

Message from the President

World Family Doctor Day – May 19

The first *World Family Doctor Day* was declared and celebrated on 19 May 2010. It has been taken up with enthusiasm around the world, offering us an opportunity to celebrate what we do. This initiative provides recognition to family doctors, as well as highlights important issues and the work we perform in supporting health care for all people in our local communities, our nations and around the world.



On 16 May 2014 (Friday) afternoon at the Event Hall of Citywalk 2, Tsuen Wan, our College co-organized the event «我的家庭醫生» 啟播禮 with the Primary Care Office (PCO) of the Department of Health and the Radio Television Hong Kong (RTHK). The 5-episode TV Drama series aim to promote family medicine with broadcasting on TV from 24 May 2014 onwards for five consecutive Saturdays at 7:30-8:00pm. The Public Education Committee also participated in the event with a patient on stage together to illustrate the importance and value of the continuous and person-centred care by a family doctor. I am deeply grateful to the Food & Health Bureau, PCO, RTHK and our Public Education Committee team including Dr. Allan Ngan, Dr. Mark Chan, Dr. Amy Chan, Dr. Loretta Chan, Dr. Lambert Chan, Dr. Cheung Kwok Leung, Dr. Zabo Chung, Dr. Ken Ho, Dr. Timothy Hong, Dr. Lam Wing Wo, and Dr. Dana Lo for making this possible.



Our Public Education team has received the compliments from RTHK:

「我的家庭醫生」攝製幾近完成。製作期間，承蒙 香港家庭醫學學院鼎力相助，不勝感激。

是次製作，我感受尤深的，是 貴會多位家庭醫生為我們細心提供醫學資料和生活體驗，因為大家不約而同抱有一個目標，就是希望觀眾在欣賞我們聯手製作的劇集時，或多或少吸收到一些醫療知識，甚或有意無意間檢視自己的生活態度。……在百忙中對編劇和導演的有求必應，應必精彩的環節、……好幾個「度劇本」至深宵的晚上，是我創作生涯不常見，難以忘記的片段。

願你們的誠摯和專業繼續為病友提供身心的關顧。

在這裡容許再說一聲 多謝。

陳耀雄
香港電台電視部高級監製

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links

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“Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th June 2014 to 14th July 2014, Dr. Au Chi Lap and Dr. Mary Kwong will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Au Chi Lap



Dr. Mary Kwong

Board of Diploma in Family Medicine (DFM) News

The Board of DFM is pleased to announce that the following candidates have successfully passed the 11th Diploma Course in Family Medicine 2013-2014.

Dr. Amaral, Vanessa	Dr. Cheang Ka Hong	Dr. Ho Chung Yu	Dr. Lee Pui Man	Dr. Tong Tong Ieng
Dr. Ao Wai Lok	Dr. Cheang Teng	Dr. Ieong Man Kin	Dr. Lo Chi Kin	Dr. Vong Kit Hing
Dr. Chan Kit Fai	Dr. Cheong Pui Heng	Dr. Ieong Sio Lei	Dr. Lok Io Fai	Dr. Wong Ming Shun
Dr. Chan Lai Meng	Dr. Cheong Si Leong	Dr. Lam Cheok Kei	Dr. Long Sio Ian	Dr. Wong Ngan Wa
Dr. Chau Ka Vai	Dr. Fong Chun Wa	Dr. Lam Meng Hou	Dr. Lou Pui I	Dr. Yik Chun Kit
Dr. Cheang Chi Ian	Dr. Fung Chi Pun, Wilson	Dr. Lee Ching Ying, Angela	Dr. Tan Jianqiao	

Congratulations to all the successful candidates.

Distinction

The Board of DFM is pleased to announce that Dr. Chau Ka Vai with the highest overall score, has achieved Distinction in the examination.

Dr. Au Chi Lap
Chairman
Board of DFM

Board of Vocational Training and Standards News

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to apply for the Certificate of Completion of Basic Training within 3 months upon completion of the four-year basic vocational training. Please submit your application and training logbook to the college office during office hours. Those who fail to do so will continue to be charged the an annual training fee.

Should you have any enquiries, please contact the College Secretariat at 2528 6618.

Basic Training Subcommittee
Board of Vocational Training and Standards

Membership Committee News

The Membership Committee approved, on recommendation of the Chairman of the Membership Committee, the following applications for membership in **April - May 2014** :

Associate Membership

Dr Chen Liujing	陳柳靜
Dr Choi Lap Him	蔡立謙
Dr Kong Siu Ming	江少明
Dr Mak Kwan Wo	麥君和

Affiliate Membership

Ms Lai Yau Ping	黎幼萍
Ms Tong Pui Wai	唐佩蕙

Non-HKSAR Membership

Dr. Yam Wai Cheong	任偉祥
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Public Education Committee News

Special Celebration of the World Family Doctor Day on May 2014

Dr. Ngan Po Lun
Chairman, Public Education Committee

A few years ago, some of our College members discussed various means for the public to understand our crucial role to their health. The group believed that one of the best ways was to show the daily consultations with our patients and their families as TV drama. Through some true stories in the TV, the true face of family physicians could be made known to the public. That was a dream to the group at that time.

The dream finally came true on this May 2014!

The TV series of "My Family Doctor" (我的家庭醫生), produced by the Radio Television Hong Kong (RTHK), in collaboration with the Primary Care Office (PCO) of the Department of Health, had been launched since 24 May 2014. The programme was broadcasted in TVB Jade from 24 May in five consecutive Saturdays (7:30-8:00 p.m.). Through the vivid actions of the two well-known artists, Ms. So Yuk-wah (蘇玉華小姐) and Mr. Wong Hei (王喜先生), the audience could watch the lively demonstration of professional family physicians serving in a community clinic.

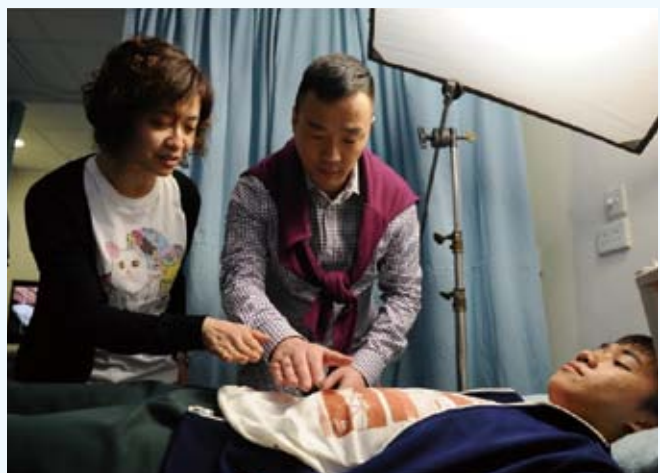
On 16 May 2014 (Friday), the PCO and RTHK co-organized a public event 'Launching Ceremony of the Primary Care Television Series', in the Event Hall, UG/F, Citywalk 2, Tsuen Wan. The event also celebrated the 'World Family Doctor Day', which is on 19 May each year to recognize and celebrate the unique role of family doctors in health care. The President of HKCFP, Dr. Ruby Lee, was invited as one of the officiating guests of the event, and members of the College also joined.

To make the TV series possible, members of the Public Education Committee represented the College to assist the production team to make up the real life stories, and to help the actors and actresses make up the true face of family doctors. Many thanks to Dr. Chan Suen-ho, Mark, Dr. Chan Wing-yan, Loretta, Dr. Chan Kit-ling, Amy, Dr. Ho Ka-ming, Ken, and Dr. Lo Sze-mon, Dana, for their contribution in producing the TV series.

Please take a good look at the photos of this special event for promoting the TV series and celebrating the World Family Doctor Day!



Dr. Amy Chan (2nd from the right) sharing ideas with the RTHK production team.



Dr. Loretta Chan (left) teaching Mr. Wong Hei (middle) to examine patient's abdomen.



Dr. Mark Chan (left), Dr. Dana Lo (middle) teaching Ms. So Yuk Wah (right) on the use of the ophthalmoscope to examine patient's eye.



(From left to right) Dr. Ngan Po Lun, Dr. Dana Lo, Dr. Ruby Lee, Dr. Mark Chan, Dr. Wendy Tsui at the event 'Launching Ceremony of the Primary Care Television Series'.



Dr. Ho Ka Ming (left) showing the apparatus to Ms. So Yuk Wah (right).



Dr. Ruby Lee delivered a speech at the ceremony.



VIPs were seated at the ceremony.



(From left to right) Mr. Wong Hei, Dr. Loretta Chan, Ms. Liu Sui Kuen, Ms. So Yuk Wah at the Doctor-patient Forum to share the experience of being family doctors and patients.



Group photo of the RTHK drama series production team and HKCFP members.

Our fourth Chinese Book, 《家庭醫生一百篇》 is born!

《家庭醫生一百篇》is the assemble and selection of the articles in the weekly column of Hong Kong Economic Journal (信報) in the past few years, contributed by 22 members of the College. It is a very good tool for public education, letting the public recognize the importance of family physicians for their personal health, and understand the key role of family physicians in the health care system.

The book also serves as a good platform for all the members to share our stories with one another, and experience our whole-heartedness to serve our patients and the community all together!

名家推薦：

書中不少文章闡述家庭醫生在協助個人保持身心健康所擔當的角色，涉及的課題包括預防和及早識別疾病、情緒管理、維繫婚姻、家庭和 interpersonal 關係等。這些文章清楚解釋基層醫療的重要性，當中不少故事似曾相識，令人細味。

高永文醫生

我很欣喜看見香港家庭醫學學院編纂家庭醫學手冊第四輯《家庭醫生一百篇》，多位前線醫生熱心就各種家庭醫學問題撰寫文章，惠澤大眾。書中內容豐富，淺顯易懂，讓人倍感親切，對讀者改善自身和家人健康大有裨益，不容錯過。

梁卓偉教授

這書裏面有很多家庭醫生的個人分享、有病人個案分析，還有其他有用的資訊。每篇文章短短的，當中記載的東西卻是寶貴而無價的；而且用字淺白、言簡意賅。本人誠意向大家推薦這本小讀物。

李國棟醫生

本書透過輕鬆故事和醫生平日所見所聞，深入淺出講述保健知識和如何維持身心健康，並道出預防疾病的良法；它亦讓大家明白家庭醫生在醫療體系中的重要角色。我翻閱初稿，當中提及醫生診症時向病人查詢病情，並關心情緒，建立互信關係的情節，體現了「醫生不單要醫病，更要醫人」的信念，甚有共鳴，特誠意推介。

沈祖堯教授

The special offer of the book for our members is HK\$86 (20% discount of the original price)! Please fill in the order form below and get the new book as soon as possible!

Kindly contact our secretariat Ms. Priscilla Li or Rosina Chan at 2528 6618 for the book delivery, and please note that the postal charge by mail delivery is HK\$20 per book.

ORDER FORM

To: HKCFP

Room 803-4, 8/F,
HKAM Jockey Club Building,
99 Wong Chuk Hang Road,
Aberdeen, Hong Kong
(Fax No. 2866 0241)

I am a(an) *Affiliate / Student / Associate / Full / Fellow member of the Hong Kong College of Family Physicians.

I would like to purchase _____ copy / copies of 家庭醫學手冊之四 – 家庭醫生一百篇.

Enclosed please find cheque payment of HK\$ _____ **.

** Note - HK\$86/book; Hong Kong local postage : HK\$20/book

*** All cheques are payable to "HKCFP Education Ltd".***



Name : _____ Tel No. : _____

Postal Address : _____

Email Address : _____ Date : _____

* Please circle your category of membership.

Diploma in Family Medicine (HKCFP) Final Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2014.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners.
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine.
- iii) To improve standards and quality in the practice of Family Medicine.

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine.
- ii) Knowledge and skills in consultation, counselling and problem solving.
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice.
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community.

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. To learn the concepts of Family Medicine 2. To understand the role and scope of a Family Doctor
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. To enhance consultation, communication and problem solving skills 2. To gain knowledge in common and chronic diseases in Family Medicine
Contents:	Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc.

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. To strengthen knowledge in Family Medicine 2. To understand the potential growth of Family Medicine 3. To develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	To acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology
Contents:	<u>THREE</u> Update seminars and <u>ONE</u> clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

Module V - Practical Family Medicine (Practical Workshops)

Aims:	To enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	<u>4 compulsory and 2 elective</u> Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons.

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

July to September 2014	Module I
November 2014 to January 2015	Module II
July 2014 to May 2015	Module III, IV & V
May 2015	Final Examination

5. Admission Requirements:

Medical Practitioner with a Bachelor's degree in Medicine

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:
HK\$30,000 for members of HKCFP
HK\$60,000 for non-members

(A discount of HK\$5,000 for early birds who apply on/before May 16, 2014)

Individual Module:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$4,000	\$8,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$4,000	\$8,000
Module III (Structured Lectures & Seminars)	\$3,000	\$6,000
Module IV (Updates & Clinical Attachment)	\$3,200	\$6,400
Module V (Practical Workshops)	\$5,000	\$10,000
Examination	\$9,000	\$18,000
Administration Fee	\$4,000	\$8,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a **Quotable Qualification** of The Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates upon satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Application is now open

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable;
- A Course Fee of HK\$30,000 (or HK\$60,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2013 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Mr. John Lee at 2528 6618 for any queries.

11. Application Deadline: June 20, 2014

Comments From Former DFM Graduates

- "The content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge. Module I, II & III could improve my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills."

Dr. Au Chi Lap
Chairman
The Board of DFM

*Course syllabus and schedule may be subject to change without prior notification

#Cantonese and English will be used as the language for teaching and examination.



CPR Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Enhancing the practice of primary care physicians as our goal
to serve the medical profession and the Society

A Quotable Qualification by
The Hong Kong Medical Council

Postgraduate Diploma in Diagnosis and Therapeutics in Internal Medicine

(PDipIntMed&Therapeutics)

醫學內科診斷及治療深造文憑



Calling for Enrolment in September 2014

PROGRAM FEES

Composition fee for the 2-year program
is HK\$23,000 (subject to approval)

ADMISSION REQUIREMENTS

Holder of a primary medical degree
with post registration experience of
no less than 12 months

DEADLINE OF APPLICATION

31 August 2014

To submit an application:

On-line: <http://www.medic.hku.hk/postdip.htm>

VENUE

William MW Mong Block
Faculty of Medicine Building
21 Sassoon Road
Pok Fu Lam, Hong Kong

ORGANIZER

Department of Medicine
The University of Hong Kong
Queen Mary Hospital, Hong Kong



LI KA SHING FACULTY OF MEDICINE
THE UNIVERSITY OF HONG KONG

香港大學李嘉誠醫學院

HKCFP Trainees Research Fund 2014 / HKCFP Research Seed Fund 2014

The Research Committee of HKCFP is proud to continue to again offer the two established research funds, The Trainees Research Fund and the Research Seed Fund in 2014.

The Trainees Research Fund will be opened to all registered HKCFP trainees and consists of multiple awards (each up to HK\$10,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects for their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members and a maximum of \$10,000 award will be made available to the successful applicant to assist the carrying out of a research project.

Assessment Criteria for both funds:

1. Academic rigor of the proposal (e.g. originality, methodology, organisation and presentation); and
2. Relevance and impact to Family Medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline).

Preference will be given to the applicants applying for a project on one of the following themes this year:

1. Professionalism/ Doctor-patient interventions and clinical decision making;
2. Effectiveness of HKCFP vocational training;
3. Perception of FM by the general public and patient care-seeking behaviours;
4. New care models in primary care e.g. Patient empowerment in chronic disease management;
5. Clinical presentations and clinical epidemiology; or
6. Health equity in primary care.

Please note you can still apply if the theme of your submitted research project is not one of the above mentioned. Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:


Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: johnlee@hkcfp.org.hk

Please indicate the research funding title e.g. "HKCFP Trainees Research Fund 2014/ HKCFP Research Seed Fund 2014" on your research project upon submission.

Submission Deadline: 30th June 2014

The English Acupuncture Courses in H.K.

 3762 4216  tcm enquiry@hkuspace.hku.hk

1. Diploma in Clinical Acupuncture

[Course Code: CM 48-105-00 (41)]

Acupuncture is proven to be effective in the treatment of diseases. The World Health Organisation (WHO) recommends a number of conditions that can be treated by Acupuncture. This course provides Western-trained medical practitioners and professionals who are interested in acupuncture with an opportunity to receive acupuncture training.

This programme consists of two parts. Each part consists of one module. Students who complete one module of Part 1 can choose to exit the programme. Completion of one module will lead to a Certificate in Acupuncture. Upon successful completion of Part 1 and Part 2, students will be awarded a Diploma in Clinical Acupuncture.

Entry Requirements : 1. Western medical practitioners, Physiotherapists, Nurses, Osteopaths, Chiropractors or medical related professionals; or
2. Holders of Bachelor's degree or equivalent

Commencement Date : 9 October 2014 (Mondays and Thursdays, 8 - 10 p.m.)

Duration : 8 months

Course Fee : HK\$19,800 (inclusive of fees for clinical observation in HK)
(Course fee to be settled upon acceptance of admission)

Application Fee : HK\$150 (non-refundable)

Medium of Instruction : English

2. Introduction to Acupuncture of Chinese Medicine

[Course Code: CM 48-068-01-01 (41)]

This course provides the philosophical background of Chinese medicine and illustrates how acupuncture helps manage our health.

Commencement Date : 26 August 2014 (Tuesdays, 7 - 9 p.m.)

Duration : 10 hours (5 meetings)

Course Fee : HK\$1,130

Medium of Instruction : English

3. Advanced Diploma in Tui-Na 推拿學高等文憑

[Course Code: CM 38-130-00 (41)]

Commencement starts on 15 September 2014 (Mondays, Thursdays or Saturdays / 7-10 p.m.)

4. Advanced Diploma in Acupuncture 針灸學高等文憑

[Course Code: CM 48-113-00 (41)]

Commencement starts on 15 September 2014 (Mondays, Thursdays or Saturdays / 7-10 p.m.)

5. Acupuncture for Rejuvenation and Anti-early Ageing

[Course Code: CM 48-068-22-01 (41)]

針灸養顏抗早衰

Commencement starts on 1 August 2014 (Tuesdays & Fridays / 7-9 p.m.)

The Patient Resource Corner of Tin Shui Wai [TSW] Health Centre

Fu YW, Ho WH, Alice Cheung, Chan KN, Chan ML, Liang J

Department of Family Medicine and Primary Health Care, New Territories West Cluster, Hospital Authority.

According to the 2011 Hong Kong Population Census conducted by the Census and Statistics Department, the population in TSW New Town has already grown to 287,900 since its development. The Planning Department has projected that the population of TSW will further increase to about 292,100 by 2019. The increasing demand for healthcare services from the community adds pressure to the healthcare services at the NTWC. With reference to the Food and Health Bureau's budget letter for 2012/13, it was recommended to set up Primary Care Resource Hubs alongside GOPC with the aim to provide a comprehensive patient-oriented service and supportive health information for the community residents and the clinic patients.

Existing public primary health care service in TSW

- 1) *Tin Shui Wai (Tin Yip Road) Community Health Centre*
It is a one-stop centre where people receive comprehensive primary care services by multi-disciplinary primary care professionals in the community. It includes nurses, physiotherapists, occupational therapists, dietitians and optometrists. The centre has over 300 patient attendances per week.
- 2) *Tin Shui Wai Health Centre (Tin Shui Road)*
Providing community-based primary care services, it offers doctor consultation, nursing services as well as chronic disease risk assessment & management. The centre has around 700 patient attendances per week.

Patient Resource Corner (PRC)

It was established in June 2013 and is managed by the Department of Family Medicine and Primary Health Care, New Territories West Cluster.

Objective

Provide a comprehensive patient-oriented service and supportive health information, co-ordinate with local neighborhood organization to support target patients in the local community.

Scope of Service

A) Self-physical check Station

- Automatic blood pressure monitors
- Infra-red BMI measuring machine



A snapshot of the Patient Resource corner

B) Health Education and Promotion

Offer comprehensive health information to patients and the public.

Health educational information of diseases & health care services:

- Chronic disease
- Psychosocial health
- Communicable disease
- Cancer
- Services offered by the Hospital Authority
- Government and NGO medical service
- Patient self-help group
- Other social centres service

Information sources

- Central Health Education unit
- Primary Care Office
- Family Health Service
- Dental Service
- Elderly Health Service
- Port Health Service
- TMH Community Services Centre
- Senior Citizen Home Safety Association
- The Hong Kong Society for Rehabilitation
- Hong Kong Red Cross Service Depot of TMH
- Social Welfare Department
- Integrated Family Service Centre
- Health InfoWorld of HA

Different kinds of facilities in the corner allow easy access of information:

- a) Health education pamphlet and books display holder



- b) Poster Display: Wall-mounted or movable

- Disseminate most updated information of various kinds of health seminars or exhibitions for health promotion



- c) Health Information Kiosk
Touch-screen panels for patients to access the HA-Smart Patient Website for health information.



- d) Pamphlet Checklist
- Pamphlet checklist with various disease pamphlets is available at the patient resource corner, where the nursing staff could use for patient education if clinically needed

C) Health Service Enquiry

- Assist patient and public in learning how to access useful health information with various tools
- Link to community organization network; assist people to get access to other medical treatment agents or social service in the TSW area
- Strengthen patient's disease awareness by provision of health education on chronic diseases, including hypertension, diabetic, obesity and hyperlipidemia etc

- a) Referral to other Allied Health services for clinic patients
- Smoking Cessation and Counseling Centre for quitting smoking
 - Dietitian for therapeutic dietary consultation & advice
 - Physiotherapy for chronic disease management, fall prevention & degenerative problems
 - Occupational Therapy for healthy lifestyle & stress management
 - Chronic Disease [DM / HT] Patient Empowerment Programme

- b) Offering communication channel
- A channel for patients to improve the communication with GOPC / HA service through by answering enquiries & providing suggestions
 - Understanding the expectation of inhabitant towards our existing health care system

Team structure and staffing

A) Role of Nursing Staff

APN:

- Responsible for the establishment of physical environment & operation
- Supervise and manage daily operation of PRC
- Organize and facilitate training for team members
- Monitoring & reviewing of the service outcomes

RN:

- Being a service coordinator to organize the health information provision & health promotion to fulfill the needs of both patients and the public

- Being a health ambassador to alleviate the anxiety of the patient due to knowledge deficit and misconceptions about chronic diseases
- Being a health advisor to address health concern of patients and the public and advice for appropriate services; when people go through the self-physical check, their physical issues would be evaluated and appropriate advices would be given accordingly

B) Role of Supporting Staffs

- Keeping the corner in good order
- Assist & educate people in performing self-physical check
- Responsible for the cleanliness and tidiness of the environment and refill the information materials
- File and categorize the information materials
- Regularly update & order pamphlets, booklet or posters from different kinds of organization
- Assist the review and update of health talk and seminar



In Summary

The existing public health services in Tin Shui Wai are highly utilized by the district population. Both Tin Shui Wai health centres play an important role of medical service provision for the residents.

On top of providing quality chronic disease management to the patients, community health care promotion and education is a very important issue for the local district. The establishment of Patient Resource Corner in the TSW district offers people easier access to the HA or community health service more easily, providing health education and promotion, and offering advice for appropriate assistance.

The patient Resource Corner enhances patient knowledge, skills, and promotes positive attitudes about their health. Moreover, it motivates people to maintain and improve their health, by preventing diseases and reducing risky behaviors.

REFERENCES

- Item for Public Works Subcommittee of Finance Committee PWSC (2013-13)47
- Consultation List by Speciaty, Slot Date, GOTS-Tin Shui Wai Health Centre GOP

Planning ahead for the 2014 World Cup Brazil



The longed-awaited FIFA 2014 World Cup Brazil will take place from 12 June to 13 July 2014 in Brazil. With the first group match (Brazil vs Croatia!) in Arena de Sao Paulo, a total of 64 matches will amass more than 600,000 overseas visitors in 12 different cities of the country.¹ While diehard soccer fans are busy preparing their trip, some travel health advices are worth mentioning.

The general public in Hong Kong has heightened awareness about infectious diseases after a few epidemic crises in the recent decade. Yet the seasonal influenza vaccination coverage rate remains suboptimal.² With the expected mass gathering, basic vaccinations including seasonal flu vaccine are of paramount importance at both individual and public health level.^{3, 4, 5} While the Government Vaccination Scheme does not include meningococcal vaccine, it is reasonable to consider it as an extra personal protection after individual risk assessment.⁶ There is also surge of cases of measles reported in Brazil in 2006, 2010 and 2013 (57, 50 and 138 officially confirmed cases, respectively, as compared to 0 to 2 cases in other years).^{7, 8} Family physicians should help the travelers confirm the completion of routine childhood vaccination including the measles component.

Vector-borne diseases are of particular concern for people visiting high risk area. While the risk of contracting dengue in June and July is comparatively lower than peak months in a whole year, the use of

insect repellent is strongly advised.⁷ For individuals who anticipate prolonged stays in malaria-prevalent areas (Amazonas and Mato Grosso) and look for chemoprophylaxis, atovaquone-proguanil (Malarone) or doxycycline are the recommended choices due to chloroquine resistance in the regions.³ Yellow fever vaccination is recommended for visitors to certain municipalities according to the Ministry of Health of Brazil; 6 out of 12 stadiums with matches of Brazil World Cup 2014 fall into the municipalities that yellow fever vaccination is recommended.^{3, 4, 9} Brazilian Spotted fever is a potentially fatal tick-borne disease. Travelers should remember to avoid exposure to ticks and consider repellent use.^{3, 7} Chagas disease, Leishmaniasis and Schistosomiasis are remote but real threats.^{3, 4, 5, 7} A simple briefing on the respective avoidance measures can benefit travelers by reducing their risk of contracting these diseases.

Avoidance of animal contacts should never be overlooked especially for visitors planning adventure travel or farm visit apart from watching soccer match in the country.³ The risk of getting rabies is mainly related to dogs and bats according to recent statistics.⁷

The chance of contracting infectious disease with travel is relatively low compared to the chance of accidental injury during a trip.⁵ Wearing helmet, fastening seatbelt when applicable and crossing streets with care are important.^{4, 5} These are simply too easy to forget during a relaxing vacation.

Travelers should avoid excessive alcohol consumption under the atmosphere of this festival. Practice of safe sex is another self-explanatory issue. Food and drinks related health problems during travel (travelers' diarrhea, typhoid and paratyphoid fever and hepatitis A etc.) are always the fundamental that every traveler should be aware of. Sun protection is advisable as excessive ultraviolet light can lead to sunburn and accelerated skin aging.^{3, 4, 5, 10}

In a crowded mass gathering, it is always possible that one could get lost or be separated from one's companions. It is a good practice to plan ahead the meeting points or communication method with accompanying friends.¹⁰ Be a responsible traveler and respect local cultures and customs. This will also bring enjoyment and help reduce the stress with long-distance travels.^{4, 10}

The flights from Hong Kong to Brazil (with transfer flight) take more than 23 hours and cross more than 10 time zones. The risks of suffering from jet lag or deep vein thrombosis are two entities that one should be cautious of.^{3, 5}

For good travel health advices, individual risk assessment and tailored discussion are of paramount significance. Difference in the mode of travel, duration of stay, planned activities and individual health status mean different risks and thus different preventive measures. For instance, a group of soccer fans may plan to visit regions or other countries in South America nearby afterwards. In that situation, risk assessment for travel health should therefore take

into account the context of the overall trip rather than only focusing on municipalities of the soccer matches. It is also a good opportunity during pre-travel health consultation for family physicians to offer up-to-date vaccination and promote healthy lifestyle.⁵

A travel health kit with basic first aid items and medications is often helpful. Travel insurance is important as far as travel health is concerned.^{4, 5} Travelers should make sure the coverage is adequate for their needs.

Reference:

1. <http://www.fifa.com/worldcup/index.html>
2. http://www.chp.gov.hk/files/pdf/rcag_paper40_web.pdf
3. <http://wwwnc.cdc.gov/travel/destinations/clinician/none/brazil>
4. <http://wwwnc.cdc.gov/travel/notices/watch/world-cup-brazil>
5. Jay S. Keystone, David O.Freedman, Phyllis E.Kozarsky et.al. Travel Medicine 3rd edition.
6. Zuckerman JN, Broker M, Worth C. 2010 FIFA world cup South Africa: travel health issues and new options for protection against meningococcal disease. Travel Med Infect Dis. 2010 Mar;8(2):68-73.
7. Jesse Reis Alves. Destinations in South America. CISTM-13 Maastricht workshop.
8. <http://www.travelhealth.gov.hk/english/destination/countries/brazil.html>
9. <http://wwwnc.cdc.gov/travel/pdf/yellow-fever-vaccine-recs-brazil-2014.pdf>
10. <http://www.cdc.gov/Features/WorldCup/index.html>

The author would like to acknowledge Dr Wong Ka Ki and Dr Wu Chun Yu for their valuable feedback on the presentation.

Compiled by Dr. Cheung Tsz Ki



Internet Gaming Disorder

Internet use is very common in our daily living; it provides convenience, efficiency and fun to our life. However, problems do arise from its use and there is a growing concern from the society.

In 2008, an incident of violent act involving random killing at Akihabara in Japan and recently another random killing in Taipei MRT on 21/05/2014 have been blamed by the media for these to be attributable to violent games. Moreover, young suicidal cases and socially withdrawn cases who are internet game players do appear in our news quite commonly. How about the current medical viewpoint about the impact of internet use on mental health?

In the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), Internet Gaming Disorder is identified in Section III as a condition warranting more clinical research and experience before it might be considered for inclusion in the main book as a formal disorder.

To diagnose for Internet Gaming Disorder, patients must meet at least 5 of the 9 following criteria within the past year:

- (1) preoccupation with games
- (2) psychological withdrawal symptoms (eg, anxiety, irritability)
- (3) tolerance (the need to spend an increasing amount of time playing games)
- (4) unsuccessful attempts to control or limit game participation
- (5) loss of interest in previous hobbies
- (6) continued use despite knowledge of problem
- (7) deceiving family members and/or therapists
- (8) use of Internet games to escape a negative mood
- (9) has jeopardized or lost a relationship, job, or educational opportunity.

Recent scientific reports have begun to focus on preoccupations some people develop with certain areas of the Internet, particularly online games. The "gamers" play compulsively, with the exclusion of other interests, and their persistent and recurrent online activity results in clinically significant impairment or distress. People with this condition endanger their academic performance or job functioning because of the amount of time they spend on playing. They experience symptoms of withdrawal when pulled away from gaming.

Much of this literature stems from evidence from Asian countries and centres on young males. The studies suggested that when these individuals were engrossed in internet games, certain pathways in their brains could be triggered in the same direct and intense way similarly to a drug addict's brain being affected by a particular substance. The gaming prompts a neurological response that arouses feelings of pleasure and reward, and the result in the extreme, is manifested as addictive behavior.

Further research will determine if the same patterns of excessive online gaming are detected using the proposed criteria. Currently, the criteria for this condition are limited to internet gaming and do not include general use of the internet, online gambling, or social media.

Reference:

Internet Gaming Disorder, American Psychiatry Association.
The fifth edition of the Diagnostic and Statistical Manual of Mental Disorders.

Complied by Dr. Yip Chun Kong

Interest Group in Dermatology - The 41st Meeting on 3 May 2014

Dr. So Mei Ho – College Member

Theme : **The Management of Longitudinal Melanonychia and Other Skin Problems of Hands**

Speaker : Dr. Luk Chi Kong, David
Specialist in Paediatrics

Moderator : Dr. Lam Wing Wo, Edmund
Coordinator, Board of Education

Learning points

Dr. Luk is a Specialist Paediatrician working in United Christian Hospital. He has a wide range of experience in Dermatology and during this interactive meeting he shared his expertise on approaching patients of different ages who had pigmented skin lesions, melanonychia and other common problems found in hands, with the use of dermoscopy.

Melanonychia describes a brown or black pigmentation of the nail plate caused by the presence of melanin. It commonly appears as a longitudinal band (longitudinal melanonychia) starting from the matrix and extending to the tip of the nail plate. It can be caused by malignant melanoma but it is mostly resulted from a wide variety of benign lesions such as trauma, infection, and benign pigmented lesions.

Dermoscopy refers to examination of the skin surface by using a handheld microscope-like device called a dermoscope, which is installed with high quality magnifying lens and powerful lighting systems. It can aid the diagnosis of various skin lesions by showing a magnified view of the dermis of skin structures and patterns which are usually invisible to the unaided eye. Some dermoscopes are also installed with photo-taking function which can further enhance the diagnosis by monitoring the interval changes of the lesion. Clinical cases of pigmented lesions such as melanocytic naevi, malignant melanoma, melanonychia, subungual hemorrhages and haemangiomas were presented and clinical photos of the lesions viewed without and then with a dermoscope were provided to illustrate the diagnostic process. And, dermoscopy may also be useful in diagnosing non-pigmented lesions such as in those presented cases of viral wart and scabies.

The pigmentation of a lesion is evaluated in terms of colour(s), structure, and patterns. Dermoscopy can usually improve the accuracy in determining whether a pigmented lesion should be biopsied or not, especially on specific areas such as palms and soles. Dermoscopic features of benign pigmented lesions of volar skin (naevus/ lentigo):

- Furrow
- Lattice
- Fibrillar
- Mixed

Dermoscopic features of melanoma

- Diffuse pattern
- Ridge pattern (exception: congenital melanocytic naevus may have ridge pattern under dermoscope)

When dermoscopic features of melanoma are present, biopsy is often required for further management.

Possible causes of melanonychia:

- Benign: naevus of the nail matrix/ lentigo
- Malignant: ungal melanoma

Signs of ungal melanoma:

- Background
 - 4th to 6th decade of life or later
 - History of melanoma
- Digit
 - Single digit
 - Thumb, great toe, index finger
- Time
 - Develops abruptly
 - Changing pattern
- Characteristics
 - Bandwidth >5mm
 - Blurred lateral borders
 - Hutchinson's sign: periungual extension of pigmentation from longitudinal melanonychia onto the proximal and lateral nail folds
 - Nail dystrophy
 - Broad brownish pigmentation covering most areas of the nail plate

- Wider at the proximal portions than the distal portions

Ungal melanoma is rare in children. Brown bands with lines irregular in color, width and spacing are not indicative of melanoma in children. For paediatric longitudinal melanonychia, about 75% is due to melanocytic hyperplasia, predominately naevi, and about 25% is due to melanocyte activation.

(Reference: Adigun CG and Scher RK. Longitudinal melanonychia: when to biopsy and is dermoscopy helpful? *Dermatol Ther.* 2012; 25:491-7)

Ungal melanoma requires referral for prompt management because it can be rapidly progressive. Delaying diagnosis for a few weeks can affect prognosis significantly.

Conclusions:

- With proper training, dermoscopy can be a very helpful tool in the management of pigmented and non-pigmented lesions
- Dermoscopy of the palms and feet can be very useful for differential diagnosis of naevi and melanoma
- Dermoscopy may be useful in the diagnosis and management of longitudinal melanonychia



Next meeting

The next meeting will be on 5 July 2014 (Saturday). The guest speaker is Dr. Yeung Chi Keung, Specialist in Dermatology. He will speak to us on the updates on prevention and management of herpes zoster.

All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (johnlee@hkcfp.org.hk) 2 weeks before the date of presentation.

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2014

Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisors	:	Dr. Tam Chung Yin, Janet and Dr. Chan Chi Wai
Co-ordinator	:	Dr. Lai Sheung Siu
Objectives	:	<ol style="list-style-type: none"> 1. To improve clinical knowledge, problem solving and consultation skills through different workshops 2. To improve physical examination technique and clinic procedural skills through hands-on experience 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups 4. To improve time management through simulated examination
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	7 months' course starting from April 2014
Course Structure	:	<p>The course will consist of 4 main components:</p> <ol style="list-style-type: none"> 1. Seminars 2. Workshops 3. Self-help Group Support 4. Mock Exam <p>Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)</p>
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	<p>Members : HK\$3,200 (Whole course) HK\$900 (Spot admission for each seminar or workshop only)</p> <p>All cheques payable to "HKCFP Education Ltd" All Fees received are non-refundable and non-transferable.</p>
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Mr. John Lee, at 2528 6618 for details. Successful applications will be informed later.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	Post-AEC training course will be organized for category 2 candidates who have enrolled in AEC.

Assessment Enhancement Course 2014 Timetable for Workshop

Date	Topics	Venue
12 Apr 2014 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
24 May 2014 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
21 Jun 2014 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination, Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
26 Jul 2014 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
23 Aug 2014 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
4 Oct 2014 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road

Certificate Course of Dementia

Sponsored By Novartis Pharmaceuticals (HK) Ltd

Dates	:	17 May, 31 May, 14 June and 28 June (Saturdays)
Time	:	1:00pm - 2:00 pm Lunch 2:00pm - 4:00 pm Lecture & Discussion
Venue	:	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, H.K.
Target group	:	Primary care professionals who are interested in Dementia
Course Fee*	:	HKCFP Members – HK\$120 for whole course Non-HKCFP Members – HK\$240 for whole course (All cheques please made payable to "HKCFP Education Ltd" . All fees received are non-refundable and non-transferable.) *Course fee will be refunded to those who have attended 100% of all 4 lectures.
Accreditation	:	HKCFP: 2 CME points for each session (Cat 4.4) MCHK: 2 CME points for each session
Award	:	Those who have attended 75% or more of all the sessions will be awarded a "Certificate of Attendance".
Capacity	:	50 doctors

Programme Schedule

Dates	Topics	Speakers
17 May (Sat)	Early Clinical Diagnosis of Dementia - Core Clinical Features and Diagnostic Criteria	Dr. David DAI Consultant Geriatrician, Prince of Wales Hospital
31 May (Sat)	Drug Treatment - Strategic Pharmacological Intervention for Dementia	Dr. TAM Kui Fu, Stanley Associate Consultant, Department of Medicine, Hong Kong Buddhist Hospital
14 June (Sat)	Medical and Community Collaboration - Case Management in Community	Ms. Viggie Tang Project Manager, Hong Kong Alzheimer's Disease Association
28 June (Sat)	Case Demonstration	Dr. Ray CHAN Associate Consultant, Department of Medicine & Geriatrics, United Christian Hospital

*** Registration will be first come first served. For any enquiry, please call the College secretariat, Ms. Rosina Chan at 2528 6618. ***

REPLY SLIP

To: HKCFP, Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

I am a ***Member / Non-member** of The Hong Kong College of family Physicians. (***Please delete as appropriate**)

I would like to attend **"Certificate Course of Dementia"**.

Name: _____ Tel: _____ Date: _____

Email: _____

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hospital for the clinical attachment.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

5 July 2014 Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	Updates on Prevention and Management of Herpes Zoster	
Speaker	Dr. Yeung Chi Keung Specialist in Dermatology	
Co-ordinator & Chairman	Dr. Lam Wing Wo, Edmund The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Lunch
	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
Merck Sharp & Dohme (Asia) Ltd.

19 July 2014 Saturday

Board of Education Interest Group in Counseling

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self awareness	
Theme	Parenting	
Speaker	Dr. Cheung Kit Ying, Andy Specialist in Family Medicine	
Co-ordinator & Chairman	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians	
Time	2:30 p.m. – 4:00 p.m.	Theme Presentation
	4:00 p.m. - 4:30 p.m.	Discussion

Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

Remarks: Please **note** that in 2014, only 3 sessions of Mental Health Interest Group will be available. It will combine with 3 sessions of Counseling Interest Group for calculation of attendance certificate for participants of year 2014.

29 July 2014 Tuesday

Stroke prevention for Atrial Fibrillation: A Chinese Perspective

Dr. Mak Yiu Kwong, Gary
Specialist in Cardiology

Chairman	Dr. Au Yeung Shiu Hing The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Jade Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Kowloon	
Admission Fee	College Fellow, Full or Associate	Free
	Members	
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Bayer HealthCare Ltd.

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

June's session:

Date	27 June 2014 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	1. Traditional Chinese Therapy & Dermatoses – Dr. Lee Tze Yuen 2. Treatment of Sputum. Old is New – Dr. Edwin Poon
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

July's session:

Date	25 July 2014 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	1. Glycemic Index – Non Alcoholic Fatty Liver Disease – Dr. Leong In Son 2. Understand fats: Good VS Bad – Sylvia S. W. Lam
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programme

Open and free to all members
 HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
19 July 2014 1) 14:00 – 14:40 2) 14:55 – 15:35	Block M, Lecture Theatre, Queen Elizabeth Hospital, 30 Gascoigne Road, Kowloon, Hong Kong	1. Common Mood Problem in General Practice Dr. CHOY Pui Sang Associate Consultant (FM & GOPC), KCC Mr. CHAN Kam Hung Advanced Practice Nurse (FM & GOPC), KCC	Ms. Noel Au-yeung Tel: 2958 8608 Fax: 2958 8614
		2. Mild Cognitive Impairment/ Dementia-Approach from Psychiatrist Dr. HUI Lung Kit Specialist in Psychiatry	

Structured Education Programmes

Free to members
 HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
2 July 14 (Wed)			
2:15 – 5:15 p.m.	Meeting Room, 1/F, Block F, United Christian Hospital	How to Handle Sexual Harassment & Rape Dr. Kwong Sheung Li & Dr. Alvina Lo	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Care of Patients with Osteoporosis Dr. Ngai Ming Leon	Ms. Elaine Cheung Tel: 2589 2479
3 July 14 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	How to Handle Sexual Harassment & Rape Dr. Chan Kam Sum & Dr. Chow Pui Yin Melody	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Problems Related to Family Life Cycle Dr. Cheng Long Yee Eva	Ms. Kwong Tel: 2595 6941
9 July 14 (Wed)			
2:15 – 5:15 p.m.	Meeting Room, 1/F, Block F, United Christian Hospital	Journal Club (Related to Emergency Care in GP Setting) Dr. Chung Sze Ting & Dr. Cheuk Hiu Ying	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Principle of Family Medicine Dr. Jan Jing Hao	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Insect Bite: Ticks, Ants, Mosquitoes, etc Dr. Lee Chun Hui David	Ms. Elaine Cheung Tel: 2589 2479

10 July 14 (Thur)

2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Journal Club (Related to Emergency Care in GP Setting) Dr. Yuen Ming Wai & Dr. Chan So Wai Sara	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	The Role of Family Medicine in Hong Kong Health Care in the Coming Years Dr. Chu Wai Sing Daniel	Ms. Kwong Tel: 2595 6941

16 July 14 (Wed)

2:15 – 5:15 p.m.	Meeting Room, 1/F, Block F, United Christian Hospital	Preventive Aspect in Musculoskeletal Medicine Dr. Tsui Hiu Fa & Dr. Wong Sze Kei	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Updates in Management of Common Gastrointestinal Problems Dr. Axel Hsu	Ms. Elaine Cheung Tel: 2589 2479

17 July 14 (Thur)

2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Preventive Aspect in Musculoskeletal Medicine Dr. So Tsang Yim & Dr. Wan Pui Chu	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Breaking Bad News Dr. Fung Ka Hang Timothy	Ms. Kwong Tel: 2595 6941

23 July 14 (Wed)

2:15 – 5:15 p.m.	Conference Room, 1/F, Block F, United Christian Hospital	Introduction to Conjoint Fellowship Examination and Postgraduate Study in FM & General Practice Dr. Ying Gard Ching & Dr. Leung Ching Ching	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Common Cancer Screening Dr. Chow Tze Ling Sylvia	Ms. Crystal Law Tel: 2632 3480
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Family Medicine: Core Values; Family Physicians' Functions Dr. Kam Ting Ting	Ms. Elaine Cheung Tel: 2589 2479

24 July 14 (Thur)

2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Introduction to Conjoint Fellowship Examination and Postgraduate Study in FM & General Practice Dr. Mok Ka Yee & Dr. Kwok Yee Ming Elaine	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Consent and its Pitfall Dr. Yan Ka Shing	Ms. Kwong Tel: 2595 6941

30 July 14 (Wed)

2:15 – 5:15 p.m.	Conference Room, 1/F, Block F, United Christian Hospital	Other Psychiatric or Psychological Disorders (Somatoform Disorder, PTSD etc) Dr. Yuen Ching Yi & Dr. Ho Pui Gi	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Handling Complaint Cases Dr. Tse Tung Wing George	Ms. Elaine Cheung Tel: 2589 2479

31 July 14 (Thur)

2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Other Psychiatric or Psychological Disorders (Somatoform Disorder, PTSD etc) Dr. Lee Wing Mei Dickinson & Dr. Wong Hong Kiu Queenie	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Dizziness Dr. Yuen So San Susana	Ms. Kwong Tel: 2595 6941

Classified Advertisements

Positions Vacant

The University Health Service of The Hong Kong Polytechnic University requires a Medical Officer. Duties: provide primary health care, health counselling, promote health education and perform administrative duties. Qualifications: registrable with The Medical Council of Hong Kong and fluency in spoken English and Cantonese. A higher qualification in

Internal Medicine or Family Medicine is an advantage. Post specification and application form are available from the Human Resources Office (Homepage: <http://www.polyu.edu.hk/hro/job.htm>, Email: hrstaff@polyu.edu.hk, Fax: 2764 3374). Application closing date: Recruitment will continue until the position is filled.

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Jun	16	17	18 1:00 – 3:30 p.m. CME Lecture 2:15 – 7:30 p.m. Structured Education Programme	19 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	20	21 2:30 – 5:30 p.m. AEC 2014
22 1:30 – 5:30 p.m. CME Lecture 2:30 – 5:30 p.m. Conjoint 2014 Information Seminar on OSCE Segment for candidates	23	24	25 2:15 – 7:30 p.m. Structured Education Programme	26 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. 215th Board of Conjoint Examination Meeting	27 2:30 – 3:30 p.m. Board of Education – Video Session	28 1:00 – 3:30 p.m. Certificate Course on Dementia
29 1:00 – 4:30 p.m. CME Lecture	30	1 Jul	2 2:15 – 7:15 p.m. Structured Education Programme	3 2:15 – 7:00 p.m. Structured Education Programme	4 9:00 p.m. DFM Introduction Session	5 1:00 – 4:00 p.m. Interest Group in Dermatology
6 3:00 – 6:00 p.m. Conjoint 2014 First Examiners' Training Workshop	7	8	9 2:15 – 7:30 p.m. Structured Education Programme	10 2:15 – 7:00 p.m. Structured Education Programme 7:00 p.m. Exit Exam Segment Coordinator Meeting	11	12 1:00 – 4:00 p.m. CME Lecture
13	14	15	16 2:15 – 7:15 p.m. Structured Education Programme	17 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	18	19 2:30 – 4:30 p.m. Interest Group in Counseling
20	21	22	23 2:15 – 7:15 p.m. Structured Education Programme	24 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. 216th Board of Conjoint Examination Meeting	25 2:30 – 3:30 p.m. Board of Education – Video Session	26 2:30 – 5:30 p.m. AEC 2014
27	28	29 1:00 – 3:30 p.m. CME Lecture	30 2:15 – 7:15 p.m. Structured Education Programme	31 2:15 – 7:00 p.m. Structured Education Programme	1 Aug	2

FP LINKS EDITORIAL BOARD 2014

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Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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Contact and Advertisement Enquiry

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