

Issue 19 September 2010

# THE HONG KONG COLLEGE OF FAMILY PHYSICIANS Family Physicians Links

# **Message from the President**

# Independent Practice 少壯不努力 老大徒傷悲

This year, I have received far more notice of commencement of practice from colleagues of various specialties compared with previously. Most of them have achieved specialist status in their relevant specialties or sub-specialties. However, I cannot recall receiving any such notice from a specialist in Family Medicine. Recently, I was told our past Council Member Dr. Alvin Chan will start his own private practice sometime in September/October. Congratulations Alvin, I am sure you will provide high quality care to your patients.

I am pondering why our young FM specialists are not inspired by the prospect of starting their own family practices in the private sector. What are the factors affecting their decision? What are the worries in their minds? Is it the financial considerations or lack of confidence in independent clinical practice? I really want to know. If it is the latter, then the College will have to review our training, especially the final two years of higher training.

I attended the Pre-Exit Examination Workshop in August for the higher trainees preparing to take the Exit Examination in 2011. Over 90 trainees turned up with some trainers and Specialty Board members. The Board has prepared information and briefing about each segment and highlighted some changes compared with this year. However, there were some adverse comments from the floor about the changes being something sinister. The new criterion for clinical audit is meant to make their



work more meaningful and valuable. The practice assessment is a very good exercise to improve the quality of record keeping and standard of practice. The real purpose of consultation skill assessment is to test what a doctor does behind the closed door of the consultation room. It is at the highest hierarchy of the pyramid of competence (Miller, 1990) Sadly, most of the cases seen by the Examiners are "stable and well controlled" diabetes and/or hypertension, upper respiratory tract infection, gastroenteritis, acne or tinea pedis, tennis elbow which make up the six cases to be assessed. The outcome of the consultation hinges on the willingness of the candidate as how to demonstrate the skill in problem solving or any real management challenge. The case-mix could be the real everyday work of our trainees in their practice and no one could be blamed because of the practice demography. However, if the training provider is committed to the provision of the best possible training for specialist in Family Medicine, something must be done to enhance the trainees' exposure to a wider variety of clinical cases.

Originally, the higher training was for our trainees to establish their own independent practices and at the same time complete the six years training requirement of the HKAM. The requirements in Practice Assessment (Continued on page 2)

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# **Message from the President**

were intended to guide trainees to set up a good quality standard of practice, which used to be mostly in the private sector. Nowadays, most of the higher trainees are employed by the Hospital Authority and they are engaged in clinics under a standard setting where trainees do not have much say. The practice does not require accreditation by the Board of Vocational Training and Standards. The workload and the practice may not be conducive to the attainment of the skills and standard required such as in the segment of consultation skill assessment. I can expect more problems coming from the large numbers of enrolled higher trainees in the past two years, if they are frank enough to voice them out. BVTS is now busy reviewing the basic training programme. However, I think it may be more urgent to re-examine the training requirements for higher training.

I sincerely advise our higher trainees to contact BVTS directly to give their feedback and suggestions as to how the College can help them in the final two years training. After all, you will only waste your precious time and energy if you dramatize in the consultation but gain nothing with the well-intended higher training, and you are only undermining your future professional development right at the foundation stage, even if you manage to pass the assessment. What a pity!

Dr. Gene W W Tsoi President

### "Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15<sup>th</sup> September to 14<sup>th</sup> October, 2010, Dr. Cheung Man Kuen and Dr. Billy C F Chiu will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about Dr. Cheung Man Kuen



Dr. Billy C F Chiu

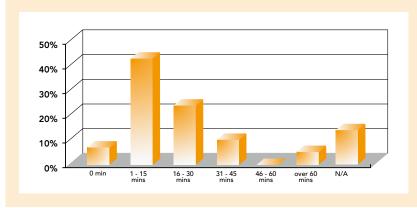
anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C K Lee Co-ordinator, CMOD System

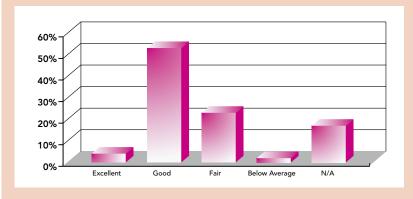
### **Results of Readers' Survey 2010 (FP Links)**

The survey was conducted in March 2010. 81 completed questionnaires were returned. The results are summarized and presented as below.

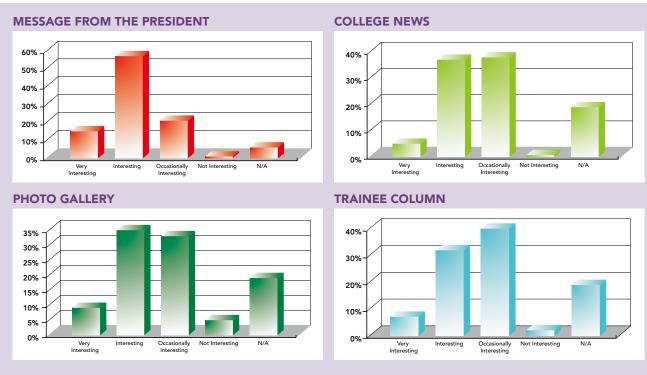
1. Time normally spent on each issue of FP Links



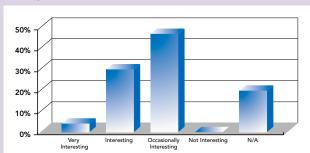
### 2. Rate FP Links as a newsletter of the College



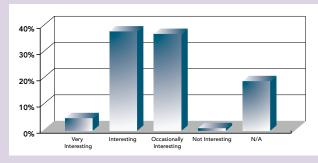
3. Rate the following columns in FP Links



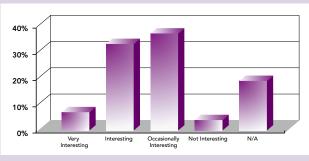
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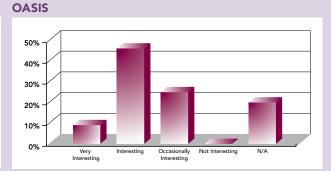


**NEWS CORNER** 

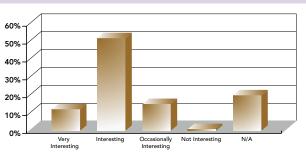


### **AFTER HOURS**

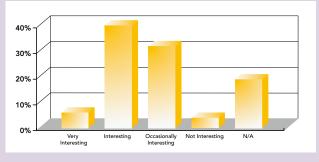




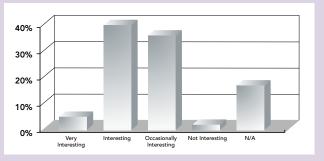
### WONCA EXPRESS



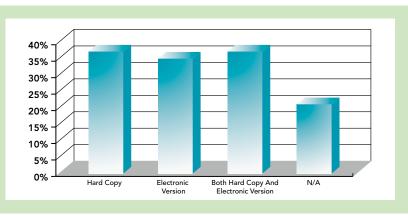
### **LEARING POINTS**



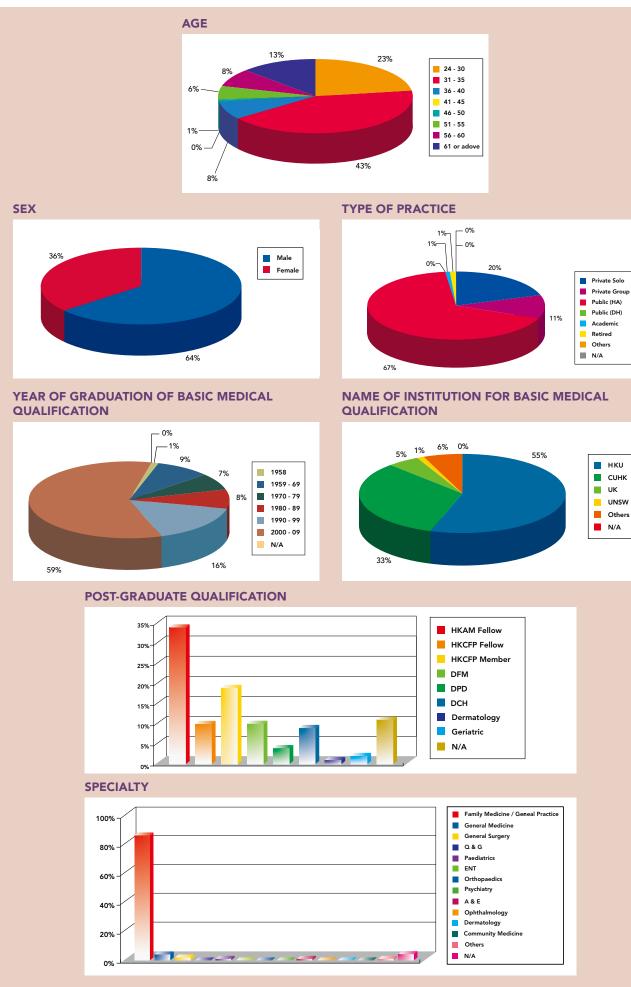
### **BOARD OF EDUCATION NEWS**



4. Preference in reading FP Links if the electronic version is available



5. Demographic characteristics of Readers:



# **RESULTS OF READERS' SURVEY**

### **Board of Education 2010**

Chairlady: Dr. Mary B. L. Kwong

### **List of Members**

### Members :

Dr. Solomon T. L. Yeung	(Deputy Chairman, Board)	Dr. Peter K. Y. Lee
Dr. Francis W. T. Lee	(Deputy Chairman, Board)	Dr. Mo Kam Chuen
Dr. Chan Chi Wai	(Secretary, Board)	
Dr. Simon C. L. Au	(Co-ordinator, Musculoskeletal Interest Group)	Dr. Leon George Tong
Dr. Au-yeung Shiu Hing	(Chairman, Moderator Subcommittee)	Dr. Tong Siu Man
Dr. Mark S. H. Chan	(Co-ordinator, Interest Group in Mental Health & Psychiatry in Primary Care)	Dr. Wong Ka Wah
Dr. David S. L. Chan	(Chairman, Cardiopulmonary Resuscitation	
	Subcommittee)	Dr. Wong Nai Ming
Dr. Winnie W. Y. Chan	(Co-ordinator, Clinical Family Medicine Interest Group)	Dr. Wong Pak Hoi
Dr. Cheung Ying Man	(Deputy Chairman, Video Viewing & Video Library Subcommittee)	Dr. Edmond C. H. Chan Dr. Chan Yin Hang
Dr. Fok Peter Anthony	(Chairman, Assessment Enhancement Subcommittee)	Dr. Dickson Y. S. Chan Dr. Lee Cheuk Pong
Dr. Wilson W. Y. Hung	(Chairman, Annual Refresher Course; Liaison Person with QA&A Committee)	Dr. Gordon Y. M. Leung Dr. Ma Ping Kwan

Dr. Mary B. L. Kwong Dr. Peter K. Y. Lee Dr. Mo Kam Chuen	(Chairlady, Clinical Attachment Subcommittee) (Chairman, Web Education Subcommittee) (Chairman, Video Viewing & Video Library Subcommittee)
Dr. Leon George Tong	(Co-ordinator, Medical-legal Alert Interest Group)
Dr. Tong Siu Man	(Chairman, Small Discussion Group Subcommittee)
Dr. Wong Ka Wah	(Supervisor, Assessment Enhancement Subcommittee; Liaison Person with Editorial Board)
Dr. Wong Nai Ming	(Co-ordinator, Interest Group in Dermatology)
Dr. Wong Pak Hoi	(Deputy Chairman, Cardiopulmonary
-	Resuscitation Subcommittee)
Dr. Edmond C. H. Chan	
Dr. Chan Yin Hang	
Dr. Dickson Y. S. Chan	
Dr. Lee Cheuk Pong	



Front row (from left to right): Dr. Au Chi Lap, Dr. Francis Lee, Dr. Yeung To Ling, Dr. Mary Kwong, Dr. Chan Chi Wai, Dr. Au-yeung Shiu Hing, Dr. Wong Nai Ming Back row (from left to right): Ms. Charlotte Sham, Ms. Winniea Lee, Dr. Ma Ping Kwan, Dr. Leon George Tong, Dr. Peter Lee, Dr. Tong Siu Man, Dr. Wong Pak Hoi, Dr. Gordon Leung, Dr. Lee Cheuk Pong, Dr, Chan Yin Hang, Dr. Mark Chan, Dr. Chan Sze Luen

### History

Board of Education is one of the major boards of the college. Its precursor, the Education Committee, was established in 1978. The Committee ran a busy educational programme and arranged a whole year of functions with credit points approved by the Board of Censors. Members could also participate in the monthly Self Assessment Correspondence Programme by answering the MCQ questions published in our college journal The Hong Kong Practitioner. The first Annual Refresher Course was started in 1981.

In 1984, the committee was renamed the Board of Education. The scope of activities was gradually widened to include Update Seminars, Clinical Attachment, Cardio-pulmonary Resuscitation (CPR) workshop, and Assessment Enhancement Course (AEC). In 2005, a video library was established and the Professional Development Subcommittee was formed to develop Special Interest Groups.

### The present

Currently the Board is chaired by Dr. Mary B. L. Kwong. There are various subcommittees under its umbrella to ensure the smooth and effective rundown of educational programmes. The various subcommittees are:

- Annual Update & Certificate Course Subcommittee
- Annual Refresher Course (ARC) Subcommittee
- Assessment Enhancement Course (AEC) Subcommittee
- **Clinical Attachment Subcommittee**
- Cardio-pulmonary Resuscitation (CPR) Subcommittee
- **Evaluation Subcommittee**
- Moderator Subcommittee
- Professional Development Subcommittee - Dermatology Interest Group

- Geriatric Interest Group
- Mental Health Interest Group
- Medico-legal Interest Group
- Neuro-musculoskeletal Interest Group
- Clinical Family Medicine Interest Group
- Small Discussion Group Subcommittee
- Video Viewing & Video Library Subcommittee
- Web Education Subcommittee

### Manila Event – Trauma to be Healed

On 23<sup>rd</sup> of August, we all witnessed the tragedy of the Manila Bus Hijacking event. Eight Hong Kong tourists were killed, and at the time of writing one remains comatose and two were injured physically. We feel deep sorrow for this event and hope the victims can recover both physically and mentally.

This is a shocking event that Hong Kong citizens have never encountered, and the wounds are well beyond those that can be seen. It is natural to feel afraid when in danger, and this fear triggers many changes in the body to defend against and avoid the danger. This "fight-or-flight" response is normal but may be changed or damaged under particular circumstances. People may feel stressed or frightened even when they're no longer in danger, which is one of the manifestations of "post traumatic stress disorder" (PTSD).

PTSD has three major components, namely "Re-experiencing", "Avoidance" and "Hyperarousal".

Patients may re-experience the event through flashbacks, bad dreams and frightening thoughts. These symptoms can be triggered by words, objects and situations which remind patients on the event. To avoid the distressing re-experience symptoms, patient may then have avoidance symptoms like staying away from places, events, or objects that are reminders of the experience. The avoidance also extends to affect psychological health where patients may feel numb emotionally, lose interest in activities that were enjoyable in the past, have trouble remembering the dangerous event, or feel guilty and depressed. Hyperarousal symptoms, rather than being triggered, are usually constant. Patients are easily startled, feeling tense or "on edge", and have difficulty in sleeping and concentrating.

It is natural to have some of these symptoms after a dangerous event; some may have serious symptoms but they may go away in few weeks' time. However if this problem persists for more than one month and becomes an ongoing problem, then we should suspect PTSD.

The main treatment for people with PTSD includes psychotherapy, medications, or both, depending on the individual situation. Psychotherapy for PTSD usually lasts for 6 to 12 weeks, and support from family and friends can be an important part of therapy. Cognitive behavioral therapy (CBT) is one type of psychotherapy which is helpful, it includes:

**Exposure therapy:** helps people face and control their fear, exposes them to the trauma in a safe way using imagery, writing, or visits to the place where the event happened.

**Cognitive restructuring** helps people make sense of the bad memories, patients may remember the event differently than how it happened and may feel guilt or shame about what is not their fault. The therapist helps patients look at the event in a realistic way.

**Stress inoculation** helps reduce anxiety from the symptoms of PTSD.

Concerning medication, selective serotonin reuptake inhibitors (SSRIs) are first-line medications for the treatment of PTSD. It is most effective in decreasing arousal and the re-experiencing symptoms. Evidence shows that patients treated with SSRIs are more likely to have improvements in functioning and symptoms than placebo. Research indicates that continuing the SSRI for at least six months in patients who respond to the medication reduce the rate of relapse. Benzodiazepines should generally be avoided as they are both ineffective and have a high rate of dependence. Other medicines including atypical anti-psychotics, mood stabilizers, alpha blockers and tricyclic antidepressants have been used but are not well backed up by clinical evidence.

### Compiled by Dr. Chun-Kong Yip

### References:

- 1. Post traumatic Stress Disorder, NIH Publication no. 08 6388, National Institutes of Health, U.S. Department of Health and Human Services
- 2. Brady K, Pearlstein T, Asnis GM, *et al.* Efficacy and safety of sertraline treatment of posttraumatic stress disorder: a randomized controlled trial. JAMA 2000; 283:1837.
- 3. Davidson J, Pearlstein T, Londborg P, et al. Efficacy of sertraline in preventing relapse of posttraumatic stress disorder: results of a 28-week double-blind, placebo-controlled study. Am J Psychiatry 2001; 158:1974.

# **TB's Special Medical Instruments: Part III**

Dr. TB Chan, Higher Trainee, New Territories East Cluster

In the last 2 issues, I shared with you the Macroview Otoscope, Digital Macroview Otoscope, Panoptic Ophthalmoscope and the Lumiview Portable Binocular Microscope. All of them are quite high tech and expensive. This time I will share with you some simple and cheap instruments, and hope that you may find them useful.

## V. Thudicum nasal speculum

When your patients complain of rhinitis symptoms, epistaxis or persistent nasal blockage, how would you inspect the nostrils? In the past I used to put in a traditional otoscope with a plastic earpiece and ask the patient to stop breathing during the examination. The problem with this method is that, young children and elderly people usually cannot stop breathing completely, and the fogging of the lens with obscure the view. Also the otoscope can only give you a small field of view, and you will not be able to appreciate the architecture of the turbinates and the nasal septum.



Different sizes are available, costing around \$50-70 each.



Fig 2: Use the Thudicum nasal speculum to dilate the nostrils, and then use the Lumiview Portable Binocular Microscope to inspect the structures inside.

With the help of this U-shaped metal nasal speculum (Fig 1), you will be able to appreciate the anatomy of the nasal septum and the turbinates. Of course you can use one hand to hold the speculum, and use the other hand to hold a penlight while examining the nose, but the best way to do the examination is to use an ENT headlight for illumination, so that you can free the other hand to adjust the position of patient's head while looking into the nostrils. By using this kind of nasal speculum, I am able to confidently diagnose nasal septal deviation, and am able to tell whether a patient's nose bleed is due to a Little's area or due to deeper

lesions. For patients presenting with symptoms of sinusitis, I can inspect the middle meatus for any purulent discharge.

# VI. Au's bottle

After seeing this photo (Fig 3), can you guess how this plastic bottle can be used in our clinical practice?

Medical textbooks usually teach us to use a large metal syringe for ear irrigation, but this is not available in my clinic. In the past I would use a 50ml syringe connected to an angiocatheter for syringing the ears, but an angiocatheter is actually quite expensive, and I would need to remove the angiocatheter for sucking water into the syringe repeatedly while performing the procedure. This method is both troublesome and time consuming.

This plastic bottle is actually a wash bottle, commonly used in secondary school chemistry laboratory. You can also use this bottle to irrigate your plants. This bottle was bought by "Dr. Au" of my clinic for irrigation of the ears, I believe that he may be the first doctor to invent such a method for ear irrigation, therefore I tried to call this instrument "Au's bottle". The tip of the bottle is small enough for putting into the ear canal. When pressing on the bottle, a continuous jet of water can be directed into the ear canal, the direction of jet can be easily adjusted to avoid damaging the tympanic membrane. The volume of water is usually large enough for removing all ear wax from one ear in one go, so that frequent refilling of water is not necessary. Unlike the 50ml syringe or the metal syringe, you can actually use one hand to hold and squeeze the Au's bottle, and the other hand for pulling the pinna to the direction you want. The Au's bottle, crocodile forceps, and the Lumiview portable binocular



microscope are the three instruments that I use to performing ear syringing effectively and independently.

This is the last instrument I would like to introduce to you at this moment. As finding good medical instruments is actually my hobby, I hope I will be able to write the fourth or even fifth article on special medical instruments in the near future. For any questions on the six instruments I have talked about, do feel free to email me at ctb907@yahoo.com.hk.

"Submissions of articles to Trainee Column with up to 1200 words are always welcome. Gift vouchers will be given as a token of appreciations for good works if the articles are selected for publication. Email: terlee@hkcfp.org.hk"



Acertl AR is a long-acting ACE inhibitor, International nonproprietary name: Perindopri, Indications: Essential hypertension, Stable coronary artery disease: reduction in risk of cardiac events in patients with a history of myocardial infarction and/or revaso, latization. Treatment of symptomatic heart failure. Dosage and administration: Acord IAR should be taken in the moning before food. Hypertension: Smg once daily then the dose may be increased to 10 mg after 1 month or treasment to inprove blood pressure cortrol or in case of concomany artery disease. Stable coronary artery disease: A stating dose of 5.mg or 2 weeks is recommended, then uptitation to 10 mg adventoring on acceptability. Congestive heart failure: Acertl AR should be taken in the moning before food. Hypertension: Smg once blood pressure acceptability has been demonstrated. Edual patients: stat treatment at 12.5mg daily. Contraindications: Children, Prepanoy. Lactation, Patients with a history of hypersensitivity to Acertl AR. Precautions: Assess real function before and during treatment where appropriate. Renovascular hypertension. Surgeryanesthesia. Renal failure: the dose should be catuloady adjusted in accordance with the creatinine dearance (refer to complete data sheet). Symptomatic hypotension is rarely seen, but is more likely patients: those treaver diguites; or with the first two doses, h duretor-created patients, stop the lateries 2 days before stating Accord IAR. A duret may late ingerise on the commended. Complete data sheet, disturbances or fmod and/or seen have increases the hypotensive effect. Secure Hitium concentrations may rise during later as a data of treatment, egalastic discontorin, tauses, addominal pain, and rash. Reversible increases in bood treat as the and the secure and creatinine may be observed. Proteinura has occurred in some patients, step the and treat fails and patients and the sen reported. Composition: Cause fails on country or country, please refer to the complete data sheed in Aceutica Si doperindophil. P



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# Interest Group in Mental Health & Psychiatry in Primary Care – the 23<sup>rd</sup> Meeting on 7<sup>th</sup> August 2010

Dr. Mark S. H. Chan (Co-ordinator) Board of Education

The 23<sup>rd</sup> Interested Group in Mental Health & Psychiatry in Primary Care Meeting was held on 7<sup>th</sup> August 2010. Dr. Wong Oi Ling is the guest speaker.

### The theme of the meeting is Working with Families-Systemic Perspective

**Speaker:** Dr. Wong Oi Ling, PhD **Moderator:** Dr. Mark S. H. Chan

As family doctors, we deal with families everyday. While family therapy is an established discipline, most of us have minimal exposure to how family therapy operates and the process which family doctors learn, assess and initiate referral for appropriate cases. In 2 consecutive meetings, we will explore these most related areas.

The theme of the first meeting is "How to work with family", using a systemic perspective. The speaker is Dr. Wong Oi Ling. Colleagues attended sessions at HKU Family Institute at Tsan Yuk Hospital will know Dr. Wong for sure.

Dr. Wong Oi Ling is Clinical Member of American Association for Marriage and Family Therapy, Approved Supervisor of American Association for Marriage and Family Therapy and Clinical-teacher Member of American Family Therapy Academy. Dr. Wong is a senior teaching consultant of the Department of Social work and Social Administration, and Family Institute of the University of Hong Kong. Dr. Wong is also a registered social worker.

### Learning points:

Dr. Wong began with the introduction on how individuals related to the extended society. The concept of Self- in- context was illustrated by concentric circles with the scope of immediate family, which is influenced by the broader society and culture.

The members of family work with interconnectedness. It is important to be aware of the Linear Thinking Vs Pattern of Interaction in dealing with families.

### Working Concepts

- Family life cycle
- Subsystems and boundary
- Parental hierarchy
- Coalition & triangulation
- Fusion & differentiation of self
- Complementarity (Pursuer & Distancer; Over-functioning & Under-functioning)
- Power & control
- Competence & strength

### Family Assessment

- Understanding the presenting problem: Bear in mind that the presenting problem or symptoms is a problem-saturated story & a partial reality;
- Understanding how the family organized around the symptoms: Not looking for CAUSES;
- 3. Understanding the family organization and family life;

- 4. How it may be connected with the symptoms or the presenting problem;
- 5. Translation of the individual difficulties into a family problem;
- 6. Individual-framed to relational framed; problemsaturated story to complex drama.

Dr. Wong illustrated the topic with 2 videos showing the presenting problems of families with an obese child. The interviewing techniques, and important features during assessments, including family interactions, verbal and body languages were vividly displayed.

The meeting concluded with interesting practical discussion on relations of family therapy and families doctors. It opens the door to family therapy on helping dysfunctional families. Interested colleagues would look forward to our Part II of the Family Therapy meeting. Dr. Lam Wing Wo, a well known figure in our College, as an experienced family physician with interest in community psychological problems and family therapy, will share with us his experience with sex therapy in the daily practice.

### References

- 1. Minuchin, S., Nichols, M. P. & Lee, W. Y. (2006). Assessing families and couples: From symptom to system. Boston, MA: Allyn & Bacon.
- 2. Wong, O.L. (2010). Childhood obesity in a Chinese family context. *Contemporary Family Therapy.*

### Next meeting

The next meeting will be held on Saturday 2nd Oct, 2010. The Guest speaker is Dr. Lam Wing Wo, Family Physician and the theme will be "Applying Sex Therapy to Family Practice".

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please contact our secretary at 2861 0220 two weeks beforehand for speakers to review the cases). Again, those who are experienced can share, less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.



Dr. Mary Kwong, Dr. Wong Oi Ling and Dr. Mark Chan









HONG KONG AND MACAU CHAPTER LIMITED

### **Certificate Course on Respiratory Medicine**

Co-organized by American College of Chest Physicians (Hong Kong and Macau Chapter) Hong Kong Thoracic Society The Hong Kong College of Family Physicians

Sponsored by GlaxoSmithKline Limited and The Homecare Medical Ltd.

Dates	: 25 September, 9, 23 October and 13 November, 2010 (Saturdays)
Time	: 1:00 – 2:15 pm Lunch
	2:15 – 4:45 pm Lectures & Discussion
CME/ CPD Points	: HKCFP : 3 CME Points for each session (Cat. 4.4)
	MCHK : 3 CME Points for each session
	HKCP : Pending
	Up to 2 CPD Points (Subject to submission of Satisfactory report of Professional Development Log)
Venue	: HKMA, 5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai.
Course	: Members (HKCFP or HKTS/ACCP) : HK\$100
	HKAM Registrants : HK\$150
	Non-members : HK\$200
	(All fees received are non-refundable and non-transferable.)
Co-ordinators	: Dr. Tse Pak Yiu
	Senior Medical Officer, Tseung Kwan O Hospital
	Dr. Francis W. T. Lee
	Member of Board of Education, The Hong Kong College of Family Physicians
Award	: Those who have attended 75% or more of all the sessions will be awarded a "Certificate of Attendance"
Capacity	: 60 participants

### Programme Schedule

Dates	Topics	Speakers	Moderators
25 Sept (Sat)	1. Smoking and Lung Health; Smoking Cessation	Dr. Thomas Y. W. Mok Chief of Service, Respiratory Medical Department, Kowloon Hospital	Dr. Francis Lee
	2. COPD – Why Some Patients are Better Managed?	Dr. Maureen M. L. Wong Consultant, Department of Medicine & Geriatrics, Caritas Medical Centre	
9 Oct (Sat)	1. Management of Tuberculosis: Local Perspective	Dr. C. K. Chan Senior Medical Officer, TB & Chest Service, Department of Health	Dr. Francis Lee
	2. Evaluation and Management of Obstructive Sleep Apnoea in Adults	Dr. Kah Lin Choo Senior Medical Officer, Department of Medicine, North District Hospital	
23 Oct (Sat)	1. Asthma: Updates on Management	Dr. Fanny W. S. Ko Associate Consultant, Department of Medicine & Therapeutics, Prince of Wales Hospital	Dr. Ngan Po Lun
	2. Community Acquired Pneumonia; Updates on Management	Dr. H. S. Chan Consultant, Department of Medicine, Alice Ho Miu Ling Nethersole Hospital	
13 Nov (Sat)	<ol> <li>Lung Cancer: Towards Earlier Diagnosis and Updates on Treatment</li> </ol>	Dr. James C. M. Ho Assistant Professor, Department of Medicine, Queen Mary Hospital	Dr. Ngan Po Lun
	2. Approach and Management of Pleural Effusion	<b>Dr. Johnny W. M. Chan</b> Consultant, Department of Medicine, Queen Elizabeth Hospital	

\*\*\* All cheques payable to **"HKCFP Education Ltd"**. For any enquiry, kindly contact College Secretariat, Ms Dickie Lam at 2528 6618. \*\*\*

### **REPLY SLIP**

To: HKCFP, Room 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, H.K. (Fax no.: 2866 0241)

I am a \*Member/HKAM Registrant/ Non Member of The Hong Kong College of Family Physicians or HKTS/ACCP Member. (\*Please delete as appropriate)

I would like to attend "Certificate Course on Respiratory Medicine".

Name: \_

\_\_\_\_ Tel: \_\_\_\_\_

\_\_\_\_ Date: \_\_\_\_

Email: \_

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

### 30<sup>th</sup> Annual Refresher Course 2010

### \* \* \* 1st Announcement \* \* \*

The 30<sup>th</sup> Annual Refresher Course (ARC) will be held from November 21, 2010 to December 12, 2010. There will be five Luncheon Lectures and four Workshops.

2 CME points will be awarded for each Luncheon Lecture and 3 CME points for each Workshop according to Category 4.5. MCQs will be distributed for each session of the Refresher Course, i.e. there are a total of 9 MCQ papers. The MCQ answers have to be returned to the College Secretariat on the original question forms within 2 weeks of the completion of the Refresher Course (latest by December 31, 2010). A member will be awarded 1 extra CME point for a score of over 60% for each MCQ paper. Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

As it is a history for such an educational program to be held continuously for quarter a century in Hong Kong, those who have attended 70% or more of all the sessions of the Refresher Course will be awarded a "Certificate of Attendance".

Members who have attended the ARC ten years or more will be awarded one free admission. Subsequently, members can enjoy another free admission after every five years of paid ARC attendance.

Registration is now open and must be made before 15<sup>th</sup> November 2010. As the number of space is limited, it will be offered on first come first served basis. Please also note that admission fees are not refundable. Ten free registrations for each Lecture and Workshop will be offered to student members who wish to apply for free registration, please call Ms. Dickie Lam at 2861 0220 before 15<sup>th</sup> November 2010.

Registration form could be enclosed.

### **Luncheon Lectures**

Date	November 23 (Tue)
Торіс	Vaccination
	Treatment and Prevention of Pneumococcal
	Infection in Children
Speaker	Dr. Ng Kwok Keung, Daniel
Moderator	Dr. Au-yeung Shiu Hing
Sponsor	Pfizer Corporation Hong Kong Limited
Date	November 25 (Thur)
Topics	Cardiology
	1. Impact of Early Disease Detection on the Prevention of Heart Disease and Stroke
	2. Minimal Invasive Surgery for Lung Cancer
Speakers	Dr. Mak Yiu Kwong, Gary
	Dr. Chui Wing Hung
Moderator	Dr. Ma Ping Kwan
Sponsors	AstraZeneca Hong Kong Limited and
	Covidien, Tyco Healthcare (HKSAR) Ltd.

Date	November 30 (Tue)	
Topics	Men's Health	
	1. Updates on Management of GERD and H. P. Eradication	
	2. RAS Blockade and Organ Protection	
Speakers	Dr. Cheung Ting Kin	
	Dr. Leung Tat Chi, Godwin	
Moderator	Dr. Au Chi Lap	
Sponsor	Takeda Pharmaceuticals Taiwan, Ltd.	
	Hong Kong Branch	
Date	December 2 (Thur)	
Торіс	Cardiology	
	Multi-risk Factors Approach to Address the 70%	
	Residual CV Risk of your Statins Treated Patients	
Speaker	Dr. Cheng Chun Ho	
Moderator	Dr. Au-yeung Shiu Hing	
Sponsor	Abbott Laboratories Limited	
Date +	December 7 (Tue)	
Торіс	Asthma	
	Management Update of Asthma	
Speaker	Dr. Grace Law	
Moderator	Dr. Tong Siu Man	
Sponsor	Sponsor GlaxoSmithKline Limited	
Venue :	Crystal Ballroom, Basement 3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui, Kowloon	
Time :	1:00 p.m. – 2:15 p.m. Buffet Lunch 2:15 p.m. – 3:30 p.m. Lecture 3:30 p.m. – 3:45 p.m. Discussion	

### Sunday Workshops

Date	November 21 (Sun)
Topics	Cardiovascular Workshop
	1. Optimize Hypertension Treatment in Daily
	Practice
	2. Reducing Complications in Acute Coronary
	Syndrome Patients
Speakers	Dr. Wu Chee On
	Dr. David C. K. Hu
Moderator	Dr. Francis W. T. Lee
Sponsor	Pfizer Corporation Hong Kong Limited
Date	November 28 (Sun)
Topics	Mental Health Workshop
	1. New Era in Managing GAD
	2. The Challenge of Improving Adherence in
	Depression Patients
Speakers	Dr. Kwan Ka Lik
	Dr. Cindy Chiu
Moderator	Dr. Chan Chi Wai
Sponsor	Pfizer Corporation Hong Kong Limited

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Date	December 5 (Sun)	Admission Fee	Members Free
Topics	Mood Disorder Workshop		Non – members HK\$ 300.00
·	To be confirmed		HKAM Registrants HK\$ 150.00
Speakers	To be confirmed		All fees received are non-refundable and non- transferable.
Moderator	Dr. Yeung To Ling		
Sponsor	Servier Hong Kong Limited	Accreditation	2 CME Points HKCFP (Cat. 4.3)
		_	2 CPD Points HKCFP (Cat. 3.15) 2 CME Points MCHK
Date	December 12 (Sun)		
Topics	Hepatitis Workshop	Language	Lecture will be conducted in English and Cantonese.
	To be confirmed		
Speakers	To be confirmed	Registration	Registration will be first come first served. Please reserve your seat as soon as possible.
Moderator	Dr. Chan Yin Hang		
Sponsor	GlaxoSmithKline Limited	Note	Participants are encouraged to present own cases for discussion.
Venue :	Crystal Ballroom, Basement 3,		Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.
venue .	Holiday Inn Golden Mile Hotel,		
	50 Nathan Road, Tsimshatsui, Kowloon		Sponsored by Pfizer Corporation Hong Kong Limited
Time :	1:00 p.m. – 2:15 p.m. Buffet Lunch		
	2:15 p.m. – 4:15 p.m. Lectures		

**Registration Fees** 

Registration fees for the whole Refresher Course (including five Luncheon Lectures and four Workshops) are:

4:15 p.m. - 4:45 p.m. Discussion

Members	:	HK\$600.00
Non-members	:	HK\$1200.00
HKAM Registrant	:	HK\$700.00

Spot admission fee for each Luncheon Lecture or Workshop is:Members:Non-members:HKAM Registrant:HK\$200.00

### FM Trainees Package:

Full Course	:	HK\$400.00
Sunday Workshops	:	HK\$150.00 for 4 Workshops
Luncheon lecture	:	HK\$80.00 each

Remarks: Topics may be subject to change. Lecture(s)/ Workshop(s) will be conducted in English.

2 October 20	10 Saturday
Board of Educat Psychiatry in Pri	ion Interest Group in Mental Health and mary Care
Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health
Theme	Applying Sex Therapy to Family Practice
Speaker	<b>Dr. Lam Wing Wo</b> Family Medicine in Private Practice
Co-ordinator & Chairman	<b>Dr. Chan Suen Ho, Mark</b> The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:15 p.m. Lunch 2:15 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

# 3 October 2010 Sunday

Topics and Speakers:

### 1. The Role of TZDs in the Management of Type 2 Diabetes

Professor Patrick J. Boyle Professor of Medicine, Department of Medicine, University of New Mexico

### 2. ARBs – Across the Cardiovascular Continuum

Professor Lam Yat Yin Associate Professor, Department of Medicine & Therapeutics, The Chinese University Hong Kong

### 3. Current Management of Acid Reflux Diseases

Dr. Raymond W. M. Wong Specialist in Gastroenterology and Hepatology				
Chairman	<b>Dr. Francis W. T. Lee</b> The Hong Kong College of Family Physicians			
Time	1:00 p.m. – 2:00 p.m. Lunch 2:00 p.m. – 4:30 p.m. Lectures & Discussion			
Venue	Shanghai Room, Level 8, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon			
Admission Fee	MembersFreeNon – membersHK\$ 300.00HKAM RegistrantsHK\$ 150.00			
	All fees received are non-refundable and non- transferable.			
Accreditation	3 CME Points HKCFP (Cat. 4.4) 3 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)			
Language	Lecture will be conducted in English.			
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.			

Co-sponsored by Takeda Pharmaceuticals Taiwan, Ltd. Hong Kong Branch

### 5 October 2010 Tuesday

Topic and Speaker:

### What are the Options of Treatment at Time of OAD Failure?

Dr. Chan Wing Bun Clinical Director, Qualigenics Diabetes Centre

Chairman	<b>Dr. Au-yeung Shiu Hing</b> The Hong Kong College of Family Physicians		
Time	1:00 p.m. – 2:15 p.m. Buffet Lunch 2:15 p.m. – 3:45 p.m. Lecture & Discussion		
Venue	The Pearl Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon		
Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00	
	All fees received are non-refundable and non- transferable.		
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)		
Language	Lecture will be conducted in English.		
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.		

### 18 October 2010 Monday

Topic and Speaker:

### Improving Asthma Care: The Individual and Community Approach

### Professor Tari Haahtela

	Professor Tari Haaht Professor in Clinical Allergology, University of Helsi		
Chairman	<b>Dr. Ma Ping Kwan</b> The Hong Kong College of Family Physicians		
Time	1:00 p.m. – 2:15 p.m. Buffet Lunch 2:15 p.m. – 3:45 p.m. Lecture & Discussion		
Venue	The Pearl Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon		
Admission Fee	MembersFreeNon – membersHK\$ 300.00HKAM RegistrantsHK\$ 150.00		
	All fees received are non-refundable and non- transferable.		
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)		
Language	Lecture will be conducted in English.		
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.		

Sponsored by

Merck Sharp & Dohme (Asia) Ltd.

### Monthly Video Viewing Sessions –

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at **Lecture Hall, 4/F,** Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Sponsored by

sanofi-aventis Hong Kong Limited

September's session:		October's session:			
Date	24 September, 2010 (Friday)	Date	29 October, 2010 (Friday)		
Time	2:30 p.m 3:30 p.m.	Time	2:30 p.m 3:30 p.m.		
Topics	<ol> <li>Don't you know? The Unmet Needs in Coronary Arterial Diseases –</li> </ol>	Торіс	Update of Management of Atopic Dermatitis Dr. Yeung Chi Keung		
	Dr. Chris K. Y. Wong	Admission	Free for Members		
	2. Understanding Fats: Good VS Bad – Ms. Sylvia S. W. Lam	Accreditation	1 CME Point HKCFP (Cat. 4.2)		
Admission	Free for Members		1 CME Point MCHK		
Accreditation	1 CME Point HKCFP (Cat. 4.2)		Up to 2 CPD Points (Subject to submission of satisfactory report of Professional		
	1 CME Point MCHK				
	Up to 2 CPD Points (Subject to submission		Development Log)		
	of satisfactory report of Professional	Language	Lecture will be conducted in English.		
Development Log)					
Language	Lecture will be conducted in English.				

### **Community Education Programmes**

Open and free to all members HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>9 October 2010 (Sat)</b> 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital	Refresher Course for Health Care Providers 2010/2011 – Interesting Radiology Interpretations for Primary Care Providers Dr. Chow Hung Lit Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel:: 2354 2440 Fax: 2327 6852
<b>23 October 2010 (Sat)</b> 2:15 – 3:45 p.m. 2 CME points	Lecture Theatre, G/F, Block F, United Christian Hospital, Kwun Tong, Kowloon	CME Course for Health Personnel 2010 – Vertigo Dr. Victor Abdullah Hong Kong Medical Association (KECN) & United Christian Hospital	Ms. Gary Wong Fax: 3513 5548

# **BOARD OF EDUCATION NEWS**

### **Structured Education Programmes**

Free to members HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration			
21 Sep 10 (Tue)						
5:30 – 8:00 p.m.	AB1028, 1/F, Main Block, Tuen	Journal Review	Ms. Chan			
3 CME points	Mun Hospital	Dr. Sze Lung Yam	Tel: 2468 6813			
22 Sep 10 (Wed)						
2:15 – 4:45 p.m.	AB1028, 1/F, Main Block, Tuen	Difference Between Hospital & General Practice	Ms. Chan			
3 CME points	Mun Hospital	Dr. Mok Kwan Yeung	Tel: 2468 6813			
2:15 – 5:15 p.m.	Multi-media Conference Room,	Introduction of Community Resources	Ms. Cordy Wong Tel: 3513 3087			
3 CME points	2/F, Block S, United Christian Hospital	Dr. Yung Yin Ying and Dr. Kwok Tsz Tik	Tel: 3513 308/			
5:00 – 7:00 p.m.	Lecture Theatre, 6/F, Tsan Yuk	Public-private Interface	Ms. Man Chan			
2 CME points	Hospital	Dr. Cheng Chun Sing, David	Tel: 2589 2337			
28 Sep 10 (Tue)						
5:30 – 8:00 p.m.	AB1028, 1/F, Main Block, Tuen	Social Security Services for the Elderly	Ms. Chan			
3 CME points	Mun Hospital	Dr. Lam Wai Hang, Eddie	Tel: 2468 6813			
29 Sep 10 (Wed)	1					
2:15 – 4:45 p.m.	AB1028, 1/F, Main Block, Tuen	Exercise Prescription	Ms. Chan			
3 CME points 2:15 – 5:15 p.m.	Mun Hospital Multi-media Conference Room,	Dr. Li Shun Hoi Emergency Infectious Disease	Tel: 2468 6813 Ms. Cordy Wong			
3 CME points	2/F, Block S, United Christian	Dr. Yuen Ching Yi and Dr. Cheng Ying Wai	Tel: 3513 3087			
o omz pomo	Hospital					
5:00 – 7:00 p.m.	Lecture Theatre, 6/F, Tsan Yuk	Care of Patients with Thyroid Diseases	Ms. Man Chan			
2 CME points	Hospital	Dr. Lai Sum Yin	Tel: 2589 2337			
5:00 – 7:30 p.m.	Li Ka Shing Specialist Clinic, 3/F,	Evidence for Managing Common Complaints:	Ms. Susanna Tong			
3 CME points	Seminar Room, Prince of Wales Hospital	Abnormal Blood Dr. Wong Pak Kin	Tel: 2632 3480			
30 Sep 10 (Thur)	Поэрна					
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O	Emergency Infectious Disease	Ms. Cordy Wong			
3 CME points	Hospital	Dr. Fu Siu Saap and Dr. Yiu Kam Yi	Tel: 3513 3087			
4:00 – 6:00 p.m.	Room 614, Ambulatory Care	How to Handle Abnormal Investigation Results	Ms. Chan			
2 CME points	Centre, Tuen Mun Hospital	Dr. Sze Siu Lam and Dr. Ha Kwok Leung	Tel: 2468 6813			
5:00 – 7:00 p.m.	Room 41, 2/F, Pamela Youde	Cleansing, Sterilisation & Disinfection	Ms. Chan			
2 CME points	Nethersole Eastern Hospital	Dr. Wong Chit Wing	Tel: 2468 6813			
5 Oct 10 (Tue)	AD1000 1/E Main Diasta Tana	Financial Management in Clinic	Ma Char			
5:30 – 8:00 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Financial Management in Clinic Dr. Wong Man Kin	Ms. Chan Tel: 2468 6813			
6 Oct 10 (Wed)	Mail 105pital		101. 2400 0013			
2:15 – 4:45 p.m.	AB1028, 1/F, Main Block, Tuen	Anxiety Disorder, PTSD and Stress Management	Ms. Chan			
3 CME points	Mun Hospital	Dr. Leung Hoi Lik	Tel: 2468 6813			
2:15 – 5:15 p.m.	Multi-media Conference Room,	Age Related Macular Degeneration	Ms. Cordy Wong			
3 CME points	2/F, Block S, United Christian	Dr. Patrick Li	Tel: 3513 3087			
5:00 – 7:00 p.m.	Hospital Lecture Theatre, 6/F, Tsan Yuk	Gunas Tania - Dra marital Cauncelling	Ms. Man Chan			
2 CME points	Hospital	Gynae Topic – Pre-marital Counselling Dr. Lee Ling Hin	Tel: 2589 2337			
7 Oct 09 (Thur)		2200 L	1011 2007 2007			
2:15 – 5:15 p.m.	Classroom, G/F, Tseung Kwan O	Common Symptoms in Medicine & Geriatrics	Ms. Cordy Wong			
3 CME points	Hospital	Dr. Kwong Lok See and Dr. Zhu Guixia	Tel: 3513 3087			
4:00 – 6:00 p.m.	Room 614, Ambulatory Care	Drug Dispensing in Hong Kong	Ms. Chan			
2 CME points	Centre, Tuen Mun Hospital	Dr. Lo Sze Mon	Tel: 2468 6813			
12 Oct 10 (Tue)						
5:30 – 8:00 p.m.	AB1028, 1/F, Main Block, Tuen	Family: Responsibilities of Child and Parents	Ms. Chan			
3 CME points	Mun Hospital	Dr. Chow Chong Kwan	Tel: 2468 6813			
13 Oct 09 (Wed)	AP1029 1/E Main Plank Tuan	Haw to Handle Abnormal Investigation Desult	Ma Chan			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	How to Handle Abnormal Investigation Result Dr. Wong Chun Fai	Ms. Chan Tel: 2468 6813			
2:15 – 5:15 p.m.	Multi-media Conference Room,	Review on Childhood Immunization and Other	Ms. Cordy Wong			
3 CME points	2/F, Block S, United Christian	Vaccines	Tel: 3513 3087			
	Hospital	Dr. Kwan Sze Sing and Dr. Yip Wing Yi				
5:00 – 7:00 p.m.	Lecture Theatre, 6/F, Tsan Yuk	Vocational Training Review	Ms. Man Chan			
2 CME points 5:00 – 7:30 p.m.	Hospital Li Ka Shing Specialist Clinic, 3/F,	Dr. Wan Wing Fai	Tel: 2589 2337			
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales	Application of Family Lifecycle to Daily Proctice Dr. Hau Sin Yin	Ms. Susanna Tong Tel: 2632 3480			
	Hospital		1011 2002 0 100			
14 Oct 09 (Thur)			Ms. Cordy Wong			
<b>14 Oct 09 (Thur)</b> 2:15 – 5:15 p.m.	Multi-media Conference Room,	Review on Childhood Immunization and Other	wis. Cordy workg			
	2/F, Block S, United Christian	Vaccines	Tel: 3513 3087			
2:15 – 5:15 p.m. 3 CME points	2/F, Block S, United Christian Hospital	Vaccines Dr. Yiu Kwan and Dr. Man Fung Yi	Tel: 3513 3087			
2:15 – 5:15 p.m. 3 CME points 4:00 – 6:00 p.m.	2/F, Block S, United Christian Hospital Room 614, Ambulatory Care	Vaccines           Dr. Yiu Kwan and Dr. Man Fung Yi           Preventing Childhood Accidents	Tel: 3513 3087 Ms. Chan			
2:15 – 5:15 p.m. 3 CME points	2/F, Block S, United Christian Hospital	Vaccines Dr. Yiu Kwan and Dr. Man Fung Yi	Tel: 3513 3087			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<sup>12</sup> Sep	13	14	15	16 2:15 – 7: 00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	<b>17</b> <b>1:00 – 3:45 p.m.</b> Advances in Diagnosis and Management of Rheumatic Disease	18 2:15 – 3:45 p.m. Community Education Programme
19	20	21	22	23	24	25
<b>1:00 – 5:00 p.m.</b> Medico-legal Alert Conjoint Written Examination - MCQ <b>2:00 – 6:00 p.m.</b> MCQ Standardization	<b>6:00 – 10:00 p.m.</b> MCQ Standardization	<b>5:30 – 8:00 p.m.</b> Structured Education Programme	<b>2:15 – 7:00 p.m.</b> Structured Education Programme		<b>2:30 – 3:30 p.m.</b> Board of Education Video Session	<b>1:00 – 4:45 p.m.</b> Certificate Course on Respiratory Medicine
26	27	28 5:30 – 8:00 p.m. Structured Education Programme 9:00 p.m. Board of Education Meeting (tentative)	29 2:15 – 7:30 p.m. Structured Education Programme	30 2:15 - 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting Application Deadline for recommendation for Exit Exam (BVTS)	1 Ost	2 1:00 – 4:00 p.m. Board of Interest Group in Mental Health and Psychiatry in Primary Care 2:00 – 6:00 p.m. AEC Mock Exam
<b>3</b> <b>1:00 – 4:30 р.т.</b> СМЕ Symposium	4	5 1:00 – 3:45 p.m. What are the Options of Treatment at Time of OAD Failure? 5:30 – 8:00 p.m. Structured Education Programme	6 2:15 – 7:00 p.m. Structured Education Programme	7 2:15 – 6:00 p.m. Structured Education Programme	8	9 1:00 – 4:45 p.m. Certificate Course on Respiratory Medicine 2:30 – 4:30 p.m. Community Educatior Programme
10	11	12 5:30 – 8:00 p.m. Structured Education Programme	13 2:15 – 7:30 p.m. Structured Education Programme	14 2:15 – 7:00 p.m.	15	16
17 OSCE Rehearsal	18 1:00 – 3:45 p.m. Improving Asthma Care: The Individual and Community Approach	19	20	21 9:00 p.m. Council Meeting	22	23 1:00 – 4:45 p.m. Certificate Course on Respiratory Medicine 2:15 – 3:45 p.m. Community Educatior Programme
24	25	26	27	28	29 2:30 – 3:30 p.m. Board of Education Video Session	<b>30</b> OSCE Exam Day 1

FP LINKS EDITORIAL BOA	RD 2010			
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, , , , , , , , , , , , , , , , , , ,	Dr. Dorothy Law Dr. Maria Leung	Section Coordinator (Photo Gallery)	Red	: Education Programmes by Board of Education
Denote Editory	Dr. Ngai Ka Ho Dr. Sin Ming Chuen		Green	: Community & Structured Education Programmes
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