



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Family Physicians Links

Message from the President



In our 33rd AGM held on December 4, 2010, Dr. Gene Tsoi and Dr. Chan Hung Chiu retired as our President and Vice-President (Education and Examinations). Myself, Dr. Angus Chan Ming Wai, Dr. Law Tung Chi and Dr. Lau Ho Lim were elected President, Vice President (Education and Examinations), Honorary Secretary and Honorary Treasurer for 2010-2012. Dr. Chan Hung Chiu, Dr. Mark Chan, Dr. Cheung Man Kuen, Dr. Tony Lee and Dr. Wendy Tsui retired and were re-elected Council Members for 2010-2013. Mr. Anthony Chow and Mr. C F Cheung were elected again our Honorary Legal Advisor and Honorary Auditor. I would like to thank Mr. Chow and Mr. Cheung for their continued service to the College. I would also like to express my deepest gratitude to the outgoing Council, and Dr. Gene Tsoi and Dr. Chan Hung Chiu for their outstanding leadership during their term.

It is my great honour to be able to serve the College as President. I joined the College as a vocational trainee soon after my son was born. While I have been parenting my children, the College has also been parenting me, providing me with good teachers, brothers and sisters who share the same dream of delivering best holistic care to our patients. I am deeply grateful to the College for equipping and enhancing not only my professional work but also my personal growth.

The AGM was followed by our annual dinner. College members, fellows, their

families and our staff shared this family dinner together. We were joined by Professor Amanda Howe, the HKCFP Visiting Professor, and her husband, Mr. Barry Price.

Professor Howe is Professor of Primary Care, School of Medicine, Health Policy and Practice, University of East Anglia, Honorary Secretary of Royal College of General Practitioners, and Consultant in Primary Care of National Health Service, UK. Her activities in Hong Kong include undergraduate and postgraduate teachings, the Mood Disorder Workshop of our Annual Refresher Course, and the CUHK-HKU Joint Family Medicine Research Meeting Group.

I would like to congratulate the University of Hong Kong that the former Family Medicine Unit has been restructured to become the Department of Family Medicine and Primary Care since October 5, 2010 under the leadership of Professor Cindy Lam. The Government has also established the Primary Care Office to support and co-ordinate the development of primary care in Hong Kong in September, 2010 headed by Dr. Chiu Pui Yin, Amy, JP. Dr. Wendy Tsui, our fellow and council member, has been appointed Consultant (Primary Care), and Dr. Luk Wan and Dr. Too Lai Chong, also our fellows, have been appointed Associate Consultants in the Primary Care Office. These two events mark a

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Hong Kong Primary Care Conference 2011

A New Frontier

First Announcement

It is our great pleasure to announce that the first Hong Kong Primary Care Conference (HKPCC), organized by the Hong Kong College of Family Physicians, will be held on 28 – 29 May 2011 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

Spurred on by the great success of our past Annual Scientific Meetings, the Hong Kong College of Family Physicians is now expanding our Annual Scientific Meeting into an exciting new conference that is relevant to the much broader primary care community. We hope to provide a platform to share the latest scientific updates, current development and future trends in primary care, and to allow college members and other members of the primary care team (family physicians, nurses, community and allied health practitioners) to network and learn from one another.

The theme of this inaugural conference is “A New Frontier”. As our government’s recent healthcare policy is placing a great emphasis on the development of primary care, we hope our new-found conference will provide a new frontier for the fields of primary care, by bringing experts and practitioners together and encouraging future development and collaboration.

We now cordially invite you to submit abstracts for free paper presentations and posters, to participate in our full paper competition, and to register for the conference. Instructions for abstract submission and full paper competition are available on the next few pages and at our College website.

More information on the first Hong Kong Primary Care Conference will follow soon in the future issues of the Hong Kong Practitioner and FP Links, as well as on our College website. It is our hope that your attendance and contribution will help in shaping the future of primary care in Hong Kong. Please come and join us!

Dr. Man-kuen Cheung

Chairlady

Organizing Committee

Hong Kong Primary Care Conference 2011

Hong Kong Primary Care Conference 2011

A New Frontier

Full Paper Competition

(Submission Deadline: 31 March 2011, Thursday)

We cordially invite your participation in the Full Paper Competition of the HKPCC 2011. The Competition is a long-standing tradition of HKCFP for promoting and recognizing well-designed, innovative research, which bears potential to exert impact in clinical practice or development in the field of primary care.

The HKPCC 2011 Organizing Committee will invite renowned scholars to review the participating papers. Judges appointed by the Organizing Committee will determine the final awardees based on qualities of the papers.

The winner will be awarded the Best Research Paper Award, which will be presented at the opening ceremony of the HKPCC 2011. The winning team will also be featured in our college newsletter – Family Physicians Links (FP Links).

Awards

The **Best Research Paper Award** winner will receive **HK\$5,000** and a certificate.

Eligibility Requirements and Author Guidelines

To be eligible for participation in the full paper competition, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author must register at the Conference;
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards.

The participating papers should be full-length articles. They should include a structured abstract of no more

than 250 words. The text should contain between 2,000- 3,000 words, organized as INTRODUCTION, METHOD, RESULTS and DISCUSSION. It should consist of no more than 5 illustrations (tables/figures).

Electronic version is preferred. The full paper should be typed in 12 point size in Microsoft Word format.

Award Selection Criteria

Each paper will be evaluated against the following criteria:

1. Academic rigor of the paper (e.g. originality, methodology, organization and presentation)
2. Relevance to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care)

How to Submit

By Email – Attach the paper with the completed “Full Paper Submission Form” and send to hkpcc@hkcfp.org.hk.

IMPORTANT: Please download the Full Paper Submission Form from our College’s Website www.hkcfp.org.hk and submit the paper with the form.

Submission Deadline

31 March 2011 (Thursday)

If you have any questions concerning the HKPCC 2011 Full Paper Competition, please do not hesitate to contact Mr. Patrick Wu or Ms. Teresa Liu, the HKPCC 2011 Secretariat, by phone at 2528 6618 or by email: hkpcc@hkcfp.org.hk.

We look forward to receiving your research articles!

Hong Kong Primary Care Conference 2011

A New Frontier

Abstract Submission Instructions

Abstract Format

- Electronic version is preferred. Abstracts should be typed in 12-point size in Microsoft Word format. Handwritten abstracts will not be accepted.
- The abstract must not exceed 250 words, and should be organized as follows: TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and DISCUSSION. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- All presenting authors must register at the Conference.
- Authors' full names and affiliations must be specified. Surnames should be printed in bold.
- All abstracts must be submitted in either English or Chinese. All accepted abstracts must be presented in English.

How to Submit

By Email – Attach the abstract with the completed “Abstract Submission Form” and send to hkpcc@hkcfp.org.hk.

IMPORTANT: Please download the Abstract Submission Form from our College's Website www.hkcfp.org.hk and submit the abstract with the form.

Please Note

- 1) The submitted abstract must not be identical to abstracts submitted to other conferences.
- 2) The Organizing Committee will have the right of final decision on the acceptance of an abstract.
- 3) Only **ONE** designated presenter can present an accepted abstract. Co-authors are welcome to register and attend the session.
- 4) Acknowledgement will be sent by email upon receipt.
- 5) If you have any questions concerning the abstract submission, please contact Mr. Patrick Wu or Ms. Teresa Liu, by phone at 2528 6618 or by email hkpcc@hkcfp.org.hk.
- 6) The deadline for abstract submission is **31 March 2011 (Thursday)**.

Hong Kong Primary Care Conference Logo Competition

Wanted!
Artistic abilities!
And right cerebral users!

The Organizing Committee of the upcoming Hong Kong Primary Care Conference (HKPCC) is now holding a logo competition and all are welcome to participate!

As you all know from our Chairlady's first announcement, the Hong Kong College of Family Physicians' former Annual Scientific Meeting has evolved into the Hong Kong Primary Care Conference. A new logo is needed as we embark on this exciting new venture. We now cordially invite all artistic brains to join in this competition. The winning logo will become the proud symbol of HKPCC, and will be used in various materials and applications related to HKPCC.

Prize:

Winner: \$1000 Cash Award

Timeline

Submission deadline: 31st January, 2011

Announcement of result: as soon as possible at HKCFP Website. The winner will be contacted by our staff at the conclusion of the competition.

Submission details:

- The submitted entry must be the designer's original work
- Entries can be submitted on paper or in electronic format. We are looking for a logo that presents well in both media. Supplementary written explanation of your idea is welcome, although not mandatory.
- Designers can submit as many entries as their creativity affords. The sky is the limit!!!

- The entry should be submitted together with the completed submission form, which includes the designer's name, mailing address, email address, and telephone number.
- All entries will be acknowledged upon receipt.
- All entries will become the property of the Hong Kong College of Family Physician
- Entries will not be returned.
- Entries should be emailed to: hkpcc@hkcfp.org.hk

Judging Panel:

- The Organizing Committee of the upcoming HKPCC 2011

Judging Criteria:

The Organizing Committee will be basing their decision on

- How well the logo works as a symbol of the Conference and the content and values behind it.
- How well the logo will work across online and print media, and the various applications, in terms of legibility, size/area, graphic strength etc

If you have any questions concerning the Logo Competition, please do not hesitate to contact Mr. Patrick Wu or Ms. Teresa Liu, the HKPCC 2011 Secretariat, by phone at 2528 6618 or by email: hkpcc@hkcfp.org.hk.



Message from the President

great step forward in the education and delivery of Family Medicine in Hong Kong. I do look forward to more collaborations with the Universities, the Government, the Hospital Authority and also colleagues in private practice to further advance our specialty and strengthen primary care in Hong Kong and the region.

Last but not least, I would like to thank all members and fellows for your hard work to uphold our College goal to establish and maintain high standards of training and practice of Family Medicine, and your families for their support in our pursuit of standards and advancement.

Dr. Ruby S Y Lee
President

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15th December 2010 to 14th January 2011, Dr. Law Tung Chi and Dr. Mary Kwong will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.



Dr. Law Tung Chi



Dr. Mary Kwong

Dr. Tony C K Lee
Co-ordinator, CMOD System

Board of Conjoint Examination News

The Board of Conjoint Examination is pleased to announce that the following candidates have successfully passed the 24th Conjoint (Clinical Segment) HKCFP/RACGP Fellowship Examination 2010:

Dr. Chan Shuk Yan Angela	Dr. Li Hei Lim
Dr. Chan Man Hung	Dr. Lo Tsz Yan
Dr. Cheng Chun Sing David	Dr. Pon Wai Pi
Dr. Cheuk Christina	Dr. Siu Lok Man
Dr. Cheung Kin Wan Kelvin	Dr. Tang Man Leung Thomas
Dr. Chim Shiu Cheung Michael	Dr. Tsang Ming Lam
Dr. Choi Chuen Ming Clarence	Dr. Tsui Ka Chun
Dr. Chu Lai Shan	Dr. Wong Hing Lam
Dr. Hsu Kwok Fai David	Dr. Wong Ka Ki David
Dr. Hui Ka Fung	Dr. Wong Pak Kin
Dr. Hung Lok Lam Susanna	Dr. Yau Kin Chung
Dr. Kwok Chi Ming	Dr. Yeung Hoi Pun
Dr. Lee Chi Leung	Dr. Yuen Yuk Kwun Natalie
Dr. Leung Man Yin	Dr. Yuen Yeuk Ying

Congratulations to you all.

Dr. Chan Hung Chiu
Chairman, Board of Conjoint Examination

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that **ALL** basic trainees must submit the annual checklist to the Board of Vocational Training and Standards **EITHER** by registered post **OR** in-person **ON OR BEFORE 31st January 2011 (Monday)**. Late submission will not be accepted.

The training experience of 2010 **WILL NOT** be accredited if the trainee fails to submit the checklist on or before the deadline.

Basic Training Subcommittee

BVTS

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that **ALL** higher trainees should submit the annual checklist to our Board **EITHER** by registered post **OR** in-person **ON OR BEFORE 28 February 2011 (Monday)**. Late submission will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook **ON OR BEFORE 28 February 2011**.

The training experience of 2010 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Higher Training Subcommittee

BVTS

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training program.

For those who prepare to sit for the Exit Examination in **2013**, please submit the application for higher training **ON OR** before **28 February 2011 (Monday)** in order to meet the requirement for sitting Exit Examination. The application form can be obtained from the College Secretariat or downloaded from the College web site.

Higher Training Subcommittee

BVTS

Internal Affairs Committee News

FM Ensemble

Dr. Kenny Kung, Trainer, New Territories East Cluster

Following their performance at the WONCA 2009 opening reception, singers from our college gathered again at the recent Tripartite Conference, singing in front of another international crowd.

Our performers comprised mainly trainees, but there were the odd "older" people as well as families of college members taking part. This truly reflected our FM's principle of involving the family!

The ensemble began their rehearsals back in April, meeting up every month in a clubhouse somewhere in Kowloon. Things were not as smooth as it could be imagined, with rehearsals hampered by servicing duties, trainees requiring to take conjoint or exit exams, as well as people falling sick (yeh, the stress of work AND college commitments!). Nevertheless, everyone gave their all during each rehearsal, culminating to a great performance on the night. We actually prepared six pieces, including "Those were the days", "Greatest love of all", "Kowloon Hong Kong", "Top of the world", "We are the world", "Heal the world"; however, our performance tickled the vocal cords of our Secretary of Food and Health Bureau, Dr. York Chow, who sang his heart out with backing from our ensemble. Although we only got to perform three songs, all members thoroughly enjoyed the experience...after all, it is not every day that you get to sing in front of an international crowd, or sing with a high ranking government official!!!!

Here I would like to thank all members of the ensemble for their time and commitment. Without them, the event would not have been as successful as it was. I would also like to encourage any readers who have an interest to sing to join us!

List of performers:

Conductor:

Dr. Eric Leung

Instrumentalists:

Dr. Raymond WM Yeung – saxophone

Dr. Dana Lo – pipa

Dr. Charmaine Cheung – piano

Singers:

Dr. Catherine Ng

Dr. Christie Chong

Dr. Christina Cheuk

Dr. Eric Lee

Dr. Frances Yu

Dr. Kenny Kung

Dr. Natalie Siu

Dr. Vicky Wong

Dr. Wendy Lui

Dr. Zabo Sze Pok Chung



Dr York Chow and us singing "Words"



Everyone gave their best after months of hard work



We are singing at HKAM Tripartite Conference

Diploma in Family Medicine (HKCFP) 1st Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in June 2011.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology
Contents:	<u>FIVE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	<u>5 compulsory and 1 elective</u> Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

June to September 2011	Module I
November 2011 to January 2012	Module II
July 2011 to May 2012	Module III, IV & V
May 2012	Final Examination

5. Admission Requirements:

Medical Practitioner with Bachelor’s degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:
HK\$25,000 for members of HKCFP
HK\$50,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before May 15, 2011)

In addition, the first 10 General Practitioners in Hong Kong who enroll successfully with the Diploma course on/before the deadline will enjoy further course fee reduction of HK\$2,000.

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$3,000	\$6,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$3,000	\$6,000
Module III (Structured Lectures & Seminars)	\$2,000	\$4,000
Module IV (Updates & Clinical Attachment)	\$2,600	\$5,200
Module V (Practical Workshops)	\$3,600	\$7,200

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- i) A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- ii) The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- iii) 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practicing Certificate
- ii) A recent photo of the applicant (passport size)
- iii) A signed "Disclaimer of Liability"
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable.
- v) A Course Fee of HK\$25,000 (or HK\$50,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2010 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms Winnie Lee at 2861 0220 for any queries.

11. Application Deadline: June 17, 2011

Comments From Former DFM Graduates

- The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge. The Module I, II & III could improve my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Au Chi Lap
Chairman
The Board of DFM

*Course syllabus and schedule may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women’s Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Certificate Course in Family Medicine (HKCFP) 1st Announcement

The Board is pleased to announce that the **NEW** Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in June 2011.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires FIVE months of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of **THREE** compulsory segments. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) knowledge and skills in some common practice procedures required in family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II- Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc (Subject to further selection)

Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires FIVE months of part-time studies.

June to October 2011	Segment I & II
1-day workshop in October 2011	Segment III

4. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

6. Teaching Medium:

English

7. Course Fees:

HK\$6,000 for members of HKCFP
HK\$12,000 for non-members

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate
- ii) A recent photo of the applicant (passport size)
- iii) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable
- iv) A Course Fee of HK\$6,000 (or HK\$12,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms Winniea Lee at 2861 0220 for any queries.

10. Application Deadline: June 17, 2011

Dr. Au Chi Lap
Chairman, The Board of DFM

*Course syllabus and schedule may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.

RAMP and PEP. What are they?

Dr. Hui Ming Tung, Eric

Associate Consultant, Department of Family Medicine, New Territories East Cluster, Hospital Authority

In 2009, Hospital Authority launched several programmes to improve the standards of care for chronic diseases in primary care particularly in General Outpatient Clinics (GOPCs). Two of them are Risk Assessment and Management Programme (RAMP) and Patient Empowerment Programme (PEP).

The Risk Assessment and Management Programme (RAMP)

The Risk Assessment and Management Programme is provided by a multidisciplinary health care team consisting of doctors, nurses, dietitians, podiatrists, physiotherapists etc. It aims at providing risk

assessment and timely intervention to patients with chronic diseases so as to prevent complications and improve the standard of care. The first chronic disease to tackle is diabetes mellitus which is one of the most common chronic diseases seen in GOPCs. Patients are firstly recruited for a comprehensive diabetic complications screening including blood and urine tests, foot examination and retinal photos. They are then stratified to different risk levels. Prompt interventions will be offered to patients based on the problems identified and risk levels, which will include education and counseling by advance practice nurses, intensified treatment by designated doctors, referrals to dietitians, podiatrists and specialists etc.



Assessment for diabetic retinopathy by retinal photography



Assessment of vibration sensation of foot



Individual education and counseling by nurse

The Patient Empowerment Programme (PEP)

In the comprehensive management of chronic diseases, active patient participation and partnership with health care professionals are the keys to disease. Patient reinforcement and empowerment are essential to the prevention of complications. With the fact that a significant proportion of patients with chronic diseases in Hong Kong are not adequately educated or empowered to care for their own chronic conditions, the PEP programme aims to provide

these patients with knowledge, skills and self-awareness of their own disease conditions and promote autonomous self-regulation so that their potential for health and wellness can be maximized. It includes health education, skill transfer, self-efficacy enhancement, mutual support groups and targeted treatment plan.

Non-government organizations (NGOs) having expertise in community medical services and patient education are invited to conduct the programme. The target patients at the initial phase will be those patients with diabetes or hypertension in GOPCs. Currently those NGOs providing this programme include St. James Settlement, Hong Kong Society for Rehabilitation and Tung Wah Group.



Teaching on the use of glucometer



Food diary and home glucose monitoring record



Group exercise

Vitamin E and Stroke

Cardiovascular diseases are the leading cause of death in Hong Kong and stroke is one which is particularly disabling. Lipid peroxidation plays a central role in atherogenesis which raises hopes that antioxidants including vitamin E may protect against cardiovascular disease. Data from observational studies suggested a protective effect against coronary heart disease, which have made vitamin E a popular choice of dietary supplement in up to 12.7% of adults in the United States.

However, a number of large, randomized, placebo controlled trials and two meta-analyses on vitamin E have shown disappointing results, and have shown that it may even increase the risk for all cause mortality if taken in high doses. The pathophysiology of stroke is not a single entity and is different from that of myocardial infarction, thus Markus Schürks and his group conducted a systematic review and meta-analysis of randomized, placebo controlled trials to study the effect of vitamin E on stroke subtypes.

In his study, two investigators independently assessed the eligibility of identified trials, and two different investigators independently extracted data. Risk ratios were calculated for each trial based on the number of cases and non-cases randomized to vitamin E or placebo. Pooled effect estimates were then calculated. Articles with a follow-up of less than one year, without placebo control, no randomisation, use of tocopheryl nicotinate rather than α -tocopherol, and meta-analysis were excluded.

A total of nine trials were included with 118,765 participants (59,357 randomized to vitamin E and 59,408 to placebo). Of these nine trials, five studied the use of vitamin E for secondary prevention, whilst four of them looked at primary prevention. The vitamin E dose ranged from 50 mg daily to 300 mg daily and 400 IU every other day to 800 IU daily. Data collected were analysed by fixed effects model (Mantel-Haenszel method) and random effects model (DerSimonian and Laird method).

They found that vitamin E increased the risk for haemorrhagic stroke by 22% and reduced the risk of ischaemic stroke by 10%. In view of relatively small reduction in risk of ischaemic stroke and more severe outcome of haemorrhagic stroke, they advised against the indiscriminate widespread use of vitamin E.

Reference:

Schürks M, Glynn RJ, Rist PM, Tzourio C, Kurth T. Effects of vitamin E on stroke subtypes: meta-analysis of randomised controlled trials. *BMJ* 2010;341:c5702

New Chinese name for Dementia – 腦退化症

Since 29th of October, Dementia is now renamed as “腦退化症” after a renaming competition jointly held by the Jockey Club Centre for Positive Ageing, Department of Health, Hospital Authority, the Chinese University of Hong Kong and the University of Hong Kong.

The organizers aimed to help eliminate misunderstanding and arouse public awareness about dementia and hoped that the new name could reduce the social stigma, thus reducing the difficulty of early diagnosis and treatment.

However, the Hong Kong Psychogeriatric Association comments that “腦退化症” does not reflect the nature and symptoms of dementia and is not consistent with the existing terms used in Mainland China 「痴呆症」 or Taiwan 「失智症」. They suggest postponing the renaming for two years, until the publication of DSM V which may use the term “Major Cognitive Disorder” instead of “dementia”. They also hope for the involvement of more professional bodies in the selection process.

Compiled by Dr. Chun-Kong Yip

References:

1. <http://www.jccpa.org.hk>
2. <http://www.hkpga.org/main.php?id=80>

Board of Diploma in Family Medicine (DFM)

Chairman: Dr. Simon C. L. Au

List of Members

Dr. Stephen K. S. Foo	Course Director
Professor Cindy L. K. Lam	Course Advisor
Dr. Raymond C. H. Lo	Course Advisor
Professor Donald K. T. Li	Course Co-ordinator
Dr. Gene W. W. Tsoi	Course Co-ordinator
Dr. Chan Chi Wai	Deputy Chairman, DFM Assessment & Examination Subcom
Dr. Chan Wing Yan	Module I & II Co-ordinator
Dr. Au-yeung Shiu Hing	Module III Co-ordinator
Dr. Mary B. L. Kwong	Module IV Co-ordinator
Dr. Wong Pak Hoi	Module V Co-ordinator
Dr. Chan Man Li	



Front row (from left to right): Dr. Chan Wing Yan, Dr. Raymond Lo, Dr. Simon Au, Dr. Mary Kwong, Dr. Chan Chi Wai

Back row (from left to right): Dr. Au-yeung Shiu Hing, Ms Charlotte Sham, Dr. Wong Pak Hoi

The DFM Course entered its eighth year in 2010. This was a fruitful year as seventeen candidates fulfilled all the requirements of the course and passed all the assessments and the Final Examination. The Board appreciated their commitment to strengthen their knowledge and skills in Family Medicine and congratulated them on their achievement.

Besides, two candidates fulfilled all the requirements of CFM Course and passed all the assessments. Graduates could pursue a further six-month study to Diploma level if they pass the final examination.

This year, the DFM Board organized a consultation workshop to promote DFM Course. The workshop attracted more than one hundred doctors to enroll. The Board also adjusted the admission regulations, to extend our DFM training programme to doctors outside Hong Kong. For the first time, the Board received application from our Macau colleague. In future, the Board hopes to promote DFM Course to doctors in Mainland China.

The opening ceremony of Tung Wah Group of Hospitals Integrated Centre on Smoking Cessation

Dr. Teresa WANG, Associate Member of the Hong Kong College of Family Physicians

The Tung Wah Group of Hospitals (TWGHs) Integrated Centre on Smoking Cessation (ICSC) held a grand opening ceremony at the main hall of Tung Wah Hospital on 1st November 2010, with Prof. Huang Jiefu, the Vice-Minister of the Ministry of Health, and Dr. York Chow, Secretary for Food and Health, as the officiating guests. Our President, Dr. Gene Tsoi, being one of the key collaborating partners of the centre, was also invited to attend the ceremony. As a part-time medical officer working at the ICSC, I also shared the joy in this memorable event.

The College of Family Physicians has always been very supportive on promoting smoking cessation. Smoking cessation counseling is included in the training of all family medicine trainees and is always a popular examination question. Scientific evidence has demonstrated that brief advice on quitting given to smokers by doctors could increase their motivation to quit.¹ Family physicians are in the best position to help their patients who keep on smoking and have yet to take the action to quit. In response to the initiatives by the Tobacco Control Office, Department of Health, more formal training on smoking cessation management will be provided to the members in the future.

Quitting smoking is not easy. Helping smokers quit smoking is even more difficult. Borrowing the slogan of Quit Victoria² "never give up giving up"; we could all help in promoting smoke-free culture in our community and improve the health of our population by actively participating in smoking cessation.

References:

1. Stead LF, Bergson G, Lancaster T. Physician advice for smoking cessation. *Cochrane Database Syst Rev* 2008(2):CD000165.
2. <http://www.quit.org.au>



(From right to left) Dr. Gene Tsoi with Prof. Huang Jiefu (Vice-minister of Health of PRC) and Mr. Billy Leung (Chairman of TWGHs 2010/2011 Board of Directors)



Group photos before the ceremony (above) and on the stage (below)

Board of Diploma in Family Medicine (DFM)

Dates : 8, 15, 22, 29 January, 2011 (Saturdays)

Topics and Speakers :

Dates	Topics	Speakers
8 January	Module V – Counselling Workshop I	Dr. Daniel W. S. Chu
15 January	Module V – Counselling Workshop II	Dr. Daniel W. S. Chu
22 January	Module V – Women’s Health	Dr. Clement L. K. Chan
29 January	Module III – Clinical Audit & Quality Assurance	Dr. Linda Y. F. Hui

Co-ordinators: Dr. Au-yeung Shiu Hing and Dr. Wong Pak Hoi
Members, The Board of Diploma in Family Medicine, HKCFP

Venue : 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Time : 2:15pm – 5:00pm Lecture and Discussion

Accreditation : 3 CME Points HKCFP (Category 4.3)
 3 CME Points MCHK

Registration Fees (Please tick as appropriate):

Topics	HKCFP Member	Non-member
Module V – Counselling Workshop I	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
Module V – Counselling Workshop II	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
Module V – Women’s Health	<input type="checkbox"/> HK\$400	<input type="checkbox"/> HK\$800
Module III – Clinical Audit & Quality Assurance	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400

Capacity : 20 Doctors

Registration : Registration will be first come first served. For registration or any enquiry, please call the College secretariat, Ms Dickie Lam at 2861 0220. All cheques are payable to “HKCFP Education Ltd”. Please mail the cheque to Rm 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK. All fees received are non-refundable and non-transferable.

To : HKCFP, Rm 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK. (Fax: 2866 0981)

Dear Sir/ Madam,

I am a *Member/ Non-Member of the Hong Kong College of Family Physicians. (*Please delete as appropriate)

I would like to attend **Module III or/and Module V** at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Name : _____

Tel No. : _____

Email : _____

Date : _____

HONG KONG CHECK 2011

CONTINUOUS HOME EVALUATION OF CLINICAL KNOWLEDGE

Published by the Royal Australian College of General Practitioners for the last 25 years, *Check* is one of the most successful continuous medical education journals in the world.

The Hong Kong College of Family Physicians, in collaboration with the Royal Australian College of General Practitioners, runs a Hong Kong version of the Check program.

It comes in case presentation format and examines a different medical topic every other month.

Now the *Hong Kong Check* for 2011 (6 issues) is open for subscription. Those who wish to subscribe please fill in the form below and mail it back to the Editor with payments. The subscription rates will be \$550 for members and \$850 for non-members.

Members who subscribe to the *Hong Kong Check* 2011 will be awarded CME credit points for satisfactory completion (at least 75% of the questions) of the HKCFP "Check on Check" program issued at the end of the year.



Editor,
The Hong Kong Practitioner,
HKCFP,
Room 802, 8th Floor,
Duke of Windsor Social Service Building,
15 Hennessy Road, Hong Kong.

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I wish to subscribe to the *Hong Kong Check* for the year 2011. Enclosed please find cheque payment of \$550 / \$850 (**payable to HKCFP Education Ltd.**)

Signature : _____
Name : _____
Address : _____
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**Please delete as appropriate*

The HKCFP Award for the Best Research of 2010

The Research Committee of the Hong Kong College of Family Physicians has an Award for the Best Research of the Year 2010. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award would be presented at the Conferment Ceremony in 2011.

Entry and assessment criteria are listed below:

Entry Criteria:

- 1. The principal investigator has to be a member or fellow of the Hong Kong College of Family Physicians.*
- 2. The research must be original work of the investigator(s).*
- 3. The research should be done in Hong Kong.*
- 4. The research must have been completed.*
- 5. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Harvard or Vancouver format.*

Assessment Criteria:

- 1. How relevant are the topic and finding to Family Practice?*
- 2. How original is the research?*
- 3. How well designed is the methodology?*
- 4. How well are the results analysed and presented?*
- 5. How appropriate are the discussion and conclusion(s) drawn?*
- 6. How useful are the results for patient care in Family Practice?*
- 7. How much effort is required?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm. 802, 8/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

DEADLINE OF SUBMISSION: 31st January, 2011.

HKCFP Research Fellowship 2011

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in family medicine. The grant is up to the value of HK\$100,000. It provides the successful candidate with protected time to develop research skills. Applicants are expected to have regular contact with a nominated supervisor with **research doctorate degree or equivalent**.

Eligibility

Applicants for the HKCFP Research Fellowship must be active fellows, active full members or associate members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

Selection criteria

Applications will be judged on*:

- training potential of applicants
- relevance to family medicine and community health
- quality
- value for money
- completeness (incomplete or late applications will not be assessed further).

** Please note that new researchers and those at an early stage of their research careers are encouraged to apply.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Tel: 2861 0220 Fax: 2866 0981
2. Applicants must submit:
 - the completed application form,
 - the signed terms and conditions of the HKCFP Research Fellowship,
 - a curriculum vitae from the principle investigator,
 - a curriculum vitae from the co-investigator(s), AND
 - a curriculum vitae from the supervisor.
3. Applications close: March 31, 2011. Late applications will not be accepted.
4. Applications must be sent to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

Interest Group in Dermatology – the 22nd Meeting on 6th November 2010

Dr. Wong Nai Ming (Co-ordinator)
Board of Education

The 22nd Dermatology Interest Group meeting was held on 6th Nov 2010. Our speaker was Professor Henry Chan, a dermatologist in private practice, an honorary professor of Faculty of Medicine, University of Hong Kong and a visiting scientist, Wellman Center of Photomedicine, Harvard Medical School. Professor Chan's topic was Cosmetic Dermatology and our sponsor was Galderma HK Ltd.

Cosmetic dermatologists use various different laser systems for Non-ablative Skin Rejuvenation. Each laser machine with one fixed wavelength is used for one specific and selective purpose, resulting in more confined damage and hence greater efficacy. One machine may be used to target pigments, the other for blood vessels and a third for collagen, etc. Intense Pulsed Light (IPL) has a spectrum of wavelengths. It can do a bit of everything but not specific enough for all purposes and it may cause greater degree of damage.

In treatment of acne scars and moderate degree of wrinkles, Non-ablative Fractional Resurfacing machine has advantages over the previously used Carbon Dioxide Laser ablative skin resurfacing system, namely: (1) its ability to limit the area of open wound and hence lower the risk of bacterial and viral infections and (2) higher penetration power.

For deep wrinkles and scars, Ablative Fractional Resurfacing machine can be used to vaporize collagens resulting in immediate skin tightening, however there is a high chance of post-inflammatory hyperpigmentation as a complication, especially in Asians.

Non-invasive Skin Tightening is another popular cosmetic procedure. By using Monopolar Radiofrequency (now in the third

generation) and Focused Ultrasound, energy is delivered 2 to 4 mm deep into the dermis inducing collagen damage, with subsequent healing process leading to skin tightening.

Professor Chan also discussed two machines for body contouring. Interested readers can refer to the article written by Professor Chan in the November issue of the Hong Kong Medical Diary. One thing to note is that body contouring machines cannot induce body weight reduction, they can only help in modifying body contours.

Finally, Professor Chan stressed the importance of informed consent. In any cosmetic treatment, a patient should never be urged to do a procedure and a doctor should not run a beauty parlour. A patient should be given detailed explanation on the efficacies and complications of the various options and helped to make the final decision. Detailed consent form should be signed, even for minor procedures (e.g. cryotherapy). Pre- and post-procedure photos should be documented for medicolegal reasons.

Our next meeting will be on 5th March 2011.



- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

Diabetes Clinical Attachment for Family Physicians

Dates	10, 17, 24, February 2011 3, 10, 17, 24, 31 March 2011 7, 14, 21, 28 April 2011
Organizers & Course Directors	Diabetes Ambulatory Care Centre, Department of Medicine & Geriatrics, United Christian Hospital Dr. Grace Kam Associate Consultant, Diabetes Team, United Christian Hospital The Hong Kong College of Family Physicians Dr. Kwong Bi Lok, Mary Chairlady, Board of Education, The Hong Kong College of Family Physicians
Objectives	<ul style="list-style-type: none"> • To update Family Physicians with current management of DM problems • To provide opportunities to gain knowledge and practical experience in outpatient management of DM patient, emphasizing on comprehensive DM complication screening and goal of management • To facilitate public private interface relationship between Hospital and the graduates of this course (For details, please call Dr. YEUNG To Ling, course coordinator at 2387 2088.)
Course Structure	The attachment will consist of 12 two hourly sessions, including lectures, outpatient clinics, ward-rounds and workshops. One session per week from 2:00 p.m. - 4:00 p.m. on Thursdays.
Time	2:00 p.m. – 4:00 p.m.
Venue	Library Conference Room, 1/F, Block H, United Christian Hospital, Kwun Tong, Kowloon
Topics	Diagnosis and Classification of DM; Electronic Medical Record; Microvascular Complications; Complication Screening; Eye Complications; Renal Complications; Foot Complications; Foot Assessment Workshop; Cardiovascular Complications; Neurological Complications; Fundamentals & Strategies of Diabetic Nutritional Support; Treatment (Oral); Case Round; Treatment (Insulin); Initiation of Ambulatory Insulin; Obesity of Metabolic Syndrome; Case Illustration; BP & Lipids Management Case Illustration; Pre-diabetes; DM Nurse Case Round; Self Monitoring of Blood Glucose Patient Empowerment
Course Fee	HK\$2,600 All cheques payable to "HKCFP Education Ltd"
Enrolment	Please call Ms Winniea Lee at 2861 0220 for details <u>on or before December 31, 2010</u> . Registration will be first come first served.
Certification	A certificate of attendance will be awarded under the names of organizers for participant who has over 80% attendance.
Accreditation	Up to 15 CME points (Category 4.8) & 5 CPD points (Category 3.16) for the whole attachment

Monthly Video Viewing Session –

Monthly video viewing session will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

January's session:

Date	28 January, 2011 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	New Treatment Update in Allergic Rhinitis – Dr. Gary K.K. Yip
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programmes

Open and free to all members

HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
8 January 2011 (Sat) 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Refresher Course for Health Care Providers 2010/2011 – Update in Hepatitis Dr. To Hing Ting Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

Structured Education Programmes

Free to members

HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
22 Dec 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Health Care Delivery System in Australia Dr. Li Shun Hoi	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Approach to Abnormal Laboratory Results in Asymptomatic Patients (Part II) (Anaemia, Microscopic Haematuria, Proteinuria, Renal Impairment) Dr. Wan Pui Chu and Dr. Yuen Ching Yi	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	PA – Sterilization, Disinfection Dr. Cheng Chun Sing, David	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Difficult Patients: Non-compliant, Manipulative, Angry, Aggressive Dr. Judy Cheng	Ms. Susanna Tong Tel: 2632 3480
23 Dec 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Approach to Abnormal Laboratory Results in Asymptomatic Patients (Part II) (Anaemia, Microscopic Haematuria, Proteinuria, Renal Impairment) Dr. Yiu Kwan and Dr. Li Ming Yin	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Advanced Life Support Dr. Leung Hoi Lik and Dr. Chow Chong Kwan	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Review of FM Training Dr. Leung Tsi Mei, Violet	Ms. Kwong Tel: 2595 6941
29 Dec 10 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Sharing of Experience on Private Practice Dr. Wong Chun Fai and Dr. Ho Tsz Bun	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Review of Functional Food and Dietary Supplement Dr. Kwong Sheung Li and Dr. Cheung Ying Wai	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Updates in Immunizations / Vaccinations Childhood to Adulthood Dr. Wong Sum Lok	Ms. Man Chan Tel: 2589 2337
30 Dec 10 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Review of Functional Food and Dietary Supplement Dr. Hung Wai Shan and Dr. Leung Yuen Kin	Ms. Cordy Wong Tel: 3513 3087

4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Health Care Delivery System in the Netherlands Dr. Wong Hing Lam and Dr. Yip Chun Kong	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Sports First Aid & Injury Prevention Dr. Yio Shing	Ms. Kwong Tel: 2595 6941

5 Jan 11 (Wed)

2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Neuro-Linguistic Programming (NLP) in Consultation Dr. Leung Hoi Lik	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Health Care Delivery System in UK Dr. Kwok Tsz Tik and Dr. Chan Hau Ting	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Family Medicine: Core Values; Family Physicians Functions Dr. Yuen Yuk Kwun, Natalie	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Principle of Family Medicine Dr. Yau Chi Fai	Ms. Susanna Tong Tel: 2632 3480

6 Jan 11 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Health Care Delivery System in UK Dr. Yiu Kam Yi and Dr. Fu Siu Saap, Michelle	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	The Fundamentals of Family Medicine Dr. Leung Hor Yee	Ms. Chan Tel: 2468 6813

12 Jan 11 (Wed)

2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Advance Directive Dr. Sze Siu Lam	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Cataract – Causes, Symptoms, Types and Treatment Dr. Orlando Chan	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Male Sexual Dysfunction - Premature Ejaculation, Loss of Sexual Drive Dr. Lai Sum Yin	Ms. Man Chan Tel: 2589 2337

13 Jan 11 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Management of Bereavement Dr. Yiu Kwan and Dr. Man Fung Yi	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Recent Advances in Consultation Dr. Ho Tsz Bun and Dr. Lo Cheuk Wai	Ms. Chan Tel: 2468 6813

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²Understanding Potential Long-term Impacts on Function with Tiotropium.
³References: 1. Global Initiative for Chronic Obstructive Lung Disease. Global strategy for the diagnosis, management, and prevention of chronic obstructive pulmonary disease. Updated 2009. <http://www.goldcopd.org>. Accessed April 19, 2010. 2. Tashkin DP, Celli B, Senn S, et al, on behalf of the UPLIFT[®] Investigators. Understanding Potential Long-term Impacts on Function with Tiotropium Study Investigators. A 4-year trial of tiotropium in chronic obstructive pulmonary disease. *N Engl J Med*. 2008;359:1543-1554. 3. Casaburi R, Kukafka D, Cooper CB, Witek TJ Jr, Kirsten S. Improvement in exercise tolerance with the combination of tiotropium and pulmonary rehabilitation in patients with COPD. *Chest*. 2005;127:809-817. 4. Troosters T, Celli B, Lyszig T, et al, on behalf of the UPLIFT[®] Investigators. Tiotropium as a first maintenance drug in COPD: secondary analysis of the UPLIFT[®] trial. *Am J Respir Crit Care Med*. 2010 Feb 25 [epub ahead of print]. 5. Data on file. Boehringer Ingelheim International GmbH; 2010.
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Dec	13	14	15	16 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	17	18 1:00 – 4:30 p.m. Type 2 DM and Insulin Management
19	20 7:30 p.m. Specialty Board Meeting	21	22 2:15 – 7:30 p.m. Structured Education Programme	23 2:15 – 7:00 p.m. Structured Education Programme	24	25
26	27	28	29 2:15 – 7:00 p.m. Structured Education Programme	30 2:15 – 7:00 p.m. Structured Education Programme	31	1 Jan
2	3	4	5 2:15 – 7:30 p.m. Structured Education Programme	6 2:15 – 6:00 p.m. Structured Education Programme	7	8 2:15 – 5:15 p.m. DFM Module V – Counselling Workshop I
9	10	11 9:00 p.m. Board of Education Meeting	12 2:15 – 7:00 p.m. Structured Education Programme 7:30 p.m. DFM Exam Subcom Meeting	13 2:15 – 6:00 p.m. Structured Education Programme	14	15 2:15 – 5:15 p.m. DFM Module V – Counselling Workshop II
16	17	18	19	20	21	22 2:15 – 5:15 p.m. DFM Module V – Women's Health Workshop
23	24	25	26	27	28 2:30 – 3:30 p.m. Board of Education – Video Session	29 2:15 – 4:45 p.m. DFM Module III – Clinical Audit & Quality Assurance
30	31 Deadline for annual checklist submission (Basic Training) Deadline for application for Best Research	1 Feb	2	3	4	5

FP LINKS EDITORIAL BOARD 2010

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- Red** : Education Programmes by Board of Education
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