

Message from the President



Group photo of organizers and invited guests

On July 28, 2013, a beautiful Sunday afternoon, the Hong Kong Mortgage Corporation Limited (HKMC), the Law Society, the Hong Kong College of Psychiatrists (HKCPsych) and our College jointly held a seminar "Reverse Mortgage -Enduring Power of Attorney (EPA) and Part II Order for Mentally Incapacitated Persons" at the Hong Kong Monetary Authority. The seminar provided both the legal and medical practitioners with an overview of the legal and medical requirements relating to the arrangement for an EPA under the Enduring Powers of Attorney Ordinance and the application for a Court Order ("Part II Order") under Part II of the Mental Health Ordinance.

The seminar was attended by over 200 distinguished guests and practitioners from both the legal and medical professions. Mr. Raymond Li, Chief Executive Officer of HKMC introduced Reverse Mortgage Programme and Ms. Susie Cheung, General Counsel and Company Secretary of HKAM, updated us on its counselling arrangement. Mr. Joseph Li of Law Society then gave us an overview of the law and practice relating to EPA under the EPA Ordinance and Part II Order under the Mental Health Ordinance. This was followed by presentation by HKCPsych: framework for clinical assessment of mental capacity in older adults by Dr. Gabriel Hung, assessment of mental capacity for Part II Order by Dr. Josephine Wong and EPA by Dr. Victor Lui. Finally Dr. Mark Chan represented our College to talk on family physician's role and perspective on these issues.

The Part II Order and EPA are useful legal instruments in facilitating the use of the assets and properties of mentally incapacitated patients for their own benefits and interests. Proper implementation of these instruments can promote and safeguard the welfare of people in need". Hong Kong is facing an increasingly ageing population. Our College is dedicated to the education of family doctors and promotion of Family Medicine to improve the health and quality of life of Hong Kong people.



Dr. Mark Chan delivered the talk to the audience

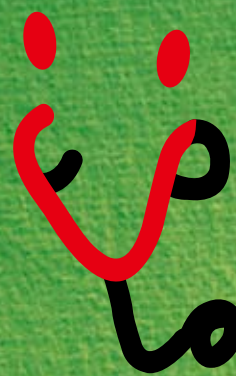


Guests attending the seminar

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links



ISSUE 116
October 2013

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"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th October to 14th November 2013, Dr. Mark Chan and I will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Mark Chan



Dr. Tony Lee

36th HKCFP Annual General Meeting

7th December 2013, Saturday

Time : 18:00

Venue : Jade Garden Restaurant (翠園)
Level 4, Star House, Tsimshatsui, Kowloon

Admission : College Members only

Details will be announced in due course.

HKCFP Secretariat Reopening

HKCFP Secretariat at HKAM will be re-opened at **"Room 803-4, 8/F HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen"** on Wednesday, 9 October 2013. All telephone and fax numbers will remain unchanged.

For any future correspondence and documents required to be submitted in person, please kindly direct to the new address only.

Secretariat at Wanchai will not be available to receive any posts/ submissions in person without prior arrangement/ appointment.

Sorry for any inconvenience caused and thanks for your kind cooperation.

HKCFP Secretariat

Board of Conjoint Examination News

The Board of Conjoint Examination is pleased to announce that the following candidates passed the 27th Conjoint HKCFP/RACGP Fellowship Examination (Written Segment) 2013.

Dr. Chan Kam Sum
Dr. Cheng Hei Wan
Dr. Cheung Kwok Chiu, Stephen
Dr. Chow Tsz Ling
Dr. Chui Man
Dr. Chung Sze Ting
Dr. Dao Man Chi
Dr. Fok Chun Man
Dr. Ho Ka Kei, Edward

Dr. Hui Suk Yin, Mandy
Dr. Iong Ka I
Dr. Kam Ting Ting
Dr. Kwan Sin Man
Dr. Lam Wing Sze
Dr. Lam Ying Ying
Dr. Lau Lai Na
Dr. Lau Sek Fung, Spike
Dr. Lee Sum

Dr. Lee Yan Chi, Vivien
Dr. Leung Lok Hang
Dr. Mok Ka Yee
Dr. Ng Wai Tong
Dr. Shum Chi Shan, Winnie
Dr. Tsang Wai Kong, William
Dr. Tse Tak Kei
Dr. Tsui Hiu Fa
Dr. Wan Pui Chu, Christina

Dr. Wong Hiu Lap
Dr. Yeung Lam Fung
Dr. Yeung Yee Mei
Dr. Yuen Ming Wai
Dr. Yuen So San, Susana
Dr. Au Tai Kwan, Eva
Dr. Ho Chin Chiu
Dr. Ho Shu Wan
Dr. Kum Chung Hang

Congratulations to you all!

Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

Membership Committee News

The Membership Committee approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **August - September 2013** :

Associate Membership (New Application)

Dr. CHAN Pui Chuen	全
Dr. CHEN Hing Han	沛
Dr. CHENG Wai Fat	陳
Dr. CHOW Pui Yin, Melody	鄭
Dr. CHUI Wan Ying	煒
Dr. FONG Chui Ying	瓊
Dr. LAM Siu Ping	周
Dr. LIU Yin Mei	徐
Dr. LUI Wai Cheung	方
Dr. MANG Kit Ying	林
Dr. PUN Yat Hei	廖
Dr. WONG Sean Man, Natalie	呂
	孟
	潘
	黃
	善
	美
	敏

Full Membership (New Application)

Dr. LEE Ching Ying, Angela	李晶盈
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Suspension from Associate Membership

Dr. CHAN Heung Ling, Heidi	玲
Dr. CHAN Kwok Hung, Addi	陳國雄
Dr. CHAN Ming Leung	陳明良
Dr. CHAN Yuet Sim	陳月嬋
Dr. CHEUNG Ka Po, Polly	張嘉寶
Dr. CHEUNG Lo Ki, Charmaine	張露琪
Dr. CHEUNG Man Kei	張文基
Dr. CHOI Koon Shing, Andrew	蔡冠誠
Dr. CHOW Kin Chung	周健中
Dr. CHU Wen Jing, Jennifer	朱蘊晶
Dr. HO Chun Lam	何駿琳
Dr. HONG Hiu Wing	湯曉穎
Dr. LAM Ho Chuen	林浩存
Dr. LAU Chin Yeung	劉戩揚
Dr. LAU Kin Wai	劉健偉
Dr. LAU Ying Kit	劉英傑
Dr. LEE Pui Man	李培文
Dr. LEUNG Chi Kay, James	梁自基
Dr. LIU Sau Ping, Emily	廖秀屏
Dr. LOO Wing Lok	盧永樂
Dr. NG Hoi Ling, Helen	吳海鈴
Dr. NG Hoi Yan, Alexandra	吳凱恩
Dr. NG Hung Pan	吳紅斌
Dr. NG Yiu Kong	伍鏜江
Dr. SAKHRANI Ponam	薛寶琳
Dr. TANG Pui Yee	鄧佩儀
Dr. TSANG Sik Hang, Shirley	曾式浩
Dr. TSUI Ho, Harry	徐家麟
Dr. WONG Ka Lun	黃新雄
Dr. WONG Sun Hung	黃穎貞
Dr. WONG Wing Ching	王穎文
Dr. YEUNG Man Chow	楊文秋
Dr. YEUNG Mei Chun	楊美珍

Suspension from Affiliate Membership

Ms. CHAN Ching Yee	陳靜儀
Ms. CHAN Hoi Shan, Monica	陳凱珊
Ms. CHAN Lai Kam	陳麗琴
Ms. CHENG Siu Ki	鄭小琪
Ms. CHENG Yuk Yu Alice	鄭玉如

Ms. CHEUNG Ka Po, Polly	張程
Ms. CHING Chi Wai, Susanne	嘉智
Ms. CHUM Yuen Ming	智婉
Mr. LAU Kai Cheung, Richard	劉繼文
Mr. LI Man Pan	李淑儀
Ms. LO Suk Yee	李若明
Ms. TAM Yeuk Ming	譚若儀
Ms. TONG Yi	唐鳳儀
Ms. TSUI Fung Yee	徐黃蘭
Ms. WONG Sui Lan	黃瑞華
Mr. YUEN Hing Wah	阮慶華
Ms. YUEN Suk Ching	袁淑貞

Suspension from Full Membership

Dr. Balnionis Andrius Juozas	孔慶明
Dr. HUNG Hing Ming	洪錦興
Dr. HUNG Kam Hing, Dominic	吳維昌
Dr. NG Wai Cheong	

Suspension from Fellowship

Dr. LEE Wai Fun	李慧芬
Dr. LIU Wing	廖榮雲
Dr. TSE Ching Wan, Charmaine	謝青雲

Suspension from Non-HKSAR Membership

Dr. CHAN Pui Yan	陳佩茵
Dr. CHAN Tak Song	陳德高
Dr. CHAN Yu Yan, Augustine	陳譽仁
Dr. CHIO Tak Long	陳龍雲
Dr. CHOU Hao Wan	趙德花
Dr. HON Fa	曹巧婷
Dr. KUNG Olivia	龔鈺誠
Dr. KUOK Wai Seng	郭偉觀
Dr. KWOK Wing Goon	郭詠國
Dr. LAM Kuok Wun	林惠玲
Dr. LAM Wai Leng	林坤忠
Dr. LAU Kwan Chung, Jonathan	柳坤輝
Dr. LEI Iok Fai	李焯業
Dr. LEONG Hoi Ip	梁開好
Dr. LEONG Iek Hou	梁亦虹
Dr. LEONG In Hong	梁愛家
Dr. LEONG Oi Sam	梁敏實
Dr. LEUNG Ka Pou	梁譽中
Dr. LO Paulo	羅宇振
Dr. LO U Kan	雷振邦
Dr. LOI Chan Pong	
Dr. Pintos dos santos Ernesto	
Dr. SI Weng	施穎
Dr. SIN Nin Ngan	冼年銀
Dr. SIO Cheong Un	蕭長源
Dr. SIO Fong I	蕭鳳儀
Dr. SUMOU Ingrid Karmane	蕭嘉敏
Dr. TAI Kit Seng, Aldrin	戴吉盛
Dr. WAN Kwok Chung	溫國忠
Dr. WONG Kin Sing	黃健星
Dr. YE Yilian	葉一蓮

Suspension from Student Membership

Mr. LI Chi Wai	李智威
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Classified Advertisements

Positions Vacant

Health Concepts Limited is now inviting Full-time / Part-time / Locum GP with 6 years' post-graduate experience to join our polyclinics in Kowloon and New Territories. Good working hours and suitable for working mothers. Please call Dr. Chan at 2537-6063 for interview or email detailed resume to admin@pacifichealthcare.com.hk

Accredited Private FM Centre invites full time / part time Doctors or expanding services (Tuen Mun / Kwai Fong). FM Trainee, specialists welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212 6654

20th Hong Kong International Cancer Congress, 14 – 15 November, 2013 “New Horizons in Cancer Care”

Dear Colleagues,

The Hong Kong International Cancer Congress provides an active forum in addressing issues related to cancer strategy, care and research. Every year, prominent clinicians, leading scientists and medical oncologists are invited to share their experience and expertise in the Congress. The emphasis this year is on highlighting the importance of new advances in cancer care and practice.

As in the previous years, HKCFP has invited speakers with interests in providing palliative care and end of life care to share their experience and expertise in cancer management. This year, the HKCFP Symposium will commence from 2:00 pm to 3:30 pm on 14 November 2013 (Thursday) at the Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. The Symposium is entitled **“Family Physicians, Palliative Care, and Spiritual Pain in End of Life Care”**, which comprises:

- 1. Bridging between Family Medicine and Palliative Care**
Dr. Olivia CHOI, Dept of Family Medicine & Primary Health Care and Dept of Medicine & Geriatrics, United Christian Hospital
- 2. Barriers Encountered by the Palliative Care Team and Family Physicians in Caring for the Relatives of Advanced Cancer Patients**
Dr. YAU Lai Mo, Dept of Family Medicine & Primary Health Care, United Christian Hospital
- 3. Spiritual Pain in a Changing World at the End of Life**
Prof. Rodger CHARLTON, Dept of General Practice, University of Nottingham, United Kingdom

You are cordially invited to join the Symposium and the forthcoming Congress. We are most grateful for the organisers who have kindly provided a limited number of complimentary registrations for our College Fellows and Members and these places are available on a first-come first-served basis. Please contact the College secretariat (Ms. Windy LAU windy@hkcfp.org.hk) at your earliest convenience (by 31st October 2013) for reservations. The programme at a glance is also printed in the following page for your quick reference. For more information on HKICC, please visit the website: <http://hkicc.org>.

Look forward to seeing you soon at the HKICC!

With Best Wishes,

Dr. David V. K. CHAO

HKCFP Representative, 20th Hong Kong International Cancer Congress

20th Hong Kong International Cancer Congress (14 - 15 November 2013)

Programme at a Glance

Thursday, 14 November 2013	
8:30 am	Registration
9:15 am	Opening Ceremony PYK Auditorium
9:30 am	HKICC Lecture The Pathobiology of Cell Motility Gareth E JONES, King's College, London, UK PYK Auditorium
10:30 am	Coffee Break
11:00 am	Imaging Cancer Invasion and Drug Response Tumour-Stromal Interactions in Breast Cancer Bone Metastasis Yubin KANG, Princeton University, USA PYK Auditorium
11:00 am	Psychosocial Oncology (HKCF) Moving Vitality: Dynamic Forms of Healing Through Dance Anne KRANTZ, California Institute of Integral Studies, USA LPY Lecture Theatre
11:00 am	Imaging Cancer Invasion and Drug Response Unraveling Differential Cellular Dynamics in Search of New Targeted Anticancer Therapy Jue Shi, Baptist University, HK PYK Auditorium
11:00 am	Psychosocial Oncology (HKCF) Mindfulness-Based Cognitive Therapy for Cancer Survivors and their Love Ones Evaon WONG-KIM, California State University, USA LPY Lecture Theatre
12:30 pm	Lunch Break & Young Investigator Awards Competition
YIA	YIA - Biomedicine JK Meeting Rm
YIA	YIA - Psychosocial Oncology Function Rm
2:00 pm	Family Physicians, Palliative Care, and Spiritual Pain in End of Life Care Bridging Between Family Medicine and Palliative Care Dr Olivia CHOI, Dept of Family Medicine & Primary Health Care and Dept of Medicine & Geriatrics, United Christian Hospital and Family Physicians in Caring for the Relatives of Advanced Cancer Patients Dr YAU Lai Mo, Dept of Family Medicine & Primary Health Care, United Christian Hospital Spiritual Pain in a Changing World at the End of Life? Prof. Rodger CHARLTON, Dept of General Practice, University of Nottingham, United Kingdom PYK Auditorium
2:00 pm	Psychosocial Oncology (HKCF) Moving Vitality: Dance Movement Therapy as a Healing Art Anne KRANTZ, California Institute of Integral Studies, USA Function Rm
3:30 pm	Coffee Break
4:00 pm	Molecular Imaging PET/CT in Oncology: EDG and Beyond Katriine AHLSTRÖM RIKLUND, Umea University, Sweden PYK Auditorium
4:00 pm	Psychosocial Oncology (HKCF) Enhancing Parent-Child Communication of Cancer Survivors Evaon WONG-KIM, California State University, USA Function Rm
5:30 pm	Cancer Metabolism and Epigenetics Molecular Imaging from Translational Research to Personalized Quantitation C Oliver Wong, Oakland University, USA Functional Neuroimaging in Brain Tumors: Are they Clinically Applicable or Research Oriented? Henry KF Mak, The University of Hong Kong, HK PYK Auditorium

Friday, 15 November 2013	
8:30 am	Registration
9:15 am	Award and Prizes Presentation Ceremony PYK Auditorium
9:30 am	CCR Lecture AMPK, A Drug Target in Cancer, Diabetes and Inflammatory Disease: Too Good to be True? D Grahame HARDIE, University of Dundee, UK SAL
10:30 am	Coffee Break
11:00 am	Cancer Metabolism and Epigenetics Links to the Epigenome Kathryn E WELLEN, University of Pennsylvania, USA PYK Auditorium
11:00 am	Psychosocial Oncology (SPHC) Dying in Non-Palliative Care Settings Margaret O'CONNOR, Monash University, Australia LPY Lecture Theatre
11:00 am	Cancer Metabolism and Epigenetics Deregulation of Epigenetic Regulator and their Pathological Implications in Liver Cancer Jack CM WONG, The University of Hong Kong, HK A Specific Role of AMP-Activated Protein Kinase in Hepatocarcinogenesis Wilson YP CHING, The University of Hong Kong, HK PYK Auditorium
12:30 pm	Psychosocial Oncology (SPHC) PYK Auditorium
12:30 pm	Lunch Break
2:00 pm	Personalized Medicine and Targeted Therapy Updates in Personalized Chemotherapy and Targeted Therapy of Non-Small Cell Lung Cancer Chang-len YU, National Taiwan University, Taiwan Personalized Treatment for Metastatic Prostate Cancer Charles J RYAN, University of California, USA Personalized Treatment for Acute Myeloid Leukemia Anskar YH LEUNG, The University of Hong Kong, HK PYK Auditorium
2:00 pm	Public Health Session Optimizing Supportive Care in Cancer PYK Auditorium
2:00 pm	Psychosocial Oncology (SPHC) Death Anxiety, Resilience, Grief and Coping Margaret O'CONNOR, Monash University, Australia Function Rm
3:30 pm	Coffee Break
4:00 pm	Gynaecological Cancer HPV and Management of Cervical Cancer: Does Genotype Matter? Chyong-Huey LAI, Chang Gung University, Taiwan Fertility Preservation in Ovarian Cancer Patients Sarikapan WILAILAK, Mahidol University, Thailand PYK Auditorium
4:00 pm	Nursing Session Contemporary Issues in Cancer Prevention and Treatment: A Nursing Perspective PYK Auditorium
5:30 pm	Psychosocial Oncology (SPHC) PYK Auditorium

Board of Diploma in Family Medicine (DFM) - Lectures and Workshops

Topics and Speakers :

Dates	Time	Topics	Speakers
20 Oct 2013 (Sun)	2:30 p.m. – 5:00 p.m.	Module V – Orthopaedic Injection Workshop	Dr. Lau Hoi Kuen
2 Nov 2013 (Sat)	2:30 p.m. – 5:00 p.m.	Module III – Practice Management	Dr. Li Kwok Tung, Donald
9 Nov 2013 (Sat)	2:30 p.m. – 5:00 p.m.	Module III – Clinical Audit & Quality Assurance	Dr. Cheng Pui Kwan, Lisa
23 Nov 2013 (Sat)	2:30 p.m. – 5:00 p.m.	Module III – Care for the Elderly & Chronic Illness	Prof. Lam Tai Pong
30 Nov 2013 (Sat)	2:30 p.m. – 5:00 p.m.	Module V – Counseling Skills Workshop	Dr. Cheung Kit Ying, Andy

Co-ordinators : Dr. Wong Pak Hoi and Dr. Au-yeung Shiu Hing
Board Members, The Board of Diploma in Family Medicine, HKCFP

Venue : Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Orthopaedic Injection Workshop will be held at 4/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong

Accreditation : 3 CME points HKCFP (Category 4.4)
 3 CME points MCHK

Registration Fees (Please tick as appropriate):

Dates	Topics	HKCFP Member	Non-member
20 Oct 2013 (Sun)	Module V – Orthopaedic Injection Workshop	<input type="checkbox"/> HK\$500	<input type="checkbox"/> HK\$1000
2 Nov 2013 (Sat)	Module III – Practice Management	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
9 Nov 2013 (Sat)	Module III – Clinical Audit & Quality Assurance	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
23 Nov 2013 (Sat)	Module III – Care for the Elderly & Chronic Illness	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400
30 Nov 2013 (Sat)	Module V – Counseling Skills Workshop	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$400

Capacity : 40 Doctors for Module III and 20 Doctors for Module V

Registration : Registration will be first come first served. For registration or any enquiries, please call the College secretariat, Mr. John Lee at 2861 0220. All cheques are payable to "HKCFP Holdings and Development Limited". Please mail the cheque to Rm 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai. All fees received are non-refundable and non-transferable.

To : HKCFP, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong. (Fax: 2866 0981)

Dear Sir/ Madam,

I am a *Member / Non-Member of the Hong Kong College of Family Physicians. (*Please delete as appropriate)

I would like to attend lecture(s) of **Module III / V** at Council Chamber, Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

Name : _____

Tel No. : _____

Email : _____

Date : _____

CUHK Diploma in Advances in Medicine 2014-15

Period of Study

January 2014 – December 2015
(on Sundays at 1:00pm – 7:00pm)

Venue

Prince of Wales Hospital, Shatin

Admission Requirement

Candidates must have a Medical Science Related Degree (e.g. Medicine, Nursing, Pharmacy & Physiotherapy) or equivalent qualification.

Assessment

Assessment in the form of multiple choice questions will be held at the end of each year.

Professional Accreditations

The Diploma is approved by the Medical Council of Hong Kong as Quotable Qualification. The programme is CME/CNE/CPD accredited.

Enquiry

Ms. Mandy Lee
Department of Medicine & Therapeutics
The Chinese University of Hong Kong
Tel: (852) 2632 3845 Fax: (852) 2637 3852
Email: mandylee@cuhk.edu.hk

Tuition Fee

2-Year Diploma Programme	Medical Practitioners	HK\$30,000 (HK\$28,000 for one single payment)
1-Year Certificate Programme	Medical Practitioners	HK\$15,000
Day Registration	Medical Practitioners	HK\$1,600 per session

For registration & further information, please visit
www.mect.cuhk.edu.hk/postgraduate/dipaim1415



Organised by

- Department of Medicine & Therapeutics, Faculty of Medicine, The Chinese University of Hong Kong
- The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong



香港中文大學內科及藥物治療學系
Department of Medicine & Therapeutics
Faculty of Medicine
The Chinese University of Hong Kong

A Brief Introduction of South American Trip

Dr. Lim Mo Kin, Specialist in Family Medicine

I think most people who enjoy watching the film of Wong Kar Wai "Happy Together" (featuring Leslie Cheung and Tony Leung) will be eager to visit Argentina in the South America. However, there is no direct flight between Hong Kong and South America. If you start your journey from Hong Kong, you need to make a connection flight in the United States, Europe, Middle East, Australia or South Africa and it usually takes nearly 24 hours or more, including the transit time, before arriving at your destination. Spanish is the most commonly used language in most of the SA countries except Brazil. In fact, a warm smile, body language and a travel guidebook containing Spanish phrases are all you need for an adventurous trip!

Highlights on some of the famous SA attractions:



Cusco, Peru



Machu Picchu, Peru



Easter Island, Chile



Easter Island, Chile



Buenos Aires, Argentina



El Ateneo Grand Splendid, Buenos Aires, Argentina – a bookstore which was converted from a theatre



Perito Moreno, near El Calafate, Argentina



Ushuaia, Argentina



Martillo Island, Argentina



Salinas Grande (Salt Flat), Argentina



Iguazu Falls at Argentina side



Sugar Loaf, Rio de Janeiro, Brazil

Use of NLP in Medical Consultation

Dr. Yim Chi Ling, Resident Specialist, NTWC

In the last article, I tried to briefly introduce what is NLP (neuro-linguistic programming). This time I want to share how to use NLP techniques to facilitate consultation.

State management

We all have emotion and temper due to various factors e.g. family, working environment or even previous consultation. However, the necessary documentation, computer records or investigation reports, and the next patient would always deserve our full and undivided attention. Something more important is a method that allows us easily and repeatedly to enter a state of "consulting flow". Just like the times when we are performing at our best, the times when it all flows easily, and the times when we have deep and meaningful connection with patients. It should become an automatic process every time before the next consultation, just like using our stethoscope!

Method:

1. Think of a **patient** with whom you know that you have a deep level of rapport, someone that you have an instant connection with as soon as he or she comes into your room.
2. Think of a **time** when you were last with that person, a specific instance that you remember clearly. It is important that this memory begins to reconnect you now to the feelings you were having then.
3. **Imagine** yourself fully back in that experience as if it is happening here and now. Step right into it and wrap it all around you. See what you're seeing in the experience, hear what you're hearing and allow the feelings to grow and spread all over your body with every breath you take.
4. Set your own **anchor, while** you are fully in that state:
 - Choose a visual anchor, something that is always in that situation e.g. the chair that the patient sits on, the door of your room. Make it even more specific by focusing on part of the finer detail of the chosen object.
 - Choose a word or phrases that best typifies that state e.g. "connection", then say it in a particular way that fits the state: "con....nec.....c.....tion".
 - Choose the kinesthetic trigger-something that you don't usually do e.g. squeezing the knuckle of the thumb. Time this to coincide with the peak of the feeling.
 - Once conditioned, you can mentally rehearse using your triggers just prior to future consultations.
 - Remember to use your trigger consistently! The more you practice the more easily it will become your habit and it will happen automatically. You will then find yourself increasingly able to connect effectively with anyone who comes through your door.



This photo is put in my consultation room (our clinic group photo with the award of 1st runner up in KPI in NTW cluster). It is my "visual anchor". Every time I take a look of this photo will elicit my positive flow state

Because any state either positive or negative can be triggered among us, we must disconnect from any strongly negative state first before using your trigger.

State-breaking:

Change your physiology: your posture or position by movement. After a difficult consultation, standing up, going to wash face or turning your eyes and head upwards to look at the ceiling is simple yet powerful action to disconnect the strongly negative feelings.

Rapport Building

After we have set up our initial state, it is time to invite the patient and begin the consultation which basically is a doctor-patient communication.

If we can develop immediate rapport and build up an atmosphere of therapeutic trust in the very first moment of the encounter, even before saying a word, it will definitely facilitate the rest of the consultation and increase patient satisfaction.

Communication experts have found that the ability to establish a deep rapport very quickly is actually a highly learnable skill.

As I mentioned in the last article, most of communication takes place at the non-verbal level. Have you noticed people who are getting well tend to do similar things? In the early stages of consultation, we focus on three main areas of rapport building: physiology, voice qualities and the words that we use.

Physiology

Mirroring and body matching: This is when you adjust your body position, stance and posture to be close to that of the other person. It is important to stress on similarity rather than exact replica.

As the position of the other person changes, you can adjust your own. Just allow a little time e.g. a few seconds, between their moving and yours. Avoid jerky movement, which may be too distracting. Move from one position to another in the most natural way as you can.

Mirroring: It is reflecting someone's posture and position as if he is looking at his own image in a mirror. If the person leans to the right you lean to your left. If he crosses his left leg, you cross your right leg. This is a very powerful developer of rapport.



• 在分組活動時，老師指導學生完成簡單的書寫練習。

This photo shows the school teacher mirroring with my son, while guiding him to do his homework

Matching: it is doing the same as someone. If he tilt his head to right, you tilt your head to right. But don't mimic too precisely. If he puts his left hand on his left ear, you put your left hand to your chin. Part body matching; we can establish rapport by matching part of the body.

Eye-contact time: Either too short or too long will make people uncomfortable. Most of us have a look-to-talk rule. We make eye contact regularly when either speaking or listening. If there is no eye contact, insufficient attention is being given. However, we tend to have a look-away-to talk rule in our daily consultation practice. The reason may be that we tend to watch the computer screen, or we are picturing what we are talking inside our own mind and making sense of it in our own way. It is not that we are being rude but simply the way we process information. But our patients may get false feelings, so the cue is to match the eye contact time that others give you.

Breathing: it is something that we do automatically. Because we are unaware of it, matching the rate and depth of breathing is one of the quickest and most effective ways to gain an instant rapport. However don't stare at people's chest, the cue is usually seen in the rise and fall of shoulders.

These physiological rapport skills are extremely powerful and effective. When performed well, they can give an almost inside view of people's feeling, emotions and internal state of mind and body. Don't use them in patients who are seriously unwell, especially for those with moderate to severe depression, anxiety and hyperventilation.

I suggest try these methods firstly outside your consultation room e.g. lunch with colleagues, causal meetings or in public spaces e.g. bus stops and restaurants where you can observe from a distance.

Opening statement

After we try all the non-verbal methods to develop rapport with our patients, we begin to speak out the first statement, an opening statement.

Voice qualities

You may aware that when you are in rapport with someone many of the voice aspects are matched particularly in tone, tempo and volume.

When matching someone's tone, we need to pay attention to the pitch. Pitch is relative, just slightly increase or decrease your normal pitch in the direction of the other person is enough. A little change means a lot.

The tempo of speech is very important. We tend to process information in our minds at the same rate that we speak, so listening to the patient and matching their speed is important for developing rapport with them.

The volume of speech i.e. degree of loudness, is also important. People who speak softly may feel your normal voice like a lion, on the other hand a police officer may feel your voice like a mouse, which is not convincing.

Of all the voice qualities, the two most important qualities to match are tempo and volume. If you get these right the rest will follow.

As doctors we always perceive time pressure, so we quickly get into the heart of why this particular patient has presented with this particular problem at this particular time and what can be done. So after listening to the first complaint, we like to catch the ball and run with it for quite some distance. Then, later on, we may realize that we are going to the wrong direction or even worse is when the patient tells us the real problem at the end of consultation.

We tend to be very good at interrupting our patients, however the evidence suggests that the order in which patients present their problems may not be related to their clinical importance. We may not get to the heart of the main issue.

So the real skill in effective openings lies in allowing the patient to have their say from the beginning to the end. Use a simple open-ended question at the start e.g. "How can I help you today?" Then, let the patient speak until he/she stops.

You may think it is scary and impractical in daily practice. However, research shows us most patients will stop within 150 seconds i.e. less than 3 mins even they are encouraged to go on with "ums" and "ahs" or other non verbal gestures.

It is important to convey to the patient that you are attentively listening. It can be achieved through non-verbal behavior. We already discussed it in the physiology part. Matching and mirroring is the key in here.

The uninterrupted approach will allow you to get most of the information that is required for the consultation and markedly minimize the end-of-consultation incidence:" By the way doctor, what I really come for is".

Backtracks, yes-set and agenda setting

Having quickly developed rapport with the patient by non-verbal methods, initiate consultation by a simple open-ended question, with an uninterrupted and active listening approach, the rapport then can be further consolidated by back-tracking. Basically it is repeating back what the patient has of his/her main concern. This makes the patient feel you fully understand his/her concern. It will then elicit a yes-set response from the patient either verbally or non verbally. This whole process in NLP is called pacing. When you are pacing well, you will soon find that the patient will follow your posture, position, breathing and subsequently your suggestion. This is called leading, and it opens up a space of mutual influence, in which both parties can more easily explore possibilities for solutions of the encountered problem i.e. we can easily set mutual agreed agenda for the consultation and future management plan.

The above is some of the NLP skills that I want to share and think it can be applied to our daily practice. In fact NLP or recently called Meta – NLP have much more for me to learn. I hope I can have other chance to share again, or I can meet some of our colleagues in the NLP training workshop in the near future.

References:

Consulting with NLP, neuro-linguistic programming in the medical consultation, Lewis Walker
Meta-NLP, L. Michael Hall, PhD
Neuro-Linguistic Programming Training Workshop – Level 2, Dr. Chan Kwok Hei, Paul

Emerging DPP-4 inhibitor

Dipeptidyl-peptidase-IV (DPP-4) inhibitors were first introduced in 2006 for the management of type 2 diabetes. Since then, DPP-4 inhibitors become an important drug class. In Hong Kong, four DPP-4 inhibitors are available, namely Sitagliptin (Januvia), Vildagliptin (Galvus), Saxagliptin (Onglyza) and the latest Linagliptin (Trajenta).

Mechanism of DPP-4 inhibitors

Following oral glucose ingestion, incretin hormones glucagon-like peptide-1 (GLP-1) and gastric inhibitory polypeptide (GIP) are secreted from the gut. Both hormones have very short biological half-life due to their rapid cleavage by the peptidase DPP-4. DPP-4 inhibitors antagonize the enzyme action, augment glucose-dependent insulin secretion, and inhibit endogenous glucose production and thus lower blood glucose.

An Emerging DPP4 inhibitor

Linagliptin is a new DPP-4 inhibitor licensed for use as monotherapy or in combination with other diabetic medications. Linagliptin is structurally distinct from other currently available DPP-4 inhibitors. Once absorbed, it binds extensively to plasma protein, which leads to its long half-life (113 -130 hours). It is largely excreted non-metabolized via hepatobiliary route. This property allows the use of Linagliptin in patients with renal impairment without dose adjustments. It is administered as 5mg once daily with or without food at any time of the day. More frequently reported adverse events include headache, influenza like illness and nausea.⁴ Hypoglycaemia was more commonly encountered when used concomitantly with an insulin secretagogue or insulin. There have been postmarketing reports of acute pancreatitis, including fatal pancreatitis. It is unknown whether patients with a history of pancreatitis are at increased risk for the development of pancreatitis when using the drug.⁵ If pancreatitis is suspected clinically, it is recommended to discontinue the drug promptly. There is no clinically relevant drug-drug interaction with metformin, pioglitazone or glibenclamide or commonly used cardiac drugs (warfarin and digoxin).

As monotherapy: In a 24-week, multicentre, randomized, placebo-controlled, double blinded, parallel group study comparing Linagliptin with placebo in type 2 diabetes patients, treatment with Linagliptin 5mg daily resulted in a placebo-corrected mean change in HbA1c of -0.69% ($p < 0.001$).¹

As combination therapy: A 24-week study compared the efficacy of a daily dose of 5mg linagliptin with metformin to metformin alone. Linagliptin group significantly reduced the HbA1c from a baseline of 8.1% by 0.49%.² When linagliptin was added to a combination of metformin and sulfonylurea over a 24-week investigation period, the placebo-adjusted mean reduction in HbA1c was 0.62%.³

In summary, Linagliptin provides a modest improvement in glycaemic control without an increased risk of weight gain or hypoglycemia and maybe a useful option in patients with declining renal function. However, more long term studies are awaited to ensure its safety and sustained efficacy.

References:

1. Del Prato S, Barnett AH, Huisman H, Neubacher D, Woerle HJ, Dugi KA. Effect of linagliptin monotherapy on glycaemic control and markers of beta-cell function in patients with inadequately controlled type 2 diabetes: a randomized controlled trial. *Diabetes Obes Metab.* 2011;13:258–267.
2. Taskinen MR, Rosenstock J, Tamminen I, et al. Safety and efficacy of linagliptin as add-on therapy to metformin in patients with type 2 diabetes: a randomized, double-blind, placebo-controlled study. *Diabetes Obes Metab.* 2011;13:65–74.
3. Owens DR, Swallow R, Dugi KA, Woerle HJ. Efficacy and safety of linagliptin in persons with type 2 diabetes inadequately controlled by a combination of metformin and sulphonylurea: a 24-week randomized study. *Diabet Med.* 2011;28:1352–1361.
4. Gallwitz B. Emerging DPP-4 inhibitors: Focus on linagliptin for type 2 diabetes. *Diabetes Metab Syndr Obes.* 2013; 6:1-9.
5. Trajenta® Prescribing Information

Complied by Dr. Ng Cham Chi



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

33rd Annual Refresher Course
24 November – 15 December 2013

REGISTRATION FORM

H.K.C.F.P.

Room 802, Duke of Windsor Social Service Building,
15 Hennessy Road, Wanchai, Hong Kong

Dear Sir / Madam,

I am a Member/ Non-Member of the Hong Kong College of Family Physicians.

The whole course:-

Five Luncheon Lectures and Four Workshops (Including Fee for Certificate of Attendance)	College Fellow, Full or Associate Members : HK\$900.00 ()
	Other Categories of Members : HK\$1200.00 ()
	Non-members : HK\$1800.00 ()
	FM Trainees : HK\$600.00 ()

Spot admission:-

Nov 24 (Sun)	GERD and Hypertension Workshop 1) Management of GERD: Limitation, Safety and Advance 2) Management of Hypertension: What are the Unmet Needs and New Standards of Care?	()
Nov 26 (Tue)	Pain / Ortho Selective COX-2 Inhibitors Reducing GI Risk Associated with Pain Management in Real Life	()
Nov 28 (Thur)	Diabetes Mellitus & Cardiovascular 1) Overcoming Barriers on Use of Basal Insulin: When & How 2) The Worries of Treating DM Nephropathy	()
Dec 01 (Sun)	Cardiac Rhythm and Depression Workshop 1) Pure Heart Rate Reduction Leading to Unique Clinical Benefits in CAD and HF 2) A New Approach for Depression Management	()
Dec 03 (Tue)	Vaccine The Burden of Pneumococcal Pneumonia and its Prevention	()
Dec 05 (Thur)	Diabetes Do We Need to Redefine Our Approach to CV Risk in Type 2 Diabetes?	()
Dec 08 (Sun)	Cardiovascular Workshop 1) Optimal Treatment in CV Risk Management 2) Intensive Statin Therapy in ACS, CHD, MI: Current State of Evidence	()
Dec 10 (Tue)	Diabetes Intervening Early in T2DM: Why, When and How	()
Dec 15 (Sun)	Atrial Fibrillation Workshop 1) Guideline Updates in AF Patients Management and Case Study 2) Stroke Prevention in Asian AF Patient - Insights from Recent Study 3) Practical Approach to Maximise the Benefits of NOACs	()

College Fellow, Full or Associate Members	: HK\$250.00	X _____	lecture/workshop(s)
Other Categories of Members	: HK\$350.00	X _____	lecture/workshop(s)
Non-members	: HK\$450.00	X _____	lecture/workshop(s)
FM Trainee	: HK\$400.00	for 4	Sunday workshops
	HK\$150.00	X _____	luncheon lecture(s)

Enclosed please find a cheque (made payable to "HKCFP Foundation Fund") of HK\$ _____ being payment in full for the above.

Name: _____

Email: _____

Tel: _____ Date: _____

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the scientific meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

33rd Annual Refresher Course 2013

*** 2nd Announcement ***

The 33rd Annual Refresher Course (ARC) will be held from 24 November to 15 December 2013. There will be five Luncheon Lectures and four Workshops.

2 CME points will be awarded for each Luncheon Lecture and 3 CME points for each Workshop according to Category 4.5. MCQs will be distributed for each session of the Refresher Course, i.e. there are a total of 9 MCQ papers. The MCQ answers have to be returned to the College Secretariat on the original question forms **within 2 weeks** of the completion of the Refresher Course (**latest by 31 December 2013**). A member will be awarded 1 extra CME point for a score of over 60% for each MCQ paper. Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

As it is a history for such an educational programme to be held continuously for quarter a century in Hong Kong, those who have attended 70% or more of all the sessions of the Refresher Course will be awarded a "Certificate of Attendance".

Members who have attended the ARC for ten consecutive years or more will be awarded one free admission. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance. Please call the College Secretariat to confirm your previous enrollment.

Registration is now open and must be made before 18 November 2013. As the number of space is limited, it will be offered on first come first served basis. Please also note that admission fees are not refundable. Ten free registrations for each Lecture and Workshop will be offered to student members, please call Mr. Richard Li at 2861 0220 before 18 November 2013.

Registration form could be found on Page 13.

Luncheon Lectures

Date	November 26 (Tue)
Topic	<u>Pain / Ortho</u> Selective COX-2 Inhibitors Reducing CI Risk Associated with Pain Management in Real Life
Speaker	Dr. Ng Fook Hong
Moderator	Dr. Tsui Hing Sing, Robert
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	November 28 (Thur)
Topics	<u>Diabetes Mellitus & Cardiovascular</u> 1. Overcoming Barriers on Use of Basal Insulin: When & How 2. The Worries of Treating DM Nephropathy
Speakers	1. Dr. Chan Wing Bun 2. Dr. Tong Mei Wa, Gensy
Moderator	Dr. Ma Ping Kwan, Danny
Sponsor	<i>sanofi-aventis Hong Kong Ltd.</i>

Date	December 3 (Tue)
Topic	<u>Vaccine</u> The Burden of Pneumococcal Pneumonia and its Prevention
Speaker	Dr. Chan Ka Wing
Moderator	Dr. Au-Yeung Shiu Hing
Sponsor	<i>Pfizer Corporation Hong Kong Limited</i>

Date	December 5 (Thur)
Topic	<u>Diabetes</u> Do We Need to Redefine Our Approach to CV Risk in Type 2 Diabetes?
Speaker	Dr. Mak Yiu Kwong, Gary
Moderator	Dr. Tong Siu Man
Sponsor	<i>Takeda Pharmaceuticals (HK) Ltd</i>

Date	December 10 (Tue)
Topic	<u>Diabetes</u> Intervening Early in T2DM: Why When and How?
Speaker	Dr. Tso Wai Kwan, Annette
Moderator	Dr. Chan Chung Yuk, Alvin
Sponsor	<i>Novartis Pharmaceuticals (HK) Ltd.</i>

Venue	:	Shanghai Room, Level 8, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon For 26 & 28 November the venue will be Star Room, Level 42
Time	:	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:00 p.m. Lecture 3:00 p.m. Discussion

Sunday Workshops

Date	November 24 (Sun)
Topics	<u>GERD and Hypertension Workshop</u> 1. Management of GERD: Limitation, Safety and Advance 2. Management of Hypertension: What are the Unmet Needs and New Standards of Care?
Speakers	1. Dr. Wong Chun Yu, Benjamin 2. Dr. Leung Wai Suen
Moderator	Dr. Lee Wan Tsi, Francis
Sponsor	<i>Takeda Pharmaceuticals (HK) Ltd</i>

Date	December 1 (Sun)
Topics	<u>Cardiac Rhythm and Depression Workshop</u> 1. Pure Heart Rate Reduction Leading to Unique Clinical Benefits in CAD and HF 2. A New Approach for Depression Management
Speakers	1. Dr. Goh King Man, Victor 2. Dr. Chiu Siu Ning
Moderator	Dr. Lau Wai Yee, Aster
Sponsor	<i>Servier Hong Kong Ltd.</i>

Date	December 8 (Sun)
Topics	Cardiovascular Workshop 1. Optimal Treatment in CV Risk Management 2. Intensive Statin Therapy in ACS, CHD, MI: Current State of Evidence
Speakers	1. Dr. Wu Chee Wo 2. Dr. Wong Wing Kwong
Moderator	Dr. Chan Chi Wai, Edmond
Sponsor	<i>Pfizer Corporation Hong Kong Ltd.</i>

Date	December 15 (Sun)
Topics	Atrial Fibrillation Workshop 1. Guideline Updates in AF Patients Management and Case Study 2. Stroke Prevention in Asian AF Patient - Insights from Recent Study 3. Practical Approach to Maximise the Benefits of NOACs
Speakers	1. Dr. Wong Ho Chung, Edward 2. Dr. Siu Chung Wah, David 3. Dr. Wong Siu Ming, Raymond
Moderator	Dr. Lee Kar Yun, Peter
Sponsor	<i>Boehringer Ingelheim Hong Kong Ltd.</i>

Venue : Shanghai Room, Level 8, Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon

Time : 1:00 p.m. – 2:00 p.m. Buffet Lunch
2:00 p.m. – 4:15 p.m. Lectures
4:15 p.m. – 4:30 p.m. Discussion

Registration Fees:

Registration fees for the whole Refresher Course (including five Luncheon Lectures and four Workshops) are:

College Fellow, Full or Associate Members : HK\$900.00
Other Categories of Members : HK\$1200.00
Non-members : HK\$1800.00

Spot admission fee for each Luncheon Lecture or Workshop is:

College Fellow, Full or Associate Members : HK\$250.00
Other Categories of Members : HK\$350.00
Non-members : HK\$450.00

FM Trainees Package:

Full Course : HK\$600.00
Sunday Workshops : HK\$400.00 for 4 Workshops
Luncheon lecture : HK\$150.00 each

Remarks: Topics may be subject to change.
Lecture/ Workshop(s) will be conducted in English.

Co-ordinator & Chairman	Dr. Wong Nai Ming The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Lunch 2:00 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
Galderma Hong Kong Limited

11 November 2013 Monday

Cardiovascular Outcome Trails: What Can We Expect to Learn?

Dr. Simon Heller
Professor

*Clinical Diabetes, the University of Sheffield, UK
Director, Research and Development and
Honorary Consultant Physician
Sheffield Teaching Hospital Foundation Trust, UK*

Chairman	Dr. Ma Ping Kwan, Danny The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:00 p.m. Registration and Lunch 2:00 p.m. – 3:30 p.m. Lecture and Discussion
Venue	Jade Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Kowloon
Admission Fee	College Fellow, Full or Associate Members Free Other Categories of Members HK\$ 350.00 Non-Members HK\$ 450.00 All fees received are non-refundable and non-transferable.
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.

Sponsored by
Takeda Pharmaceuticals (Hong Kong) Ltd

2 November 2013 Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice
Theme	Management of Atopic Eczema
Speaker	Dr. Chan Shu Yu Specialist in Dermatology and Venereology

Sponsored by
Takeda Pharmaceuticals (Hong Kong) Ltd

11 November 2013 Monday

Evidence-based Treatment of Type 2 Diabetes Mellitus

Prof. Stephen Colagiuri
Chair

The IDF Clinical Guideline Taskforce
Professor

Metabolic Health

Boden Institute of Obesity, Nutrition and Exercise
University of Sydney

Chairman	Dr. Chu Wai Sing, Daniel The Hong Kong College of Family Physicians	
Time	6:30 p.m. – 7:00 p.m.	Registration
	7:00 p.m. – 8:00 p.m.	Lecture and Discussion
	8:00 p.m. – 9:30 p.m.	Western Dinner
Venue	Star Room, Level 42, Langham Place Hotel, 555 Shanghai Street, Mong Kok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	1 CME points HKCFP (Cat. 4.3) 1 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
SERVIER Hong Kong Limited

12 November 2013 Tuesday

Evidence-based Treatment of Type 2 Diabetes Mellitus

Prof. Stephen Colagiuri
Chair

The IDF Clinical Guideline Taskforce
Professor

Metabolic Health

Boden Institute of Obesity, Nutrition and Exercise
University of Sydney

Chairman	Dr. Tsui Hing Sing, Robert The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Star Room, Level 42, Langham Place Hotel, 555 Shanghai Street, Mong Kok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

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On-Going Events organized by Board of Education

Please be reminded that there will be a Counseling Interest Group organized by the Board of Education on 26 October 2013. Kindly refer to FP Links September Issue (page 20) for details.

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

October's session:

Date	25 October 2013 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	The Latest Understanding and Treatment of Hallux Valgus Deformity – Dr. Daniel Wu
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

November's session:

Date	29 November 2013 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Mental Illness and Suicide - Clinical Assessment and Treatment – Dr. Chung Wai Sau, Dicky
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in Cantonese.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
9 November 2013 2:30 - 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Sex Reassignment Surgery Dr. Yuen Wai Cheung RHTSK COS (Surgery)	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852
21 November 2013 1:00 - 3:00 p.m. 1 CME point	East Ocean Seafood Restaurant Shop 137, 1/F, Metro City Plaza 3, 8 Mau Yip Road, Tseung Kwan O, Kowloon	Common Skin Problems in General Practice (Full) Dr. Luk Chi Kong, David AC, P&AM, UCH	Ms. Cordy Wong Tel: 3513 3087 Fax: 3513 5505

Structured Education Programmes

Free to members
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
6 November 13 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Patient Education and Empowerment Dr. Felix Tsui	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Compliance and Patient-centered Care Dr. Yuen Ming Wai and Dr. Kwok Yee Ming, Elaine	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Postgraduate Study Opportunities in Family Medicine Dr. Wong Hiu Lap	Ms. Crystal Law Tel: 2632 3480
7 November 13 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Compliance and Patient-centered Care Dr. Ho Pui Gi and Dr. Yuen Ching Yi	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	IMHP Case Sharing by IMHP Centres Dr. Wong Chak Tong	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Common Symptom Complaints: Visual Loss Dr. Yan Ka Shing, Quentin	Ms. Kwong Tel: 2595 6941
13 November 13 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Premature Ejaculation Dr. Liu Chung Wo	Ms. Eliza Chan Tel: 2468 6813
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Common Symptom Complaints - Dizziness Dr. TT Kam	Ms. Man Chan Tel: 2589 2337
14 November 13 (Thur)			
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Travel Medicine Dr. Ng Mei Po and Dr. Mok Kwan Yeung	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Management of Common Peri-menopausal Problems in Clinic Setting Dr. Yan Ka Shing, Quentin	Ms. Kwong Tel: 2595 6941

20 November 13 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Community Resource in NTWC Dr. Lam Siu Ping	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Practice Management Dr. Wan Pui Chu, Christina and Dr. Tsui Wing Hang	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Common Medical Equipments in Clinic Dr. Lee Sum, Steve	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Emergency Care in Trauma Case (Burns, Fracture) Dr. Pura Cheng	Ms. Man Chan Tel: 2589 2337

21 November 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Practice Management Dr. Chow Pui Yin, Melody and Dr. Chan Kam Sum	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Approach to STD Dr. Lee Kar Fai and Dr. Ho Tsz Bun	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Communication Skill in Primary Care Dr. Lee Ho Ming	Ms. Kwong Tel: 2595 6941

27 November 13 (Wed)

2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Contact Dermatitis and Skin Patch Test Dr. Chan Ka Ho	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Health Care Delivery System in China Dr. Ching Hin Nga, Rosemary and Dr. Ying Gard Ching, Derek	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Consent and Confidentiality Dr. Stephen Chou	Ms. Man Chan Tel: 2589 2337

28 November 13 (Thur)

2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Health Care Delivery System in China Dr. Tsui Hiu Fa and Dr. Lam Wing Sze	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Approach to Headache Dr. Wong Fai Ying and Dr. So Chi Kin	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Use of Clinic Tests – Faecal Occult Bloods and Lower GI Problems Dr. Yio Shing	Ms. Kwong Tel: 2595 6941

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References
1. Ignaut DA, Schwartz SL, Sarwal S and Murphy HL. Diabetes Educ 2009;35:789-798
2. Ignaut DA, Opincal M and Lenox S. J Diabetes Sci Technol 2008;2:533-537.

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COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 Oct	14	15	16 2:15 – 7:15 p.m. Structured Education Programme	17 2:15 – 7:00 p.m. Structured Education Programme	18	19 2:30 – 5:30 p.m. AEC 2013 – Mock Exam
20 2:30 – 5:00 p.m. DFM Module V - Orthopaedic Injection Workshop	21	22 1:00 – 3:30 p.m. CME Lecture 6:00 – 8:00 p.m. Post Exit Exam Evaluation Workshop	23 2:15 – 7:30 p.m. Structured Education Programme	24 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	25 2:30 – 3:30 p.m. Board of Education - Video Session	26 2:30 – 4:30 p.m. Interest Group in Counseling
27 Conjoint Examination 2013 – OSCE Examination	28	29 1:00 – 3:30 p.m. CME Lecture	30 2:15 – 7:15 p.m. Structured Education Programme	31 2:15 – 7:00 p.m. Structured Education Programme	1 Nov Deadline For Exit Exam Application (1 st attempt candidates) 7:00 p.m. BVTS - Basic Training Introductory Seminar	2 1:00 – 4:00 p.m. Interest Group in Dermatology 2:30 – 5:00 p.m. DFM Module III - Practice Management
3	4	5	6 2:15 – 7:30 p.m. Structured Education Programme	7 2:15 – 7:00 p.m. Structured Education Programme	8	9 2:30 – 5:00 p.m. DFM Module III - Clinical Audit & Quality Assurance
10	11 1:00 – 3:30 p.m. CME Lecture 7:00 – 9:30 p.m. CME Dinner Symposium	12 1:00 – 3:30 p.m. CME Lecture	13 2:15 – 7:15 p.m. Structured Education Programme	14 4:00 – 7:00 p.m. Structured Education Programme	15 9:00 p.m. Board of Conjoint Examination Meeting	16 2:30 – 5:30 p.m. PA & CSA Standardization Workshop
17	18	19	20 2:15 – 7:30 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	22	23 2:30 – 5:00 p.m. DFM Module III - Care for the Elderly & Chronic Illness
24 1:00 – 4:30 p.m. ARC 2013	25	26 1:00 – 3:30 p.m. ARC 2013	27 2:15 – 7:15 p.m. Structured Education Programme	28 1:00 – 3:30 p.m. ARC 2013 2:15 – 7:00 p.m. Structured Education Programme	29 2:30 – 3:30 p.m. Board of Education - Video Session	30 2:30 – 5:00 p.m. DFM Module V – Counseling Skills Workshop

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FP LINKS EDITORIAL BOARD 2013	
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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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