Primary Health Care Dr. Wong Adrian Brian	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Hot Issues in Ethics – Telemedicine Dr. Chow Wing Man, Angela & Dr. Chung Yi On, Shalom	Ms. Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital (Videoconference)	Department Geographical Drill at TWGOPC Dr. David Cheung	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Biostatistics Dr. Wong Chun Kit, Arthur	Mr. Alex Kwok Tel: 5569 6405
15 Oct 2020 (Thu)			
4:30 – 6:00 p.m.	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Common Minor Aliments in Pregnancy Encountered in Primary Care with Cases Illustration Dr. Chan Cho Shan & Dr. Hsu Kwok Fai	Ms. Eliza Chan Tel: 2468 6813
21 Oct 2020 (Wed)			
2:00 – 5:00 p.m.	Video Conferencing	Community Resources: Mental health & Psychological Support Group Dr. Kelly Sara Jane & Dr. Tso Sau Lin	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Principle and Practice of LAP with Video Demonstration Dr. Yu Yi Fung	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	Common Symptoms in Dermatology (Part 2) (Scalp, Hair and Nail Problems) Dr. Leung Hilching, Eunice & Dr. Lui Tsz Yin	Ms. Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital (Videoconference)	MPS - Case Demonstration; Common Pitfalls in Daily Practice Dr. Natasha Liu	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Common Child Psychiatry Dr. Mak Ho Yin & Dr. Li Kwok Ho, Eric	Mr. Alex Kwok Tel: 5569 6405
22 Oct 2020 (Thu)			
4:30 – 6:00 p.m.	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Community Resources for Substance Abuse Dr. Tsang Yee Wing & Dr. Kwok Vincci	Ms. Eliza Chan Tel: 2468 6813
28 Oct 2020 (Wed)			
2:00 – 5:00 p.m.	Video Conferencing	Anticipatory Care Dr. Lo Chak Yui Consultation Enhancement (Video Consultation) Dr. Ma, Joshua & Dr. Wong Anthea	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	Health Education Room, 1/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Code of Professional Conduct - The Medical Council of Hong Kong Dr. Lam Yat Hei	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Psychogeriatrics Dr. Li Wing Chi, Gigi KEC DM Case Conference Ms. Maisy Mok, Nurse Consultant (Diabetes), KEC	Ms. Polly Tai Tel: 3949 3430
5:00 – 7:00 p.m.	Lecture Room, 6/F, Tsan Yuk Hospital (Videoconference)	Antenatal Care Dr. Diana Chan	Ms. Cherry Wong Tel: 2589 2337
29 Oct 2020 (Thu)			
4:30 – 6:00 p.m.	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Managing Risk to Reputation of Doctors in 21st Century Dr. Chung Chak Hang & Dr. Lee Kar Fai	Ms. Eliza Chan Tel: 2468 6813



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Wishing you all



HAPPY MID-AUTUMN FESTIVAL

The FP Links Committee



COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 Sep <i>Hong Kong Primary Care Conference 2020</i>	14	15	16 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	17 <i>4:30 – 7:00 p.m.</i> Structured Education Programme <i>6:30 p.m.</i> Exit Exam - Research Forum	18 <i>2:30 – 3:00 p.m.</i> Online CME Lecture <i>6:30 p.m.</i> Exit Exam - Clinical Audit Forum	19 <i>2:00 – 3:30 p.m.</i> Online Counselling Lecture <i>2:30 – 6:00 p.m.</i> DFM Module IV & Module II Tutorial Session
20 <i>2:00 – 4:00 p.m.</i> Online Certificate Course for GPs	21	22	23 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	24 <i>4:30 – 7:00 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> HKCFP Council Meeting	25 <i>2:30 – 3:30 p.m.</i> Online Video Session <i>8:00 p.m.</i> Specialty Board Meeting	26 <i>2:30 – 5:30 p.m.</i> Assessment Enhancement Course 2020 <i>2:30 – 5:30 p.m.</i> DFM - Module III Update Seminar
27	28	29	30 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	1 Oct	2	3 <i>2:00 – 4:00 p.m.</i> Interest Group in Mental Health <i>2:30 – 5:30 p.m.</i> DFM - Counseling Skills Workshop <i>2:30 – 6:00 p.m.</i> Assessment Enhancement Course 2020 Mock Exam <i>3:00 – 5:00 p.m.</i> DFM 2019 – 2020 Written Exam
4 <i>2:00 – 4:00 p.m.</i> Online Certificate Course for GPs DFM 2019 – 2020 Clinical Examination	5	6 <i>2:00 – 3:00 p.m.</i> Online CME Lecture	7 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	8 <i>4:30 – 7:00 p.m.</i> Structured Education Programme	9 <i>6:30 – 8:00 p.m.</i> Basic Training Introductory Seminar	10 <i>2:00 – 4:00 p.m.</i> Interest Group in Medical Humanities <i>2:30 – 5:30 p.m.</i> DFM - Module III Update Seminar
11	12	13 <i>2:00 – 3:00 p.m.</i> Online CME Lecture	14 <i>2:00 – 7:30 p.m.</i> Structured Education Programme	15 <i>4:30 – 7:00 p.m.</i> Structured Education Programme <i>7:00 – 8:00 p.m.</i> Online CME Lecture	16	17 <i>2:30 – 5:30 p.m.</i> DFM - Women's Health Workshop
18 <i>2:00 – 4:00 p.m.</i> Orthopaedic Workshop	19	20	21 <i>2:00 – 7:30 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> HKCFP Council Meeting	22 <i>4:30 – 7:00 p.m.</i> Structured Education Programme	23	24 <i>2:30 – 5:30 p.m.</i> DFM - Module III Update Seminar

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities



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Front row (from left to right): Dr. Law Tung Chi, Dr. Tsui Hiu Fa, Dr. Judy Cheng, Dr. Catherine Ng, Dr. Wendy Tsui, Dr. Natalie Yuen, Dr. Anita Fan and Dr. Natalie Siu

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