

Message from the President

Happy Chinese New Year

The 2013 Policy Address "Seek Change, Maintain Stability, Serve People with Pragmatism" was announced on January 16, 2013, laying out a blueprint which set a policy direction for the next five years.

The Policy Address recognized the healthcare system of Hong Kong as robust, reliable, and staffed by excellent health professionals with high standards. Our rapidly ageing population leads to an increasing demand for healthcare services. The growing prevalence of certain diseases, technological advancement in healthcare and public expectations for healthcare services in keeping with the latest medical practices have led to a rise in medical costs.

Hong Kong will remain committed to the twin-track system for the public and private healthcare sectors. Public medical services provide a safety net for the general public, with private healthcare services providing more choice for those who can afford the relatively higher cost. Public-private partnership in healthcare services can foster healthy competition and co-operation among healthcare services providers.

The Hospital Authority will reduce staff turnover by increasing promotion opportunities and hiring additional part-time doctors. In view of the ageing population and the changing public needs for healthcare services, HA will set up a steering committee to conduct a comprehensive review of its operation to enhance the cost-effectiveness and quality of its services.

The Government has established a steering committee on review of the regulation of private healthcare facilities to enhance the quality and transparency of private healthcare services and to promote patients' rights.

The Government has also set up a steering committee to conduct a strategic review of manpower planning and professional development in the healthcare sector. After assessing the manpower needs in various healthcare professions, the steering committee will put forward recommendations on how to cope with the projected increase in demand for manpower, strengthen professional training and facilitate professional development.

A working group and a consultative group have been set up to make specific recommendations on the implementation of the Health Protection Scheme (HPS). They are also studying the provision of financial incentives or public subsidies to facilitate implementation of the scheme, such as tax breaks, which also encourage people to purchase health insurance. The Government anticipates that, through voluntary participation in a government-regulated HPS, people can access to private healthcare services which offer more value-for-money. They will put forward a proposal on the HPS in 2013 for public consultation.

One of the ongoing initiatives of the Food and Health Bureau is the long-term strategy for development of primary care. These include development of conceptual models and reference frameworks in primary care settings for chronic illnesses like diabetes and hypertension, and for age-specific groups like the elderly and children for reference by healthcare professionals; development and promotion of the Primary Care Directory to provide the public with practice-based information of primary care providers in various districts; and establishment of community health centres to provide comprehensive and coordinated primary care services through multidisciplinary and cross-sectoral collaboration. Future projects to enhance primary care services at the district level include planning for community health centres, exploring different models for delivery of primary care services through pilot projects and encouraging participation of the private healthcare sector.

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links



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"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From the period 15th February 2013 to 14th March 2013, Dr. Chan Hung Chiu and Dr. Chan Suen Ho, Mark will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Chan Hung Chiu



Dr. Chan Suen Ho, Mark

Membership Committee News

The Membership Committee approved, on recommendation of the Chairlady of the Membership Committee, the following application for membership in **January 2013** :

Associate Membership (New Application)

Dr. WONG, Chin Pang

王展鵬

Resignation from Associate Membership

Dr. CHOW, Ho Ming

周浩明

The WONCA 2013 Prague, 20th World Conference 25 - 29 June 2013

"Family Medicine - Care for Generations"

The 20th WONCA World Conference in Prague will be yet another opportunity for family doctors to gather and share research and practice experiences. It is a very good occasion to foster ties between family practice organizations as well as individual doctors.

The Council has decided to grant sponsorship for applicants especially members who will present, to attend the captioned conference. More details on sponsorship would be announced later.

Applicants shall agree to take part in the College official functions if any during the Conference in Prague, and submit a written report of around 1000 words within one month after the conference. Applications will be vetted by the Nomination Committee. All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members. Interested members may download the application form at <http://www.hkcfp.org.hk> under the section of "DOWNLOADS" and return the completed form to the Secretariat via email hkcfp@hkcfp.org.hk or postal mail by 28th February 2013. For further information regarding WONCA World Conference 2013 please visit the official website at <http://www.wonca2013.com/en/home>

Please contact the Executive Manager Ms. Erica So at 2528 6618 or email to erica@hkcfp.org.hk if any assistance is needed.

Thank you.

Dr. Billy C. F. Chiu
Honorary Secretary

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all higher trainees should submit the original copy of annual checklist to our Board **either by registered post or in-person on or before 28th February 2013 (Thursday)**. Late submissions will not be accepted.

For the application for certification of completion of higher training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook **on or before 28th February 2013**.

The training experience of 2012 **WILL NOT** be counted if the trainee fails to submit the checklist before the deadline.

Higher Training Subcommittee

BVTS

Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held in March 2013 for all new enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors understand and get more information of our training programme.

Details of the seminar are as follows:

- Speakers : Dr. Chiu Chi Fai, Billy (Chairman, Higher Training Subcommittee), and Dr. Yuen Shiu Man (Chairman of BVTS)
- Date : 23 March 2013 (Saturday)
- Time : 2:30 – 4:30 p.m.
- Venue : Room 803-4
Hong Kong Academy of Medicine Jockey Club Building
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please contact Ms. Carmen Cheng or Mr. Brian Chan at 2528 6618 for any queries.

Classified Advertisements

Positions Vacant

Accredited Private FM Centre invites energetic Doctors for expanding services (Tuen Mun / Kwai Fong). Basic / higher FM Trainee, A&E Officers welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212 6654

FT/PT/Locum **Family Physician** (min. 3 years' experience) for practices of United Christian Nethersole CHS in Tai Po. Flexible hours. Please e-mail resume with expected salary - **Ms. Law** : hr@ucn.org.hk.

Clinic Available

Established Housing Estate GP Practice For **FREE TAKEOVER**. NO Goodwill required. Doctor (FM Fellow) retiring; many long term patients to be taken care of. Convenient transport (Kowloon City area). Low rent and spacious: potential for service expansion. Transition period in months (to be discussed). M:90801390; E-mail: hayleswai@hotmail.com

黃大仙區地舖超過十五年歡迎頂讓如有興趣請聯絡 6850 5853

The 35th Annual General Meeting and 35th Annual Dinner of the Hong Kong College of Family Physicians

Dr. David V. K. Chao
Chairman, Internal Affairs Committee

The 35th Annual General Meeting (AGM) and 35th Annual Dinner of the Hong Kong College of Family Physicians were successfully held on 8th December 2012 (Saturday) at Lippo Chiuchow Restaurant in Admiralty. The evening was kick-started with the AGM from 6pm when our President Dr. Ruby Lee led the Executives, Council and College members present to go through the various matters related to the running of the College. It was then followed by a brief Council meeting to confirm the chairmen of various boards and committees for the coming year and to discuss other administrative issues. At around 7pm, the venue was filling up quickly as it was time to start the main event of the evening - the Annual Dinner.

We were very grateful towards Dr. Shum Pui Shan Monica and Dr. Fok Peter Anthony, who acted as MCs of the Annual Dinner and led us through the very enjoyable evening. The dinner was commenced by Dr. Ruby Lee expressing the College's gratitude towards all collaborating partners from local and overseas, thanking the College Council and all Boards and Committees, College Fellows and Members, and the secretariat for their full support to make 2012 a very fruitful year for all; and the College looked forward for another year of even closer collaborations with all concerned. Professor Wong Yeung Shan, Samuel, as a retiring Council Member, was then presented a plaque for his great contribution towards the College over the years. Dr. Billy Chiu and Dr. David Chao presented gift coupons to the secretariat staff as a token of appreciation for their hard work. It was then followed by a vote of thanks from various boards and committees to all members and fellows for their continuing support. Group photos were then taken to mark the memorable occasion. Three successful candidates were invited to share with the audience about their experiences and thoughts, including Dr. Yiu Yee Ki and Dr. Chow Kim Yue for passing the Conjoint Fellowship Examination and Dr. Ng Tze King, Peter for passing the Exit Examination.

A short competition of cross word puzzle was then conducted to warm up the participants, followed by the great singing performance of Dr. Kenny Kung and Dr. TB Chan to create a more engaging atmosphere. No Annual Dinner would be complete without the traditional big lucky draw which was quite relentless with nearly 60 prizes to give away, thanks to the thoughtful generousities of council members, friends and related organizations. The second part of the singing performance in the evening was a collaborative effort among Dr. Rachel Yu, Dr. Natalie Siu, Dr. Kenny Kung and Dr. TB Chan. Just when we were all about to encore for more, Dr. Chan Hung Chiu, Peter was invited to sing on stage, and to put it simply, it was brilliant! Last but not the least, Mr. Anthony Chow, our College's legal adviser, also sang on stage, what a great voice he has! The evening was concluded at 10pm.

Overall, the annual dinner was well attended by College members and fellows. It has been a very enjoyable evening filled with fun and games. We would like to take this opportunity to thank all who have helped and participated to make this a very joyful evening indeed and we look forward to seeing you again in 2013.



College Executives in AGM (from left to right): Dr. LAU Ho Lim, Dr. Ruby S Y LEE, Dr. Angus M W CHAN, Dr. Billy C F CHIU



(from left to right): Dr. Stephen K S FOO, Prof. Donald K T LI, Mr. Anthony W K CHOW, Dr. Ruby S Y LEE and Dr. Gene W W TSOI



Members and Staff of FP Links Committee



Prof. Donald K T LI (left) presenting a lucky draw prize to Dr. Kevin B Y FOO (middle) and Dr. Stephen K S FOO (right)



Dr. Ruby S Y LEE and Mr. Andrew LAU



Dr. Angus M W CHAN (left) presenting a lucky draw prize to Dr. SIU Ping Cheong



Council Members and Guests having a good time



Members and Staff of Internal Affairs Committee



(from left to right) Prof. Donald K T LI, Dr. CHAN Hung Chiu and Dr. David V K CHAO



Members and Staff of Hong Kong Primary Care Conference



Dr. Ruby S Y LEE on the stage



Sharing by a successful Conjoint Examination Candidate Dr. YIU Yee Ki



Sharing by a successful Conjoint Examination Candidate Dr. CHOW Kim Yue



Sharing by a successful Exit Examination Candidate Dr. NG Tze King, Peter



(from left to right) Dr. Angus M W CHAN, Dr. CHAN Kin Ling and Dr. David V K CHAO



The winners of cross word puzzle game



Dr. Cindy L K LAM presenting a lucky draw prize to Dr. Raymond CHLO



Dr. LAU Ho Lim (left) presenting a lucky draw prize to Dr. CHAN Sau Lin



Dr. Stephen K S FOO (right) presenting a lucky draw prize to Dr. Emily T Y TSE (middle) and Dr. Monica P S SHUM (left)



Dr. David V K CHAO (left) presenting a lucky draw prize to Dr. Allan P L NGAN



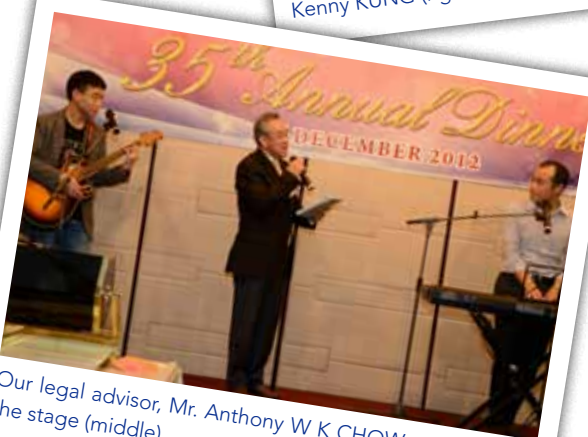
The Grand Prize winner of the lucky draw was Dr. CHING Chi Sau (middle)



The first part of the singing performance by Dr. CHAN Ting Bong (left) and Dr. Kenny KUNG (right)



The second part of the singing performance by Dr. CHAN Ting Bong, Dr. Rachel YU, Dr. Natalie SIU and Dr. Kenny KUNG (from left to right)



Our legal advisor, Mr. Anthony W K CHOW, also sang on the stage (middle)



The singing performance of Dr. CHAN Hung Chiu (middle)

Diploma in Family Medicine (HKCFP) First Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in June 2013.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology
Contents:	FIVE Update seminars and ONE clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	5 compulsory and 1 elective Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

June to September 2013	Module I
November 2013 to January 2014	Module II
July 2013 to May 2014	Module III, IV & V
May 2014	Final Examination

5. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:

HK\$28,000 for members of HKCFP

HK\$56,000 for non-members

(A discount of HK\$3,000 for early birds who apply on or before May 17, 2013)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$3,600	\$7,200
Module II (Distance Learning – Common Problems in Family Medicine)	\$3,600	\$7,200
Module III (Structured Lectures & Seminars)	\$2,600	\$5,200
Module IV (Updates & Clinical Attachment)	\$3,200	\$6,400
Module V (Practical Workshops)	\$4,200	\$8,400
Examination	\$8,000	\$16,000
Administration Fee	\$3,000	\$6,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- 50 CME and 10 CPD credit points will also be awarded to candidates on satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedures:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practicing Certificate.
- A recent photo of the applicant (passport size).
- A signed "Disclaimer of Liability".
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable.
- A Course Fee of HK\$28,000 (or HK\$56,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2012 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

11. Application Deadline: June 21, 2013

Comments From Former DFM Graduates

- The content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for refreshing our knowledge on clinical medicine. Module I, II & III could help improve my knowledge and my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Au Chi Lap
Chairman
The Board of DFM

*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Certificate Course in Family Medicine (HKCFP) First Announcement

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in June 2013.

The course consists of **THREE** Segments. Segment I and Segment II will be delivered by Local Distance Learning. Segment III consists of workshops. The whole course requires FIVE months of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of **THREE** compulsory segments. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) Knowledge and skills in some common practice procedures required in family practice
- iv) Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II- Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence etc. (Subject to further selection)

Segment III - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
Contents:	Orthopaedic Injection and Consultation Skills

3. *Schedule:

The whole course requires FOUR months of part-time studies.

July to October 2013	Segment I & II
1-day workshop in October 2013	Segment III

4. Admission Requirements:

Medical Practitioner with Bachelor's degree in Medicine.

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

6. Teaching Medium:

English

7. Course Fees:

HK\$9,000 for members of HKCFP
HK\$18,000 for non-members

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) 10 CME credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practicing Certificate
- ii) A recent photo of the applicant (passport size)
- iii) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable
- iv) A Course Fee of HK\$9,000 (or HK\$18,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Mr. John Lee at 2861 0220 for any queries.

10. Application Deadline: June 21, 2013

Dr. Au Chi Lap
Chairman, The Board of DFM

*Course syllabus, schedule and availability may be subject to change without prior notification.

#Cantonese and English will be used as the language for teaching and examination.

TWENTY-SEVENTH CONJOINT HKCFP/RACGP Fellowship Examination SECOND Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Twenty-seventh Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2013.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application - including a valid RACGP number.)

(**Note** : All candidates are required to renew their RACGP membership for the year 2013/2014 before 31 July 2013. Failure to comply with the rule may result in denial of admission to the Examination.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine. After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, where both segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2013, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2013, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30 June 2013.

Category II candidates may opt to sit for the Written Examination only at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
Key Feature Problems (KFP), and,
Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination
Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made **AND** the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

***Note:** Regarding the CPR certificate as issued by the HKCFP, the CPR workshop & examination for 2013 will be held on 23-24 March 2013. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 20). Please register with our College secretariat at 2861 0220 **IMMEDIATELY** if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2013.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2016).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 701, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline for application is **10 April 2013**.

For both **CATEGORY I** and **CATEGORY II CANDIDATES**:

- | | |
|--|---|
| - Full Examination (Written + Clinical) | \$23,600 |
| - Written Examination | \$6,800 plus Administrative Fee \$7,600 |
| - First attempt on Clinical Examination | \$9,200 |
| - Subsequent attempt on Clinical Examination | \$9,200 plus Administrative Fee \$7,600 |

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applies for the Full Examination and **fails the Written Examination, the fee paid for the Clinical Examination \$9,200 will be refunded**.

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notification of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$16,000 (for the whole examination), \$6,800 (for the written examination) or \$9,200 (for the clinical examination). The administration fee of \$7,600 will not be refunded.

No refund of any amount will be given if written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

- | | |
|-----------------------------|--|
| • 10 April 2013 (Wednesday) | Closing Date for Applications |
| • 1 September 2013 (Sunday) | Conjoint Examination – Written Examination (MCQ) |
| • 8 September 2013 (Sunday) | Conjoint Examination – Written Examination (KFP) |
| • 27 October 2013 (Sunday) | Conjoint Examination - OSCE |

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from the website of both colleges (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 701, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

How to Enhance Staff Motivation and Team Building Via Recognizing Staff Efforts: Survey Sharing from the Department of Family Medicine & Primary Health Care, NTWC

Dr. Chan Man Li

Associate Consultant, Department of Family Medicine and Primary Health Care,
Tuen Mun Hospital, New Territories West Cluster

Abstract

Background

Many people like to be recognised and appreciated for their efforts. This may be especially true in the workplace, where recognition for employee performance is often neglected. Fortunately, there are creative ways in which managers can show their staff members that their work is valued, many of which cost little or no money.

“Happy staff” is one of the key components in the Hospital Authority’s vision statement. “People” is the key factor in the delivery of our services. We therefore need to ensure they feel happy and motivated in their work by treating them fairly, not overburdening them, and helping them to maintain a good work-life balance.

Objectives

- (1) To assess the prevalence of key components for Recognition that works on the colleagues
- (2) To identify key components for Recognition that works on the colleagues

Methodology

The “Recognition that Works on Staff Survey” was developed by one of the Mgt 101 external consultants, which is used in the Hospital Authority Training & Development Programme. A similar survey was done with the questionnaires distributed to the medical staff within the department between 3rd Oct 2011 to 31st Oct 2011. The staff were invited to participate in this survey on a voluntary basis. All the data collected in the questionnaire would be used solely for team development and academic use. Strict confidentiality was ensured (respondents were not required to write their names) and the completed questionnaires were returned in the enclosed envelopes provided. For the questionnaire, the staff were invited to put down **A for recognition which most work on them, B for recognition which moderately work on them and C for recognition which least work on them.** [Each Letter can be used more than once for the 20 items in the survey form]. At the end of the survey, the staff needed to choose the top 3 for the recognition which most work on them.

Results

Total collected questionnaires: 40

Number of medical staff in the department: 64

Response rate: 62.5%

Table 1: The overall result of the survey

		A	B	C
1	Expresses the appreciation with body language 用身體語言表達讚賞 (拍膊頭, 豎起姆指等)	9	18	13
2	High-sounding oral appreciation 高調的口頭讚賞 (醒喎! 好叻女!)	5	12	23
3	Recommends your suggestion to other colleagues 向其他同事推介你的建議	18	18	4
4	Sends you to attend an important conference on behalf of the boss 派你代表上司出席一個重要會議	8	12	20
5	After the work the boss worries about your Time Off wish 辛勞後上司記掛住你的Time Off意願	13	19	8
6	Gives a gift: hand-made by the boss with thoughtfulness 送禮物: 有心思、親手做	3	12	25
7	Listens respectfully carefully, makes response 細心聆聽, 作出回應	25	12	3
8	Uses e-mail or SMS: Well Done 用電郵或短訊: Well Done	11	14	15
9	Appreciates you in front of your subordinates 在你下屬面前讚賞你	10	16	14
10	Appreciates you in private 私下讚賞你	14	20	6
11	Appreciates you publicly: The high-sounding talk praises your contribution at a conference or a release conference 公開讚賞你: 在會議或發布會上高調讚揚你的貢獻	12	14	14
12	Let you participate in an important task 讓你參與重要任務	13	16	11
13	Gives a gift: Ready-made, you like 送禮物: 現成的、你喜歡的	2	10	28
14	Gives you good evaluation in SDR 在SDR給你好的評語	23	14	3
15	Sincerely agrees to your suggestion/action 誠意地向你說認同你的建議/做法	26	10	4
16	Recommends you to participate in an important task 推薦你參與一項重要任務	11	15	14
17	Gives you a treat 請你吃一頓飯	5	7	28
18	The boss admits your suggestion, and makes the corresponding action 上司接納你的提議, 並作出相應行動	29	9	2
19	Recommends you to participate in an advanced course 推薦你參加一個高級課程	12	18	10
20	Appreciates you in front of other bosses 在其他上司面前讚賞你	13	17	10

Figure 1: The overall result of the survey

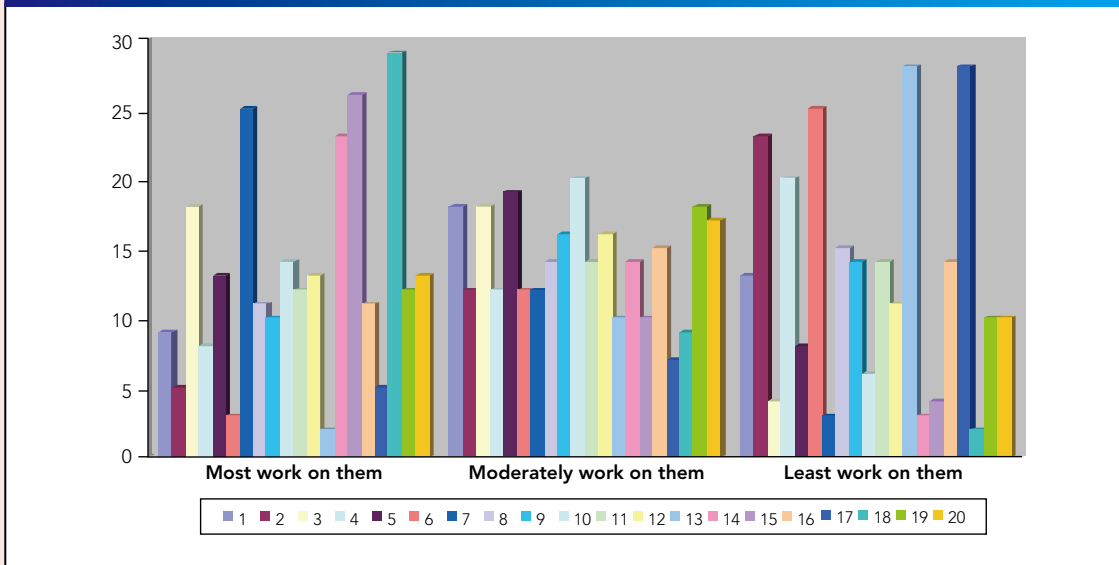


Table 2: Those recognition that work on staff with category A having more than 20 counts

	A	B	C
7 Listens respectfully carefully, makes response	25	12	3
14 Gives you good evaluation in SDR	23	14	3
15 Sincerely agrees to your suggestion/action	26	10	4
18 The boss admits your suggestion and makes the corresponding action	29	9	2

Table 3: Those recognition that not much work on staff with category C having more than 20 counts

	A	B	C
2 High-sounding oral appreciation	5	12	23
4 Sends you to attend an important conference on behalf of the boss	8	12	20
6 Gives a gift: hand-made by the boss with thoughtfulness	3	12	25
13 Gives a gift: Ready-made, you like	2	10	28
17 Gives you a treat	5	7	28

Figure 2: The number of staff choosing the recognition as their "top 3" choices

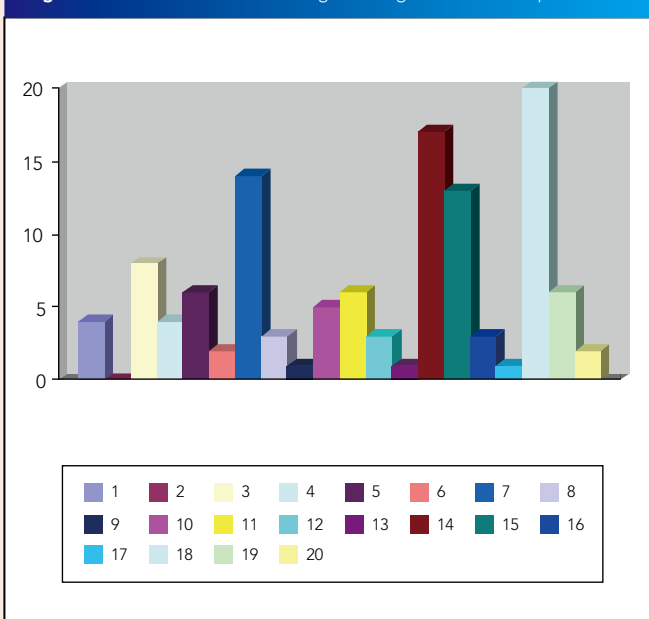


Table 4: The number of staff choosing the recognition as their "top 3" choices

1 Expresses the appreciation with body language	4
2 High-sounding oral appreciation	0
3 Recommends your suggestion to other colleagues	8
4 Sends you to attend an important conference on behalf of the boss	4
5 After the work the boss worries about your Time Off wish	6
6 Gives a gift: hand-made by the boss with thoughtfulness	2
7 Listens respectfully carefully, makes response	14
8 Uses e-mail or SMS: Well Done	3
9 Appreciates you in front of your subordinates	1
10 Appreciates you in private	5
11 Appreciates you publicly: The high-sounding talk praises your contribution at a conference or a release conference	6
12 Let you participate in an important task	3
13 Gives a gift: Ready-made, you like	1
14 Gives you good evaluation in SDR	17
15 Sincerely agrees to your suggestion/action	13
16 Recommends you to participate in an important task	3
17 Gives you a treat	1
18 The boss admits your suggestion, and makes the corresponding action	20
19 Recommends you to participate in an advanced course	6
20 Appreciates you in front of other bosses	2

Conclusion

From our medical staff survey, we found the following recognition items work best on colleagues:

1. The boss acknowledges your suggestion, and makes the corresponding action.
2. Gives you a good evaluation in SDR.
3. Listens respectfully and carefully, then makes response.
4. Exhibits sincere thanks to you for your suggestion/action.

We would like to share this message with all of our corporate colleagues so as to cultivate a culture of appreciation and recognition in our service and working environment.

HKCFP Research Fellowship 2013

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in family medicine. The grant is up to the value of HK\$100,000. It provides the successful candidate with protected time to develop research skills. Applicants are expected to have regular contact with a nominated supervisor with **Master or equivalent degree**.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellows, active Full Members or Associate Members of the HKCFP. New and emerging researchers are particularly encouraged to apply.

Selection criteria

Applications will be judged on*:

- training potential of applicants
- relevance to family medicine and community health
- quality
- value for money
- completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are encouraged to apply.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Tel: 2861 0220 Fax: 2866 0981.
2. Applicants must submit:
 - the completed application form,
 - the signed terms and conditions of the HKCFP Research Fellowship,
 - a curriculum vitae from the principal investigator,
 - a curriculum vitae from the co-investigator(s), AND
 - a curriculum vitae from the supervisor.
3. Applications close: **April 30, 2013**. Late applications will not be accepted.
4. Applications must be sent to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm. 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

The HKCFP Award for the Best Research of 2012

The Research Committee of the Hong Kong College of Family Physicians has an Award for the Best Research of the Year 2012. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2013.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a Member or Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be done in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Harvard or Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Practice?*
2. *How original is the research?*
3. *How well-designed is the methodology?*
4. *How well are the results analysed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in Family Practice?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm. 802, 8/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong.

DEADLINE OF SUBMISSION: 30th April, 2013

Board of Diploma in Family Medicine (DFM) - Lecture

Topic and Speaker :

Date	Time	Topic	Speaker
9 March 2013 (Sat)	2:30 p.m. – 5:00 p.m.	Module V – Counselling Skill Workshop	Dr. Cheung Kit Ying, Andy

Co-ordinator : Dr. Wong Pak Hoi

Board Member, The Board of Diploma in Family Medicine, HKCFP

Venue : Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Accreditation : 3 CME points HKCFP (Category 4.4)
3 CME points MCHK

Registration Fee (Please tick as appropriate):

Date	Topic	HKCFP Member	Non-member
9 March 2013 (Sat)	Module V – Counselling Skill Workshop	<input type="checkbox"/> HK\$400	<input type="checkbox"/> HK\$800

Capacity : 20 Doctors

Registration : Registration will be first come first served. For registration or enquiries, please call the College secretariat, Mr. John Lee at 2861 0220. All cheques are payable to "HKCFP Holdings and Development Limited". Please mail the cheque to Rm 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai. All fees received are non-refundable and non-transferable.

To : HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.
(Fax: 2866 0981)

Dear Sir/ Madam,

I am a *Member/ Non-Member of the Hong Kong College of Family Physicians. (*Please delete as appropriate)

I would like to attend the lecture of **Module V** at Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Name : _____

Tel No. : _____

Email : _____

Date : _____



Oasis
心靈綠洲

Cucumber in a bottle

A teacher told her class, "When I was a girl, my grandma gave me a big cucumber inside a bottle with a narrow neck. She said she'd tell me a "big secret." when I figured out how she got it into the bottle. One day, I saw a bottle in Grandma's garden. It had a vine with a tiny cucumber inside it. Now I knew how she got the cucumber in the bottle. She grew it there. Then grandma told me her "big secret. She said a "good habit" formed in childhood is like tiny cucumber inserted in a small bottle. The habit grows so big and strong inside you that no one can take it away from you.

What is one "good" habit, that I formed in my childhood? A "bad" habit?

"We form habits, then they form us." (Dr. Rob Gilbert)

By Father Mark Link, S.J
(Kind permission from Catholic Diocese of Hong Kong, Diocesan Commission for Hospital Pastoral Care)

(本欄資料由 心靈綠洲—個人成長及危機處理中心 提供，特此鳴謝。)

Harms of Being 'Over-Charged' - the Energy Drinks

Let's have a quick survey! How many of you drink coffee regularly? I am sure many of you enjoy having coffee often. Having coffee is not only a social hobby – the coffee itself is also a favorite drink considered by many as the source of energy, alertness and stamina.

Some choose alternative beverages to get the same results.

Beverages called **energy drinks** are popular, especially among teenagers and young adults. Similar to coffee, they help individuals gain a higher energy level, make us feel more awake and boost our attention span.

The common ingredients in energy drinks include the following: **caffeine**, sugar, guarana (a plant with seeds that contain caffeine), cocoa, B vitamins, and herbs etc.¹

Energy drinks are not without harms. They can lead to irregularity or increase in heart rate, palpitation, increase in blood pressure, sleep disturbance, diuresis and hyperglycaemia.¹

In addition, unintentional caffeine overdose can even result in death from caffeine poisoning and arrhythmias were the most common cause of caffeine-related deaths.²

The at-risk individuals include those who have heart problems, hypertension, insomnia and those who are on medications. Older persons are more sensitive to the effects of caffeine too.

It is recommended that young children should not consume energy drinks. Adolescents should not have more than 100 mg of caffeine per day. Adults should limit their caffeine use to 500 mg per day.¹ Ingestion over a brief time of 3 to 10g of caffeine might be lethal.

Caffeine is quickly metabolized by liver into active stimulants. Alcohol and other medications can prolong the half life of caffeine and contribute to its toxic effects.

Therefore, the risk could further be increased in AMED (Alcohol mixed with energy drinks).³ AMED includes cocktails served at bars (eg, Red Bull and vodka), premixed caffeinated alcoholic beverages, self-mixed beverages, and alcohol and energy drinks consumed separately but within the same drinking occasion.

There are potential public health consequences of AMED use. The caffeine in AMED may offset the sedating effects of alcohol and thus reduce the sensation of intoxication. This can result in more alcohol consumption and impairment in judgment to risky behavior (e.g. drunk driving or sexual assault etc).³

Energy drinks are not regulated by the FDA. In view of the possible harms, the public needs more definitive information and education about the safety threshold for caffeine consumption. It is important for family physicians and health care workers to educate our patients and to encourage them to read the labels and know more about the ingredients of the drinks they consume.

CAFFEINE CONTENT OF BEVERAGES AND OTHER PRODUCTS¹ for reference:

Drinks	Caffeine Content (mg)
Red Bull, 16 oz (an energy drink)	152
Coca-Cola, 20-oz bottle	58
Pepsi, 20-oz bottle	63
Coffee (brewed),16 oz	170

References:

1. Janet M. Torpy. Energy drinks. JAMA Dec 2012 E1
2. Kent A. Sepkowitz. Energy drinks and caffeine-related adverse effects. JAMA Dec 2012E2
3. Jonathan Howland, Damaris J. Rohsenow. Risks of Energy Drinks Mixed With Alcohol. JAMA Dec 2012 E1

Compiled by Dr. Chung Chak Cheong

Interest Group in Dermatology - The 34th Meeting on 5th January 2013

Dr. Wong Nai Ming – Co-ordinator, Board of Education

Theme : “Antibiotic Resistance in *P. Acnes* – Does it Matter?”

Speaker : Dr. Luk Nai Ming
Director of Dermatology Research Centre,
The Chinese University of Hong Kong.

Moderator : Dr. Wong Nai Ming

Learning points

Acne patients have increased sebum production and abnormal keratinization of pilosebaceous ducts leading to obstruction. These provide a suitable environment for the proliferation of the bacteria *Propionibacterium acnes* (*P. Acnes*). It is postulated that these bacteria lead to comedogenesis and inflammation by secretion of a number of proinflammatory mediators.

Antibiotic resistant *P. Acnes* appears to be a global problem. In Hong Kong, a study published in 2011 reported prevalence of resistance to various antibiotics as follows:

Clindamycin: 53.3%

Erythromycin: 20.9%

Cycline (Tetracycline, Doxycycline, Minocycline): 16.3%

Cross resistance (e.g. to erythromycin and clindamycin) also exists.

It was found that erythromycin/clindamycin resistance is more related to the patient’s age whereas cycline resistance is more related to the duration of acne treatment.

Dr. Luk highlighted that although antibiotic resistant *P. Acnes* has been associated with poor treatment outcome, it is not the only determining factor. In fact, a study in the United Kingdom showed that in 65% of non-responding (failed antibiotic) acne patients, there were no microbiological abnormalities. Other factors like compliance of treatment and increased sebum secretion might also affect treatment outcome. Hence, emergence of antibiotic resistant *P. Acnes* is an important issue but is not our only concern.

Long term use of antibiotics to treat acne can also lead to development of multi-antibiotic resistant commensals, like coagulase-negative staphylococcus in normal human skin, *staphylococcus aureus* in normal skin and nasal passages, and streptococci normally found in skin/mouth/intestine/upper respiratory tract. When these organisms cause opportunistic infections, they might be difficult to treat.

In order to avoid emergence of antibiotics resistant *P. Acnes*, the Global Alliance gave the following advice (Level 5 Evidence) concerning judicious use of antibiotics for acne treatment:

- (1) Combine a retinoid with a topical or systemic antibiotic to increase speed of response and to have more extensive clearing.
- (2) Limit the use of antibiotics to 3 months.
- (3) Co-prescribe a benzyl peroxide (BPO) to reduce the number of sensitive and resistant strains at the site of application.
- (4) Oral and topical antibiotics should not be used as monotherapy.
- (5) Do not use oral and topical antibiotics together particularly if they are chemically different.
- (6) Use the original antibiotic for subsequent courses if patients have relapse. Do not change to another antibiotic without adequate justifications.
- (7) Use topical retinoids for maintenance. Add BPO if needed.
- (8) Do not use antibiotics for maintenance.

Next meeting

The next meeting will be on Saturday 2nd March 2013. The guest speaker is Dr. Lee Tze Yuen, Specialist in Dermatology. He will speak to us on Contact Dermatitis and Skin Patch Test.

All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (yvonne@hkcfp.org.hk) 2 weeks before the date of presentation.



(from left to right) Dr. Kwong Bi Lok, Mary, Dr. Luk Nai Ming, and Dr. Wong Nai Ming

CPR Training and Examination Workshop 2013

Only 2 CPR Training and Examination Workshops will be held in 2013 (23, 24 February and 23, 24 March).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2013 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register for our CPR session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2013 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP CPR certificates are valid for 2 years.

23 – 24 March 2013 Saturday and Sunday

CPR Training and Examination Workshop

Time	2:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	1. CPR Basic Life Support-Principles and Techniques 2. Pitfalls in CPR and Demonstration on Automated Defibrillator 3. Medico-legal Aspect of CPR 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP CPR Instructors
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CPD points HKCFP (Cat. 3.11) for passing CPR Examination
Co-organizer	The Hong Kong College of Cardiology
Capacity	50 doctors

Admission Fee:

Members (Attend Training and Examination Workshop)	HK\$600.00
Non-members (Attend Training and Examination Workshop)	HK\$1,200.00
Members with expired CPR certificate (HKCFP) (Attend Training and Examination Workshop)	HK\$200.00
Members with valid AHA Certificates (Require to sit for Examination Only)	HK\$200.00
Non-members with expired CPR certificate (HKCFP) (Attend Training Workshop and Examination)	HK\$400.00

All cheques payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Each successful candidate will be awarded a CPR Certificate valid for 2 years. Please contact Mr. Richard Li at 2861 0220 for registration on / before **20 March, 2013**.

LATE APPLICATIONS WILL NOT BE ENTERTAINED.

Conjoint examination application deadline: 10 April 2013

* **REMARKS:** you are not suggested to take the CPR training workshop and examination during your pregnancy.

2 March 2013

Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice
Theme	Contact Dermatitis and Skin Patch Test
Speaker	Dr. Lee Tze Yuen Specialist in Dermatology
Co-ordinator & Chairman	Dr. Wong Nai Ming The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Lunch 2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	College Fellow, Full, or Associate Members Free Other Categories of Members HK\$ 350.00 Non – members HK\$ 450.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
Galderma Hong Kong Limited

9 March 2013

Saturday

Board of Diploma in Family Medicine Module V

Theme	Counselling Skill Workshop
Speaker	Dr. Cheung Kit Ying, Andy
Co-ordinator & Chairman	Dr. Wong Pak Hoi The Hong Kong College of Family Physicians
Time	2:30 p.m. – 5:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	College Fellow, Full or Associate Members HK\$ 400.00 Non-Members HK\$ 800.00 All fees received are non-refundable and non-transferable.
Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible. Please refer to DFM College News.

11 March 2013 Monday

Advancement in Pain Management

Professor Robert Andrew Moore

Senior Research Fellow
Pain Research & Nuffield Department of Anaesthetics
University of Oxford

Chairman	Dr. Lee Wan Tsi, Francis The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:30 p.m. Lecture & Discussion	
Venue	Shanghai Room, Level 8, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
A. Menarini Hong Kong Ltd.

14 March 2013 Thursday

1. The Appropriate Uses and Titration of Insulin in Type 2 Diabetes

Professor Rob Ratner
Chief Scientific & Medical Officer
American Diabetes Association

2. Use of Insulin After Metformin - Insight from EASIE Study

Professor Juliana Chan
Professor of Medicine & Therapeutics
The Chinese University of Hong Kong, Prince of Wales Hospital

Chairman	Dr. Chan King Hong The Hong Kong College of Family Physicians	
Time	6:45 p.m. – 8:00 p.m. Dinner Buffet 8:00 p.m. – 10:00 p.m. Lectures & Discussions	
Venue	Ballroom Four, 18/F, Mira Hotel, Tsimshatsui, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lectures will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Sanofi Diabetes

13 March 2013 Wednesday

Practical Tips for Overcoming Challenges in Depression in Clinic Settings

Dr. Lee Tak Shing
Specialist in Psychiatry

Chairman	Dr. Tsui Hing Sing, Robert The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:30 p.m. Lecture & Discussion	
Venue	Star Room, Level 42, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Pfizer Corporation Hong Kong Ltd

16 March 2013 Saturday

Board of Education Interest Group in Counseling

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self awareness	
Theme	Patients with Suicidal Ideation	
Speakers	Dr. Lau Wai Yee, Aster and Dr. Cheung Kit Ying, Andy	
Co-ordinator & Chairman	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians	
Time	2:30 – 3:30 p.m. Lecture 3:30 – 4:30 p.m. Small Group Interactive Case Discussion (max. 10 participants)	
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Discussion will be conducted in Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

February's session:

Date	22 February 2013 (Friday)	Admission	Free for Members
Time	2:30 p.m. - 3:30 p.m.	Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK
Topic	Depression & Anxiety Management – Dr. Ng Kwai Sang		Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
		Language	Lecture will be conducted in Cantonese.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
9 Mar 2013 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Scuba Diving, Undersea and Hyperbaric Medicine Dr. Ronson CT LI Diving and Hyperbaric Medicine Physician	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

Structured Education Programmes

Free to members
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
27 Feb 13 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Needle Stick Injury Dr. Liu Chung Wo	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Environmental Hazards & Drug Poisoning Dr. Lee Wing Mei and Dr. Kwok Yee Ming	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Common Eye Problems in Primary Health Care Clinic Dr. Li Chi Lai	Ms. Crystal Law Tel: 2632 4021
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Allied Health Talk - Podiatry Dr. Pong Pong	Ms. Man Chan Tel: 2589 2337
28 Feb 13 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Environmental Hazards & Drug Poisoning Dr. Tsui Wing Hang and Dr. Ching Hin Nga	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Play Therapy & Music Therapy Dr. Wong Chung Tao	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Travel Health Centres & Travel Medicine Dr. Choi Man Kei, Ivan	Ms. Kwong Tel: 2595 6941
06 Mar 13 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	UK GMC Revalidation Dr. Cheng Sun Bun	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Origin & Development of FM in HK & Overseas Dr. Tsui Hiu Fa and Dr. Ho Pui Gi	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Suicide Prevention Dr. Tin Yuen Ying	Ms. Crystal Law Tel: 2632 4021
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Drug Incidents in GOPC Dr. Tam Yick Sin, Denise	Ms. Man Chan Tel: 2589 2337

07 Mar 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Origin & Development of FM in HK & Overseas Dr. Lo Ka Kit and Dr. Chung Sze Ting	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	How to Deliver Emergency Care Outside Your Clinic Dr. Yip Chun Kong	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Chronic Pain - Organic and Non Organic Causes Dr. Yeung Yee Mei	Ms. Kwong Tel: 2595 6941

13 Mar 13 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Common Symptom Complaints – Weight Change Dr. Wong Chi Pang	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Case Presentation (Patients with Psychiatric / Psychological Conditions) Dr. Kwong Sheung Li and Dr. Lo Alvina	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Psychological and Psychiatric Symptoms in Elderly Dr. Ngai Ming, Leon	Ms. Man Chan Tel: 2589 2337

14 Mar 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Case Presentation (Patients with Psychiatric / Psychological Conditions) Dr. Cheung Yan Kit and Dr. Chan Kam Sum	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	How to Conduct a Research Dr. Chu Tsun Kit and Dr. Wong Chun Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Investigation & Management of Irregular Menstrual Bleeding Dr. Wan Ka Shing, Quentín	Ms. Kwong Tel: 2595 6941

20 Mar 13 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Insomnia Dr. Lau Lai Na	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Common Symptoms in Medicine (Part I) (Headache, Dizziness, Numbness, Dyspepsia) Dr. Zhu Guixia and Dr. Lee Tin Wai	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Management of Chronic Pain Dr. Lam Wing Yi	Ms. Crystal Law Tel: 2632 4021
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Vocational Training Review Dr. Ko Wai Kit	Ms. Man Chan Tel: 2589 2337

21 Mar 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Common Symptoms in Medicine (Part I) (Headache, Dizziness, Numbness, Dyspepsia) Dr. Leung Ching Ching and Dr. Ying Gard Ching, Derek	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Infection Control in Clinic Dr. Lee Hoi Ying and Dr. Cheuk Tat Sang	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	PR Bleeding and Haemorrhoids Dr. Hester Cheung	Ms. Kwong Tel: 2595 6941

27 Mar 13 (wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Common Symptom Complaints: Breast Lump Dr. Cheng Chui Ching	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Euthanasia and Advance Directive Dr. Yeung Lam Fung, Steve	Ms. Crystal Law Tel: 2632 4021
5:15 – 7:15 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Role of Family Doctor in Subfertile Couples Dr. Sy Hung Pan	Ms. Man Chan Tel: 2589 2337

28 Mar 13 (Thur)

4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Public Private Interface in HK Dr. Lo Cheuk Wai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Teaching Relaxation Techniques in Consultations Dr. Siu Lok Man	Ms. Kwong Tel: 2595 6941

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Feb	11	12	13	14 2:15 – 7:00 p.m. Structured Education Programme	15	16 2:30 – 5:00 p.m. DFM Module III - Research & Teaching in Family Medicine
17	18	19	20 2:15 – 7:30 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	22 2:30 – 3:30 p.m. Board of Education - Video Session	23 2:00 – 6:00 p.m. CPR Workshop
24 2:00 – 6:00 p.m. CPR Examination	25	26 9:00 p.m. Council Meeting	27 2:15 – 7:30 p.m. Structured Education Programme	28 2:15 – 7:00 p.m. Structured Education Programme	1 Mar	2 1:00 – 4:00 p.m. Interest Group in Dermatology 2:30 – 4:30 p.m. Written Enhancement Training 2013
3	4	5	6 2:15 – 7:30 p.m. Structured Education Programme	7 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Education Meeting	8	9 2:30 – 5:00 p.m. DFM Module V - Counselling Skill Workshop
10	11 1:00 – 3:30 p.m. CME Lecture	12	13 1:00 – 3:30 p.m. CME Lecture 2:15 – 7:15 p.m. Structured Education Programme	14 2:15 – 7:00 p.m. Structured Education Programme 6:45 – 10:00 p.m. CME Lecture	15	16 2:30 – 4:30 p.m. Interest Group in Counselling
17	18	19 9:00 p.m. Council Meeting	20 2:15 – 7:30 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	22	23 2:30 – 4:30 p.m. Higher Training Introductory Seminar 2:00 – 6:00 p.m. CPR Workshop 7:00 p.m. DFM Examination Subcommittee Meeting

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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