

Message from the President

HAPPY NEW YEAR

36th HKCFP AGM & Annual Dinner



Invited guests and Council members

On December 7, 2013 we had our AGM and annual dinner held at Jade Garden, Tsimshatsui. This year is not only the 36th anniversary of our College, but also the 20th anniversary of the Hong Kong Academy of Medicine. Our annual dinner was graced by the presence of many overseas guests including Professor Michael Kidd, President of the World Organization of Family Doctors (WONCA); Professor Doris Young, External Examiner of the Specialty Board and HKCFP Honorary Fellow; Prof. & Mrs Chris van Weel, Past President of the World Organization of Family Doctors (WONCA) and HKCFP Honorary Fellow; Dr. Maureen Baker, Chair of the Council of the RACGP; Prof. Daniel Thuraiappah, President Elect of the Academy of Family Physician; and Dr. Garth Manning, CEO of the WONCA World Council. Our local guests include Dr. Monica Wong, Head of the Primary Care Office, Department of Health; Dr. Teoh Ming Keng, Head of Medical Services - Asia, Medical Protection Society; and our Chief Censor, Professor Cindy Lam; Censor Dr. Stephen Foo; and our Past President Dr. John Chung.

Dr. Cheung Man Kuen retired this year from our Council. Our re-elected vice president is Dr. Lau Ho Lim, and the council members include Dr. David Chao, Dr. Mary Kwong, Dr. Tony Lee and Dr. Wendy Tsui. Dr. Alvin Chan is our newly elected council member. I am deeply grateful for the hard work of all our present and past council members, board and committee members, examiners and staff.

(Continued on page 2)

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links



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INSIDE THIS ISSUE

- 01 Message from the President
- 03 College News
 - 03 CMOD, HKCFP Additional & CME Accreditation for Year 2013
 - 04 Public Obituary of Dr. Peter Lee
 - 06 The 36th HKCFP Annual General Meeting, Sponsorship for WONCA 2014
 - 08 The 36th HKCFP Annual General Meeting and Annual Dinner
 - 12 Board of Vocational Training and Standards News, Classified Advertisement
 - 13 Board of Conjoint Examination News
 - 16 28th Conjoint HKCFP/RACGP Fellowship Examination
 - 18 HKCFP Research Fellowship 2014
 - 19 The HKCFP Award for the Best Research of 2013
 - 20 External Affairs Committee News – RTHK Programme, Computer and Web Committee News
- 14 Feature: The Scientific Side of Our Consultations – 大膽假設，小心求證
- 21 After Hours: Go Go Go! Explore Hong Kong
- 22 News Corner: H7N9
- 23 Learning Points from Board of Education
- 24 Board of Education News
- 28 College Calendar

(Continued from page 1)

Professor Albert Lee elected to IOM

Professor Albert Lee, Director of the Centre for Health Education and Health Promotion, Jockey Club School of Public Health & Primary Care, Chinese University of Hong Kong, is elected under Section 8 of the Institute of Medicine, which is the section for Family Medicine, Rehabilitation Medicine, and Emergency Medicine. The Institute of Medicine (IOM) is an independent, nonprofit organization that works outside government to provide unbiased and authoritative advice to decision makers and the public. Established in 1970, the IOM is the health arm of the National Academy of Sciences. Its aim is to help those in government and the private sector make informed health decisions by providing evidence upon which they can rely. Professor Lee's innovation in education includes pioneering professional training in primary health care and school health in countries without related formal and professional institutions, and also training of non-health professionals to implement health promotion in their settings. He will be engaged in IOM Forum in 'Investing in Children Globally' which is a 3 year project focussing on children's healthy development.



Prof. Albert Lee receiving a certificate of membership from Dr. Harvey Finberg, The President of Institute of Medicine, and former Provost of Harvard University



Prof. Albert Lee with a group of senior international FM leaders. (from left to right: Prof Maurice Wood, Veteran Academic in FM ; Prof Robert Philips, the Vice President of American Academy of Family Medicine; Dr. Paul H. Grundy, President, Patient Centred Primary Care Collaborative; Prof Carol Herbert, former Dean of Schulich School of Medicine and Dentistry, University of Western Ontario)

HKCFP Prize for Faculty of Medicine, University of Hong Kong

On November 28, 2013 at the Queen Elizabeth Stadium, our College Honorary Secretary, Dr. Billy Chiu, presented the HKCFP Prize to Miss Lydia Kwong at the Faculty Graduation and Prize Presentation Ceremony. I would also like to congratulate Dr. Weng Yee Chin for receiving her Faculty Teaching Medal, and our College Fellow Dr. Wendy Lo for her son's graduation. Many congratulations again!



(from left to right) Dr. SV Lo, Dr. Samuel Lo, Dr. Wendy Lo, Dr. Chin Weng Yee and Dr. Julie Chen



(from left to right) Dr. Chan Lap Ki, Dr. Chin Weng Yee, Prof. Cindy Lam and Dr. Julie Chen



Medical Student Miss Kwong Lee Ting (left) receiving the HKCFP Prize in Family Medicine from Dr. Billy Chiu

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th January 2014 to 14th February 2014, Dr. Chan Wing Yan and Dr. Chan Kin Ling will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Chan Wing Yan



Dr. Chan Kin Ling

HKCFP Additional & CME Accreditation for Year 2013

Dear Members,

The credit point score of 2013 QA&A Programme is going to be finalized at the end of year 2013. Please kindly check your updated report by visiting the College website at <http://www.hkcfp.org.hk/>.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, you could apply for CME accreditation by sending the application(s) as listed below:

1. Application for Additional Accreditation

For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.3 to 5.6**, members have to apply in writing with \$300 administration fee to the QA&A Committee. Details must be submitted for special consideration, e.g. attendance record, photocopies of events, transcripts or published articles.

The application of **Additional Accreditation** for the year January to December 2013 is now open. It is only for the activity which **had NOT been accredited** by QA&A Committee before the activity started. You are recommended to submit the application form for additional accreditation with required supporting documents.

Application can be downloaded from the College website: <http://www.hkcfp.org.hk> → downloads → Quality Assurance → Application for Accreditation → Application form for Additional Accreditation PDF format or Word format.

- Mail to The Hong Kong College of Family Physicians, Rm 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen. ; OR
- Email to : cmecpd@hkcfp.org.hk ; OR
- Fax at 2866 0981

Application deadline: 28 February 2014

2. Application for CME/CPD Accreditation

This application is only for the activity which **had been accredited** by QA&A Committee before the activity started.

If the credit points are missing from your credit point score report, please fill in the attached "Application form for CME/CPD Accreditation of Pre-accredited activity" with the supporting documents.

Application can be downloaded from the college website: <http://www.hkcfp.org.hk> → downloads → Quality Assurance → Application for Accreditation → Application form for CME Accreditation PDF format or Word format.

- Mail to The Hong Kong College of Family Physicians, Rm 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen. ; OR
- Email to : cmecpd@hkcfp.org.hk ; OR
- Fax at 2866 0981

Details must be submitted for special consideration, e.g. attendance record, photocopies of events, transcripts or published articles.

Application deadline: 28 February 2014

Late submission **will NOT be accepted and NO addition** can be made from the date onwards. The supporting documents must be evidence of attendance or submission for accreditation.

The QA&A Committee has the final right in deciding the number of "Credit Points" awarded for each activity.

Should you have any question on CME/CPD, please contact Ms. Yvonne Lam or Mr. Marco Cheng at 2528 6618.

Thank you so much for your support for the 2013 programme.

Public Obituary of Dr. Peter Lee



In fond memories of our late Founding President

Dr Peter C Y LEE, MBE, JP (李仲賢醫生)

We will miss his visionary leadership and contributions

THE HONG KONG COLLEGE OF FAMILY PHYSICIANS



香港家庭醫學學院

敬輓

李仲賢醫生

Dr Peter C Y LEE, MBE, JP

深切懷念本學院創院院長

THE UNIVERSITY OF HONG KONG



Founded in 1911, The University of Hong Kong is committed to the highest international standards of excellence in teaching and research, and has been at the international forefront of academic scholarship for many years. The University has a comprehensive range of study programmes and research disciplines spread across 10 faculties and over 140 academic departments and institutes/centres. There are over 27,800 undergraduate and postgraduate students coming from 50 countries, and more than 2,000 members of academic and academic-related staff, many of whom are internationally renowned.

Tenure-Track Clinical Assistant Professor in the Department of Family Medicine and Primary Care (Ref.: 201400016)

Applications are invited for appointment as tenure-track Clinical Assistant Professor in the Department of Family Medicine and Primary Care, from as soon as possible, on a four-year fixed-term basis, with the possibility of renewal.

The Department of Family Medicine and Primary Care aims to produce doctors to practise medicine of the highest standard and in the best interests of their patients and the community, and to inspire them to strive for and achieve academic excellence. It is the mission of the Department to promote quality primary care through education, patient-centred service and research in family medicine.

Applicants should possess a medical degree registrable with the Medical Council of Hong Kong, and preferably a higher qualification in general practice/family medicine. Special consideration will be given to holders of the F.H.K.A.M. (Family Medicine) or equivalent specialist qualifications in general practice/family medicine. They should have proven capacity and potential and a track record of active research and successful external research grant applications; demonstrate a strong commitment to excellence in clinical services and training; and have substantial contribution to undergraduate curriculum development. The appointee should be fluent in Cantonese and English, and preferably Putonghua, although teaching, research and professional activities are conducted in English. He/She is expected to participate in the planning and delivery of undergraduate and postgraduate programmes in Family Medicine; conduct research; develop and provide clinical services in primary care in the Department and the HKU-Shenzhen Hospital; and contribute to administrative duties in the Department and the Faculty. Further information about the post can be obtained from Professor Cindy Lam (e-mail: cklam@hku.hk).

A highly competitive salary commensurate with qualifications and experience will be offered. The appointment will attract a contract-end gratuity and University contribution to a retirement benefits scheme, totalling up to 15% of basic salary. Leave, medical benefits and a monthly cash allowance subject to the Rules on Prevention of Double Benefits on Housing will be offered to the successful candidate.

Applicants should submit a completed application form, together with a full C.V., to fmpcsp@hku.hk. Application forms (341/1111) can be obtained at <http://www.hku.hk/apptunit/form-ext.doc>. Further particulars can be obtained at <http://jobs.hku.hk/>. **Closes February 28, 2014.**

The University thanks applicants for their interest, but advises that only shortlisted applicants will be notified of the application result.

The 36th HKCFP Annual General Meeting

Following the 36th HKCFP Annual General Meeting and the 389th Council meeting on Saturday, 7 December 2013, the following Council Members were elected:

Dr. LAU Ho Lim	Vice-President (General Affairs)
Dr. Alvin C. Y. CHAN	Council Member
Dr. David V. K. CHAO	Council Member
Dr. Wendy W. S. TSUI	Council Member
Dr. Mary B. L. KWONG	Council Member
Dr. Tony C. K. LEE	Council Member

Congratulations. We extend our hearty welcome to them.

The Council would like to thank Dr. CHEUNG Man Kuen for her valuable contributions to the College in the past years.

The Composition of the Council is as follows:

PRESIDENT

VICE-PRESIDENT (Education & Examinations)

VICE-PRESIDENT (General Affairs)

HON SECRETARY

HON TREASURER

IMMEDIATE PAST PRESIDENT

COUNCIL MEMBERS

Dr. Ruby S Y LEE
Dr. Angus M W CHAN
Dr. LAU Ho Lim
Dr. Billy C F CHIU
Dr. Quincy S M YUEN
Dr. Gene W W TSOI
Dr. Simon C L AU
Dr. Alvin C Y CHAN
Dr. CHAN Hung Chiu
Dr. CHAN Kin Ling
Dr. Mark S H CHAN
Dr. CHAN Wing Yan
Dr. David V K CHAO
Dr. CHONG Man Yuk
Dr. Mary B L KWONG
Dr. Tony C K LEE
Dr. Lorna V NG
Dr. NGAN Po Lun
Dr. Wendy W S TSUI
Dr. William C W WONG

BOARD OF CENSORS

Prof. Cindy L K LAM (Chief Censor)
Dr. Stephen K S FOO
Prof. Donald K T LI

Mr. Anthony W K CHOW has been re-appointed as Honorary Legal Advisor and **Mr. C F CHEUNG** has been re-appointed as Honorary Auditor.

The Chairpersons of the various Boards and Committees for the year 2014 are as follows:

Chairmen of Various Boards

Board of Conjoint Examination

Board of Diploma in Family Medicine

Board of Education

Board of Professional Development and Services

Board of Vocational Training & Standards

Editorial Board

Specialty Board

Dr. CHAN Hung Chiu
Dr. Simon C L AU
Dr. Mary B L KWONG
Dr. LAU Ho Lim
Dr. Quincy S M YUEN
Dr. David V K CHAO
Dr. Wendy W S TSUI

Chairmen of Various Committees

Business Manager
Council Member on Duty System
Education Committee (AM affairs)
External Affairs
Finance
FP Links
Hong Kong Primary Care Conference
House Management
Internal Affairs
Membership
Professional Performance Committee
Public Education
Quality Assurance & Accreditation
Research
Web and Computer

Dr. Mary B L KWONG
 Dr. Tony C K LEE
 Dr. Angus M W CHAN
 Dr. Gene W W TSOI
 Dr. Quincy S M YUEN
 Dr. Wendy W S TSUI
 Dr. Lorna V NG & Dr. William C W WONG
 Dr. Billy C F CHIU
 Dr. David V K CHAO
 Dr. CHONG Man Yuk
 Dr. CHAN Kin Ling
 Dr. NGAN Po Lun
 Dr. Billy C F CHIU
 Dr. William C W WONG
 Dr. Mark S H CHAN



Council members and College staff



College Executive attending Annual General Meeting. Dr. Billy Chiu, Dr. Angus Chan, Dr. Ruby Lee, Dr. Lau Ho Lim and Dr. Quincy Yuen (from left to right)

Sponsorship for attending 2014 Asia Pacific Regional Conference of WONCA Kuching, Sarawak, Malaysia, 21 - 24 May 2014

“Nurturing Tomorrow’s Family Doctors”

The **2014 Asia Pacific Regional Conference of WONCA** will be yet another opportunity for family doctors to gather and share research and practice experience. It will be a very good occasion to foster ties between family practice organizations as well as individual doctors.

The Council has decided to grant a sponsorship with a maximum of HKD10,000 for applicants with presentation, and a maximum of HKD5,000 for applicants without presentation, to attend the captioned conference.

Applicants shall agree to take part in the College official functions if any during the Conference in **Kuching, Sarawak, Malaysia**, and submit a written report of around 800 words within one month after the conference. Applications will be vetted by the Nomination Committee. All decisions shall be subject to the final approval of the Council.

The sponsorship is open to all members. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of “DOWNLOADS” and return the form to the Secretariat by **31 January 2014**. For further information please visit the official website at <http://www.wonca2014kuching.com.my/index.php>.

Thanks,

Dr. Billy C F Chiu
Honorary Secretary

The 36th Annual General Meeting and 36th Annual Dinner of the Hong Kong College of Family Physicians

Chairman of Internal Affairs Committee: Dr. David V. K. Chao



Toasting Proposed by our President, Dr. Ruby Lee

Thanks to the tremendous support of all our participating members and fellows, the 36th Annual General Meeting (AGM) and 36th Annual Dinner of the Hong Kong College of Family Physicians were successfully held on 7th December 2013 (Saturday) at the Jade Garden Restaurant in Tsimshatsui. The evening was kick-started with the AGM when our President Dr. Ruby Lee led the Executives, Council and College members present to go through the various matters related to the running of the College. It was then followed by a brief Council meeting to confirm the chairmen of various boards and committees for the coming.

The main event of the evening, the Annual Dinner, commenced right after that. We were most privileged to have many prominent international and local guests joining us, including Prof. Michael Kidd - President of WONCA, Dr Garth Manning - CEO of WONCA World Council, Prof. Chris van Weel - Past President of WONCA and HKCFP Honorary Fellow, Dr. Maureen Baker - Chair of Council of Royal College of General Practitioners, Prof. Daniel Thuraiappah - President Elect of Academy of Family Physicians of Malaysia, Prof. Doris Young - HKCFP Honorary Fellow, Dr. Monica Wong - Head of Primary Care Office, Department of Health, Hong Kong SAR, Dr. Teoh Ming Keng - Head of Medical Services Asia of Medical Protection Society, and Mr. Andrew Lau from the Sun Tak District Min Yuen Tong of Hong Kong.

We were also very grateful towards Dr. Tsim Koon Lan, Kathy and Dr. Fok Peter Anthony, together they helped as MCs of the Annual Dinner and led us through a very remarkable evening. Dr. Ruby Lee expressed the College's gratitude towards all collaborating partners from local and overseas, the College Council and all Boards and Committees, College Fellows and Members, and the secretariat for their fully support to make 2013 a very fruitful year for all. The College thanked Dr. Cheung Man Kuen, a retiring Council Member, for her past contribution towards the College. Dr. Billy Chiu and Dr. David Chao presented gift coupons to the secretariat staff as a token of appreciation for their hard work over the year. It was then followed by various boards and committees proposed a vote of thanks to all members and fellows for their continuing support. Successful candidates were invited to share with the audience about their experiences and thoughts. They include Dr. Ho Shu Wan and Dr. Chung Sze Pok who passed the Conjoint Fellowship Examination and the Exit Examination respectively.

Various entertaining games including recognising important aspects of the College's development and personnel, and bingo were conducted, followed by the marvellous singing performances by Dr. Kenny Kung and Mr. Louis Kung, Dr. Chan Hung Chiu, Peter, Dr. Chung Tze Nang, John and Dr. Chan Ting Bong. Thanks to the thoughtful generousities of our council members, friends and related organisations, and assisted by the distinguished guests, the lucky draw was carried out successfully to conclude the annual dinner on a high note. We would like to take this opportunity to thank all the colleagues who have helped to make the evening a very memorable occasion again.



Group Photo of College Officials and the Distinguished Guests

(Back row from left to right) Dr. Catherine Chen, Dr. Mark Chan, Dr. Simon Au, Dr. Ngan Po Lun, Dr. Chan Kin Ling, Dr. William Wong, Dr. John Chung, Dr. Chan Hung Chiu, Dr. Lau Ho Lim, Dr. David Chao, Dr. Mary Kwong, Dr. Lorna Ng, Dr. Wendy Tsui, Dr. Angus Chan, Dr. Chan King Hong, Dr. Billy Chiu, Prof. Samuel Wong
 (Front row from left to right) Mr. Andrew Lau, Dr. Monica Wong, Prof. Doris Young, Mrs. Evelyn Van Weel, Prof. Chris van Weel, Dr. Stephen Foo, Dr. Ruby Lee, Prof. Michael Kidd, Dr. Garth Manning, Dr. Maureen Baker, Prof. Daniel Thuraiappah, Prof. Cindy Lam



Our Singing Band (from left to right) Dr. John Chung, Dr. Chan Hung Chiu, Mr. Louis Kung, Dr. Chan Ting Bong and Dr. Kenny Kung



The Question and Answer Game, Prof. Samuel Wong raising up the correct answer



Sharing by a Successful Conjoint Examination Candidate Dr. Ho Shu Wan



Sharing by a Successful Exit Examination Candidate Dr. Chung Sze Pok



Our Masters of Ceremony, Dr. Peter Fok Anthony (left) and Dr. Tsim Koon Lan (middle), with Dr. David Chao (right), Chairman of Internal Affairs Committee



Dr. Ruby Lee (right) presented the Grand Prize to the winner Dr. Hau Sin Ying (left)



Group Photo of Pharmaceutical Companies' representatives and the Board of Education



Group Photo of the Conjoint Examination Successful Candidates



Members and Staff of Board of Diploma in Family Medicine



Members and Staff of Editorial Board



Group Photo of Exit Examination Successful Candidates with the Specialty Board



Members and Staff of Hong Kong Primary Care Committee



Prof. Michael Kidd, President of WONCA (left), presenting a lucky draw prize to Dr. Mya Khin (right)



Dr. Garth Manning, CEO, WONCA World Council (left), presenting a lucky draw prize to Dr. Leung Yuen Kin, Kenneth (right)



Dr. Maureen Baker, Chair of Council, Royal College of General Practitioners (left), presenting a lucky draw prize to Dr. Young Sui Wah (right)



Prof. Daniel Thuraiappah, President Elect, Academy of Family Physicians of Malaysia (left), presenting a lucky draw prize to Dr. Tse Tsui Yee, Emily (right)



Dr. Monica Wong, Head of Primary Care Office, Department of Health (left), presenting a lucky draw prize to Dr. Ngan Po Lun (right)



Mr. Andrew Lau from the Sun Tak District Min Yuen Tong of Hong Kong (left), presenting a lucky draw prize to Dr. Chan Lay Si (right)



Dr. Teoh Ming Keng, Head of Medical Services – Asia (left), presenting a lucky draw prize to Dr. Chung Tze Nang, John (right)



Prof. Doris Young, HKCFP Specialty Board External Examiner and Honorary Fellow (left), presenting a lucky draw prize to Dr. Ho Shu Wan (right)



Prof. Chris van Weel, WONCA Past President and HKCFP Honorary Fellow (right), presenting a lucky draw prize to Dr. Tsang Wai Kay, Katrina (left)



Dr. David Chao, Chairman of Internal Affairs (left), presenting a lucky draw prize to Dr. Chong Man Yuk (right)



Dr. Ruby Lee, President (left), presenting a lucky draw prize to Dr. Chan Hung Chiu (right)



Dr. Lau Ho Lim, Vice-President, General Affairs (left), presenting a lucky draw prize to Dr. Chan Yu Sang, Dickson (right)



Dr. Angus Chan, Vice-President, Education & Examination (left), presenting a lucky draw prize to Dr. To Kit Yuk, Dorothy (right)

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all higher trainees should submit the original copy of annual checklist to our Board either by registered post or in-person on or before **28th February 2014 (Friday)**. Late submissions will not be accepted.

For the application for certification of completion of Higher Training, please make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook on or before 28th February 2014.

The training experience of 2013 **WILL NOT** be counted if the trainee fails to submit the checklist or logbook before the deadline.

Higher Training Subcommittee

BVTS

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training program.

For those who prepare to sit for the Exit Examination in 2016, please submit the application for higher training on or before **28th February 2014 (Friday)** in order to meet the requirement for sitting Exit Examination. The application form is available from the College Secretariat, and can be downloaded from the College web site.

Higher Training Subcommittee

BVTS

Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held in March 2014 for all newly enrolled higher trainees, current trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand our training programme more comprehensively.

Details of the seminar are as follows:

- Speaker : Dr. Chiu Chi Fai, Billy (Chairman, Higher Training Subcommittee)
- Date : 1st March 2014 (Saturday)
- Time : 2:30 – 4:30 p.m.
- Venue : Room 903-4, 9/F,
Hong Kong Academy of Medicine Jockey Club Building
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please contact Ms. Carmen Cheng or Mr. Brian Chan at 2528 6618 for any queries.

Classified Advertisement

Positions Vacant

Accredited Private FM Centre invites full time / part time **Doctors** for expanding services (Tuen Mun / Kwai Fong). FM Trainee, specialists welcomed. Basic + Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy CHAN) 9212 6654

Board of Conjoint Examination News

The Board of Conjoint Examination is pleased to announce that the following candidates passed the 27th Conjoint HKCFP/RACGP Fellowship Examination (Clinical Segment) 2013.

Dr. Au Tai Kwan, Eva
 Dr. Chan Ching
 Dr. Chen Xiao Qun
 Dr. Cheng Kwan Chui
 Dr. Cheung Ching Lo, Julie
 Dr. Cheung Wen Ling
 Dr. Cheung Yan Kit
 Dr. Chou Chun Wing
 Dr. Chung Wing Yee
 Dr. Fong Ting

Dr. Fu Siu Saap, Michelle
 Dr. Ho Chin Chiu
 Dr. Ho Chung Yu
 Dr. Ho Ka Kei, Edward
 Dr. Ho Ka Ying
 Dr. Ho Shu Wan
 Dr. Ho Tsz Bun
 Dr. Ki Chi Wing, Samuel
 Dr. Kum Chung Hang
 Dr. Lai Sum Yin

Dr. Lee Hung Fai
 Dr. Lee Kam Pui
 Dr. Leung Yuen Kin, Kenneth
 Dr. Tse Tung Wing, George
 Dr. Wu Wai
 Dr. Yio Shing
 Dr. Yip Wing Ki
 Dr. Yu Man Sun

Congratulations to you all.

Best Candidate Award

The Board of Conjoint Examination is pleased to announce that Dr. Ho Shu Wan, who passed the Conjoint Examination at one setting and achieved the best performance, will be awarded the Best Candidate Award 2013.

Congratulations to Dr. Ho.

Heartfelt Thanks to Case-writers

The Board of Conjoint Examination would also like to take this opportunity to thank the following examiners for their participation in case-writing in various segments of the Conjoint Examination this year. Their contribution surely widened the question bank as well as maintaining the high standards of the Fellowship Examination.

Dr. Ai Hiu Fay, Dawn
 Dr. Bien Tse Fang, Barry
 Dr. Chan Hung Wai, Patrick
 Dr. Chan Laam
 Dr. Chan Suen Ho, Mark
 Dr. Chan Wan Yee, Winnie
 Dr. Chan Wing Yan
 Dr. Chan Yin Hang
 Dr. Chan Ying Ho, Andrew
 Dr. Chao Vai Kiong, David
 Dr. Cheng Michael
 Dr. Cheung Hard King
 Dr. Cheung Kwok Leung
 Dr. Cheung Mei Yee
 Dr. Cheung Pui Shan, Cindy
 Dr. Cheung Wai Keung, Paul

Dr. Chui Siu Hang, Billy
 Dr. Ho Ka Ming
 Dr. Hui Kwun Sue, Wilson
 Dr. Hui Yin Fun, Linda
 Dr. Ip Pang Fei
 Dr. Ko Wai Kit
 Dr. Kong Yim Fai, Albert
 Dr. Kung Kenny
 Dr. Kwok Chi Sum
 Dr. Lam Tak Man, Catherine
 Dr. Lam Wing Kwun
 Dr. Lam Wing Wo
 Dr. Lau Ho Lim
 Dr. Lau Kam Tong
 Dr. Lau Kin Sang, Kinson
 Dr. Lee Siu Yin, Ruby

Dr. Leung Kwan Wa, Maria
 Dr. Ng Ching Luen
 Dr. Ng Mei Po
 Dr. Ngai Ka Ho
 Dr. Shum Pui Shan, Monica
 Dr. Tam Ho Shan
 Dr. Tam John Hugh
 Dr. Tam Ka Wae, Tammy
 Dr. Tsim Koon Lan
 Dr. Tsoi Lai To, Sammy
 Dr. Wong Chak Tong
 Dr. Wong Chi Kwong, Roger
 Dr. Wong Chi Lung
 Dr. Wong Chuen Ho
 Dr. Young Sui Wah
 Dr. Yu Sze Kai, Frances

Thanks again for their contribution and continuous support throughout these years.



Dr. Chan Hung Chiu
 Chairman
 Board of Conjoint Examination

The Scientific Side of Our Consultations - 大膽假設，小心求證

Dr John-Hugh Tam, Specialist in Family Medicine

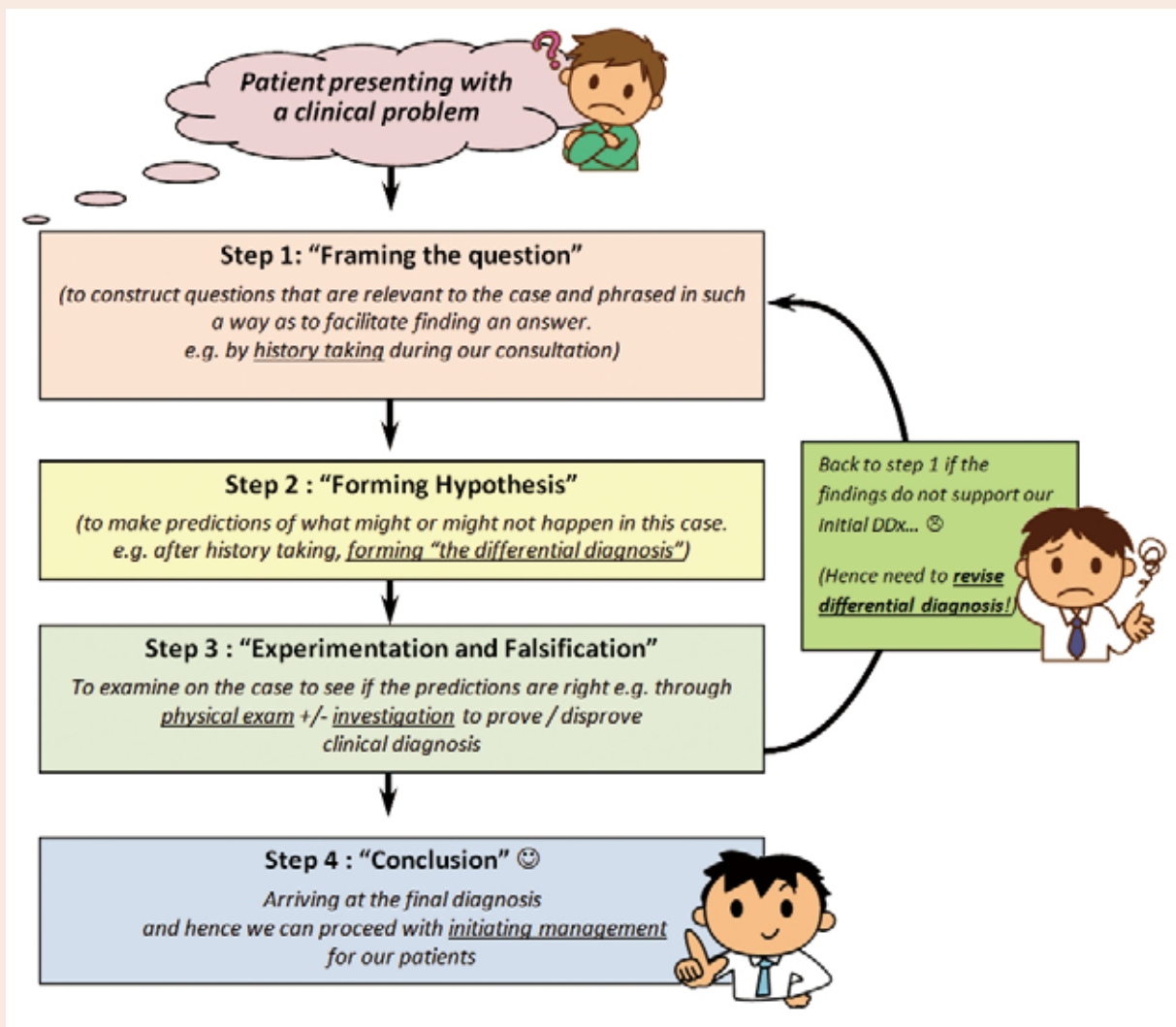
Department of Family Medicine & Primary Health Care, Kowloon West Cluster, Hospital Authority

I often come across and hence become familiar with the famous quote by the Chinese philosopher Hu Shih (胡適), "to hypothesise boldly, then verify carefully" (大膽假設，小心求證). The essence of this quote was dated back to the year 1919, almost a century ago - serving the purpose to "kick-start" and remind the world to be open-minded, yet to be careful with all kinds of scientific thinking.

Though may not be explicitly noticed by all of us, this kind of thinking process often becomes "inborn" within many family physicians in the community and is heavily emphasised during our specialty training as well as being highly valued during our specialty examinations, the equivalent of which being the hypothetical-deductive method of clinical problem solving (假設演繹法) as illustrated below:

This concept is very important as patients presenting in primary settings are often quite "tricky" and the diagnosis is not straight forward. Special features are noted with the range of problems encountered in our clinics (both private & public):

- 1) Presentations at EARLY stages of the patients' disease course and hence the clinical features are often undifferentiated and atypical when compared with traditional textbook teachings / lectures. This would hence increase our challenges to just pattern-spot & diagnose the condition. For example, patients with early stage of colorectal cancer may not present with the complete textbook description of bloody stool, change in bowel habit, abdominal discomfort, fatigue, unintended weight loss and appetite change, etc. but instead, they



may just come to our clinic telling us they have a "diarrhoea that lasted for some time". Similarly, throughout the past years I have also encountered in our general clinics a few elderly patients with myocardial infarction (MI) presented only as "fatigue", "nausea" & "dyspnoea" but absence of the cardinal symptoms of pain that all of us would expect to hear about (and it is not uncommon to have other similar observations as such in this world^{1,2}); it would then rely on our vigilance to think broader and timely spot these cases of "atypical MI" in order to provide proper and timely management for these patients.

- 2) Epidemiologically low prevalence of important but serious conditions in primary care settings, and
- 3) Much higher prevalence of straight forward, self-limiting illnesses. Although the self-limiting cases are usually easy to handle on individual basis, a collection of cases like this can sometimes confuse us and mask the presence of more serious ones like "needle in a haystack".

One of the examples to demonstrate points 2 & 3 altogether would be our usual approach towards patients presenting with red eye, which is commonly encountered in primary care settings. Although among many causes, conjunctivitis (viral, bacterial & allergic) would be the most common to be considered and it is highly treatable & self-limiting³, we usually don't just "jump to this conclusion and offer empirical treatment straight away" as there are still more serious diagnosis to rule out (e.g. acute glaucoma, keratitis, iritis, etc.), the missing of which would lead to irreversible consequences (blindness that we can never afford to happen, even though the chances for us to encounter these patients daily are usually rare); and if also considering point 1 as mentioned above that this kind of diseases may not always present typically, for example cases of early acute glaucoma may make the picture even more confusing.^{4,5} As a result of this, most of us would instinctively step back and first take history to screen for warning symptoms (such as reduced visual acuity, severe pain, photophobia, etc.) to help us first narrow down our diagnosis, followed by the appropriate examination to elicit findings and prove ourselves right before initiating management. Moreover, a lot of us would also remind our patients during

disease management to come back readily to review when their condition changes as a "safety-net" to revise our diagnosis when needed. All these steps that we do every day, if we look carefully, are the essence of this scientific hypothetical-deductive model.



Due to the wide range of case mix seen in our clinics every day as discussed, we should therefore always bear in mind that practically for all presentations we should avoid jumping into a single conclusion too early as we may not always be right and should always be open-minded to revise our diagnosis if in doubt. Furthermore, as a safeguard, it is always safe and sound to keep thinking logically during history taking and keep a list of differential diagnoses in this order (best around 3-5):

- ✓ **Most common diagnosis**
- ✓ **Other serious / important conditions to rule-out**
- ✓ **Less common alternative diagnoses**

And to those colleagues preparing for our DFM / conjoint fellowship OSCE and exit CSA examinations, it is also good to practise in advance to think in this way before answering questions.

(*Note : This is the sequel to the previous passage titled "Dynamics of our daily consultation" in Family Physicians Links, Nov 2013, page 8.)

References:

1. Culic V. "Atypical presentation and unrecognized myocardial infarction." Eur Heart J (2006) 27 (21): 2607. doi: 10.1093/eurheartj/ehl286
2. Culic V, Eterovic D, Miric D, et al. "Symptom presentation of acute myocardial infarction: influence of sex, age, and risk factors." Am Heart J. 2002;144:1012-1017.
3. Cronau, H; Kankanala, RR, Mauger, T (2010 Jan 15). "Diagnosis and management of red eye in primary care.". American family physician 81 (2): 137-144.
4. Siriwardena D, Arora AK, Fraser SG, McClelland HK, Claoue C. "Misdiagnosis of Acute Angle Closure Glaucoma". Age and Ageing 1996; 25:421-423.
5. Gordon-Bennett P, Ung T, Stephenson C, Hingorani M. "Misdiagnosis of angle closure glaucoma." BMJ. 2006 Dec 2;333(7579):1157-1158.

TWENTY- EIGHTH CONJOINT HKCFP/RACGP Fellowship Examination FIRST Announcement

The Board of Conjoint Examination is pleased to announce the following information on the Twenty-eighth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2014.

(1) REQUIREMENTS AND ELIGIBILITY

All candidates **MUST** be at the time of application for the Examination and at the time of the Conjoint Examination:

1. FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP*
2. FULLY REGISTERED with the Hong Kong Medical Council*

(*Documentary evidence is required with the application - including a valid RACGP number.)

(**Note** : All candidates are required to renew their RACGP membership for the year 2014/2015 before 31 July 2014. Failure to comply with the rule may result in denial of admission to the Exam.)

In addition, they must be EITHER CATEGORY I OR CATEGORY II CANDIDATES: -

- (a) **CATEGORY I CANDIDATES** are graduate doctors who are undergoing or have completed a fully approved vocational training programme as outlined in the College's Handbook for Vocational Training in Family Medicine. After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination, both the two segments of which must be taken at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

(**Note** : All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2014, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2014, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees must submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

- (b) **CATEGORY II CANDIDATES** are doctors who have been predominantly in general practice for not less than **five** years by 30 June 2014.

Category II candidates may opt to only sit for the Written Examination at the first and subsequent application.

Enquiries about eligibility to sit the examination should be directed to the Chairman of the Board of Conjoint Examination.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A. Written Examination
Key Feature Problems (KFP), and,
Applied Knowledge Multiple Choice Questions (MCQ)
- B. Clinical Examination
Objective Structured Clinical Examination (OSCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination MUST possess a CPR (Competence in Cardiopulmonary Resuscitation) certificate issued by the HKCFP*. The validity of this certificate must span the time at which the application for the Examination is made AND the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

*Note: In regarding the CPR certificate as issued by the HKCFP, the CPR workshop & examination for 2014 will be held on 22 & 23 February 2014. Details regarding the workshop / examination can be referred to the News of Board of Education (on pg. 25). Please register with our College secretariat at 2528 6618 IMMEDIATELY if you do not hold a valid CPR certificate issued by HKCFP and intend to sit for the Conjoint Examination 2014.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate will be required to pass the entire Written Examination in one sitting. That is, if one fails the Written Examination, both the KFP and MCQ segments have to be re-taken. Successful Written Examination result can be retained for three years (until the Clinical Examination of 2017).

The Clinical Examination can only be taken after successful attempt of the Written Examination. If one fails the Clinical Examination, all the OSCE stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/ RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application form with examination fee details of Conjoint Examination 2014 would be available in our College Website, <http://www.hkcfp.org.hk> at the end of February 2014 at the earliest. Please note that the deadline for application is **15 April 2014 (Tuesday)**.

(6) IMPORTANT DATES

- | | |
|---------------------------|--|
| • 15 April 2014 (Tuesday) | Closing Date for Applications |
| • To be confirmed | Conjoint Examination – Written Examination (MCQ) |
| • To be confirmed | Conjoint Examination – Written Examination (KFP) |
| • To be confirmed | Conjoint Examination - OSCE |

(7) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy the requirements of the College(s) concerned.

Entry forms for Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from the website of both colleges (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat at Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

HKCFP Research Fellowship 2014

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master or equivalent degree or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply.

Selection criteria

Applications will be judged on*:

- Training potential of applicants;
- Relevance to Family Medicine and community health;
- Quality;
- Value for money;
- Completeness (incomplete or late applications will not be assessed further).

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2528 6618 Fax: 2866 0616.
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **March 31, 2014**. Late applications will not be accepted.
4. Applications can be either sent:
By post to Chairman, Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; Or,
by email to johnlee@hkcfp.org.hk

The HKCFP Award for the Best Research of 2013

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2013. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection. The Award will be presented at the Conferment Ceremony in 2014.

Entry and assessment criteria are listed below:

Entry Criteria:

1. *The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.*
2. *The research must be original work of the investigator(s).*
3. *The research should be conducted in Hong Kong.*
4. *The research must have been completed.*
5. *The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.*

Assessment Criteria:

1. *How relevant are the topic and findings to Family Medicine?*
2. *How original is the research?*
3. *How well designed is the methodology?*
4. *How well are the results analyzed and presented?*
5. *How appropriate are the discussion and conclusion(s) drawn?*
6. *How useful are the results for patient care in the discipline of Family Medicine?*
7. *How much effort is required to complete the research study?*

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please send your submission to: Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong.

DEADLINE OF SUBMISSION: 31 March, 2014

External Affairs Committee - RTHK Programme

The College is invited by Radio Television Hong Kong to be the co-host of the programme 精靈一點 with a series of four parts on four consecutive Tuesdays from 1pm to 2pm in January 2014 as follows:

Date	Speakers	Topics
7 January 2014	Dr. Gene Tsoi and Prof. Cindy Lam	Concept of Prevention and Regular Health Check-up.
14 January 2014	Dr. Gene Tsoi and Dr. Lau Ho Lim	Family Medicine and Chronic Disease Management
21 January 2014	Dr. Gene Tsoi and Dr. Lam Wing Wo	Family Medicine and Mental Health Problems
28 January 2014	Dr. Ruby Lee and guest	Family Medicine and Elderly Health Problems and Cares



From left to right: Dr. Gene Tsoi, Ms. Wendy Choi (the RTHK host), Prof. Cindy Lam, Mr. Sui Kwok Wah (the RTHK host)

Computer and Web Committee



You are part of the Web!

Task Force for Health Information in the Web and Public Education!

Dear Colleagues (Public or private, group or individual practice),

If you think the public is looking for information from the internet and if you think health information is important, please join the **Task Force for Health Information in the Web**.

In collaboration with the Public Education Committee, the Web and Computer Committee believes there is a need to provide basic health information for the public, accessible via the internet.

The Web & Computer Committee has analyzed the health information searched from the internet and is aware that the provision of health information on the web page will have a big impact. If health information is available in the College web site, the community would be directed to make a better choice in their health seeking behaviour.

This is a direct means of health promotion. We plan to produce health information with reference to the Internet searching frequency, around 1000 words per topic. We need helpers to translate clinical information into reader-friendly Chinese format, being available on the College website for public access.

For those who are interested, please fill in the reply slip below and email to hkcfp@hkcfp.org.hk or fax to 28660616 to our secretariat. We are planning to conduct a writing workshop to facilitate the process of organizing health information in the website.

Thank you!

Dr. Mark Chan
Chairman, Web and Computer Committee

I am interested in joining the Task Force for Health Information in the Web.

Dr. _____

Email _____ Tel. _____

GO GO GO! Explore Hong Kong

假日有什麼活動?
其實香港有很多好去處!



西貢東壩、地質公園、香港之心

經過東壩後，由小路前往香港之心
途中穿過叢林，需要手套和手杖
要在晴天的日子和合適的時間才能看到心型陰影



大棠紅葉 (每年12月至1月)

經由大棠山道前往
步行個多小時，沿途有不少紅葉



更樓石



東平洲

由馬料水坐船到東平洲
船程大約一個半小時
島上有很多幾千萬年歷史的岩石



Dr Kwong Lok See, Joyce
Trainee in Family Medicine, KEC

H7N9

As of mid-December 2013, there have been two confirmed cases of avian influenza A(H7N9) in Hong Kong. The first case was a thirty six year old Indonesian domestic helper who presented with severe chest infection. She previously visited a wet market in Shenzhen where she bought and then slaughtered live chicken. The other case was an eighty year old man who also lived in Shenzhen. He presented with fever, and subsequently his nasopharyngeal swab was tested positive for H7N9.

Avian influenza A (H7N9) virus infection in humans was first reported in China in March 2013. Most of these infections are believed to be due to exposure to poultry infected with H7N9 or contaminated environment such as bird droppings. Most human H7N9 cases suffered from severe respiratory illness, some of which can lead to death. There is however far scanty evidence of sustained person-to-person spread of H7N9.

The Serious Response Level under the Government's Preparedness Plan for Influenza Pandemic has been activated. Meanwhile, healthcare workers are obliged to report any individuals fulfilling both the Clinical Criteria AND Epidemiological Criteria to the CHP for further investigation:

Clinical Criteria: Patient with influenza-like-illness (fever >38 degrees with cough or sore throat); OR person with severe pneumonia; OR person died of unexplained acute respiratory illness.

Epidemiological Criteria: One or more of the following exposures in the 10 days prior to symptom onset: contact with a human case of influenza A (H7N9); OR contact with poultry or wild birds or their remains or environment contaminated by their faeces in countries/areas with documented avian influenza A (H7N9) infection in birds and/or humans in the recent 6 months; OR consumption of raw or undercooked poultry products in countries/areas with documented avian influenza A(H7N9) infection in poultry and/or humans in the recent 6 months, OR close contact with a confirmed influenza A(H7N9) infected animal other than poultry or wild birds; OR worked in a laboratory that is processing samples from persons or animals that are suspected to have avian influenza infection; OR worked in the live poultry industry.

Advice to the general public for prevention of avian flu from the CHP include the following:

- * Poultry and eggs should be thoroughly cooked before eating;
- * Wash hands frequently with soap, especially before touching the mouth, nose or eyes, handling food or eating; after going to the toilet or touching public installations or equipment such as escalator handrails, elevator control panels or door knobs; or when hands are dirtied by respiratory secretions after coughing or sneezing;
- * Cover the nose and mouth while sneezing or coughing, and hold the spit with a tissue and put it into a covered dustbin;
- * Avoid crowded places and contact with fever patients; and
- * Wear a mask when respiratory symptoms develop or when taking care of fever patients.

Travel Advice from the CHP include:

- Travellers should avoid touching birds, poultry or their droppings and visiting poultry markets or farms when travelling outside Hong Kong;
- Travellers if feeling unwell, especially if having a fever or cough, should wear a mask and inform the hotel staff or tour leader and seek medical advice immediately;
- Travellers returning from affected areas with avian influenza outbreaks should consult doctors promptly if they have flu-like symptoms, and inform the doctor of the travel history and wear a mask to prevent spread of the disease.

While seasonal influenza vaccine cannot prevent avian influenza, it can help reduce the chance of complications and hospitalization from seasonal influenza. As such its use is encouraged for the indicated population but the public should be cautioned that it is not a substitute for hygiene measures nor does it confer additional protection against H7N9.

Prescription of antiviral drugs (e.g. Tamiflu) will depend on the circumstances and health needs of the patient. Healthcare workers should take into account the presence of any contraindications and balance the benefits against the possible adverse side effects. Indiscriminate use of antiviral drugs may give rise to drug resistance and should be discouraged.

References:

http://www.chp.gov.hk/en/view_content/24244.html

<http://www.cdc.gov/flu/avianflu/h7n9-virus.htm>

Compiled by Dr. Cheng Kwan Chui

Interest Group in Mental Health & Psychiatry in Primary Care - The 39th Meeting on 7 Dec 2013

Dr. Mark S. H. Chan (Co-ordinator) – Board of Education

Theme : Community Mental Health Service - A Cross Territory Service
Speaker : Ms. Christine Cheuk
Social Work Supervisor
Moderator : Dr. Mark S. H. Chan
Coordinator, Board of Education

Ms. Christine Cheuk is the social work supervisor of the Caritas Mental Health Services of the North and Tsuen Wan district. Ms. Cheuk is an experienced social worker, involved in community mental health since 2005. Her service recipients include mental health patients living in community, and the services consist of discharge and follow up of mental health patients from institutions.

Learning points

Ms. Cheuk is the supervisor of the Caritas Wellness Programme which is one of the major NGO (non government organisation) rehabilitation services in Hong Kong. The services place emphasis on remedial care with access to mental health specialists. The patients are mainly referred from general practitioners.

Rationale of this Community Care are that patients could:

1. be served in the least restrictive environment; 2. be more effectively treated in a familiar environment than in the hospital; 3. have stigma being minimized; and 4. receive community care which minimizes negative symptoms and become independent. The particular strengths of primary care are low-stigma and accessible setting, holistic approach, services being informational and interpersonal, and the presence of continuity of care serving individual patients in the context of their past history, their social networks, and the wider community.

Local data on persons discharged from psychiatric hospitals to Long Stay Care Homes showed significantly improved social and community skills, and the patients remained behaviorally and symptomatically stable.

What is Mental Health?

Mental health is not just the absence of mental disorder. It is defined as a state of well-being in which every individual realizes his or her own potential, possesses the ability to cope with normal stresses of life, and work productively and fruitfully. In such context, the patient is able to make a contribution to her or his community.

Mental Health Recovery

The U.S. Department of Health and Human Service in 2004 described a journey of healing and transformation to enable a person with a mental health problem to live a meaningful life in a community of his or her choice striving to achieve his or her full potential.

What does Recovery mean?

Recovery of a person from mental illness means one has taken control of making the major decisions in his / her life; has come to an understanding and acceptance of his/her mental illness; has taken a forward thinking approach to life; is taking proactive steps in promoting his/her own wellness; and has hope as well as being able to enjoy life

The Caritas services promote 1. Social inclusion; 2. Tackling stigma and discrimination; 3. Prevention and early intervention. It also supports families and carers with a skilled compassionate workforce.

Challenges

Up to 200,000 people are estimated as having severe mental illness. Some 4.1% of Hong Kong adults had comorbidity of depressive mood and substance use, but only 41 % sought help. The growing need in the aging population and young people are not included in the current work planning. Practical challenges include 1. Shortage

of manpower; 2. Public perception of incidents; 3. Overworked staff; 4. the lack of premises; 5. Stigmatization and labeling.

Stigmatization is still common:

- 9/10 people with mental illness reported negative impact of stigma and discrimination;
- 1/8 do not want to live next door to someone with mental illness;
- 6/10 describe a person with mental illness as "someone" to be locked up in a mental hospital;
- 1/3 believe that people with mental illness should not have the same rights to a job as others.

Caritas Wellness Link (全港18區現有24間精神健康綜合社區中心)

Service commenced in October 2010 with over 100 cases /case managers.

Integrated Community Centre for Mental Wellness (ICCMW)

aims to enhance the social support and re-integration of the mentally ill persons into the community. It operates in an integrated service mode that provides one-stop, district-based and accessible community support and social rehabilitation services, ranging from early prevention to risk management for discharged mental patients, persons with suspected mental health problems, their families / carers and residents living in the serving district through a single-entry point.

Staffing includes Social Workers, Psychiatric Nurses, Occupational Therapists, Programme Workers, and Peer Support Workers

Scope of Services includes Drop-in Services, Outreaching Services, Casework Counseling, Therapeutic and Supportive Group Work Services, Networking Services, including social and recreational activities, Day Training; Outreaching Occupational Therapy Training Services; Public Education Programmes on mental health and Referral to the Community Psychiatric Service of the Hospital Authority for clinical assessment or psychiatric treatment.

The Target Groups are 1. Discharged patients aged 15 or above with mental illness; 2. Persons with suspected mental health problems aged 15 or above; 3. Family members / carers; 4. Residents with interest in understanding and improving their mental health.

Referring Procedures

Referrals can be made to ICCMW through - self-application, or doctors, social workers, allied health workers or government departments.

Next meeting

In 2014, we will have several first Saturdays happened to be Public Holidays. We are seeing the possibility of organizing conjoint meetings with other interest groups, eg Interest Group in Counselling. The next meeting for the interest group will be announced later.



Dr. Mark S. H. Chan and Ms. Christine Cheuk

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hospital for the clinical attachment.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2014

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	Dr. Tam Chung Yin, Janet and Dr. Chan Chi Wai
Co-ordinator	:	Dr. Lai Sheung Siu
Objectives	:	<ol style="list-style-type: none"> 1. To improve clinical knowledge, problem solving and consultation skills through different workshops 2. To improve physical examination technique and clinic procedural skills through hands-on experience 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups 4. To improve time management through simulated examination
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	7 months' course starting from April 2014
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> 1. Seminars 2. Workshops 3. Self-help Group Support 4. Mock Exam <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course) HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd" All Fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Yvonne Lam, at 2861 0220 for details. Successful applications will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	Post-AEC training course will be organized for category 2 candidates who have enrolled in AEC.

Assessment Enhancement Course 2014 Timetable for Workshop

Date	Topics	Venue
12 Apr 2014 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
24 May 2014 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
21 Jun 2014 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
26 Jul 2014 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
23 Aug 2013 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
11 Oct 2014 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

CPR Training and Examination Workshop 2014

Only 2 CPR Training and Examination Workshops will be held in 2014 (22, 23 February and 22, 23 March).

As no one is guaranteed to pass in the first attempt, members who plan to sit for the 2014 Conjoint Examination and do not possess a valid HKCFP CPR Certificate are strongly advised to register in our CPR session. Members are reminded that a valid HKCFP CPR Certificate is a pre-requisite for enrolment of the Conjoint Examination. Members who plan to sit for the 2014 Conjoint Examination are also reminded to check the validity of their HKCFP CPR Certificate to make sure that it is valid at the time of application and also at the time Clinical Examination. HKCFP CPR certificates are valid for 2 years.

1st Announcement: January College News

22 – 23 February 2014 Saturday and Sunday

CPR Training and Examination Workshop

Time	2:00 p.m. - 6:00 p.m.
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Talks	<ol style="list-style-type: none"> 1. CPR Basic Life Support-Principles and Techniques 2. Pitfalls in CPR and Demonstration on Automated Defibrillator 3. Medico-legal Aspect of CPR 4. Updates in Guidelines
Training	Hands-on training, supervised by HKCFP CPR Instructors

Accreditation	3 CME points HKCFP (Cat. 4.4) 3 CPD points HKCFP (Cat. 3.11) for passing CPR Examination
Co-organizer	The Hong Kong College of Cardiology
Capacity	50 doctors

Admission Fee:

Members (Attend Training and Examination Workshop)	HK\$600.00
Non-members (Attend Training and Examination Workshop)	HK\$1,200.00
Members with expired CPR certificate (HKCFP) (Attend Training and Examination Workshop)	HK\$200.00
Members with valid AHA Certificates (Require to sit for Examination Only)	HK\$200.00
Non-members with expired CPR certificate (HKCFP) (Attend Training Workshop and Examination)	HK\$400.00

All cheques payable to "HKCFP Education Ltd".

All fees received are non-refundable and non-transferable.

Each successful candidate will be awarded a CPR Certificate valid for 2 years, also accredited by RCHK. Please contact Ms. Windy Lau at 2528 6618 for registration on/ before **19 February 2014**.

LATE APPLICATIONS WILL NOT BE ENTERTAINED.

Conjoint examination application deadline: 15 April 2014

* REMARKS: **you are not suggested to take the CPR training workshop and examination during your pregnancy.**

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

February's session:

Date	28 February 2014 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Osteoporosis: Where Are We Now! What Shall We Go Next! – Dr. Lee Ka Wing
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
15 February 2014 2:15 – 4:15 p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Cardiac Cases Sharing Dr. John Wong OLMH, ACON (M&G)	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

Structured Education Programmes

Free to members
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
5 February 14 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Public Private Interface and Voluntary Health Insurance Scheme Dr. So Mei Kuen	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Meeting Room 2, 1/F, Block F, United Christian Hospital	Anxiety Disorders Dr. Alvina Lo and Dr. Yuen Ching Yi	Ms. Cordy Wong Tel: 3513 3087
6 February 14 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Anxiety Disorder Dr. Chan Fu Leung and Dr. Tsui Wing Hang	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Smoking Cessation Dr. Leung Hoi Lik	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Privacy and Confidentiality Dr. Lee Ho Ming	Ms. Kwong Tel: 2595 6941
12 February 14 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Legal and Ethical Issue for Cosmetic Medicine Dr. Felix Tsui	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Meeting Room 2, 1/F, Block F, United Christian Hospital	Smoking Cessation Dr. Lam Wing Sze and Dr. Lee Wing , Dickinson	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Handling Management Crisis Dr. CC Luk	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Smoking Cassation Dr. Lee Sum and Dr. Lo Man Yan	Ms. Crystal Law Tel: 2632 3480
13 February 14 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Smoking Cessation Dr. So Tsang Yim and Dr. Mok Ka Yee	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Management of Patients with Parkinson's Disease Dr. Yip Chun Kong and Dr. Sze Siu Lam	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Common Office Procedure Dr. Wong Hang Fai	Ms. Kwong Tel: 2595 6941
19 February 14 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Antibiotics Resistance : Understanding its Etiology, Impact & Management Dr. Chan Ka Ho	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Meeting Room 2, 1/F, Block F, United Christian Hospital	Premarital Counselling Dr. Ching Hin Nga, Rosemary and Dr. Ying Gard Ching, Derek	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Care of Patients with Osteoporosis Dr. Leon Lai	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Blurred Vision Dr. Li Chi Lai	Ms. Crystal Law Tel: 2632 3480
20 February 14 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Premarital Counselling Dr. Wong Hong Kiu, Quennie and Dr. Cheung Yan Kit	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Women's Health: Management of Menstrual Problems Dr. Cheuk Tat Sang and Dr. Tang Kin Sze	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Management of Movement Disorders Dr. Lee Ho Ming	Ms. Kwong Tel: 2595 6941
26 February 14 (Wed)			
2:15 – 4:45 p.m. 3 CME points	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Applying FM Principles in Paediatric Care, Illustrate in Management of Common Infectious Disases in Paediatrics Dr. Tong Ka Hung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m. 3 CME points	Meeting Room 2, 1/F, Block F, United Christian Hospital	Medical Resources on the Internet Dr. Zhu Guixia and Dr. Tsui Hiu Fa	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m. 2 CME points	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Fever – Adults, Children Dr. TT Kam	Ms. Man Chan Tel: 2589 2337
5:00 – 7:30 p.m. 3 CME points	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Medical Ethics (Justics, Beneficence, Autonomy, Non-maleficency) Dr. Yau King Sun	Ms. Crystal Law Tel: 2632 3480
27 February 14 (Thur)			
2:15 – 5:15 p.m. 3 CME points	Auditorium, G/F, Tseung Kwan O Hospital	Medical Resources on the Internet Dr. Kwok Yee Ming, Elaine and Dr. Cheuk Hiu Ying , Angie	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Community Resources for Patients of the Minority Groups Dr. Lee Hoi Ying and Dr. Chan Ching	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Congitive Behavioural Therapy Dr. Cheung Wen Ling	Ms. Kwong Tel: 2595 6941

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References
1. Ignaut DA, Schwartz SL, Sarwal S and Murphy HL. Diabetes Educ 2009;35:789-798
2. Ignaut DA, Opincal M and Lenox S. J Diabetes Sci Technol 2008;2:533-537.

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COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Jan	13	14	15 2:15 – 7:15 p.m. Structured Education Programme	16 2:15 – 6:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	17 7:00 p.m. HKPCC Meeting	18
19	20	21	22 2:15 – 7:30 p.m. Structured Education Programme	23 2:15 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	24	25
26	27	28	29 2:15 – 7:30 p.m. Structured Education Programme	30 2:15 – 7:00 p.m. Structured Education Programme	31	1 Feb
2	3	4	5 2:15 – 5:15 p.m. Structured Education Programme	6 2:15 – 6:00 p.m. Structured Education Programme	7	8
9	10	11	12 2:15 – 7:30 p.m. Structured Education Programme	13 2:15 – 7:00 p.m. Structured Education Programme	14	15 2:30 – 5:00 p.m. DFM Module III – Critical Appraisal
16	17	18	19 2:15 – 7:30 p.m. Structured Education Programme	20 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Council Meeting	21	22 2:00 – 6:00 p.m. CPR Workshop
23 2:00 – 6:00 p.m. CPR Examination	24	25	26 2:15 – 7:30 p.m. Structured Education Programme	27 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	28 2:30 – 3:30 p.m. Board of Education – Video Session	1 Mar

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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Contact and Advertisement Enquiry

Ms. Carmen Cheng
Tel: 2528 6618 Fax: 2866 0616
E-mail: carmen@hkcfp.org.hk
The Hong Kong College of Family Physicians
Room 803-4, 8th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong