



# THE HONG KONG COLLEGE OF FAMILY PHYSICIANS BOARD OF EDUCATION (Circular No. 07-2024)

Updated on 21 Nov 2024

- Activities are supported by HKCFP Foundation Fund.
- Private Video Recording is not allowed.

## 44<sup>th</sup> Annual Refresher Course 2024

We are excited to announce that the Hong Kong College of Family Physicians (HKCFP) is going to organize the 44<sup>th</sup> Annual Refresher Course (ARC) for its members, which will include **10 sessions** to be held from 17 November (Sunday) to 8 December 2024 (Sunday). There will be **four** Sunday sessions and **six** weekday sessions.

### Dates for ARC 2024:

- Sundays:** (Face-to-face Only) 17 Nov, 24 Nov, 1 Dec and 8 Dec 2024  
**Tuesdays:** (Face-to-face Only) 19 Nov, 26 Nov and 3 Dec 2024  
**Thursdays:** (Online only) 21 Nov, 28 Nov and 5 Dec 2024

**7 sessions** would be held in **Face-to-face** format and **3 sessions** would be broadcasting **ONLINE**. Lunch would be served before the lecture for face-to-face option. **Please indicate your attending preference** when completing the online registration form.

Attending Option	Face-to-face Mode (All Sundays and Tuesdays)	Online Mode (All Thursdays)
Time	1:00 – 2:00 p.m. Registration & Lunch 2:00 – 3:00 p.m. Lectures and Discussion (Tuesday) 2:00 – 4:30 p.m. Lectures and Discussion (Sunday)	2:00 – 3:00pm Lecture & Discussion
Venue	Shanghai / Shantung Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon  <b>Capacity for face-to-face mode: 80 participants</b>	<b>Online Sessions:</b> Using zoom webinar platform
Registration Fee	<b>Full course:</b> <b>Member:</b> HK\$700.00 <b>Non-member:</b> HK\$1,400.00  <b>For a single session:</b> <b>Member:</b> HK\$100.00 <b>Non-member:</b> HK\$200.00	
Payment Method	<ul style="list-style-type: none"> <li>● <b>By cheque:</b> Cheque should be made payable to “<b>HKCFP Education Limited</b>” and return to the secretarial office address below for process: <i>The Hong Kong College of Family Physicians Rooms 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK</i></li> <li>● <b>By FPS (For local transaction only.</b> Can pay through <b>online banking</b> or through <b>Alipay.</b> Secretarial staff would further email you once the e-debit note with payment details is ready.</li> </ul>	
CME Accreditation	<b>Weekday:</b> 1 CME Point HKCFP (Cat. 4.5) 1 CME Point MCHK (pending)  <b>Sunday</b> 3 CME Points HKCFP (Cat. 4.5) 3 CME Points MCHK (pending)  Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.	
Remarks	✧ Participants attending in face-to-face mode are required to sign the attendance sheets on the spot.	✧ Participants attending <b>online sessions(s)</b> are required to (1) attend a minimum of 75% of the length of each online lecture, (2) complete a post-lecture evaluation within 7 days from the lecture date for HKCFP & MCHK accreditation.
MCQs for extra 1 CME points	Only e-submission will be accepted.  The link to the MCQs will be sent to participants for each session of the Refresher Course if available after the lecture, i.e. there are a maximum of 10 sets of MCQs. The MCQ answers have to be submitted <b>latest by 31 December 2024 (Tuesday)</b> . Member will be awarded <b>1 extra HKCFP CME</b> point for scoring of over 60% for each set of MCQs. Following the MCHK guideline, handouts and MCQs would be confined to participants who have attended the session if available.	

The ARC, a traditional annual event of the College, has been running for a quarter of a century. Those who have attended **7 sessions or more** will be awarded an “e-Certificate of Attendance”. Members who have attended the ARC for ten consecutive years or more will be awarded one free admission for the whole course. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance. Please call the College Secretariat to confirm your previous enrollment.

**Registration is now open.** As the number of seats are limited, it will be offered on a first come, first served basis. **Please also note that admission fees are non-refundable nor transferable.** Ten free registrations for each online lecture will be offered to student members who wish to apply for free registration, please contact Ms. Minny Fung by email to [education@hkcfp.org.hk](mailto:education@hkcfp.org.hk) or call 2871 8899.

## Programme: Sunday Lectures

Dates	Topics	Speakers	Format	Venue
17 Nov (Sun)	<b>Mental Health, Haemorrhoidal disease &amp; Hypertension Management</b> 1. The Challenge of Anxiety Symptom Treatment in Major Depressive Disorder 2. Treatment and management of haemorrhoidal disease 3. Hypertension: Bridging the gap between knowledge and action <i>Sponsored by Servier Hong Kong Limited</i>	1. Dr. IU Wing Hang, Henry <i>Specialist in Psychiatry</i> 2. Dr. CHAN Shun Yan Bryant <i>Specialist in General Surgery</i> 3. Dr. TSANG Chun Fung Sunny <i>Specialist in Cardiology</i>	Face-to-face	Shantung Room, Level 8, Cordis
24 Nov (Sun)	<b>Ophthalmology</b> Approaches in General Practice on Common Eye Complaints	1. Dr. LAI Hiu Ping, Frank <i>Specialist in Ophthalmology</i> 2. Dr. YUEN Shi Yin, Nancy <i>Specialist in Ophthalmology</i>	Face-to-face	Shanghai Room, Level 8, Cordis
1 Dec (Sun)	<b>Obesity Management &amp; Diabetes Management</b> 1. Management of Obesity in Primary Care Setting 2. An evolving treatment paradigm – the role of newer insulin analogues in optimizing diabetes management <i>Sponsored by Novo Nordisk Hong Kong Limited</i>	1. Prof. KONG Pik Shan, Alice <i>Professor, Department of Medicine &amp; Therapeutics, CUHK</i> 2. Dr. IP Tai Pang <i>Specialist in Endocrinology, Diabetes &amp; Metabolism</i>	Face-to-face	Shantung Room, Level 8, Cordis
8 Dec (Sun)	<b>Cardiovascular &amp; Heart Failure</b> 1. The Clinical Implications of SGLT2 Inhibitors in the Primary Care Setting: A Focus on Cardiovascular and Kidney Outcomes 2. Comprehensive Approach to Heart Failure in Primary Care: Early Diagnosis and Optimized Management Strategies <i>Sponsored by Boehringer Ingelheim (Hong Kong) Ltd.</i>	1. Dr. Enoch WU <i>Specialist in Endocrinology, Diabetes &amp; Metabolism</i> 2. Dr. LI Siu Lung <i>Specialist in Cardiology</i>	Face-to-face	Shantung Room, Level 8, Cordis


## Programme: Weekday Lectures

Dates	Topics	Speakers	Format	Venue
19 Nov (Tue)	<b>Sexually Transmitted Diseases</b> What do we miss in our Sexually Transmitted Diseases (STD) screening In HK?	Dr. CHAN Leung Kwok, Clement <i>Specialist in Obstetrics &amp; Gynaecology</i>	Face-to-face	Shanghai Room, Level 8, Cordis
21 Nov (Thu)	<b>Women's Health</b> Female Infertility <i>Sponsored by Merck Pharmaceutical (HK) Ltd</i>	Dr. MAK Sze Man, Jennifer <i>Specialist in Reproductive Medicine</i>	Online	
26 Nov (Tue)	<b>Orthopaedic</b> Common Orthopaedic Problems	Dr. LIE Wai Hung, Chester <i>Specialist in Orthopaedics &amp; Traumatology</i>	Face-to-face	Shantung Room, Level 8, Cordis
28 Nov (Thu)	<b>Children Health</b> Growth Related Disorders <i>Sponsored by Merck Pharmaceutical (HK) Ltd</i>	Dr. LEE Lai Ka, Samantha <i>Specialist in Paediatric Endocrinology</i>	Online	
3 Dec (Tue)	<b>Osteoporosis Management</b> Osteoporosis: challenges and opportunities <i>Sponsored by Amgen Hong Kong Limited</i>	Dr. LAU Ming Chu, Edith <i>Specialist in Community Medicine</i>	Face-to-face	Shanghai Room, Level 8, Cordis
5 Dec (Thu)	<b>Medico-Legal</b> Common pitfalls in primary healthcare and case sharing <i>Sponsored by Medical Protection Society Hong Kong</i>	Dr. LEE Wai Hung Danny <i>Specialist in General Surgery</i>	Online	

### Remarks:

- Topic(s) is/are subject to change without prior notice.
- Lectures will be conducted mainly in English.

## Registration

	<p><b>Please scan the QR code in order to complete the registration at zoom webinar by filling in the required information</b> and select the date(s) you would like to join. If you would like to join the full course, please select all dates.</p> <p>***Discount will be given to members joining 7 sessions or more***. Members are strongly recommended to register for full course if they would like to join 7 sessions or more at initial registration. <b>Subsequent registration will follow the normal fee.</b></p>
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### Notes:

- Confirmation would be sent upon completion of registration online and receipt of registration fee.
- In case of over-subscription, the organiser reserves the right of final decision to accept registration.

### For face-to-face sessions:

- Participants are reminded to sign the CME attendance sheet on the spot.

### For online sessions:

- The link to join the online lecture SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
- Please note you can just attend ONE CME activity at a time regardless of the attending format. If it's found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
- For online sessions, please be reminded to check the system requirements beforehand to avoid any connection issues.
- Due to copyright issue, please note private recording of the lecture is prohibited.