

# The HKCGP Annual Report (1982-1983)

Dr. Siu Leung Chow  
Hon. Secretary, H. K. C. G. P.

1983

The most important event of this past year was the formation of the Board of Examiners and the resolution by the Council of the format and content of the College's first special Fellowship Examinations. The foundations of the Examination had been laid by Dr. Natalis Yuen, our former Vice-President, who had done a tremendous amount of work by writing for opinions to other Colleges all over the world as well as local dignitaries. The finishing work was completed by Dr. Michael Y. K. Lee who succeeded Dr. Yuen as the Chairman of the Examination Planning Committee. The first Fellowship Examination will probably be held sometime in 1984. The Council had resolved to ask Prof. Hamish Barber and Prof. Neil Carson as our external examiners and Drs. Henry F. K. Li and Peter C. Y. Lee, Honorary Fellows of the College, as the local examiners. These special examinations will be conducted annually for three consecutive years. Candidates must be currently in general practice and have at least 400 credit points from participation in Postgraduate Studies and Refresher Courses. Successful candidates are eligible to apply to the College Council for admission as Fellows of the H. K. C. G. P.

Prof. Neil Carson, Professor of Community Practice, Monash University, Melbourne, Australia, was our speaker for our 2nd Refresher Course from 29th Nov. 1982 to 10th Dec. 1982. His original approach and pragmatic way of presentation drew every participant's utmost attention and interest. We dared not and would not miss one single session.

From local courses to international conferences we turned. Our President led a delegation of eleven council members, members and spouses to attend the 10th WONCA World Conference on Family Medicine in Singapore from 20th - 24th May 1983, the theme being "the Family Physician in a Changing World." This was the first time we had so many participants in a world Conference from Hong Kong. It had been an eye as well as ear opening experience for some of us who had attended. Our President hosted on behalf of our College a cocktail reception party for the WONCA Executive Committee and Presidents and Council Members of other countries. Our congratulations to our President for his election as WONCA's Regional Vice-President in Asia and Pacific Region. For those who missed the fun, see you in London in 1986 for the 11th World Conference. The Hon. Secretary had attended the Indonesian National Seminar in Jakarta on behalf of the President and presented Hong Kong's situation in continuing education and vocational training for Family physicians.

During the past year we had quite a bit of personnel changes: we bid farewell to Dr. K. K. Ho, our Editor and his wife and then Dr. Choi Ho Yin, former Chairman of Education Committee and Editor, and his wife who all went back to Australia. Best wishes to them all. We welcome to our Council Drs. Christopher Lund and Wai Heung Wah in their places. Our Administrative Secretary, Miss Irene M. C. So resigned, then Miss Dorothy Chan came and was snatched away by the H. K. University. Now we have Miss Nancy Kam, a Polytechnic graduate to work for us.

p. 637

# The HKCGP Annual Report (1982-1983)

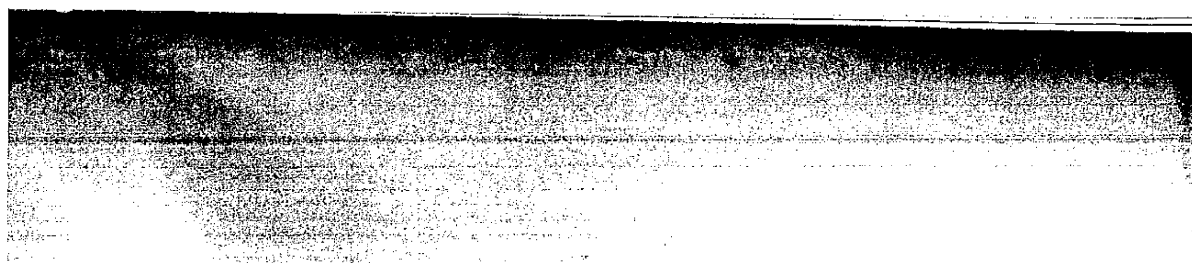
We have now more detailed reports from various Committees;—

*Education Committee* is chaired by Dr. Freddie Lau who reports that:

The main activities of the Education Committee for 1982 was centred around the Refresher Course in General Practice. It was held towards the end of the year and was conducted by Professor Neil Carson of Monash University in Melbourne. To say the least, it was well received by our members and each session was well attended by over 120 members. This no doubt reflected on the presentation and methodology of Prof. Carson. The Education Committee would like to express our sincere appreciation to the organising committee, local speakers, moderators and sponsors and last but not least, our administrative staff for their contributions to the success of this annual event.

The whole programme of the Refresher Course is printed hereunder for members' reference.

| <i>Date</i> | <i>Topic</i>                               | <i>Local Speaker</i>     | <i>Sponsor</i>             |
|-------------|--|--------------------------|----------------------------|
| 29/11/82    | Cardiac Problems and E. C. Gs.             | Dr. Pau Wing Iu, Patrick | I. C. I. (China) Ltd.      |
| 30/11/82    | Diagnostic Process in General Practice     | Dr. Paul Lam             | Astra Pharmaceuticals      |
| 1/12/82     | Eye Problems                               | Dr. Woo Chi Pang         | —                          |
| 2/12/82     | Sexual Problems and Management             | Dr. Choi Ho Ying         | Sandoz Pharmaceutical Ltd. |
| 7/12/82     | Preventive Care                            | Dr. Judith M. Longstaff  | Swire Loxley Ltd.          |
| 8/12/82     | Headache — Presentation and Classification | Dr. Huang Chenya         | Technicare Far East Ltd.   |
| 9/12/82     | Hepatitis and Prevention                   | Dr. E. K. Yeoh           | —                          |
| 10/12/82    | Hypertension - A Protocol                  | Dr. Siu Leung Chow       | Servier Far East Ltd.      |



## The HKCGP Annual Report (1982-1983)

Below is a summary of last year's functions and activities of the Education Committee:--

*i) Self-assessment programme*

There were 192 participants and 123 of these eventually received the Certificate of Post-graduate Studies (In 1981, the figures were 169 and 124 respectively).

The method of assessment was different from that of last year's: each participant was sent a set of multiple choice questions (MCQs) together with a copy of our official journal, the Hong Kong Practitioner, each month. A maximum of 10 points was awarded for each completed set of MCQs. No members could however obtain more than 60 points from this programme alone.

The contents of the past 12 issues of the Hong Kong Practitioner are listed below;--

| ISSUE                      | TOPIC   | AUTHOR   |
|----------------------------|---|--|
| Jan., '82<br>Vol. 4 No. 1  | <ol style="list-style-type: none"> <li>1. Health Screening in Hong Kong</li> <li>2. Epidemiological News: Salmonellosis (II)</li> <li>3. Plastic and Reconstructive Surgery</li> </ol>  | B. D. Apthorp<br>J. W. L. Kleevens<br>P. C. Leung      |
| Feb., '82<br>Vol. 4 No. 2  | <ol style="list-style-type: none"> <li>1. Systemic Lupus Erythematosus (SLE) in H. K.</li> <li>2. Einstein, Fleming, Galileo and Hepatitis -B<br/>                         Presidential Address to the H. K. U.<br/>                         Students' Medical Society</li> <li>3. Application of Reconstructive Principles and<br/>                         Techniques in Orthopaedic Surgery</li> </ol> | Anthony K. Y. Lee<br>Lai Ching Lung<br><br>P. C. Leung |
| Mar., '82<br>Vol. 4 No. 3  | <ol style="list-style-type: none"> <li>1. Drug Prescribing in Pregnancy</li> <li>2. Drug Treatment of Rheumatoid Arthritis</li> <li>3. Byssinosis</li> </ol>  | Vivian TAAM WONG<br>Mak Lai Wo<br>F. J. O'Kelly        |
| April, '82<br>Vol. 4 No. 4 | <ol style="list-style-type: none"> <li>1. Drug Prescribing in Children</li> <li>2. Paediatric Malignancies in Hong Kong</li> <li>3. Drug Eruptions</li> </ol>   | Yeung Chap Yung<br>Anita M. C. Li<br>Leung Sze Kee     |
| May, '82<br>Vol. 4 No. 5   | <ol style="list-style-type: none"> <li>1. Examination of the Ear in General Practice</li> <li>2. Use of Drugs in the Elderly</li> <li>3. Management of Visual Failure</li> </ol>  | Alfred Lam Tai-yiu<br>Ng Yau Yung<br>Wong Wing Fai     |

The HKCGP Annual Report  
(1982-1983)

| ISSUE                      | TOPIC   | AUTHOR   |
|----------------------------|---|--|
| June, '82<br>Vol. 4 No. 6  | <ol style="list-style-type: none"> <li>1. The H. K. C. G. P. Annual Report (1981-1982)</li> <li>2. Treatment of Functional Sexual Disorders (I)</li> <li>3. Psychosexual Dysfunction:<br/>Aetiology, Treatment and the Role of<br/>The General Practitioner</li> <li>4. Computers in Clinical Medicine</li> </ol> | <p>L. C. Siu<br/>K. Singer<br/>Nia Pryde</p> <p>Ronald Ng</p>                                    |
| July, '82<br>Vol. 4 No. 7  | <ol style="list-style-type: none"> <li>1. Treatment of Functional Sexual Disorders (II)</li> <li>2. Common Psychosexual Disorders:<br/>Presentation and Management</li> <li>3. Neurology for General Practitioners</li> </ol>   | <p>K. Singer<br/>Nia Pryde<br/>Judith Longstaff<br/>Dominic K. Foo</p>                           |
| Aug., '82<br>Vol. 4 No. 8  | <ol style="list-style-type: none"> <li>1. Early Identification of Children With<br/>Developmental Delay in Hong Kong</li> <li>2. Diagnostic Imaging for Paediatric Abdominal<br/>Tumour</li> <li>3. Drug Prescribing in Renal Disease</li> </ol>  | <p>Chan Chok Wan</p> <p>F. L. Chan</p> <p>C. K. Yeung</p>  |
| Sept., '82<br>Vol. 4 No. 9 | <ol style="list-style-type: none"> <li>1. A Lump in the Breast</li> <li>2. B. C. G. Vaccination and Its Complications</li> <li>3. Beta-Blockers Revisited</li> </ol>  | <p>T. T. Alagartnam<br/>Ng Hin Kwong<br/>Nelson Wong</p>   |
| Oct., '82<br>Vol. 4 No. 10 | <ol style="list-style-type: none"> <li>1. Anthrax</li> <li>2. The Evolution of Paediatric Surgery<br/>and Its Perspective in Hong Kong</li> <li>3. Surgical Treatment of Organic Erective Impotence</li> </ol>  | <p>F. J. O'Kelly<br/>James T. K. Lau</p> <p>Peter H. W. Liu</p>                                  |
| Nov., '82<br>Vol. 4 No. 11 | <ol style="list-style-type: none"> <li>1. Approach to Syncope</li> <li>2. A Family with Fever</li> <li>3. Biofeedback - A New Form of Treatment for<br/>Stress Related Disorders</li> </ol>   | <p>C. Y. Huang<br/>Pun Kin Kee<br/>Y. K. Tam</p>   |
| Dec., '82<br>Vol. 4 No. 12 | <ol style="list-style-type: none"> <li>1. Stress and Its Psychophysiology</li> <li>2. A Retrospective Study of Penicillianase -<br/>Producing Neisseria Gonorrhoeae in H. K.</li> <li>3. Dybaric Osteonecrosis</li> </ol>   | <p>Noel Y. T. Kung<br/>Bernard W. K. Lau<br/>Ng Wai Shing<br/>Fung Ho Wang<br/>F. J. O'Kelly</p> |

## The HKCGP Annual Report (1982-1983)

### ii) Seminars/Lectures

Throughout the year 1982 and up till present, the Committee has organized a total of fourteen scientific meetings.

| <i>Date</i> | <i>Topic</i>  | <i>Speaker</i>                             | <i>Sponsor</i>   |
|-------------|---|--|--|
| 12/2/82     | Chronic Hepatitis   | Prof. Hans Popper and<br>Prof. Frank Cheng | Dr. Falk International and<br>Jacobson Van Den Berg<br>(HK) Ltd. |
| 16/3/82     | Medical Treatment of<br>Rheumatoid Arthritis  | Dr. Mak Lai Wo                             | Pfizer Corporation   |
|             | Surgery for Rheumatoid<br>Arthritis   | Prof. John C. Y. Leong                     | Pfizer Corporation   |
|             | Pharmacological Basis of<br>Modern Non-Steroidal<br>Anti-Inflammatory Drugs           | Dr. W. S. Pau                              | Pfizer Corporation   |
| 7/4/82      | Diagnostic and Operative<br>Arthroscopy of the Knee                                   | Dr. William Y. Yu                          | Technicare- Far East   |
|             | Pelvic Ultrasound and<br>Abdominal Ultrasound   | Dr. Connie M. Siu                          | Technicare- Far East   |
| 19/4/82     | General Practice in Canada<br>and Australia --<br>A Comparative Study                 | Prof. R. Perkins                           | —  |
| 22/7/82     | Immunology for the General<br>Practitioner  | Prof. G. S. Panayi                         | Eli Lilly S. A.  |
| 18/8/82     | Cardiac Myopathy  | Dr. Kong Siu Ming                          | Servier (Far East) Ltd.  |
| 21/9/82     | Current Trends in<br>Bronchodilator Therapy   | Prof. Hans I. Formgren                     | Astra Pharmaceutical<br>AB                                       |
| 22/3/83     | Chronic Obstructive<br>Airway Disease   | Dr. Ross J. Taylor                         | Astra Pharmaceutical<br>AB                                       |
| 25/3/83     | Polypharmacy and Elderly<br>Patient Compliances in<br>Drug Therapy                    | Dr. Ross J. Taylor                         | Servier (Far East) Ltd.  |
| 12/5/83     | The Role of NIZORAL<br>Ketoconazole in the<br>management of fungal<br>skin infections | Prof. Paul Jacobs and<br>Dr. Wong Kwok On  | Johnson & Johnson<br>(HK) Ltd.                                   |

# The HKCGP Annual Report (1982-1983)

|         |  |                   |   |
|---------|--|-------------------|---|
| 16/5/83 | Communicable Diseases Control in Hong Kong | Dr. S. H. Lee     | - |
|         | Haemorrhagic Dengue Fever                  | Dr. P. J. Preston | - |
| 18/5/83 | Community Psychiatry                       | Dr. W. H. Lo      | - |
|         | An Introductory Course to Acupuncture      | Dr. C. K. Butt    | - |
|         | Recent Advance in Acupuncture              | Dr. Mable Yang    | - |

In June 1982, the Royal Australian College of General Practitioners – Victoria Faculty organized a General Practice Course at the Shangri-la Hotel from 13th to the 18th. Our members, Dr. P. J. Preston and Dr. C. D. Lund had been invited to speak at the Conference on “Management of Malaria in Australasia” and “General Practice in Hong Kong” respectively.

### iii) *Viewing Session*

This activity of the Committee still enjoys an increasing popularity as the attendance sheet revealed. However owing to circumstances beyond their control, Roche Far East Limited had to discontinue the loan of their viewing equipment but had promised to continue supplying video-cassettes for viewing purposes. At this stage we extend our appreciation to Roche Far East Limited for their contribution to our College’s educational programme.

I am pleased to announce that due to the far-sightedness of our Council and the generosity of the following companies, we have acquired our own viewing equipments. Our sincere thanks goes to Watson’s Pharmaceuticals, Astra Pharmaceuticals, South China Medical Supplies, Fisons Pharmaceuticals and Servier Far East Laboratories whose contribution made it possible for the College to obtain its own viewing equipments.

The Education Committee appreciates all those who have been active in all the activities organised by this Committee. However I believe there is always room for improvement and I hope that future participation in and support to our College’s activities would be more appreciated.

## The HKCGP Annual Report (1982-1983)

2. *Membership Committee* is chaired by Dr. Wong Yat Wah who reports as follows:—

Increase in membership:—

|                  | (June 1983)<br>At Present | May 1982     |
|------------------|---------------------------|--------------|
| Full member      | 273 (+ 43)                | 230          |
| Associate member | 66 (+ 9)                  | 57           |
| Affiliate member | 99 (+ 58)                 | 41           |
| Student member   | 196 (+151)                | 45           |
| Visiting member  | 5 (+ 1)                   | 4            |
| Overseas member  | 13 (+ 6)                  | 7            |
|                  | -----<br>652 ( 268 )      | -----<br>384 |

Note: The numbers in brackets are the actual increases. We must thank Dr. Wong for his efforts which resulted in such a dramatic increase especially in affiliate and student membership — the increase in the later category denotes the awareness of the importance of general practice in the minds of the students while that of the former may reveal increasing association with 'specialist' colleagues.

We are glad to announce that so far we have elected four Honorary Fellows of the College -- Dr. Henry F. K. Li and Prof. M. J. Colbourne (elected in 1980) and Dr. Peter C. Y. Lee and Dr. David Game (elected in 1983).

3. *Vocational Training and Standards Committee and the Board of Examiners* were both chaired by Dr. Michael Y. K. Lee who reports as follows:—

The College is planning to start vocational training for general practice at the end of this year. Negotiation is undergoing well with a subvented hospital in Kowloon and is almost reaching agreement now. Vocational training will consist of two years of in-service training in the hospital with rotation in all the disciplines of medicine followed by one year of actual practice as a GP. Details of this vocational training programme will soon be disseminated when final decision is reached between the College and the hospital.

p. 643

Fellowship Examination will be held for candidates who have undergone the full vocational training programme. The Fellowship Examination will consist of two parts, a Part I written and a Part II case presentation and viva.

Another form of Fellowship Examination which involved only a viva without the full Part I and Part II Examination will be conducted from 1984 onwards for a limited amount of years only. This form of examination will be confined to members who are currently in general practice and who have gathered 400 credit points from the Education Committee during the past two years.

Members are encouraged to join the latter type of Fellowship Examination as soon as possible because it will not be carried out again after three years.

4. *Epidemiology/Research Committee* was chaired by Dr. Paul Lam. The Committee's survey in practice management was published in the March issue of the Hong Kong Practitioner 1983 as 'General Practice In Hong Kong - Patterns of Management 1981-2'. The Committee also proposes to look further into how patients behaviour and doctors' behaviour can be either modified or reinforced to their mutual benefit, and to the improvement of the health of the people of Hong Kong in future.

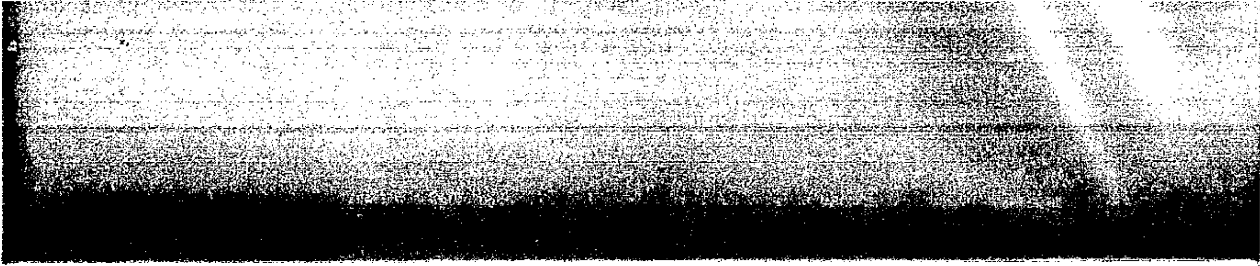
5. *Public Relations Committee* is chaired by Dr. Henry C. W. Wong. The annual ball was replaced by the Annual Reunion Dinner ('spring dinner') on 27th Feb. 1983 at the Asiana Restaurant. Over 200 guests and members attended. Certificates of Postgraduate Studies and Certificates of Attendance at the Refresher Course were presented.

Besides the Presidential Dinner, our President also hosted receptions for Dr. Donald I. Rice, Executive Director of the College of Family Physicians of Canada; Dr. Lindsay Thompson, President of the Australian Medical Association; Dr. Richard Finch, President of RACGP; and Dr. David Game, President of WONCA. The Council also met Mr. Paul Blaikley of the HKU and Dr. G. P. Maguire from Manchester and Dr. Ross Taylor of Aberdeen.

We had also liaised with the Estate Doctors' Association concerning a local field visit by members of the College of Family Physicians of Canada in May 1983.

The HKCGP Prize 1982 went to the project entitled 'Medical Services provided by the Estate Doctors in Hong Kong' done by a group of H. K. U. medical students and the prize was presented by Dr. P. J. Preston, on behalf of the College, on Dec. 9, 1982.





## The HKCGP Annual Report (1982-1983)

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6. *House Management Committee* was chaired by Dr. David T. W. Wong. After the Society for the Mentally Handicapped had left Room 804 of our Premises, we had subsequently reached an agreement with the Hong Kong Family Welfare Society, allowing them the use of the room till August 1983. We continued to have the Society for Rehabilitation as our tenant for the coming year.
7. *Library Committee* is chaired by Dr. Henry C. W. Wong. Besides various journals from other Colleges the recently acquired 'Tenth WONCA World Conference on Family Medicine Conference Proceedings' is a must for all. We wish to thank Dr. Donald Rice for providing us with various publications of the Canadian College and also to the Malaysian College and to Dato Dr. R. Balasundaram for their publications.

### *Acknowledge*

Again we wish to thank the various societies and organisations in helping our attendance-record-keeping during their functions and drug firms and other companies in continuing advertising in the Hong Kong Practitioner. We also wish to thank our Censors: Dr. Peter Preston (Chief Censor), Prof. David Todd, Dr. Henry F. K. Li and Prof. Stuart Donnan. We also thank all contributors of articles to our monthly journal.

In closing may we share with you the closing remarks of the opening Key-note address by Dr. Donald Rice in the 10th WONCA Conference:—

*The major challenge to those engaged in advancing the concept of a new and better trained family physician — is to enlist the confidence and support of the established practice and educational community. I am confident that given time Family Medicine will be acknowledged as a full and equal partner with the more established medical disciplines in the education of future family physicians.'*

This seems to be the very direction our College is heading towards. So join us, don't be left behind.

p. 645.