



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Family Physicians Links

Message from the President

WONCA Asia Pacific Region (APR) Council Meeting



Dr. Donald Li delivering the opening speech

The 18th WONCA Regional Conference 2011 was held in Cebu City, Philippines from February 21-24, 2011. The theme this year was "Paradigms of Family Medicine: Bridging Old Traditions with New Concepts" to recall the best practices and experience from the past and merge them with new ideas and concepts as we upgrade the standards of primary medical care through the promotion of family medicine.

The 6th Wes Fabb Orator was Professor John Murtagh, Professor in General Practice at the Monash University, Melbourne, Australia. He is also Guest Professor of Peking University, Beijing, China. Professor Murtagh was Head of Department of General Practice, Monash University since 1993 until his retirement from that position in 2000.

Due to the black Outbound Travel Alert issued by the Security Bureau last year after the tragic hostage-taking incident in Manila on 23 August 2010, there were not many delegates from Hong

Kong. A team from the Chinese University of Hong Kong including Professor Samuel Wong, Professor Martin Wong and Dr. Kenny Kung attended and presented their papers.

I attended the WONCA APR Council Meeting chaired by Dr. Donald Li, the WONCA Asia Pacific Regional President on February 20, 2011. There were representatives from Australia, China, Fiji, Indonesia, Japan, Malaysia, Philippines and South Korea attending the meeting. Issues discussed included effective utilization of WONCA fund, promotion of primary care research in the region and strengthening connections with non-member countries such as Cambodia, Laos, Brunei, Timor-Leste, the Pacific Nations and Papua New Guinea.

In the meeting, our College was commended for the timely organization of our first Hong Kong Primary Care Conference (HKPCC) to be held on 28 – 29 May 2011 that is relevant to the much broader primary care community. This conference will provide a platform to share the latest scientific updates, current development and future trends in primary care, and to allow all members of the primary care team (family physicians, nurses, community and allied health practitioners) to network and learn from one another. The theme of this inaugural conference is "A New Frontier" to provide a new frontier for the fields of primary care, by bringing experts and practitioners together and encouraging future development and collaboration.



The WONCA APR Council executives



Prof. Samuel Wong, Dr. Donald Li, Prof. Barbara Starfield and Dr. Jeff Maukins (from left to right)



The Sixth Wes Fabb Orator

INSIDE THIS ISSUE

- 01 [Message from the President](#)
- 02 [HKPCC 2011](#)
- 09 [College News:](#)
 - 09 [CMOD, Membership Committee News, 24th Fellowship Conferment Ceremony and the 22nd Dr. Sun Yat Sen Oration](#)
 - 10 [25th Conjoint HKCFP/RACGP Fellowship Examination](#)
 - 14 [Diploma in Family Medicine \(HKCFP\)](#)
 - 16 [Certificate Course in Family Medicine \(HKCFP\)](#)
 - 17 [HKCFP Research Fellowship 2011](#)
- 12 [Feature: Current Trends in Hypertension Management in Primary Care Setting](#)
- 18 [Executive Corner: Board of Vocational Training and Standards](#)
- 19 [News Corner: New Reference Frameworks on Hypertension and Diabetes Care in Primary Care released by the Food and Health Bureau](#)
- 20 [Learning Points from Board of Education](#)
- 21 [Board of Education News](#)
- 24 [College Calendar](#)

Hong Kong Primary Care Conference 2011

A New Frontier

Announcement

It is our great pleasure to announce that the first Hong Kong Primary Care Conference (HKPCC), organized by the Hong Kong College of Family Physicians, will be held on 28 – 29 May 2011 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

Spurred on by the great success of our past Annual Scientific Meetings, the Hong Kong College of Family Physicians is now expanding our Annual Scientific Meeting into an exciting new conference that is relevant to the much broader primary care community. We hope to provide a platform to share the latest scientific updates, current development and future trends in primary care, and to allow college members and other members of the primary care team (family physicians, nurses, community and allied health practitioners) to network and learn from one another.

The theme of this inaugural conference is “A New Frontier”. As our government’s recent healthcare policy is placing a great emphasis on the development of primary care, we hope our new-found conference will provide a new frontier for the fields of primary care, by bringing experts and practitioners together and encouraging future development and collaboration.

We now cordially invite you to submit abstracts for free paper presentations and posters, to participate in our full paper competition, and to register for the conference. Instructions for abstract submission and full paper competition are available on the next few pages and at our College website.

More information on the first Hong Kong Primary Care Conference will follow soon in the future issues of the Hong Kong Practitioner and FP Links, as well as on our College website. It is our hope that your attendance and contribution will help in shaping the future of primary care in Hong Kong. Please come and join us!

Dr. Man-kuen Cheung
Chairlady
Organizing Committee
Hong Kong Primary Care Conference 2011

Winner

BIRTH OF HKPCC FIRST EVER LOGO

LOGO Competition Announcement

To celebrate the founding of the HKPCC and to commemorate this event, we have invited designers from all walks of life to design an exclusive logo for the HKPCC. We have received many entries of talented artwork and wish to express our gratitude to all participants for their immeasurable support to the College and the first HKPCC 2011.

It gives us great pleasure to announce the Winner of the Logo Competition:

Ms. Cheng Zeemink



Our logo forms the “Star of Life” and the people here represent doctors, nurses, physiotherapists, occupational therapists and other allied health professionals to form a community (the conference) for sharing medical scientific updates for future development and collaboration.

HKPCC 2011 Organizing Committee

Hong Kong Primary Care Conference 2011

A New Frontier



Full Paper Competition

(Submission Deadline: 31 March 2011, Thursday)

We cordially invite your participation in the Full Paper Competition of the HKPCC 2011. The Competition is a long-standing tradition of HKCFP for promoting and recognizing well-designed, innovative research, which bears potential to exert impact in clinical practice or development in the field of primary care.

The HKPCC 2011 Organizing Committee will invite renowned scholars to review the participating papers. Judges appointed by the Organizing Committee will determine the final awardees based on qualities of the papers.

The winner will be awarded the Best Research Paper Award, which will be presented at the opening ceremony of the HKPCC 2011. The winning team will also be featured in our college newsletter – Family Physicians Links (FP Links).

Awards

The **Best Research Paper Award** winner will receive **HK\$5,000** and a certificate.

Eligibility Requirements and Author Guidelines

To be eligible for participation in the full paper competition, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author must register at the Conference;
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards.

The participating papers should be full-length articles. They should include a structured abstract of no more

than 250 words. The text should contain between 2,000- 3,000 words, organized as INTRODUCTION, METHOD, RESULTS and DISCUSSION. It should consist of no more than 5 illustrations (tables/figures).

Electronic version is preferred. The full paper should be typed in 12 point size in Microsoft Word format.

Award Selection Criteria

Each paper will be evaluated against the following criteria:

1. Academic rigor of the paper (e.g. originality, methodology, organization and presentation)
2. Relevance to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care)

How to Submit

By Email – Attach the paper with the completed “Full Paper Submission Form” and send to hkpcc@hkcfp.org.hk.

IMPORTANT: Please download the **Full Paper Submission Form** from our College’s Website www.hkcfp.org.hk and submit the paper with the form.

Submission Deadline

31 March 2011 (Thursday)

If you have any questions concerning the HKPCC 2011 Full Paper Competition, please do not hesitate to contact Mr. Patrick Wu, the HKPCC 2011 Secretariat, by phone at 2528 6618 or by email: hkpcc@hkcfp.org.hk.

We look forward to receiving your research articles!

Hong Kong Primary Care Conference 2011

A New Frontier



Abstract Submission Instructions

Abstract Format

- Electronic version is preferred. Abstracts should be typed in 12-point size in Microsoft Word format. Handwritten abstracts will not be accepted.
- The abstract must not exceed 250 words, and should be organized as follows: TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and DISCUSSION. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- All presenting authors must register at the Conference.
- Authors' full names and affiliations must be specified. Surnames should be printed in bold.
- All abstracts must be submitted in either English or Chinese. All accepted abstracts must be presented in English.

How to Submit

By Email – Attach the abstract with the completed “Abstract Submission Form” and send to [hkpc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).

IMPORTANT: Please download the Abstract Submission Form from our College's Website www.hkcfp.org.hk and submit the abstract with the form.

Please Note

- 1) The submitted abstract must not be identical to abstracts submitted to other conferences.
- 2) The Organizing Committee will have the right of final decision on the acceptance of an abstract.
- 3) Only **ONE** designated presenter can present an accepted abstract. Co-authors are welcome to register and attend the session.
- 4) Acknowledgement will be sent by email upon receipt.
- 5) If you have any questions concerning the abstract submission, please contact Mr. Patrick Wu, by phone at 2528 6618 or by email [hkpc@hkcfp.org.hk](mailto:hkpcc@hkcfp.org.hk).
- 6) The deadline for abstract submission is **31 March 2011 (Thursday)**.

Hong Kong Primary Care Conference 2011
"A New Frontier"

Scientific Programme

| Date | 28 May 2011 (Sat) | | | | |
|---------------|--|---------------------------------------|----------------------------------|-----------------------------------|--------------------------------|
| Time | | | | | |
| 13:45 – 14:30 | Registration | | | | |
| 14:30 – 15:00 | Opening Ceremony | | | | |
| 15:00 – 15:30 | Plenary Session I | | | | |
| 15:30 – 16:00 | Plenary Session II | | | | |
| 16:00 – 16:30 | Coffee Break | | | | |
| 16:30 – 18:30 | Workshop 1 (Wound Management) | Workshop 2 (Psychotherapy) | Seminar A (Education) | Seminar B (Clinical I) | Free Paper Presentation |
| 18:30 – 21:30 | Dinner Symposium | | | | |

| Date | 29 May 2011 (Sun) | | | | | |
|---------------|---|---------------------------------------|---------------------------------|------------------------------------|------------------|--------------------------------|
| Time | | | | | | |
| 09:00 – 09:30 | Registration | | | | | |
| 09:30 – 11:00 | Workshop 1 (Wound Management) | Workshop 2 (Psychotherapy) | Seminar C (Research) | Seminar D (Clinical II) | Seminar E | Free Paper Presentation |
| 11:00 – 11:30 | Coffee Break | | | | | |
| 11:30 – 12:00 | Plenary Session III | | | | | |
| 12:00 – 12:30 | Plenary Session IV | | | | | |
| 12:30 – 15:00 | Lunch Symposium | | | | | |
| 15:00 – 15:30 | | | | | | |
| 15:30 – 16:30 | Reception of the 24th Fellowship Conferment Ceremony | | | | | |
| 16:30 | The 24th Fellowship Conferment Ceremony The 22nd Dr. Sun Yat Sen Oration | | | | | |

****Pending CNE, CPD & CME accreditation**

Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make last minute changes should the need arises.

Workshop introduction

Workshop 1: Wound management

Wound management is the bread and butter of primary care doctors and nurses. In this workshop we are going to give wound management an extra flair. Primary care doctors and nurses are welcome to join.

Send in your cheques early!

Only limited seats available for our workshops!!

Day 1-To suture or not? *Dr. Ho Chiu Ming*

Managing different kinds of wounds depends on their nature and formation: an incisional wound may require suturing while a laceration needs proper closure only. This workshop aims at helping doctors to identify different types of wounds and their corresponding management to enhance healing. A hands-on experience of basic suturing techniques will be provided as a skill revision.

Dr. Ho was the inaugural chairman of the Plastic Surgery Board, College of Surgeons of Hong Kong and Past President of Hong Kong Society for Plastic, Reconstructive and Aesthetic Surgeons, Past Consultant and Chief of the Division of Plastic Surgery, Kwong Wah Hospital with over 55 peer-reviewed publications.

He currently serves in the Council of College of Surgeons of Hong Kong and the Council of Hong Kong Society of Plastic, Reconstructive and Aesthetic Surgeons.

Dr. Ho has been in private practice since 2007 and is also a part-time Consultant in Plastic Surgery at Kwong Wah Hospital and Tuen Mun Hospital. He has been an Honorary Clinical Associate Professor in Surgery, The University of Hong Kong since 1997.

Day 2-Wound management *Ms. Wan Yin Ping*

On Day 2, Ms. Wan will discuss wound classification and management strategies on various types of wounds: pressure ulcers, venous ulcers, arterial ulcers, surgical wounds, tubes, and drains and palliative wounds. Dressing decision making will be elaborated upon. There will be video shown on compression bandage and live demonstration on negative pressure wound therapy.

Ms. Wan is the Advanced Practice Nurse in Department of Surgery of Tuen Mun Hospital and Committee of Pressure Ulcer Prevention & Management Program of North Territories West Cluster since 2009. She was also Mentor of Enterostomal Therapy Nursing Education Program, of Guangzhou (2004) and Hong Kong (2004-2010), visiting lecturer for Diploma Course in Enterostomal Therapy Nursing Education Program (HKU SPACE), visiting lecturer for the 1st Enterostomal Therapy Nursing Education Program of Province Nurses Association of Jiangsu & Nanjing Medical University in 2007.

Workshop introduction

Workshop 2: Psychotherapy

Too busy to counsel?

Inexperienced with office counseling?

Your counseling skills limited to a box of tissues?

Don't know where to start?

The most likely answer to the above questions:

- A. Grab a book and find a nook to read.
- B. Refer your patient to a psychologist he/ she may not be able to afford.
- C. Pretend to be a patient and get some insider tips on counseling firsthand.
- D. Fill in our form and apply for our workshop for psychotherapy on 28 May and 29 May at HKPCC

Remember that many of our applicants also know the best answer to this question.

Seats are limited for our much sought after workshops!

Workshop availability is on a first come first served basis!!

Day 1- Office based psychotherapy

Dr. Cheung Kit Ying, Andy

Still not convinced? Let me present our first speaker for our Cognitive Behavioral Therapy workshop: Dr. Andy Cheung is a renowned and experienced Family Physician in private practice, Adjunct Associate Professor at the CUHK, Honorary Assistant Professor at HKU and Faculty member, Educational Service, Medical Protection Society. Dr. Cheung holds a Doctorate degree in Clinical Psychology by the California School of Professional Psychology and has completed multiple certificate courses in counseling skills.

Dr. Andy Cheung will be introducing psychotherapy and goal setting at the workshop. There will be HANDS-ON practice and clinical sharing. Dr. Cheung will also provide information on further training resources for those with a deeper interest in psychotherapy and clinical counseling.

Day 2-Psychological intervention to enhance motivation and client's compliance

Ms. Sezto Ngai Wah

Ms. Sezto Ngai Wah is a Senior Occupational Therapist at the United Christian Hospital and a well-seasoned counselor. Ms. Sezto will introduce common psychological interventions and the basic principles of motivational interviewing (MI). There will be ROLE PLAYS and INTERACTIVE PRACTICE of basic MI skills. She will also share the clinical application of the above theories in occupational therapy service.

Hong Kong Primary Care Conference 2011

Organized by The Hong Kong College of Family Physicians

28 – 29 May 2011, HKAM Jockey Club Building, Wong Chuk Hang, HK

"A New Frontier"

REGISTRATION FORM

Name : Prof. / Dr. / Mr. / Mrs. / Ms. _____

Institution : _____

Contact No. : _____ Member ID (if applicable) : _____

Email : _____ Fax : _____

**Details or updates would be sent by email*

REGISTRATION (please tick as appropriate):

| | HKCFP Member | Non-member |
|---|--|----------------------------------|
| HKCFP Hong Kong Primary Care Conference | <input type="checkbox"/> Complimentary | <input type="checkbox"/> HK\$600 |
| Workshops | | |
| Workshop 1 : Wound Management | <input type="checkbox"/> HK\$200 | <input type="checkbox"/> HK\$400 |
| Workshop 2 : Psychotherapy | <input type="checkbox"/> HK\$200 | <input type="checkbox"/> HK\$400 |

Each participant can only register for **ONE** workshop
Workshop registration is subject to availability. Cheques will be returned to unsuccessful registrants.

COMPLIMENTARY TRANSPORTATION

| Pick-up Points | 28 May 2011 (Sat) | 29 May 2011 (Sun) |
|--------------------------|--------------------------|--------------------------|
| Admiralty | <input type="checkbox"/> | <input type="checkbox"/> |
| Kowloon Tong MTR station | <input type="checkbox"/> | --- |
| Tuen Mun | <input type="checkbox"/> | --- |

Note: Details concerning the transportation arrangements will be further announced.

PAYMENT METHOD

Please send completed registration form with crossed cheque payable to "HKCFP Education Ltd" to the address: Room 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong.

If you have any questions concerning HKPCC 2011, please contact Mr. Patrick Wu, the HKPCC 2011 Conference Secretariat, by email: hkpcc@hkcfp.org.hk or by phone at 2528 6618.

Signature: _____ Date: _____

Registration forms can also be downloaded through College website - www.hkcfp.org.hk.

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15th March 2011 to 14th April 2011, Prof. Samuel Y S Wong and I will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C K Lee
Co-ordinator, CMOD System



Prof. Samuel Y S Wong



Dr. Tony C K Lee

Membership Committee News

The Council approved, on recommendation of the Membership Committee Chairman, the following applications for membership in **February 2011** with Council Meeting:

| Transfer from Associate Membership to Fellowship | | Associate Membership (New Application) | |
|--|-----|--|-----|
| Dr. CHEUK Christina | 卓嘉雯 | Dr. CHEUNG Hon Yuen | 張瀚源 |
| Dr. HO Chak Sing Michael | 何澤誠 | Dr. LIU Hung Wai | 廖雄威 |
| Dr. HUI Ka Fung | 許嘉烽 | Dr. SO Tsang Yim | 蘇爭艷 |
| Dr. HUNG Lok Lam Susanna | 孔樂霖 | Dr. YAU King Sun | 游景新 |
| Dr. LO Tsz Yan | 盧芷欣 | Dr. YEN Pang Fei | 嚴鵬飛 |
| Dr. SIU Lok Man | 蕭洛雯 | Resignation of Associate Membership | |
| Dr. WONG Hing Lam | 黃慶琳 | Dr. CHAN Wai Kie, Ricky | 陳偉奇 |
| Dr. WONG Pak Kin | 黃柏鍵 | Student Membership (New Application) | |
| Dr. YUEN Yeuk Ying | 袁若瑛 | Ms. LAM Luk Ping | 林慕萍 |

The 24th Fellowship Conferment Ceremony and the 22nd Dr. Sun Yat Sen Oration

The College is holding "The 24th Fellowship Conferment Ceremony and the 22nd Dr. Sun Yat Sen Oration" at 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong on 29th May 2011.

The successful candidates of Conjoint Examination would be conferred Fellowship; and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates, followed by the delivery of the 22nd Dr. Sun Yat Sen Oration.

All Fellows*, members and their spouses are cordially invited to attend the Conferment Ceremony and the Oration. Details as Follows:

- Event : (i) **The 24th Fellowship Conferment Ceremony**
(ii) **The 22nd Dr. Sun Yat Sen Oration**
- Date : 29th May 2011 (Sunday)
- Time : 3:30pm Reception
4:30pm Ceremony
- Remarks : 1 CME (Category 4.3)
This activity is free of charge to our members and their spouses.

*REMARKS: All College Fellows are welcome to bring along their Fellowship gowns for the Conferment Ceremony.

TWENTY- FIFTH CONJOINT HKCFP/RACGP Fellowship Examination THIRD (FINAL) Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Twenty-fifth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2011.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application - including a valid RACGP number.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine. After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2011, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2011, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30 June 2011.

Category II candidates must apply to sit **both** the Written Examination and the Clinical Examination at the first application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
 - Key Feature Problems (KFP), and,
 - Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination
 - Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made **AND** the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

*Note: In regarding the CPR certificate as issued by the HKCFP, the CPR workshop & examination for 2011 will be held on 26 and 27 March respectively. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 22). Please register with our College secretariat at 2528 6618 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for Conjoint Examination 2011.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2014).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 701, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, www.hkcfp.org.hk. Please note that the deadline for application is **19 April 2011**.

(a) CATEGORY I CANDIDATES

| | |
|--|---|
| Full Examination (Written + Clinical) | \$21,600 |
| Written Examination | \$6,200 plus Administrative Fee \$7,000 |
| First attempt on Clinical Examination | \$8,400 |
| Subsequent attempt on Clinical Examination | \$8,400 plus Administrative Fee \$7,000 |

(b) CATEGORY II CANDIDATES

| | |
|--|---|
| Full Examination (Written + Clinical) | \$21,600 |
| Subsequent attempt on Clinical Examination | \$8,400 plus Administrative Fee \$7,000 |

Please make the cheques# payable to **"HKCFP Education Limited"**. If a candidate applies for the Full Examination and **fails the Written Examination, the fee paid for the Clinical Examination HK\$8,400 will be returned.**

(#For application of Full Examination please writes 2 separate cheques of HK\$13,200 and HK\$8,400. For the cheque of HK\$8,400, please date it at 1 September 2011.)

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$14,600 (for the whole examination), \$6,200 (for the written examination) or \$8,400 (for the clinical examination). The administration fee of \$7,000 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

- | | |
|---|--|
| • 19 April 2011 (Tuesday) | Closing Date for Applications |
| • 18 September 2011 (Sunday) | Conjoint Examination – Written Examination (KFP) |
| • 25 September 2011 (Sunday) | Conjoint Examination – Written Examination (MCQ) |
| • 30 October and 6 November 2011 (Sundays) (Tentative) | Conjoint Examination – OSCE |

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 701, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

Current Trends in Hypertension Management in Primary Care Setting

Dr. Yu Yee Tak Esther

Resident, Department of Family Medicine and Primary Health Care, Kowloon West Cluster

Hypertension is the most common chronic illness encountered by primary care doctors in Hong Kong: 60% of chronic follow-up cases in public general out-patient clinics (GOPC) are hypertensive. As its prevalence continues to increase due to aging, obesity and lifestyle factors, hypertension represents an important primary care burden locally. It is also the major cause of premature death, stroke and heart attack, and blood pressure lowering has been shown to be crucial in reducing these hypertension-related morbidities and mortalities. Since the ultimate aim of primary care is to keep people in the community healthy and happy, allowing them to lead independent lives, while optimizing blood pressure control of our numerous hypertensive patients constitutes an important task for primary care doctors.

In addition to implementing the recommendations by the current major guidelines on hypertension management, primary care physicians can do far more to improve care for our hypertensive patients. We are skilled at assessing the overall well-being of patients using the bio-psycho-social model: how the patient's social background and past experience influences his or her perception and understanding on hypertension and compliance to the treatment prescribed, and how the diagnosis of hypertension and its treatment affects his or her psychological well being and social circumstances. This piece of information is fundamental to holistic and individualized care for managing chronic diseases such as hypertension.

By foreseeing the specific difficulties our hypertensive patients may encounter, we can tailor-make an individualized care plan for each according to his or her circumstances. For example, more effort can be spent in providing detailed education on various aspects of life style modification for an educated patient with borderline elevated blood pressure, yet one

may concentrate on exercise prescription and importance of drug compliance for an illiterate housewife with hypertension, obesity and impaired glucose tolerance. Similarly, the dosing regimen may be adjusted differently according to the patient's working schedule or co-morbidities. These specific, individualized treatment plans can in turn ensure good treatment compliance and thereby optimize the patient's blood pressure control and general well-being.

However, it is difficult for GOPC doctors to fulfill all these roles at busy clinic settings. In order to enhance hypertension care in GOPC setting, a new approach can be employed – **the Multi-disciplinary Team Approach**: while GOPC doctors continue to provide detailed assessment to establish each patient's triple diagnosis and offer pharmacotherapy as indicated, other components of care can be shared with nursing and allied health staff. In this way, the expertise of each team member can be incorporated into the hypertension management program, resulting in better patient outcome and maximizing patients' satisfaction. GOPC doctors as the health co-coordinators, together with the multi-disciplinary team, can provide **Individualized, Holistic, Efficient and Cost effective** primary care in order to optimize our patient health, keeping them happy in the community where they belong to.

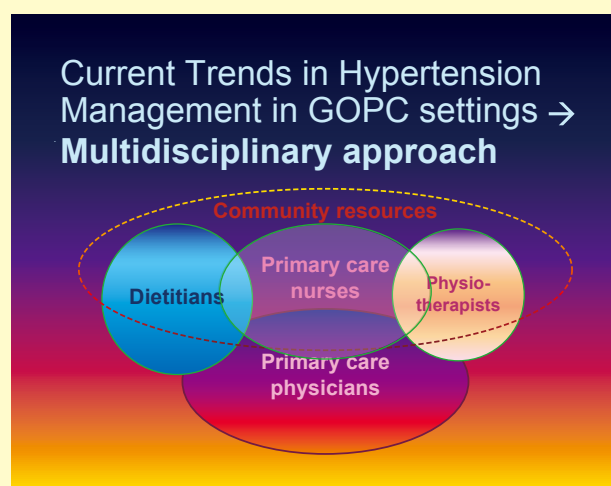




Photo 1



Photo 2



Photo 3



Photo 4



Photo 5



Photo 6

Example of a multi-disciplinary care plan for hypertensive patients:

- **Physicians:**
 - Establish correct diagnosis of hypertension (left, Photo 1)
 - Perform detail initial assessment of CVD risk, co-morbidities and target organ damage, and look for secondary causes of hypertension if indicated (left, Photo 2)
 - Establish triple diagnoses – taking the biological-psychological-social aspects into consideration
 - Set treatment goal for individual patients – short and long term (left, Photo 3)
 - Coordinate care from various health care professionals
 - Employ pharmacological agents as indicated
 - Manage co-morbidities and complications
 - Refer as appropriate

- **Nurses:**
 - Assess patient's knowledge on hypertension, lifestyle and drug compliance
 - Advise on lifestyle and smoking cessation (left, Photo 4)
 - Ensure accuracy of self blood pressure measurement (home BP monitoring)
 - Perform ongoing complication screening and risk assessment

- **Dietitians:**
 - Offer individualized diet plan on DASH diet
 - Provide weight management diet plan for obese patients

- **Physiotherapists:**
 - Provide tailor-made exercise programmes to improve cardiovascular fitness and lower blood pressure (left, Photo 5)
 - Manage co-morbidities such as obesity

- **Community resources:** (left, Photo 6)
 - Provide community BP monitoring
 - Patient support group
 - Help patients to solicit resources from community centers to extend their social network

Diploma in Family Medicine (HKCFP) Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in June 2011.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

| | |
|------------------|--|
| Aims: | 1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor |
| Contents: | Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine |

Module II – Common Problems in Family Medicine (Distance Learning)

| | |
|------------------|---|
| Aims: | 1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine |
| Contents: | Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc |

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

| | |
|------------------|---|
| Aims: | 1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine |
| Contents: | Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal |

Module IV - Clinical Updates (Updates and Clinical Attachment)

| | |
|------------------|---|
| Aims: | Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology |
| Contents: | <u>THREE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability) |

Module V - Practical Family Medicine (Practical Workshops)

| | |
|------------------|--|
| Aims: | Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine |
| Contents: | <u>5 compulsory and 1 elective</u> Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine |

Module III & V will be scheduled in Saturday and Sunday afternoons

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

| | |
|-------------------------------|--------------------|
| June to September 2011 | Module I |
| November 2011 to January 2012 | Module II |
| July 2011 to May 2012 | Module III, IV & V |
| May 2012 | Final Examination |

5. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:

HK\$25,000 for members of HKCFP

HK\$50,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before May 15, 2011)

In addition, the first 10 General Practitioners in Hong Kong who enroll successfully with the Diploma course on/before the deadline will enjoy further course fee reduction of HK\$2,000.

| Individual Modules: | Members | Non-members |
|--|---------|-------------|
| Module I (Distance Learning – Principles of Family Medicine) | \$3,000 | \$6,000 |
| Module II (Distance Learning – Common Problems in Family Medicine) | \$3,000 | \$6,000 |
| Module III (Structured Lectures & Seminars) | \$2,000 | \$4,000 |
| Module IV (Updates & Clinical Attachment) | \$2,600 | \$5,200 |
| Module V (Practical Workshops) | \$3,600 | \$7,200 |

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate
- A recent photo of the applicant (passport size)
- A signed "Disclaimer of Liability"
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable.
- A Course Fee of HK\$25,000 (or HK\$50,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2010 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms Winnie Lee at 2861 0220 for any queries.

11. Application Deadline: June 17, 2011**Comments From Former DFM Graduates**

- The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge and my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Au Chi Lap
Chairman
The Board of DFM

*Course syllabus and schedule may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

HKCFP Research Fellowship 2011

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in family medicine. The grant is up to the value of HK\$100,000. It provides the successful candidate with protected time to develop research skills. Applicants are expected to have regular contact with a nominated supervisor with **research doctorate degree or equivalent**.

Eligibility

Applicants for the HKCFP Research Fellowship must be active fellows, active full members or associate members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

Selection criteria

Applications will be judged on*:

- training potential of applicants
- relevance to family medicine and community health
- quality
- value for money
- completeness (incomplete or late applications will not be assessed further).

** Please note that new researchers and those at an early stage of their research careers are encouraged to apply.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Tel: 2861 0220 Fax: 2866 0981
2. Applicants must submit:
 - the completed application form,
 - the signed terms and conditions of the HKCFP Research Fellowship,
 - a curriculum vitae from the principle investigator,
 - a curriculum vitae from the co-investigator(s), AND
 - a curriculum vitae from the supervisor.
3. Applications close: March 31, 2011. Late applications will not be accepted.
4. Applications must be sent to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

Board of Vocational Training and Standards

Chairman: Dr. Quincy S. M. Yuen

List of Members

| | |
|------------------------|---|
| Dr. Chan Kin Ling | Deputy Chairman and Chairman of Training Centre Subcommittee |
| Dr. Law Tung Chi | Head of Standards and Chairlady of Trainer Subcommittee |
| Dr. Benny L. P. Lui | Head of Training |
| Dr. Billy C. F. Chiu | Chairman of Higher Training Subcommittee |
| Dr. Pang Siu Leung | Chairman of Basic Training Subcommittee |
| Dr. Barry T. F. Bien | Chairman of Clinical Supervisor Subcommittee |
| Dr. Lee Kai Yuen | Chairman of Structured Education Programme (SEP) Subcommittee |
| Dr. Winnie W. Y. Chan | |
| Dr. Chan Yin Hang | |
| Dr. Linda Y. F. Hui | |
| Dr. Augustine T. Lam | |
| Dr. Mary B. L. Kwong | |
| Dr. Anthony S. B. Poon | |
| Dr. Gene W. W. Tsoi | |



Front row (from left to right): Dr. Law Tung Chi, Dr. Linda Hui, Dr. Mary Kwong, Dr. Quincy Yuen, Dr. Augustine Lam, Dr. Pang Siu Leung
 Back row (from left to right): Dr. Chan Yin Hang, Dr. Benny Lui, Dr. Anthony Poon, Dr. Billy Chiu, Miss Carmen Cheng

In 2010 and 2011, our main task is to review our vocational training. Last year, the College had held an Open Forum, discussing with College members the direction of Family Medicine training in Hong Kong. We're glad to have valuable ideas and suggestions received from other College members including current trainees. The College responded rapidly by holding an Ad Hoc Meeting in February to discuss the revision of the vocational training. Afterwards, our Board was appointed to do the revision, and in the past few months, we have been working hard on that. Once the revision is finished and approved by the Council and the Academy of Medicine, we will give the details to all the clinical supervisors and trainees.

Apart from setting up training requirement and standards, the Board always supports our trainees in all kinds of activities that can help in consolidation of their knowledge in Family Medicine. In the past year, we have sponsored the trainees in the 19th WONCA World Conference Family Doctors held in Cancun, Mexico in May 2010, and the Four Parties Conference on Family Medicine held in Beijing in June 2010. The trainees' reports show that they have gained a lot from the activities we supported. We will continue to support those activities in the future. For details, please pay attention to our monthly announcement in FP Links.

New Reference Frameworks on Hypertension and Diabetes Care in Primary Care released by the Food and Health Bureau

The Healthcare Reform consultation document "Your Health, Your Life" has emphasized the important role of primary care in enhancing population health. In view of the extensive public support towards the document during the first stage of public consultation in 2008, the Working Group on Primary Care (WGPC) under the Health and Medical Development Advisory Committee, chaired by the Secretary for Food and Health, reconvened to advise on strategic directions for the development of primary care in Hong Kong. Under the WGPC, the Task Force on Conceptual Model and Preventive Protocols was established and has recently developed two evidence-based reference frameworks on hypertension and diabetes in primary care. They provide general reference for clinical practice in primary care settings, with input from experts of the Clinical Advisory Group from academic institutions, public and private primary care sectors, as well as from patient groups. The supporting organisations include the medical faculties of the two Universities, the Hong Kong College of Family Physicians, the Hong Kong College of Community Medicine, the Hong Kong Medical Association, and the Hong Kong Doctors Union, as well as other associations.

These reference frameworks have the following characteristics:

- 1) They offer practical recommendations using a population-based approach across the life-course, drawing from best evidence and international experience. Latest medical developments and the most updated evidence are incorporated into the framework to keep pace with scientific advancements.
- 2) The reference frameworks provide a person-centred, comprehensive and continuous approach in management of hypertension and diabetes as the two most common chronic conditions in the local context.
- 3) These frameworks cover primary prevention, address lifestyle changes, assessment of high risk groups, as well as early detection and disease management.
- 4) The frameworks empower patients and their carers, and raise public awareness on the importance of early prevention and proper management of these two chronic diseases.

Each reference framework consists of a core document which is supplemented by a series of different modules addressing various aspects of disease management. The core documents have been published and individual modules will be available in the coming months. In addition, it is anticipated that guidelines for other common conditions encountered by primary care physicians will be developed in the near future.

The endorsement and support from the key primary care stakeholders, including physicians in family practice, will be crucial to facilitate the adoption and promulgation of these frameworks in the primary care settings. Therefore members of our college are encouraged to read, discuss and adopt these frameworks in their clinical consultations.

These reference frameworks can be found at:

Reference frameworks for diabetes and hypertension care. Food and Health Bureau, The Government of the Hong Kong Special Administrative Region.

Available at:

http://www.fhb.gov.hk/en/press_and_publications/otherinfo/101231_reference_framework/index.html

Compiled by Prof. Martin Wong

A synopsis of our Small Discussion Group Meeting on “How to Handle Angry Patients”

Small Discussion Group Subcommittee

Our purpose of establishing Small Discussion Groups is to provide a platform for interactive learning. It is also hoped that through active participation in discussion, practical experience can be shared in a friendly atmosphere. To ensure that each member present in the group is given enough time to express himself or herself, the size of the group is kept between 3 to 15 members.

Because of its flexibility in terms of venue and time, the small discussion group has become one of the popular activities of continuous medical education. At present, there are 134 small discussion groups registered with the Board of Education. If anyone is interested to join a small discussion group, please contact our secretariat at 2861 0220 for details.

Learning Points:

Group Name : **FM trainee from NTWC & DH**

Topic : **How to Handle Angry Patients**

Date : 20 March 2010

Written by : Dr. Tam Kit Ping

Synopsis:

The following summarizes the ways to handle angry patients:

1. Keep things in perspective.

- The anger usually isn't about you

2. Assess your safety.

- Do you need a witness?
- Should you leave the door open?
- Is this a matter best handled by security or the police?

3. If at all possible, sit.

- Sitting tells the patient you have all the time in the world to solve this problem (although we all know you do not).

4. Acknowledge the anger.

- “I feel like you are angry,” is an honest way to start the conversation.
- “I feel our communication has broken down” can help the patient feel heard and steer the conversation towards resolution.

5. Get to the real source of concern.

- E.g. Did the nurse have to stick the patient 3 times for venous access?
- E.g. Is she afraid she will die?
- Probe gently but persistently to get to the core issue.

6. Stay silent and listen.

- The complaint may be 100% valid, completely insane, or more likely somewhere in between. But you won't know unless you let the patient talk.

7. Ask what he would like for you to do; then negotiate.

- If he demands high-dose narcotics, offer him a milder analgesic that you may feel more comfortable prescribing.
- If he demands instant test results, offer to call and find out when the final report may be available.
- Don't do anything medically unreasonable or inappropriate.

8. Offer an alternative outlet.

- Depending on the issue, you may not be the appropriate person to resolve your patient's anger. The office manager can often help the patient feel his concerns are being addressed.

KEY MESSAGE:

- Keep calm. The anger isn't about me.
- Assess safety.
- Keep your attitude being caring, open and non-judgmental.
- Acknowledge the patient's feelings.
- Understand the reason, idea, concern and expectation of the patient.
- Offer alternative outlet.

Reference:

Handling Angry Patients By Sarah Parrott, DO, Assistant Professor of Family Medicine at Kansas City University of Medicine and Biosciences in Kansas City

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2011

| | | |
|-------------------------|---|---|
| Organizer | : | Assessment Enhancement Sub-committee, Board of Education, HKCFP |
| Tutors | : | Family Medicine Specialists, Fellows of HKCFP and RACGP |
| Supervisors | : | Dr. Wong Ka Wah and Dr. Chan Chi Wai |
| Co-ordinator | : | Dr. Tam Chung Yin, Janet |
| Objectives | : | <ol style="list-style-type: none"> 1. To improve clinical knowledge, problem solving and consultation skills through different workshops 2. To improve physical examination technique and clinic procedural skills through hands-on experience 3. To provide opportunity for inter-professional communication and social network expansion through self help groups 4. To improve time management through simulated examination |
| Venue | : | Duke of Windsor Social Service Building and HKAM Jockey Club Building |
| Date | : | 7 months' course starting from April 2011 |
| Course Structure | : | <p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> 1. Seminars 2. Workshops 3. Self-help Group Support 4. Mock Exam <p>Seminars and Workshops will be arranged on Saturday afternoons (2:15 p.m. to 5:15 p.m.)</p> |
| Accreditation | : | Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course |
| Course Fee | : | <p>Members : HK\$3,200 (Whole AEC course) HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd" All Fees received are non-refundable and non-transferable.</p> |
| Capacity | : | 50 doctors maximum |
| Enrolment | : | Enrolment is now open. Please call the College Secretariat, Ms Dickie Lam, at 2861 0220 for details. Successful applications will be informed later. |
| Disclaimer | : | All cases and answers are suggested by our tutors only. They are not standard answers for examination. |
| Remarks | : | Post-AEC training course will be organized for category 2 candidates who have enrolled in AEC. |

Assessment Enhancement Course 2011 Timetable for Workshop

| Date | Topics | Venue |
|--|--|---|
| Apr 9, 2011 (Sat) 2:15 – 5:15 p.m. | Introduction | Duke of Windsor Social Service Building, Wanchai |
| Jun 25, 2011 (Sat) 2:15 – 5:15 p.m. | Approach to Physical Complaints | Duke of Windsor Social Service Building, Wanchai |
| Jul 23, 2011 (Sat) 2:15 – 5:15 p.m. | Proper Physical Examination & Common Clinic Procedures | Duke of Windsor Social Service Building, Wanchai |
| Aug 20, 2011 (Sat) 2:15 – 5:15 p.m. | Viva Practice: Enhance Interprofessional Communication | Duke of Windsor Social Service Building, Wanchai |
| Sep 10, 2011 (Sat) 2:15 – 5:15 p.m. | Problem Solving Skills | Duke of Windsor Social Service Building, Wanchai |
| Oct 15, 2011 (Sat) 2:15 – 6:00 p.m. | Mock Exam | HKAM Jockey Club Building, 99 Wong Chuk Hang Road |

CPR Training Workshop and Examination 2011

Only 2 CPR Training Workshops and Examinations will be held in 2011 (26 & 27 February and 26 & 27 March). As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2011 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our first CPR session.

Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2011 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP CPR certificates are valid for 2 years.

| 26 March 2011 Saturday | |
|------------------------------|---|
| CPR Training Workshop | |
| Time | 2:00 p.m. - 5:00 p.m. |
| Venue | 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong |
| Talks | <ol style="list-style-type: none"> 1. CPR Basic Life Support-Principles and Techniques 2. Pitfalls in CPR and Demonstration on Automated Defibrillator 3. Medico-legal Aspect of CPR 4. Updates in Guidelines |
| Training | Hands-on training, supervised by HKCFP CPR Instructors |
| Accreditation | 3 CME Points HKCFP (Cat. 4.4) 3 CPD Points HKCFP (Cat. 3.11) for passing CPR examination |

| 27 March 2011 Sunday | |
|------------------------|--|
| CPR Examination | |
| Time | 2:00 p.m. - 5:00 p.m. |
| Venue | 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong |
| Co-organizer | The Hong Kong College of Cardiology |
| Capacity | 50 doctors |

Admission Fee:

| | |
|---|--------------|
| Members (Attend Training Workshop and Examination) | HK\$600.00 |
| Non-members (Attend Training Workshop and Examination) | HK\$1,200.00 |
| Members with expired CPR certificate (HKCFP) (Attend Training Workshop and Examination) | HK\$200.00 |
| Non-members with expired CPR certificate (HKCFP) (Attend Training Workshop and Examination) | HK\$400.00 |
| Members with valid AHA Certificates (Require to sit for Examination only) | HK\$200.00 |

All cheques payable to "HKCFP Education Ltd". All fees received are non-refundable and non-transferable.

Each successful candidate will be awarded a CPR Certificate valid for 2 years. Please contact Ms Dickie Lam at 2861 0220 for registration on/ before **22 March, 2011**. **LATE APPLICATIONS WILL NOT BE ENTERTAINED.**

| 2 April 2011 Saturday | | | | | | | |
|---|--|---------|------|---------------|-------------|------------------|-------------|
| Board of Education Interest Group in Mental Health | | | | | | | |
| Aim | To form a regular platform for sharing and developing knowledge and skill in the management of mental health | | | | | | |
| Theme | Family Reconstruction and Role of Family Doctors | | | | | | |
| Speaker | Dr. Ngan Po Lun Family Physician | | | | | | |
| Co-ordinator & Chairman | Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians | | | | | | |
| Time | 2:30 p.m. - 4:00 p.m. Theme Presentation & Discussion (Lecture Only) | | | | | | |
| Venue | <i>Council Chamber, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong</i> | | | | | | |
| Admission Fee | <table> <tbody> <tr> <td>Members</td> <td>Free</td> </tr> <tr> <td>Non - members</td> <td>HK\$ 300.00</td> </tr> <tr> <td>HKAM Registrants</td> <td>HK\$ 150.00</td> </tr> </tbody> </table> <p>All fees received are non-refundable and non-transferable.</p> | Members | Free | Non - members | HK\$ 300.00 | HKAM Registrants | HK\$ 150.00 |
| Members | Free | | | | | | |
| Non - members | HK\$ 300.00 | | | | | | |
| HKAM Registrants | HK\$ 150.00 | | | | | | |
| Accreditation | 2 CME Points HKCFP (Cat. 4.3) 2 CPD Points HKCFP (Cat. 3.15) 2 CME Points MCHK | | | | | | |
| Language | Lecture will be conducted in English and Cantonese. | | | | | | |
| Registration | Registration will be first come first served. Please reserve your seat as soon as possible. | | | | | | |
| Note | Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting. | | | | | | |

On-Going Events organized by Board of Education.

Please be reminded that there will be two lectures organized by The Board of Education on 20 March 2011 and 23 March 2011. Kindly refer to FP Links February Issue (Page 23-24) for details.

Monthly Video Viewing Session –

Monthly video viewing session will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

March's session:

| | |
|---------------|--|
| Date | 25 March, 2011 (Friday) |
| Time | 2:30 p.m. - 3:30 p.m. |
| Topic | <ol style="list-style-type: none"> 1. The Role of Family Physician in Liver Transplant – Dr. Gene W. W. Tsoi 2. Liver Transplantation – Professor Fan Sheung Tat |
| Admission | Free for Members |
| Accreditation | 1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log) |
| Language | Lectures will be conducted in Cantonese and English. |

April's session:

| | |
|---------------|---|
| Date | 29 April, 2011 (Friday) |
| Time | 2:30 p.m. - 3:30 p.m. |
| Topic | Fibromyalgia: Myths & Facts – Dr. Rakesh Jain, M.D. MSH |
| Admission | Free for Members |
| Accreditation | 1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log) |
| Language | Lecture will be conducted in English. |

Community Education Programmes

Open and free to all members

HKCFP CME points accreditation (Cat 5.2)

| Date/Time/CME | Venue | Topic/Speaker/Co-organizer | Registration |
|--|---|---|---|
| 9 April 2011 (Sat) 2:30 – 4:30 p.m. 2 CME points | Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon | Refresher Course for Health Care Providers 2010/2011 – Food Labeling Ms. Eliza Wong Our Lady of Maryknoll Hospital & Hong Kong Medical Association | Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852 |
| 16 April 2011 (Sat) 1:30 – 4:00 p.m. 2 CME points | Lecture Theatre, G/F, Block F, United Christian Hospital | Attention Deficit Hyperactivity Disorder (ADHD) Ms. Natalie Chan Hong Kong Medical Association (KECN) & United Christian Hospital | Ms. Gary Wong Fax: 3513 5548 |

Structured Education Programmes

Free to members

HKCFP CME points accreditation (Cat 4.3)

| Date/Time/CME | Venue | Topic/Speaker(s) | Registration |
|----------------------------------|--|--|------------------------------------|
| 23 Mar 11 (Wed) | | | |
| 2:15 – 4:45 p.m. 3 CME points | AB1028, 1/F, Main Block, Tuen Mun Hospital | Organ Transplantation Dr. Ho Tsz Bun | Ms. Chan Tel: 2468 6813 |
| 2:15 – 5:15 p.m. 3 CME points | Multi-media Conference Room, 2/F, Block S, United Christian Hospital | Medical Resources on the Internet Dr. Cheung Yan Kit and Dr. Wan Pui Chu | Ms. Cordy Wong Tel: 3513 3087 |
| 24 Mar 11 (Thur) | | | |
| 2:15 – 5:15 p.m. 3 CME points | Auditorium, G/F, Tseung Kwan O Hospital | Medical Resources on the Internet Dr. Zhu Guixia and Dr. Kwok Tsz Tik | Ms. Cordy Wong Tel: 3513 3087 |
| 4:00 – 6:00 p.m. 2 CME points | Room 614, Ambulatory Care Centre, Tuen Mun Hospital | Journal Club Dr. Cheuk Tat Sang and Dr. Cheng Sai Yip | Ms. Chan Tel: 2468 6813 |
| 5:00 – 7:00 p.m. 2 CME points | Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital | IMHP Case Sharing Dr. Lam Chi Yuen and Dr. Li Hei Lim | Ms. Kwong Tel: 2595 6941 |
| 30 Mar 11 (Wed) | | | |
| 2:15 – 4:45 p.m. 3 CME points | AB1028, 1/F, Main Block, Tuen Mun Hospital | Immunization Dr. Cheuk Tat Sang | Ms. Chan Tel: 2468 6813 |
| 2:15 – 5:15 p.m. 3 CME points | Multi-media Conference Room, 2/F, Block S, United Christian Hospital | Postgraduate Study in FM & General Practice Dr. Chan Ngai Ping and Dr. Leung Yuen Kin, Kenneth | Ms. Cordy Wong Tel: 3513 3087 |
| 5:00 – 7:00 p.m. 2 CME points | Lecture Theatre, 6/F, Tsan Yuk Hospital | Management of Common Eye Diseases in OPD Setting Dr. Ian Wong | Ms. Man Chan Tel: 2589 2337 |
| 5:00 – 7:30 p.m. 3 CME points | Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital | Community Resources for Patients with Chronic Diseases Dr. Ng Yue Chun | Ms. Susanna Tong Tel: 2632 3480 |
| 31 Mar 11 (Thur) | | | |
| 2:15 – 5:15 p.m. 3 CME points | Auditorium, G/F, Tseung Kwan O Hospital | Postgraduate Study in FM & General Practice Dr. Chan Hau Ting and Dr. Kwan Sze Sing | Ms. Cordy Wong Tel: 3513 3087 |
| 4:00 – 6:00 p.m. 2 CME points | Room 614, Ambulatory Care Centre, Tuen Mun Hospital | Infection Control Dr. Ho Tsz Bun and Dr. Lai Siu Wai | Ms. Chan Tel: 2468 6813 |
| 5:00 – 7:00 p.m. 2 CME points | Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital | Use of Dangerous Drugs Dr. Leung Ka Fai | Ms. Kwong Tel: 2595 6941 |
| 6 Apr 11 (Wed) | | | |
| 2:15 – 4:45 p.m. 3 CME points | AB1028, 1/F, Main Block, Tuen Mun Hospital | Medical Biostatistics Application in Primary Care Research Dr. Wong Chun Fai | Ms. Chan Tel: 2468 6813 |
| 2:15 – 5:15 p.m. 3 CME points | Multi-media Conference Room, 2/F, Block S, United Christian Hospital | Principles of Family Medicine Dr. Cheng Ying Wai and Dr. Kwong Sheung Li | Ms. Cordy Wong Tel: 3513 3087 |
| 5:00 – 7:00 p.m. 2 CME points | Lecture Theatre, 6/F, Tsan Yuk Hospital | Travel Medicine – Infectious (by Port Health) Dr. Fan Pang Yung | Ms. Man Chan Tel: 2589 2337 |
| 5:00 – 7:30 p.m. 3 CME points | Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital | Medical Legal Issue in Clinical Practice Dr. Ng Yue Chun | Ms. Susanna Tong Tel: 2632 3480 |
| 7 Apr 11 (Thur) | | | |
| 2:15 – 5:15 p.m. 3 CME points | Auditorium, G/F, Tseung Kwan O Hospital | Principles of Family Medicine Dr. Yeung Sze Wai and Dr. Lee Hung Fai | Ms. Cordy Wong Tel: 3513 3087 |
| 4:00 – 6:00 p.m. 2 CME points | Room 614, Ambulatory Care Centre, Tuen Mun Hospital | Healthcare Delivery Models Dr. Wu Sze Man | Ms. Chan Tel: 2468 6813 |
| 5:00 – 7:00 p.m. 2 CME points | Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital | Diagnosis and Management of Joints Dislocation Dr. Cheng Kwan Chui | Ms. Kwong Tel: 2595 6941 |
| 13 Apr 11 (Wed) | | | |
| 2:15 – 4:45 p.m. 3 CME points | AB1038, 1/F, Main Block, Tuen Mun Hospital | Integrated Family Service Centres Dr. Leung Hoi Lik | Ms. Chan Tel: 2468 6813 |
| 2:15 – 5:15 p.m. 3 CME points | Multi-media Conference Room, 2/F, Block S, United Christian Hospital | General Anxiety Disorder Dr. Wan Pui Chu and Dr. Tsui Wing Hang | Ms. Cordy Wong Tel: 3513 3087 |
| 5:00 – 7:00 p.m. 2 CME points | Lecture Theatre, 6/F, Tsan Yuk Hospital | Vocational Training Review Dr. Wan Wing Fai | Ms. Man Chan Tel: 2589 2337 |
| 14 Apr 11 (Thur) | | | |
| 2:15 – 5:15 p.m. 3 CME points | Classroom, G/F, Tseung Kwan O Hospital | General Anxiety Disorder Dr. Yiu Kam Yi and Dr. Fu Siu Saap, Michelle | Ms. Cordy Wong Tel: 3513 3087 |
| 4:00 – 6:00 p.m. 2 CME points | Room 614, Ambulatory Care Centre, Tuen Mun Hospital | Abdominal Pain Dr. Leung Hoi Lik and Dr. Lee Kar Fai | Ms. Chan Tel: 2468 6813 |
| 5:00 – 7:00 p.m. 2 CME points | Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital | Research Methods Dr. Lam Chi Yuen | Ms. Kwong Tel: 2595 6941 |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------|--|--|--|--|---|
| 13 Mar | 14 | 15 | 16 2:15 – 7:00 p.m. Structured Education Programme 2:00 – 4:00 p.m. Diabetes Clinical Attachment | 17 1:00 – 3:45 p.m. New Development into Cardiovascular Risk Factor Management 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting | 18 7:30 – 10:00 p.m. Clinical Audit Segment Standardization Workshop | 19 2:00 – 4:30 p.m. Introductory Workshop on Research Segment |
| 20 1:00 – 4:30 p.m. Neurology Update | 21 | 22 | 23 2:00 – 5:00 p.m. Information Mastery: Evidence Based Medicine in the Real World 2:15 – 5:15 p.m. Structured Education Programme 2:00 – 4:00 p.m. Diabetes Clinical Attachment | 24 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting | 25 2:30 – 3:30 p.m. Board of Education - Video Session 7:30 – 11:00 p.m. Specialty Board Meeting | 26 2:00 – 4:30 p.m. CSA Segment Standardization Workshop 2:00 – 5:00 p.m. CPR Training Workshop 2:30 – 4:30 p.m. Introductory Seminar for Higher Training |
| 27 2:00 – 5:00 p.m. CPR Examination | 28 | 29 6:00 – 8:00 p.m. HKPCC 2011 Committee Meeting | 30 2:00 – 4:00 p.m. Diabetes Clinical Attachment 2:15 – 7:30 p.m. Structured Education Programme | 31 2:15 – 7:00 p.m. Structured Education Programme | 1 Apr | 2 2:00 – 4:00 p.m. Interest Group in Mental Health |
| 3 | 4 | 5 | 6 2:15 – 7:30 p.m. Structured Education Programme | 7 2:15 – 7:00 p.m. Structured Education Programme | 8 | 9 2:15 – 5:15 p.m. AEC Course 2:30 – 4:30 p.m. Community Education Programme |
| 10 | 11 | 12 | 13 2:00 – 4:00 p.m. Diabetes Clinical Attachment 2:15 – 7:00 p.m. Structured Education Programme | 14 9:00 p.m. Council Meeting 2:15 – 7:00 p.m. Structured Education Programme | 15 | 16 1:30 – 4:00 p.m. Community Education Programme 2:00 – 5:00 p.m. DFM Pre-examination Workshop |
| 17 | 18 | 19 | 20 2:00 – 4:00 p.m. Diabetes Clinical Attachment | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 2:00 – 4:00 p.m. Diabetes Clinical Attachment | 28 9:00 p.m. Board of Conjoint Examination Meeting | 29 2:30 – 3:30 p.m. Board of Education - Video Session | 30 |

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- Red** : Education Programmes by Board of Education
- Green** : Community & Structured Education Programmes
- Purple** : College Activities