



- Activities are supported by HKCFP Foundation Fund.
- Private Video Recording is not allowed.

## 45<sup>th</sup> Annual Refresher Course 2025

We are excited to announce that the Hong Kong College of Family Physicians (HKCFP) is going to organize the 45<sup>th</sup> Annual Refresher Course (ARC) for its members, which will include **9 sessions** to be held from 9 November (Sunday) to 14 December 2025 (Sunday). There will be **four** Sunday sessions and **five** weekday sessions.

**Dates for ARC 2025: (Face-to-face Only) (Online only)**

**Sundays:** 9 Nov, 16 Nov, **23 Nov and 14 Dec 2025**  
**Tuesdays:** 11 Nov and 18 Nov 2025  
**Thursdays:** 20 Nov, 27 Nov and **11 Dec 2025**

**7 sessions** would be held in **Face-to-face** format and **2 sessions** would be broadcasting **ONLINE**. Lunch would be served before the lecture for face-to-face option. **Please indicate your attending preference when completing the online registration form.**

Attending Option	Face-to-face Mode (9, 11, 16, 18, 20, 27 Nov and 14 Dec 2025)	Online Mode (23 Nov and 11 Dec 2025)
Time	1:00 – 2:00 p.m. Registration & Lunch 2:00 – 3:00 p.m. Lectures and Discussion (Weekday) 2:00 – 4:30 p.m. Lectures and Discussion (Sunday)	2:00 – 3:00pm Lecture & Discussion
Venue	Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon <b>Capacity for face-to-face mode: 80 participants</b>	<b>Online Sessions:</b> Using zoom webinar platform
Registration Fee	<b>Full course:</b> <b>Member:</b> HK\$900.00 <b>Non-member:</b> HK\$1,800.00  <b>For a single session:</b> <b>Member:</b> HK\$150.00 <b>Non-member:</b> HK\$300.00	
Payment Method	<ul style="list-style-type: none"> <li>● <b>By cheque:</b> Cheque should be made payable to “HKCFP Education Limited” and return to the secretarial office address below for process: <i>The Hong Kong College of Family Physicians Rooms 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK</i></li> <li>● <b>By FPS (For local transaction only. Can pay through online banking)</b> Secretarial staff would further email you once the e-debit note with payment details is ready.</li> </ul>	
CME Accreditation	<b>Weekday Sessions: 11 Nov, 18 Nov, 20 Nov, 23 Nov, 27 Nov and 11 Dec 2025</b> 1 CME Point HKCFP (Cat. 4.5) 1 CME Point MCHK (pending)  <b>Sunday Sessions: 9 Nov, 16 Nov and 14 Dec 2025</b> 3 CME Points HKCFP (Cat. 4.5) 3 CME Points MCHK (pending)  Up to 2 CPD points (Continuous Professional Development) will also be awarded for each session (subject to submission of satisfactory report of Professional Development Log); a maximum of two points can be scored for each session.	
Remarks	✧ Participants attending in face-to-face mode are required to sign the attendance sheets on the spot.	✧ Participants attending <b>online sessions(s)</b> are required to (1) attend a minimum of 75% of the length of each online lecture, (2) complete a post-lecture evaluation within 7 days from the lecture date for HKCFP & MCHK accreditation.
MCQs for extra 1 CME points	Only e-submission will be accepted.  The link to the MCQs will be sent to participants for each session of the Refresher Course if available after the lecture, i.e. there are a maximum of 9 sets of MCQs. The MCQ answers have to be submitted <b>latest by 31 December 2025 (Wednesday)</b> . Member will be awarded <b>1 extra HKCFP CME</b> point for scoring of over 60% for each set of MCQs. Following the MCHK guideline, handouts and MCQs would be confined to participants who have attended the session if available.	

The ARC, a traditional annual event of the College, has been running for a quarter of a century. Those who have attended **7 sessions or more** will be awarded an “e-Certificate of Attendance”. Members who have attended the paid ARC (whole course) for ten consecutive years or more will be awarded one free admission for the whole course. Subsequently, members can enjoy another free admission after every five consecutive years of paid ARC attendance (whole course). Please call the College Secretariat to confirm your previous enrollment.

**Registration is now open.** As the number of seats are limited, it will be offered on a first come, first served basis. **Please also note that admission fees are non-refundable nor transferable.** Ten free registrations for each online lecture will be offered to student members who wish to apply for free registration, please contact Ms. Minny Fung by email to [education@hkcfp.org.hk](mailto:education@hkcfp.org.hk) or call 2871 8899.

## Programme: Sunday Lectures

Dates	Topics	Speakers	Format	Venue
9 Nov (Sun)	<b>Mental Health, Chronic Coronary Syndrome &amp; Chronic Venous Disease</b> 1. Advances in Anxiety and Depression Management 2. Emerging Trends in Chronic Coronary Syndrome Management 3. Holistic Approaches on Chronic Venous Disease Management <i>Sponsored by Servier Hong Kong Limited</i>	1. Dr. LAM Chun <i>Specialist in Psychiatry</i> 2. Dr. FU Chiu Lai <i>Specialist in Cardiology</i> 3. Dr. LAW Yuk <i>Specialist in Vascular Surgery</i>	Face-to-face	Shantung Room, Level 8, Cordis
16 Nov (Sun)	<b>Migraine</b> 1. Migraine as a Neurological Disorder: Insights into Disease Burden, Screening, and Diagnostic Approaches 2. Managing Migraine: Evolving Treatments and Global Guidelines for Better Patient Care <i>Sponsored by Pfizer Corporation Hong Kong Limited</i>	1. Dr. CHEUNG Sing Ngai <i>Specialist in Neurology</i> 2. Dr. CHOW Cheuk Yin <i>Specialist in Neurology</i>	Face-to-face	Shanghai Room, Level 8, Cordis
23 Nov (Sun)	<b>HKCFP Visiting Professor Lecture</b> <b>Group Empowerment for People with Type 2 Diabetes</b>  <b>***Complimentary Session for all members</b>	<b>Prof. Bob MASH</b> <i>Professor, Stellenbosch University in Family Medicine and Primary Care, South Africa</i> <i>HKCFP Visiting Professor</i>	Online	
14 Dec (Sun)	<b>Diabetic Kidney Disease Management</b> 1. Discovering Diabetic Kidney Disease - Unravelling the Mysteries Behind DKD 2. Personalizing DKD Management by Illuminating Multiple Treatment Pathways <i>Sponsored by Bayer Healthcare Limited</i>	1. Dr. TAM Ho Kee, Vicki <i>Specialist in Endocrinology, Diabetes &amp; Metabolism</i> 2. Dr. POON Ka Yan, Clara <i>Specialist in Nephrology</i>	Face-to-face	Shanghai Room, Level 8, Cordis

## Programme: Weekday Lectures

Dates	Topics	Speakers	Format	Venue
11 Nov (Tue)	<b>Diabetes Mellitus</b> <b>Pathophysiology Based Anti-Diabetic Treatment in Type 2 Diabetes Mellitus</b> <i>Sponsored by Synmosa Biopharma (HK) Co. Ltd.</i>	Dr. IP Tai Pang <i>Specialist in Endocrinology, Diabetes &amp; Metabolism</i>	Face-to-face	Shanghai Room, Level 8, Cordis
18 Nov (Tue)	<b>Peripheral Neuropathy</b> <b>Safety Usage of Vitamin B6 at Therapeutic Dosage Among Peripheral Neuropathy Patients</b> <i>Sponsored by Procter &amp; Gamble HK Limited</i>	Dr. LEE Chi Nam, Edmond <i>Specialist in Neurology</i>	Face-to-face	Shanghai Room, Level 8, Cordis
20 Nov (Thu)	<b>HPV</b> <b>Expanding Access: HPV Self-sampling in Primary Healthcare Setting</b> <i>Sponsored by Roche Diagnostics (Hong Kong) Limited</i>	Dr. CHU Man Yee, Mandy <i>Specialist in Gynaecological Oncology</i>	Face-to-face	Shanghai Room, Level 8, Cordis
27 Nov (Thu)	<b>Asthma</b> <b>The Management of Asthma and Comorbidity</b> <i>Sponsored by DKSH Hong Kong Limited</i>	Dr. WONG King Ying <i>Specialist in Respiratory Medicine</i>	Face-to-face	Star Room, Level 42, Cordis
11 Dec (Thu)	<b>Multi-Cancer Early Detection</b> <b>Unlocking Cancer Detection in General Practice - Practical Screening Strategies Including Next Generation Multi-Cancer Early Detection</b> <i>Sponsored by Gene Solutions</i>	Dr. CHIA Seng Hup, Brendan <i>Senior Consultant, Radiation Oncology, Raffles Cancer Centre, Singapore</i>	Online	

Remarks:

- Topic(s) is/are subject to change without prior notice.
- Lectures will be conducted mainly in English.

## Registration

	<p><b>Please scan the QR code in order to complete the registration by filling in the required information</b> and select the date(s) you would like to join. If you would like to join the full course, please select all dates.</p> <p><b>***Discount will be given to members joining 6 sessions or more***.</b> Members are strongly recommended to register for full course if they would like to join 6 sessions or more at initial registration. <b>Subsequent registration will follow the normal fee.</b></p>
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**Notes:**

- Confirmation would be sent upon completion of registration online and receipt of registration fee.
- In case of over-subscription, the organiser reserves the right of final decision to accept registration.

**For face-to-face sessions:**

- Participants are reminded to sign the CME attendance sheet on the spot.

**For online sessions:**

- The link to join the online lecture SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
- Please note you can just attend ONE CME activity at a time regardless of the attending format. If it's found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
- For online sessions, please be reminded to check the system requirements beforehand to avoid any connection issues.
- Due to copyright issue, please note private recording of the lecture is prohibited.