



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Family Physicians Links

Message from the President



Smoking Cessation

There was a presentation by the Department of Health (DH) at the Council meeting of Hong Kong Academy of Medicine (HKAM) in June seeking collaboration between the two organizations to promote smoking cessation in Hong Kong. The Department of Health advocated that treatment of tobacco dependence as an issue cutting across all specialties, and as such core competency in tobacco dependence treatment should be possessed by all specialists. DH has suggested that HKAM may contemplate the following areas of collaboration with DH:

1. Support the formation of **a panel or a faculty of specialists** on smoking cessation and tobacco control under HKAM. The faculty will comprise HKAM fellows, some of whom may have been conferred as Tobacco Treatment Specialists (TTS) via accredited training. The panel/ faculty will serve as a **facilitators/trainers' pool** for training on smoking cessation in the postgraduate/fellowship training programme of respective colleges. They may also be invited to join overseas assignments on training health care professionals in the region or the mainland, on behalf of a WHO collaborating centre.
2. Incorporate treatment of tobacco dependence into postgraduate training and fellowship examination. This will help enhance the knowledge and skills on smoking cessation and integrate smoking cessation into the daily practice of specialists.

The Council of HKAM has endorsed the proposed collaboration. It will be an on-going working relationship with DH and series of events in terms of media promotion, training of TTS and future plans will follow. As the HKAM is the statutory body to set standards in training and assessment, there will be strong implications for all Colleges in these aspects. Members and especially trainees will need to acquire adequate knowledge and skills in the management of tobacco dependence. Here I would like to emphasize that not only tobacco, but all substance abuse or addiction should be covered along the same line of thought. Family Physicians have a point of vantage to deal with these patients, be it "healthy" smokers or those already suffering from CHD or COPD, or school children and teenagers who are vulnerable to the temptation of substance abuse. We can always help them during treatment or prevention, or take the role of educator/advocate. However, we have to ask ourselves whether we are well-trained to assume the responsibility, or are we only just doing case finding and referral out to other healthcare professionals, such as nurses or counselors. Therefore, the College will need to review the training programme to ensure that future trainees can satisfy the requirement of knowledge and skills in tobacco dependence, with proper assessment.

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Issue 78
August 2010

Message from the President

Fellowship in Hong Kong Academy of Medicine is the beginning of a life-long professional development. It was never meant to be the end-point of our training and medical education. While other specialties have evolved and developed various sub-specialties which are more technology oriented, Family Medicine stands out uniquely in its core competency. The most important attributes profoundly involve inter-personal communication and interactions, humanity and life experience throughout our everyday clinical practice. Every person we meet in the consultation room is different in spite of the fact that he/she may have similar complaints or symptoms; this needs no further elaboration to our members. There is no question about the basic continuous update about medical and technological development which is a must for every doctor, no matter what specialty one is in.

For our AM Fellows, this is an opportunity to develop a special interest in clinical practice. DH has pledged to set up the WHO Collaborating Centre on Smoking Cessation and will start training assignments in 2011-2012. Experts from Mayo's Clinic will come to Hong Kong to conduct courses for future TTS. I will encourage our AM Fellows who are interested in this new venture to join in when details of recruitment are announced. The training will not just benefit the development of knowledge and skills in tobacco dependence but it will also help us tackle other substance abuse scenarios. I shall represent the College in this panel but eventually your support is most crucial for the future success in the promotion of smoking cessation in Hong Kong and other parts of the world. Please look out for announcement in the coming issues of FP Links.

Have a relaxing and enjoyable summer break.

Dr. Gene W W Tsoi
President

Board of Vocational Training and Standards News

Reminder: Submission of Training Logbook for Certification of Completion of Basic Training

To all Basic Trainees,

For those who have completed four-year basic vocational training, please submit your training logbook for certification of completion of basic training as soon as possible. Logbook should be submitted within 3 months of completion of basic training, otherwise trainees will have to continue paying the annual training fee.

Should you have any enquires, please contact our college executives, Ms. Carmen Cheng and Mr. Patrick Wu at 2528 6618.

Basic Training Subcommittee
BVTS

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Reminder: Application for Recommendation for Exit Examination

To all Higher Trainees,

For those who prepare to sit for exit examination in 2011, please submit the application letters and the checklists for recommendation for exit examination before **30 September 2010**.

Late applications will not be entertained.

Should you have any enquires, please contact our college executives, Ms Carmen Cheng and Mr Patrick Wu at 2528 6618.

Higher Training Subcommittee
BVTS

House Management Committee News

Temporary Closure of Wanchai Office for Renovation

Dear Members,

Please note that the renovation at the office in Duke of Windsor Social Service Building in Wanchai will be carried out from mid-August till late October. The premises will be closed during this period.

The staff in Wanchai will continue their support to respective boards and committees at the Academy building in Wong Chuk Hang. All calls to the secretariat in Wanchai will be diverted to the secretariat in Wong Chuk Hang.

The date of re-opening of Wanchai office is subject to the renovation progress. The exact date would be announced ASAP. Please feel free to visit the College website <http://www.hkcfp.org.hk> or call at 2528 6618 for the updates of the renovation.

Thank you for your understanding and co-operation. We apologise for any inconvenience caused.

HKCFP Secretariat

Staff Movement

Ms. Rachel Mok has resigned from her position as Administrative Executive of the Specialty Board, QA & A Committee, and Internal Affairs Committee effective from 15 August 2010.

The College appreciates her fine and dedicated contribution for the past 2 1/2 years. We would like to extend the most sincere thanks to Rachel. Rachel has a new career prospect which we wish her all the best.

HKCFP Secretariat

Executives & College Secretaries at lunch gathering

From left to right: Angel Cheung, Priscilla Li, Winnie Lee, Teresa Lee, Carmen Cheng, Charlotte Sham, Dickie Lam, Patrick Wu, Peter Wong, Rachel Mok, Dr. Gene Tsoi, Dr. Law Tung Chi, Teresa Liu, Snowdy Lee, Crystal Yung, Erica So, Windy Lau



"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15th August till 14th September, 2010, Dr. Liang Jun and I will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.



Dr. Liang Jun



Dr. Lee Chun Kit, Tony

Dr. Tony C K Lee
Co-ordinator, CMOD System

Board of Conjoint Examination News Report on OSCE 2010 Information Seminar for Candidates



OSCE 2010 Information Seminar for Candidates

The information seminar on OSCE segment was held on 20 June 2010. The room was packed with 31 candidates (Cat I: 23, Cat II: 8) and members from the Board - Chairman, Chief Examiner, OSCE Coordinator and Secretariat.

The seminar started with the warm welcome by our Chairman Dr. Chan Hung Chiu. Dr. Chan explained to the candidates our setting of the examination and questions. He also explained the security measures in our examination.

Dr. Chui Siu Hang Billy, our OSCE Coordinator, presented information concerning the examination and demonstrated videos of role-played cases with two different scenarios, showing candidates with different performances.

We presented the marking scheme and went through the setting of the domain of each case. We also explained the reason behind using essential marking points to divide between pass

and fail for a particular domain in each question. The candidates were given a chance to mark the scenario with the respective key feature check list themselves, so that they could understand how to assess a particular domain and how to achieve the pass criteria in each particular domain.

There was lots of interaction and the atmosphere was friendly. The candidates were enthusiastic and there were lively discussions. Looking at the statistics from the feedback forms, most candidates benefited from this seminar and found it very useful. The large majority of attendees agreed that the seminar helped in their OSCE preparation, and provided useful information regarding how their performance will be assessed.

The afternoon was fruitful for both the candidates and Board Members. It is hoped that the additional information gained by candidates will help translate their hard work into success in a few months time!

Membership Committee News

The Council approved, on recommendation of the Membership Committee Chairman, the following applications for membership in **July 2010** with Council Meeting:

Associate Membership (New Application)

Dr. CHEUNG Yan Kit	張人傑
Dr. CHO Yin Fan	曹燕芬
Dr. HEATH, Robert Barrie	希斯
Dr. LEUNG Kin Nin, Kenneth	梁健年
Dr. LAU Wing Sze	劉詠思
Dr. LEE Yan Chi, Vivien	李恩慈

Dr. TAM Wing Yi, Cherry
Dr. TSE Sut Yee
Dr. WONG Kwai Sheung

譚穎兒
謝雪兒
黃桂嫦

Student Membership (New Application)

Mr. NGAN William

顏偉廉

Non-HKSAR Membership (New Application)

Dr. KUNG Olivia

龔鈺婷

Public Education Committee News

Our third book – FAMILY DOCTOR : 家庭醫學手冊之三 家庭醫生 - 一家人的好朋友

Since November 2005, the Hong Kong College of Family Physicians has started to publish articles to educate the public on different health topics in the perspective of family medicine in newspaper columns regularly. Some of those published articles were captured in 家庭醫學手冊之伴我同行 and 家庭醫學手冊之二 家庭醫生 which were published in 2007 and 2008 respectively. Following the success of these publications, we are glad to inform you that the third book for the series, 家庭醫學手冊之三 家庭醫生 - 一家人的好朋友 is just published in July 2010. We sincerely wish these publications can bring out a significant educational impact on the public and contribute to the development of a knowledgeable population that forms the foundation of robust primary care in Hong Kong.

As a benefit for members, we would provide you a discount price at \$60 (including postal charge) per copy and we wish you enjoy reading it and share it with your family, friends, colleagues and patients. Why not take a look at the recommendation below and fax your order form to us? Should you have any enquiries, please contact Ms. Carmen Cheng or Mr. Patrick Wu at 2528 6618.

這本結集副題為《家庭醫生 - 一家人的好朋友》，令我想起「醫療之家」(Medical Home)的概念，這個概念提倡「一人一醫生」，以家庭醫生為主導，全面掌握及觀察病人的健康狀況，並且在有需要時轉介病人尋求最恰當的醫療服務，如此種種，正切合現時香港基層醫療的發展方向。

食物及衛生局副局長 梁卓偉教授

我一向主張香港大力發展家庭醫學。這不僅從資源運用作考慮，更重要是透過家庭醫生時刻對市民健康貼身、貼心的照料，我們的醫療體系才能與病人，甚至整個社會，建立一種相知互信的關係，讓醫生跳出治病的框框，全面照顧市民健康。

香港大學李嘉誠醫學院院長 李心平教授

《家庭醫學手冊之三：家庭醫生 - 一家人的好朋友》一書，正正反映了家庭醫生預防和治療疾病所發揮的功能。看了這本書，便會明白為甚麼社會需要大力推動家庭醫學，讓廣大市民的健康得到保障。

香港中文大學醫學院院長 霍泰輝教授

今時今日的醫療系統太過複雜，不單止，我們的疾病系統也愈來愈複雜，單靠一個人，憑一種想法，找一個醫生，未必就能對症下藥，我們要打的是聯防，由「家庭醫學專科醫生」毫無失誤地判斷來球、攔截來球（分析病症），再將來球交到稱職的球員（其他專科醫生）手上面，展開攻勢（治療疾病），最後戰勝入網（病人痊癒），這才是我們作為病人的生存之道。

香港電台第一台健康節目《精靈一點》主持人 邵國華

要令一家人生活舒適，無後顧之憂，如果你認為一個合拍的伴侶、聽話的孩子、一份滿意的工作、一家可靠的銀行、一個穩健的投資組合能夠幫你達成人生願望，你更不可缺少的，是一個認識你們、關心你們，重視你們身、心、靈整體健康的良師益友 - 家庭醫生，是你們一家人的好朋友。

《黃巴士》兒童生活雜誌總編輯及一口田慈善教育基金創辦人 許芷茵

ORDER FORM

To: HKCFP
Room 701,
HKAM Jockey Club Building,
99 Wong Chuk Hang Road,
Aberdeen, Hong Kong
(Fax No. 2866 0241)

I am a(an) *Affiliate / Student / Associate / Full / Fellow member of
the Hong Kong College of Family Physicians.

I would like to purchase _____ copy / copies of 家庭醫學手冊之三
家庭醫生 - 一家人的好朋友.

Enclosed please find cheque payment of HK\$ _____.

*** All cheques are payable to "HKCFP Education Ltd".***



Name : _____
Postal Address : _____
Email Address : _____
Tel No. : _____
Date : _____

* Please circle your category of membership.

Web and Computer Committee News An Analysis of HKCFP Website

Report from Dr. Simon So, Web Master and Vice-Chairman

Introduction

It has been two years since the Website of The Hong Kong College of Family Physicians has been revised, striving to provide a platform that is convenient, comprehensive, caring, technologically advanced as well as aesthetically pleasing.

The Internet itself has grown dramatically these few years behind the scene, most of its development is in the area of Internet marketing, where all the 'footprints' left by visitors are reviewed. We have incorporated some of these technologies into our website, and it will be surprising and enlightening to analyse the results.

Visitor Trends Analysis

On average we have around 2500 to 3000 visits each month, of which 2000 are 'unique visitors', meaning about 500 to 1000 are revisits by the same people. Each visit has 3.76 pages viewed. Each person spent around 3 minutes on the website.

It is surprising to know that each month we have an average of 4% 'unique visits' over these two years. It means the site attracts first-time visitors consistently. However there is a 44% bounce rate each month.

Bounce rate = Total number of visitors who viewed only one page / Total number of visits.

Visitors who have visited only one page may find the site not interesting and/or got the information from the front page, and left straight away. Ideally a low bounce rate is good, where a front page leads people into the inside pages. The interpretation could be that people are interested in 'Family Medicine', but being an internal site without much information on disease entities, many people simply left.

Common countries of visit in order of most visits / month:

2,596 visits came from 58 countries/territories

Site Usage

Country/Territory	Visits	Pages/ Visit	Avg. Time on Site	% New Visits	Bounce Rate
Visits 2,596 % of Site Total: 100.00%	Pages/Visit 3.756 Site Avg: 3.75 (0.00%)	Avg. Time on Site 00:02:59 Site Avg: 00:02:59 (0.00%)	% New Visits 56.93% Site Avg: 55.32% (2.92%)	Bounce Rate 44.34% Site Avg: 44.34% (0.00%)	
Hong Kong	2,104	4.08	00:03:15	50.05%	38.74%
United States	64	2.33	00:01:59	95.31%	65.62%
China	59	3.78	00:04:07	81.36%	54.24%
Australia	44	3.36	00:01:55	84.09%	52.27%
Taiwan	36	1.25	00:00:30	91.67%	83.33%
Macau	35	1.37	00:00:18	54.29%	85.71%
India	33	2.21	00:02:24	93.94%	63.64%
Canada	24	2.08	00:00:39	95.83%	75.00%
Philippines	23	1.65	00:01:21	100.00%	82.61%
United Kingdom	20	1.55	00:00:10	100.00%	80.00%
					1-10 of 58

Visitors' Computer Capabilities Analysis

Consistent with other internet studies, 80% of people use Internet Explorer, while 10% use Firefox, the other 10% use Chrome and Safari. Of those who used Internet Explorer from Windows, 40% use version 8.0, 30% use 7.0, and

another 30% use version 6.0. Version 6.0 is severely handicapped in terms of function. A lot of newly developed protocols were only incorporated after version 7.0. Such functions range from displaying overlapping pictures and transparent pictures, interactive logins and other interactions such as appointment booking and calendar viewing.

Most visitors use a monitor and/or above 19 inches, with screen resolution of 1024x768 or above. Only 3% use 800x600 resolution, which means a very old monitor at 17 inches. This has design implications concerning the width of the website.

There are 5% visiting computers with no Java support. Many login functions and menu movements requires Java. It means 5% of users are unable to login to our site even if they are members. Java support is available even in Internet Explorer 6, but it can be turned off if you set a very high security. Some users may not realise they have a very high security setting which impairs web login function.

How do they find us? Traffic Analysis

40% of visits are 'direct'. It means the person knows the link of www.hkcfp.org.hk directly. Another 50% found us via google or yahoo or bing (all search engines). The rest includes HKAM, RACGP, Baidu, UCH.home, HKU, PolyU, FMSHK, Medicine.org.hk, ASK, Facebook, pdqa.gov.hk, afpm.org.my, and icmecpd.hk.. There is plenty of room for development on the referring sites. High ranking health sites should also be referring to us, such as Hospital Authority of Hong Kong, American Family Physicians, newspaper health forums etc.

Within the search engine, most people found us via the keywords: hkcfp, hong kong college of family physicians or variant, hong kong practitioner, family medicine, fhkam, hkcfp education, family doctor hong kong, eli lilly national clinical audit center, 家庭醫學etc.. Needless to say these keywords have significant meanings as well as development potentials.

For the search term of 'Family Medicine', we currently rank No. 1 in google.hk, 4th in yahoo.com.hk, however we do not rank at all in google.com or yahoo.com (whereas the American Family Physicians rank top in both).

What do they view? Content Analysis

Content Performance						
Pageviews	Unique Pageviews	Avg. Time on Page	Bounce Rate	% Exit	\$ Index	
9,752 % of Site Total: 100.00%	7,450 % of Site Total: 100.00%	00:01:05 Site Avg: 00:01:05 (0.00%)	44.27% Site Avg: 44.27% (0.00%)	26.68% Site Avg: 26.68% (0.00%)	\$0.00 Site Avg: \$0.00 (0.00%)	
Page Title	Pageviews	Unique Pageviews	Avg. Time on Page	Bounce Rate	% Exit	\$ Index
College of Family Physicians	2,467	1,754	00:01:01	27.40%	24.28%	\$0.00
Your CME Points	332	269	00:03:13	89.29%	64.76%	\$0.00
課程月歷	244	204	00:00:18	57.14%	14.75%	\$0.00
Guides to Vocational Training-Introduction	238	196	00:01:09	53.85%	15.97%	\$0.00
Diploma in Family Medicine (HKCFP)	195	174	00:01:09	78.33%	48.21%	\$0.00
Download	174	119	00:00:20	0.00%	6.90%	\$0.00
The Examination Construct	173	141	00:01:17	90.91%	21.97%	\$0.00
Hong Kong College of Family Physicians	168	112	00:00:28	33.33%	7.14%	\$0.00
Events Calendar	154	132	00:00:53	45.45%	14.29%	\$0.00
Past Archives	149	64	00:00:22	0.00%	4.03%	\$0.00
Introduction of Exit Examination of Vocational Training in Family Medicine	147	126	00:00:50	50.00%	12.93%	\$0.00
The Hong Kong Practitioner	135	101	00:01:09	51.61%	38.52%	\$0.00
FP Links	131	97	00:01:13	35.29%	30.53%	\$0.00
Search	127	70	00:00:17	0.00%	4.72%	\$0.00
Categories of Members	125	76	00:00:52	14.29%	4.00%	\$0.00
President Message	119	89	00:01:11	64.29%	20.17%	\$0.00
Contact Details	116	89	00:01:31	40.00%	48.28%	\$0.00
Photo Album of the College	106	68	00:01:09	0.00%	3.77%	\$0.00
Current Council 2010	103	95	00:02:07	71.43%	47.57%	\$0.00

What more can we do? - Promotion of Health and Family Medicine on the Web in Hong Kong and aboard

The Internet is powerful enough to bankrupt newspapers. The first point of research for any information is now the internet, and is the new battleground for power and public influence. An effective effort towards health promotion and of family medicine on the internet can mean judicious monopoly of primary health care in Hong Kong and Asia, in a very short time. What should we be doing?

1. Keywords and Links Promotion

For a start, we should land on the first page when people search for "Family Medicine" and "Family Physicians", both in Hong Kong Search Engines and aboard. Search Engines rate the importance of a site by both the quality of the site, the number of important sites linking to the said site, and the presence of competitors. In order to achieve this, we must have a content rich disease-based site, a facebook page, an article of ourselves in wikipedia, many articles written by members in various forums / online newspapers with a link referring back to our site, and advise other important sites that we exist and they should add a link referring to us if people search for family medicine, the list goes on and on. If we are covetous, anyone searching for ailment terms (such as asthma) should also find us. That means we have to do the above all over again for each ailment terms, in both English and the local language.

2. A Doctor's List

We should also run a doctors' practising search list in HK, similar to the other existing search lists, but with an add on search term for any primary care physicians who have certified qualifications in Family Medicine, be it diploma or fellowship.

3. Content Enrichment

A disease-based rich website is sorely lacking in Hong Kong. We can become the forefront of primary care in Hong Kong and China if we have an external site instead of an internal one, which is A.) disease based, B.) current health affair based (with public statements concerning daily health care news), in English, Traditional and Simplified Chinese. It is simple to say, but will require concerted efforts, joint visions, quick response, unification, and a lot more medical input compared to now. However if achieved there will be a much greater public influence, and may even be economic gains at personal and college levels.

4. Articles and Videos

Promotion of our status can be achieved if we start seeding articles and education videos across the internet in Hong Kong and aboard in reputed websites. The articles should be signed by the doctor's name as well as under the college's name. They should be on various common diseases that the public are interested in, often searched about, in cantonese, and not about family medicine concepts. They are the kind that are simple to write, under well accepted guidelines, but the public are hungry about simply because there are no such articles written by anyone with authority in cantonese.

5. Coming up

On the practical side, there are several internal developments planned but not yet executed, including online registration of lectures, and online payment if security concerns are resolved. This supports more paperless communication with members with a greener, faster and cost effective system.

In Conclusion

I guess it will require a huge collaborative effort, efforts that have no immediate gains, if we are to achieve any of the above. *On the web*, we could rise above being just one of the specialists, but as the primary care itself for Hong Kong. To help the web grow, more resources in terms of time from various boards and members would certainly be necessary. On a lighter side, having a special interest in programming, internet and medicine, I hope my programming of the new hkcfc website has made life easier for everyone. Feel free to contact the Web Committee for any requests, joint ventures, insightful visions, or simply if you want to join us to help out. Alas the web committee consists of only a few people, we need a lot more people to help out, the work is non-computer related.

Board of Diploma in Family Medicine (DFM)

Date : 4 September, 2010 (Saturday)

Topic : Orthopaedic Injection Workshop

Speaker : Dr. Lau Hoi Kuen

Chairman : **Dr. Wong Pak Hoi**
Member, The Board of Diploma in Family Medicine, HKCFP

Venue : Multi-function Room, 1002A, 10/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Time : 2:15pm – 5:15pm Lecture and Discussion

Accreditation : 3 CME Points HKCFP (Category 4.4)
3 CME Points MCHK

Registration Fees (Please tick as appropriate):

	HKCFP Member	Non-member
Orthopaedic Injection Workshop	<input type="checkbox"/> HK\$500.00	<input type="checkbox"/> HK\$1,000.00

Capacity : 20 Doctors

Registration : Registration will be first come first served. For registration or any enquiry, please call the College secretariat, Ms Dickie Lam at 2528 6618. All cheques are payable to "HKCFP Holdings and Development Limited". Please mail the cheque to Rm 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK. All fees received are non-refundable and non-transferable.

To : HKCFP, Rm 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK. (Fax: 2866 0241)

Dear Sir/ Madam,

I am a (an) *Member/ Non-Member of the Hong Kong College of Family Physicians. (*Please delete as appropriate)

I would like to attend Orthopaedic Injection Workshop on 4 September, 2010 (Saturday) at Multi-function Room, 1002A, 10/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Name : _____

Tel No. : _____

Email : _____

Date : _____

The University of Hong Kong Li Ka Shing Faculty of Medicine Centre for Cancer Research
17th Hong Kong International Cancer Congress (3 - 5 November, 2010)

Programme at a Glance

Dear members,
 The 17th Hong Kong International Cancer Congress (<http://www.hkicc.org>) on 3 - 5 November is organised by Li Ka Shing Faculty of Medicine of HKU. HKCFP members are entitled complimentary registration to attend the whole Congress at a first come first served basis. Please contact the College secretary, Ms. Priscilla Li at 2528 6618 for registration. HKCFP Secretariat

Wednesday, 3 November, 2010		Thursday, 4 November, 2010		Friday, 5 November, 2010	
1:00 pm	Registration	9:15 am	Opening Ceremony and Young Investigator Awards Presentation	9:30 am	CCR Lecture Long Term Outcomes in Childhood Cancer: The Unintended Consequences of Success <i>Joy L Grosfeld, Indiana University, USA</i>
2:00 pm	Free Paper - Psychosocial Oncology	9:30 am	HKICC Lecture Global Signaling Mechanisms that Regulate Autophagy <i>Junying Yuan, Harvard University, USA</i>	10:30 am	Coffee Break
3:00 pm	Free Paper - Biomedicine	10:30 am	Molecular Pathology RNA in Neoplasia - Beginning to Make Sense... and Antisense? <i>John Rasko, The University of Sydney, Australia</i>	11:00 am	Cancer Imaging Molecular Imaging of Cancer Therapy Response <i>Shawn Chen, National Institute of Biomedical Imaging and Bioengineering, USA</i>
3:30 pm	YIA - Psychosocial Oncology	11:45 am	Molecular Pathology Targeting the Class 1A Phosphoinositide 3-kinase Pathway in Cancer <i>Jean Zhao, Harvard University, USA</i>	12:00 noon	Cancer Imaging
3:30 pm	YIA - Biomedicine	12:30 pm	Molecular Pathology	1:00 pm	Lunch Break
4:00 pm	YIA - Psychosocial Oncology	1:00 pm	Lunch Break	2:00 pm	Musculoskeletal Tumour Impacts of Caffeine-potentiated Chemotherapy on Osteosarcoma Treatment <i>Hiroyuki Tsuchiya, Kanazawa University, Japan</i>
4:00 pm	YIA - Biomedicine	2:00 pm	Targeted Therapy Prognostic and Predictive Biomarkers for Personalized Cancer Medicine <i>Mao Mao, Pfizer Inc, USA</i>	2:00 pm	Advances in Cancer Care: A Nursing Perspective
4:30 pm	YIA - Psychosocial Oncology	2:40 pm	Targeted Therapy	2:35 pm	Management of Metastatic Bone Tumour
4:30 pm	YIA - Biomedicine	3:30 am	Lunch Break	3:30 am	Coffee Break
5:00 pm	YIA - Psychosocial Oncology	4:00 pm	Gynaecological Cancer Cervical Cancer Prevention: From Childhood to Womanhood <i>Neerja Bhatia, All India Institute of Medical Sciences, India</i>	4:00 pm	Public Health Perspectives in Cancer Treatment and Control
5:00 pm	YIA - Biomedicine	4:45 pm	Gynaecological Cancer	5:30 pm	4th Cross Strait Symposium on Pediatric Oncology
		5:35 pm			4th Cross Strait Symposium on Pediatric Oncology



Oasis
心靈綠洲

一生不可少的八種朋友

隨著生活節奏的加快，社會的浮躁和功利，人與人之間有著太多分不清的是非真偽，以至於我們對「朋友」的稱謂產生了畏懼。那麼，真正的朋友究竟是什麼樣的，人的一生到底需要什麼樣的朋友呢？美國作家帕爾指出，「不要指望一位密友帶給你所需要的一切。」另一位作家湯姆拉思則認為，以下八種朋友是必不可少的。

成就你的朋友 他們會不斷激勵你，讓你看到自己的優點。

這類朋友也可稱之為導師型。他們不一定是你的師長，但他們一定會在某些領域具有豐富的經驗，能經常在事業、家庭、人際交往等各方面給你提供許多建議。人生中擁有這種朋友會成為你最大的心理支柱，也常常會成為能夠「左右」你的「偶像」。

支持你的朋友 一直維護你，並在別人面前稱讚你。

這類朋友可謂是「你幫我，我幫你」，相互打氣，使得彼此成為對方成長的墊腳石。在一個人的成長過程中，朋友的支持與鼓勵是最珍貴的。當你遇到挫折時，這類朋友往往可以幫你分擔一部分的心理壓力，他們的信任也恰好是你的「強心劑」。

志同道合的朋友 和你興趣相近，也是你最有可能與之相處的人。

與他們在一起，會讓你有心靈感應，俗稱「默契」。你會因為想的事、說的話都與他們相近，經常有被觸摸心靈的感覺。和他們交往會幫助你不斷地進行自我認同，你的興趣、人生目標或是喜好，都可以與他們分享。這種穩固的感受「共享」會讓你獲得心理上的安全感，因為有他們，你更容易實現理想，並可以快樂地成長。

牽線搭橋的朋友 認識你之後，很快把你介紹給志同道合者認識。

這類朋友是「幫助型」的朋友。在你得意的時候，他們的身影可能並不多見；在你失意的時候，他們卻會及時地出現在你面前。他們始終願意給予你最現實的支持，讓你看到希望和機會，幫助你不斷地得到積極的心理暗示。

給你打氣的朋友 好玩、能讓你放鬆的朋友。

有些朋友，當我們有了心事，有了苦惱時，第一個想要傾訴的對象就是他們。這樣的朋友會是很好的傾聽者，讓你放鬆，在他們面前，你沒有任何心理壓力，總能讓你發洩出自己的「鬱悶」，讓你重獲平衡的心態。

開闊眼界的朋友 能讓你接觸新觀點、新機會。

這類朋友對於人生也是必不可少。他們可謂是你的「大百科全書」。這類朋友的知識廣、視野寬、人際脈絡多，會幫助你獲得許多不同的心理感受，使你成為站得高、看得遠的人。

給你引路的朋友 善於幫你理清思路，需要指導和建議時去找他們。

這類朋友是「指路燈」。每個人都有困難和需要，一旦靠自己力量難以化解時，這類朋友總能最及時、最認真地考慮你的問題，給你最適當的建議。在你面對選擇而焦慮、困惑時，不妨找他們聊一聊，或許能幫助你更好的理順情緒，瞭解自己，明確方向。

陪伴你的朋友 有了消息，不論是好是壞，總是第一個告訴他們。他們一直和你在一起。

這種朋友的心胸像大海、高山一樣寬廣，不管何時找他們，他們都會熱情相待，並且始終如一地支持你。他們是能让你感到滿足和平靜的朋友，有時並不需要他們太多的語言，只是默默地陪著你，就能撫平你的心情。

http://www1.hcshb.gov.tw/vtweb/epaper_detail.aspx?ID=42
(本欄資料由 心靈綠洲-個人成長及危機處理中心 提供，特此鳴謝。)

Newly recruited trainee in Family Medicine

Dr. Ada Cho, Basic Trainee, Kowloon West Cluster

Time flies, really flies.

I cannot believe that I am a family medicine trainee now. Meeting the new interns during my first day in the hospital based training let me recognise that I have gone through a harsh year of internship and have turned a new page of my career.

I am lucky that I can work in a specialty I like. When I went into the medical school, I really wanted to be a family physician. I have been living and studying in Yuen Long, a

rural yet simple place, for many years. When I was a kid, I was worried if I would die of flu as I was debilitated by fever. To me, doctors are the most trustworthy people. I felt better after seeing a doctor even without taking medications. Their care, ability to listen to my problem, comfortable voice and firm reassurance make me feel better. 'Doctor' per se is a magic drug as well.

After I entered the medical school, I realized that there are so many different specialties other than Medicine and Surgery. Radiology, Anesthesiology, Pathology, Microbiology, A&E, Oncology, Family medicine.....I thought about which career path I should choose when I graduate.

Communication, communication and communication

I like to interact with patients. Although many of the time these interactions may bring frustration, disappointment, anger and other negative feelings, I think good communication can solve most problems. It is an art to master such skill. It also drives me to learn more in my career. I believe practice makes perfect. So I choose Family Medicine that I can interact with patients most. I will have many conversations with my patient by the nature of my practice. How to gain a stranger's trust in such a short contact time? The authorized doctor coat or nice suit is not enough. I think I can learn more as a family physician.

Long term relationships

Although all along our training was focused on hospital specialties, I realized that, to most of the patients, hospital medicine composes only a small part of medical care in their life. For those with relatively good past health, they may go to hospital only at the very end of their life. Nowadays, many of the patients with chronic illnesses like DM and HT will follow up in the GOPC. Good and competent family physicians really do affect the health status of general public very much. Without us, the medical system cannot be sustainable. The people and the system itself want good family doctors. By building up the long term relationship with our patients, we gain their trust and rapport. We can get to know the patient more, understand their "RICE", offer timely treatment, educate on health issues and modify their lifestyle gradually. I cherish such doctor-patient relationship.



KWC newly recruited FM resident trainee in 2010.
(I am in the 2nd row, 3rd from left)

“Minor” complaints

During my internship, I can still notice the very trivial complaints from the in-hospital patients. It is trivial in the sense that unlikely to kill, but they may cause great discomfort or stress to patients. In the acute hospital settings, we seldom seriously addressed these complaints. We may treat the symptoms by reflex like piriton to insomnia, triact to dyspepsia, lactulose to constipation, panadol to headache. We did not stop to listen for a while and dig into the hidden agenda. I won't consider myself as “small potato” to deal with every minor complaint but instead tried to listen and think carefully to delineate the underlying causes and solve their problems. Hippocrates should be a good family doctor as he said “Cure sometimes, treat often, comfort always”.

Holistic care

I experienced the fragmented care during the hospital rotation. I can't even remember how many consultation referral forms I have to fill in during in-patient care. It is ideal to treat a person but not just the disease. I remember once in the undergraduate FM tutorial, my tutor pointed out one important thing: try to know “who” has the disease. Treating patients from different walks of life, educational background, co-morbidity, and social supports can be totally distinct. Besides that, they may have multiple complaints and their problems can be complicated by biopsychosocial factors. Family Physicians are the type of doctor who is willing and competent to look after all these areas.

One of my seniors in the department who shared with us in the interns briefing session on his rough road to becoming a FM specialist when he passed his exit exam last year. I was deeply impressed. Nowadays, there is already a well-established structured training program for us. If I really like it, why not just go ahead? The rosy prospect of ourselves is not dependent on the specialty itself but how we create our path.



The precious moment: signing the contract

Hot Drug Issue - Thiazolidinedione

Diabetes mellitus (DM) is common in Hong Kong, yet a complicated and difficult-to-treat chronic disease. Apart from the traditional oral hypoglycaemic agents such as sulfonylurea and metformin, thiazolidinedione was once a hope for those with poorly controlled DM. Many patients who are reluctant to start insulin injection, or are intolerant to the side effects of metformin or sulphonylureas would opt to try rosiglitazone or pioglitazone as an alternative.

However, there is now growing concern about the safety of rosiglitazone especially regarding the cardiovascular (CV) aspect, although the current evidence is still inconclusive. A meta-analysis by Nissen and Wolski in 2007 suggested that rosiglitazone increased the risk of myocardial infarction (MI) and CV death, but the validity of such evidence was being questioned.¹ There were also studies (namely ADOPT, DREAM, RECORD) comparing rosiglitazone to other anti-diabetic agents or placebo; they looked at a composite of major adverse cardiovascular events (2.6% vs. 2.4%), myocardial infarction (1.4% vs. 1.2%) and stroke (1.8% vs. 1.9%) between patients taking rosiglitazone and patients taking a comparator, respectively. For these trials, a statistically significant difference was not demonstrated.²⁻⁴

Newer data in 2010 showed more evidence suggesting that rosiglitazone posed significant CV risks to patients.⁵ Two meta-analyses including 10 new randomized trials show that the risk of acute MI is 30 to 80% higher among patients with diabetes taking rosiglitazone than among those receiving placebo.^{6,7} When comparing rosiglitazone with other anti-diabetic agents, such as the sulfonylureas or metformin, the hazard ratio is lower, although it is still greater than 1. In comparison with the FDA's 2007 meta-analysis, the newer analyses showed higher odds ratios for major adverse CV events, myocardial infarction, and serious ischemic events in patients receiving rosiglitazone.

Several new data sets from both clinical trials and observational studies show that pioglitazone either conferred no increased cardiovascular risk or, in some circumstances, protected against myocardial infarction.⁵ In one case, FDA investigators performed a retrospective cohort study of 225,000 Medicare Part D beneficiaries who received either rosiglitazone or pioglitazone from 2006 to 2009; they found that the risk of a cardiovascular event or death was nearly 25% higher if the patient was taking rosiglitazone rather than pioglitazone.⁸

The assessment of the cardiovascular safety of rosiglitazone is still ongoing. FDA is currently looking at the primary data from one of the aforementioned studies, the RECORD study, along with other observational studies. The RECORD study assessed the overall CV safety of rosiglitazone, when added to metformin or sulfonylurea, compared to metformin plus sulfonylurea. The FDA's review is expected to be completed soon and there should be some new information coming out in due course. As of now, FDA has provided some warnings and precautions as follows:

- i) Use of rosiglitazone in patients with established NYHA Class III and IV heart failure is contraindicated. The drug is also not recommended in patients with symptomatic heart failure.
- ii) Rosiglitazone causes or exacerbates congestive heart failure in some patients. Signs and symptoms of heart failure (i.e. excessive, rapid weight gain, dyspnoea, and/or oedema) should be monitored after treatment initiation and after dosage increase. If heart failure signs and symptoms occur, the condition should be managed appropriately and discontinuation or dose reduction of rosiglitazone must be considered.
- iii) Co-administration of rosiglitazone and insulin is not recommended.
- iv) Co-administration of rosiglitazone and nitrates is not recommended.⁷

Compiled by Dr. Sze Hon Ho, Specialist in Family Medicine

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Interest Group in Dermatology – the 20th Meeting on 3rd July 2010

Dr. Wong Nai Ming (Co-ordinator)
Board of Education

The 20th Dermatology Interest Group meeting was held on 3rd July 2010. Our speaker was Dr. Chan Shu Yu, a dermatologist in private practice and our sponsor was Galderma Hong Kong Ltd. The topic was "Skin Tumours".

In the management of skin tumours, we family doctors have an important role in identifying the tumours and their precursors in their early stages and making suitable referral for early treatment. We also have a role in patient education on carcinogen avoidance.

Numerous agents are identified as carcinogens of skin cancers, both endogenous and exogenous. The most important one is UV radiation: chronic exposure is related to squamous cell carcinoma (SCC) and actinic keratosis whereas intense intermittent exposure is related to basal cell carcinoma (BCC) and melanoma. The amount of UV radiation received of course depends on geographical latitude, timing of the day, individual skin thickness and degree of pigmentation, and photo-protective measures etc.

There are a number of pre-cancerous keratinocytic lesions and the following were discussed in the lecture:

- Actinic keratosis usually appears as irregular but sharply defined erythematous, scaly "rough spots" on sun-exposed skin of elderly. The risk of development to skin cancer ranges from 1% to 20% and the course is unpredictable. Modern concept favours early treatment, either by cryotherapy, electrocautery or topical 5-fluorouracil.
- Bowenoid papulosis is caused by HPV infection and appears as pigmented warty plaques at genitalia. They are essentially SCC-in-situ.
- Epidermodysplasia verruciformis is an autosomal recessive disorder with increased susceptibility to type 5 & 8 HPV infection causing widespread plane wart-like or pityriasis versicolor-like maculopapules at extremities, with a high chance of developing into SCC.
- Bowen's disease appears as solitary, sharply-defined, pink or red maculopapules at sun-exposed parts of body and are SCC-in-situ with 3% to 5% chance of developing into SCC.

There are three common types of skin cancers in humans, SCC arises from suprabasal epidermal keratinocytes while BCC and melanoma are derived from basal layers.

SCC are usually preceded by pre-cancerous lesions. One should always remain vigilant for changes in symptoms like pain, itchiness, bleeding and signs like tenderness, erosion, induration, increased size, increased scales, 'ugly looking' etc. The following are some of the risk factors of metastasis and recurrence in SCC: diameter > 2cm, depth > 4mm, involving bone/muscle/nerve, location on lip/ear, arising from old scars, and immunosuppressed patients.

BCC is one of the common cancers in humans and its incidence is increasing in young populations. In most cases the tumour has a rolled border. It is locally invasive and distant metastasis is uncommon. Morpheiform BCC is usually more aggressive than the other subtypes because it tends to be more infiltrative. The best chance of cure is by adequate excision of the primary tumour as recurrent disease is more difficult to treat.

The incidence of cutaneous melanoma has increased significantly worldwide during the last few decades and it accounts for 80% of all skin cancer deaths. Sun exposure is again the most important risk factor. There is also increased risk for those with large quantities of melanocytic naevi (>100), those with atypical or dysplastic naevi, and those with large congenital naevi (>20cm). However, overall only 20% of melanomas are derived from pre-existing melanocytic naevi. In western societies, the commonest melanoma is superficial spreading type in sun exposed areas while the commonest melanoma in orientals is acrolentiginous type. A high index of suspicion is important for early diagnosis - observe the ABCDE checklist, namely Asymmetry, Border, Colour, Diameter/Difference, Elevation/Evolving. Breslow thickness is the most important prognostic factor in early stages of melanomas.

It is unnecessary to advise patients to have total solar avoidance. Behavioural modifications like avoidance of peak UVB periods and photo-protective measures (wide-brim hat, sunscreen, sunglasses, long-sleeved and light-coloured clothing) are more practical.

Our next meeting will be on 4th Sep 2010 with Dr. KK Lo speaking to us on "Sun and Skin". Group members are welcome to present their cases for discussion. Please contact our secretary at 2861 0220 preferably two weeks before our meeting for further arrangements.



Dr. Mary Kwong and Dr. Chan Shu Yu



Certificate Course on Respiratory Medicine

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Venue	: HKMA, 5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai.
Course	: Members (HKCFP or HKTS/ACCP) : HK\$100 HKAM Registrants : HK\$150 Non-members : HK\$200 (All fees received are non-refundable and non-transferable.)
Co-ordinators	: Dr. Tse Pak Yiu Senior Medical Officer, Tseung Kwan O Hospital Dr. Francis W. T. Lee Member of Board of Education, The Hong Kong College of Family Physicians
Award	: Those who have attended 75% or more of all the sessions will be awarded a "Certificate of Attendance"
Capacity	: 60 participants

Programme Schedule

Dates	Topics	Speakers	Moderators
25 Sept (Sat)	1. Smoking and Lung Health; Smoking Cessation 2. COPD – Why Some Patients are Better Managed?	Dr. Thomas Y. W. Mok <i>Chief of Service, Respiratory Medical Department, Kowloon Hospital</i> Dr. Maureen M. L. Wong <i>Consultant, Department of Medicine & Geriatrics, Caritas Medical Centre</i>	Dr. Francis Lee
9 Oct (Sat)	1. Management of Tuberculosis: Local Perspective 2. Evaluation and Management of Obstructive Sleep Apnoea in Adults	Dr. C. K. Chan <i>Senior Medical Officer, TB & Chest Service, Department of Health</i> Dr. Kah Lin Choo <i>Senior Medical Officer, Department of Medicine, North District Hospital</i>	Dr. Ngan Po Lun
23 Oct (Sat)	1. Asthma: Updates on Management 2. Community Acquired Pneumonia; Updates on Management	Dr. Fanny W. S. Ko <i>Associate Consultant, Department of Medicine & Therapeutics, Prince of Wales Hospital</i> Dr. H. S. Chan <i>Consultant, Department of Medicine, Alice Ho Miu Ling Nethersole Hospital</i>	Dr. Francis Lee
13 Nov (Sat)	1. Lung Cancer: Towards Earlier Diagnosis and Updates on Treatment 2. Approach and Management of Pleural Effusion	Dr. James C. M. Ho <i>Assistant Professor, Department of Medicine, Queen Mary Hospital</i> Dr. Johnny W. M. Chan <i>Consultant, Department of Medicine, Queen Elizabeth Hospital</i>	Dr. Ngan Po Lun

*** All cheques payable to "HKCFP Education Ltd". For any enquiry, kindly contact College Secretariat, Ms Dickie Lam at 2528 6618. ***

REPLY SLIP

To: HKCFP, Room 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, H.K. (Fax no.: 2866 0241)

I am a *Member/HKAM Registrant/ Non Member of The Hong Kong College of Family Physicians or HKTS/ACCP Member.
 (*Please delete as appropriate)

I would like to attend "Certificate Course on Respiratory Medicine".

Name: _____ Tel: _____ Date: _____

Email: _____

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

1 September 2010 Wednesday

Topic and Speaker:

Importance of Screening Patients with Suboptimal Erection Hardness

Dr. George Lee, MB
Associate Professor of Surgery,
Consultant Urological Surgeon, Faculty of Medicine,
University of Malaya Medical Center of
the University of Malaya, Malaysia

Chairman	Dr. Au-yeung Shiu Hing The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:15 p.m. Buffet Lunch 2:15 p.m. – 3:45 p.m. Lecture & Discussion	
Venue	Crystal Ballroom, Basement 3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui, Kowloon	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Pfizer Corporation (HK) Ltd.

3 September 2010 Friday

Topic and Speaker:

Strontium Ranelate: From the Mode of Action to the Anti-fracture Efficacy

Dr. Justin Cheng
Specialist in Orthopaedics & Traumatology

Chairman	Dr. Au Chi Lap The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:15 p.m. Buffet Lunch 2:15 p.m. – 3:45 p.m. Lecture & Discussion	
Venue	Sung & Ming Room, 4/F, Sheraton Hotel, 20 Nathan Road, Kowloon	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00

All fees received are non-refundable and non-transferable.

Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.

Sponsored by
Servier Hong Kong Ltd.

4 September 2010 Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	Sun and Skin	
Speaker	Dr. Lo Kuen Kong Consultant Dermatologist in-charge	
Co-ordinator & Chairman	Dr. Wong Nai Ming The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:15 p.m. Lunch 2:15 p.m. – 4:00 p.m. Theme Presentation & Discussion	
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CPD Points HKCFP (Cat. 3.15) 2 CME Points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

Sponsored by
Galderma Hong Kong Limited

17 September 2010 Friday

Topic and Speaker:

Advances in Diagnosis and Management of Rheumatic Disease

Dr. Tsui Hing Sum
Specialist in Rheumatology

Chairman	Dr. Francis W. T. Lee The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:15 p.m. Buffet Lunch 2:15 p.m. – 3:45 p.m. Lecture & Discussion	
Venue	Pearl Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Capacity	60 participants	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Janssen Pharmaceutica

19 September 2010 Sunday

Medico-legal Alert on "Dollars & Sense: The Law and Ethics of Medical Charges and Professional Fees"

Topics and Speakers:

1. The MCHK Perspective: Ethical Principles of Professional Fees

Dr. Tse Hung Hing
*Chairman, Ethics Committee, The Medical Council of Hong Kong
Past President of The Hong Kong Medical Association*

2. The Legal Perspective: Kickbacks and Overcharging

Mr. Chris Howse
*Solicitor, Head of Medico-legal Dept.,
Richards Butler in Association with Reed Smith LLP*

3. A Medical Professional's Perspective

Dr. Li Kwok Tung, Donald
*Vice-President (General Affairs) of HKAM,
Past President of the Hong Kong College of Family Physicians,
WONCA Asia Pacific Regional President*

4. The MPS Perspective: Are There Boundaries?

Dr. Teoh Ming Keng
Head of Medical Services Asia, Medical Protection Society

Co-organizers	The Hong Kong Academy of Medicine, Medical Protection Society and The Hong Kong College of Family Physicians	
Chairmen	Dr. Leon Tong and Dr. Solomon T. L. Yeung The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m. Light Lunch 2:00 p.m. – 5:00 p.m. Lectures & Discussion	
Venue	The Ballroom, Level 7, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	Members/ Fellows	Free
	(HKCFP/ HKAM)	
	Non – members/ Non – fellows	HK\$ 300.00
	All fees received are non-refundable and non-transferable.	
Accreditation	3 CME Points HKCFP (Cat. 4.4) 3 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served and must be made at least 7 days before the date of the activity. Please reserve your seat as soon as possible.	

Sponsored by
**Medical Protection Society and
The Hong Kong College of Family Physicians**

Monthly Video Viewing Sessions –

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at **Lecture Hall, 4/F**, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

August's session:

Date	27 August, 2010 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Update of Management of Atopic Dermatitis – Dr. Yeung Chi Keung
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

September's session:

Date	24 September, 2010 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topics	1. Understanding Fats: Good VS Bad – Ms. Sylvia S. W. Lam 2. The Unmet Needs in Coronary Arterial Diseases – Dr. Chris K. Y. Wong
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programmes

Open and free to all members

HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
11 September 2010 (Sat) 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital	Refresher Course for Health Care Providers 2010/2011 – Screening Colonoscopy and Update in Colorectal Surgery Dr. William C. S. Meng Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel.: 2354 2440 Fax: 2327 6852
18 September 2010 (Sat) 2:15 – 3:45 p.m. 2 CME points	Lecture Theatre, G/F, Block F, United Christian Hospital, Kwun Tong, Kowloon	CME Course for Health Personnel 2010 – Party Drug Poisoning Dr. Herman Lee Hong Kong Medical Association (KECN) & United Christian Hospital	Ms. Gary Wong Fax: 3513 5548

Structured Education Programmes

Free to members

HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
19 Aug 10 (Thu)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Common Symptoms in Orthopedics Dr. Hung Wai Shan and Dr. Kwong Lok See	Ms Cordy Wong Tel: 3513 3087
24 Aug 10 (Tue)			
5:30 – 8:00 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Clinical Audit - Review Dr. Kwok Vincci	Ms Chan Tel: 2468 6813
25 Aug 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Management of Unwanted Pregnancy Dr. Cheuk Tat Sang	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Communication Skills and Doctor-patient Relationship Dr. Kwong Sheung Li and Dr. Wan Pui Chu	Ms. Cordy Wong Tel: 3513 3087

5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Air Travel Emergency Dr. Leung Yin Ching, Tracy	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Recurrent UTI Dr. Cheung Ho Yuen	Ms. Susanna Tong Tel: 2632 3480

26 Aug 10 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Communication Skills and Doctor - Patient Relationship Dr. Yeung Sze Wai and Dr. Zhu Guixia	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Management of Chronic Bowel Problems Dr. Cheuk Tat Sang and Dr. Chu Tsun Kit	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Common Counselling Techniques for Daily Consultation Dr. Leung Tsi Mei, Violet	Ms. Kwong Tel: 2595 6941

31 Aug 10 (Tue)

5:30 – 8:00 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Critical Appraisal – Use of ARB Dr. Lee Kar Fai	Ms. Chan Tel: 2468 6813
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1 Sep 10 (Wed)

2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Risk Management Workshop Part 2 Dr. Chan Yin Hang and Dr. Cheung Sze Man	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Management of Menopausal Symptoms Dr. Chan Ngai Ping and Dr. Chan Hau Ting	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Red Book Dr. Ngai Ming, Leon	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Practice Assessment – HA and Private Perspective Dr. Yu Sze Ka, Frances	Ms. Susanna Tong Tel: 2632 3480

2 Sep 10 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Management of Menopausal Symptoms Dr. Yiu Kwan and Dr. Li Ming Yiu	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Sex Education Dr. Yip Chun Kong	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Erectile Dysfunction Dr. Kwong Kam Tim	Ms. Kwong Tel: 2595 6941

7 Sep 10 (Tue)

5:30 – 8:00 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Doctor's Responsibility: Patient, Society, Profession Dr. Ng Mei Po	Ms. Chan Tel: 2468 6813
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8 Sep 10 (Wed)

2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Normal Pregnancy, Pregnancy Problems and Postnatal Care Dr. Ho Tsz Bun	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	CA Lung: What the Family Physicians Should Know Dr. Leung Wah Shing	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Angry / Manipulative Patients Dr. Lai Sum Yin	Ms. Man Chan Tel: 2589 2337

9 Sep 10 (Thur)

2:15 – 5:15 p.m. 3 CME points	Classroom, G/F, Tseung Kwan O Hospital	Age Related Macular Degeneration Dr. Patrick Li	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Social Worker In The Community Dr. Chan Ching and Dr. Tang Kin Sze	Ms. Chan Tel: 2468 6813

14 Sep 10 (Tue)

5:30 – 8:00 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Empty Nest: Problems and Solutions Dr. Kwok Vincci	Ms. Chan Tel: 2468 6813
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15 Sep 10 (Wed)

2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Anticipatory Care at Different Ages Dr. Sze Siu Lam	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Qualitative Research Professor Lam Tai Pong	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Review of FM Training Dr. Wan Wing Fai	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Healthcare Payment Systems in Asia-pacific Region Dr. Kwok Siu Kee	Ms. Susanna Tong Tel: 2632 3480

16 Sep 10 (Thur)

2:15 – 5:15 p.m. 3 CME points	Classroom, G/F, Tseung Kwan O Hospital	Introduction of Community Resources Dr. Leung Yuen Kin and Dr. Cheung Yan Kit	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Emergency Neurological Problems Dr. Ho Chung Yu and Dr. Ng Mei Po	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Men's Health Service Dr. Li Hei Lim	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Aug	16	17 5:30 – 8:00 p.m. Structured Education Programme	18 2:15 – 7:30 p.m. Structured Education Programme	19 2:15 – 5:15 p.m. Structured Education Programme	20 1:00 – 3:30 p.m. The Facts and Myths of HPV Vaccines	21 2:15 – 5:15 p.m. DFM Module V Consultation Skill Workshop I 2:15 – 3:45 p.m. Community Education Programme
22	23	24 1:00 – 3:30 p.m. Advance Management on Allergic Rhinitis, Nasal Polyps & Rhinosinusitis 5:30 – 8:00 p.m. Structured Education Programme	25 2:15 – 7:30 p.m. Structured Education Programme	26 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	27 2:30 – 3:30 p.m. Video Session	28 2:15 – 5:15 p.m. DFM Module V Consultation Skill Workshop II
29	30	31 5:30 – 8:00 p.m. Structured Education Programme	1 Sep 1:00 – 3:45 p.m. Importance of Screening Patients with Suboptimal Erection Hardness 2:15 – 7:30 p.m. Structured Education Programme	2 2:15 – 7:00 p.m. Structured Education Programme	3 1:00 – 3:45 p.m. Strontium Ranelate: From the Mode of Action to the Anti-fracture Efficacy	4 1:00 – 4:00 p.m. Board of Education Interest Group in Dermatology 2:15 – 5:15 p.m. DFM Module V Orthopaedic Injection Workshop
5	6	7 5:30 – 8:00 p.m. Structured Education Programme	8 2:15 – 7:00 p.m. Structured Education Programme	9 2:15 – 6:00 p.m. Structured Education Programme	10	11 2:30 – 4:30 p.m. Community Education Programme
12 Conjoint Written Examination - KFP	13	14 5:30 – 8:00 p.m. Structured Education Programme	15 2:15 – 7:30 p.m. Structured Education Programme	16 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	17 1:00 – 3:45 p.m. Advances in Diagnosis and Management of Rheumatic Disease	18 2:15 – 3:45 p.m. Community Education Programme
19 1:00 – 5:00 p.m. Medico-legal Alert Conjoint Written Examination - MCQ 2:00 – 6:00 p.m. MCQ Standardization	20 6:00 – 10:00 p.m. MCQ Standardization	21	22	23	24 2:30 – 3:30 p.m. Video Session	25 1:00 – 4:45 p.m. Certificate Course on Respiratory Medicine
26	27	28 9:00 p.m. Board of Education Meeting	29	30 9:00 p.m. Board of Conjoint Examination Meeting Application Deadline for recommendation for Exit Exam (BVTS)		

FP LINKS EDITORIAL BOARD 2010

FP LINKS EDITORIAL BOARD 2010	
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- Red** : Education Programmes by Board of Education
- Green** : Community & Structured Education Programmes
- Blue** : Clinical Attachment / Certificate Course / ARC
- Purple** : College Activities