

The Hong Kong College of General Practitioners

Annual Report

Submitted by

The Honorary Secretary

at the

HKCGP Annual General Meeting

on

27th September 1988

The Hong Kong College of General Practitioners

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ANNUAL REPORT 1987-1988

1987-1988 saw significant progress in the further development of General Practice in Hong Kong, in which your College played a vital role. It was a year of immense activity by the College. I hope this report will be able to convey to you the extent of that activity. The commitment by so many of our fellow members on behalf of the College was most reassuring and gratifying.

Externally, we are proud to say that the WONCA Regional Conference, held in September 1987, hosted by the College had been an overwhelming success. It attracted 500 delegates from 35 countries and earned the College tremendous praises and goodwill from the international fraternity of general practice as well as placed the Hong Kong College firmly on the world map of family medicine. The five candidates who passed the first Conjoint HKCGP and RACGP Fellowship Examination were also conferred fellowships of both Colleges during the WONCA Conference opening ceremony, in the presence of overseas and local medical dignitaries — a major step forward towards international and local recognition of the status of our fellowship. In this respect, the College President had already written to both the British General Medical Council (London) and the Hong Kong Medical Council for official recognition of our fellowship as an additional registrable higher medical qualification. The Honorary Secretary had also written twice, on behalf of the College Council, to the Chairman of the Government Working Party on Postgraduate Medical Education and Training for inclusion of General Practice/Family Medicine as a distinct specialty in its own right in the future Hong Kong Academy of Medicine. It is gratifying to note that it is likely that the Hong Kong College of General Practitioners will be one of the seven Foundation Colleges of the proposed Academy. The College also welcomes the formation of two other Colleges in Hong Kong in the last two years: the Hong Kong College of Physicians in 1987, and the Hong Kong College of Obstetricians and Gynaecologists in 1988, and wishes them every success. We hope to work closely with them and other Foundation Colleges in future towards a common goal of achieving the highest possible standard of medical practice in Hong Kong.

The College has also been actively involved in WONCA activities in the past year. Our President is currently the Chairman of WONCA Council. The Honorary Treasurer was appointed a member of the WONCA Nominating Committee (a powerful committee responsible for selecting candidates for various offices of the organisation including the President and members of the Executive), and the Chief Editor of the College Journal was nominated for the editorship of WONCA News. Our President was invited to deliver the Keynote address at the Annual General Meeting of the Chinese-Taipei Association of Family Medicine in Taiwan, a member of WONCA, in March 1988. He was also invited together with the WONCA President, Dr. M. K. Rajakumar, by the Chinese Medical Association and the Ministry of Health of China to visit Beijing for one week in May this year to discuss the Primary Care Services in China and the prospect of the introduction of General Practice teaching and training in undergraduate and postgraduate curricula in medical schools throughout China. Currently, the College is actively organising a scientific symposium to which both Beijing and Taipei will be invited to attend for the purpose of discussing and sharing experiences on a common problem. Rest assured that your College will continue to play an active role in international affairs, and will keep up the good work of acting as a bridge and vital link between the medical profession in the Mainland and Taiwan in the future (please refer the External Affairs Committee Report).

Internally, we are very pleased to inform members that the doggedly pursued policy in the past of maximizing income and minimizing expenditure, though sometimes unpopular with members concerned, had at long last produced the desired result. For the first time since its inception, the College is proud to announce that its income and expenditure balance sheet was no longer in the red, and is presently showing a positive balance (please refer the Statement of Accounts submitted by the Hon. Treasurer), in spite of (a) a substantial increase in educational activities; (b) giving concessional entrance fees and subscription rates to fresh medical graduates and medical students (please refer the Membership Committee Report); and (c) the maintenance of a low membership subscription fee. A provident fund was set up this year for the College Secretariat staff to provide them with long term employment security. We take this opportunity to express our gratitude for their dedication, devotion and hard work in the past.

In our effort to maximise the utilization of the present College computer hardware system in the areas of administration, research and educational activities, a Computer Committee was set up in March this year. The Computer Committee is at the moment very busy co-ordinating with the Chairmen of various Boards and Committees to computerise the different functions for more efficient running of College activities. (Please refer the Computer Committee Report). More books and journals were added to our library collection; and for the first time members can borrow books from the College library as from February, 1988. (Please refer the House Management Committee Report). Our Business Manager had been working very hard last year, and apart from getting numerous sponsorships for the various College functions, he also succeeded in arranging a more economical and equally effective "Professional Indemnity Insurance Scheme" for members and made it possible for a facsimile machine to be installed in the College. Thanks to a generous donation from Smith Kline & French Laboratories.

In conclusion, the year 1987/88 proved to be an exciting one with a host of activities. A brief summary of the highlights is produced below to give members a clear picture of what the College has accomplished within the year:—

1. The 1987 Annual General Meeting

It was held on 29th September, 1987 at the Lecture Hall of the Federation of Medical Societies of Hong Kong. Immediately prior to the AGM, an Extraordinary General Meeting was convened to consider certain changes of subscription fees for student members and new medical graduates (please refer the Membership Committee Report). A lecture by Dr. Y. L. Yu preceded by a buffet dinner was given before the general meeting. All these were well attended by members.

2. The 1987 Annual Refresher Course in General Practice conducted by Dr. Keith Thompson from 22nd November to 4th December, 1987.

(Please refer the Board of Education Report)

3. The 1987/88 Hong Kong College of General Practitioners Visiting Professors in General Practice.

The University of Hong Kong

Professor Charles Bridges-Webb, Professor of Family Medicine and Head of Department of Community Medicine, Sydney University, Australia, was the third Visiting Professor in General Practice to the University of Hong Kong. His visit was

from 10th January to 22nd January 1988. He delivered an evening lecture to our members and had several meetings with the Research Committee during his stay in Hong Kong.

The Chinese University of Hong Kong

There was no HKCGP Visiting Professor in General Practice to the Chinese University of Hong Kong in 1987.

4. The change of the College Chief Censor

Professor David Todd who had been our Censor since 1979 and the Chief Censor since 1986, resigned as College Censor with effect from 31st January, 1988 due to personal reasons. The Council regrets his resignation and wishes to express its gratitude for his invaluable service to the College. At the same time, we are grateful to Dr. Clarke Munro, the Head of the General Practice Unit in the Medical Faculty of the University of Hong Kong, and the immediate past Censor-in-Chief of the Royal Australian College of General Practitioners, for consenting to succeed Professor Todd as Chief Censor from 1st February 1988.

5. The 1988 Annual Dinner held on 13th March 1988.

(Please refer the Internal Affairs Committee Report)

6. Pre-examination Seminar conducted by Dr. Lindsey Knight, the Censor-in-Chief of the Royal Australian College of General Practitioners, from 14th to 20th March 1988.

(Please refer the Board of Examinations Report)

7. The Second Conjoint Fellowship Examination with the Royal Australian College of General Practitioners.

(Please refer the Board of Examinations Report)

8. The visit of the President to Beijing from 3rd to 8th May 1988.

(Please refer above and the External Affairs Committee Report)

9. The visit of the President to Taipei in March and September.

(Please refer above and the External Affairs Committee Report)

Detailed reports from individual Boards and Committees of the College are as follows:—

BOARD OF EDUCATION

Chairman — Dr. Freddie Y. T. Lau

The Board of Education adopted a new accreditation system, namely Credit Hour Scheme, from 1988 to assess more objectively members' efforts in educational pursuit. This scheme, just like the previous Credit Point Scheme, will culminate in the award of the Certificate of Postgraduate Studies which was designed to encourage College members to undertake continuing medical education. Under the new scheme members will also be awarded credit hours, subject to the Board's approval, for undergraduate and postgraduate teaching in General Practice as Hon. Clinical Lecturer/Tutor. The regulations for awarding the Certificate of Postgraduate Studies and those accreditable functions held within the past twelve months are listed below for members' information.

Regulations for award of Certificate of Postgraduate Studies

1. The award of Certificate of Postgraduate Studies is open to all members (except student members, overseas members and affiliate members) of the College, who have fully paid their annual subscription and who have registered with the Credit Hour Scheme within the academic year.
2. The requirement for award of Certificate of Postgraduate Studies shall be 50 credit hours within the academic year subject to the following provisions:—
 - 2.1 At least 30 credit hours have to be obtained from educational activities organized by the Hong Kong College of General Practitioners (as mentioned in subsections 3.1 — 3.7 below).
 - 2.2 For each type of educational activities (as mentioned in subsections 3.1 — 3.10 below), at most only 20 credit hours shall be accredited towards an award of the Certificate.

Please note that subsection 2.2 applies only when calculating the number of credit hours required for award of the Certificate. Once it is established that a participant is qualified to obtain the Certificate, the actual number of credit hours he scores will be recorded in it.
3. Scale of Credit Hour Award
 - 3.1 In respect of the Self-Assessment Correspondence Programme of the College, 2 credit hours shall be awarded for each completed set of MCQs returned to the College within the specified time.
 - 3.2 In respect of the viewing sessions organized by the College, 2 credit hours shall be awarded for attending each session.
 - 3.3 In respect of the lectures organized by the College, 2 credit hours shall be awarded for attending each lecture.
 - 3.4 In respect of the workshops/symposiums organized by the College, 4 credit hours shall be awarded for attending each workshop/symposium.
 - 3.5 In respect of the Refresher Course in General Practice organized by the College, 2 credit hours shall be awarded for attending each lecture and 4 credit hours for each workshop.

- 3.6 A maximum of 25 credit hours may be awarded for publishing original articles and research work related to the field of General Practice.
- 3.7 A maximum of 25 credit hours may be awarded for contribution to College work, such as conducting and organizing scientific meetings, giving public lectures etc.
- 3.8 A maximum of 25 credit hours may be awarded for undergraduate and postgraduate teaching in General Practice as Hon. Clinical Lecturer/Tutor.
- 3.9 A maximum of 25 credit hours may be awarded for attendance at overseas conferences, conventions, etc. organized by member organizations of WONCA.
- 3.10 Apart from the educational functions of the College, scientific meetings organised by the other medical societies/institutions may also be accredited upon approval from the College. Such accredited functions will be announced in the College Journal.
- 3.11 For subsections from 3.6 to 3.9 the individual participant will need to apply in writing to Board of Education before the end of the academic year if he/she wishes to obtain accreditation of his/her performance which will be assessed by Board of Education and approved by Board of Censors.

Self Assessment Correspondence Program

A set of multiple choice questions (MCQs) related to articles in the Journal is sent to each participant of the Credit Hour Scheme with each issue of the College Journal. Credit hours will be awarded for each completed set of MCQs returned to the College within the specified time.

Video-Cassette Viewing Sessions

Two series of video-cassette viewing sessions were held in 1987. A total of twenty-four sessions were held free of charge this year. The Board would like to extend its sincere thanks to the Roche Pharmaceuticals & Chemicals Limited for the supply of video-cassettes, and the Director of Medical and Health Services for the free use of the venue in Queen Elizabeth Hospital and its underground carpark for these sessions.

<i>Date</i>	<i>Title of Video-Cassette</i>
3.4.87	When the Lungs Sound Sick
10.4.87	1. Chernobyl: Robert P Gale Reports 2. Management of Stress Incontinence 3. Smokeless Tobacco: A New Threat to Public Health
24.4.87	1. The Complications of Chemotherapy Prevention and Management 2. Extracorporeal Shock-wave Lithotripsy 3. New Developments in Immunizations
1.5.87	Osteoporosis: Balancing Bone Resorption and Bone Formation

8.5.87	1. Febrile Seizures in Children 2. Computer-Assisted Diagnosis 3. Oral Medicine Consultations: A Quiz
15.5.87	Management of Chronic Pain
22.5.87	1. Malignant Melanoma and Its Clinical Simulators 2. Cardiomyopathy: Identifying the Underlying Causes 3. Managing Endometriosis Today
29.5.87	Hypercholesterolemia: Current Clinical Approach
5.6.87	Alzheimer's Disease: A Clinical Update
12.6.87	1. Panic Disorder : The Nameless Fear 2. Hearing Loss 3. Hormone Therapy in Young Women with Irregular Menses
19.6.87	Pediatric Dermatoses
26.6.87	Geriatric Dermatoses
11.9.87	Orthopaedics: Four Critical Problem Areas
18.9.87	1. A Clinical Guide to Exercise Prescription 2. Occupational Asthma: Two Case Histories 3. The Athletic Ankle Injury: Protective Wrapping and Taping
25.9.87	The Diagnosis and Treatment of Anaemia: An Update
2.10.87	Radiation Therapy and Cancer: A Practical Guide for Referring Physicians
9.10.87	1. Silent Myocardial Ischemia: Report from Stony Brook 2. Alopecia: Common Causes and Their Management 3. Contraception for Adolescents
16.10.87	Acute Presentations in the Geriatric Patient
23.10.87	1. Healing Beams: Lasers in Medicine 2. Preoperative Pulmonary Evaluation and Management 3. Ventricular Arrhythmias in Ambulatory Patients: Whom to Treat?
30.10.87	Advances in Cardiology
6.11.87	1. Diagnosing Gait Disorders 2. Noninvasive Ambulatory Blood Pressure Monitoring: Current Applications 3. Campylobacter Pyloridis as a Cause of Gastritis: Fact or Fiction? 4. Diagnostic Testing in Allergic Diseases
13.11.87	Tropical Dermatoses No. 1 (Fungal & Treponemal Diseases)
20.11.87	Tropical Dermatoses No. 2 (Bacterial & Other Diseases)
27.11.87	Tropical Dermatoses No. 3 (Parasitic Diseases)

Lectures/Workshops/Symposia

Apart from the above two mentioned activities, the Board also solely or jointly organised lectures, workshops and symposium, from which members could up-date their clinical knowledge and share experiences and ideas with distinguished medical practitioners. The lectures/workshops/symposia held during the year were as follows:

<i>Date</i>	<i>Topic</i>	<i>Speaker</i>
29.9.87	Cerebrovascular Disease — Local Perspective and Management Strategy	Dr. Yu Yuk Ling, President, Hong Kong Neurological Society.
21.9.87	Balint Training	Dr. Jack Norell, President, Balint Society, U.K. Dr. Bernard W.K. Lau, Chairman, Hong Kong Balint Group.
18.10.87	Superficial Fungal Infections	Dr. Ngai Yin Leung, Dermatologist in Private Practice, Visiting Dermatologist at St. Teresa's Hospital, Visiting Dermatologist at Precious Blood Hospital, Visiting Dermatologist at Our Lady of Maryknoll Hospital.
	Viral & Bacterial Infections	Prof. David John Riches, Professor of Anatomy, and Hon. Clinical Lecturer in Dermatology, Chinese University of Hong Kong, Hon. Consultant Dermatologist, Prince of Wales Hospital.
	Eczema & its Management	Dr. Lee Tze Yuen, Dermatologist in Private Practice, Consultant & Head, Dept. of Dermatology, Caritas Medical Centre, Hon. Dermatologist, United Christian Hospital.
	Psoriasis — How Good are the New Methods of Treatment?	Dr. Yip Shing Yiu, Diplomate, American Board of Dermatology, Dermatologist in Private Practice.

	Principles of Topical Therapy	Dr. Leung Chi Sai, Dermatologist in Private Practice, Hon. Consultant Dermatologist, Nethersole Hospital.
	Dermatological Slide Quiz	Dr. David S. Jolliffe, Consultant Dermatologist, British Military Hospital.
19.10.87	Haemophilus Influenzae: An Increasing Problem?: 1. Treatment of Adult RTI	Dr. R. Brown, Associate Professor, School of Medicine, Tufts University, Boston, U.S.A. Dr. P. Cole, Head, Host Defense Unit, Brompton Hospital, London, U.K.
	2. The Virulence of H. Influenzae	
17.11.87	Acute Diarrhoea in Childhood	Dr. Leung Ying Kit, Assistant Professor of Paediatrics, State University of New York, Children's Hospital, Buffalo, New York.
25.11.87	Common Geriatric Problems Encountered in General Practice	Dr. Keith Thompson
12.1.88	A Rule of Thumb for General Practice: Evaluating Patient Care	Prof. Charles Bridges-Webb, Professor of Family Medicine, Head of Department of Community Medicine, University of Sydney; and HKCGP Visiting Professor in General Practice to University of Hong Kong.
27.5.88	1. Gait Disorders and Involuntary Movements 2. Clinical Neuroelectrophysiology	Dr. David Chin Dr. Robert Ho
27.7.88	Stroke Prevention	Prof. A. Lowenthal, Professor of Neurology, University of Antwerp (UIA), Belgium.

Annual Refresher Course in General Practice

The 1987 Refresher Course was conducted by Dr. Keith Thompson who is a pioneer among GPs in developing a special interest in the care of the elderly. With the support and contribution of moderators and sponsors, the 1987 Refresher Course was well received. This Board would like to extend its gratitude to Dr. Thompson and all participants.

Program of the Refresher Course is printed hereunder for members' reference:—

<i>Date</i>	<i>Topic</i>
22.11.87	Medicine and Society. Terminal care, the crises of old age and later life.
23.11.87	Epidemiology, the size of the problem, the role of the GP and the rise of Geriatric Medicine.
24.11.87	Human development, human behaviour, the ageing process.
26.11.87	Health and Diseases: general features of disease in the elderly, adaption, breakdown, ethnic variants. The examination, investigation.
27.11.87	Systemic disorders: blood, heart, circulatory, respiratory diseases, incontinence.
29.11.87	The practice: preventive care, record keeping, ancillary help, self help, voluntary bodies.
30.11.87	Cerebrovascular disease, peripheral vascular disease, the skin.
1.12.87	Mobility problems, musculo-skeletal, neurological disorders.
3.12.87	The mind, intellectual and affective disorders. Normal mental change with ageing. The special senses.
4.12.87	Prescribing for the elderly, the use of drugs, the use of surgery.

Small Group Discussion

During the year of 1988, the Board of Education formed a sub-committee, chaired by Dr. Donald Li, to investigate the activities of small group discussion. A report on the discovered facts of the small group discussions had been circulated to members for information. To encourage members to join and participate actively during the group discussions, this Board with the approval from the College Council decided to include Small Group Discussion as an accredited educational function. Below are listed the regulations for accreditation to participants:—

All regular participants of discussion groups who have been assessed by Board of Education's subcommittee on small groups will be accredited according to the time spent at the meeting. Participants who attend at least two thirds of all meetings and who have chaired at least one meeting will receive one credit hour for each meeting attended plus two credit hours for the meeting he attended as Chairman.

Presently, there are three groups located at Kowloon, Central and Wanchai. Members who want to join these groups please contact the organisers at the below listed numbers.

- Central group is Dr. Cheng Po Kong (Tel. 5-473921)
- Wanchai group is Dr. Paul Siu (Tel. 5-748711)
- Kowloon East is Dr. Watt Kwong Kee (Tel. 3-7502010)

New groups in other districts are also encouraged to be formed.

The Board of Education would like to take this opportunity to extend its sincere thanks to the following pharmaceutical firms for their continuous and generous support and contribution throughout the past year.

Astra Pharmaceutical Sweden	Roche Pharmaceuticals & Chemicals Ltd.
Boehringer Ingelheim (HK) Ltd.	Sandoz Pharmaceuticals Ltd.
Eli Lilly Asia, Inc.	Schering Corporation, U.S.A.
Fandasy Co. Ltd.	Servier Far East Ltd.
Famitalia Carlo Erba (HK) Ltd.	Smith Kline & French Laboratories
Glaxo Hong Kong Ltd.	Squibb (Far East) Ltd.
Johnson & Johnson (HK) Ltd.	Upjohn Co. S.A.

BOARD OF EXAMINATIONS

Chairman — Dr. Stephen K.S. Foo

I. The First Conjoint HKCGP/RACGP Fellowship Examination

The Part II of the First Conjoint HKCGP/RACGP Fellowship Examination took place at the GP unit, University of Hong Kong (Violet Peel Health Centre) from 29th August, 1987 to 31st August 1987. Segments tested in this part were one long and two short Diagnostic Interviews lasting for one hour, two Management Interviews lasting for half an hour, and an Oral Examination on Log Diaries and Case Histories lasting for one hour. Visiting examiners from RACGP were Dr. Clarke Munro, Censor-in-Chief and Dr. Wes Fabb, Director of Examination Research and Development Centre. Local examiners were Drs. Freddie Lau, E.M. Stevenson, Kitty Chan, Paul Lam, Angela Ng, Paul Siu, J.F. Mackay and Maxwell Tse. All five candidates eligible for Part II Examination passed the Conjoint Examination. They were Drs. Chan Hung Chiu, Chan Kwok Wai, Chan Sui Po, Wun Yuk Tsan and Wai Heung Wah and were conferred the Degrees of FHKCGP and FRACGP during the Conferral Ceremony on 6th September, 1987 at the City Hall by Dr. Peter C.Y. Lee, President of HKCGP and Dr. Eric Fisher, President of RACGP. The Board offers our hearty congratulations to all of them. I would like to make use of this opportunity to thank Prof. David Todd, Head of the Department of Medicine, University of Hong Kong and Dr. the Hon. K.L. Thong, Director of Medical and Health Services for permitting us to use the facilities and venue at the General Practice Unit of the University of Hong Kong in Violet Peel Health Centre, Wanchai, to conduct the examination.

II. The Second Conjoint HKCGP/RACGP Fellowship Examination

A Pre-examination Course on examination techniques for potential candidates of the Second Conjoint Examination and College members was organised from 14th

March, 1988 to 20th March, 1988 at the College premises. The conductor was Dr. Lindsey Knight, Censor-in-Chief, RACGP. The Course included a Sunday workshop on the clinical segments of the Examination and four afternoon lectures on techniques in answering MCQ and MEQ, approach to Clinical Interpretation, Case Commentaries writing and Oral Examinations. During his stay in Hong Kong, Dr. Knight spent three evening sessions teaching local examiners the technique and methodology in the assessment of clinical competence. The Course was attended by more than 20 participants.

To facilitate running of the Examination, the Board had formed seven Examination Co-ordinating Committees with the following members as Co-ordinators:

MCQ	Dr. Maxwell Tse
MEQ	Dr. Paul Lam
Clinical Interpretation	Dr. Donald Li
Case Commentaries	Dr. Donald Li
Management Interview	Dr. Kitty Chan
Diagnostic Interview	Dr. Chan Nang Fong
Oral Examination	Dr. Paul Siu

The primary duty of individual Committee would be to collect and prepare materials for a particular segment of the Examination.

The Part I of the Examination was held on Sunday, 12th June, 1988 at the Lecture Hall, the Federation of Medical Societies of Hong Kong. The time table for the Part I Examination was as follows:

<u>Time</u>	<u>Section</u>	<u>Invigilator</u>
9:00 — 12:00 noon	MCQ	Dr. Maxwell Tse
2:00 — 3:00 pm	Clinical Interpretation	Dr. Freddie Lau
3:30 — 5:30 pm	MEQ	Dr. Paul Lam

Marking of the various examination papers was carried out at the College premises by the members of the Panel of Examination. The criteria for a pass were that candidates have to obtain a minimum of 55% of the marks in every segment of the examination and a minimum of 65% of total marks for the whole examination. Of the 13 candidates who sat for the Part I of the Examination, 7 scored more than 55% in every segment and were therefore considered to have satisfied the examiners. However, out of these 7 candidates, 4 were vocational trainees who would be required to complete a period of supervised training in an accredited general practice or recognised family practice centre before being eligible to apply to sit for Part II Final Fellowship Examination. Therefore only three candidates were eligible to sit for the Part II Examination in September.

The passing rate of each segment was as follows:

Pass in MCQ	100%
Pass in MEQ	54%
Pass in Clinical Interpretation	100% of the candidates

The Part II of the Examination will take place on 24th & 25th September, 1988 at GP Unit, Department of Community Medicine, Chinese University. Examiners from RACGP will be Dr. Wes Fabb, Director of Examination Research and Development Centre, RACGP and Dr. Lindsey Knight, Censor-in-Chief, RACGP.

Members of Board of Examinations:

Dr. Stephen Foo (Chairman)
 Dr. Eddie Chan
 Dr. Paul Lam
 Dr. Freddie Lau
 Dr. Maxwell Tse
 Dr. Natalis Yuen

Members of Panel of Examiners:

Dr. Natalis Yuen (Chief Examiner)
 Dr. Eddie Chan
 Dr. Kitty Chan
 Dr. Chan Hung Chiu
 Dr. Chan Kwok Wai
 Dr. Chan Sui Po
 Dr. Stephen Foo
 Dr. Cindy Lam
 Dr. Paul Lam
 Dr. Freddie Lau
 Dr. Donald Li
 Dr. J.F. Mackay
 Dr. Paul Siu
 Dr. Maxwell Tse
 Dr. Hayles Wai
 Dr. Wun Yuk Tsan

BOARD OF VOCATIONAL TRAINING & STANDARDS

Chairman — Dr. Natalis C.L. Yuen

This year, Our Lady of Maryknoll Hospital, Wong Tai Sin, was fully accredited for both Part I (hospital based) & Part II (Advanced General/Family Practice) for the Vocational Training Programme after the establishment of a Family Practice Unit headed by Dr. Michael Y.K. Lee, FHKCGP, as the Honorary Clinical Supervisor. Since post-graduate training for medical graduates were not funded by Government, we could only rely on the generosity of the hospital authorities concerned and the dedication of our colleagues both within and outside our College. Both training hospitals (Our Lady of Maryknoll Hospital and Evangel Hospital) had formulated good programmes for their trainees. The training programmes are printed hereunder for information.

Evangel Hospital (1987-88)

<u>Date</u>	<u>Topic</u>	<u>Resource Person</u>
14.2.87	Philosophy and scope of Family Medicine — Hong Kong and the world.	Dr. Natalis Yuen
21.2.87	Principles of self directed learning & group learning.	Dr. David Chan

28.2.87	Role of the family physician — present and future.	Dr. Chan Kwok Wai	
7.3.87	The diagnostic process — cost effective investigation, problem solving.	Dr. Cynthia Chan	
14.3.87	Anticipatory care — health screening and preventive care.	Dr. David Chan	
21.3.87	Patient behavior, expectations and compliance.	Dr. Angela Ng	
28.3.87	Counselling in Family Practice.	Dr. David Chan	
10.4.87	Examination technique.	Dr. Paul Lam	
24.4.87	Examination technique.	Dr. Paul Lam	
2.5.87	Professional ethics and law.	Dr. Natalis Yuen	
9.5.87	Research in Family Practice.	Dr. Teresa Lee	
16.5.87	Management profile (short & long term management) discriminating new treatments, appropriate therapeutics (drug & non-drug).	Dr. Cynthia Chan	
23.5.87	Communication, skills. Doctor patient interaction.	Dr. Angela Ng	
30.5.87	Community resources, health & social services.	Dr. Teresa Lee	
6.6.87	Practice management supervision, organising, medical records, and costs.	Dr. Wong Hung Wai	
20.6.87	Procedure skills. Cardiopulmonary resuscitation.	—	
Date	Topic	Resource Person	Co-leader
19.9.87	Speech Therapy — some elementary clues	Ms. Bibiana C.W. Chan Private Speech Therapist	Luke Tsang
17.10.87	Communications — making contact	Dr. A. Tam O.L.M.H.	W.K. Cheung
24.10.87	Neurosis — chronic & masked forms	Dr. B. Lau	B. Bien
14.11.87	Learning by Teaching	Dr. N.F. Chan Senior Lecturer Dept. of Community Medicine C.U.H.K.	C.C. Shek
21.11.87	Psychiatric Emergencies	Dr. B. Lau	A. Tam
5.12.87	Sexual Counselling	Dr. A. Ng	S.O. Leung

19.12.87	Terminal Care	Dr. A. Tam & Team	C.B. Ng
9.1.88	Psychiatric Drug Treatment	Dr. B. Lau	M.S. Lee
23.1.88	Chronic Low Backache	Dr. Foo Kam So	Luke Tsang
6.2.88	Arthritis	Dr. Foo Kam So	W.K. Cheung

Our Lady of Maryknoll Hospital (1988)

Theme:	Care of the Elderly in General Practice	
Date	Topic	Resource Person
June 25	Introduction: Size of the Problem Trend General difference from younger population General difference from hospital practice	Dr. Michael Lee
July 9	The confused elderly patient	Dr. John Tseung
July 23	The depressed elderly patient	Dr. John Tseung
August 20	The problems of daily living	Miss Cecilia Lam Occupational Therapist Rehabaid Centre
Sept 3	Stroke and Rehabilitation	Mr. C.W. Lam Physiotherapist
Sept 17	Life Events and Crises: Retirement, bereavement, children leaving, terminal illness	Dr. Antony Tam
Sept 30	Use of Social Resources	Mrs. Mimi Chan Medical Social Worker

EDITORIAL BOARD

Chief Editor — Dr. John T.N. Chung

The Editorial Board of the Hong Kong Practitioner continued to improve the presentation of the Journal, altering typeface and layout, with the result that the Journal now appeared as a much more professional product. The Board was able to follow on the success of the Asia-Pacific WONCA Regional Conference by publishing selected papers in the few issues after September 1987, which partially made up for the absence of a Conference Proceedings. The Journal's reputation continued to travel abroad and it was particularly gratifying to note that overseas medical publishers had written in to request permission to reprint some articles published in the Journal. The Board wishes to express its thanks to the numerous GPs and specialists who had sent in articles in the past twelve months, especially our Contributing Editorial Consultants and their departments, the College Secretariat for their usual solid indispensable support and the advertisers for their generosity.

MEMBERSHIP COMMITTEE

Chairman — Dr. Paul C. H. Siu

The College membership at the end of June, 1988 comprised:

Honorary Fellows)	
Foundation Fellows)	101
Fellows)	
Full Members)	264
Associate Members)	202
Overseas Members)	13
Visiting Members)	7
Student Members)	264
Total:		851

In early 1988, a special resolution was passed giving special concessional rates to newly graduated doctors (both local and from overseas) encouraging them to join our college during the early part of their career. Young doctors are given a 50% reduction in both the entrance fees and annual subscription fees within the first three years of their graduation.

Special concessions are also given to student members upon graduation. Since their membership status can be directly transferred from 'student' to 'associate', no entrance fees need to be paid if their membership remains uninterrupted after graduation. Our College hopes to have more new blood in the medical profession to receive wider exposure to General Practice and to take more active part in our College educational activities and projects.

A newly designed "Members Certificate" was issued recently to all our full members as a recognition of their interest and contribution to the affairs of the College. It was also the intention of this College to request such members to take a more positive role in organising the various educational and promotional activities of our College. It is only through such participation that our College could be built into a better and stronger organisation in the Hong Kong medical scene.

EXTERNAL AFFAIRS COMMITTEE

Chairman — Dr. Paul Lam

After the buzzing activities encountered during the WONCA Regional Conference in Hong Kong in September, we have on the surface a relatively quiet year. However, the reverse is true behind the scene because of the decision by the College Council to enlarge its role in international affairs, with particular reference to the Hong Kong College assuming the part of a vital link between the medical professions in China Mainland and Taiwan in the promotion of the concept of general practice both in their health delivery systems as well as in the undergraduate and the postgraduate medical education and training.

In the pursuance of this policy, the President accepted an invitation by the Chinese-Taipei Association of Family Medicine in Taiwan to be their keynote speaker at their

annual general meeting on 6th March, 1988. During the trip, he found that the government in Taiwan was the prime-mover behind the promotion of general practice/family medicine in the country with the result that the Chinese-Taipei Association of Family Medicine had its membership increased from about a hundred in 1986 to over one thousand by the time of its third annual general meeting last May. Over half of the medical schools have full departments of general practice chaired by professors in family medicine, and their general practice out-patient clinics are in an advanced state of development. Through the intermediary efforts of the Hong Kong College, the Chinese-Taipei Association of Family Medicine was admitted as a full member of WONCA, and is expected to send a delegation to attend the WONCA Regional Meeting of the Americas in New Orleans in early October.

Similarly, our President accepted an invitation by the Chinese Medical Association in Beijing in May to advise Mainland China on the introduction of the concept of general practice into its health delivery system and its medical education curriculum. This trip was made in the company of Dr. M.K. Rajakumar, President of WONCA, and a full report of this historical sojourn in Beijing was published in the September issue of the College Journal. It is therefore unnecessary to elaborate further here. However, one side-issue, which was discussed during the Beijing visit but not reported, was the proposal by our President to organise a suitable and appropriate symposium in Hong Kong to which delegates from both Beijing and Taipei may attend. The implication involved was immense and the initial response from the CMA was positive and encouraging.

After the President's return from Taipei and Beijing, and after many correspondence and long-distance telephone calls with Beijing and Taipei, and with the full consent and support of the College Council, it was decided that the proposed Hong Kong meeting will take place on Sunday, 8th January, 1989 in the form of a symposium on the theme of "The Prevention and Control of Hepatitis B in Asia". The tentative program is expected to include two speakers each from Beijing, Taipei and Hong Kong.

Beijing had indicated that they would send about ten delegates for this symposium, but the response from Taiwan was less than certain. For this reason, the President went to Taipei for a three-day visit in early September to keep the Chinese-Taipei Association of Family Medicine fully informed of what had transpired in the hope of having a firm commitment from them to participate. It is anticipated that all these activities will bear fruit, and will culminate in the successful implementation of the proposed tripartite symposium next year.

After reporting in detail on the behind-the-scene efforts of the External Affairs Committee, it would be appropriate to inform members about the "visible" activities of the Committee during the year, which were:

1. Dr. Lindsey Knight, Censor-in-Chief of the Royal Australian College of General Practitioners, was invited by the Board of Examinations to conduct this year's Pre-Examination Course. The College Council hosted a dinner for Dr. & Mrs Knight at Daily Fresh Restaurant on Saturday, 19th March, 1988.
2. The College Council also met and had dinner with Dr. M.K. Rajakumar, the President of WONCA, and Dr. Syed Mahmood, the President of the Malaysian Medical Association, in May when our President, Dr. C.Y. Lee, returned with them after a successful visit to Beijing to promote general practice.

1988

May 1988

INTERNAL AFFAIRS COMMITTEE

Chairman — Dr. Donald K.T. Li

This year's Annual Dinner was held at the Hong Kong Country Club. Over one hundred and thirty members and guests were present. Invited guests who attended included our censors Dr. and Mrs. Clarke Munro; Professor and Mrs. Donnan; Sir Albert Rodrigues; Dr. C.L. Leong of British Medical Association; Dr. C.P. Ho of the Hong Kong Ophthalmological Society; Dr. Vivian Wong of the Obstetrical and Gynaecological Society; Dr. Y.L. Yu of the Hong Kong Neurological Society as well as representatives from numerous pharmaceutical companies. Dr. Paul Siu was our master of ceremony and certificates of post-graduate studies and certificates of attendance at refresher course in general practice were awarded during dinner. There was also a lucky draw as well as many table prizes.

FINANCE COMMITTEE

Chairman — Dr. Chan Kwok Wai

The Finance Committee did its very best in scrutinizing all college expenses to ensure that the College money is used productively and economically. With the co-operation from all the committees, we are able to limit our expenses within the budget. We are proud to announce that for the first time since its inception, the College was able to show a positive balance sheet with considerable cash reserve.

HOUSE MANAGEMENT COMMITTEE

Chairman — Dr. Chan Nang Fong

Besides minor attention to maintenance and repair of some furniture, the major project undertaken this year was the reorganization and cataloging of the College library books with the help of Dr. Gilbert Lui and the College Secretariat. This will facilitate the ease of locating books for reference and borrowing, especially in view of our expanding collection. We have approximately a total of 130 books and 30 journals and most of the books are in the Family Medicine/General Practice category.

From February 1988, College members and fellows were invited to enrol as members of the College Library by the payment of a refundable deposit of HK\$300. Each library member is entitled to borrow up to 4 books for a period of two weeks. The response is fairly good and it is anticipated that more members will enrol in the future.

RESEARCH COMMITTEE

Chairman — Dr. Bernard W.K. Lau

The Research Committee had initiated various projects with relevant focus and interest in general practice. One prominent project in hand is collaboration with University colleagues in Australia and New Zealand on "Asthma in General Practice". The Committee aims to launch some long-term studies while at the same time takes opportunities to make joint efforts with academic colleagues in large-scale projects. It also wishes to publish in due course the reports on such work.

THE COMPUTER COMMITTEE

Chairman — Dr. Alfred Tang

The Computer Committee was set up in April 1988. The objective is to maximize the usage of the College computers, with the hope of further improving the internal administration and different activities of the College. The committee will look into the different possibilities of computerization, co-ordinate with the different boards and committees on these issues, and look after the implementation and running of such jobs. The accounting system, College library, Membership database, and internal administration are the few areas that the Committee is now working on.

ACKNOWLEDGEMENT

All these aforementioned activities of our College could not have been come true without the support and assistance of various parties. Here we must express our gratitude to the many pharmaceuticals; our Board of Censors, Professor David Todd (till 31st January 1988), Dr. Clarke Munro (from 1st February 1988), Professor S.P.B. Donnan, Dr. the Hon. Sir Albert Rodrigues; our Hon. Adviser, Mr. Philip P. Y. Yuen; our Hon. Auditor, Ho and Ho & Company, and the staff of our College Secretariat. All of them have been indispensable to the growth and development of our College.

**Report of The Honorary Auditors to the Members of
The Hong Kong College of General Practitioners**

We have audited the accounts set out on pages 23 to 28 in accordance with approved Auditing Standards.

In our opinion, the accounts give a true and fair view of the state of affairs of the College at 31st December 1987 and of its surplus for the year then ended and have been properly prepared in accordance with the Companies Ordinance.



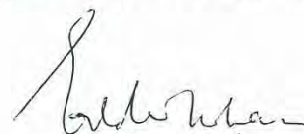
Ho and Ho & Company
Certified Public Accountants

Hong Kong, 7th July 1988

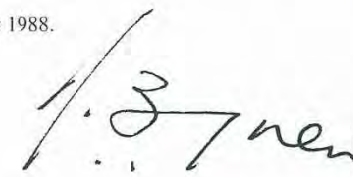
Balance Sheet as at 31st December 1987

	<i>Notes</i>	1987	1986
		HK\$	HK\$
CURRENT ASSETS			
Sundry debtors		101,469 ✓	277,613
Prepayments		5,703 ✓	2,801
Cash and bank balances		434,157 ✓	135,798
Stock of College ties and pullovers		42,989 ✓	33,202
		<u>584,318</u>	<u>449,414</u>
DEDUCT: CURRENT LIABILITIES			
Bank overdraft		—	132,218
Sundry creditors	3127	△ 97,936	76,775
Other loan		145,000 ✓	160,000
Receipt in advance		103,075 ✓	—
		<u>346,011</u>	<u>368,993</u>
NET CURRENT ASSETS		238,307	80,421
FIXED ASSETS			
	(2a&3)	251,690 ✓	388,258
		<u>489,997</u>	<u>468,679</u>
Financed by:-			
GENERAL FUND		(295,277)	(316,595)
PREMISES FUND		785,274	785,274
		<u>489,997</u>	<u>468,679</u>

Approved by the Members of Council on 7th July 1988.



Director



Director

The accompanying notes form an integral part of this balance sheet.

**General Fund Income and Expenditure Account
Year Ended 31st December 1987**

	Notes	1987 HK\$	1986 HK\$
TURNOVER	(2b)	<u>684,254</u>	<u>515,779</u>
SURPLUS / (DEFICIT) FOR THE YEAR	(4)	21,318	(306,685)
BALANCE BROUGHT FORWARD		<u>(316,595)</u>	<u>(9,910)</u>
BALANCE CARRIED FORWARD		<u>(295,277)</u>	<u>(316,595)</u>

The accompanying notes form an integral part of this general fund income and expenditure account.

Notes on the Accounts

1. General

The College is a company limited by guarantee and without a share capital. The liability of each of its members is limited to an amount not exceeding HK\$10.

2. Principal accounting policies

(a) Depreciation on fixed assets

Depreciation is calculated to write off the cost of fixed assets on the straight line basis at an annual rate of 15% on cost.

(b) Turnover

Turnover represents revenues from entrance fees, subscriptions, credit point scheme registration fees and certificate fees and other income.

3. Fixed assets

	College Premises HK\$	Furniture, fixtures and equipment HK\$	Total HK\$
Cost			
At 1st January 1987	500,000	613,435	1,113,435
Additions	—	6,408	6,408
At 31st December 1987	<u>500,000</u>	<u>619,843</u>	<u>1,119,843</u>
Accumulated depreciation			
At 1st January 1987	450,000	275,177	725,177
Charge for the year	50,000	92,976	142,976
At 31st December 1987	<u>500,000</u>	<u>368,153</u>	<u>868,153</u>
Net book value			
At 31st December 1987	—	251,690	251,690
At 31st December 1986	<u>50,000</u>	<u>338,258</u>	<u>388,258</u>

The College premises are held under long term lease and are situated in Hong Kong.

**Detailed Income and Expenditure Account
Year Ended 31st December 1987**

4. Surplus / (Deficit) for the year	1987 HK\$	1986 HK\$
Surplus / (Deficit) for the year is stated after charging the following:-		
Interest on loan from council members	7,914	3,304
Interest on bank overdraft	—	80
Depreciation on fixed assets	<u>142,976</u>	<u>167,015</u>

5. Council members' remuneration

None of the Council members received any remuneration in respect of their services to the College during the year.

6. Taxation

No Hong Kong profits tax has been provided in the account as the College has taxation loss available for offsetting against current year's profits.

	Schedule	HK\$
INCOME		
Entrance fee from members	(1)	11,250 ✓
Subscriptions from members	(2)	163,275 ✓
Credit point scheme registration fees		8,420 ✓
Certificate fees received		8,500 ✓
Scientific seminar income		80,658 ✓
Rental income		350 ✓
Surplus on annual general meeting		5,233 ✓
Interest on bank deposits		5,652 ✓
Surplus on vocational training		1,000 ✓
Surplus on annual dinner		159 ✓
Surplus on publication of journal		198,499 ✓
Donations received		800 ✓
Commission income		7,781 ✓
Surplus on consumer items		4,850 ✓ 3128
Income from secretarial service		10,416 ✓
Sundry income		9,462 ✓
Surplus on fellowship examination		72,818 ✓
Surplus on refresher course		92,218 ✓
Surplus on College souvenirs		<u>2,913</u> ✓
		684,254

LESS: EXPENDITURE

Salaries and allowances	258,190 ✓
Printing and stationery	37,057 ✓
Postage and stamp duty	8,237 ✓
Subscriptions	3,908 ✓
Travelling expenses	1,014 ✓
Business registration and filing fees	770 ✓
Library collection	7,244 ✓
Repairs and renewals	5,659 ✓
Professional fees	2,500 ✓
Office expenses	20,930 ✓
Interest expenses	7,914 ✓
Rates and maintenance	32,782 ✓
Depreciation on fixed assets	142,976 ✓
Sundry expenses	23,075 ✓
Bulk purchase	14,800 ✓
Office chains and badges	8,212 ✓
Meeting expenses	4,100 ✓
Subsidies given out	27,322 ✓
Ceremony expenses	28,782 ✓
Delegation expenses	14,474 ✓
Donation	2,000 ✓
Leasing expense	10,990 ✓
	<u>662,936</u>

SURPLUS FOR THE YEAR

BALANCE OF GENERAL FUND BROUGHT FORWARD

BALANCE OF GENERAL FUND CARRIED FORWARD

21,318
(316,595)
(295,277)

**Schedules to Detailed Income and Expenditure Account
Year Ended 31st December 1987**

	HK\$
1. Entrance fees from members	
Full members	5,250
Associate members	<u>6,000</u>
	<u>11,250</u>
2. Subscriptions from members	
Fellow members	28,500
Full members	77,850
Associate members	41,375
Overseas members	2,200
Student members	12,550
Visiting members	<u>800</u>
	<u>163,275</u>

With the compliments

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