

Message from the President

Credentiailling

On Sunday September 21, 2014, I attended the Credentiailling Workshop organized by HKAM. Credentiailling is a formal process used to verify the qualifications, experience, and professional standing of medical/dental practitioners for the purpose of forming a view about their competence, performance and professional suitability to provide safe, high quality healthcare services within specific organisational environments (Australian Council for Safety and Quality in Health Care). As we are seeing rapid changes in modern medicine and knowledge, clinical demands, healthcare needs of the population and patients' expectation, payers and healthcare providers may be demanding some form of credentiailling. Credentiailling is therefore an important risk management and medico-legal tool, providing evidence that both the medical/dental practitioners and the management of the healthcare organisation have considered their responsibilities seriously.

In the workshop, Professor Ian Rewell from Australia, and Dr. Derek Au, the Director (Quality & Safety) of Hospital Authority and Dr. Ares KL Leung, representative of Hong Kong Private Hospitals Association shared their experiences from overseas as well as from local public and private sectors in credentiailling.

HKAM Council Dinner with Distinguished Young Fellows

HKAM held its council dinner with distinguished new fellows from all Colleges on September 18, 2014. Our College is represented by Dr. Ho Shu Wan Sharon, our 2013 Conjoint Fellowship Best Candidate and Dr. Ho Wing Man Mandy, the candidate with outstanding performance in Full Exit Examination 2014.



(From left to right) Dr. Ho Shu Wan Sharon, Dr. Ruby Lee and Dr. Ho Wing Man Mandy

THE HONG KONG
COLLEGE OF
FAMILY PHYSICIANS



Family Physicians Links

ISSUE 128
October 2014

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“Council Member-On-Duty” (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th October 2014 to 14th November 2014, Dr. Mark Chan and Dr. Tony Lee will be the Council Members On Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee
Co-ordinator, CMOD System



Dr. Mark Chan



Dr. Tony Lee

Membership Committee News

The Membership Committee approved, on recommendation of the Chairman of the Membership Committee, the following applications for membership in **September 2014**:

Associate Membership (New Application)

Dr Lo Ka Man Michelle	羅嘉敏
Dr Lui Andrea Lok Kwan	雷絡筠

Dr Wan Ka Yan

溫嘉欣

Non-HK Membership (New Application)

Dr Ma Yu Yan Charmaine

馬如茵

37th HKCFP Annual General Meeting

13th December 2014 (Saturday)

Time : 18:00

Venue : 2/F, James Kung Function Room, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

Admission : College Members only

Details will be announced in due course.

Board of Conjoint Examination News

The Board of Conjoint Examination is pleased to announce that the following candidates passed the 28th Conjoint HKCFP/RACGP Fellowship Examination (Written Segment) 2014.

Dr. Arora Namrata	Dr. Kwok Yee Ming Elaine	Dr. Leung Ching Ching	Dr. Tse Wan Ying
Dr. Chan Ka Ho	Dr. Kwok Yuen Na	Dr. Mak Wing Hang	Dr. Wong Sze Kei
Dr. Chan Shuk Wun	Dr. Lau Ka Kin	Dr. So Tsang Yim	Dr. Yeung Sze Ying
Dr. Chan So Wai	Dr. Lee Ching Man Margaret	Dr. Sze Siu Lam Jason	
Dr. Cheuk Tat Sang	Dr. Lee Edna Tin Wai	Dr. Tin Yuen Ying	
Dr. Chow Wing Yan	Dr. Lee Wing Mei Dickinson	Dr. Tong Gerald Sze Ho	

Congratulations to you all!

Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

Board of Vocational Training and Standards News

BVTS Sponsorship for the 2015 WONCA Asia Pacific Regional Conference – 4-8 March 2015 Taipei, Taiwan

The Board of Vocational Training and Standards is pleased to announce the following information on the **2015 WONCA Asia Pacific Regional Conference, WONCA Taipei, Taiwan** to be held in March 2015.

Theme : Family Medicine New Horizons and Challenges

Dates : 4-8 March 2015

Venue : The Taipei International Convention Centre (TICC)
1 Hsin-Yi Rd., Sec.5,
Taipei City 11049. Taiwan

Registration Fee : Please refer to : <http://www.wonca2015taipei.com/register.php>

Website : <http://www.wonca2015taipei.com/>

Application for sponsorship is open to all current **vocational trainees** (Basic & Higher). Please submit your application **on or before 31st October 2014** to the Chairman of the Board of Vocational Training and Standards regarding the sponsorship for overseas conference.

All decisions are subject to the final approval of the Board.

For more information, please contact the secretariat at 2528 6618.

Board of Vocational Training & Standards

Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Exit Examination of HKCFP in 2014.

Dr. Chan Mei Tak
Dr. Chan Ngai Ping
Dr. Cheng Cheuk Hong
Dr. Cheng Pui Sum Cupid
Dr. Chu Lai Shan
Dr. Ho Wing Man
Dr. Kwan Chun Man

Dr. Kwok Tsz Tik
Dr. Lai Pui Yan
Dr. Lee Chi Leung
Dr. Leung Wing Mun
Dr. Li Hei Lim
Dr. Lo Shiu Bong
Dr. Sin Edmond Ho Fai

Dr. Siu Lok Man
Dr. Tam Wah Kit
Dr. Tsang Chi Fai
Dr. Wu Kwok Keung
Dr. Yip Pui Chuen
Dr. Yu Yee Tak Esther
Dr. Yung Yin Ying

Congratulations to you all!

Dr. Tsui Wing Sze, Wendy
Chairlady, Specialty Board

Classified Advertisements

Office Available

Clinic for Rent, no basic
Fully furnished clinic in Sham Shui Po for rent, no basic requirement,
only 25% of income. Interest please call
Ms. Lee 2739 9557

Board of Vocational Training & Standards

Announcement

To all College members and trainees,

Family Medicine training, as is training in other medical professions, is a life-long learning process. Different trainees may have different training pathways according to the mode of training, personal interests, and life events encountered.

Thus, the Board has recently revised the guidelines on the duration of training in both Basic and Higher Training and the related time frames, and with the endorsement of the Council, the Board now announce the following changes:

- As stated in IMPORTANT NOTICE for basic training (point 6) and higher training, the time limitation of the duration of basic training (within 10 years from the date of enrolment) and higher training (within 5 years from the date of enrolment) will be removed
- The 5 years' time limitation for trainees to enroll into higher training 'After completion of basic training AND possessing a higher qualification in Family Medicine' will be removed

New guideline will be applied and the details are as follows:

Please note the following guidelines for training:

- o All basic trainees are advised to finish their **Basic Training** (4 years in total) at their earliest possibility, and a trainee must not be dormant for more than 3 years (with clinical practice) OR for more than 1 year (without clinical practice)
- o All higher trainees are advised to finish their **Higher Training** (2 years in total) at their earliest possibility, and a trainee must not be dormant for more than 3 years (with clinical practice) OR for more than 1 year (without clinical practice)
- o All Basic and Higher Trainees are required to fulfill the CME requirement set by QA&A regulations each year. For those who fail to fulfill this requirement, their training experience of that particular year will not be recognized
- o Formal applications for 'termination of training', 're-enrolment of training', and 'dormant from training' are necessary, subjected to prior approval by the Board and administration fee individually
- o For those who request for **termination of training**:
 - Formal application to the Board is necessary, otherwise trainees will be treated as continuing their training, and yearly training fee would be charged
 - The Board and the College have no obligation to keep the training record of those trainees who terminated their training, and they are advised to keep their own training records for proof of prior training in the future
- o For those who request for **re-enrolment of training**:
 - Formal application to the Board is necessary, with the following documents required:
 - ◊ The completion of Application Form for re-enrolment
 - ◊ Applicant should fulfill the CME requirement set by QA&A regulations in the years prior to the application
 - ◊ The proof of previous training record for accreditation of previous training
 - ◊ The proof of active medical practice in the years prior to the application
 - ◊ The appropriate administration fee (non-refundable regardless of the result of application)
 - Successful application is not guaranteed and final decision is subjected to Board approval
- o For those who apply for **dormant from training**:
 - Formal application to the Board is necessary, with the following documents required:
 - ◊ The completion of Application Form for dormant from training
 - ◊ The appropriate administration fee (non-refundable)
 - Yearly Dormant trainee fee is payable during the period of dormant status
 - Formal written notice to the Board is required when trainees are ready to resume training from the dormant status
 - Successful application is not guaranteed and final decision is subjected to Board approval
- o To enroll into **Higher Training**, the trainees are required to fulfill the following criteria:
 - A Proof of Completion of Basic Training in Family Medicine, AND
 - Possession of a higher qualification in Family Medicine equivalent to FHKCFP / FRACGP, AND
 - Applicant should fulfill the CME requirement set by QA&A regulations in the years prior to the application
 - Application Form for Higher Training
 - Appropriate application fee (non-refundable regardless of the result of application)
 - Successful application is not guaranteed and final decision is subjected to Board approval

Dr. Yuen Shiu Man
Chairman
Board of Vocational Training & Standards

Specialty Board News

2015 Full Exit Examination of Vocational Training in Family Medicine

The Specialty Board is pleased to announce the following information on the 2015 Full Examination of Vocational Training in Family Medicine.

ELIGIBILITY AND REQUIREMENT

Applicants must satisfy all of the following criteria:-

- Only **active** Fellows, Full or Associate Members of the Hong Kong College of Family Physicians (HKCFP) who are fully registered with the Hong Kong Medical Council may apply for the examination.
- Applicants must have a higher qualification in family medicine/general practice that is recognized by the Hong Kong College of Family Physicians and the Hong Kong Academy of Medicine (HKAM).
- Applicants must be trainees in Vocational Training in Family Medicine of the HKCFP who have had:
 - Certified completion of higher training for not more than FIVE years, or
 - At least 18 months of higher training in Family Medicine by August 31, 2014 approved by the Board of Vocational Training and Standards (BVTs) of the HKCFP.**

Approval of training may take up to two months. Applicants MUST apply early to BVTs for

- Certification of completion of higher training, or
- Recommendation for Exit Examination 2015.

DATES

First-attempt candidate:

Deadline of Application:	3 November 2014
Starting Date of collection period for required attachment(s) for Practice Assessment Segment:	22 September 2014
Deadline for submission of Clinical Audit Report or Research Report:	2 January 2015
Practice Assessment and Consultation Skills Assessment Examination Periods:	Period A: 1 December 2014 to 23 January 2015; or Period B: 26 January 2015 to 20 March 2015

Re-attempt candidate:

Deadline of Application:	1 December 2014
Starting Date of collection period for required attachment(s) for Practice Assessment Segment:	20 October 2014
Deadline for submission of Clinical Audit Report or Research Report:	2 January 2015
Practice Assessment and/or Consultation Skills Assessment Examination Period:	Period B: 26 January 2015 to 20 March 2015

APPLICATION & EXAMINATION FEES

Application forms can be downloaded at the College website www.hkcfp.org.hk. Completed application form should be returned to:

The Specialty Board, HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Wong Chuk Hang, HK

The following documents are required:

- A copy of the certificate of completion of higher training, or recommendation letter for 2015 Exit Examination from BVTs, HKCFP,
- A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."**, and
- For Practice Assessment Segment: Candidate are required to submit:
 - FOUR COPIES** of the all required attachments; and
 - PMP Reports on or before **3 November 2014 (First-attempt candidate) / 1 December 2014 (for the re-attempt candidate who has changed the practice)**

The Examination fee for individual segment is \$3,500 for either the Clinical Audit Report or Research Report, \$7,000 each for the Practice Assessment and Consultation Skills Assessment segments, plus the administrative fee of \$8,400 for each subsequent attempt. A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."** should be enclosed with the application.

All fees paid are neither refundable nor transferable.

Incomplete and ineligible applications will not be considered. An administration fee of HK\$500 will be charged for these unsuccessful applications.

FORMAT AND CONTENTS

The Exit Examination consists of three segments. Candidates are required to take all the three segments at their first attempt of Exit Examination. From year 2013, candidate can choose to attempt either the Clinical Audit or the Research segment.

- Clinical Audit Report **OR** Research Report
- Practice Assessment

**** The assessment format of Part E (Investigations) in Practice Assessment Segment will be CHANGED from year 2015 onwards. For details, please refer to the Examination Guidelines.**
- Consultation Skills Assessment

Details of the format and contents of each segment can be found in the Guidelines on 2015 Full Exit Examination which are available at the College website www.hkcfp.org.hk

Should you have any enquiries, please contact the Board Secretariat at 2528 6618.

Specialty Board

Internal Affairs Committee News

Debriefing Meeting with Helpers of the Conferment Ceremony

The 27th Fellowship Conferment Ceremony and the 25th Dr. Sun Yat Sen Oration were successfully held on 8 June 2014.

A debriefing meeting with helpers of the Conferment Ceremony was conducted on 7 August 2014. The Committee would like to take this opportunity to thank all the helpers for their valuable time and effort in making this important College annual event a true success. The ceremony would not have been run so smoothly without their tremendous support and contribution. Thanks again!



Back row (from left to right): Dr. Ko Wai Kit, Dr. Kwan Yu
Front row (from left to right): Dr. Wong Chak Tong, Dr. Kathy Tsim, Dr. David Chao, Dr. Matthew Luk, Ms. Teresa Liu, Ms. Crystal Yung and Ms. Erica So

Many thanks also to helpers who were unable to join the debriefing: Dr. Edmond Chan, Dr. Eric Hui, Dr. Peter Fok, Dr. Kinson Lau and Dr. Jenny Wang.

37th HKCFP Annual Dinner and 37th HKCFP Annual General Meeting

13th December 2014, Saturday

- Venue** : Run Run Shaw Hall
1/F, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong
- Time** : 18:00 Annual General Meeting (Members only)
19:00 Annual Dinner Reception
19:30 Chinese-Style Dinner

College Fellows, Members and their spouses are welcome to register for the Annual Dinner free of charge.

To register for the **Annual General Meeting** and/or **Annual Dinner**, please contact Ms. Teresa Liu or Ms. Windy Lau on Tel: 2528 6618, or email to teresaliu@hkcfp.org.hk or windylau@hkcfp.org.hk for registration. Successful registration will be notified by end of November, 2014.

CUHK Diploma in Advances in Medicine 2015 - 2016



Period of Study

January 2015 – December 2016
(on Sundays at 1:00pm – 7:00pm)

Venue

Prince of Wales Hospital, Shatin

Admission Requirement

Candidates must have a Medical Science related degree
(e.g. Medicine, Nursing, Pharmacy, Physiotherapy)
or equivalent qualification

Assessment

Assessment in the form of multiple choice questions will be held at
the end of each year

Professional Accreditations

The Diploma is approved by the Medical Council of Hong Kong as
Quotable Qualification. The programme is CME/CNE/CPD accredited

Enquiry

Ms. Janice Wong
Department of Medicine & Therapeutics,
The Chinese University of Hong Kong
Tel: (852) 2632 3845 Fax: (852) 2637 3852
Email: janicewyk@cuhk.edu.hk

Tuition Fee

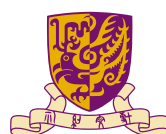
2-Year Diploma Programme	Medical Practitioners	HK\$30,000 (HK\$28,000 for one single payment)
1-Year Certificate Programme	Medical Practitioners	HK\$15,000
Day Registration	Medical Practitioners	HK\$1,600 per session

For registration & further information, please visit
www.mect.cuhk.edu.hk/postgraduate/dipaim1516



Organised by:

- Department of Medicine & Therapeutics, Faculty of Medicine,
The Chinese University of Hong Kong
- The Nethersole School of Nursing, Faculty of Medicine,
The Chinese University of Hong Kong



香港中文大學內科及藥物治療學系
Department of Medicine & Therapeutics
Faculty of Medicine
The Chinese University of Hong Kong

21st Hong Kong International Cancer Congress, 21 November 2014 “Translating Discoveries into Prevention and Cures”

HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong



Dear Colleagues,

The Hong Kong International Cancer Congress provides an active forum for addressing issues related to cancer strategy, care and research. Every year, prominent clinicians, leading scientists and medical oncologists are invited to share their experience and expertise in the Congress. The emphasis this year is on highlighting the importance of new advances in cancer care and practice.

As in the previous years, HKCFP has invited speakers with interests in providing palliative care and end-of-life care to share their experiences and expertise in cancer management. This year, the HKCFP Symposium will commence from 2:30 pm to 4:00 pm on 21 November 2014 (Friday). The Symposium is entitled “**Community Palliative Care and Dying at Home**”, which comprises:

1. **Dying at Home**

Prof. Rodger CHARLTON, Dept of General Practice, University of Nottingham, United Kingdom

2. **Are Family Physicians and Our Patients Ready for Community Palliative Care?**

Dr. Tin-Chak HONG, United Christian Hospital, Hong Kong

You are cordially invited to join the Symposium and the forthcoming Congress. We are most grateful toward the organisers who have kindly provided a limited number of complimentary registrations for our College Fellows and Members and these places are available on a first-come first-served basis. Please contact the College secretariat (Ms. Windy LAU WindyLau@hkcfp.org.hk) at your earliest convenience (by 31 October 2014) for reservations. The programme at a glance is also printed in the following page for your quick reference. For more information on HKICC, please visit the website: www.hkicc.org.

Look forward to seeing you soon at the HKICC!

With Best Wishes,

Dr. David V. K. CHAO

HKCFP Representative, 21st Hong Kong International Cancer Congress

21st Hong Kong International Cancer Congress Programme at a Glance

Friday, 21 November 2014

Registration					
8:30 am	PYK Auditorium				
8:45 am	PYK Auditorium				
9:00 am	PYK Auditorium				
<p>Opening Ceremony</p>					
<p>HKICC Lecture</p> <p>Intravital Imaging for PK-PD Analysis of Anti-microtubule Drug Actions in Tumours Timothy MITCHISON FRs, Harvard Medical School, USA</p>					
<p>Coffee Break</p>					
10:00 am	LPY Lecture Theatre				
10:30 am	<p>Drug Discovery and Innovative Treatment Targeted Immunotherapy of Cancer Stem Cells Dennis A CARSON, University of California San Diego, USA</p> <p>Targeting Human $\gamma\delta$-T cells with Phosphoantigen Controls Epstein-Barr Virus-Induced B Cell Lymphoproliferative Disease Wenwei TU, The University of Hong Kong, HK</p>				
12:00 pm	<p>Lunch Break & Young Investigator Awards Competition (Venue: Function Rooms 1 & 2)</p>				
1:30 pm	<p>CCR Lecture</p> <p>Cancer Heterogeneity and Drug Development Charles SWANTON, University College London Cancer Institute, UK</p>				
2:30 pm	<table border="1"> <tr> <td> <p>Community Palliative Care and Dying at Home Dying at Home Rodger CHARLTON, The University of Nottingham, UK</p> <p>Are Family Physicians and our Patients Ready for Community Palliative Care? Tin-Chak HONG, United Christian Hospital, HK</p> </td> <td> <p>Public Health Perspectives in Cancer Control</p> </td> <td> <p>Cancer Pain Management Anaesthetic Techniques for Cancer Pain Management Roger GOUCKE, The University of Western Australia, Australia</p> <p>Management of Cancer Pain in Hong Kong Steven HS WONG, Queen Elizabeth Hospital, HK</p> <p>Use of Opioid in Cancer Pain Management Timmy CW CHAN, Queen Mary Hospital, HK</p> </td> <td> <p>Psychosocial Oncology (HKCF) Multidisciplinary Care of Cancer-Related Sexual Dysfunction Leslie R SCHOVER, MD Anderson Cancer Center, USA</p> </td> </tr> </table>	<p>Community Palliative Care and Dying at Home Dying at Home Rodger CHARLTON, The University of Nottingham, UK</p> <p>Are Family Physicians and our Patients Ready for Community Palliative Care? Tin-Chak HONG, United Christian Hospital, HK</p>	<p>Public Health Perspectives in Cancer Control</p>	<p>Cancer Pain Management Anaesthetic Techniques for Cancer Pain Management Roger GOUCKE, The University of Western Australia, Australia</p> <p>Management of Cancer Pain in Hong Kong Steven HS WONG, Queen Elizabeth Hospital, HK</p> <p>Use of Opioid in Cancer Pain Management Timmy CW CHAN, Queen Mary Hospital, HK</p>	<p>Psychosocial Oncology (HKCF) Multidisciplinary Care of Cancer-Related Sexual Dysfunction Leslie R SCHOVER, MD Anderson Cancer Center, USA</p>
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4:00 pm	<p>Coffee Break & Young Investigator Award & Poster Prizes Presentation Ceremony (venue: PYK Auditorium)</p>				
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QA & A Committee

Dr Billy C. F. Chiu, Chairman, QA & A Committee, Hong Kong College of Family Physicians

The QA & A Programme aims to assist general practitioners in Hong Kong to maintain and improve the quality of care they offer to patients, and promote the highest possible standards of care to the community.

OBJECTIVES

The QA & A Programme aims to promote participation of General Practitioners (GP) or Family Physicians (FP) in effective and efficient quality assurance and continuing medical education. Some strategies include identification and promotion of high quality activities which are credit-bearing and accessible to GPs and FPs.

By documenting participation in effective quality assurance and continuing medical education which respond to community needs, the Programme demonstrates the accountability of GPs/FPs to the community.

The Programme places emphasis on enhancing the professional responsibility of individual GPs/FPs and Family medicine as a whole to ensure they are meeting acknowledged world standards of quality care.

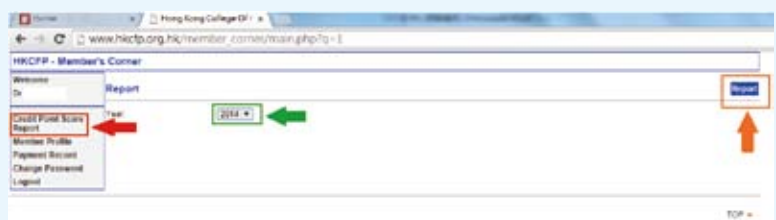
The year of 2014 will come to an end soon; the QA & A Committee recommends all members to log on our college website (http://www.hkcfp.org.hk/member_corner/login.php) for reviewing any potential omission and error regarding the scoring system.

Review your CME/CPD report at the College Website

1. Go to the main page of the College website (<http://www.hkcfp.org.hk/index.php/en/>) Point to "Member's Corner", click "CME Report"
2. Enter your member ID
Enter your HKID/ Passport Number as password
e.g. **Z123456(7)**
*First letter should be in **capital letter**
***Brackets** should be included



3. Click "Credit Point Score Report" in the left hand corner
Choose the required year that you want to review
Click "Report" on the top right corner



4. The report will be downloaded in Excel format

Should you have any enquiries, please contact QA & A Secretariat (Ms. Wing Yeung or Ms. Carmen Tong) at 2528 6618 or email to cmecpd@hkcfp.com.hk.

Our fourth Chinese Book, 《家庭醫生一百篇》 is born!

《家庭醫生一百篇》is the assemble and selection of the articles in the weekly column of Hong Kong Economic Journal (信報) in the past few years, contributed by 22 members of the College. It is a very good tool for public education, letting the public recognize the importance of family physicians for their personal health, and understand the key role of family physicians in the health care system.

The book also serves as a good platform for all the members to share our stories with one another, and experience our whole-heartedness to serve our patients and the community all together!

名家推薦：

書中不少文章闡述家庭醫生在協助個人保持身心健康所擔當的角色，涉及的課題包括預防和及早識別疾病、情緒管理、維繫婚姻、家庭和人際關係等。這些文章清楚解釋基層醫療的重要性，當中不少故事似曾相識，令人細味。

高永文醫生

我很欣喜看見香港家庭醫學學院編纂家庭醫學手冊第四輯《家庭醫生一百篇》，多位前線醫生熱心就各種家庭醫學問題撰寫文章，惠澤大眾。書中內容豐富，淺顯易懂，讓人倍感親切，對讀者改善自身和家人健康大有裨益，不容錯過。

梁卓偉教授

這書裏面有很多家庭醫生的個人分享、有病人個案分析，還有其他有用的資訊。每篇文章短短的，當中記載的東西卻是寶貴而無價的；而且用字淺白、言簡意賅。本人誠意向大家推薦這本小讀物。

李國棟醫生

本書透過輕鬆故事和醫生平日所見所聞，深入淺出講述保健知識和如何維持身心健康，並道出預防疾病的良法；它亦讓大家明白家庭醫生在醫療體系中的重要角色。我翻閱初稿，當中提及醫生診症時向病人查詢病情，並關心情緒，建立互信關係的情節，體現了「醫生不單要醫病，更要醫人」的信念，甚有共鳴，特誠意推介。

沈祖堯教授

The special offer of the book for our members is HK\$86 (20% discount of the original price)! Please fill in the order form below and get the new book as soon as possible!

Kindly contact our secretariat Ms. Priscilla Li or Rosina Chan at 2528 6618 for the book delivery, and please note that the postal charge by mail delivery is HK\$20 per book.

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Enclosed please find cheque payment of HK\$ _____**.

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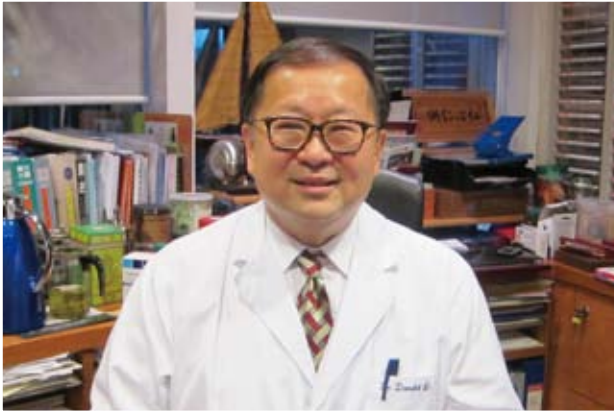


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* Please circle your category of membership.



李國棟醫生專訪

徐詠詩醫生，伍思穎醫生，施漢豪醫生
(醫院管理局港島西聯網家庭醫學及基層醫療部)

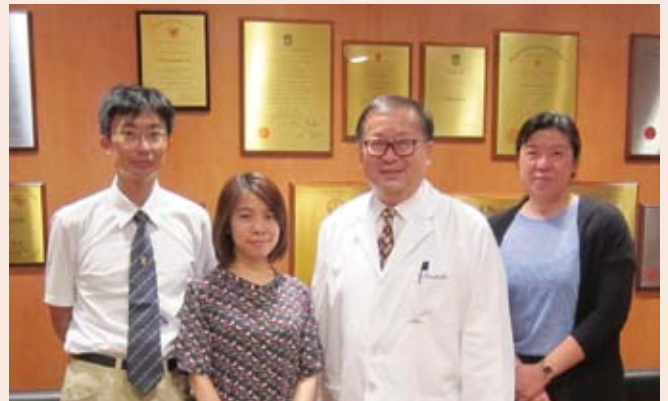
李國棟醫生是私人執業的家庭醫學專科醫生。他現為香港醫學專科學院主席，世界家庭醫生組織行政會成員兼名譽司庫，並出任香港家庭醫學學院學院審核員。李醫生是家庭醫學的專家，多年來獲邀出席本地、區域和國際多個醫學會議，並在香港和亞太地區積極推動基礎醫療和家庭醫療制度。

在過去十年，你認為基層醫療有甚麼重大的發展？

在過去十年，無論在公營或私營市場，基層醫療有很大的發展。醫療體系開始看見並回應市民的需要，例如推行風險及評估治理、病人自強計劃等，也建立具系統的服務，並推動跨專業部門的參與。在私營市場方面，市民想找自己的家庭醫生；在這十年，少了很多病人單單找醫生看傷風感冒的，例如在我的診所，除了慢性疾病外，病人也有其他的醫學問題想知道我的意見，也想建立一個長遠的醫生和病人的關係。建立這一種關係是重要的，因為這是互信的基礎；也是這一種互信的關係，和看見病人的進步，為我帶來很大的滿足感。此外，配合專業培訓，家庭醫學已發展為一個專科，而且越來越多畢業生選擇將來做家庭醫生。在上海，家庭醫學成功辦了認證，令人鼓舞。這些都是重大的轉變。

在你眼中，家庭醫生在基層醫療的角色是甚麼？

家庭醫生的角色是照顧病人，提供全面的服務，讓他們感受到醫生的照顧，而不單是病徵的處理。他們會讓病人了解怎樣建立更健康的生活習慣，並預防疾病。此外，在照顧病人的時候，家庭醫生漸漸承擔統籌病人各種服務的角色；病人很想家庭醫生為自己選擇最合適的服務。另外，提供持續的照顧也是十分重要



於李醫生的診所進行專訪
由左至右：施漢豪醫生，伍思穎醫生，李國棟醫生，徐詠詩醫生

的，這對於公營系統，是一大挑戰，但我認為應繼續爭取讓病人每次看同一位醫生。

無論在本地和國際，你對家庭醫學的大力推廣，是人所共知的。對此，你有沒有一些深刻的經驗可以與我們分享？

其實，中國大陸現正發展家庭醫學，無論在北京或上海，都有一班對家庭醫學有熱誠和抱負的醫師。在過去月份，我們亦對個別的診所完成認證程序，是國際認可的，這對家庭醫學在中國大陸的發展，是一個里程碑。我個人認為，可在中國大陸建立社區醫療中心，並舉行“培訓培訓師”課程，栽培一班家庭醫學培訓師，他們自然會在自己的城市將家庭醫學發揚光大，推向全國。香港家庭醫學學院的家庭醫



李醫生應邀出席由世界衛生組織和世界銀行籌辦的會議，討論如何在內地強化基層醫療
由左至右：Professor Michael Porter (Harvard Business School), 陳馮富珍醫生 (世界衛生組織總幹事), Dr Jim Yong Kim (World Bank President)

學文憑亦可考慮在中國大陸發展遙距課程，令更多醫師受惠。

你對基層醫療在公私營合作方面有何意見？

現在公營和私營醫療的合作不錯，例如慢性疾病的處理、醫療記錄的互通和醫生之間的主動溝通等。我建議給予私家醫生機會參與公營醫療的服務，例如以半義務的性質參與，也可藉此鼓勵一部份的病人將來接受私營醫療的服務。我建議建立一個私家醫生的網絡，可以互相分享經驗，讓私家醫生了解接受公營醫療服務的病人的期望，

也讓公立醫生認識私家醫生是怎樣看病人的，另外，參加網絡的醫生可轉介病人接受某些公營醫療家庭醫學部門提供的服務。最頭痛的問題是長期藥物收費的差距。大部份的病人其實不介意付診症費給自己信任的家庭醫生，但論到長期病的藥費方面，私家的收費真的同公營的差天共地。在此，政府如果想減輕公私營失衡的問題，可從藥費補助上著手。

家庭醫學在本地和國際層面來看，在可見的將來，會有何種的挑戰？而我們應如何對策？

在香港，最大的挑戰是統籌各方面的服務。已有的基層醫療服務，無論是醫管局的家庭醫學及基層醫療部門、又或是衛生署的母嬰健康院和長者健康中心，都有空間互相補足和溝通，有合作的可能性。最理想是將來成立基層醫療管理局，去將各種範疇的服務整合。香港家庭醫學學院其實有另一角色，就是可以為政府政策多提建議。就此，學院可考慮定期舉行會員座談會，讓會員自由發表相關意見，這對家庭醫學日後發展，一定有莫大裨益。在國際，資源的爭取是一大挑戰。此外，爭取別人的認同，建立地位等也很重要。



Courtesy Visit to RCGP in Sept 2014
From left to right: Chairlady Dr. Maureen Baker, Professor Lau Chak Sing, Dr. Donald Li, President Professor Mike Pringle



拉頭馬”康駿”



李國棟醫生與智經研究中心的成員探訪桂林



於 Loch Lomund, Scotland 遊船河

Risk Assessment and Management Clinic (Southern District)

Dr Sze Hon Ho, Specialist in Family Medicine, Hong Kong West Cluster



Ribbon cutting at the Opening Ceremony of the RAMP clinic SD

“Tiny but delicate and comprehensive” is always your first impression when visiting RAMP clinic SD. It is a clinic not only designated for RAMP, but also a health care setting with some other Nurse and Allied Health Care functions.

There is a Chinese idiom saying ‘麻雀雖小·五臟俱全’, which implies even though a sparrow is small, it does possess all the vital organs. We can say, the clinic has them all!

What are the analogous components then?

1. The heart

We care for our patients whole-heartedly. We run the Integrated Mental Health Programme (IMHP), in which key workers and IMHP doctors have sessions dedicated to managing patients with common mental disorders.

The prevalence of mood disorder is not low in our community, but many a time these problems are hidden deep in their hearts or masked by their physical symptoms.

Therefore we aim to pick them up through our screening, followed by treatment with our heart. Some difficult and complicated cases would also be handled together with Clinical Psychologist.

2. The liver

The organ itself is a big factory to handle nutrition.

We have dietitians promoting healthy diet to patients. Examples are weight management classes, individual counseling sessions, etc.



Group photo with honorable guests



The multi-purpose activity room



Nurse as a case manager in the RAMP programme



Dietetic Service

3. The spleen

It is an important organ to generate blood cells when we are young.

We have our RAMP nurses and supporting staff drawing blood from diabetes and hypertension patients every weekday morning, just like what the spleen has been doing. There are many workstations designated for blood taking inside RAMP clinic SD, where you can see colleagues working hard every single minute, for the sake of our patients’ health.

4. The lungs

‘Breath in... breath out...’, that is what physiotherapists would always remind patients to do appropriately when doing exercises.

We have physiotherapists who play an important role in the weight management programme, in collaboration with Prosthetics and Orthotics (P&O) therapists and Clinical Psychologists. They would organize shoulder, back and knee classes as well, through which patients could enjoy the therapies near their homes, saving the need of long travel.

5. The kidneys

We have Continence Care Clinic to handle and manage patients with continence problems. Uroflowmetry and bladder scan are available for objective assessment of the urine flow and presence of retention of urine.

That’s all? Of course not, there is more to go!

In order to read this article up till here, you got to have good eyesight. We have optometrists who check and screen patient’s fundi, so as to provide early intervention and professional advice for their invaluable windows to the soul.

Podiatrists and P&O therapists would also provide their expert caring to the patients in need on sessional basis. We hope patient could enjoy their free mobility with the help of their services.

It is indeed a piece of hard work to squeeze so many different types of services into this RAMP SD clinic. But, we have made it! We would like to express our sincere thanks to all the colleagues for building up this amazing and comprehensive clinic together.



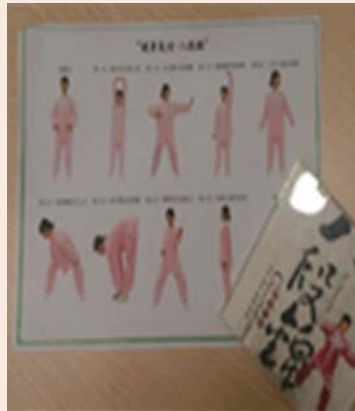
Together with the Nurse and Allied Health Clinic (NAHC) in the Central and Western District, Southern District RAMP Clinic provide a comprehensive multidisciplinary service to promote health among residents in the community.



Entrance of RAMP Clinic SD



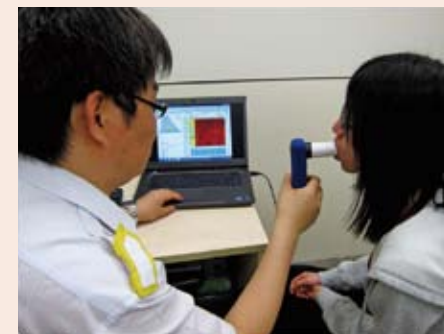
Integrated Mental Health Service



Optometry Service



Smoking cessation and counseling service



Physiotherapy Services

Climate Change and Health

UN Climate Summit

A United Nations climate summit on 23 September 2014 was attended by more than 120 world leaders. It aimed to galvanize political will to agree a global climate treaty for the post-2020 period by the end of next year.

The Global Carbon Project report, produced by leading research institutes, found that global greenhouse gas emissions would hit a record high this year, driven mainly by China's growth. That output will keep the world far off track from the deep cuts needed to limit climate change.

China's carbon emissions were set to rise by 4.5 per cent this year to 10.4 billion tonnes, more than the 5.2 billion tonnes emitted by the US and the EU's 3.4 billion tonnes. US emissions would fall by 0.9 per cent this year and those from the EU would fall by 1.1 per cent. The report projected that the amount of world emissions could reach 43.2 billion tonnes in 2019, where 12.7 billion would be from China alone.

The 2014 world carbon emissions levels were 65 percent or above comparing to 1990, despite repeated promises of curbs and a shift to renewable energies such as wind and solar power as part of policies to avert more floods, heatwaves and rising sea levels. As a result, the global temperature has already risen by 0.85 degrees Celsius since the Industrial Revolution (1750-1914), though many countries have agreed to limit the rise to a maximum of two degrees.

Climate change and health

WHO has pointed out that Climate change affects the social and environmental determinants of health – clean air, safe drinking water, sufficient food and secure shelter. Over the last 50 years, human activities – particularly the burning of fossil fuels – have released sufficient quantities of carbon dioxide and other greenhouse gases to trap additional heat in the lower atmosphere and affect the global climate.

In the past 100 years, the world has been warmed by approximately 0.75°C. Each of the last 3 decades has been successively warmer than any preceding decades since 1850. Sea levels are rising, glaciers are melting and precipitation patterns are changing. Extreme weather events are becoming more intense and frequent.

Extreme heat

Extreme high air temperatures contribute directly to deaths from cardiovascular and respiratory diseases, particularly among elderly people. In the heat wave of summer 2003 in Europe, for example, more than 70 000 excess deaths were recorded.

High temperatures also raise the levels of ozone and other pollutants in the air that exacerbate cardiovascular and respiratory diseases.

Levels of pollen and other aeroallergens are also higher in extreme heat. These can trigger asthma, which affects around 300 million people. Ongoing temperature increases are expected to increase this burden.

Natural disasters and variable rainfall patterns

Globally, the number of reported weather-related natural disasters has more than tripled since the 1960s. Every year, these disasters result in over 60 000 deaths, mainly in developing countries.

Rising sea levels and increasingly extreme weather events will destroy homes, medical facilities and other essential services. Increasingly variable rainfall patterns are likely to affect the supply of fresh water. A lack of safe water can compromise hygiene and increase the risk of diarrhoeal disease, which kills almost 600 000 children aged under 5 yearly. Floods contaminate freshwater supplies, heighten the risk of water-borne diseases, and create breeding grounds for disease-carrying insects such as mosquitoes.

Patterns of infection

Climatic conditions strongly affect water-borne diseases and diseases transmitted through insects, snails or other cold blooded animals. For example, climate change is projected to widen significantly the area of China where the snail-borne disease schistosomiasis occurs. Moreover, malaria and dengue fever are influenced by climate.

Looking forward

Many policies and individual choices have the potential to reduce greenhouse gas emissions and produce major health co-benefits. For example, promoting cleaner energy systems, safe use of public transportation and active movement – such as cycling or walking as alternatives to using private vehicles – could reduce carbon emissions, and cut the burden of household air pollution, which causes some 4.8 million deaths per year, and ambient air pollution, which causes about 3.7 million deaths every year.

References:

1. China's carbon emissions more than US and EU combined, data shows, Agencies in Oslo and New York and Li Jing, SCMP, 23 September, 2014
2. Climate change and health, WHO Media centre, Reviewed August 2014

Compiled by Dr. Sze Hon Ho

Interest Group in Dermatology - The 43rd Meeting on 6 September 2014

Dr. Mok Wai Che, Lena – College Member

Theme : **Common Dermatoses in Daily Practice**

Speaker : Dr. Hau Kwun Cheung
(Specialist in Dermatology)

Moderator : Dr. Lam Wing Wo, Edmund
(Coordinator, Board of education)

Learning points

In dermatology, eyes are the single most important tool in making the correct diagnosis.

The first case discussed was brought up by a group member, about a patient presented with several plaque lesions over the trunk for several weeks. It was treated partially by the patient with steroid cream. The tell-tale features are the raised erythematous active edge and the hyperpigmented centre. The dusty red colour of the raising edge is due to dermal inflammation and this is suggestive of superficial fungal infection. Usually, we will look for scaling as a feature suggestive of superficial fungal infection but this lesion has no scales since the inflammation is partially suppressed by the topical steroid. It also explains why the lesion is not very itchy, because steroid partially suppressed the immune response. Hence, the diagnosis is Tinea Incognito. In practice, this kind of lesion needs treatment for a longer time. If no improvement, it may require a biopsy for pathological diagnosis.

In the discussion of another case, Dr. Hau advised us to write a clear clinical history whenever sending specimens for pathology. It is also important to read every pathological report carefully and correlate the report with the patient's clinical history before making a definitive diagnosis.

We then discussed several cases on atopic eczema. In order to make a correct diagnosis of atopic eczema, one needs to note the distribution of the skin lesions. Different distributions of lesions are observed among different age groups. In children, faces are the typical area of involvement because of frequent rubbing. Atopic eczema is likely when the itchiness is chronic, the clinical picture waxes and wanes, and when there is presence of other history of atopy and a family history of atopy. The presence of lichenification and excoriation are features that points to chronic

eczema. In management of atopic eczema, there are a few useful tips. The most important thing to bear in mind is to work with the patient to control scratching. Sometimes, nocturnal sedative antihistamines may be helpful to decrease scratching at night. As the presence of lichenification and excoriation significantly decrease the absorption and penetration of drugs to a few percent, it is important to first moisturize the lesion with a moisturizer, say for 2 to 3 minutes prior to the application of steroid.

Also, we should watch out for secondary Staphalococcus aureus infection in patients with atopic eczema. The characteristic golden-yellow crusting is very diagnostic. This complication is quite common indeed, because of the colonization of the bacteria in eczematous skin and the frequent use of topical steroid which can damp down the inflammation. Treatment with a very diluted potassium permanganate solution (diluted in water to become a solution with just a tinge of pink colour) for 4-7 days can remove the crust and can give a reasonable improvement. If the progress is not good, topical antibiotics or even oral antibiotics should be considered.

Tacrolimus class of drug should be reserved to the maintenance treatment of atopic eczema but not for acute flare ups.

On occasions, the flexure areas may become very red and painful with weeping because of acute inflammation in epidermal injury. The use of any cream and lotion will increase the irritation and cause an increase in pain. Proper treatment is to use soothing agents like normal saline solution or diluted potassium permanganate before the use of topical steroid.

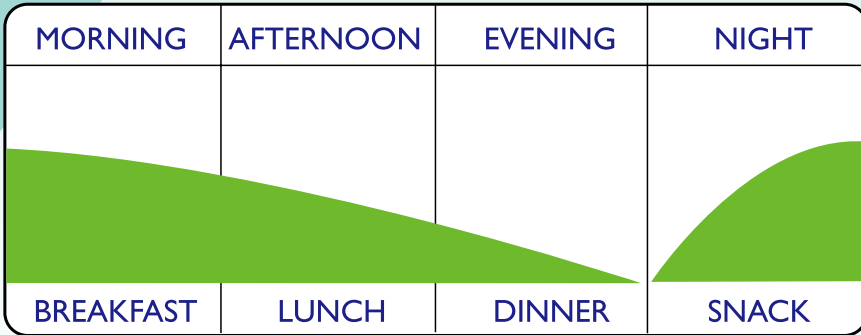
Next meeting

The next meeting will be on 1 November 2014 (Saturday). The guest speaker is Dr. Chan Shu Yu, Specialist in Dermatology. He will speak to us on the management of acne and related disorders.

All members are welcome and encouraged to present their cases and problems for discussions or role play. Please send your cases to our secretariat (johnlee@hkcfp.org.hk) 2 weeks before the date of presentation.

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References

1. Hyllested-Winge J et al. A review of 25 years' experience with the NovoPen® family of insulin pens in the management of diabetes mellitus. Clin Drug Invest 2010; 30(10): 643–674. 2. Göke B et al. NovoPen® 4 offers superior performance, handling and acceptance compared with NovoPen® 3 in insulin-treated diabetes patients. Diabetes Technol Ther 2005; 7(2): 379. 3. Kristensen CM and Donsmark M. Dose accuracy and durability of the NovoPen® 4 insulin delivery device before and after simulation of 5 years of use and under various stress conditions. Clin Ther 2009; 31(12): 2819–2823. 4. Somavilla B and Pietranera G. A randomized, open-label, comparative crossover handling trial between two durable pens in patients with type 1 or 2 diabetes mellitus. J Diabetes Sci Technol. 2011; 5(5): 1212–1221.1221.

Further information is available from

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THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

34th Annual Refresher Course
23 November – 14 December 2014

REGISTRATION FORM

H.K.C.F.P.
Room 803-4, HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Dear Sir / Madam,

I am a Member/ Non-Member of the Hong Kong College of Family Physicians.

The whole course:-

Five Luncheon Lectures and Four Workshops (Including Fee for Certificate of Attendance)	College Fellow, Full or Associate Members	: HK\$900.00	()
	Other Categories of Members	: HK\$1200.00	()
	Non-members	: HK\$1800.00	()
	FM Trainees	: HK\$600.00	()

Spot admission:-

23 Nov (Sun)	Cardiovascular Risks Factors 1) Optimizing Glycemic Control to Improve Renal and Cardiovascular Outcomes: Findings from ADVANCE-ON 2) Heart Rate, a Forgotten Cardiovascular Risk Factor?	()
25 Nov (Tue)	Hypertension Update on the Management of Hypertension	()
27 Nov (Thur)	Knee Injury Common Knee Injuries in Daily Practice	()
30 Nov (Sun)	Cardiovascular 1) TBC 2) CV protection and lipids...what's new for 2015?	()
2 Dec (Tue)	Asthma New update on Once-Daily ICS/ LABA management in Asthma	()
4 Dec (Thur)	Diabetes Update on type 2 diabetes management: Focus on DPP-4 inhibition	()
7 Dec (Sun)	Diabetes Understanding the Pathophysiology of T2DM and New Paradigm for Treatment: Clinical Rationale and Trial Data	()
9 Dec (Tue)	Mood Disorder / New Technology in DM Management TBC	()
14 Dec (Sun)	Dyslipidemia 1) Optimizing Diabetic Dyslipidemia Beyond Traditional Risk Factors and LDL-C Control: Is There a Microvascular Benefit? 2) TBC	()

College Fellow, Full or Associate Members	: HK\$250.00	X _____	lecture/workshop(s)
Other Categories of Members	: HK\$350.00	X _____	lecture/workshop(s)
Non-members	: HK\$450.00	X _____	lecture/workshop(s)
FM Trainee	: HK\$400.00	for 4 Sunday workshops	
	HK\$150.00	X _____	luncheon lecture(s)

Enclosed please find a cheque (made payable to "HKCFP Foundation Fund") of HK\$ _____ being payment in full for the above. **(All Fees received are non-refundable and non-transferable.)**

Name: _____

Email: _____

Tel: _____ Date: _____

- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hospital for the clinical attachment.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

34th Annual Refresher Course 2014

*** 1st Announcement ***

The 34th Annual Refresher Course (ARC) will be held from 23 November to 14 December 2014. There will be five Luncheon Lectures and four Workshops.

2 CME points will be awarded for each Luncheon Lecture and 3 CME points for each Workshop according to Category 4.5. MCQs will be distributed for each session of the Refresher Course, i.e. there are a total of 9 MCQ papers. The MCQ answers have to be returned to the College Secretariat on the original question forms **within 2 weeks** of the completion of the Refresher Course (**latest by 31 December 2014**). A member will be awarded 1 extra CME point for a score of over 60% for each MCQ paper. Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.

As it is a history for such an educational programme to be held continuously for quarter a century in Hong Kong, those who have attended 70% or more of all the sessions of the Refresher Course will be awarded a "Certificate of Attendance".

Members who have attended the ARC for ten consecutive years or more will be awarded one free admission. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance. Please call the College Secretariat to confirm your previous enrollment.

Registration is now open and must be made before 17 November 2014. As the number of space is limited, it will be offered on first come first served basis. **Please also note that admission fees are not refundable.** Ten free registrations for each Lecture and Workshop will be offered to student members who wish to apply for free registration, please call Ms. Windy Lau at 2528 6618 before 17 November 2014.

Registration form could be found on Page 19.

Luncheon Lectures

Date	25 November (Tue)
Topic	Hypertension Update on the Management of Hypertension
Speaker	Dr. Leung Tat Chi, Godwin
Sponsor	A. Menarini Hong Kong Limited
Date	27 November (Thur)
Topics	Knee Injury Common Knee Injuries in Daily Practice
Speakers	Dr. Lau Chi Yuen
Sponsor	A. Menarini Hong Kong Limited
Date	2 December (Tue)
Topics	Asthma New update on Once-Daily ICS/ LABA management in Asthma
Speakers	Dr. Mok Yun Wing, Thomas
Sponsor	GlaxoSmithKline Limited
Date	4 December (Thur)
Topics	Diabetes Update on type 2 diabetes management: Focus on DPP-4 inhibition
Speakers	Dr. Tsang Man Wo
Sponsor	Eli Lilly Asia, Inc and BI
Date	9 December (Tue)
Topics	Mood Disorder / New Technology in DM Management
Speakers	TBC
Sponsor	sanofi-aventis Hong Kong Ltd.

Venue	: Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon
Time	: 1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 3:00 p.m. Lecture 3:00 p.m. Discussion

Sunday Workshops

Date	23 November (Sun)
Topics	Cardiovascular Risks Factors 1. Optimizing Glycemic Control to Improve Renal and Cardiovascular Outcomes: Findings from ADVANCE-ON 2. Heart Rate, a Forgotten Cardiovascular Risk Factor?
Speakers	1. Prof. Sophia Zoungas 2. Dr. Siu Chung Wah
Sponsor	Servier Hong Kong Ltd.
Date	30 November (Sun)
Topics	Cardiovascular 1. TBC 2. CV protection and lipids...what's new for 2015?
Speakers	1. TBC 2. Dr Sandeep Gupta
Sponsor	AstraZeneca Hong Kong Limited
Date	7 December (Sun)
Topics	Diabetes Understanding the Pathophysiology of T2DM and New Paradigm for Treatment: Clinical Rationale and Trial Data
Speakers	TBC
Sponsor	Takeda Pharmaceuticals (Hong Kong) Limited
Date	14 December (Sun)
Topics	Dyslipidemia 1. Optimizing Diabetic Dyslipidemia Beyond Traditional Risk Factors and LDL-C Control: Is There a Microvascular Benefit? 2. TBC
Speakers	1. Dr. Wong Bun Lap 2. Dr. Gwee Kok-Ann
Sponsor	Abbott Laboratories Ltd.

Venue	: Langham Place Hotel, 555 Shanghai Street, Mongkok, Kowloon
Time	: 1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 4:15 p.m. Lectures 4:15 p.m. – 4:30 p.m. Discussion

Registration Fees:

Registration fees for the whole Refresher Course (including five Luncheon Lectures and four Workshops) are:

College Fellow, Full or Associate Members	: HK\$900.00
Other Categories of Members	: HK\$1200.00
Non-members	: HK\$1800.00

Spot admission fee for each Luncheon Lecture or Workshop is:

College Fellow, Full or Associate Members	: HK\$250.00
Other Categories of Members	: HK\$350.00
Non-members	: HK\$450.00

FM Trainees Package:

Full Course	: HK\$600.00
Sunday Workshops	: HK\$400.00 for 4 Workshops
Each Luncheon lecture or workshop	: HK\$150.00 each

Remarks: Topics may be subject to change.
Lecture/ Workshop(s) will be conducted in English.

1 November 2014 Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice	
Theme	The Management of Acne and Related Disorder	
Speaker	Dr. Chan Shu Yu Skin Specialist	
Co-ordinator & Chairman	Dr. Lam Wing Wo, Edmund The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Lunch
	2:00 p.m. – 4:00 p.m.	Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	
Admission Fee	Members	Free
	Non – members	HK\$ 300.00
	HKAM Registrants	HK\$ 150.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Cantonese.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.	

HKCFP would like to thank HKMA for supporting this educational activity.

Sponsored by
Galderma Hong Kong Limited

6 November 2014 Thursday

Practical Guide on BPH Management in the Primary Care Setting

	Dr. William Lynch <i>Chairman, Department of Surgery, Hurstville Hospital & Head Department of Urology The St George Hospital Sydney, Australia</i>	
Chairman	Dr. Siu Che Hung, Paul The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Jade Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
GlaxoSmithKline Limited

7 November 2014 Friday

Low and Reduced Calorie Sweeteners and Health, the Science and the Controversies

	Dr. John Foreyt <i>Professor, Department of Medicine and the Department of Psychiatry and Behavioral Studies, Baylor College of Medicine, Houston, Texas.</i>	
Chairman	Dr. Chan Chung Yuk, Alvin The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Pearl Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Cola-Cola China Limited

21 November 2014 Friday

New Treatment Option in Management of Post Herpetic Neuralgia

	Dr. Joseph V. Pergolizzi <i>Adjunct Assistant Professor, Department of Medicine, School of Medicine, Johns Hopkins University</i>	
Chairman	Dr. Au Yeung Shiu Hing The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Crystal Ballroom A, Level B3, Holiday Inn Golden Mile, 50 Nathan Road, Tsim Sha Tsui, Kowloon	
Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Mundipharma (Hong Kong) Limited

26 November 2014 Wednesday

New Era of COPD Management - Dual Bronchodilation

Professor David Price

*Professor,
Primary Care Respiratory Medicine,
The University of Aberdeen, Scotland*

Chairman	TBC The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Shanghai Room, Level 8, Langham Place Hotel, 555 Shanghai Street, Kowloon, Hong Kong	

Admission Fee	College Fellow, Full or Associate Members	Free
	Other Categories of Members	HK\$ 350.00
	Non-Members	HK\$ 450.00
	All fees received are non-refundable and non-transferable.	
Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CME points MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.	

Sponsored by
Novartis Pharmaceuticals (HK) Limited

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

October's session:

Date	31 October 2014 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	1. Disturbed Behaviors and Medico-legal Consequences 醫生和七椿罪 – Dr. Choi Kin 2. Risks and Medico-legal Problem in Mental Health – Dr. Teoh Ming Keng
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture 1 will be conducted in Cantonese and Lecture 2 will be in English.

November's session:

Date	28 November 2014 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Practical Approach to LUTS / BPH – Dr. Chu Sai Man
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

Community Education Programme

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
8 November 2014 2:15 – 3:45p.m.	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Work Stress Management Workshop Dr. Lam Wing Wo (Private Family Doctor)	Ms. Clara Tsang Tel: 2327 6852

Structured Education Programmes

Free to members
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
5 November 14 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	What is an Informed Consent? Dr. Wan Ka Yan	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Depressive disorder Dr. Cheuk Hiu Ying & Dr. Wong Hong Kiu Queenie	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Breaking Bad News Dr. Tse Wan Ying	Ms. Crystal Law Tel: 2632 3480
6 November 14 (Thur)			
2:15 – 5:15 p.m.	Meeting Room 1, 1/F, Block F, UCH	Depressive disorder Dr. Leung Ching Ching & Dr. Tsui Hiu Fa	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Approach to Ankle/Foot pain Dr. Ng Mei Po and Dr. Cheuk Tat Sang	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Sharing of Research Project Dr. Leung Wan Mun	Ms. Kwong Tel: 2595 6941
12 November 14 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Commonly Used Psychotropic Medicine in Primary Care Dr. Pang Kit Hing	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Video viewing: Common Paediatric Surgical conditions in Family Practice & Case presentation (Paediatric cases) Dr. Liu Kam Wing Kelvin & Dr. So Tsang Yim	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Management of common fractures in Emergency Department or OPD setting Dr. HK Tong	Ms. Elaine Cheung Tel: 2589 2479
13 November 14 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Family and Health Dr. Chan So Wai Sara & Dr. Chan Wing Chi Annie	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Clinical Approach to Sleep Disorders Dr. Wu Sze Man and Dr. Sze Siu Lam	Ms. Cordy Wong Tel: 3513 3087
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	LAP Video Review Dr. Cheng Kit Wing	Ms. Kwong Tel: 2595 6941
19 November 14 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Update on Smoking Cessation Dr. Chan Ham	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	TBC TBC	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	The Red Book Dr. Pura Cheng	Ms. Elaine Cheung Tel: 2589 2479
5:00 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Evidence Base Practice Website Dr. Chan Lam	Ms. Crystal Law Tel: 2632 3480
20 November 14 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	TBC TBC	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	How to Write up a Research Project Dr. Ho Chung Yu	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Brief Counseling/Interventions for Generalized Anxiety Dr. Yeung Wai Man	Ms. Kwong Tel: 2595 6941
26 November 14 (Wed)			
2:15 – 4:45 p.m.	E1034AB, 1/F, Main Block, Tuen Mun Hospital	Principle of Leicester Assessment Package (LAP) Dr. Tong Ka Hung and Dr. Lam Yip Cheung	Ms. Eliza Chan Tel: 2468 6813
2:15 – 5:15 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Approach to management of thyrotoxicosis & goitre/ thyroid nodule Dr. Chan Kam Sum & Dr. Lee Shek Hang	Ms. Cordy Wong Tel: 3513 3087
5:15 – 7:15 p.m.	Lecture Hall, 5/F, 30 Hospital Road, Tsan Yuk Hospital	Practice Assessment Package - Sterilization, Disinfection Dr. Nicole Chan	Ms. Elaine Cheung Tel: 2589 2479
27 November 14 (Thur)			
2:15 – 5:15 p.m.	Auditorium, G/F, Tseung Kwan O Hospital	Approach to management of thyrotoxicosis & goitre/ thyroid nodule Dr. Lam Wing Sze & Dr. Lee Wing Mei Dickinson	Ms. Cordy Wong Tel: 3513 3087
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Update Management of Patients with OA Knee in Primary Care Dr. Yip Chun Kong and Dr. Tsui Felix	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Brief Interventions for Health Anxiety Dr. Wu Xiao Qing	Ms. Kwong Tel: 2595 6941

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Oct 1:00 – 4:00 p.m. Certificate Course on Osteoporosis	13	14	15 2:15 – 7:15 p.m. Structured Education Programme	16 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	17	18 2:00 – 4:00 p.m. EBM Workshop
19 1:00 – 4:00 p.m. Certificate Course on Osteoporosis	20	21	22 2:15 – 7:15 p.m. Structured Education Programme	23 2:15 – 7:00 p.m. Structured Education Programme 7:00 p.m. Basic Training Introductory Seminar	24	25 2:30 – 5:00 p.m. DFM MSK Workshop
26 Conjoint Examination 2014 – OSCE Exam	27	28 7:00 – 9:00 p.m. Research Standardization Workshop	29 2:15 – 7:15 p.m. Structured Education Programme	30 2:15 – 7:00 p.m. Structured Education Programme 6:30 p.m. Post Exit Exam Workshop	31 2:30 – 3:30 p.m. Board of Education – Video Session	1 Nov 1:00 – 4:00 p.m. Interest Group in Dermatology
2	3 Deadline for Full Exit Exam 2015 (1 st attempt candidates)	4	5 2:15 – 7:15 p.m. Structured Education Programme	6 1:00 – 3:30 p.m. CME Lecture 2:15 – 7:00 p.m. Structured Education Programme	7 1:00 – 3:30 p.m. CME Lecture	8 2:30 – 5:00 p.m. DFM Clinical Audit Workshop & Quality Assurance
9	10	11	12 2:15 – 7:15 p.m. Structured Education Programme	13 2:15 – 7:00 p.m. Structured Education Programme 7:30 p.m. PA Subcom Meeting 9:00 p.m. 218th Board of Conjoint Examination Meeting	14	15 2:30 – 5:00 p.m. DFM Women's Health Workshop 2:30 – 5:30 p.m. CSA & PA Standardization Workshop
16	17	18	19 2:15 – 7:15 p.m. Structured Education Programme	20 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. HKCFP Council Meeting	21 1:00 – 3:30 p.m. CME Lecture	22 2:00 – 4:00 p.m. EBM Workshop
23 1:00 – 4:30 p.m. ARC 2014	24	25 1:00 – 3:30 p.m. ARC 2014	26 2:15 – 7:15 p.m. Structured Education Programme 1:00 – 3:30 p.m. CME Lecture	27 2:15 – 7:00 p.m. Structured Education Programme 1:00 – 3:30 p.m. ARC 2014	28 2:30 – 3:30 p.m. Board of Education – Video Session	29 2:30 – 5:00 p.m. DFM Intro to Family Therapy
30 1:00 – 4:30 p.m. ARC 2014	1 Dec Deadline for Full Exit Exam 2015 (Re-attempt candidates)	2	3	4	5	6

FP LINKS EDITORIAL BOARD 2014

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Back row (left to right): Dr. Ho Ka Ming, Dr. Chan Man Li, Dr. Fok Peter Anthony, Dr. Sze Hon Ho
Front row (left to right): Dr. Law Tung Chi, Dr. Natalie Siu, Dr. Maria Leung, Dr. Catherine Ng, Dr. Wendy Tsui, Miss Carmen Cheng and Dr. Alfred Kwong

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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