

Message from the President

Congratulations

On December 14, 2012, Prof. Donald Li, our Censor and Past President, was elected as the President of the Hong Kong Academy of Medicine.

The Hong Kong Academy of Medicine is the highest academic organization in Hong Kong which was established by statute in 1993. It has the mandate to maintain the standard of specialist training and specialist continuous medical education (CME) and continuous professional development (CPD) in the territory. The Academy assists the Medical Council of Hong Kong, the registration body, in maintaining Specialist Register (SR) since its inception in 1997. The Academy is taking an active role in providing healthcare in Hong Kong through its involvement in the postgraduate training of doctors and dentists, and through its advice to the Government of the Hong Kong Special Administrative Region on matters related to health and health regulations. The Academy strives to serve the Community of Hong Kong, the Mainland and the world.

Prof. Donald Li has always been one of the important leaders in the development of Family Medicine in Hong Kong. On behalf of our College, I would like to express my heartiest congratulations to him!

35th HKCFP AGM & Annual Dinner

This year is the 35th anniversary of our College. We had our AGM and annual dinner held on December 8, 2012 at Lippo Chiuchow Restaurant, Lippo Centre, Queensway, Hong Kong.

Our annual dinner was honoured by the presence of our past presidents Dr. Stephen Foo, Prof. Donald Li, Dr. Andrew Ip and Dr. Gene Tsoi. Their leadership has pioneered the development of Family Medicine in the region and their vision has led our discipline to gain peer recognition in our profession.

We are also most honoured by the presence of our honorary legal advisor, Mr. Anthony Chow, who has always provided us with invaluable legal advice over the years. I am deeply grateful for his contribution to our College.

Professor Samuel Wong retired this year from our Council. Our elected council members for the five vacancies are Dr. Simon Au, Dr. Chan Hung Chiu, Dr. Chan Kin Ling, Dr. Mark Chan, and Dr. William Wong. I am truly grateful for the hard work of all our present and past council members, board and committee members, examiners and the staff team.

Wishing You All a Happy and Prosperous 2013!

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links

ISSUE 107
January 2013

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The 35th HKCFP Annual Dinner on 8th December 2012



Cheers



Masters of Ceremony, Dr. Peter Anthony Fok and Dr. Sham Pui Shan



The Grand Prize winner of the lucky draw is Dr. Ching Chi Sau



Successful Conjoint Examination Candidate
Dr. Chow Kim Yue



Successful Conjoint Examination Candidate
Dr. Yiu Yee Ki



Successful Exit Examination Candidate
Dr. Ng Tze King, Peter



Distinguished guests and College officials



Group Photo of Successful Conjoint Examination Candidates



Group Photo of Successful Exit Examination Candidates



Members and Staff of Board of Vocational Training and Standards



Members and Staff of Editorial Board



Members and Staff of Board of Diploma in Family Medicine



Members and Staff of Board of Education



Members and Staff of Board of Professional Development and Services

The 35th HKCFP Annual General Meeting

Following the 35th HKCFP Annual General Meeting and the 379th Council meeting on Saturday, 8 December 2012, the following Council Members were elected:

Dr. Ruby S Y LEE
Dr. Angus M W CHAN
Dr. Billy C F CHIU
Dr. Quincy S M YUEN
Dr. AU Chi Lap
Dr. CHAN Hung Chiu
Dr. CHAN Kin Ling
Dr. Mark S H CHAN
Dr. William C W WONG

President
Vice-President (Education and Examinations)
Honorary Secretary
Honorary Treasurer
Council Member
Council Member
Council Member
Council Member

Congratulations. We extend our heartfelt welcome to them.

The Council would like to thank Professor Samuel Y S WONG for his valuable contributions to the College in the past years.



College Executives (From left to right): Dr. Lau Ho Lim, Dr. Ruby Lee, Dr. Angus Chan, and Dr. Billy Chiu



AGM



Council meeting



Our President, Dr. Ruby Lee presenting a souvenir to Prof. Samuel Wong who retired from the position of Council Member



Council members and staff

The Composition of the Council 2013 as follows:

PRESIDENT

VICE-PRESIDENT (Education & Examinations)

VICE-PRESIDENT (General Affairs)

HON SECRETARY

HON TREASURER

IMMEDIATE PAST PRESIDENT

COUNCIL MEMBERS

Dr. Ruby S Y LEE
 Dr. Angus M W CHAN
 Dr. LAU Ho Lim
 Dr. Billy C F CHIU
 Dr. Quincy S M YUEN
 Dr. Gene W W TSOI
 Dr. Simon C L AU
 Dr. CHAN Hung Chiu
 Dr. CHAN Kin Ling
 Dr. Mark S H CHAN
 Dr. CHAN Wing Yan
 Dr. David V K CHAO
 Dr. CHEUNG Man Kuen
 Dr. CHONG Man Yuk
 Dr. Mary B L KWONG
 Dr. Tony C K LEE
 Dr. Lorna V NG
 Dr. NGAN Po Lun
 Dr. Wendy W S TSUI
 Dr. William C W WONG

BOARD OF CENSORS

Prof. Cindy L K LAM (Chief Censor)
 Dr. Stephen K S FOO
 Prof. Donald K T LI

Mr. Anthony W K CHOW is appointed as Honorary Legal Advisor and **Mr. C F CHEUNG** is appointed as Honorary Auditor.

The Chairpersons of the various Boards and Committees for the year 2013 are as follows:

Chairmen of Various Boards

Board of Conjoint Examination
Board of Diploma in Family Medicine
Board of Education
Board of Professional Development and Services
Board of Vocational Training & Standards
Editorial Board
Specialty Board

Dr. CHAN Hung Chiu
 Dr. Simon C L AU
 Dr. Mary B L KWONG
 Dr. LAU Ho Lim
 Dr. Quincy S M YUEN
 Dr. David V K CHAO
 Dr. Wendy W S TSUI

Chairmen of Various Committees

Business Manager
Council Member on Duty System
Education Committee (AM affairs)
External Affairs
Finance
FP Links
Hong Kong Primary Care Conference
House Management
Internal Affairs
Membership
Professional Performance Committee
Public Education
Quality Assurance & Accreditation
Research
Web and Computer

Dr. Mary B L KWONG
 Dr. Tony C K LEE
 Dr. Angus M W CHAN
 Dr. Gene W W TSOI
 Dr. Quincy S M YUEN
 Dr. Wendy W S TSUI
 Dr. Lorna V NG & Dr. William C W WONG
 Dr. Billy C F CHIU
 Dr. David V K CHAO
 Dr. CHEUNG Man Kuen
 Dr. CHAN Kin Ling
 Dr. NGAN Po Lun
 Dr. Billy C F CHIU
 Dr. William C W WONG
 Dr. Mark S H CHAN

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From the period 15th January 2013 to 14th February 2013, Dr. Chan Kin Ling and Dr. Chan Wing Yan will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Chan Kin Ling



Dr. Chan Wing Yan

Membership Committee News

The Membership Committee approved, on recommendation of the Chairlady of the Membership Committee, the following application for membership in **December 2012** :

Associate Membership (New Application)

Dr. CHENG, Suen Bun

鄭璿斌

Resignation from Full Membership

Dr. CHAN, Wai Shun

陳威順

Board of Vocational Training and Standards News

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can enrol into the higher training programme.

For those who prepare to sit for the Exit Examination in **2015**, please submit the application for higher training **on or before 28th February 2013 (Thursday)** in order to meet the requirement for sitting Exit Examination. The application form is available from the College Secretariat and can be downloaded from the College website.

Higher Training Subcommittee

BVTS

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that **all** higher trainees should submit the original copy of annual checklist to our Board **either by registered post or in-person on or before 28th February 2013 (Thursday)**. Late submission will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook **on or before 28th February 2013**.

The training experience of 2012 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Higher Training Subcommittee

BVTS

Board of Conjoint Examination News

The Board of Conjoint Examination is pleased to announce that the following candidates had passed the 26th Conjoint HKCFP/RACGP Fellowship Examination (Clinical Segment) 2012:

Dr. Chan Hau Ting	Dr. Leung Hoi Lik, Eric	Dr. Sit Pui Ki, Lolita
Dr. Chan Hoi Ying, Linda	Dr. Leung Hor Yee	Dr. Tam Yick Sin, Denise
Dr. Cheng Kit Wing	Dr. Leung Ka Fai	Dr. Tsang Sheung Yin, Stanley
Dr. Cheung Chi Hong, David	Dr. Leung Yin Ching	Dr. Wong Chun Fai
Dr. Cheung Shun Tai	Dr. Li Ming Yin	Dr. Wong Chun Pong
Dr. Chow Kim Yue	Dr. Lui How Mui	Dr. Yeung Sze Wai
Dr. Hau Sin Ying, Cindy	Dr. Man Fung Yi	Dr. Yiu Kam Yi
Dr. Hung Wai Shan, Sandra	Dr. Poon Yung Yin	Dr. Yiu Yee Ki
Dr. Ip Sui Wah	Dr. Sakhrani Ponam	
Dr. Lau Chi Ming	Dr. Shiu Wing Ho	

Congratulations to you all.

Best Candidate Award

The Board of Conjoint Examination is pleased to announce that Dr. Tam Yick Sin, Denise, who passed the Conjoint Examination at one setting and achieved the best performance, will be awarded the Best Candidate Award 2012.

Congratulations to Dr. Tam.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

Celebration of the 200th Board of Conjoint Examination Meeting on 16th November 2012

The Board of Conjoint Examination has recently reached a significant milestone by holding its 200th meeting on 16th November 2012, with 9 board members and Dr. Stephen Foo, our College Censor, attending the meeting.

The Board would like to take this opportunity to thank all present and past board members for their valuable advice and contributions, and all present and past examiners for their continual support throughout all these years in making the HKCFP / RACGP Conjoint Fellowship Examination a success.

We look forward to celebrating its 300th meeting!



Back row (from left to right): Dr. Kenny Kung, Dr. Billy Chui, Dr. Barry Bien, Dr. Lau Ho Lim
Front row (from left to right): Dr. Chan Laam, Dr. Loretta Chan, Dr. Ip Pang Fei, Dr. Stephen Foo, Dr. Chan Hung Chiu, Dr. Winnie Chan, Ms. Teresa Liu

Call for Nominations – HKCFP Honorary Fellowship 2013

Dear Members,

Nominations are called for the HKCFP Award of Honorary Fellowship for 2013.

This is an award to be conferred for persons of distinction or members of the community who have rendered distinguished services, directly or indirectly, to the college or to the advancement of general / family practice or practice in general practice / Family Medicine. Candidates may be nominated to Council for election to Honorary Fellowship. Such election will require the unanimous vote of council members in the council meeting held in February 2013.

You are invited to send your suggestions together with your personal contact to the President Dr. Ruby Lee directly via email to hkcfp@hkcfp.org.hk by 31st January 2013, Thursday.

Thank you.

Dr. Billy C F Chiu
Honorary Secretary

The WONCA 2013 Prague, 20th World Conference 25 - 29 June 2013 "Family Medicine - Care for Generations"

The 20th WONCA World Conference in Prague will be yet another opportunity for family doctors to gather and share research and practice experiences. It is a very good occasion to foster ties between family practice organizations as well as individual doctors.

The Council has decided to grant sponsorship for applicants especially who with presentation, to attend the captioned conference. More details on sponsorship would be announced later.

Applicants shall agree to take part in the College official functions if any during the Conference in Prague, and submit a written report of around 1000 words within one month after the conference. Applications will be vetted by the Nomination Committee. All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members. Interested members may download and complete the application form at <http://www.hkcfp.org.hk> under the section of "DOWNLOADS" and return the form to the Secretariat via email hkcfp@hkcfp.org.hk or postal mail by 28th February 2013. For further information regarding WONCA World Conference 2013 please visit the official website at <http://www.wonca2013.com/en/home>

Please contact the Executive Manager Ms. Erica So at 2528 6618 or email to erica@hkcfp.org.hk if any assistance is needed.

Thank you.

Dr. Billy C F Chiu
Honorary Secretary

Classified Advertisements

Positions Vacant

Accredited Private FM Centre invites energetic Doctors for expanding services (Tuen Mun / Kwai Fong). Basic / higher FM Trainee, A&E Officers welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212 6654

FT/PT/Locum **Family Physician** (min. 3 years' experience) for practices of United Christian Nethersole CHS in NTW / NTE / Kowloon. Flexible hours. Please e-mail resume with expected salary - **Ms. Law** : hr@ucn.org.hk.

Board of Diploma in Family Medicine (DFM) - Lectures

Topics and Speakers :

Dates	Time	Topics	Speakers
2 Feb 2013 (Sat)	2:00 p.m. – 4:30 p.m.	Module V – Women's Health Workshop	Dr. Chan Leung Kwok, Clement
16 Feb 2013 (Sat)	2:30 p.m. – 5:00 p.m.	Module III – Research & Teaching in Family Medicine	Prof. Lam Lo Kuen, Cindy

Co-ordinators : Dr. Au-yeung Shiu Hing / Dr. Wong Pak Hoi

Board Members, The Board of Diploma in Family Medicine, HKCFP

Venue : Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Accreditation : 3 CME Points HKCFP (Category 4.4)
3 CME Points MCHK

Registration Fee (*Please tick as appropriate*):

Dates	Topics	HKCFP Member	Non-member
2 Feb 2013 (Sat)	Module V – Women's Health Workshop	<input type="checkbox"/> HK\$400	<input type="checkbox"/> HK\$800
16 Feb 2013 (Sat)	Module III – Research & Teaching in Family Medicine	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400

Capacity : 20 Doctors

Registration : Registration will be first come first served. For registration or enquiries, please call the College secretariat, Mr. John Lee at 2861 0220. All cheques are payable to "HKCFP Holdings and Development Limited". Please mail the cheque to Rm 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai. All fees received are non-refundable and non-transferable.

To : HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.
(Fax: 2866 0981)

Dear Sir/ Madam,

I am a *Member/ Non-Member of the Hong Kong College of Family Physicians. (**Please delete as appropriate*)

I would like to attend the lecture(s) of **Module III / V** at Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Name : _____

Tel No. : _____

Email : _____

Date : _____

Public Education Committee News

Our third book – 家庭醫學手冊之三 家庭醫生 - 一家人的好朋友

Since November 2005, the Hong Kong College of Family Physicians has started to publish articles regularly to educate the public on different health topics in the perspective of family medicine in newspaper columns. Some of those published articles were captured in 家庭醫學手冊之伴我同行 and 家庭醫學手冊之二 家庭醫生 which were published in 2007 and 2008, respectively. Following the success of these publications, we are glad to inform you that the third book for the series, 家庭醫學手冊之三 家庭醫生 - 一家人的好朋友 has been published in July 2010. We sincerely wish these publications can bring out a significant educational impact for the public and contribute to the development of a knowledgeable population that forms the foundation of robust primary care in Hong Kong.

As a benefit for members, we would provide you a discounted price at \$60 (including postal charge) per copy and we wish you enjoy reading it and share it with your family, friends, colleagues and patients. Why not take a look at the recommendation below and fax your order form to us? Should you have any enquiries, please contact Ms. Priscilla Li at 2861 0220.

這本結集副題為《家庭醫生 - 一家人的好朋友》，令我想起「醫療之家」(Medical Home)的概念，這個概念提倡「一人一醫生」，以家庭醫生為主導，全面掌握及觀察病人的健康狀況，並且在有需要時轉介病人尋求最恰當的醫療服務，如此種種，正切合現時香港基層醫療的發展方向。

前食物及衛生局副局長 梁卓偉教授

我一向主張香港大力發展家庭醫學。這不僅從資源運用作考慮，更重要是透過家庭醫生時刻對市民健康貼身、貼心的照料，我們的醫療體系才能與病人，甚至整個社會，建立一種相知互信的關係，讓醫生跳出治病的框框，全面照顧市民健康。

香港大學李嘉誠醫學院院長 李心平教授

《家庭醫學手冊之三：家庭醫生 - 一家人的好朋友》一書，正正反映了家庭醫生預防和治療疾病所發揮的功能。看了這本書，便會明白為甚麼社會需要大力推動家庭醫學，讓廣大市民的健康得到保障。

前香港中文大學醫學院院長 霍泰輝教授

今時今日的醫療系統太過複雜，不單止，我們的疾病系統也愈來愈複雜，單靠一個人，憑一種想法，找一個醫生，未必就能對症下藥，我們要打的是聯防，由「家庭醫學專科醫生」毫無失誤地判斷來球、攔截來球（分析病症），再將來球交到稱職的球員（其他專科醫生）手上面，展開攻勢（治療疾病），最後戰勝入網（病人痊癒），這才是我們作為病人的生存之道。

香港電台第一台健康節目《精靈一點》主持人 邵國華

要令一家人生活舒適，無後顧之憂，如果你認為一個合拍的伴侶、聽話的孩子、一份滿意的工作、一家可靠的銀行、一個穩健的投資組合能夠幫你達成人生願望，你更不可缺少的，是一個認識你們、關心你們，重視你們身、心、靈整體健康的良師益友 - 家庭醫生，是你們一家人的好朋友。

《黃巴士》兒童生活雜誌總編輯及一口田慈善教育基金創辦人 許芷茵

ORDER FORM

To: HKCFP
Room 701,
HKAM Jockey Club Building,
99 Wong Chuk Hang Road,
Aberdeen, Hong Kong
(Fax No. 2866 0241)

I am a(an) *Affiliate / Student / Associate / Full / Fellow member of
the Hong Kong College of Family Physicians.

I would like to purchase _____ copy / copies of 家庭醫學手冊之三
家庭醫生 - 一家人的好朋友。

Enclosed please find cheque payment of HK\$ _____.

*** All cheques are payable to "HKCFP Education Ltd".***



Name : _____

Postal Address : _____

Email Address : _____

Tel No. : _____

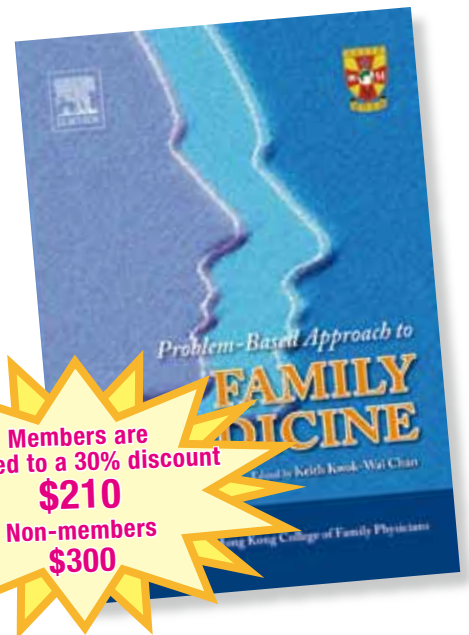
Date : _____

* Please circle your category of membership.

Publication Committee : Problem-based Approach to Family Medicine

The Committee is pleased to announce the publication of the first academic book from the College – Problem-based Approach to Family Medicine. This comprehensive 500-paged book, full of coloured illustrations and photos, was written by a group of experienced family physicians using a scenario-based approach that simulates the work of a family physician. It contains 24 different clinical scenarios commonly encountered in family practice to illustrate the content and principles of Family Medicine. It is an excellent reference book in Family Medicine for undergraduates, practising family physicians and doctors of other specialties locally and world-wide. For non-members, the price of the book is \$300 and college members are entitled to a 30% discount*** (postage fee excluded). For those who are interested, please fill in the order form below. We know that you will find this book a valuable tool to further your learning as well as a way to appreciate the fine art of Family Medicine.

*** \$210 (for members) & \$300 (for non-members) is for self-collection at Wan Chai or Wong Chuk Hang office. The amount of postage fee depends on the no. of books ordered. For details, please contact Ms. Priscilla Li at 2861 0220.



Members are
entitled to a 30% discount
\$210
Non-members
\$300

CONTENTS

SECTION I - THE TOOLS

- A. Problem-based learning
Trevor J GIBBS
- B. Evidence-based medicine
Keith KW CHAN
- C. Literature Search
Keith KW CHAN
- D. Literature Appraisal
Keith KW CHAN
- E. Some EBM jargons
Keith KW CHAN

SECTION II - THE SCENARIOS

1. A woman with a swollen red leg
Keith KW CHAN
2. The boy with a fever and sore throat
Yvonne CY LO, Julie CHEN, TP LAM, Cindy LK LAM
3. A young man with chronic cough
Ricky WK WU
4. A 15 month-old child with fever
Albert LEE

5. A child with wheeze
Alvin CY CHAN
6. A child with a rash
Mary BL KWONG
7. The dysonoeic Mr. Chow
YT WUN
8. A man with low back pain
WW LAI
9. A lady with sprained ankle
MP YIU, Kenith KW CHAN
10. A woman with knee pain
Andrew KK IP
11. A woman with headache
Julie Y CHEN, TP LAM, Yvonne YC LO, Cindy LK LAM
12. A man with chest pain
TP LAM, Yvonne YC LO, Julie Y CHEN, Cindy LK LAM
13. A man with white-coat hypertension
Amy KL CHAN
14. An elderly man with high blood pressure
KK NG, Keith KW CHAN
15. A middle aged woman with dizziness
Stanley KH LAM
16. A Lady with glycosuria
Allen HY NGAI
17. A man with chronic abdominal pain
HC CHAN
18. A woman with vaginal discharge
Winnie CHAN, Janet CY TAM
19. A woman with heavy menstrual bleeding
SN FU
20. A gentleman with hand tremor
Natalie YK YUEN, Natalis CL YUEN
21. A woman with forgetfulness
Ruby SY LEE
22. A man requesting colorectal cancer screening
Douglas TC LAI, Tammy KW TAM
23. An elderly man with pruritus
Antonio CHUH
24. A lady with a red eye
Donald KT LI

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(Fax No. 2866 0241)

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I would like to purchase _____ copy / copies of Problem-based Approach to Family Medicine.

Enclosed please find cheque payment of HK\$ _____ .

*** All cheques are payable to "HKCFP Education Ltd".***

Name : _____ Email address : _____

Postal address : _____

Tel No. : _____ Date : _____

*Please circle your category of membership.

Hospital Accreditation - Preparation of ACHS Periodic Review 2012

Dr. Catherine Ng

Specialist in Family Medicine, Department of Family Medicine & Primary Healthcare, HKW Cluster, Hospital Authority

Introduction

Accreditation is "public recognition by a healthcare accreditation body of the achievement of accreditation standards by a healthcare organization, demonstrated through an independent external peer assessment of that organization's level of performance in relation to the standards."¹

Accreditation systems comprise five key elements:²

1. A governance or stewardship function
2. A standards-setting process
3. A process of external evaluation of compliance against those standards
4. A remediation or improvement process following the review
5. Promotion of continuous quality improvement

The Australian Council on Healthcare Standards (ACHS) is an independent, not-for-profit organization dedicated to improving the quality of health care in Australia through the continual review of performance, assessment and accreditation.

The ACHS Accreditation Process is a cycle, aiming at continuous quality improvement.³

■ Phase 1 – Self Assessment

The organization provides self – assessment against all criteria of EQuIP (Evaluation and Quality Improvement Programme, developed and conducted by the ACHS).

■ Phase 2 – Organization-Wide Survey (OWS)

The organization conducts Pre-Survey Assessment against all criteria. Then all criteria are surveyed by a designated external team.

■ Phase 3 – Self Assessment

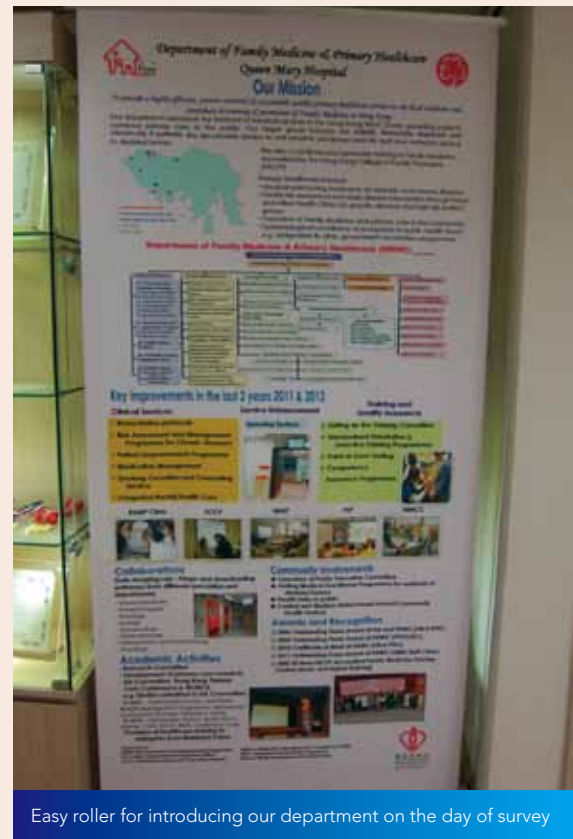
A self assessment of progress against the recommendations from the Organisation-Wide Survey is conducted.

■ Phase 4 – Periodic Review

The organization provides a Pre-Survey Assessment against all mandatory criteria, progress against recommendations. Then the Mandatory criteria are surveyed and progress on recommendations from the Organization-Wide Survey is reviewed by a designated external team.

Preparation

Two years ago, our department had the pleasure to participate in the ACHS Organization-Wide Survey of Queen Mary Hospital. Our team, in fact, the whole department worked hard to prepare a comprehensive but concise presentation, introducing our department and our development throughout the years, with all the



documentation ready as objective support. We were delighted about the positive feedback from the surveyor team, but what followed?

Well, time flies. Next came the ACHS Periodic Review in 2012. For this time, not only being a member of the Hospital Accreditation Taskforce of our department, but I also had the pleasure of leading the team, a challenging post indeed. Apart from me, our team members included our Department Operations Manager, Ward Manager and two Advanced Practice Nurses. We conducted several meetings to plan for the survey and review the progress.

To start with, I reviewed the OWS Report of 2010, in particular the part about our department. Two years ago, we have mentioned our different services, such as the Nurse and Allied Health Clinics and Government Vaccination Programme. As the surveyors may be interested to know about the development and progress of those services in these two years, our team invited the stakeholders to prepare related presentations and documentation.

Then, we studied the OWS 2010 recommendations and the mandatory criteria of EQuIP to identify areas which are relevant to our practice, such as health records management, credentialing and infection control. We thought that those areas need to be reviewed and reinforced as appropriate.

Finally, we invited our colleagues to recall our development and achievements in the past two years. Then we compiled a list of services and programmes which we would introduce during the survey. Again, the stakeholders were invited to present their development, and all documentations were well prepared for inspection by surveyors if necessary. The department portfolio was prepared and all the information was included in a box folder for take-away by surveyors.

The Day of Survey

The exciting day, 17 Oct 2012, finally arrived. Mr. David Miller, a surveyor from Australia, visited our department.

An easy roller was produced, which I used for introducing our department and highlighting our achievement. I introduced our mission, service scope, target population, and our organization chart. Then different colleagues, including doctors, nursing and allied health colleagues, took turns to present the programmes and services which they were responsible. Areas of interest included:

- Family Medicine Specialist Clinic which helps triage the cases referred to Specialist Outpatient Clinics (SOPD), thereby decreasing the demand and waiting time of SOPD services.
- Multi-disciplinary services including:
 - RAMP (Risk assessment and management programme) for diabetic and hypertension patients
 - PEP (Patient empowerment programme) for chronic patients
 - IMHP (Integrated mental health programme) for common mental disorders in primary care (e.g. anxiety, depression)
 - MMCC (medication management and compliance clinic) for patients with drugs related problems such as compliance issue, polypharmacy etc.
 - SCCP (Smoking cessation and counseling programme)
- The new electronic queuing system which significantly improves the efficiency of clinic workflow

- Training and capacity building:
 - The Training Committee was formed to coordinate the training of colleagues from different disciplines
 - Conduction of regular resuscitation drill in clinics

Mr. Miller showed great interest of the different programmes, in particular the outcome statistics. He stressed the importance of continuous evaluation and review, which we would take note in future service planning.

Finally, we provided different documents for him to take away for report writing. They included the department portfolio folder, the annual report of our department, and mini-folders of our different services and programmes.

Reflection

One may question the value of preparing the different documents, especially when documentation consumes time. There are also queries on how far and how detail the documentation should go into. To me, it would be a waste if everything is prepared solely for the day of survey. Besides showing our achievement, documentation should be practicable, reflecting the real practice, facilitating future review, improvement and service planning. It should also act as a reference for future stakeholders taking over the programmes. It is hoped that accreditation is not an one-off exercise which exhausts everyone, but a continuous process which every colleague views as a habit, a habit which requires some effort but that does not overload our capacity.

I would like to express my sincere thanks to our team and every colleague for their concerted effort on preparing for this periodic review!

References:

1. International Society for Quality in Health Care (ISQua). *The ISQua surveyor training standards programme*. Dublin IRL; ISQua; 2009.
2. Standards and accreditation framework working group. *Standards setting and accreditation systems in health: consultation paper*. Canberra; Australian Council for Safety and Quality in Health Care; 2003.
3. The ACHS EQuIP5 Hong Kong Guide. The Australian Council on Healthcare Standards (ACHS).



Mr. David Miller (front row, sixth from the left) visiting our department during the Periodic Review

TWENTY-SEVENTH CONJOINT HKCFP/RACGP Fellowship Examination FIRST Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Twenty-seventh Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2013.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application - including a valid RACGP number.)

(**Note** : All candidates are required to renew their RACGP membership for the year 2013/2014 before 31 July 2013. Failure to comply with the rule may result in denial of admission to the Examination.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine. After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2013, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2013, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30 June 2013.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
Key Feature Problems (KFP), and,
Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination
Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination MUST possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

*Note: In regarding the CPR certificate as issued by the HKCFP, the CPR workshop & examination for 2013 will be held on 23-24 February 2013. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 21). Please register with our College secretariat at 2528 6618 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2013.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2016).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/ RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application form with examination fee details of Conjoint Examination 2013 would be available in our College Website, <http://www.hkcfp.org.hk> at the end of February 2013 at the earliest. Please note that the deadline for application is **10 April 2013**.

(6) IMPORTANT DATES

- | | |
|-----------------------------|--|
| • 10 April 2013 (Wednesday) | Closing Date for Applications |
| • To be confirmed | Conjoint Examination – Written Examination (MCQ) |
| • To be confirmed | Conjoint Examination – Written Examination (KFP) |
| • To be confirmed | Conjoint Examination - OSCE |

(7) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from the website of both colleges (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 701, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

House Management Committee

Dr. Billy Chiu, Chairman, House Management Committee

I am glad to be nominated by Dr. Ruby Lee, our President, to be the Honorary Secretary of the College as well as the Chairman of the House Management Committee.

The House Management Committee comprises Ex-officio including President, Vice-Presidents, Honorary Secretary and Honorary Treasurer. The secretariat internal structure is detailed in the following table.

Wong Chuk Hang Head Office	<p>Erica So Executive Manager (院務經理)</p> <p>Council, House Management Committee, HKAM Affairs, Company Registry, Internal Affairs Committee, External Affairs Committee, Audit Committee, Accounting duties, Finance Committee, HKPCC, BPDS, CMOD System, Business Manager, Web & Computer Committee and ad hoc project as assigned by Council.</p>	<p>Carmen Cheng Senior Administrative Executive (高級行政主任)</p> <p>MAIN: Editorial Board, FP Links Committee, BVTS ASSIST: PPC</p>	<p>Windy Lau Senior Administrative Assistant (高級行政助理)</p> <p>Assist to Executive Manager;</p>	<p>Peter Wong Office Assistant (辦公室助理)</p> <p>Assist in outside & general office duties</p>
		<p>Teresa Liu Senior Administrative Executive (高級行政主任)</p> <p>MAIN: Board of Conjoint Examination, CMOD System, PPC</p>	<p>Provide support on matters regarding Internal Affairs;</p> <p>Assist in Boards/Committees, and all general clerical duties.</p>	
		<p>Brian Chan Administrative Executive (行政主任)</p> <p>MAIN: BVTS, Board of Conjoint Examination</p>	<p>Richard Li Administrative Assistant (行政助理)</p> <p>Provide support in Web and Computer Committee;</p>	
		<p>Angel Cheung Administrative Executive (A/C) (行政主任-財務)</p> <p>MAIN: Finance, Membership, Business Manager ASSIST: General clerical duties</p>	<p>Assist in matters regarding HKPCC;</p> <p>Assist in Boards / Committees, and all general clerical duties.</p>	
Wanchai Branch	<p>Crystal Yung Senior Executive Officer in-charge (高級行政主管)</p> <p>MAIN: Supervision of the operation of Board of Conjoint Examination, Specialty Board, and Board of DFM.</p> <p>Assistant to Executive Manager, personnel and ad hoc projects assigned by manager.</p> <p>ASSIST: Council, House, BPDS, HKPCC, Internal Affairs</p>	<p>Oscar Kwan Administrative Executive (行政主任)</p> <p>MAIN: Specialty Board, BPDS, Internal Affairs ASSIST: Board of DFM</p>	<p>Marco Cheng Administrative Assistant (行政助理)</p> <p>Provide support on matters regarding Public Education and QA&A;</p>	<p>Assist in outside & general office duties</p>
		<p>Yvonne Lam Administrative Executive (行政主任)</p> <p>MAIN: Board of Education, QA&A Committee ASSIST: Board of DFM</p>	<p>Assist in Boards / Committees, all general clerical duties and handle assigned personnel matters.</p>	
		<p>John Lee Senior Administrative Executive (行政主任)</p> <p>MAIN: Board of Education, Board of DFM, Research Committee</p>	<p>Priscilla Li Administrative Assistant Officer (行政助理主管)</p> <p>Assist to Executive Manager;</p>	
		<p>Alky Yu Administrative Executive (行政主任)</p> <p>MAIN: Specialty Board, HKPCC</p>	<p>Provide support on matters regarding Public Education, FP Links and HK Practitioner;</p> <p>Assist in Boards / Committees, all general clerical duties.</p>	

Secretariat Internal Structure

You may have talked with our secretariat staff over the phone many times, but I guess most of you may not have met with them face to face. Last year, new staff were recruited and there are quite a number of new male executives. Brian, Oscar, John and Alky (*the only new female staff*) are our new Administrative Executives while Marco and Richard are our new Administrative Assistants. I wish to seek your support to these young and energetic executives. In addition, to recognize the hard work and good performance of the existing staff, Carmen and Teresa have been promoted to Senior Administrative Executives, Yvonne as Administrative Executive, Priscilla as Administrative Assistant Officer and Windy as Senior Administrative Assistant. I regret that Oscar is going to resign from the College at the end of January. He has been serving the Specialty Board in the past year, we wish him all the best in his future endeavors. Last but not least, Crystal has been promoted to Senior Executive Officer in-charge, giving supervision to Wanchai Office operation, as well as Boards of Conjoint Examination, DFM and the Specialty Board. This could definitely help to strengthen the administrative support to the arrangement of College examinations.

On behalf of the College, I would like to express our appreciation for all the hard work and contributions of the secretariat team. Their dedications definitely assist our College to grow!



Group photo of Secretariat Staff with Doctors

- Back row (from left to right): Mr. Richard Li, Mr. Marco Cheng, Mr. Oscar Kwan, Mr. John Lee, Ms. Alky Yu, Ms. Crystal Yung, Ms. Erica So, Ms. Teresa Liu, Ms. Windy Lau, Ms. Carmen Cheng, Ms. Angel Cheung, Ms. Priscilla Li, Ms. Yvonne Lam, Mr. Brian Chan
- Front row (from left to right): Dr. Billy Chiu, Dr. Au Chi Lap, Dr. Ngan Po Lun, Dr. Angus Chan, Prof. Cindy Lam, Dr. Stephen Foo, Dr. Ruby Lee, Prof. Doris Young, Dr. Gene Tsoi, Dr. Lau Ho Lim, Dr. Chan Hung Chiu



Group photo of Secretariat Staff

- Back row (from left to right): Mr. Marco Cheng, Mr. Oscar Kwan, Mr. John Lee, Mr. Richard Li, Ms. Alky Yu, Mr. Brian Chan, Ms. Windy Lau, Ms. Priscilla Li, Ms. Angel Cheung
- Front row (from left to right): Ms. Yvonne Lam, Ms. Erica So, Ms. Crystal Yung, Mr. Peter Wong, Ms. Carmen Cheng, Ms. Teresa Liu

PrEP: A New Tool for HIV Prevention

Pre-exposure prophylaxis (PrEP), is a new HIV prevention method in which people who do not have HIV infection take a pill daily to reduce their risk of becoming infected. The pill contains active ingredients that prevent HIV from replicating once it enters the body. In this way, PrEP can help keep the virus from causing a permanent infection.

Providing a preventive medication before exposure to a germ or virus is not a new practice and has been used to prevent other diseases. For example, when individuals travel to an area where malaria is common, they are advised to take malaria prophylaxis before and during travel to prevent infection if bitten by a mosquito carrying the malaria parasite. However, the use of medication to prevent HIV infection has only been evaluated recently. When used consistently, PrEP has been shown to reduce the risk of HIV infection among high risk adults who may acquire the infection through sex, including men who have sex with men and heterosexually-active men and women. The Centre for Disease Control (CDC) is also evaluating PrEP's effectiveness in preventing HIV infection among individuals exposed to HIV through drug injection, but the results are not yet available.

PrEP is an intensive approach that requires strict adherence to daily intake and regular HIV testing. It is not intended to be used in isolation, but rather in combination with other HIV prevention methods. If it is used effectively and by persons at very high risk, PrEP may play a role in reducing the number of new HIV infections.

PrEP Medications

Most PrEP efficacy trials have tested a combination of antiretroviral drugs tenofovir disoproxil fumarate (also called TDF, or tenofovir) and emtricitabine (also called FTC), taken in a single pill daily for HIV prevention. This combination pill (brand name Truvada) was approved by the U.S. Food and Drug Administration (FDA) for use as an HIV treatment in 2004, and was approved as PrEP in July 2012. Some clinical studies have also evaluated the use of tenofovir on its own as a preventive medication, but this drug alone is not FDA-approved as PrEP.

CDC Interim Guidance on PrEP Use

MSM (Men who have Sex with Men)

CDC published interim guidance for physicians who provide PrEP for HIV prevention among MSM in January 2011. CDC guidance stressed the importance of targeting PrEP to MSM at very high risk for HIV infection; delivering PrEP as part of a comprehensive set of prevention services; providing counseling regarding risk reduction and PrEP medication adherence; ensuring MSM being prescribed PrEP are confirmed to be HIV negative prior to use; and providing regular monitoring of HIV status, side effects, adherence, and risk behaviours.

Heterosexuals

CDC published interim guidance to help clinicians safely and effectively provide PrEP for heterosexually active adults in August 2012. This guidance included recommendations similar to those for MSM, as well as new recommendations relevant to women who may become pregnant while taking PrEP and to couples in which one partner is HIV-positive and the other is HIV-negative.

PrEP offers a new tool to help combat the HIV epidemic among the hardest hit population in the United States and around the world, but its overall impact on the epidemic will depend on many factors – and at this point it remains unknown. Its effectiveness will be contingent on access and acceptability among the population at highest risk, to name just a few. The impact will also depend on whether the programmes implemented in community settings can achieve the key requirements for success, including ensuring regular HIV testing, maintaining high levels of medication adherence, and effective strategies for reducing risky sexual behaviour.

Reference:

www.cdc.gov
Department of Health and Human Services
Centers for Disease Control and Prevention (CDC)
U.S.

Compiled by Dr. Ho Ka Ming

Interest Group in Mental Health & Psychiatry in Primary Care - The 33rd Meeting on 1st Dec 2012

Dr. Mark S. H. Chan (Co-ordinator) – Board of Education

The 33rd Interest Group in Mental Health & Psychiatry in Primary Care Meeting was held on 1st Dec 2012. Dr. Kan Chung Sing is the guest speaker. (Sponsored by Eli Lilly Asia Inc.)

Theme : Diabetes and Depression
Speaker : Dr. Kan Chung Sing
 Specialist Psychiatrist; part time Consultant,
 Kowloon Hospital
Moderator : Dr. Mark S. H. Chan

Dr. Kan Chung Sing graduated from The Chinese University of Hong Kong and received her psychiatry training at the Castle Peak Hospital. Dr. Kan is currently in private practice and also a part time Consultant in the Kowloon Hospital. Her interest covers adult and Child psychiatry, and also medically related psychiatric morbidity.

Learning points

Diabetes Mellitus and Depression

In 2012, 347 million people had DM worldwide. By 2030, this number will double, affecting mostly Asia & Africa. According to a recent WHO survey, more than 350 millions people in the world (or 5% of the total population) had depression.

The Relationship between DM & Depression is bi-directional in all Bio-Psycho-Social aspects. A review by Mezuk *et al.* (2008) of studies conducted between 1950 to 2007 showed that depression was associated with an increase of type II DM by 60%, and may accelerate the onset of DM complications and worsening of symptoms. On the other hand, type II DM was associated with 15% increased risk of depression.

Biological

The Hypothalamus-Pituitary-Adrenal axis–stress diathesis model described psychological stress with counter-regulatory hormones (catecholamines, glucocorticoids, growth hormone and glucagon) and insulin resistance leading to altered glucose transport (glucose handling and glycogen storage).

At molecular level, there is increased immuno-inflammatory activation, IL-1 and IL-6, cytokines and TNF- α . DM patients have increased cytokines produced by adipose tissues.

Psychological

Depressed patients have decreased energy and motivation to perform self-care behaviors; low self-efficacy and negatively distorted affect, poor compliance and poor concentration affect organization. In Type I DM there are more cognitive dysfunction, eating disorder and developmental disturbances.

Social

Depression has effects on physical inactivity and obesity with functional impairment and even inability. Other social considerations are negative life events, functional impact, financial stress, education, poor social support and marriage problems.

DM neuropathy (Prevalence 29-50%)

In pain conduction pathway, the neuro-transmitters include substance P, endorphins, norepinephrine and serotonin. Pain related symptoms include pain, paresthesia, dysesthesia, hypesthesia, aggravate at night and when sleep disturbances.

1. Painful Diabetic Neuropathy – PDN

Affects 11-26% of DM patients; DM patients with neuropathy have 15% chance receiving amputation at the end.

2. Neuropathic Pain

Analgesics includes Anti-depressants, Anti-convulsants, Anti-arrhythmics, opioids, capsaicin and ketamine.

Treatment procedures include nerve block, injection and Spinal Cord Stimulator.

Recent advances include mechanism-orientated therapy for neuropathic pain

1. TCAs* (e.g. amitriptyline)
2. SNRIs* (e.g. duloxetine) - Serotonin/noradrenaline/dopamine (by Na + Block)
3. $\alpha 2\delta$ antagonists (e.g. pregabalin, gabapentin) via Ca²⁺ channel modulation

Older anti-convulsants

1. Carbamazepine, lamotrigine work through Na⁺ Block
2. Local Anaesthetics (lidocaine)
3. Opioids (oxycodone, tramadol) μ . Receptor agonists
4. Vanilloids (capsaicin) Emptying Substance P reservoirs

* SNRI=Serotonin noradrenaline reuptake inhibitors; TCA=Tricyclic antidepressant.

In the recent **NICE guideline** the 1st line treatment for diabetic neuropathic pain is duloxetine.

References

1. NICE clinical guideline 96 Neuropathic pain.
2. Attal N *et al.* *Eur J Neurol.* 2010 Sep;17(9):1113.1123.
3. Dworkin RH *et al.*, *Mayo Clin Proc.* 2010;85(3)(suppl):S3.S14.
4. Tesfaye S *et al.* *Diabetes Care* 33:2285–2293, 2010.

Next meeting

The next meeting will be on Saturday 2nd February 2013. The guest speaker is Dr. Fong Yeung, Francois, a Family Physician in private practice. He will speak to us on "Normalization of Sexual Dysfunction - New Option in Management".

All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (yvonne@hkcfp.org.hk) 2 weeks before the date of presentation. Those who are experienced can share, while less experienced ones can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.



(from left to right) Dr. Kwong Bi Lok, Mary, Dr. Kan Chung Sing, and Dr. Chan Suen Ho, Mark

HKCFP Practice Management Training Course – Part B: Practical Part: Practice Management Attachment Course in Private Sector

Introduction:

Practice management is very important to all practicing doctors irrespective of whether you are practicing in the public or the private setting. It is one of the quality assurance accredited items and is an area to assess the competence of a family medicine specialist. Possession of good practice management knowledge and skills can prevent foreseeable medical and legal risks and facilitate daily clinical operation more effectively and efficiently. The clinical attachment in private practice is aimed at sharing hands-on experience in practice management within the private setting in which the majority of primary health care is provided in our locality.

Learning Objectives:

Family Medicine doctors undergoing this attachment are expected to gain exposures in the following:

- Patient consultations conducted by private family physicians in
 - Private clinic settings in the community
- The disease spectrum in private primary care setting
 - The challenges in management, including the use of medications, surgery tests and investigations
- Rapport among patients and private family physicians
- Common practical procedures in private practice
- Setting up a private practice
- Daily operation of a practice
- Clinic drug store organization
- Drug dispensing procedures
- Patient record systems
- Patient registration systems
- Staff management
- Community networking of private family physicians
- Experience sharing from private family physicians

Target Group:

- 1) Doctors who have attended the HKCFP training certificate course of practice management OR
- 2) Family Medicine higher trainees

Venue : Private Family Medicine clinics

Date : From March 2013 to Feb 2014

Time : To be arranged by the HKCFP secretariat and mutually agreed by the Practice Management Advisor and the participating doctor.

Duration : Two clinic visits and each visit lasts for 3 hours per participating doctor

Pre-requisite Qualification of Practice Management Advisors:

FHKAM (Family Medicine) AND currently practicing in private sector.

Course fees : HK\$2,700 **All fees received are non-refundable and non-transferable.**

Deadline of Application : 8 February 2013

Award : The participating doctor will be issued a certificate by the Board of Education, HKCFP

Practice Management Training Course Part B APPLICATION FORM

Name: _____
Surname (BLOCK LETTERS) Given Name Name in Chinese

Sex: M / F

Correspondence Address: _____

Mobile: _____ Office Telephone: _____

Contact Fax: _____ Email: _____

Membership: HKCFP member: Fellow / Full / Associate / Affiliate Member ID: _____ - _____

Current Practice:

Private: Solo **Group** **Years in practice** _____

Government: HA Department of Health **Years in service** _____

Other Institutions: Please specify _____

NOTES:

A completed application form must be returned to the Hong Kong College of Family Physicians on or before 8 February 2013 with an application fee of HK\$2,700 by crossed cheque payable to "HKCFP Education Limited". This application fee is non-refundable unless the application is unsuccessful.

Registration will be first come first served. For registration or any enquiry, please call the College secretariat, Mr. Marco Cheng at 2861 0220. Please mail the cheque to 8/F, Duke of Windsor Social Services Building, 15 Hennessy Road, Wanchai, H.K.

CPR Training and Examination Workshop 2013

Only 2 CPR Training and Examination Workshops will be held in 2013 (23, 24 February and 23, 24 March).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2013 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our CPR session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2013 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP CPR certificates are valid for 2 years.

1st Announcement: January College News

23 – 24 February 2013 Saturday and Sunday

CPR Training and Examination Workshop

Time	1:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. CPR Basic Life Support-Principles and Techniques 2. Pitfalls in CPR and Demonstration on Automated Defibrillator 3. Medico-legal Aspect of CPR 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP CPR Instructors
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CPD points HKCFP (Cat. 3.11) for passing CPR Examination
Co-organizer	The Hong Kong College of Cardiology
Capacity	50 doctors

Admission Fee:

Members (Attend Training and Examination Workshop)	HK\$600.00
Non-members (Attend Training and Examination Workshop)	HK\$1,200.00
Members with expired CPR certificate (HKCFP) (Attend Training and Examination Workshop)	HK\$200.00
Members with valid AHA Certificates (Require to sit for Examination Only)	HK\$200.00
Non-members with expired CPR certificate (HKCFP) (Attend Training Workshop and Examination)	HK\$400.00

All cheques payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Each successful candidate will be awarded a CPR Certificate valid for 2 years. Please contact Mr. Marco Cheng at 2861 0220 for registration on / before **20 February, 2013**.

LATE APPLICATIONS WILL NOT BE ENTERTAINED.

Conjoint examination application deadline: 10 April 2013

* **REMARKS:** you are not suggested to take the CPR training workshop and examination during your pregnancy.

2 February 2013 Saturday

Board of Education Interest Group in Mental Health

Aim	To form a regular platform for sharing and developing knowledge and skill in the management of mental health	
Theme	Normalization of Sexual Dysfunction - New Option in Management	
Speaker	Dr. Fong Yeung, Francois Private Practice	
Co-ordinator & Chairman	Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians	
Time	1:00 p.m. - 2:15 p.m.	Light Lunch
	2:15 p.m. - 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non-Members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

Sponsored by
Eli Lilly Asia Inc.

2 February 2013 Saturday

Board of Diploma in Family Medicine Module V

Theme	Women's Health Workshop	
Speaker	Dr. Chan Leung Kwok, Clement	
Co-ordinator & Chairman	Dr. Wong Pak Hoi The Hong Kong College of Family Physicians	
Time	2:00 p.m. – 4:30 p.m.	
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	College Fellow, Full or Associate	
	Members	HK\$ 400.00
	Non-Members	HK\$ 800.00
	All fees received are non-refundable and non-transferable.	
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible. Please refer to DFM College News.	

16 February 2013 Saturday

Board of Diploma in Family Medicine Module III

Theme	Research & Teaching in Family Medicine
Speaker	Prof. Lam Lo Kuen, Cindy
Co-ordinator & Chairman	Dr. Au Yeung Shiu Hing The Hong Kong College of Family Physicians
Time	2:30 p.m. – 5:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Admission Fee	College Fellow, Full or Associate Members Non-Members	HK\$ 200.00 HK\$ 400.00
All fees received are non-refundable and non-transferable.		
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible. Please refer to DFM College News.	

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

January's session:

Date	25 January 2013 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topics	1. Understanding Fats: Good VS Bad – Dr. Sylvia Lam 2. Therapeutic Strategies to Prevent Diabetic Nephropathy – The ROADMAP Study Is BP < 120/70mm Hg a Good Control? – Prof. Jan Menne
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

February's session:

Date	22 February 2013 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Depression & Anxiety Management – Dr. Ng Kwai Sang
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
2 Feb 2013 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Bereavement Counseling Dr. Cheung Kit Ying, Andy Family Physician Specialist in Private Practice	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

Structured Education Programmes

Free to members
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
30 Jan 13 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Anxiety Disorders Dr. Leung Hoi Lik	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Quality Assurance (QA), Continuing Medical Education (CME) and Continuous Professional Development (CPD) Dr. Kwong Sheung Li and Dr. Tsui Hiu Fa	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Update Immunisations / Vaccination in from Childhood to Adult Dr. Cheng Ching Shui, Pura	Ms. Man Chan Tel: 2589 2337

31 Jan 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Quality Assurance (QA), Continuing Medical Education (CME) and Continuous Professional Development (CPD) Dr. Leung Ching Ching and Dr. Ying Gard Ching, Derek	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Invitation of Social Worker to Share Experience in Counseling & Problem Solving Dr. Wong Fai Ying	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Lumps in the Head and Neck Dr. Yuen So San, Susana	Ms. Kwong Tel: 2595 6941

06 Feb 13 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Conjoint Preparation Dr. Mok Kwan Yeung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Community Resource : Physiotherapist, Occupational Therapist Dr. Yuen Ching Yi and Dr. Chan So Wai	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Rational Prescription Dr. Yeung Lam Fung, Steve	Ms. Crystal Law Tel: 2632 4021
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Review of FM Training Dr. Ko Wai Kit, Welchie	Ms. Man Chan Tel: 2589 2337

07 Feb 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Community Resource : Physiotherapist, Occupational Therapist Dr. Lee Hung Fai and Dr. Yuen Ming Wai	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Accident Prevention for Children Dr. Sze Chung Fai & Dr. Li Shun Hoi	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Diagnosis and Management of Psoriasis Dr. Tseung Chi Hang	Ms. Kwong Tel: 2595 6941

14 Feb 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Update on Management of Asthma Dr. Leung Yuen Kin and Dr. Fan Wing Chi	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Management of Thyroid Disorders Dr. Chan Ching	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Rash in Children Dr. Cheng Long Yee, Eva	Ms. Kwong Tel: 2595 6941

20 Feb 13 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Evidence Base Medicine Dr. Chan Ka Ho	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Substance Abuse Dr. Chan Fu Leung and Dr. So Tsang Yim	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Consultation Model Dr. Yau King Sing	Ms. Crystal Law Tel: 2632 4021
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Community Resources for Drug Abuse Patients Dr. Lee Chun Hui, David	Ms. Man Chan Tel: 2589 2337

21 Feb 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Substance Abuse Dr. Kwong Lok See and Dr. Mok Ka Yee	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Management of Victims of Sexual Violence Dr. Tang Kin Sze	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Pre & Post Participation Evaluation for Marathon Runner Dr. Mathew Lau	Ms. Kwong Tel: 2595 6941

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 Jan	14	15	16 2:15 – 7:15 p.m. Structured Education Programme	17 1:00 – 3:30 p.m. CME Lecture 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. DFM Meeting 9:00 p.m. Board of Conjoint Examination Meeting	18	19 2:00 – 5:00 p.m. CA Standardization Workshop and PA Introductory Workshop
20	21	22 9:00 p.m. Council Meeting	23 2:15 – 7:30 p.m. Structured Education Programme	24 2:15 – 7:00 p.m. Structured Education Programme	25 2:30 – 3:30 p.m. Board of Education - Video Session	26 2:30 – 4:30 p.m. Written Enhancement Training 2013
27	28	29 9:00 p.m. Board of Education Meeting	30 2:15 – 7:15 p.m. Structured Education Programme	31 2:15 – 7:00 p.m. Structured Education Programme 7:00 p.m. DFM Exam Subcommittee Meeting	1 Feb	2 1:00 – 4:00 p.m. Interest Group in Mental Health 2:00 – 4:30 p.m. DFM Module V - Women's Health Workshop 2:30 – 4:30 p.m. Community Education Programme
3	4	5	6 2:15 – 7:30 p.m. Structured Education Programme	7 2:15 – 7:00 p.m. Structured Education Programme	8	9
10	11	12	13	14 2:15 – 7:00 p.m. Structured Education Programme	15	16 2:30 – 5:00 p.m. DFM Module III - Research & Teaching in Family Medicine
17	18	19 9:00 p.m. Council Meeting	20 2:15 – 7:30 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	22 2:30 – 3:30 p.m. Board of Education - Video Session	23 1:00 – 6:00 p.m. CPR Workshop
24 1:00 – 6:00 p.m. CPR Examination	25	26	27	28	1 Mar	2

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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