



# THE HONG KONG COLLEGE OF FAMILY PHYSICIANS Family Physicians Links

## Message from the President

On 11<sup>th</sup> September, 2011, our Honorary Secretary, Dr. Law Tung Chi was married to Dr. Sunny Li. Many members of our College attended the wedding to witness their love and happiness. Congratulations to Dr. Law and Dr. Li, and we all wish them a long happy life together.

On the Saturday afternoon of 17<sup>th</sup> September, I had the great pleasure to join the Family Medicine and General Out-Patient Clinics Retreat of the Kowloon Central Cluster at the 保良局羅傑承北潭涌渡假營 led by Dr. Chan King Hong. The activity was very well organized and it was great fun to be able to join and meet both old and new friends. The objectives of the retreat were service quality, research and communication enhancement.



Family Medicine and General Out-Patient Clinics Retreat of the Kowloon Central Cluster. Dr. Chan Sze Luen, Dr. Ruby Lee and Dr. Chan King Hong (from left to right)



Trainers and trainees enjoying the group discussion

On the evening of 24<sup>th</sup> September, I had another great opportunity to meet our trainees at a dinner gathering organized by BVTS. I would like to thank the Chairman of BVTS, Dr. Quincy Yuen, the Chairmen of the Higher and Basic Training Subcommittee, Dr. Billy Chiu and Dr. Pang Siu Leung, and board members Dr. Edwin Chan, Dr. Law Tung Chi, Dr. Benny Lui and all the trainees who have joined the dinner.



BVTS Social Dinner Gathering

*(Continued on page 3)*

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Issue 92  
October 2011

## “Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15<sup>th</sup> October 2011 to 14<sup>th</sup> November 2011, Dr. Mark Chan and I will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine.

You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk). Once we receive your call or message, we will get in touch with you as soon as we can.



Dr. Mark Chan



Dr. Tony C K Lee

Dr. Tony C K Lee  
Co-ordinator, CMOD System

### 34<sup>th</sup> HKCFP Annual General Meeting

#### 17<sup>th</sup> December 2011, Saturday

- Time** : 18:00
- Venue** : Regal Palace  
3/F, Regal Hong Kong Hotel, 88 Yee Wo Street, Causeway Bay, Hong Kong
- Admission** : College Members only

### 34<sup>th</sup> HKCFP Annual Dinner

#### 17<sup>th</sup> December 2011, Saturday

- Time** : 19:00 Reception  
19:30 Chinese-Style Dinner
- Venue** : Regal Palace  
3/F, Regal Hong Kong Hotel, 88 Yee Wo Street, Causeway Bay, Hong Kong
- Admission** : College Members and their families, free of charge. Registration in advance is required
- Registration** : Registration for Annual Dinner will be made on first-come-first-serve basis. Please reserve your seat via College Administrative Staff, Ms. Windy Lau / Ms. Priscilla Li, at 2528 6618 or email to [windy@hkcfp.org.hk](mailto:windy@hkcfp.org.hk) / [priscilla@hkcfp.org.hk](mailto:priscilla@hkcfp.org.hk) as soon as possible.
- Car parking** : You are advised to use the public parking area located in
- Paliburg Plaza (Entrance at Irving Street, next to Regal Hong Kong Hotel)
  - Lee Garden Two (Entrance at Pennington Road)
  - Windsor House (Entrance at Great George Street)

### Public Education Committee News

The "Survey on Influenza Vaccination in Hong Kong" is available online at the College website for our members to report the number of influenza vaccine doses administered from 1<sup>st</sup> September 2011 to 31<sup>st</sup> October 2011. The reporting deadline for this first phase of data collection is Friday 4<sup>th</sup> November 2011. One (1) CPD point (Cat 3.7) will be given to members who participate in both the first and second phases. The timing of the second phase of data collection will be announced in due course.

Dr. Lam Wing Wo, Edmund  
Chairman, Public Education Committee

## Message from the President

On both occasions, I was most delighted that many trainees are interested in research. Primary care is now a WHO priority with tremendous potential in research and publications. Hong Kong is part of China, a nation holding an important role in world's health with its emerging primary care. Hong Kong is also part of Southeast Asia, a global microcosm with huge diversity. We are in a unique position due to factors such as migrant population and universal access to health care, and primary care research can provide evidence-based answers to many common clinical questions.

On 18<sup>th</sup> September, Dr. Chan Pang Fei and Dr. Luk Kam Hung represented us at the Hong Kong College of Paediatricians 2011 Paediatric Update to share our experience in clinical audit in both public and private

clinics. Clinical audit is a useful quality assurance exercise for continuous professional development not just for us, but for other specialities as well.



Dr. Chan Pang Fai (left) and Dr. Luk Kam Hung (second left) attending the Paediatric Update

## HKCFP Annual Report Goes Paperless

Dear College members,

To preserve our environment, it was decided at the College's 366<sup>th</sup> Council Meeting that hard copies of Annual Reports **WILL NOT** be sent to your mailing address effective from 2011. Members will be notified by both postal mail and email once the electronic Annual Report is available for download in the College website.

Should you have any queries on the above arrangement, please do not hesitate to contact us at [hkcfp@hkcfp.org.hk](mailto:hkcfp@hkcfp.org.hk).

Thanks for your kind support.

Dr. Law Tung Chi  
Honorary Secretary

## Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Exit Examination of HKCFP in 2011.

Dr. Chan Chi Wing	Dr. Fung Pak Kei	Dr. Lee Man Kei	Dr. Tam Kit Ping
Dr. Chan Chin Ping	Dr. Ho Ka Ming	Dr. Leung To Fung	Dr. Tang Kin Sze
Dr. Chan Pui Wai	Dr. Hung Chi Bun	Dr. Leung Wai Man	Dr. Wong Ho Cheong
Dr. Chan Ying Ho	Dr. Ip Yan Yan	Dr. Li Yuen Yuen	Dr. Wong Kwok Hoi
Dr. Chau Kai Man	Dr. Kwan Wing Yan, Wendy	Dr. Lim Mo Kin	Dr. Wong Kwok, Kitty
Dr. Chen Xiao Rui, Catherine	Dr. Kwan Yu	Dr. Lo Ling	Dr. Wong Man Kin
Dr. Cheung Hard King	Dr. Kwok Vincci	Dr. Ng Mei Po, Jackie	Dr. Wong Sze Nga
Dr. Cheung Man Ha	Dr. Lai Sheung Siu	Dr. Ng Pak Him	Dr. Wong Tak Lung
Dr. Cheung Ngai Fung	Dr. Lai Siu Wai	Dr. Poon Ming Wai	Dr. Wong Yu Fai
Dr. Ching Tak Kwan, Joyce	Dr. Lam Wai Chi, Rocky	Dr. Shuen Chuen Kwok, Mariana	Dr. Wong Yuk Shan
Dr. Chow Chong Kwan	Dr. Lam Wai Hang, Eddie	Dr. Sin Ka Ling	Dr. Yip Tze Hung
Dr. Chung Chak Cheong	Dr. Lau Chi Hung	Dr. Sit Wing Shan	Dr. Yip Wah Yung
Dr. Chung Kin Wing	Dr. Lee Ka Pik	Dr. Sze Lung Yam	Dr. Young Suk Ching
Dr. Fok Peter Anthony	Dr. Lee Kar Fai	Dr. Sze Pui Ka	

Congratulations to you all!

Dr. Tsui Wing Sze, Wendy  
Chairlady, Specialty Board



## AGM of Society of General Practice of the Chinese Medical Association



Dr. Donald Li at the AGM of the Society of General Practice of the Chinese Medical Association

The AGM of the Society of General Practice of the Chinese Medical Association was held in Xian this year on 16<sup>th</sup> September. The Minister of Health Chan Zhu is now Honorary President, and since the top-down order from State Department to "develop" general practice was given, much progress have been made. Train-the-trainer courses have been organized in different provinces and cities and there is more recognition of primary care doctors with new financial incentives.

I was invited as a keynote speaker and spoke on "Meeting the challenges of being a good family doctor". In the discussion, I have raised my concerns on the limitations general practitioners are facing under the present primary care system.

Dr. Donald Li

## Membership Committee News

The Council approved, on recommendation of the Membership Committee Chairlady, the following applications for membership in **September 2011** Council Meeting:

### Associate Membership (New Application)

Dr. LAU Sek Fung Spike

劉錫峰

Dr. WU Chun Yu

胡振宇

Dr. WAN Jason Cheong Pui

溫昌培

Dr. YEUNG Yee Mei

楊綺薇

## Classified Advertisements

### Positions Vacant

**Full-time GP/ Locum/ Specialists wanted.** 九龍商場舖, Welcome Joint Investment. Transparent & generous Bonus + Excellent Prospect. Dr. Kam 3165 1460 [profgp2004@yahoo.com.hk](mailto:profgp2004@yahoo.com.hk)

**Accredited Private FM Centre invites energetic Doctors** to join for expanding services. Basic / higher FM Trainee, A&E Officers, specialists welcomed. Attractive Basic + Profit Sharing ± Partnership. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Attention: Amy CHAN)

FM trainee vacancy at Ma On Shan. Musculoskeletal medicine training with excellent prospect. Flexible working hours, 3 weeks annual leave. Basic salary plus bonus. Tel: 9016 2909

**Accredited Private FM Centre invites Specialists** for sessional consultations, 1-2/wk Cardiologists, ENT, Psychiatrists, Ophthalmologists and Gynecologists most welcomed. Profit sharing + Bonus. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Attention: Amy CHAN)

### Clinic Available

**G/F Clinic near North Point MTR with 2 consultation rooms, modern furnished** with computerization for rental/GOOD BARGAIN PRICE for take-over, walk-in-and-practice. Available Immediately. Contact Ms. Amy CHAN 9212 6654.

## Board of Diploma in Family Medicine (DFM) - Lectures

### Topics and Speakers :

Dates	Topics	Speakers
12 Nov 2011 (Sat)	Module III – Introduction to Family Therapy	Dr. Daniel W. S. Chu
19 Nov 2011 (Sat)	Module III – Practice Management	Prof. Donald K. T. Li
3 Dec 2011 (Sat)	Module V – Musculoskeletal Workshop	Mr. Luck Li
10 Dec 2011 (Sat)	Module III – Anticipatory Care	Dr. David V. K. Chao
17 Dec 2011 (Sat)	Module III – Care for the Elderly & Chronic Illness	Prof. Daniel T. P. Lam

**Co-ordinators :** Dr. Au-yeung Shiu Hing & Dr. Wong Pak Hoi  
Board Members, The Board of Diploma in Family Medicine, HKCFP

**Venue :** Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

**Time :** 2:30 p.m. – 5:00 p.m. Lecture and Discussion

**Accreditation :** 3 CME Points HKCFP (Category 4.3)  
3 CME Points MCHK

**Registration Fees** (Please tick as appropriate):

Dates	Topics	HKCFP Member	Non-member
12 Nov 2011 (Sat)	Module III – Introduction to Family Therapy	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
19 Nov 2011 (Sat)	Module III – Practice Management	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
3 Dec 2011 (Sat)	Module V – Musculoskeletal Workshop	<input type="checkbox"/> HK\$400	<input type="checkbox"/> HK\$800
10 Dec 2011 (Sat)	Module III – Anticipatory Care	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
17 Dec 2011 (Sat)	Module III – Care for the Elderly & Chronic Illness	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400

**Capacity :** 20 Doctors

**Registration :** Registration will be first come first served. For registration or enquiries, please call the College secretariat, Ms. Dickie Lam at 2861 0220. All cheques are payable to "HKCFP Holdings and Development Limited". Please mail the cheque to Rm 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai. All fees received are non-refundable and non-transferable.

To : HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.  
(Fax: 2866 0981)

Dear Sir/ Madam,

I am a \*Member/ Non-Member of the Hong Kong College of Family Physicians. (\*Please delete as appropriate)

I would like to attend lecture(s) of **Module III/V** at Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

**Name :** \_\_\_\_\_

**Tel No. :** \_\_\_\_\_

**Email :** \_\_\_\_\_

**Date :** \_\_\_\_\_

## HKCFP Research Fellowship 2012

### Introduction

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The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in family medicine. The grant is up to the value of HK\$100,000. It provides the successful candidate with protected time to develop research skills. Applicants are expected to have regular contact with a nominated supervisor with **research doctorate degree or equivalent**.

### Eligibility

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Applicants for the HKCFP Research Fellowship must be active Fellows, active Full Members or Associate Members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

### Selection criteria

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Applications will be judged on\*:

- training potential of applicants
- relevance to family medicine and community health
- quality
- value for money
- completeness (incomplete or late applications will not be assessed further).

*\* Please note that new researchers and those at an early stage of their research careers are encouraged to apply.*

### How to apply

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1. Application form, terms and conditions of the Fellowship can be downloaded from [www.hkcfp.org.hk](http://www.hkcfp.org.hk) or obtained from the College Secretariat, HKCFP at Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Tel: 2861 0220 Fax: 2866 0981
2. Applicants must submit:
  - the completed application form,
  - the signed terms and conditions of the HKCFP Research Fellowship,
  - a curriculum vitae from the Principal investigator,
  - a curriculum vitae from the co-investigator(s), AND
  - a curriculum vitae from the supervisor.
3. Applications close: March 31, 2012. Late applications will not be accepted.
4. Applications must be sent to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

## The HKCFP Award for the Best Research of 2011

The Research Committee of the Hong Kong College of Family Physicians has an Award for the Best Research of the Year 2011. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2012.

**Entry and assessment criteria are listed below:**

### ***Entry Criteria:***

- 1. The principal investigator has to be a Member or Fellow of the Hong Kong College of Family Physicians.*
- 2. The research must be original work of the investigator(s).*
- 3. The research should be done in Hong Kong.*
- 4. The research must have been completed.*
- 5. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Harvard or Vancouver format.*

### ***Assessment Criteria:***

- 1. How relevant are the topic and findings to Family Practice?*
- 2. How original is the research?*
- 3. How well-designed is the methodology?*
- 4. How well are the results analysed and presented?*
- 5. How appropriate are the discussion and conclusion(s) drawn?*
- 6. How useful are the results for patient care in Family Practice?*
- 7. How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm. 802, 8/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

**DEADLINE OF SUBMISSION: 31<sup>st</sup> January, 2012.**





DEPARTMENT OF FAMILY MEDICINE  
AND PRIMARY CARE  
THE UNIVERSITY OF HONG KONG



# Enhancing Quality Primary Care through Research and Evidence in Hong Kong

*This exciting symposium will demonstrate how research and evidence have informed or changed clinical practice and policy in the areas of Primary Health Care Services, Health Equity, Mental Health, and Medical Education in primary care settings.*

**Time:** November 26-27, 2011  
**Venue:** LT 3-4, Cheung Kung Hai Conference Centre,  
G/F, William M.W. Mong Block, 21 Sassoon Road,  
Pokfulam, Hong Kong

**Registration Fee:** HK\$300

*Guest of honours:*

- Dr. York Chow**, Secretary for Food and Health, HKSAR Government
- Dr. S.V. Lo**, Director (Strategy & Planning), Hospital Authority
- Dr. Donald Li**, Regional President, WONCA Asia-Pacific

*International Speakers:*

- Professor David Mant**, University of Oxford, UK
- Professor Carol Herbert**, The University of Western Ontario, Canada
- Professor Chris Del Mar**, Bond University, Australia
- Professor Zhu Shan Zhu**, Fudan University, China
- Dr. Karen Kinder**, Johns Hopkins Bloomberg School of Public Health, USA

**Website:** <http://www.fmpc.hku.hk/healthevent/111126.htm>

*For enquiry, please contact Ms Agnes Pui (email: [pmya715@hku.hk](mailto:pmya715@hku.hk) tel: 2553 4514)*

*Collaborating Organisations:*



Primary Care Clinic, Department of Health



Hospital Authority



The Hong Kong College of Lensic Practitioners



Johns Hopkins University



Hong Kong Primary Health Care Research Network



Hong Kong Sanatorium & Hospital

*Funding Organisation:*

COMMERCE AND ECONOMIC DEVELOPMENT BUREAU  
THE GOVERNMENT OF THE HONG KONG  
SPECIAL ADMINISTRATIVE REGION





OCTOBER

# AFTER HOURS



FIRENZE SIENA

## CYCLING IN TUSCANY

BY DR. JUDY CHENG, HIGHER TRAINEE NTEC

The following depicts the tortuous details of a 5 day cycling tour in Tuscany at the height of summer 2011.

### A TUSCANY SUMMER

The editorial team of AFTER HOURS endeavors to stay true to our principles in each of our issues- that is to only publish highly entertaining and leisurely articles which have no hints of hard work at all. But alas, I may be the first and last of our team to publish such a brow sweating ordeal of which I have described in detail below.



The beginning started with a brochure displaying pretty idyllic vineyards in the mist of a rising Tuscan sun. What better way to explore the very bowels of Tuscany than cycling along the picturesque village lanes amongst a meadow laden with flowers? So the trio of us set off with much enthusiasm on our 5 day bicycle tour of Tuscany in

Italy. Little did we notice the small print of warning at the very back of the brochure stating that cyclist had to be quite fit and take care not to exert themselves too despite the fact that this was not Tour de la France.



We were quite cocky after the first hour of cycling and congratulating ourselves that we weren't too far behind from our fellow travelers. By the end of the day, we could hardly find the strength to eat or find the bit of buttock that could sit comfortably on a hard chair. So I have detailed our chronicles:



## Daily Events

### Monday

#### Setting off

from Florence. We stop at a beautiful vineyard for lunch and wine tasting in its century old cellar. Then it's all uphill and downhill all the way to Greve.



### Tuesday

#### Greve

We set off for a loop tour in Greve where we visit the 11<sup>th</sup> century abbey of Badia di Passignano and enjoy dinner at the Michelin awarded Osteria di Passignano.

### Wednesday



#### Panzano

We stop at this small town where we meet Dario Cecchini, one of the most famous

Tuscan butchers (shown in photo below). Dario has appeared in Jamie Oliver's cookbooks!

### Thursday

#### Radda

We meet many other friendly fellow cyclist on our way who shout - "the girls again!" They have repeated the route twice whereas we're still finishing one lap.....

### Friday

#### Siena

At last we arrive at the beautiful medieval city of Siena. Most importantly- we survive the trip!

# Genogram Drawing Made Ridiculously Simple!

Dr. TB Chan, Higher Trainee, New Territories East Cluster

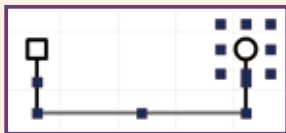
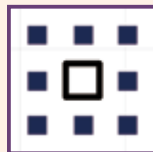
Drawing a genogram is a basic and important task for every family doctor, especially for FM exit exam candidates. There are problems with the traditional hand-drawn genogram:

- 1) Need to update the age of various members in the genogram every year. Although you can choose to write down the year of birth instead of the age while drawing the initial genogram, it is actually quite troublesome to figure out the actual age of each person when you are reading the genogram during a consultation.
- 2) When you add new members to an existing genogram, such as a new baby, or a new marital relationship, you may have no space to draw them, and you may need to redraw the whole genogram.
- 3) Difficult to add a lot of information to each member on the genogram, and difficult to keep the genogram tidy when you need to rewrite the information.
- 4) Nowadays family medicine clinics are becoming more computerized. You may want to store the genogram in an electronic format.

I would like to share with you a good solution that I have found: a very user friendly computer program that can produce a smart looking genogram with only a few clicks and key strokes!

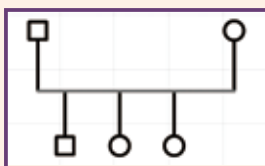
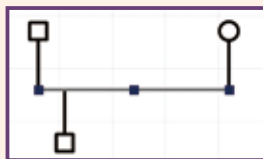
With the use of several short-cut keys, you can create a big family just like GOD created mankind! Let me guide you through this exciting process...

By pressing the letter "W", you've created a man! (And "E" for woman, Man + Woman = "WE")



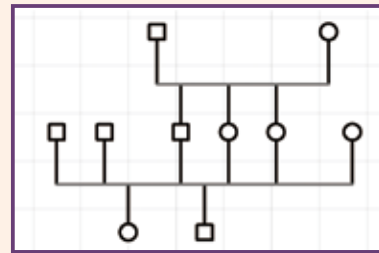
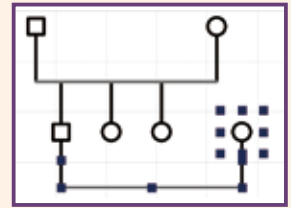
By pressing the letter "M", you've created a "mate" for this man, just like GOD created a wife for Adam!

By choosing an individual and pressing the letter "S", the couple gives birth to a son...

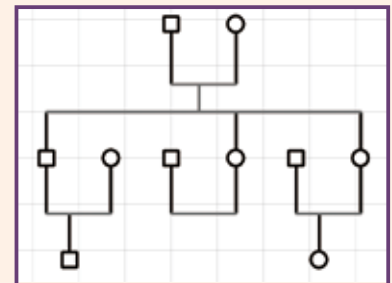


By pressing "D" twice, you've created two younger sisters for this boy!

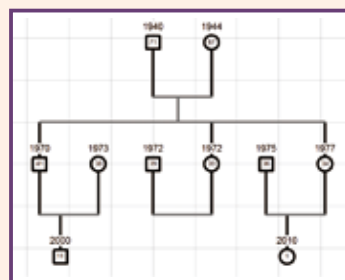
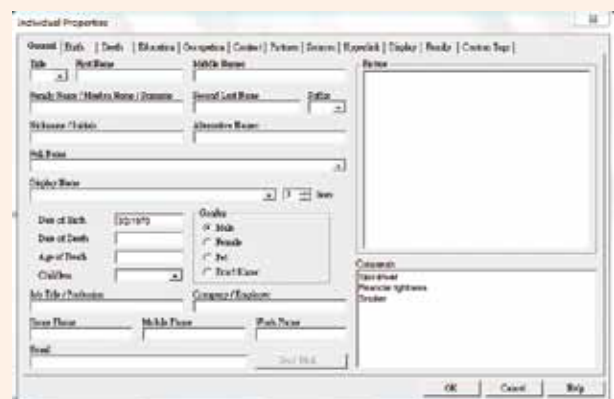
You can continue to press "M" to create a wife for the son, and continue to create grandchildren as you like. However, the genogram becomes messy...



No need to worry, a simple click on the "Auto arrange" key will make the genogram look great again!

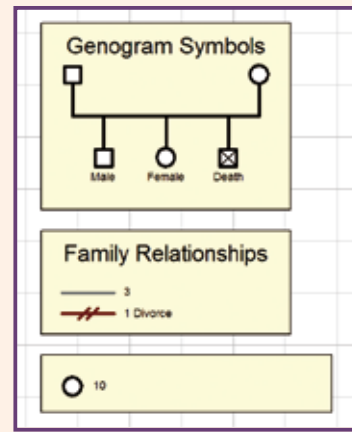
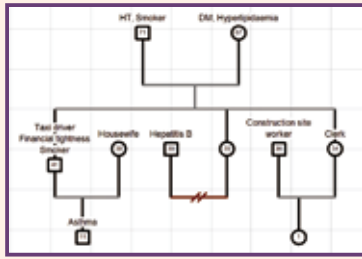


Now you can start entering information for each member in the genogram. You can enter the date of birth for each individual, and enter all other medical and social history in the "Comment" part.

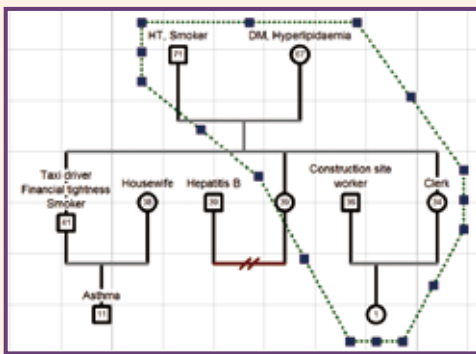
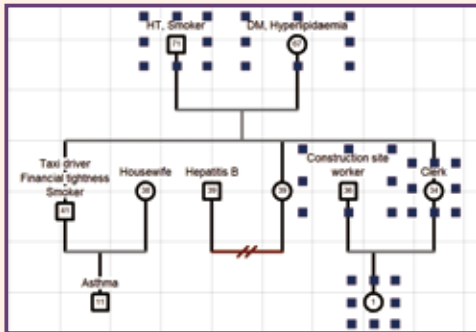


The genogram will show the date of birth on the top of each individual, and the age will be calculated and shown inside each individual's symbol.

By selecting "Comments" from the "Display" pull down menu, the genogram will become very informative! You can also select a relationship line between couples and alter their relationship. In this example, the elder daughter divorced her husband all because of you!

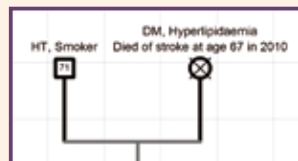


Finally, you need to indicate who are living with whom. Simply press on the "Ctrl" key and select the individuals with the mouse, then right click the mouse and choose "New Household", you will make them live together!



In order to indicate the index patient, you can select the person and click the "enlarge font" button to make him or her more obvious.

With this powerful computer program, you can put anyone to death with one key stroke! By selecting an individual and press "X", the person will die immediately! You can write down the cause of death, the age and the year of dying in the comment part.



To show the legend for the symbols used in each particular genogram, simply point the mouse to an empty place on the chart and press "Y", and you will get the following legends.

Now that you have created a basic genogram, the age of each individual will change each year as time goes by, and you can edit the information of each individual and alter their relationships as frequently as you like. You can also add new persons to this genogram easily. The symbols of each individual can be moved freely by simple mouse dragging, and you can move the whole sub-family by selecting all the individuals and dragging them together.

How can you store genograms on your computer and recall them during busy consultations? You can use patient's ID number or case number as the file names. With the powerful search function of Windows 7, you can search and open a specific genogram file within five seconds! (Warm reminder: for GOPC doctors who are storing these genograms in their personal computers for the purpose of exit exam, never keep any ID number or identifiable personal information in your computers. I think using case numbers as file names should be acceptable).

Are there any imperfections with this seemingly perfect genogram drawing program?

- 1) It costs money, although it is quite affordable.
- 2) When taking a family history from your patients, they will usually tell you the age of the individuals in their families, instead of the date of birth of each person. Therefore, you will need to translate the age into year of birth if you want to show the age. E.g. an age 32 person should have born in 1978, then you need to enter 1978 to make the symbol shows age 32 within it. How come we cannot enter the age and let the program calculate the year of birth for us? To make life easier I have prepared a conversion table, so that I can quickly search for the year of birth for each given age.

Interested colleagues can take a look at this web site: [www.genopro.com](http://www.genopro.com)



## FDA Recommends New Restrictions, Contraindications, and Dose Limitations for Simvastatin to Reduce The Risk of Muscle Injury

On 6<sup>th</sup> August 2011, the U.S. Food and Drug Administration (FDA) recommended limiting the use of the highest approved dose of the cholesterol-lowering medication, simvastatin (80 mg) because of its increased risk of myopathy. Simvastatin 80 mg should be used only in patients who have been taking this dose for 12 months or more without evidence of myopathy. Simvastatin 80 mg should not be started in new patients, including patients already taking lower doses of the drug. FDA is also requiring changes to the simvastatin label to add new contraindications (should not be used with certain medications) and dose limitations for using simvastatin with certain medicines.

Myopathy is a known side effect of all medications belonging to the statin group. Patients with myopathy may present with muscle pain, tenderness or weakness, and elevation of creatine kinase in the blood. The higher the dose of statin used, the greater the risk of developing myopathy. Rhabdomyolysis, the most serious form of myopathy, may result in renal failure. Patients with rhabdomyolysis may have dark or red urine and fatigue, in addition to their muscle symptoms.

### Data summary:

The recommendations are based on FDA's review of the Study of the Effectiveness of Additional Reductions in Cholesterol and Homocysteine (SEARCH) trial. It was a seven-year, randomized, double-blinded clinical trial comparing the efficacy and safety of simvastatin 80 mg to simvastatin 20 mg, with or without vitamin B<sub>12</sub> and folate, in survivors of myocardial infarction.

52 patients (0.9%) in the 80-mg group versus 1 patient (0.02%) in the 20-mg group developed myopathy (defined as unexplained muscle weakness or pain with a serum CK >10 times the upper limit of normal [ULN]). 22 patients (0.4%) in the 80-mg group versus no patient in the 20-mg group developed rhabdomyolysis (defined as unexplained muscle weakness or pain with serum CK >40 times ULN). There were no fatalities related to rhabdomyolysis.

The risks for myopathy and rhabdomyolysis with simvastatin 80 mg were highest in the first 12 months of treatment, 5 per 1000 person-years and 2 per 1000 person-years, respectively, and decreased to 1 per 1000 person-years and 0.4 per 1000 person-years after that.

Older age and female sex are associated with increased risk of myopathy. In SEARCH, the risk of myopathy was approximately doubled in patients taking a calcium channel blocker, in particular diltiazem. Approximately 60% of the cases of myopathy were associated with a genetic variant which affects the coding of the transporter responsible for simvastatin uptake into the liver. This variant increases the plasma concentration of simvastatin, thus increasing the risk of myopathy.

The findings from the SEARCH trial are supported by analyses of the FDA's Adverse Event Reporting System (AERS) database, which show that the level of reporting of fatal rhabdomyolysis associated with the 80-mg dose of simvastatin has been higher in comparison with lower doses of simvastatin or lower doses of most other statins. In addition, clinical trial data from other long-term statin trials showed higher overall rates of myopathy and rhabdomyolysis in patients treated with simvastatin 80 mg versus lower doses of simvastatin.

### Recommendations to healthcare professions:

1. Maintain patients on simvastatin 80 mg only if they have been taking this dose for 12 or more months without evidence of muscle toxicity.
2. Do not start new patients with simvastatin 80 mg.
3. Consider alternative statin if patients do not meet their LDL cholesterol (LDL-C) goal on simvastatin 40 mg.
4. Follow the recommendations in the simvastatin-containing medicine labels regarding drugs that may increase the risk of muscle injury when used with simvastatin.
5. Switch patients who need to be initiated on a drug that interacts with simvastatin to an alternative statin with less potential for the drug-drug interaction.

### Simvastatin Dose Limitations:

Previous simvastatin label	New simvastatin label
Avoid simvastatin with: <ul style="list-style-type: none"> <li>• Itraconazole</li> <li>• Ketoconazole</li> <li>• Erythromycin</li> <li>• Clarithromycin</li> <li>• Telithromycin</li> <li>• HIV protease inhibitors</li> <li>• Nefazodone</li> </ul>	Contraindicated with simvastatin: <ul style="list-style-type: none"> <li>• Itraconazole</li> <li>• Ketoconazole</li> <li>• Posaconazole (New)</li> <li>• Erythromycin</li> <li>• Clarithromycin</li> <li>• Telithromycin</li> <li>• HIV protease inhibitors</li> <li>• Nefazodone</li> <li>• Gemfibrozil</li> <li>• Cyclosporine</li> <li>• Danazol</li> </ul>
Do not exceed simvastatin 10 mg daily with: <ul style="list-style-type: none"> <li>• Gemfibrozil</li> <li>• Cyclosporine</li> <li>• Danazol</li> </ul>	Do not exceed simvastatin 10 mg daily with: <ul style="list-style-type: none"> <li>• Amiodarone</li> <li>• Verapamil</li> <li>• Diltiazem</li> </ul> (Note: These drugs are contraindicated with Simcor as Simcor is only available with 20 mg or 40 mg of simvastatin.)
Do not exceed 20 mg simvastatin daily with: <ul style="list-style-type: none"> <li>• Amiodarone</li> <li>• Verapamil</li> </ul>	Do not exceed 20 mg simvastatin daily with: <ul style="list-style-type: none"> <li>• Amlodipine (New)</li> <li>• Ranolazine (New)</li> </ul>
Do not exceed 40 mg simvastatin daily with: <ul style="list-style-type: none"> <li>• Diltiazem</li> </ul>	
Avoid large quantities of grapefruit juice (>1 quart daily)	

Compiled by Dr. Kwong Siu Kei, Alfred

### References:

1. FDA Drug Safety Communication: New restrictions, contraindications, and dose limitations for Zocor (simvastatin) to reduce the risk of muscle injury. Available from [http://www.fda.gov/Drugs/DrugSafety/ucm256581.htm#Simvastatin\\_Dose\\_Limitations#Simvastatin\\_Dose\\_Limitations](http://www.fda.gov/Drugs/DrugSafety/ucm256581.htm#Simvastatin_Dose_Limitations#Simvastatin_Dose_Limitations)
2. Zocor (simvastatin) tablets – Prescribing Information. MERCK & CO., INC. Available from [http://www.accessdata.fda.gov/drugsatfda\\_docs/label/2011/019766s077s082lbl.pdf](http://www.accessdata.fda.gov/drugsatfda_docs/label/2011/019766s077s082lbl.pdf)

## Interest Group in Dermatology - The 26<sup>th</sup> meeting on 3<sup>rd</sup> September 2011

Dr. Wong Nai Ming, Co-ordinator  
Board Member, Board of Education

**Theme** : Common Misdiagnoses  
**Speaker** : Dr. Shih Tai Cho, Dermatologist in Private Practice  
**Moderator** : Dr. Wong Nai Ming, Co-ordinator, Board of Education

Dr. Shih Tai Cho is a dermatologist in private practice. During the meeting, Dr. Shih shared with us his personal experience when faced with common misdiagnoses in skin diseases and his approach to management.

### Learning points:

In making a diagnosis of eczema, always note the multi-morphologies like redness, dryness, desquamation, itchiness etc. at different sites of involvement. This diagnostic feature is in clear contrast to skin disease with single morphology, e.g. chickenpox. Dr. Shih tends to avoid using topical steroid on face, and prefers to use topical calcineurin inhibitors except for the very young. However he finds topical calcineurin inhibitors in other body areas not as effective.

Scabies is one of the most easily missed diagnosis as it can also present with different types of morphologies (including urticaria), as the skin lesions are mostly due to sensitivity reactions to the scabies antigen. Always look for areas like groins and axillae as the parasites prefer warm, moist locations. A careful history taking of recent contact and family history is useful, though it is not uncommon that these histories cannot be elicited. In doubtful cases, Dr Shih recommends using anti-scabies treatment on a basis of therapeutic trial.

If one finds a tinea infection of hands and feet difficult to treat, always think of the alternative diagnosis of pompholyx which can be aggravated by hot weather, anxiety and excessive sweating of the hands and feet.

Rosacea can co-exist with facial eczema. It can also be induced by use of topical steroid in treating facial eczema – Steroid Rosacea. Look for the presence of seborrhea, telangiectasia and relative lack of itchiness. Ask for aggravating factors like hot environment, inadequate rest, anxiety etc. The physician can advise against use of oily moisturizers, try to stop using topical steroids but warn about rebound phenomenon, and prescribe topical calcineurin inhibitors in addition to usual anti-rosacea medications.

In seborrhoeic eczema, look for involvement in ear canal and scalp margin. Avoid using topical

steroid. Use topical ketoconazole shampoo on face, scalp and ear canal. Sometimes one can prescribe short course of oral itraconazole as well.

In treating atopic eczema, empathic attitude towards both the patient and the carer is very important to gain their cooperation. Try to instill the concept of avoiding excessive cleanliness, avoid hot tub-bath, restrict bathing to less than five minutes, and use simple emollients as much as possible preferably at least three to four times per day. Adding a short course of oral anti-staphylococcal antibiotics during acute flare is helpful to reduce use of topical steroids.

Pityriasis alba can be differentiated from vitiligo easily by using UV light in a dark room: vitiligo will show depigmentation whereas in pityriasis alba the involved areas will have similar appearance as surrounding skin.

In melasma, borders are usually indistinct whereas in solar lentigines, the borders are usually well-defined.

Syringomas usually only involve lower eyelids whereas plane warts usually involve other parts of face as well and the surface of warts are usually more rough.

### Next Meeting

The next meeting will be on Saturday 5<sup>th</sup> November 2011. The guest speaker is Dr. Chan Shu Yu, Specialist in Dermatology and Venereology. He will speak to us on Nail Disorders.

All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send to our secretariat (yvonne@hkcfp.org.hk) 2 weeks before the date of presentation.



- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

## 31<sup>st</sup> Annual Refresher Course 2011

### \*\*\* 2<sup>nd</sup> Announcement \*\*\*

The 31<sup>st</sup> Annual Refresher Course (ARC) will be held from November 27, 2011 to December 18, 2011. There will be four Luncheon Lectures and four Workshops.

2 CME points will be awarded for each Luncheon Lecture and 3 CME points for each Workshop according to Category 4.5. MCQs will be distributed for each session of the Refresher Course, i.e. there are a total of 8 MCQ papers. The MCQ answers have to be returned to the College Secretariat on the original question forms within 2 weeks of the completion of the Refresher Course (latest by December 31, 2011). A member will be awarded 1 extra CME point for a score of over 60% for each MCQ paper. Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

As it is a history for such an educational program to be held continuously for one quarter of a century in Hong Kong, those who have attended 70% or more of all the sessions of the Refresher Course will be awarded a "Certificate of Attendance".

Members who have attended the ARC for ten consecutive years or more will be awarded one free admission. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance.

Registration is now open and must be made before 15<sup>th</sup> November 2011. As the number of space is limited, it will be offered on first come first served basis. Please also note that admission fees are not refundable. Ten free registrations for each Lecture and Workshop will be offered to student members who wish to apply for free registration, please call Ms. Dickie Lam at 2861 0220 before 15<sup>th</sup> November 2011.

Registration form could be found on Page 19.

### Luncheon Lectures

Date	November 29 (Tue)
Topic	<u>Vaccination</u> Update on Pneumococcal Infection and Vaccination
Speaker	Dr. Hung Fan Ngai, Ivan
Moderator	Dr. Tong Siu Man
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	December 1 (Thur)
Topic	<u>Stroke Prevention</u> New Advances in Stroke Prevention in Atrial Fibrillation: A World without Warfarin?
Speaker	Dr. Siu Chung Wah, David
Moderator	Dr. Lee Wan Tsi, Francis
Sponsor	<i>Boehringer Ingelheim Hong Kong Ltd.</i>

Date	December 6 (Tue)
Topic	<u>BPH Management</u> Practical Tips on Management of LUTS & BPH
Speaker	Dr. Tam Po Chor
Moderator	Dr. Au-yeung Shiu Hing
Sponsor	<i>GlaxoSmithKline Limited</i>

Date	December 8 (Thur)
Topic	<u>Osteoporosis</u> Osteoporosis: Where are we now? What should we do next?
Speaker	Dr. Lee Ka Wing, Gavin
Moderator	Dr. Au Chi Lap, Simon
Sponsor	<i>GlaxoSmithKline Limited</i>

Venue : Crystal Ballroom, Basement 3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui, Kowloon

Time : 1:00 p.m. – 2:00 p.m. Buffet Lunch  
2:00 p.m. – 3:30 p.m. Lecture  
3:30 p.m. – 3:45 p.m. Discussion

### Sunday Workshops

Date	November 27 (Sun)
Topics	<u>Cardiovascular Workshop</u> 1. Management of Renal Hypertension 2. Statin Benefits Beyond Lipid Lowering
Speakers	1. Dr. Jonathan Yung 2. Dr. Ko Wai Chin
Moderator	Dr. Tong Leon George
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	December 4 (Sun)
Topics	<u>Mental Health Workshop</u> 1. The Moon and The Mood: Circadian Rhythm and Depression 2. Updates in Osteoporosis Treatment
Speakers	1. Dr. Mak Ki Yan 2. Dr. Cheung Tak Cheong
Moderator	Dr. Wan Kwong Yu
Sponsor	<i>Servier Hong Kong Limited</i>



Date	December 11 (Sun)
Topics	<b>Mood Disorder Workshop</b> 1. Breaking the Barriers to Effective Treatment in Depression 2. Somatization Phenomenon in Primary Care Setting
Speakers	1. Dr. Chan Kwok Tung 2. Dr. Kan Chung Sing
Moderator	Dr. Yeung To Ling, Solomon
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	December 18 (Sun)
Topics	<b>Hypertension and Hepatic Workshop</b> 1. Update on Hypertension Management 2. Glycemic Index - Fatty Liver
Speakers	1. Dr. Chan Wai Kwong 2. Dr. Leung In Son
Moderator	Dr. Chan Chi Wai, Edmond
Sponsor	<i>Takeda Pharmaceuticals Taiwan Ltd</i>

Venue : Crystal Ballroom, Basement 3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui, Kowloon

Time : 1:00 p.m. – 2:00 p.m. Buffet Lunch  
2:00 p.m. – 4:15 p.m. Lectures  
4:15 p.m. – 4:30 p.m. Discussion

**Registration Fees**

Registration fees for the whole Refresher Course (including three Luncheon Lectures and four Workshops) are:

Members	:	HK\$600.00
Non-members	:	HK\$1200.00
HKAM Registrant	:	HK\$700.00

Spot admission fee for each Luncheon Lecture or Workshop is:

Members	:	HK\$150.00
Non-members	:	HK\$300.00
HKAM Registrant	:	HK\$200.00

**FM Trainees Package:**

Full Course	:	HK\$400.00
Sunday Workshops	:	HK\$150.00 for 4 Workshops
Luncheon lecture	:	HK\$80.00 each

Remarks: Topics may be subject to change.  
Lecture(s)/ Workshop(s) will be conducted in English.

**5 November 2011 Saturday**

**Board of Education Interest Group in Dermatology**

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Topic	<b>Nail Disorder</b>	
Speaker	<b>Dr. Chan Shu Yu</b> Specialist in Dermatology & Venereology	
Co-ordinator & Chairman	<b>Dr. Wong Nai Ming</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:15 p.m.	Lunch
	2:15 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CPD Points HKCFP (Cat. 3.15) 2 CME Points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.</b>	

Sponsored by  
**Galderma Hong Kong Limited**

**20 November 2011 Sunday**

**Board of Education Interest Group in Neuro-musculoskeletal**

Aim	To form a regular platform for sharing and developing knowledge and skill in the Neuro-musculoskeletal	
Topic	<b>Common Musculoskeletal Problems in Primary Care</b>	

Speaker	<b>Dr. Ip Kit Kuen, Andrew</b> Specialist in Family Medicine	Capacity	40 doctors
Co-ordinator & Chairman	<b>Dr. Au Chi Lap</b> The Hong Kong College of Family Physicians	Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CPD Points HKCFP (Cat. 3.11) 2 CME Points MCHK
Time	2:00 p.m. – 3:45 p.m. Theme Presentation 3:45 p.m. – 4:00 p.m. Discussion	Language	Lecture will be conducted in English and Cantonese.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00  All fees received are non-refundable and non-transferable.	Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.</b>

### Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

#### October's session:

Date	28 October 2011 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	<b>Genital Lesions: Sexually Transmitted or Not?</b> – <b>Dr. Lee Tze Yuen</b>
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

#### November's session:

Date	25 November 2011 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topics	<b>1. Understanding Fats: Food VS Bad</b> – <b>Dr. Sylvia S. W. Lam</b> <b>2. Therapeutic Strategies to Prevent Diabetic Nephropathy: The ROADMAP Study</b> – <b>Prof. Jan Menne</b>
Admission	Free for Members
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

### Community Education Programmes

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>12 November 2011 (Sat)</b> 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Refresher Course for Health Care Providers 2011/2012 – Handling Common Community GI Symptoms and What not to Miss</b> Dr. Cecilia Wong Our Lady of Maryknoll Hospital & Hong Kong Medical Association	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

## Infectious Disease Clinical Attachment for Family Physicians

- Dates** : 3, 10, 17, 31 January 2012  
7, 17, 21, 28 February 2012  
6, 13, 20, 27 March 2012
- Organizers & Course Directors** : **Princess Margaret Hospital**  
Dr. Thomas So  
Infectious Disease Centre, Princess Margaret Hospital
- The Hong Kong College of Family Physicians**  
Dr. Kwong Bi Lok, Mary  
Chairlady, Board of Education, The Hong Kong College of Family Physicians
- Objectives** : - To update Family Physicians on topics in infectious Diseases  
- To provide opportunities for family physicians to learn Infectious Disease in clinical practice  
- To facilitate exchange of ideas between Infectious Disease and General Practice colleagues
- Course Structure** : The attachment will consist of 12 two hourly sessions, including lectures, interactive case discussion and simulation training.  
One session per week from 2:00 p.m. - 4:00 p.m. on Tuesdays (Except for January due to Chinese New Year Holidays)
- Time** : 2:00 p.m. – 4:00 p.m.
- Venue** : Seminar Room 2, 16/F, Block S [IDC], Princess Margaret Hospital
- Topics** : 1) Travel and Infection, Pre-travel and Post-travel Care;  
2) Diagnostics in Primary Care, Antibiotic Allergy, Appropriate Use of Antibiotics;  
3) Infection and Infestation in the Elders;  
4) Pregnancy and Infection, Common Gynaecological Infection;  
5) Simulation Training in the Clinic Management of Infectious Disease;  
6) Emerging Infection in the Community;  
7) Infectious Disease Emergency in Primary Care;  
8) Update in Management of ILIs and CAP;  
9) Approach to Fever in Childhood, Viral Exanthema;  
10) Overview of Sexually Transmitted Infection, Common Skin Infection;  
11) Viral Hepatitis, Infectious Diarrhea, Food Poisoning;  
12) Update in Childhood Vaccination.
- Course Fee** : HK\$2,600 (All cheques payable to "HKCFP Education Limited")
- Enrolment** : Please call Ms. Yvonne Lam at 2861 0220 for details **on or before 15<sup>th</sup> November, 2011**.  
Registration will be first come first served.
- Certification** : A certificate of attendance will be awarded under the names of organizers for participant who has over 80% attendance.
- Accreditation** : Up to 15 CME points (Category 4.8) & 5 CPD points (Category 3.16) for the whole attachment.

### REPLY SLIP

To: HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.

I would like to attend "Infectious Disease Clinical Attachment for Family Physicians".

Enclosed please find the cheque (made payable to **HKCFP Education Limited**) being payment as Course Fee.

Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Cheque No. : \_\_\_\_\_



## Structured Education Programmes

Free to members  
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>20 Oct 11 (Thur)</b>			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Community Resources for Dysfunctional Families (Violence, Marital, Parenting Problems)</b> Dr. Fu Siu Saap, Michelle and Dr. Kwan Sze Sing	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Health Reform in the USA</b> Dr. Chan Ching	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Smoking Cessation - Experience from Mayo Clinic</b> Dr. Lai Suk Yi	Ms. Kwong Tel: 2595 6941
<b>26 Oct 11 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	AB1038, 1/F, Main Block, Tuen Mun Hospital	<b>Common Gynaecological Problems in Family Medicine</b> Dr. Mok Kwan Yeung	Ms. Chan Tel: 2468 6813
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	<b>Common Gynaecological Problem – Menorrhagia, Oligomenorrhea, Dysmenorrhea, Chronic Pelvic Pain</b> Dr. Ng Wai Tong and Dr. Chow Tsz Ling	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Immunisations / Vaccination - Overall</b> Dr. Lai Sum Yin	Ms. Man Chan Tel: 2589 2337
<b>27 Oct 11 (Thur)</b>			
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Rational Prescribing</b> Dr. Li Shui Hoi	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Children with Learning Difficulties &amp; Their Family</b> Dr. Kwong Kam Tim, William	Ms. Kwong Tel: 2595 6941
<b>2 Nov 11 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	AB1038, 1/F, Main Block, Tuen Mun Hospital	<b>Approach to Chest Pain</b> Dr. Cheng Chui Ching	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Family and Health</b> Dr. Ho Pui Gi and Dr. Cheng Ying Wai	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Review of FM Training</b> Dr. Welchie Ko	Ms. Man Chan Tel: 2589 2337
<b>3 Nov 11 (Thur)</b>			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Family and Health</b> Dr. Man Fung Yi and Dr. Kwong Sheung Li	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Sick Leave Certificate and Disability Allowance</b> Dr. Ng Yeung Shing	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Introduction to Community Health Call Centre</b> Dr. Sin Ming Chuen	Ms. Kwong Tel: 2595 6941
<b>9 Nov 11 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	AB1038, 1/F, Main Block, Tuen Mun Hospital	<b>Research Methods</b> Dr. Li Shun Hoi	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Confidentiality and Patient Rights</b> Dr. Tsui Wing Hang and Dr. Siu Ming Ying	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	<b>Meta – Analysis and Randomized Control Trial</b> Dr. Ng Yue Chun	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Genital Infection, STD</b> Dr. Pauline Ma	Ms. Man Chan Tel: 2589 2337
<b>10 Nov 11 (Thur)</b>			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Confidentiality and Patient Rights</b> Dr. Yeung Sze Wai and Dr. Kwong Lok See	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Positive Psychology</b> Dr. Cheuk Tat Sang	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>Use of Cardiovascular Risk Stratifications Tools</b> Dr. Cheng Kwan Chui	Ms. Kwong Tel: 2595 6941
<b>16 Nov 11 (Wed)</b>			
2:15 – 4:45 p.m. 3 CME points	AB1038, 1/F, Main Block, Tuen Mun Hospital	<b>Update Management for Hepatitis B</b> Dr. Wong Chun Fai	Ms. Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Contraception and Hormonal Replacement Therapy</b> Dr. Wan Pui Chu and Dr. So Tsang Yim	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	<b>Primary Health Care System in HK – Strengths, Weaknesses &amp; Potentials for Development</b> Dr. Wendy Tsui	Ms. Man Chan Tel: 2589 2337
<b>17 Nov 11 (Thur)</b>			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	<b>Contraception and Hormonal Replacement Therapy</b> Dr. Fan Wing Chi and Dr. Leung Sze Mun	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	<b>Development of Family Medicine</b> Dr. Ho Chun Yu	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 41, 2/F, Pamela Youde Nethersole Eastern Hospital	<b>LAP Video Review</b> Dr. Yeung Wai Man and Dr. Leung Pui Sha	Ms. Kwong Tel: 2595 6941



## THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

31<sup>st</sup> Annual Refresher Course  
November 27 – December 18, 2011

### REGISTRATION FORM

H.K.C.F.P.  
Room 802, Duke of Windsor Social Service Building,  
15 Hennessy Road, Wanchai, Hong Kong

Dear Sir / Madam,

I am a Member/ Non-Member of the Hong Kong College of Family Physicians.

#### The whole course:-

Four Luncheon Lectures and Four Workshops (Including fee for Certificate of Attendance)	Members	: HK\$600.00	( )
	Non-members	: HK\$1200.00	( )
	HKAM Registrants	: HK\$700.00	( )
	FM Trainees	: HK\$400.00	( )

#### Spot admission:-

Nov 27 (Sun)	<b>Cardiovascular Workshop</b> 1) Management of Renal Hypertension 2) Statin Benefits Beyond Lipid Lowering	( )
Nov 29 (Tue)	<b>Vaccination</b> Update on Pneumococcal Infection and Vaccination	( )
Dec 01 (Thur)	<b>Stroke Prevention</b> New Advances in Stroke Prevention in Atrial Fibrillation: A World without Warfarin?	( )
Dec 04 (Sun)	<b>Mental Health Workshop</b> 1) The Moon and The Mood: Circadian Rhythm and Depression 2) Updates in Osteoporosis Treatment	( )
Dec 06 (Tue)	<b>BPH Management</b> Practical Tips on Management of LUTS & BPH	( )
Dec 08 (Thur)	<b>Osteoporosis</b> Osteoporosis: Where are we now? What should we go next?	( )
Dec 11 (Sun)	<b>Mood Disorder Workshop</b> 1) Breaking the Barriers to Effective Treatment in Depression 2) Somatization Phenomenon in Primary Care Setting	( )
Dec 18 (Sun)	<b>Hypertension and Hepatic Workshop</b> 1) Update on Hypertension Management 2) Glycemic Index - Fatty Liver	( )

Member	:	HK\$150.00 X _____	lecture/workshop(s)
Non-member	:	HK\$300.00 X _____	lecture/workshop(s)
HKAM Registrant	:	HK\$200.00 X _____	lecture/workshop(s)
FM Trainee	:	HK\$150.00 for 4 Sunday workshops	
	:	HK\$80.00 X _____	luncheon lecture(s)

Enclosed please find a cheque (made payable to "HKCFP Foundation Fund") of HK\$ \_\_\_\_\_ being payment in full for the above.

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Tel: \_\_\_\_\_ Date: \_\_\_\_\_

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 <b>Oct</b> Conjoint Examination 2011 - OSCE Rehearsal	17 6:00 – 9:00 p.m. Exit Exam Feedback Session	18 9:00 p.m. BVTs Meeting	19 2:15 – 7:15 p.m. Structured Education Programme 8:00 p.m. Basic Training Introductory Seminar	20 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	21	22
23	24	25	26 2:15 – 7:30 p.m. Structured Education Programme	27 4:00 – 7:00 p.m. Structured Education Programme	28 2:30 - 3:30 p.m. Board of Education - Video Session	29
30 Conjoint Examination 2011 - OSCE Exam	31	1 <b>Nov</b>	2 2:15 – 7:15 p.m. Structured Education Programme	3 2:15 – 7:00 p.m. Structured Education Programme	4	5 1:00 – 4:00 p.m. Interest Group in Dermatology
6	7	8	9 2:15 – 7:30 p.m. Structured Education Programme	10 2:15 – 7:00 p.m. Structured Education Programme 6:30 p.m. HKPCC Meeting 6:30 – 8:30 p.m. CSA Standardization Workshop 9:00 p.m. Board of Education Meeting	11	12 2:30 – 4:30 p.m. Community Education Programme 2:30 – 5:00 p.m. DFM Module III - Introduction to Family Therapy
13	14	15 9:00 p.m. Board of Conjoint Examination Meeting	16 1:30 – 3:30 p.m. Workshop on Office Minor Surgical Procedures 2:15 – 7:15 p.m. Structured Education Programme	17 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	18	19 1:30 – 3:30 p.m. Workshop on Office Minor Surgical Procedures 2:30 – 5:00 p.m. DFM Module III - Introduction to Practice Management
20 2:00 - 4:00 p.m. Interest Group in Neuro-musculoskeletal	21	22 7:30 – 9:30 p.m. PA Standardization Workshop	23	24	25 2:30 - 3:30 p.m. Board of Education - Video Session	26
27 1:00 - 4:30 p.m. ARC - Cardiovascular Workshop	28	29 1:00 - 3:30 p.m. ARC - Vaccination	30	1 <b>Dec</b> 1:00 - 3:30 p.m. ARC - Stroke Prevention	2	3

**FP LINKS EDITORIAL BOARD 2011**

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Front Row (left to right): Dr. Sam Yip, Ms. Carmen Cheng, Ms. Teresa Lee, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Heidi Fung

Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities

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