



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Family Physicians Links

Message from the President

Happy New Year!



Souvenir presentation to the speaker, Dr. Tsang Man Wo, Consultant (Medical & Geriatric Department), United Christian Hospital

2011 has marked not only the beginning of a new Year but also the beginning of our new 2011-2013 CME/CPD triennium cycle. For this cycle, we have changed the requirements for the award of QA Certificate from an annual to a triennium requirement. Within the three-year cycle, at least 90 credit points must be obtained from a combination of CPD and CME activities. Of these 90 credit points, at least 30 credit points must be obtained from CPD activities. Unless otherwise specified, a maximum of 45 credit points within the three-year cycle will be counted for each type of educational activities. Participants must participate in a minimum of 3 different types of activities. This change will not only be more in line with the Hong Kong Academy of Medicine (HKAM) and Royal Australian College of General Practitioners CME/CPD cycle and requirements, but will also allow participants to better plan and organize their lives in the coming three years for events such as childbirth, pursuit of other higher academic qualifications, or overseas voluntary humanitarian work; and for more flexibility in unfortunate events such as ill health or accidents. However, for those preparing for their Conjoint FHKCFP/RACGP Examination in the coming few years, please also note the present annual requirements as set out in the

Memorandum and Articles of our College for election to Fellowship to avoid future disappointment.

Besides our Quality Assurance Program, we shall also be constantly reviewing our examinations, training and education programs for the best interests of our members and fellows, and the changing needs of the world and our community.

On December 18, 2010 afternoon, I attended the CME Course for Health Professionals - Type 2 Diabetes Mellitus and Insulin Management Workshop. The workshop was educational, interesting and well-attended. It was co-organized by our College, Hong Kong Medical Association Kowloon East Community Network (KECN) and United Christian Hospital, Hospital Authority, a successful collaboration between hospital and community, public and private institutes.

Last but not least, I wish you all a most prosperous and healthy New Year, a year which we shall keep our good traditions and also change for the better.

Dr. Ruby S Y Lee
President



Group photo

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Issue 83
January 2011

Hong Kong Primary Care Conference 2011

A New Frontier

First Announcement

It is our great pleasure to announce that the first Hong Kong Primary Care Conference (HKPCC), organized by the Hong Kong College of Family Physicians, will be held on 28 – 29 May 2011 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

Spurred on by the great success of our past Annual Scientific Meetings, the Hong Kong College of Family Physicians is now expanding our Annual Scientific Meeting into an exciting new conference that is relevant to the much broader primary care community. We hope to provide a platform to share the latest scientific updates, current development and future trends in primary care, and to allow college members and other members of the primary care team (family physicians, nurses, community and allied health practitioners) to network and learn from one another.

The theme of this inaugural conference is “A New Frontier”. As our government’s recent healthcare policy is placing a great emphasis on the development of primary care, we hope our new-found conference will provide a new frontier for the fields of primary care, by bringing experts and practitioners together and encouraging future development and collaboration.

We now cordially invite you to submit abstracts for free paper presentations and posters, to participate in our full paper competition, and to register for the conference. Instructions for abstract submission and full paper competition are available on the next few pages and at our College website.

More information on the first Hong Kong Primary Care Conference will follow soon in the future issues of the Hong Kong Practitioner and FP Links, as well as on our College website. It is our hope that your attendance and contribution will help in shaping the future of primary care in Hong Kong. Please come and join us!

Dr. Man-kuen Cheung

Chairlady

Organizing Committee

Hong Kong Primary Care Conference 2011

Hong Kong Primary Care Conference 2011

A New Frontier

Full Paper Competition

(Submission Deadline: 31 March 2011, Thursday)

We cordially invite your participation in the Full Paper Competition of the HKPCC 2011. The Competition is a long-standing tradition of HKCFP for promoting and recognizing well-designed, innovative research, which bears potential to exert impact in clinical practice or development in the field of primary care.

The HKPCC 2011 Organizing Committee will invite renowned scholars to review the participating papers. Judges appointed by the Organizing Committee will determine the final awardees based on qualities of the papers.

The winner will be awarded the Best Research Paper Award, which will be presented at the opening ceremony of the HKPCC 2011. The winning team will also be featured in our college newsletter – Family Physicians Links (FP Links).

Awards

The **Best Research Paper Award** winner will receive **HK\$5,000** and a certificate.

Eligibility Requirements and Author Guidelines

To be eligible for participation in the full paper competition, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author must register at the Conference;
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards.

The participating papers should be full-length articles. They should include a structured abstract of no more

than 250 words. The text should contain between 2,000- 3,000 words, organized as INTRODUCTION, METHOD, RESULTS and DISCUSSION. It should consist of no more than 5 illustrations (tables/figures).

Electronic version is preferred. The full paper should be typed in 12 point size in Microsoft Word format.

Award Selection Criteria

Each paper will be evaluated against the following criteria:

1. Academic rigor of the paper (e.g. originality, methodology, organization and presentation)
2. Relevance to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care)

How to Submit

By Email – Attach the paper with the completed “Full Paper Submission Form” and send to hkpcc@hkcfp.org.hk.

IMPORTANT: Please download the Full Paper Submission Form from our College’s Website www.hkcfp.org.hk and submit the paper with the form.

Submission Deadline

31 March 2011 (Thursday)

If you have any questions concerning the HKPCC 2011 Full Paper Competition, please do not hesitate to contact Mr. Patrick Wu or Ms. Teresa Liu, the HKPCC 2011 Secretariat, by phone at 2528 6618 or by email: hkpcc@hkcfp.org.hk.

We look forward to receiving your research articles!

Hong Kong Primary Care Conference 2011

A New Frontier

Abstract Submission Instructions

Abstract Format

- Electronic version is preferred. Abstracts should be typed in 12-point size in Microsoft Word format. Handwritten abstracts will not be accepted.
- The abstract must not exceed 250 words, and should be organized as follows: TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and DISCUSSION. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- All presenting authors must register at the Conference.
- Authors' full names and affiliations must be specified. Surnames should be printed in bold.
- All abstracts must be submitted in either English or Chinese. All accepted abstracts must be presented in English.

How to Submit

By Email – Attach the abstract with the completed “Abstract Submission Form” and send to hkpcc@hkcfp.org.hk.

IMPORTANT: Please download the Abstract Submission Form from our College's Website www.hkcfp.org.hk and submit the abstract with the form.

Please Note

- 1) The submitted abstract must not be identical to abstracts submitted to other conferences.
- 2) The Organizing Committee will have the right of final decision on the acceptance of an abstract.
- 3) Only **ONE** designated presenter can present an accepted abstract. Co-authors are welcome to register and attend the session.
- 4) Acknowledgement will be sent by email upon receipt.
- 5) If you have any questions concerning the abstract submission, please contact Mr. Patrick Wu or Ms. Teresa Liu, by phone at 2528 6618 or by email hkpcc@hkcfp.org.hk.
- 6) The deadline for abstract submission is **31 March 2011 (Thursday)**.

Hong Kong Primary Care Conference Logo Competition

Wanted!
Artistic abilities!
And right cerebral users!

The Organizing Committee of the upcoming Hong Kong Primary Care Conference (HKPCC) is now holding a logo competition and all are welcome to participate!

As you all know from our Chairlady's first announcement, the Hong Kong College of Family Physicians' former Annual Scientific Meeting has evolved into the Hong Kong Primary Care Conference. A new logo is needed as we embark on this exciting new venture. We now cordially invite all artistic brains to join in this competition. The winning logo will become the proud symbol of HKPCC, and will be used in various materials and applications related to HKPCC.

Prize:

Winner: \$1000 Cash Award

Timeline

Submission deadline: 31st January, 2011

Announcement of result: as soon as possible at HKCFP Website. The winner will be contacted by our staff at the conclusion of the competition.

Submission details:

- The submitted entry must be the designer's original work
- Entries can be submitted on paper or in electronic format. We are looking for a logo that presents well in both media. Supplementary written explanation of your idea is welcome, although not mandatory.
- Designers can submit as many entries as their creativity affords. The sky is the limit!!!

- The entry should be submitted together with the completed submission form, which includes the designer's name, mailing address, email address, and telephone number.
- All entries will be acknowledged upon receipt.
- All entries will become the property of the Hong Kong College of Family Physician
- Entries will not be returned.
- Entries should be emailed to: hkpcc@hkcfp.org.hk

Judging Panel:

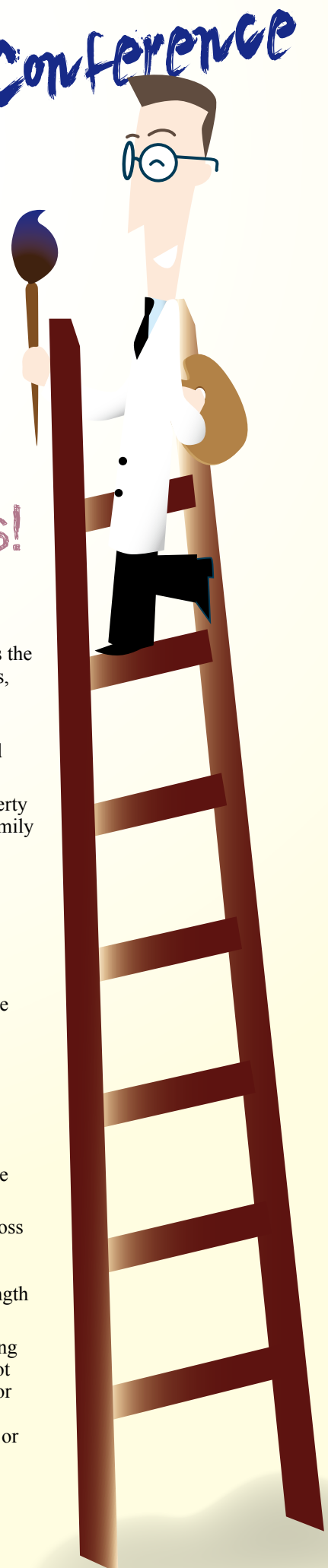
- The Organizing Committee of the upcoming HKPCC 2011

Judging Criteria:

The Organizing Committee will be basing their decision on

- How well the logo works as a symbol of the Conference and the content and values behind it.
- How well the logo will work across online and print media, and the various applications, in terms of legibility, size/area, graphic strength etc

If you have any questions concerning the Logo Competition, please do not hesitate to contact Mr. Patrick Wu or Ms. Teresa Liu, the HKPCC 2011 Secretariat, by phone at 2528 6618 or by email: hkpcc@hkcfp.org.hk.



Hong Kong Primary Care Conference 2011

Organized by The Hong Kong College of Family Physicians

28 – 29 May 2011, HKAM Jockey Club Building, Wong Chuk Hang, HK

"A New Frontier"

REGISTRATION FORM

Name : Prof. / Dr. / Mr. / Mrs. / Ms. _____

Institution : _____

Contact No. : _____ Member ID (if applicable) : _____

Email : _____ Fax : _____

**Details or updates would be sent by email*

REGISTRATION (please tick as appropriate):

	HKCFP Member	Non-member
HKCFP Hong Kong Primary Care Conference	<input type="checkbox"/> Complimentary	<input type="checkbox"/> HK\$600
Workshops		
Workshop 1 : Wound Management	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
Workshop 2 : Psychotherapy	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400

Each participant can only register for **ONE** workshop
Workshop registration is subject to availability. Cheques will be returned to unsuccessful registrants.

COMPLIMENTARY TRANSPORTATION

Pick-up Points	28 May 2011 (Sat)	29 May 2011 (Sun)
Admiralty	<input type="checkbox"/>	<input type="checkbox"/>
Kowloon Tong MTR station	<input type="checkbox"/>	---
Tuen Mun Hospital	<input type="checkbox"/>	---

Note: Details concerning the transportation arrangements will be further announced.

PAYMENT METHOD

Please send completed registration form with crossed cheque payable to "HKCFP Education Ltd" to the address: Room 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong.

If you have any questions concerning HKPCC 2011, please contact Mr. Patrick Wu or Ms. Teresa Liu, the HKPCC 2011 Conference Secretariat, by email: hkpcc@hkcfp.org.hk or by phone at 2528 6618.

Signature: _____ Date: _____

Registration forms can also be downloaded through College website - www.hkcfp.org.hk.

The 33rd HKCFP Annual General Meeting

Following the 33rd Annual General Meeting on 04 December 2010, and the 359th Council meeting on 16 December 2010, the following Council Members were elected / co-opted:

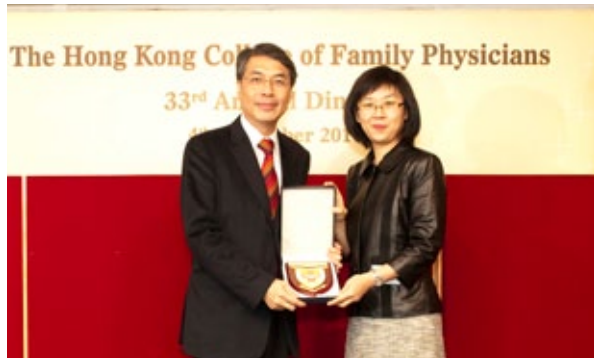
Dr. Ruby S Y LEE	President
Dr. Angus M W CHAN	Vice-President (Education and Examinations)
Dr. LAW Tung Chi	Honorary Secretary
Dr. LAU Ho Lim	Honorary Treasurer
Dr. CHAN Hung Chiu	Council Member
Dr. Mark S H CHAN	Council Member
Dr. CHEUNG Man Kuen	Council Member
Dr. Tony C K LEE	Council Member
Dr. Wendy W S TSUI	Council Member
Dr. David V K CHAO (Co-opted)	Council Member
Dr. Linda Y F HUI (Co-opted)	Council Member

Congratulations! We extend our hearty welcome to them.

The Council would like to thank Dr. Gene Tsoi, Dr. Chan Hung Chiu and Dr. Andrew Ip for their valuable contributions to the College in the past years.



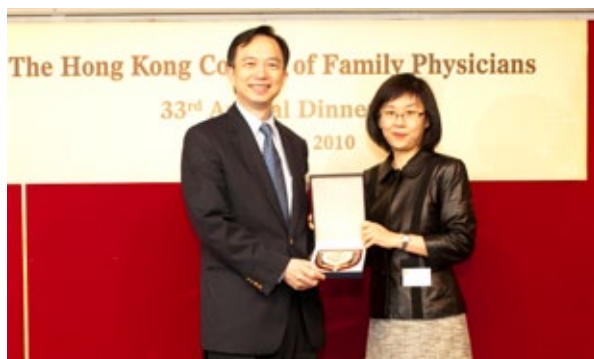
College Executives (From left to right): Dr. Lau Ho Lim, Dr. Mary B L Kwong, Dr. Ruby S Y Lee, Dr. Angus M W Chan, Dr. Law Tung Chi



Our new President, Dr. Ruby Lee presenting a souvenir to our Immediate Past President Dr. Gene W W Tsoi



Dr. Chan Hung Chiu, our past Vice-President (Education and Examinations)



Dr. Andrew Ip, our past President and Council member

The Composition of the Council is as follows:

- PRESIDENT**
- VICE-PRESIDENT (Education & Examinations)**
- VICE-PRESIDENT (General Affairs)**
- HON SECRETARY**
- HON TREASURER**
- IMMEDIATE PAST PRESIDENT**

- Dr. Ruby S Y LEE
- Dr. Angus M W CHAN
- Dr. Mary B L KWONG
- Dr. LAW Tung Chi
- Dr. LAU Ho Lim
- Dr. Gene W W TSOI

COUNCIL MEMBERS

Dr. Simon C L AU
 Dr. CHAN Hung Chiu
 Dr. CHAN Kin Ling
 Dr. Mark S H CHAN
 Dr. David V K CHAO
 Dr. CHEUNG Man Kuen
 Dr. Billy C F CHIU
 Dr. Daniel W S CHU
 Dr. Linda Y F HUI
 Dr. Edmund W W LAM
 Dr. Tony C K LEE
 Dr. LIANG Jun
 Dr. Wendy W S TSUI
 Prof. Samuel Y S WONG
 Dr. Quincy S M YUEN

BOARD OF CENSORS

Prof. Cindy L K LAM (Chief Censor)
 Dr. Stephen K S FOO
 Prof. Donald K T LI

Mr. Anthony W K CHOW has been appointed as Honorary Legal Advisor and **C F Cheung & Co. Certified Public Accounts** has been appointed as Honorary Auditor.

The 33rd HKCFP Annual Dinner

Dr. Shum Pui Shan Monica
 Master of Ceremonies of the 33rd HKCFP Annual Dinner
 Fellow of HKCFP, Department of Health

The 33rd HKCFP annual dinner was successfully held on 4 December 2010 at Yat Tung Heen in Wan Chai. There were more than 190 guests, including our visiting professors, the College's committee members, secretarial staff, successful examination candidates and their family members. It was the occasion to appreciate the hard work of our college staff for smoothening the daily operations, to say a heartfelt thank-you to our examiners for their help in the Conjoint & Exit examinations, and to share the joy of successful candidates.

Dr. Ruby Lee, our new College President, gave the welcome speech to our guests. The Board Chairmen represented our College to acknowledge the secretarial staffs for their commendable work in daily operations. Dr. Gene Tsoi, our Immediate Past President, shared with us and congratulated Prof. Cindy Lam on the foundation of the Department of Family Medicine & Primary Care in the University of Hong Kong.

This year, about 70 candidates were invited to join our dinner. Dr. Wong Pak Kin, Dr. Lo Tsz Yan & Dr. Hung Lok Lam Susanna represented the Conjoint Examination candidates. Dr. Tuet On Sang & Dr. Tang Pui Yee represented the Diploma of Family Medicine candidates. Dr. Fung Kin Chor & Dr. Yuen Fu Lam represented the Exit Examination candidates. They had overcome various difficulties and worked under tremendous stress throughout the course of part-time studies. Their journeys of success were full of fears & tears, and now they shared their joy with us. We congratulate them and wish them all success in the future.

Finally it came to the lucky draw, which was the highlight of the dinner. We received sponsorships from fellow members and business partners. There were plenty of prizes, including cash coupons, tourist coupons, a camera and an iPad, to name just a few. Dr. Lau Chi Hang was the luckiest one amongst all desiring participants as he won the iPad.

This year's annual dinner was a memorable occasion that we enjoyed the time together, and we all look forward to the next year's.

Wish you all the best in the new year!!



Masters of Ceremonies, Dr. Fok, Peter Anthony & Dr. Shum Pui Shan, Monica



Cheers!



The Grand Prize winner of the lucky draw is Dr. Lau Chi Hang



Distinguished guests and College officials



Group photo of College Executives, Board of Education and DFM with pharmaceutical company representatives



Successful candidates from Conjoint Examination sharing their tears and joy. Dr. Hung Lok Lam, Dr. Lo Tsz Yan, Dr. Wong Pak Kin (From left to right)



Members and Examiners of Board of Conjoint Examination



Members and secretarial staff of Board of Education



Members of Board of Vocational Training & Standards



Members and secretarial staff of Editorial Board



Members and secretarial staff of Specialty Board



Group photo of College Members and Staff

External Affairs Committee News

Meeting with the Official from the Health Department of Guangdong Province

Dr. Ruby Lee (President) and Dr. Gene Tsoi (Immediate Past President) met with Mr Geng Qing Shan, the Official from the Health Department of Guangdong Province on 23 December 2010. Dr. Lee and Dr. Tsoi introduced the Family Medicine training in Hong Kong.

Mr. Geng, on behalf of the Health Department of Guangdong Province, proposed the set up of Family Medicine Training Experimental Center in Nansha, Mainland China. The Guangdong Government greatly concerns & highly supports the proposal, and would like to cooperate with the College and further discuss more details in the near future.



From left to right : Dr. Gene Tsoi, Mr. Geng Qing Shan, Dr. Ruby Lee



Dr. Tsoi introduced Family Medicine training in Hong Kong

Shunde Doctors Visiting Group on 10 December 2010

Dr. Billy Chiu and Dr. Gene Tsoi

Mr. Andrew Lau, the President of Min Yuen Tong, initiated a visit by a group including health department officials, doctors & nurses from Shunde to Hong Kong Academy of Medicine (HKAM) building, Hong Kong College of Family Physicians (HKCFP) office in Wong Chuk Hang and Ap Lei Chau General Outpatient Clinic. Below are the details of the meeting with the delegation:

The executive manager Ms. Erica So, together with HKAM staff Ms. Elsa Cheng guided the 58 delegates to visit HKAM building & introduced about the history, structure and facilities, functions, as well as the HKCFP office.



Group photo with Shunde Health Department Officials

Dr. Gene Tsoi and Dr. Billy Chiu introduced family medicine training in Hong Kong with the video of AEC (mock examination) & DFM (orthopaedic injection workshop). The most fundamental principles like holistic care, gate keeper role, comprehensiveness, coordination and preventive care were shared with them. In particular, they were impressed by the fact that Family Medicine is an important specialty in Hong Kong, and they commented about how good we are in serving the gatekeeper role with an extreme width and depth of knowledge and skills when providing primary care. Souvenirs were presented to us.

The delegates were brought to visit Ap Lei Chau General Outpatient Clinic and Department of Family Medicine & Primary Care, the University of Hong Kong. The visit was coordinated by Professor Cindy Lam, with Dr. Ruby Lee, the President of our college, leading the visit and discussion. The delegates expressed extreme appreciation and were impressed by the comprehensive service provided by the general outpatient clinic, with the high standard of care and good teaching facilities.

There were lots of discussions, especially on the medical system in Hong Kong versus China, career path of family physicians, their employment opportunities, training and examination, etc. "Good, good, good..." I repeatedly listened and felt their admiration. Family Medicine is such a fundamental and paramount discipline that under the leadership of the college, more and more well-trained family physicians would be able to provide quality health care with the principles of CCCFP (comprehensive, coordinate, continuity, family & preventive) to the public of Hong Kong. I hope that such a good model would be adopted by all parts of China and the world. We look forward to further sharing and visits in the future.

Postscript (I would also like to share two interesting points that I have discussed with the delegates) :-

1. On discussing the "chair of IV fluid" in Community Clinic in China (after they could not find one in the Ap Lei Chau Clinic), I just realized that patients suffering from fever in China deeply believed that they should have a cocktail treatment (Saline, with an antibiotic like cephalosporin and an antiviral like ribavirin) without any prior investigation. At the same time, doctors in China could receive more incentives by giving IV fluid and more medications. Without such "rational prescription", patients will swap the doctor until they could get one. I am really not able to know what is the egg and what is the chicken of such phenomenon.

2. The culture of making compliants and the problem of "aggressive and dangerous patients" are much more serious and particularly worrisome to doctors in China. One example is that a deputy director of a local hospital was murdered by being thrown from the third floor of a hospital. The murderer, who was a patient, had anger and dissatisfaction which could not be settled with the help of police and the association with the similar function as our medical council, during the hearing and processing of the "complaints". They said "compensation and money would not be able to solve most of the problem!" Of course, this is an extreme example only. Most other "dissatisfaction" probably came from un-met expectations, which would be minimized by having "a good doctor-patient relationship". I have to say thank you to the College again that vocational training helped and equipped me with such a powerful "medical tool" !



Sharing between Dr. Ruby Lee and Shunde visitors



Introduction made by Dr. Gene Tsoi and Dr. Billy Chiu

Membership Committee News

The Council approved, on recommendation of the Membership Committee Chairman, the following applications for membership from **December 2010** with Council Meeting:

Associate Membership (New Application)

Dr. LEE Ho Ming

李浩銘

Reinstatement of Associate Membership

Dr. GOH, Winston Louis

吳偉棠

Classified Advertisements

Positions Vacant

Haven of Hope Christian Service invites applications for full-time Family Physician. Basic salary plus variable pay. Interested parties please send e-mail to se@hohcs.org.hk or contact Ms. Liu by phone at 2703 3230.

Full time GP wanted at FM - orientated clinic at Tung Chung. High basic, generous profit sharing and potential partnership. Fresh and experienced doctors are welcome. Please send CV by fax (2638 9456) or e-mail (anthonywllam@yahoo.com.hk) to Dr. Lam (UNSW).

Cosmetic surgeon trainee – A female experienced cosmetic surgeon invite junior doctor who is interested in the esthetic field to join her practice. Will provide training to be a cosmetic surgeon. Very good prospect. Initial monthly income guarantee One Hundred Thousand dollar per month. Interested please call Miss Kam 9236 0591.

Full-time & part-time doctors wanted in GP in Kowloon East and NTW. Attractive remuneration and flexible hours (may leave at 6:30pm). Interested, please contact Dr. LI at 6027 4475 or premedice@yahoo.com

Full-time GP/ Locum/ Specialists wanted. 九龍商場舖, Welcome Joint Investment. Transparent & generous Bonus + Excellent Prospect. Dr. Kam 3165 1460 profgp2004@yahoo.com.hk

Clinic Available

24HRS G/F Clinic near North Point MTR Station, spacious, modern furnished with computerization for rental/take-over, walk-in-and-practice for ambitious doctors. Available Immediately. GOOD BARGAIN PRICE. Contact Ms. Amy Chan 9212-6654.

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15th January 2011 to 14th February 2011, Dr. Au Chi Lap and Dr. Wendy Tsui will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.



Dr. Au Chi Lap



Dr. Wendy Tsui

Dr. Tony C K Lee
Co-ordinator, CMOD System

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that **ALL** higher trainees should submit the annual checklist to our Board **EITHER** by registered post **OR** in-person **ON OR BEFORE 28 February 2011 (Monday)**. Late submission will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook **ON OR BEFORE 28 February 2011**.

The training experience of 2010 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Higher Training Subcommittee
BVTS

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training program.

For those who prepare to sit for the Exit Examination in **2013**, please submit the application for higher training **ON OR before 28 February 2011 (Monday)** in order to meet the requirement for sitting Exit Examination. The application form can be obtained from the College Secretariat or downloaded from the College web site.

Higher Training Subcommittee
BVTS

RTHK Programme 精靈一點 – Primary Healthcare Series

To discuss the recent development of Primary Healthcare and bring out the essence of Family Medicine, the RTHK Programme 精靈一點 has launched a series on the topic, with Dr. Gene Tsoi as the guest host and three distinguished guests from the field of primary care joining the discussion.

8 Dec 2010 Primary Care Office

Guest: Dr. Amy Chiu, Head of the Primary Care Office, Department of Health

Dr. Chiu brought out the advantages of having a good primary care system and stated the current problems of health care delivery in Hong Kong, namely: lack of recognition of primary care by society, doctor shopping and the lack of coordination of different services. To promote Primary Care and Family Medicine, and coordinate the services delivered by the public and private sectors, the Primary Care Office is set up for the administration and promotion of the policy to enhance primary care. In late December, Primary Care Office has launched the "Primary Care Directory", which invites participation of primary care doctors and dentists who pledge to provide patient-centred health care and practice according to the principles of Family Medicine. Public-private partnership and Electronic Health Record Sharing will also be launched later on.

15 Dec 2010 Primary Care Directory

Guest: Professor Cindy Lam, Professor and Head, Department of Family Medicine and Primary Care, The University of Hong Kong

Professor Lam, being the Covenor of the Primary Care Directory, introduced the information included and the participation criteria. The first round of enrolment will include doctors and dentists in primary care service to register in the directory. Apart from providing services at primary care level, i.e. being accessible at the first point of contact, they should provide comprehensive, patient-centred health care with continuity and prevention elements. Although the directory provides information of services provided by different primary care providers and the pricing, it will be subject to regulations restricting advertising and monitoring for quality assurance. It will be launched on web, while hard copies will be distributed in Home Affairs Department and hospitals.

22 Dec 2010 Private Public Partnership in NTW

Guest: Dr. Eddie Chan, Chairman, New Territories West Private Practitioners' Network

The New Territories West Private Practitioners' Network aims to promote comprehensive private health care and enhance the standard of private practice in New Territories West, through collaboration with the public sector and promoting continuous medical education among private doctors. It also provides health education to the community. The first project was on prostate diseases assessment, in which frontline doctors were introduced on the collaboration with the public sector. Other projects included hepatitis, ischemic heart disease, osteoporosis and mood problems management. The first private public partnership pilot programme on hypertension management was launched in Tin Shui Wai. The future direction is to extend the promotion of continuous medical education among private doctors and private-public collaboration across the seven clusters in Hong Kong.

29 Dec 2010 Development of Primary Healthcare

Guest: Professor Gabriel Leung, Under Secretary for Food and Health

The government of HKSAR supports the strengthening of primary healthcare system, by raising awareness of Family Medicine and Primary Care among the public, encouraging every citizen to choose his/ her own regular family doctor, and reducing doctor shopping. Family Medicine, with the concepts of whole-person care, care at the first point of contact, doctor-patient relationship promotion and preventive care, is the core domain involved in primary healthcare. The Hospital Authority has set up departments of Family Medicine and Primary Healthcare across all seven clusters in Hong Kong, with support for clinical care and training. To further enhance primary healthcare in the territory, the government has also set up the Primary Care Office. Additional funding will be provided to promote family medicine and private-public-partnership, establish the Primary Care Directory and reference frameworks of hypertension and diabetes mellitus. For private-public-partnership on chronic disease management, incentives will be introduced to both doctors and patients in promoting quality care. The Primary Care Directory encourages the citizens to choose their own family doctors, and the participation criteria may be modified in future to cater for the changing needs of the public.

TWENTY- FIFTH CONJOINT HKCFP/RACGP Fellowship Examination FIRST Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Twenty-fifth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2011.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*
(*Documentary evidence is required with the application - including a valid RACGP number.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2011, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2011, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30 June 2011.

Category II candidates must apply to sit **both** the Written Examination and the Clinical Examination at the first application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
 - Key Feature Problems (KFP), and,
 - Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination
 - Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination MUST possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP*. This validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

**Note: In regarding the CPR certificate as issued by the HKCFP, the CPR workshop & examination for 2011 will be held on 26 and 27 February respectively. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 30). Please register with our College secretariat at 2528 6618 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for Conjoint Examination 2011.*

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2014).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/ RACGP Fellowship Examination.

(5) APPLICATION

Application forms are available from the College Secretariat at Room 701, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, www.hkcfp.org.hk. Please note that the deadline for application is **19 April 2011**.

(6) IMPORTANT DATES

- | | |
|-----------------------------|--|
| • 19 April 2011 (Tuesday) | Closing Date for Applications |
| • (Date to be confirmed) | Conjoint Examination – Written Examination (KFP) |
| • (Date to be confirmed) | Conjoint Examination – Written Examination (MCQ) |
| • (Date(s) to be confirmed) | Conjoint Examination - OSCE |

(7) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 701, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

The 17th Hong Kong International Cancer Congress (3- 5 November 2010)

Dr. Jun Liang
Cluster Coordinator (Family Medicine), NTW Cluster, Hospital Authority



Dr. Jun Liang presenting souvenir to Professor Lyndal Trevena

The 17th Hong Kong International Cancer Congress was held on 3 -5 November 2010 at the Cheung Kung Hai Conference Centre, Faculty of Medicine Building, the University of Hong Kong. This year, the HKICC was also proud to be co-organizer of two satellite symposia: the 4th Cross Strait Symposium on Paediatric Oncology and the Symposium on New Advances in Hospice Social Work.

The HKICC provides a scientific and educational platform for various disciplines in the field of cancer. The event presented an excellent opportunity to bring together medical practitioners, research scientists and health-care practitioners in addressing issues related to cancer. The theme this year was "Advances in Technology and New Perspectives in Cancer". The two and a half day conference attracted over one thousand participants. Altogether twenty sessions were held with a wide coverage of topics including: family physicians' role in cancer, paediatric cancer, targeted therapy, personalized medicine, cancer imaging, gynaecology, orthopaedic surgery, public health and psycho-social oncology. Twenty-

five local leading clinicians, scientists and health-care practitioners and thirteen internationally-renowned overseas scientists were invited to deliver lectures in the meeting. The highlight was the HKICC lecture on "Global Signalling Mechanisms that Regulate Autophagy" given by Professor Junying Yuan, Harvard Medical School and the CCR lecture on "Long-term Outcomes in Childhood Cancer: the Unintended Consequences of Success" by Professor Jay L Grosfeld of Indiana University. The presentations by scientists and clinicians in the form of state of the art lectures, symposia and interactive workshops were well received by the audience.

This year our College invited Professor Lyndal Trevena as the overseas speaker. Professor Trevena is the Associate Dean (International), School of Public Health at the University of Sydney. She delivered a lecture on "The Role of Family Medicine in Strategies for the Integration of Cancer Prevention and Diagnosis". The talk was well received by the participants.

In addition, to acknowledge the outstanding research work conducted by young researchers and research postgraduate students, four Young Investigator Awards in the areas of psychosocial oncology and biomedicine were presented. Over seventy abstracts were received and participants were invited to showcase their research by putting up posters for exhibition during the meeting.

By focusing on the most up-to-date topics in cancer management and care, it is hoped that the continual training and research will help improve current clinical practice, thereby benefitting cancer patients.



Group photo

"Submissions of articles to Feature with up to 1200 words are always welcome. Gift vouchers will be given as a token of appreciation if the articles are selected for publication. Email: terlee@hkcfp.org.hk"

Updated drug issue – Propoxyphene

Propoxyphene containing products were once commonly prescribed analgesics in Hong Kong, with Dologesic one of the most frequently used painkillers. Each tablet contains paracetamol 325 mg and dextropropoxyphene 32.5 mg. Dextropropoxyphene is an optical isomer of propoxyphene and it is this isomer that contains analgesic properties. The Department of Health issued a press release on 25th November 2010, advising members of the public to stop using propoxyphene-containing products and to consult healthcare providers if they are in doubt or unwell whilst pending the Registration Committee's decision.

Propoxyphene

Propoxyphene is an opioid typically used to treat mild to moderate pain. It was first approved by The US Food and Drug Administration (FDA) in 1957. It is sold by prescription under various names alone or in combination with acetaminophen. Since 1978, the FDA has received several requests to remove propoxyphene from the market. In January 2009, the FDA advisory committee called for additional information about the drug's cardiac effects. On 19th November 2010, FDA requested that propoxyphene be removed from the US market. This decision will also affect generic manufacturers and the makers of propoxyphene-containing products.

New clinical data that shows the drug puts patients at risk for potentially serious or even fatal heart rhythm abnormalities has prompted regulators to act. In order to determine a safe suprathreshold dose to incorporate into the Thorough QT study, FDA required the drug manufacturers to first conduct a multiple-ascending dose (MAD) study.

Multiple-ascending dose (MAD) study

MAD studies are conducted to better understand the pharmacokinetics and pharmacodynamics of multiple doses of the drug. In these studies, a group of patients receives multiple low doses of the drug, while samples (of blood and other bodily fluids) are collected at various time points and analyzed to understand how the drug is processed within the body. The dose is subsequently escalated for further groups, up to a predetermined level.

This MAD study was a randomized, double-blind, placebo-controlled sequential multiple-ascending dose study of propoxyphene for 11 days. The study was conducted in healthy volunteers. The first cohort of study subjects was dosed with a total daily dose of 600 mg of propoxyphene (the maximum labelled dose) and the second cohort was dosed with a total daily dose of 900 mg. Additional doses were planned, however the study was placed on clinical hold due to safety concerns. Study subjects were monitored with telemetry and intermittent ECG recordings, comparable to the monitoring that would occur during a Thorough QT study. The drug manufacturer has submitted the results from the 600 mg and 900 mg cohorts to the FDA.

Significant QTc interval prolongations, 29.8 ms and 38.2 ms, were observed with the propoxyphene 600 mg and 900 mg dose levels respectively. According to the International Conference on Harmonisation (ICH) E14 Guideline, drugs that prolong the mean QT/QTc interval by >20 ms have a substantially increased likelihood of being proarrhythmic. In addition, a dose-dependent prolongation of PR and QRS intervals was observed in the study. Elderly and patients with renal insufficiency would be especially susceptible to proarrhythmic effects of the drug. This is because they have a reduction in the clearance of propoxyphene and its cardioactive metabolite, norpropoxyphene, through the kidneys.¹

The FDA has concluded that the safety risks of propoxyphene outweigh its limited benefits for pain relief at recommended doses.²

Recommendations for follow-up actions:

1. No more prescription of dextropropoxyphene/ propoxyphene to patients;
2. Advise patients to dispose of all remaining dextropropoxyphene/ propoxyphene containing products at home when an alternative is prescribed;
3. Always counsel patients on the possible contraindications and side effects of analgesics prescribed.

Below are probable alternatives that may be available in local pharmacy:

Non-opioid analgesics:

- 1) Paracetamol;
- 2) Non-steroidal anti-inflammatory drug (NSAID): Ibuprofen, Aspirin, Diclofenac, Indomethacin, Mefenamic, Sulindac, etc.

Other analgesics:

- 1) Tramadol;
- 2) Codeine phosphate;
- 3) Dihydrocodeine tartrate (DF 118).

*Compiled by Dr. SZE Hon Ho, Jacky
Specialist in Family Medicine*

References:

1. Interdisciplinary Review Team for QT Studies Consultation: Multiple Ascending Dose (MAD) Study Review. Available from <http://www.fda.gov/downloads/Drugs/DrugSafety/PostmarketDrugSafetyInformationforPatientsandProviders/UCM234330.pdf>
2. FDA Drug Safety Communication: FDA recommends against the continued use of propoxyphene. Available from <http://www.fda.gov/Drugs/DrugSafety/ucm234338.htm#summary>

Wine Fair 2010

Dr. Ngai Ka Ho

Resident Specialist in Family Medicine, Hong Kong West Cluster



Wine Qualifications:

Intermediate Certificate in Wines and Spirit (Distinction), Wine and Spirit Education Trust
Advanced Certificate in Wines and Spirit (Merit, Distinction -theory part), Wine and Spirit Education Trust
Fundamentals of Wine Tasting and Assessment (Distinction), The Open University of Hong Kong
Advanced Wine Assessment (Distinction), The Open University of Hong Kong
Certified Spanish Wine Educator and Certificate on Andalucía and its wines, The Wine Academy of Spain

WONCA, ASM and.....?

As family physicians, we have to attend numerous medical conferences, e.g. WONCA, ASM etc. However, there is one question in my mind which might be the same as yours: are there any conferences apart from medical ones which we can attend? Are there any conferences that can enhance the quality of life? For me, I attended a very special one and it was fun. It was the Hong Kong International Wine and Spirits Fair 2010.



Elements of fun

Wine tasting

At the wine fair, I was overwhelmed by its scope and was lost in the world of wine. The coverage and variety was extravagant. There were very interesting wines that I had never seen in retail stores in Hong Kong. For example, my palate was amused by a wine from New Zealand which is made from kiwi.

Through the connection of my friend, a connoisseur who works in the wine industry, I had a specially arranged guided tasting by an expert from a German winery. The guided tasting was very informative. A whole range of Riesling was tried, including a fabulous "Grand Cru". My palate was pampered!



New Products

The wine fair also includes some new products. Among them, a booth of blue sparkling wine drew my attention. The bottles are very beautiful and perfectly matched with blue sparkling wine. It is especially suitable for a poolside party.



Blind Tasting Game

Apart from visiting different booths, I participated in a blind tasting competition. The standard of the "blind tasting" competition is equivalent to "single blinded" in medical research. Contestants relied on their noses, palates and past experiences to identify grape varieties, blending, alcohol level, vintage, region and country of the wine.

Blind tasting is a very good way to appreciate any wines objectively. Without a blind tasting, it is very easy to form a biased view from the wine label before tasting. This is prejudicial to the wine and impairs the tasting experience. For serious wine lovers, a wine tasting is even conducted in "double blinded" method.



Interesting Stuff

There are many interesting things at the wine fair. For example, fine wine is not just confined to Old World, i.e. France, Italy etc. India is beginning to make quality wine with a bottle in the shape of a "flat shoulder" as shown in the photo.

Conclusion

I fully understand the importance of continuous medical education and career development. However, life is too short and "drinking quota" is too little. It will be a total waste to drink sub-standard wine. We should treasure our "quota" and get the best out of any wine appreciation experiences.

Cheers!

P.S. I know many family physicians are wine lovers and it would be great to share the joy of tasting together. If you are interested in joining wine dinners, please leave me your email address or contact.

My email address is drkhngai2003@yahoo.com.hk

Diploma in Family Medicine (HKCFP) Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in June 2011.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology
Contents:	<u>FIVE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	<u>5 compulsory</u> and <u>1 elective</u> Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

June to September 2011	Module I
November 2011 to January 2012	Module II
July 2011 to May 2012	Module III, IV & V
May 2012	Final Examination

5. Admission Requirements:

Medical Practitioner with Bachelor’s degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:
HK\$25,000 for members of HKCFP
HK\$50,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before May 15, 2011)

In addition, the first 10 General Practitioners in Hong Kong who enroll successfully with the Diploma course on/before the deadline will enjoy further course fee reduction of HK\$2,000.

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$3,000	\$6,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$3,000	\$6,000
Module III (Structured Lectures & Seminars)	\$2,000	\$4,000
Module IV (Updates & Clinical Attachment)	\$2,600	\$5,200
Module V (Practical Workshops)	\$3,600	\$7,200

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- i) A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- ii) The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- iii) 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate
- ii) A recent photo of the applicant (passport size)
- iii) A signed "Disclaimer of Liability"
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable.
- v) A Course Fee of HK\$25,000 (or HK\$50,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2010 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms Winnie Lee at 2861 0220 for any queries.

11. Application Deadline: June 17, 2011

Comments From Former DFM Graduates

- The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge. The Module I, II & III could improve my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Au Chi Lap
Chairman
The Board of DFM

*Course syllabus and schedule may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women’s Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Certificate Course in Family Medicine (HKCFP) Announcement

The Board is pleased to announce that the **NEW** Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in June 2011.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires FIVE months of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of **THREE** compulsory segments. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) knowledge and skills in some common practice procedures required in family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II - Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc (Subject to further selection)

Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires FIVE months of part-time studies.

June to October 2011	Segment I & II
1-day workshop in October 2011	Segment III

4. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

6. Teaching Medium:

English

7. Course Fees:

HK\$6,000 for members of HKCFP
HK\$12,000 for non-members

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practising Certificate
- ii) A recent photo of the applicant (passport size)
- iii) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable
- iv) A Course Fee of HK\$6,000 (or HK\$12,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms Winniea Lee at 2861 0220 for any queries.

10. Application Deadline: June 17, 2011

Dr. Au Chi Lap
Chairman, The Board of DFM

*Course syllabus and schedule may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.

Board of Diploma in Family Medicine (DFM) - Lectures

Topics and Speakers :

Dates	Topics	Speakers
29 January	Module III – Clinical Audit & Quality Assurance	Dr. Linda Y. F. Hui
19 February	Module III – Research & Teaching in Family Medicine	Professor Cindy L. K. Lam
5 March	Module III – Evidence-based Medicine	Dr. Roger C. K. Wong
12 March	Module III – Critical Appraisal	Dr. Kinson K. S. Lau

Co-ordinator : Dr. Au-yeung Shiu Hing

Member, The Board of Diploma in Family Medicine, HKCFP

Venue : 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Time : 2:15pm – 5:00pm Lecture and Discussion

Accreditation : 3 CME Points HKCFP (Category 4.3)
3 CME Points MCHK

Registration Fees (Please tick as appropriate):

Dates	Topics	HKCFP Member	Non-member
29 January	Module III – Clinical Audit & Quality Assurance	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
19 February	Module III – Research & Teaching in Family Medicine	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
5 March	Module III – Evidence-based Medicine	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
12 March	Module III – Critical Appraisal	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400

Capacity : 20 Doctors

Registration : Registration will be first come first served. For registration or any enquiry, please call the College secretariat, Ms Dickie Lam at 2861 0220. All cheques are payable to "HKCFP Education Ltd". Please mail the cheque to Rm 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong. All fees received are non-refundable and non-transferable.

To : HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.
(Fax: 2866 0981)

Dear Sir/ Madam,

I am a *Member/ Non-Member of the Hong Kong College of Family Physicians. (*Please delete as appropriate)

I would like to attend lecture(s) of **Module III** at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Name : _____

Tel No. : _____

Email : _____

Date : _____

Public Education Committee News

Our third book – FAMILY DOCTOR : 家庭醫學手冊之三 家庭醫生 - 一家人的好朋友

Since November 2005, the Hong Kong College of Family Physicians has started to publish articles to educate the public on different health topics in the perspective of family medicine in newspaper columns regularly. Some of those published articles were captured in 家庭醫學手冊之伴我同行 and 家庭醫學手冊之二 家庭醫生 which were published in 2007 and 2008 respectively. Following the success of these publications, we are glad to inform you that the third book for the series, 家庭醫學手冊之三 家庭醫生 - 一家人的好朋友 is just published in July 2010. We sincerely wish these publications can bring out a significant educational impact on the public and contribute to the development of a knowledgeable population that forms the foundation of robust primary care in Hong Kong.

As a benefit for members, we would provide you a discount price at \$60 (including postal charge) per copy and we wish you enjoy reading it and share it with your family, friends, colleagues and patients. Why not take a look at the recommendation below and fax your order form to us? Should you have any enquiries, please contact Ms. Carmen Cheng or Mr. Patrick Wu at 2528 6618.

這本結集副題為《家庭醫生 - 一家人的好朋友》，令我想起「醫療之家」(Medical Home)的概念，這個概念提倡「一人一醫生」，以家庭醫生為主導，全面掌握及觀察病人的健康狀況，並且在有需要時轉介病人尋求最恰當的醫療服務，如此種種，正切合現時香港基層醫療的發展方向。

食物及衛生局副局長 梁卓偉教授

我一向主張香港大力發展家庭醫學。這不僅從資源運用作考慮，更重要是透過家庭醫生時刻對市民健康貼身、貼心的照料，我們的醫療體系才能與病人，甚至整個社會，建立一種相知互信的關係，讓醫生跳出治病的框框，全面照顧市民健康。

香港大學李嘉誠醫學院院長 李心平教授

《家庭醫學手冊之三：家庭醫生 - 一家人的好朋友》一書，正正反映了家庭醫生預防和治療疾病所發揮的功能。看了這本書，便會明白為甚麼社會需要大力推動家庭醫學，讓廣大市民的健康得到保障。

香港中文大學醫學院院長 霍泰輝教授

今時今日的醫療系統太過複雜，不單止，我們的疾病系統也愈來愈複雜，單靠一個人，憑一種想法，找一個醫生，未必就能對症下藥，我們要打的是聯防，由「家庭醫學專科醫生」毫無失誤地判斷來球、攔截來球（分析病症），再將來球交到稱職的球員（其他專科醫生）手上面，展開攻勢（治療疾病），最後戰勝入網（病人痊癒），這才是我們作為病人的生存之道。

香港電台第一台健康節目《精靈一點》主持人 邵國華

要令一家人生活舒適，無後顧之憂，如果你認為一個合拍的伴侶、聽話的孩子、一份滿意的工作、一家可靠的銀行、一個穩健的投資組合能夠幫你達成人生願望，你更不可缺少的，是一個認識你們、關心你們，重視你們身、心、靈整體健康的良師益友 - 家庭醫生，是你們一家人的好朋友。

《黃巴士》兒童生活雜誌總編輯及一口田慈善教育基金創辦人 許芷茵

ORDER FORM

To: HKCFP
Room 701,
HKAM Jockey Club Building,
99 Wong Chuk Hang Road,
Aberdeen, Hong Kong
(Fax No. 2866 0241)

I am a(an) *Affiliate / Student / Associate / Full / Fellow member of
the Hong Kong College of Family Physicians.

I would like to purchase _____ copy / copies of 家庭醫學手冊之三
家庭醫生 - 一家人的好朋友.

Enclosed please find cheque payment of HK\$ _____.

*** All cheques are payable to "HKCFP Education Ltd".***



Name : _____
Postal Address : _____
Email Address : _____
Tel No. : _____
Date : _____

* Please circle your category of membership.

HONG KONG CHECK 2011

CONTINUOUS HOME EVALUATION OF CLINICAL KNOWLEDGE

Published by the Royal Australian College of General Practitioners for the last 25 years, *Check* is one of the most successful continuous medical education journals in the world.

The Hong Kong College of Family Physicians, in collaboration with the Royal Australian College of General Practitioners, runs a Hong Kong version of the Check program.

It comes in case presentation format and examines a different medical topic every other month.

Now the *Hong Kong Check* for 2011 (6 issues) is open for subscription. Those who wish to subscribe please fill in the form below and mail it back to the Editor with payments. The subscription rates will be \$550 for members and \$850 for non-members.

Members who subscribe to the *Hong Kong Check* 2011 will be awarded CME credit points for satisfactory completion (at least 75% of the questions) of the HKCFP "*Check on Check*" program issued at the end of the year.



Editor,
The Hong Kong Practitioner,
HKCFP,
Room 802, 8th Floor,
Duke of Windsor Social Service Building,
15 Hennessy Road, Hong Kong.

I am a *Member / Non-member of the Hong Kong College of Family Physicians.

I wish to subscribe to the *Hong Kong Check* for the year 2011. Enclosed please find cheque payment of \$550 / \$850 (**payable to HKCFP Education Ltd.**)

Signature : _____

Name : _____

Address : _____

Tel : _____

Date : _____

**Please delete as appropriate*

The HKCFP Award for the Best Research of 2010

The Research Committee of the Hong Kong College of Family Physicians has an Award for the Best Research of the Year 2010. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award would be presented at the Conferment Ceremony in 2011.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a member or fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be done in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Harvard or Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and finding to Family Practice?*
2. *How original is the research?*
3. *How well designed is the methodology?*
4. *How well are the results analysed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in Family Practice?*
7. *How much effort is required?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm. 802, 8/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

DEADLINE OF SUBMISSION: 31st January, 2011.

HKCFP Research Fellowship 2011

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in family medicine. The grant is up to the value of HK\$100,000. It provides the successful candidate with protected time to develop research skills. Applicants are expected to have regular contact with a nominated supervisor with **research doctorate degree or equivalent**.

Eligibility

Applicants for the HKCFP Research Fellowship must be active fellows, active full members or associate members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

Selection criteria

Applications will be judged on*:

- training potential of applicants
- relevance to family medicine and community health
- quality
- value for money
- completeness (incomplete or late applications will not be assessed further).

** Please note that new researchers and those at an early stage of their research careers are encouraged to apply.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Tel: 2861 0220 Fax: 2866 0981
2. Applicants must submit:
 - the completed application form,
 - the signed terms and conditions of the HKCFP Research Fellowship,
 - a curriculum vitae from the principle investigator,
 - a curriculum vitae from the co-investigator(s), AND
 - a curriculum vitae from the supervisor.
3. Applications close: March 31, 2011. Late applications will not be accepted.
4. Applications must be sent to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

Interest Group in Mental Health & Psychiatry in Primary Care – the 25th Meeting on 4th Dec, 2010

Dr. Mark S. H. Chan (Co-ordinator)
Board of Education

The 25th Interest Group in Mental Health & Psychiatry in Primary Care Meeting was held on 4th Dec 2010. Dr. Ng Kwai Sang, Sam is the guest speaker.

Theme : Depression and Anxiety Management

Speaker : Dr. Ng Kwai Sang, Sam
BDS, MCLinPsych, PhD
Clinical Psychologist of NTE Cluster

Moderator : Dr. Mark S. H. Chan

Dr. Ng Kwai Sang, Sam graduated from the Faculty of Dentistry, the University of Hong Kong in late 1980's. During his dental practice, he came to develop strong interest in the relationship between psychological issues and physical well-being. He then obtained the qualification of Clinical Psychologist following the completion of Master of Clinical Psychology and then Doctor of Philosophy. He is experienced in management of psychosomatic diseases, mood and anxiety problems; his research accomplishments extend across the areas of medicine and psychology. It is our privilege to have a psychologist with medical background to share with us the application of psychological intervention.

Learning points:

The Management of Mood disorder is about Building Effective Communication. It is Talk, Listen and Behave.

How to achieve Rapport and Understanding?

It is about **Connection between persons (that is you and the patient).**

1. Subconscious connection
2. Verbal: information
3. Voice: speed, pitch, accent, rhythm, intonation, emotions, speaking style, etc
4. Body language: Facial expression, posture, eye contact, attitude, etc
5. Enhance communication by: Integrity, caring & trust
Leading effect

What is Matching and Mirroring?

1. Body – Matching the key movement
– Posture, gestures, head tilt, facial expression
2. Speech – Tempo, tone, volume
3. Language – Words, vocabulary
– Particularly among teenagers

Establishing Unconscious Connection

1. Synchronized
2. Sense of integrity, caring and trust

Pacing and Leading

1. Observation
Aware your client's body position, movements, use of words, tone, speech tempo etc
2. Aware of the self
Aware of your own physiology, voice and words
3. Pacing
Match and mirror the key movements and words/language
4. Leading
After you have "paced" him/her, lead them into another state by gradually changing your own expression

Formulate, Review and Reflect

Look for the following:

1. Participating factors
eg Recent stressors and complaints, Triggers
2. Pre-disposing factors
eg Finance, family relations, etc, Trait and personality
3. Complications
eg Daily living, Coping strategies

Coaching for Depression and Anxiety in Medical Clinics

1. Management of feelings and thoughts. Establish rapport, understanding and trusting relation.
2. Behavioural regimes.
eg Regular aerobic exercise, Regular sleep and meals
3. Daily routine management.
eg Daily schedule, Social/work function, Hobby
4. Strength-based approach.
eg Self affirmation (positive, reassuring and specific statements) Planning and implementing short term goals
5. Relaxation training.
eg Cued breathing, Muscle relaxation

Conclusion

Dr. Ng illustrated his lecture by the story of a 50 year old lady from a low-middle class family. After her son died at 17 years old by committing suicide, she had multiple somatic complaints. Her morbid grief consisted of Loss, Self blame, Sadness and Shame

In summary

Depression is about loss.

Psychological Intervention includes:

- Cognitive Behavioural Therapy
- Acceptance and Commitment Therapy
- Emotionally Focused Therapy
- Narrative Therapy

Anxiety is about Threat.

Psychological Intervention includes:

- Cognitive Behavioural Therapy
- Exposure Therapy
- Systematic Desensitization
- Guided Imagery
- Relaxation Training

Summary of Coaching Approaches

- Acceptance and commitment approach
 - o Understanding the problems
 - o Understanding and accepting negative thoughts, emotions, conditions
 - o Focus on the present moment
 - o Recognize and reprioritize value
 - o Committed actions
 - o Letting go of the uncontrolled conditions

Next meeting

As the 5th February will be Lunar New Year holiday, the next meeting will be held on 2nd April 2011.

All members of the College are welcome and encouraged to present their cases and problems for discussions or role play. (Please contact our secretary at 28610220 two weeks beforehand for speakers to review the information) Again, those who are experienced can share, while less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.



From left to right
Dr. Mark Chan, Dr. Ng Kwai Sang, Dr. Paul Lam

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

Diabetes Clinical Attachment for Family Physicians

Dates	10, 17, 24 February 2011 3, 10, 17, 24, 31 March 2011 7, 14, 21, 28 April 2011
Organizers & Course Directors	Diabetes Ambulatory Care Centre, Department of Medicine & Geriatrics, United Christian Hospital Dr. Grace Kam Associate Consultant, Diabetes Team, United Christian Hospital The Hong Kong College of Family Physicians Dr. Kwong Bi Lok, Mary Chairlady, Board of Education, The Hong Kong College of Family Physicians
Objectives	<ul style="list-style-type: none"> • To update Family Physicians with current management of DM problems • To provide opportunities to gain knowledge and practical experience in outpatient management of DM patient, emphasizing on comprehensive DM complication screening and goal of management • To facilitate public private interface relationship between Hospital and the graduates of this course (For details, please call Dr. YEUNG To Ling, course coordinator at 2387 2088.)
Course Structure	The attachment will consist of 12 two hourly sessions, including lectures, outpatient clinics, ward-rounds and workshops. One session per week from 2:00 p.m. - 4:00 p.m. on Thursdays.
Time	2:00 p.m. – 4:00 p.m.
Venue	Library Conference Room, 1/F, Block H, United Christian Hospital, Kwun Tong, Kowloon
Topics	Diagnosis and Classification of DM; Electronic Medical Record; Microvascular Complications; Complication Screening; Eye Complications; Renal Complications; Foot Complications; Foot Assessment Workshop; Cardiovascular Complications; Neurological Complications; Fundamentals & Strategies of Diabetic Nutritional Support; Treatment (Oral); Case Round; Treatment (Insulin); Initiation of Ambulatory Insulin; Obesity of Metabolic Syndrome; Case Illustration; BP & Lipids Management Case Illustration; Pre-diabetes; DM Nurse Case Round; Self Monitoring of Blood Glucose Patient Empowerment
Course Fee	HK\$2,600 All cheques payable to "HKCFP Education Ltd"
Enrolment	Please call Ms Winniea Lee at 2861 0220 for details <u>on or before January 31, 2011</u> . Registration will be first come first served.
Certification	A certificate of attendance will be awarded under the names of organizers for participant who has over 80% attendance.
Accreditation	Up to 15 CME points (Category 4.8) & 5 CPD points (Category 3.16) for the whole attachment

ASSESSMENT ENHANCEMENT COURSE FOR FAMILY PHYSICIANS 2011

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	Dr. Wong Ka Wah and Dr. Chan Chi Wai
Co-ordinator	:	Dr. Tam Chung Yin, Janet
Objectives	:	<ol style="list-style-type: none"> 1. To improve clinical knowledge, problem solving and consultation skills through different workshops 2. To improve physical examination technique and clinic procedural skills through hands-on experience 3. To provide opportunity for inter-professional communication and social network expansion through self help group 4. To improve time management through simulated examination
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	7 months' course starting from April 2011
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> 1. Seminars 2. Workshops 3. Self-help Group Supports 4. Mock Exam <p>Seminars and Workshops will be arranged on Saturday afternoons (2:15 p.m. to 5:15 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole AEC course) HK\$900 (Spot admission for each seminar or workshop)</p> <p>All cheques payable to "HKCFP Education Ltd"</p> <p>All Fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms Dickie Lam, at 2861 0220 for details Successful applications will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	Post-AEC training course will be organized for category 2 candidates who had enrolled in AEC.

Assessment Enhancement Course 2011 Timetable for Workshop

Date	Topics	Venue
Apr 9, 2011 (Sat) 2:15 – 5:15 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
Jun 25, 2011 (Sat) 2:15 – 5:15 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
Jul 23, 2011 (Sat) 2:15 – 5:15 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
Aug 20, 2011 (Sat) 2:15 – 5:15 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
Sep 10, 2011 (Sat) 2:15 – 5:15 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
Oct 15, 2011 (Sat) 2:15 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

CPR Training Workshop and Examination 2011

Only 2 CPR Training Workshops and Examinations will be held in 2011 (26 & 27 February and 26 & 27 March). As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2011 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our first CPR session.

Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2011 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP CPR certificates are valid for 2 years.

26 February 2011 Saturday		27 February 2011 Sunday	
CPR Training Workshop		CPR Examination	
Time	2:00 p.m. - 5:00 p.m.	Time	2:00 p.m. - 5:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	<ol style="list-style-type: none"> CPR Basic Life Support-Principles and Techniques Pitfalls in CPR and Demonstration on Automated Defibrillator Medico-legal Aspect of CPR Updates in Guidelines 	Co-organizer	The Hong Kong College of Cardiology
Training	Hands-on training, supervised by HKCFP CPR Instructors	Capacity	50 doctors
Accreditation	3 CME Points HKCFP (Cat. 4.4) 3 CPD Points HKCFP (Cat. 3.11) for passing CPR examination		

Admission Fee:

Members	(Attend Training Workshop and Examination)	HK\$600.00
Non-members	(Attend Training Workshop and Examination)	HK\$1,200.00
Members with expired CPR certificate (HKCFP)	(Attend Training Workshop and Examination)	HK\$200.00
Non-members with expired CPR certificate (HKCFP)	(Attend Training Workshop and Examination)	HK\$400.00
Members with valid AHA Certificates	(Require to sit for Examination only)	HK\$200.00

All cheques payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Each successful candidate will be awarded a CPR Certificate valid for 2 years. Please contact Ms Dickie Lam at 2861 0220 for registration on/ before **18 February, 2011**. **LATE APPLICATIONS WILL NOT BE ENTERTAINED.**

Monthly Video Viewing Session –

Monthly video viewing session will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

January's session:

Date	28 January, 2011 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	New Treatment Update in Allergic Rhinitis – Dr. Gary K.K. Yip
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

February's session:

Date	25 February, 2011 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Acneiform Eruption: Diagnosis and Management – Dr. Hui Shiu Kee
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programmes

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
12 February 2011 (Sat) 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Refresher Course for Health Care Providers 2010/2011 – Growth Problems in Children Dr. Lee Ching Yin Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

Structured Education Programmes

Free to members
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
19 Jan 11 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Food Labelling Dr. Li Shun Hoi	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Premarital Counseling, Antenatal and Postnatal Care Dr. Lee Hung Fai and Dr. Cheung Yan Kit	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Allied Health Talk: Physiotherapy Dr. Pong Pong	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Consultation Skill – Multiple Complaints and Somatization Dr. Wong Hiu Lap	Ms. Susanna Tong Tel: 2632 3480
20 Jan 11 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Premarital Counseling, Antenatal and Postnatal Care Dr. Hung Wai Shan and Dr. Yeung Sze Wai	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Evidence-based Management in Family Medicine Dr. So Chi Kin and Dr. Yip Chun Kong	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	LAP Video Review Dr. Wu Kwok Keung and Dr. Leung Wan Chiu	Ms. Kwong Tel: 2595 6941
26 Jan 11 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Elderly Health Care Service Dr. Mok Kwan Yeung	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	How to Break Bad News Dr. Ho Pui Gi and Dr. Wan Pui Chu	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Video Review – Consultation Skills @ LAP Dr. Ko Wai Kit	Ms. Man Chan Tel: 2589 2337
27 Jan 11 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	How to Break Bad News Dr. Kwong Lok See and Dr. Zhu Guixia	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Advance Directive Dr. Leung Hoi Lik and Dr. Cheung Sze Man	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Personality Disorders Commonly Encountered in Daily Practice Dr. Cheng Kit Wing, Sidney	Ms. Kwong Tel: 2595 6941
2 Feb 11 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Sex Therapy Dr. Ho Tsz Bun	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Management of Bereavement Dr. Chan Ngai Ping and Dr. Leung Yuen Kin	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Toxicology Update Dr. Cheung Chi Hong, David	Ms. Man Chan Tel: 2589 2337
9 Feb 11 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Allergy Management in Emergency Situation Dr. Cheuk Tat Sang	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Smoking Cessation Dr. Cheng Ying Wai and Dr. Yuen Ching Yi	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Parenting Dr. Tam Yick Sin, Denise	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Large Bowel Investigation Dr. Janet Lee	Ms. Susanna Tong Tel: 2632 3480
10 Feb 11 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Smoking Cessation Dr. Mang Fung Yi and Dr. Li Ming Yin	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Integrated Mental Health Program Dr. Kwan Shu To	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Preventing Musculoskeletal Diseases in DSE Use Dr. Cheng Kwan Chui	Ms. Man Chan Tel: 2589 2337
16 Feb 11 (Wed)			
2:15 – 4:45 p.m. 3 CME points	AB1038, 1/F, Main Block, Tuen Mun Hospital	Frequent Attenders / Defaulters Dr. Wong Chun Fai	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Update of Management of Osteoporosis Dr. Chan Hau Ting and Dr. Yiu Kam Yi	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Principles of Statistics / Statistics in FM Dr. Wong Sum Lok	Ms. Man Chan Tel: 2589 2337
17 Feb 11 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Ocular Manifestation of Systemic Diseases Dr. Kenneth Li	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Promoting Healthy Lifestyle Dr. Li Shun Hoi and Dr. Sze Chung Fai	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	Antenatal Care & High Risk Pregnancies Dr. Kwong Kam Tim	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 Jan	10	11	12	13 9:00 p.m. Public Education Committee Meeting	14	15 2:15 – 5:15 p.m. DFM Module V – Counselling Workshop II
16	17	18	19 2:15 – 7:30 p.m. Structured Education Programme	20 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	21	22 2:15 – 5:15 p.m. DFM Module V – Women's Health Workshop
23	24	25	26 2:15 – 7:00 p.m. Structured Education Programme	27 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	28 2:30 – 3:30 p.m. Board of Education – Video Session	29 2:15 – 4:45 p.m. DFM Module III – Clinical Audit & Quality Assurance
30 2:00 – 4:30 p.m. PA Segment Pre- exit examination workshop	31 Deadline for annual checklist submission (Basic Training) Deadline for application for Best Research	1 Feb	2 2:15 – 7:00 p.m. Structured Education Programme	3	4	5
6	7	8	9 2:15 – 7:30 p.m. Structured Education Programme	10 2:00 – 4:00 p.m. Diabetes Clinical Attachment 2:15 – 7:00 p.m. Structured Education Programme	11	12 2:30 – 4:30 p.m. Community Education Programme
13	14	15	16 2:15 – 7:00 p.m. Structured Education Programme	17 2:00 – 4:00 p.m. Diabetes Clinical Attachment 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	18	19 2:15 – 4:45 p.m. DFM Module III – Research & Teaching Medicine
20	21	22	23	24 2:00 – 4:00 p.m. Diabetes Clinical Attachment	25 2:30 – 3:30 p.m. Board of Education – Video Session	26 2:00 – 5:00 p.m. CPR Training Workshop
27 2:00 – 5:00 p.m. CPR Examination	28 Deadline for annual checklist submission (Higher Training) Deadline for logbook submission (Higher Training)	1 Mar	2	3	4	5

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Red : Education Programmes
by Board of Education
Green : Community & Structured
Education Programmes
Purple : College Activities