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Message from the President



On 8th June 2016, Dr. Stephen Foo, Dr. Donald Li and I attended a meeting with Prof. Sophia Chan, Under Secretary for Food and Health Bureau. This was a follow up meeting after the Policy Address Consultation session with Mrs. Carrie Lam.

At the meeting we highlighted:

- There is not enough trained Family Medicine doctors in Hong Kong and training posts are insufficient.
- Majority of the primary care is provided by the private sector and the importance of community training in private sector is reiterated.
- There is no prerequisite to join the Primary Care Directory and we advise to gradually raise the entry requirement.
- Introduction of Diploma in Family Medicine (DFM) in order to upgrade the non-vocational training Primary Care doctors.
- There is financial incentive including private public partnership, elderly care voucher, seasonal influenza vaccination programme, colorectal screening to encourage qualified and trained Family Doctors to join the Primary Care Directory.
- Communication is needed between Hospital Authority and Department of Health to enhance the core of Primary Care doctors in Primary Care Directory.
- The opening of colorectal screening to all doctors including the surgeons and GI specialists will miss the chance of holistic and anticipatory care.

On 25th June 2016, I attended the Organ Donation Promotion Charter Launching Ceremony. The

event was emotionally charged especially with the recent search of a heart donor by a young university student. One of the organ recipients was a fireman revealing his life story when two of his dear colleagues sacrificed their lives in firefighting recently.

The College is one of the signatory organizations. We understand and agree to assist in public education to facilitate the public understanding of the significance and importance of organ donation. Organ donation must be voluntary and altruistic. We encourage the public to register their wish at the Centralised Organ Donation Register (CODR) of the Department of Health (www.organdonation.gov.hk) and share their wish with their family and we assist in continuous promotional work to inculcate a culture that honours organ donation. I hope all our members and fellows will actively participate in the CODR.

Last year we were asked by the Academy of Medicine to give views on the Housing Policy on Keeping of Companion Dogs. We were asked: Whether the registered doctors in private / government clinics are qualified for certifying the mental status of patients in need of keeping of a companion dog for mental support/ rehabilitation other than Specialists in Psychiatry. Thank you to Dr. Wendy Tsui, a dog lover, who came up with a detailed explanation. I am glad to let you know a family doctor instead

of a psychiatrist only can help to assess the patient's physical and psychological needs in keeping a companion dog in the public estate.

> WORLD FAMILY DOCTOR DAY

> > 1

Family Physicians Links



"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

From 15th July 2016 to 14th August 2016, Dr. Chan Wing Yan and Dr. Daniel Chu will be the Council Members-On-Duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments on anything related to our College and Family Medicine. You can reach us by contacting the College Secretariat by phone: 2871 8899, by fax: 2866 0616, or by email: <u>hkcfp@hkcfp.org.hk</u>. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Tony C. K. Lee Co-ordinator, CMOD System



Classified Advertisement

Full time/ Part time Family Doctor required for renowned Blue Care Medical Centres in Central/ Kwun Tong. Attractive salary and bonus. FM community training available.

Email CV to hr@bluecare.com.hk Contact Dr. Angus Chan Tel: 91368069/ 25231808

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **May – June 2016**:

Associate Membership (New A	pplication)
Dr LO Kar Yan, Joyce Dr POON Yi Kit Dr SHEK Kai Cheung Dr SIN Ka Wai Dr YUNG Oi Kwan, Iris	羅潘石 洗 惑 皆 啟 家 禧 衛 筠 調
Transfer from Assoicate to Fel	lowship
Dr CHEUNG Shun Tai	張 順 泰
Non-HKSAR Membership (New	Application)
Dr LI Zhuo Dr LIU Ruihong Dr LU Jingjie Dr ZHOU Ping	李 卓 劉瑞 紅 盧 婧 潔 周 萍
Resignation from Associate Me	embership
Dr HO See Yunn	何 書 芸







Board of Vocational Training and Standards News

To all College members and trainees,

Family Medicine training is a life-long learning process. Different trainees may have different training pathways according to the mode of training, personal interests, and life events encountered.

Thus, the Board has recently revised the guidelines on the duration of Higher Training to allow more flexibility, and with the endorsement of the Council, the Board is pleased to announce the Part-Time Higher Training Programme is available now.

To enroll into Part-Time Higher Training, the candidates are required to fulfill all the following criteria:

- A Proof of Completion of Basic Training in Family Medicine, or equivalent
- Possession of a higher qualification in Family Medicine equivalent to FHKCFP / FRACGP
- The CME requirement set by QA&A regulations in the year prior to the application
- Application Form for Higher Training
- Part-Time Higher Training Proposal

• Appropriate application fee (non-refundable regardless of the result of application)

Successful application is not guaranteed and final decision is subjected to Board approval.

Board of Vocational Training & Standards

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to apply for the Certificate of Completion of Basic Training within 3 months upon the completion of four-year Basic Vocational Training. Please submit the application and training logbook to the college office during office hours. Late submission will be charged an annual training fee.

Basic Training Subcommittee, BVTS

Reminder: Application for Recommendation for Exit Examination

To all Higher Trainees,

For those who prepare to sit for 2017 Full Exit Examination, please submit the application letter and the checklist for recommendation for Exit Examination before 30th September 2016.

Late applications will not be entertained.

Higher Training Subcommittee, BVTS

Should you have any enquiries, please contact Carmen or Charlotte at 2871 8899.

Board of Vocational Training & Standards

Specialty Board News

Pre-Exit Examination Workshop – For 2017/2018 Full Exit Examinations

The Specialty Board is pleased to announce the Pre-Exit Examination workshop on Exit Examination of Vocational Training in Family Medicine. The workshop will give participants an insight into different segments of the Exit Examination. **ALL candidates** who wish to sit for Exit Examination 2017 or 2018 are strongly encouraged to attend. All Examiners, Trainee Examiners, Clinical Supervisors are also welcome to attend.

Date: 13 August 2016 (Saturday)*

Time: 2:30 – 6:00 p.m.

Venue: Function Room 2, 2/F, HKAM Jockey Club Building, Wong Chuk Hang

* A *Video Session* will be arranged on 23 August 2016 (Tuesday) 6:30p.m. for the potential candidates who are not able to attend the workshop on 13 August 2016.

For details and registration, please contact the board secretaries Alky or Carmen by email to exit@hkcfp.org.hk

Dr. Wendy Tsui Chairlady, Specialty Board





Specialty Board News (Con't)

OW Badge for Fellows of HKAM in Family Medicine

Dear Fellows of HKAM (Family Medicine),

The Specialty Board is delighted to present a badge for each of the Fellows of HKAM (Family Medicine).

From now until 31 December 2016, please come to Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Wong Chuk Hang for receiving one complimentary badge. The redemption must be verified with your Fellow Card by the college secretariat.

Should you have any question, please contact the board secretaries Alky or Carmen at 2871 8899.

Thank you!

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Dr. Wendy Tsui Chairlady, Specialty Board

Meeting Highlights

CME Lecture on 2 June 2016

Dr. Tsang Man Wo, Specialist in Endocrinology, Metabolism & Diabetes, delivered a lecture on "Advanced Medical Nutrition Therapy in Diabetes Management and its Economics Impact" and Dr. Yip Wai Man, Specialist in Geriatric Medicine, delivered a lecture on "Role of HMB in Healthy Age" on 2 June 2016.



Dr. Ma Ping Kwan, Danny (left, Moderator) presenting a souvenir to Dr. Tsang Man Wo (right, Speaker) during the lecture on 2 June 2016



Dr. Ma Ping Kwan, Danny (left, Moderator) presenting a souvenir to Dr. Yip Wai Man (right, Speaker) during the lecture on 2 June 2016

CME Lecture on 3 June 2016

Dr. Lee Lip Yen, Dennis, Specialist in Otorhinolaryngology, Associate Consultant, Department of Ear, Nose and Throat, United Christian Hospital, Hospital Authority, delivered a lecture on "State-of-theart Treatment of Allergic Rhinitis" on 3 June 2016.



Dr. Au-Yeung Shiu Hing (right, Moderator) presenting a souvenir to Dr. Lee Lip Yen, Dennis (left, Speaker) during the lecture on 3 June 2016

CME Lecture on 17 June 2016

Dr. Chan Wai Ming, Alson, Specialist in Paediatrics (Immunology & Infectious Diseases), delivered a lecture on "Hong Kong Allergy Prevention Guideline" on 17 June 2016.



Dr. Chan King Hong (right, Moderator) presenting the souvenirs to Dr. Chan Wai Ming, Alson (middle, Speaker) and the representative of Sponsor during the lecture on 17 June 2016





CME Lecture on 20 June 2016

Prof. Philip Gorwood, Professor of Psychiatry, Sainte-Anne Hospital and Paris-Descartes University, France, delivered a lecture on "Motivation & Depression" on 20 June 2016.



Dr. Aster Lau (left, Moderator) presenting a souvenir to Prof. Philip Gorwood (right, Speaker) and the representative of Sponsor during the lecture on 20 June 2016

Certificate Course on Bringing Better Health to Our Community 2016

The 2nd session of the "Certificate Course on Bringing Better Health to Our Community 2016" co-organized with Queen Elizabeth Hospital was held on 18 June 2016. Dr. Mok Yun Wing, Thomas, Chief of Service, Department of Respiratory Medicine, Kowloon Hospital, delivered a lecture on "Update on Smoking Cessation (Medication and Brief Counselling)" and Dr. Leung To Fung, Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital, delivered a lecture on "New Service Module on GOPC Smoking Cessation Service" and Dr. Ng Chun Kong, Specialist in Respiratory Medicine, Consultant, Department of Medicine, Queen Elizabeth Hospital, delivered a lecture on "Obstructive Pulmonary disease (COPD & Asthma)" respectively.



Dr. Lau Ho Lim (right, Vice President (General Affairs)) presenting a souvenir to Dr. Mok Yun Wing, Thomas (left, Speaker)



Dr. Chan Hung Chiu (right, Council Member) presenting a souvenir to Dr. Leung To Fung (left, Speaker)



Dr. Chan King Hong (right, Council Member) presenting a souvenir to Dr. Ng Chun Kong (left, Speaker)

Certificate Course on Pain 2016

The 1st session of the Certificate Course on Pain 2016 which was sponsored by Pfizer Corporation Hong Kong Limited was held on 22 June 2016. Dr. Yip Man Lung, Ronald, Specialist in Rheumatology, delivered a lecture on "Peripheral Arthritis Pain: Diagnosis, Treatment and Prevention".



Dr. Lee Wan Tsi, Francis (right, Moderator) and Dr. Chan Hung Chiu (left, Council Member) presenting a souvenir to Dr. Yip Man Lung, Ronald (middle, Speaker) during the lecture on 22 June 2016



Hong Kong Primary Care Conference 2016 – "A Flourishing Community – Our Vision in Primary Care"

The 6th Hong Kong Primary Care Conference was successfully held from 4th to 5th of June 2016. Once again, this annual hallmark conference was well received with increasing number of participants each year, proving this event's importance as a rich networking opportunity in bringing medical, nursing and allied health professionals together to enhance primary care.

This year's theme "A Flourishing Community – Our Vision in Primary Care" is a timely yet inspirational reminder for us to continue the enormous progress that we have made in primary care, both locally and globally and to strive even harder in working towards achieving this challenging vision of achieving a healthy and flourishing community. We are honored to have three distinguished plenary lectures from leading experts in Family Medicine and Primary Care namely current WONCA President Professor Michael Kidd, Under Secretary for Food and Health HKSAR Professor Sophia Chan and Professor TP Lam. Besides the stimulating and thought-provoking plenary lectures, we also had a wide selection of relevant and well-structured programme delivered by a range of excellent speakers with diverse background and experiences.

I would like to take this opportunity to express my sincere appreciation to the officiating guests, speakers and facilitators for their valuable support, sponsors for their generosity, conference advisors for their guidance, all members of the conference Organizing Committee and secretariat for their hard work, last but not the least, all the delegates for the participation which have made the conference a big success.

Chairperson of HKPCC Organizing Committee Dr. Lorna Ng



Conference delegates during coffee break



Group photo of invited guests before opening ceremony



Group photo of invited guests before opening ceremony



(from left to right) Dr. Lorna Ng, Prof. Sophia Chan, Prof. Michael Kidd, Dr. Angus Chan, Dr. Ko Wing Man, Prof. Donald Li





Opening Ceremony



The MCs Dr. Lian Cheng (left) and Dr. Eva Au (right)



Dr. Angus Chan, President of HKCFP, giving his

opening speech

Group Photo of invited guests



Ribbon Cutting



Exchange of souvenir by President - Dr. Angus Chan (right) and Dr. Pan Zhi Gang (left) from Cross-Strait Medicine Exchange Association



Dr. Angus Chan (right) presenting Best Research Paper Award to Dr. Colman Fung (left)

Plenary II



Dr. Lorna Ng (left) presenting the souvenir to Dr. Leung Lok Hang (right), receiving the souvenir on behalf of Dr. Shek Hon Wing (Artistic Coordinator of Taskforce Member, HKPCC 2016)



Dr. Angus Chan (right) presenting Best Trainee Research Paper Award to Dr. Lee Kam Pui (3'd from the left) and the team

Plenary I



Dr. David Chao (right) presenting souvenir to Prof. Michael Kidd (left)



Dr. David Chao (right) presenting souvenir to Prof. Sophia Chan (left)

Plenary III



Dr. Alvin Chan (left) presenting souvenir to Prof. Lam Tai Pong (right)

Dr. Ko Wing Man, BBS, JP, giving his speech

sion in Prima



Seminar A



Dr. Catherine Chen (right) presenting souvenir to Dr. John So (left)

Seminar C



Dr. King Chan (left) presenting souvenir to Prof. Nancy Leung (right)

GP with Special Interest

Dr. Regina Sit (right) presenting souvenir to



Dr. Catherine Chen (right) presenting souvenir to Dr. Sammy Cheng (left)

Seminar D



Dr. Ko Wai Kit (left) presenting souvenir to Mrs. Au Ip Lai Yin Francis (right)

Workshop 1



Dr. Catherine Sze (left) presenting souvenir to Dr. Chow Wing Sun (right)



Dr. Catherine Sze (left) presenting souvenir to Dr. Emily Tse (right)



Dr. Catherine Sze (left) presenting souvenir to Ms. Karen Wong (right)



Dr. Andrew Ip (left)

Workshop 2

Ms. Margaret Lam (right) presenting souvenir to Ms. Ngan Hau Lan (left)

Workshop 3



Prof. William Wong (left) presenting souvenir to Prof. Michael Kidd (right)



Workshop 4

Dr. Eva Au (right) presenting souvenir to Dr. Dana Lo (left)



Dr. Eva Au (right) presenting souvenir to Dr. Mark Chan (left)

Seminar B



Mr. Lawrence Fung (right) presenting souvenir to Ms. Elizabeth Leung (left)



Dr. Ko Wai Kit (right) presenting souvenir to Dr. Monica Wong (left)



Discussion Forum



Dr. Vienna Leung (right) presenting souvenir to Dr. Yau Lai Mo (left)



Dr. Vienna Leung (right) presenting souvenir to Dr. Jeffrey Ng (left)



Dr. Vienna Leung (right) presenting souvenir to Ms. Nancy Ng (left)

Clinical Case Presentation



Dr. Tsui Pun Nang (4th from right) and his team receiving the prize of Best Clinical Case Presentation Award from the judges (from left to right) Ms. Priscilla Poon, Dr. Angus Chan and Mr. Jimmy Wong

Dinner Symposium



Free Paper Presentation

mmunity_Churt



Prof. Samuel Wong (left) presenting the prize of Best Oral Presentation Award to Dr. Esther Yu (right)



Dr. Mark Chan (left) presenting souvenir to Dr. Terence Tam (right)



Dr. Mark Chan (left) presenting souvenir to Dr. Tsang Man Wo (right)

Lunch Symposium



Dr. Lian Cheng (left) presenting souvenir to Dr. Tsang Man Wo (right)



Dr. Lian Cheng (left) presenting souvenir to Dr. Peter Lin (right)



The 29th Hong Kong College of Family Physicians Conferment Ceremony and the 27th Dr. Sun Yat Sen Oration, 5th June 2016

Dr. David V. K. Chao, Chairman, Internal Affairs Committee, HKCFP

This year, the 29th Anniversary of the Hong Kong College of Family Physicians (HKCFP) Fellowship Conferment Ceremony and the 27th Dr Sun Yat Sen Oration was held on the 5th June 2016 at the Hong Kong Academy of Medicine Building.

We are very much obliged to the government officials, university colleagues, our sister colleges' representatives from overseas, representatives of the Hong Kong Academy of Medicine and local specialty colleges, overseas dignitaries and doctors' organisations for their participation in celebrating the joyful success of our Conjoint Fellows, Exit Examination and Diploma in Family Medicine (DFM) colleagues. We are most grateful towards the aforementioned friends, colleagues and peers who have given our College continuing support to make this year's academic events and the conferment ceremony another great success.

After the introduction of the Official Platform Party by our Public Orator Dr. Kathy Tsim, our College President, Dr. Angus Chan officially declared the ceremony opened. Dr. Mark Miller, Censor-in-Chief of the Royal Australian College of General Practitioners (RACGP), represented our Australian sister College to give a welcome speech also. There were 26, 26, 13 and 15 doctors awarded HKCFP Fellowship, RACGP Fellowship, Exit Examination Certificate, and Diploma in Family Medicine correspondingly. Awards of the Dr. Peter C. Y. Lee Best Candidate in Fellowship Examination 2015, the HKCFP Best Research Award 2015, and HKCFP Research Fellowship 2016 were delivered on stage also. The ceremony was concluded by Prof. Gabriel Leung, Dean of Li Ka Shing Faculty of Medicine of the University of Hong Kong and our Dr. Sun Yat Sen Orator this year, delivering the 27th Dr. Sun Yat Sen Oration entitled "What would Dr. Sun have done?".

As in last year, we organised group photo session with the successful candidates after the ceremony proper. We are very much grateful towards all the College officials' support and the cooperation of our successful candidates by staying behind at the venue after the ceremony.

All these would not have happened without the most efficient secretariat support led by Ms. Erica So and a tremendous helpers' team to ensure the smooth running of the occasion, including Dr. Ko Wai Kit (Coordinator), Dr. Chan Chi Wai (Marshalling Officer), Dr. Chan Ngai Ping (Marshalling Officer), Dr. Fok Peter Anthony (Marshalling Officer), Dr. Kwan Yu (Marshalling Officer), Dr. Chung Kin Wing (Usher), Dr. Lau Kin Sang Kinson (Usher), Dr. Wang Hua Li Jenny (Usher) and Dr. Yeung Wai Man Raymond (Usher). Last but not least, we would like to thank all the family members, colleagues and friends who have participated in the Ceremony to witness their beloved ones receiving their honours on this very special occasion.







Dr. Leung Wing Cheong (left) and Dr. John Liu (right)



Dr. David Chao, Dr. Albert Kong, Prof. Lau Yu Lung, Dr. Angus Chan, Prof. Cindy Lam and Dr. Chan Sai Kwing (from left to right)



Dr. Angus Chan (left), Dr. Hung Chi Tim (middle) and Dr. Andrew Ip (right)



Dr. Clarence Choi, Dr. Choi Kin, Dr. Leong Che Hung, Dr. Angus Chan, Dr. Chan Sai Kwing and Dr. Albert Kong (from left to right)



Dr. John Chung, Dr. Andrew Ip, Dr. Angus Chan, Dr. Chan Hung Chiu, Dr. Simon Au, Dr. Mark Chan, Dr. Stephen Foo and Dr. David Chao (from left to right)



Prof. Sophia Chan, Prof. Lau Yu Lung, Dr. SV Lo and Prof. Gabriel Leung at cocktail reception



Prof. Gabriel Leung, Dr. Hung Chi Tim, Dr. Patrick Li and Dr. Ho Hiu Fai at reception (from left to right)



Dr. Lee Wing King (left) and Dr. Kinson Lau (right) at reception



Dr. Angus Chan (middle), Dr. Mark Miller (8th from the right), Dr. Chan Hung Chiu (7th from the right) and Dr. Stephen Foo (6th from the right) with successful candidates and helpers (Dr. Peter Anthony Fok, 1st from the left and Dr. Edmond Chan, 5th from the right)



Dr. Angus Chan, (7th from left), Dr. Mark Miller (middle), Dr. David Chao (7th from the right), Dr. Stephen Foo (6th from the right) and Dr. Kathy Tim (3rd from the right) with successful candidates and guests



Prof. Cindy Lam (4th from the left), Dr. Simon Au (4th from the right) and Dr. Edmond Chan (3rd from the right) taking a group photo with DFM diplomats



Dr. Alvin Chan (left), Dr. Ngan Po Lun (middle) and Dr. Kinson Lau (right)



Conferment helpers: Dr. Peter Anthony Fok, Dr. Raymond Yeung, Dr. Doris Chan, Dr. David Chao, Dr. Ko Wai Kit, Dr. Kwan Yu and Dr. Kathy Tsim (from left to right)

FAMILY DOCTOR DAY







HKCFP Trainees Research Fund 2016 / HKCFP Research Seed Fund 2016

The Research Committee of HKCFP is proud to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$5,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of \$10,000 award will be made to the successful applicant to assist the conduction of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

Please note that each applicant can only apply either one of the above Funds

Assessment Criteria for both funds:

- 1. Academic rigor of the paper (e.g. originality, methodology, organisation and presentation);
- 2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
- 3. Overall budget

Each Research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong by post or by email: jeffcheng@hkcfp.org.hk

Please indicate the research funding title e.g. "HKCFP Trainees Research Fund 2016" or "HKCFP Research Seed Fund 2016" on your research project upon submission.

Submission Deadline: 31st August 2016

Supported by HKCFP Foundation Fund





What do others think of Family Doctor and our discipline? 360-degree feedback from Medical Students, Nurses and Patients

Dr. Chan Man Li, Section Editor, FP Links Committee Dr. Cheng Chun Sing, Member, FP Links Committee

There was popular discussion for using the results of 'patient-experience survey as an indicator of service quality, or a lever for change in health care in UK. Patientexperience survey have been adapted from the world of consumer survey and applied to the healthcare context internationally, mostly in primary care settings.

Multisource feedback integrates feedback from different parties; that is, patients, professional colleagues, possibly those responsible for health service provision, and also selfrating and reflection.

In this article, we have invited medical students, nurses and patients attending or working at various public clinics in different clusters to share their view and experience about family doctor and our discipline.



Medical students' view:

Student A: I am so glad to be given an opportunity to attach to the primary care clinic which allows me to gain more holistic view of family medicine. As we all know, family medicine provides primary care service. Doctors are doing their best to take care of patients and trying to prevent them from developing serious disease. After visiting the community health centre, I found that the doctors are not the only party participating for primary care in family medicine, but also nurses, physiotherapists, occupational therapists, nutritionists etc. Patients can receive different services with good facilities all together in one community health clinic! It was really impressed on how holistic and multidisciplinary care can be provided. Apart from those service mentioned above, there are also service for mental health, light stimulation therapy, programme for fall prevention and smoking cessation etc to fit in the needs of different patients! Of course, besides involvement of multiple healthcare workers, the participation of patients is essential for their own health too. Community health centres also provide a platform for patients to form selfhelp groups which they can help themselves and share their experiences. I believe that primary care is with an increasing role in Hong Kong's healthcare system and hope that more patients can be benefited from such a holistic care of their health.

Student B: Before family medicine rotation, I thought family medicine is mundane. But after going through 7 weeks of rotation family medicine, I realise that being a family doctor is not as easy as I thought, because being the gatekeeper in the health care system, family doctor has to be equipped with knowledge of different areas. Inspired by the doctors who taught me in this rotation, my interest in family medicine also grew.

Student - Jason: Under the new medical curriculum, medical students like myself have seven weeks of family medicine and primary care clerkship, during which I attached to the Primary Care Clinic for two weeks. I have observed how family physicians comprehensively treat a patient with multiple problems, meticulously identified the one severe pathology among the vast amount of patients and thoughtfully provide anticipatory care on an individualized basis. This attachment definitely enriched my knowledge on the role and importance of family doctors and the family medicine Specialty.

Student - Cindy: After the 3-week attachment to the Primary Care Clinic, I truly understand how family physicians act as a gatekeeper for the health of patients. Family medicine specialist is the first person that patients approach when they experience discomfort or symptoms, and through the sit-in consultations that I attended, I observed how they make accurate diagnosis and offer treatment within a very short period of time. Meanwhile, good rapport with patients, regular follow-up, risk management and anticipatory care are also maintained in each consultation. Specialists of family medicine are not merely general practitioners, but all-rounded doctors that cater for patients in all age groups with the widest spectrum of diseases to look after compared to other specialties. The way how the specialty of family medicine trains family doctors provide a good basis for the primary care system in Hong Kong.

Student E: The family medicine clerkship in the past 2 months has truly broadened my perception of what family medicine and primary care mean. In my 2-week attachment at the Primary Care Clinic, RAMP service & nurse and allied health clinics, I had a glimpse of the multi-disciplinary approach in managing patients in community settings. I am deeply inspired by the teamwork and also the passion of the staff in promoting health in public. For example, a man with diabetes mellitus can have his blood glucose managed by medications prescribed during the doctor consultation, he can receive regular complication assessment at RAMP service, receive advice on diet and attend cooking class by dietician, receive foot care by podiatrist as well as having his psychological aspects assessed by occupational therapist. I can see a lot of the patients smiling with satisfaction after having a session in the NAHC. This truly live up to the spirits of primary care providing comprehensive, continuing and patient-centred care.

Of course, not everything is ideal. For instance, the immense patient load which limits the quality of doctorpatient relationship. Given the tight time pressure, it is understandable that doctor often adopts a more paternalistic approach. It is hardship that many passionate doctors who have genuine care for patients and have the right skills to not being able to address some unspoken concerns of the patient.



"Submissions of articles to Feature with up to 1200 words are always welcome.



Being able to sit in consultation and being critiqued in supervised consultation have made me appreciate the 'art' of being a good doctor. Not only is solid clinical knowledge is required, but more importantly, it is the critical thinking and careful observation that allows a doctor to manage vast diversity of patients. I feel very grateful to be able to observe these during my attachment.

Student - Edmund: From what I perceived from teachings at school, a family doctor should be the first doctor patients wanted to see for any illness.

Ideally a family doctor should be the doctor who cares for the whole family, so that he/she knows best the family dynamics and therefore can give the most suitable management that fit the patient's psychosocial needs (be it drug treatment, health counselling or motivational interview, etc.). A good family physician should be able to take care of the whole of the patient's biological, psychological and social health.

After 2 weeks of attachment, I found that the care for patients in public primary setting has been much less doctor-centered than I expected. In Hong Kong the situation is that a doctor have around 40-45 cases to see in a morning, and patients do not always see the same doctor in each consultation. There is little luxury for them to take care of every patient's psychosocial aspect. Counselling by a doctor is particularly difficult in such a time-limited situation. Most of the relatively more timely counselling and health education sessions, (eg. Smoking cessation counselling, Diabetes diet education, psychological counselling, knee exercise classes, etc) have been done by the allied health system to ensure a whole-person care. General Out-Patient Department doctors have been made to specialize in diagnosing disease and prescribing drugs.

Although seemingly the doctor-patient relationship is less strong under such setting, the public sector have adopted a method of establishing a team-patient relationship, which is also effective under such time limited condition.



Nurses' view:

Nurse - Kathy: 普羅大眾生病一般會預約就近的"內外 全科"家庭醫生。家庭醫生對病人健康問題的了解既深 入又全面,為病人提供最基層而全面的醫療服務。而且 家庭醫生重視與病人溝通,建立互信關係,醫生對病人 認識愈深,愈能幫助病人找出最合適的診治及藥物處 方,令治療更快更準確。而且基層醫療亦為醫療系統起 了守門將軍的把關作用,因為他們是市民的首個接觸 點,再經診斷把有需要的病人再轉介到專科醫生,這樣 減輕了專科醫生部份的壓力,有助資源分配到真正有需 要的病人身上,縮短現時輪侯政府專科的時間。

Nurse-Rina: 3年前,身為醫院病房護士的我,為了追求穩定的上班工作模式,和爭取更多和家人相處的時間,毅然放棄了工作多年熟悉的環境,而選擇了家庭醫學的部門。

回想當年,我以為一個門診護士的工作量和複雜程度理 應不可以和醫院病房相提並論。但過了不久,便知道我 的想法錯了!門診每天的工作量、處理病人的數量、還 有突發的事件等等也超出我的想像!

當慢慢適應後,也逐漸發覺門診的病人也有可愛的一 面!例如有一班經常撞口撞面的街坊來看醫生,除了每 次回來也好像很相熟的和你打招呼,他們也不吝嗇和你 細説近況。另外或許有部分是長期的病人,習慣了相隔 一段時間又見面,有時看不見某個護士或醫生時,也會 多口去打聽一下。還有……我想是和病人多了一份親切 感吧!

對於家庭醫學及基層健康護理,作為護士的我,認為首 要的任務當然要提供適切的專業服務,無論是為基層的 健康檢查、指導、多元化的專科護理,還是為普羅大眾 看守健康的醫生和專科轉介,我相信未來以預防疾病、 加強教育、倡導公私營協作的信念仍是作為家庭醫學的 目標和路向!

最後,為了市民的健康,除了提升各診所的配套及硬件 的優化外,我想人力和資源也不可以少吧!畢竟我們最 終追求的也是健康的體魄!

Nurse I:

- 1) 隨時隨地可以找到醫生。
- 一個醫生可以跟進所有病情。例如一個人有骨科、婦 科問題,經專科診症後,家庭醫生都可以詳細再跟 進。
- 3) 想只跟進一位醫生,不想每次都看不同醫生。



Patient - Ms. Yim: 我相信心理會影響生理。當我頭暈心 跳時,家庭醫生會關心我的家裏背後所發生的事情,家 裏的事醫生就幫不上,但他給予的聆聽,關懷和多次的 覆診約會,鼓勵我働力跳出心理障礙,平衡情緒,身心 就好轉了。我更覺得每人都應該有一個家庭醫生,時常 有身心問題時,可向同一個熟悉你情況,為你把關的家 庭醫生跟進,會是一個雙贏的局面。

Volunteer - Mr. Tang: 如果人人皆學習、皆保養、皆注意 健康,大家便喜氣洋溢;這也是家庭醫學及基層醫療的 目標和願景。事事有安排、有良好訓練和注意物盡其 用,避免服務重疊,同事工作時倍感身心暢快,效率提 升;這也是家庭醫學及基層醫療的發展方向,讓服務更 精益求精。深盼我們的家庭醫生、我們的基層醫療團隊, 繼續努力,服務大眾外,更把服務及理念發揚光大,推廣 至每一角落,讓全港市民更健康,更懂助人自助,也為和 諧進步、生活健康的社會,讓大家努力建設下去。

We hope you would enjoy the reading of the sharing and feedback from others. There is no right or wrong, but it gives us some insight of what other people think or expect on us, as a family doctor, to provide primary care service in the community.





Research Committee News -HKCFP Best Research Award 2015 and HKCFP Research Fellowship 2016

The Research Committee is delighted to announce that the study on "Severe hypoglycemia in type 2 diabetes mellitus patients managed in the primary care: incidence and associated risk factors" has been awarded the HKCFP Best Research Award 2015. The Committee would like to congratulate the principal researcher Dr. Chen Xiao Rui, Catherine for her work.



Recipient of the HKCFP Best Research Award 2015 – Dr. Chen Xiao Rui, Catherine (left)

It is also our pleasure to announce that the winner of the HKCFP Research Fellowship 2016 is Dr. Chan Fu Leung.

Dr. Chan Fu Leung has been working in general outpatient clinic since graduated from medical school. He obtained the HKCFP/RACGP Conjoint Examination Fellowship in 2004. He is now having the first year of higher training.

Dr. Chan introduced, "T2DM patient with proteinuria are at high risk of adverse renal and cardiovascular events. However, the control of proteinuria among diabetic patients is inadequate in the primary care setting despite the fact that effective treatment is available. The reasons behind are multifactorial. Our study aims at exploring the prevalence of therapeutic inertia (TI) on proteinuria management among T2DM patients and possible associating factors in both patients' and doctors' perspective. TI is defined



as the doctor recognizing the problem but fail to act accordingly, i.e. to initiate or intensify therapy appropriately in our case.

This is a cross-sectional study. We will retrieve data from the Computer Management System (CMS) of Hospital Authority (HA). Random samples were drawn from T2DM patients who were followed up regularly in general out-patient clinic (GOPC) in Kowloon Central Cluster (KCC) with at least one annual blood and urine checkup during 1/1/2014 to 31/12/2015. Patients who had pre-existing non-DM related renal disease, followed up in specialist clinic or died within the study period would be excluded. TI will be considered to be present when attending doctors failed to initiate or intensify ACEI/ARB treatment unless justified reasons were noted. We will then compare the patients' age, sex, smoking status, BMI, BP, blood HbA1c, creatinine, lipid, etc. between the group with and without therapeutic inertia. Besides, working experience and family medicine training background of the doctors of the two groups will also be compared. Any associating factor for therapeutic inertia can then be identified by calculation using logistic regression. By overcoming the barriers to adequate and appropriate treatment, we expect the progression of renal complications and the cardiovascular outcome of T2DM patients can be improved in the long run."



Recipient of the HKCFP Research Fellowship Award 2016 -Dr. Chan Fu Leung (left)



Board of DFM News -A Learning Guest

Dr. Yam Wai Cheong, Successful Candidate from Malaysia, DFM HK 2015-16



First of all, I want to thank the college for inviting me to share my great time in Hong Kong through this article. I get to know Hong Kong at a young age through media like movies frequently and always think of visiting Hong Kong. The opportunity came while I was looking for courses to learn more about family medicine and how family practice likes in abroad, and then I noticed the certificate in family medicine course and asked myself why not?

When I first landed myself in Hong Kong back in 2014, I went through the airport, train station and restaurant. My impression was a crowded city, a sign of prosperity so often symbolized the Chinese community. As I walked around the places, the day seemed long and the night was always young. The mixing of eastern and western cultures was very unique and interesting, so as the landscape and food that were really nice.

In the workshop, it was the first time I learnt medicine with Chinese language. I found added interest, different stimulation to me in many ways. I needed some extra effort to learn medicine in another language but it was a pleasure. The participants were proactive and motivated with questions and discussions. There were also participants from Mainland China and Macau; and I was fortunate to be there to learn from people with different background.

In the following year, I took the diploma in family medicine course. In the tutorials, the lecturers spent extended hours on many occasions to discuss with the participants. All the lecturers were very helpful throughout the course, provided teaching and guidance in the pathway of a medical life. Not to forget to mention that the assignments did help me to learn more and fast.

I had my clinical attachment in United Christian Hospital on diabetes mellitus. Patient centered care was being practiced and patients were encouraged to talk and share during consultation in the clinic. I found that the patients had good awareness of general health and knew well about personal health condition. The physicians often used extra time during ward rounds and tutorials to discuss cases and share updated information. All the staff from the college and hospital were very friendly and helpful in giving updated news and arranging all the sessions. The administrative staff of the college were quick in response to any enquiries which helped me a lot.

I also want to thank my colleagues in my clinic back in Penang for helping with my duties when I was not around. I am fortunate that I get to draw inspiration from those around me. A friend of mine, soft characters with a big heart, travelled to learn before me. Such a strong will instills great encouragement in me to walk a step.

At times, I may not know how to response as many new happenings surround me, but I am grateful to everyone and everything during my stay in Hong Kong and those back in my hometown. Thank you and I wish to give back what I have learnt to the community.



The University of Hong Kong Family Practice Attachments for Medical Students

The Department of Family Medicine and Primary Care of the University of Hong Kong is actively recruiting primary care doctors who are prepared to take students into their practices for teaching purposes

- As part of the **Professionalism in Practice programme**, each student will attach individually or in pairs to the same preceptor for <u>one half-day session per year over the first three years</u> of medical school. Through early attachment to a primary care doctor, students will focus on developing an understanding of what it means to be a doctor and how professionalism is practiced in real life. The dates of the attachment are flexible.
- During the **Family Medicine Junior Clerkship** each student is required to spend some time attached to a family practice in the community. These attachments are on a one-to-one basis, and are scheduled at regular intervals throughout the academic year. Each family practice (FP) teacher will have a minimum of two students attaching to his/her practice, each for 2 half-day sessions during a 9 week period.

Most doctors find that teaching medical students a rewarding experience, and the satisfaction gained often more than compensates for the minor disruption to the practice. Those who volunteer to teach will be given an honorary academic appointment at the University of Hong Kong, which is a quotable appointment. CME and CPD accreditation has been given to these teaching activities by the Quality Assurance and Accreditation Committee of the H.K.C.F.P. towards the award of the Certificate of Quality Assurance. Our honorary teachers are entitled to use our University facilities including the library, computer access to the Internet and the sports club.

Fellows and members of the Hong Kong College of Family Physicians are most eligible, and enquiries from other doctors would also be welcome. No previous experience is necessary - interest and motivation to pass on your expertise are much more important.

Please complete and return the reply-slip below, indicating each period in which you are prepared to accept student attachments in your practice. If you would like more information about our programmes, please contact us by e mail (fmpc@hku.hk) or telephone (2518 5657).

Professor Cindy L.K. Lam Head, Department of Family Medicine and Primary Care The University of Hong Kong

REPLY SLIP

То	:	Department of Family Medicine & Primary Care, the University of Hong Kong,	
		3/F., Ap Lei Chau Clinic, 161 Main Street, Ap Lei Chau, Hong Kong/ Fax 2814 7473	5

A. Professionalism in Practice Programme:

\Box I am interested in the	nis programme.	Please send me more in	nformation by
(please tick as appropriate):	\Box email	\Box fax	\Box post

B. Family Medicine Junior Clerkship:

I will be willing to take a student for attachment in my practice during the following teaching blocks (please tick as appropriate):-

Oct 17, 2016 – Dec 17, 2016	Dec 19, 2016 - Feb 18, 2017	Ereb 20, 2017 – Apr	22, 2017
Name: in En	nglish (BLOCK LETTER)	in Chinese)
Office Address :			
E-mail Address:			
Office Tel. No. :	Fax. No. :		
Date :	Signature :		



Smoke Inhalation Injury

The inferno at the Amoycan Industrial Centre in Ngau Tau Kok was finally brought under control on 24/6/2016 night, more than 80 hours after it broke out on Tuesday, killing two firefighters over two days.

Smoke inhalation injury is generally defined as the inhalation of thermal or chemical irritants. It represents a major cause of morbidity and mortality in burn patients, for example, among the 790 injured survivors from the World Trade Centre attack, 49% suffered from inhalation injury.

Smoke toxicity is increasing because industrial products have shifted from woods and natural materials towards synthetics and petrochemicals, which ignite and burn two- to three-times hotter and faster.

Smoke inhalation injury can be divided into three different types of injury:

- Thermal injury, which is mostly restricted to the upper airway (exception: blast injury or steam inhalation), results in erythema, ulceration and edema of the airway, delay presentation of respiratory distress can delay up to 18 hour or longer
- Chemical irritation of the respiratory tract goes down to tracheobronchial system then to lung parenchyma causing bronchospasm, airway edema, alveolar collapse and increase risk of pulmonary infections
- Systemic injury includes systemic inflammatory response and toxicity owing to toxic gases, commonly involve carbon monoxide and cyanide

The first priority at the injury scene is rescue of the victim from the source of fire. To improve oxygenation as soon as possible, a high flow of 100% oxygen should be administered via facemask immediately. Then a short but careful body check to estimate the extent of smoke inhalation and to assess accompanying injuries such as burns and/or trauma should be done. If the victim has been exposed to an explosion, barotrauma to the lung should be suspected. If possible, information about comorbidities should be obtained. Features suggestive of inhalation injury includes:

- Facial and neck burns
- Burned lips and vibrissae
- Soot-containing airway secretions
- Pathological respiration patterns (coughing, stridor and hoarseness)
- Dyspnea
- Cyanosis
- Neurological symptoms (current or past unconsciousness, dizziness, nausea and vomiting)

After these basic measures, decision needs to be made on how to secure the airway before the patient arriving at hospital for definite treatment. Intubation can protect the airway from rapidly developing airway edema but especially at the injury scene, intubation is associated with undeniable risks such as esophageal intubation, aspiration, barotrauma or laryngeal trauma. Patients with heat and smoke inhalation injury combined with extensive face or neck burns definitely should consider intubation, while victims with smoke inhalation injury but no facial or neck burns can be carefully observed and later be intubated, if necessary.

Reference:

Expert Rev Respir Med. 2009 Jun 1; 3(3): 283-297.

Compiled by Dr. YIP Chun Kong Sam





WONCA Europe Conference 2016: Copenhagen - A Medical Conference with Humanistic Culture (Part 1)

Dr. Dana Lo, Senior Medical Officer University Health Service, The Hong Kong Polytechnic University

Background

It is such a precious opportunity for us to participate in this WONCA conference which took place in Copenhagen, Denmark, on 15-18 June 2016, jointly organized by the 5 Nordic countries, namely Sweden, Norway, Finland, Iceland and Denmark. There were over 3000 GPs from 72 countries/regions attending the conference. With the title *"Family Doctors with Heads and Hearts"*, the conference committee underlined the great respect for the humanistic side of the professional work of family doctors: the respect for patients and their needs and wishes.

The keynote address by Professor Michael Kidd, President of World WONCA, a global clinical leader, highlighted the equal importance of scientific knowledge and tender loving care to our patients. The conference themes were illustrated skillfully and interestingly by the various fairy tales written by Hans Christian Anderson, the famous Danish writer (1805-1875). "Today's young family doctors are the ugly ducklings of the health care system", quoted by Professor Kidd when he was mentioning about the difficulties encountered by our young family doctors globally nowadays, and he invited all young family doctors within 5 years of post-training experience to stand up from the audience in the plenary hall, to receive applause and encouragement from the experienced family doctor colleagues.

Today's yoang tanih dodte: an thead ducklings of the basits can synan;

The conference themes were well illustrated by the various famous fairy tales written by Hans Christian Anderson, in the keynote address by Professor Michael Kidd, President of World WONCA. Apart from the traditional oral and poster presentations, the "one-slide-5-minutes" presentations and the 3 clinical skills labs, namely a microbiology skills lab, a gynaecology skills lab and a clinical ultrasound skills lab, located in the conference lobby were very popular, creating an enthusiastic learning and experience exchange environment for all the conference delegates.



The "One-slide-5minutes" stations in the conference lobby were very popular.

Dr. Eva Au was practicing on the arm manikin to administera contraceptive implant at the gynaecology skills lab.





Dr. Dana Lo with her poster presentation "Towards the Goal of a Healthy University in Hong Kong: The Pilot Health Promotion Projects"





A Medical System which supports GPs to have Heads and Hearts

One highlight of the conference, was the arrangement of more than 300 participants to visit about 40 general practices in the Copenhagen area. This was a very impressive experience for both the participants from different parts of the world and Danish GPs. On 15 June, we visited "Humlebaek laegecenter", which is a typical private Danish GP clinic run by 3 GP partners, serving the assigned population with 3700 head counts. According to the host GP, a routine medical appointment is scheduled for 15 minutes each and will be extended when needed such as counseling mood cases and performing minor operations. They normally handle around 20 booked cases per day including home visits when necessary, with certain time slots reserved for walk in cases, phone consultations, administrative duties, and continuous medical education. There was one clinic nurse responsible for all vaccinations and wound care. Danish GP clinics usually operate 5 days per week, and close at 4pm per day. During non-office hours, GPs normally are not required to be on-call, and patients in need will visit nearby hospitals. During long holiday of the GP, the patients will be assigned to another GP clinic nearby with prior arrangement.



Most GP clinics in Denmark are owned by selfemployed doctors, working under a contract with regional health authorities. When a GP would like to start his or her own private practice, the concrete of the clinic together with the assigned patient list will be bought together. Hence, patient attendance has been guaranteed even before investing for a new practice. Even if there is no patient visit, the private clinic receives a certain amount of payment from its regional health authority. Hence, the risk of investment in starting a new private practice in Denmark is significantly lower than GPs in Hong Kong.

GPs in Denmark are very important because they serve the role of gate-keeper. They are empowered to do so as patients must have GP referral before they can see hospital specialists or allied health care providers such as physiotherapists. The principle of continuity of care can also be practiced well as patients are assigned by the regional health authority to be under the care of a private GP clinic. If they would like to change their GP, they have to apply and obtain approval from the authority first.



Family doctors from Denmark, Sweden, Italy, UK, New Zealand and Hong Kong met in a Danish GP clinic.



The Danish GP clinic takes care of a population of 3700 in a peaceful town close to Copenhagen city.

It is well recognized that Danish General Practice is one of the most well-functioning in the world. With a well-planned and well-regulated health policy respecting the importance of general practice in Denmark, work life balance of GPs is no longer only a slogan or a never reaching goal. I wish that not long in the future, GPs from other parts of the world can also be acknowledged and received similar respect from regional health regulatory bodies and public, just like the Danish GPs who can be well-equipped and wellfacilitated to practice medicine with heads and hearts.

HONG KONG SANATORIUM & HOSPITAL LI SHU PUI SYMPOSIUM 2016 AMBULATORY MEDICAL PRACTICE



Date : Sunday, 4 September 2016 Venue : Ballroom, JW Marriott Hotel Hong Kong

09:00 - 09:30	Welcome Keynote Lecture 1:		Dr. Walton Ll
09:00 - 09:30	What the Plastic Surgeon Can Do Nowadays		Dr. Gordon MA
Symposium 1	Surgery & Related Disciplines	Chairperson	Dr. Michael LI Dr. TANG Wai Man
09:30 – 09:45	Anaesthesia Service in Ambulatory Setting		Dr. Henry TONG
09:45 – 10:00	ENT Service in the Clinic		Dr. Ambrose HO
10:00 – 10:15	Ambulatory Breast Surgery		Dr. Ava KWONG (HKU)
10:15 – 10:30	Neck Pain / Back Pain		Dr. Joshua KO
10:30 – 10:40	Q & A		
10:40 - 11:00	Coffee Break		
Symposium 2	General Medicine	Chairperson	Dr. Gavin LEE Dr. KWAN Wing Hong
11:00 – 11:15	Advances in Gastrointestinal Endoscopy		Dr. Axel HSU
11:15 – 11:30	Chemotherapy in the Oncology Clinic		Dr. YAU Chun Chung
11:30 – 11:45	Rheumatology and Ultrasound		Dr. Helen CHAN
11:45 – 12:00	Cough, Dyspnea and Bronchoscopy		Dr. Jamie LAM
12:00 – 12:10	Q & A		
12:10 – 13:00	Li Shu Pui Lecture	Chairperson	Dr. Gordon MA
12.10 15.00	Ambulatory Medical Practice –	chanperson	
			5 5 1 1 1 1 1 1
	Safe & Efficient		Dr. Foad NAHAI
13:00 – 14:00	Lunch		
Symposium 3	Plastic & Reconstructive Surgery	Chairperson	Dr. Daniel LEE Dr. HO Chiu Ming
	The Role of Modern Machines in Plastic Surgery		D TUNCIA K
	The note of model mathematics in Hastic surgery		Dr. TUNG Man Kwong
14:00 – 14:15	Body Reshaping: Trash or Recycle		Dr. TUNG Man Kwong Dr. Vincent KWAN
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14:00 – 14:15 14:15 – 14:30 14:30 – 14:45	Body Reshaping: Trash or Recycle	/ leans	Dr. Vincent KWAN
14:00 – 14:15 14:15 – 14:30 14:30 – 14:45 14:45 – 15:00	Body Reshaping: Trash or Recycle Facial Contouring by Non-Surgical & Minimal Invasive N	/ leans	Dr. Vincent KWAN Dr. CHENG Ming Shiaw
	Body Reshaping: Trash or Recycle Facial Contouring by Non-Surgical & Minimal Invasive N Facial Contouring by Surgical Means	J eans	Dr. Vincent KWAN Dr. CHENG Ming Shiaw
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REGISTRATION IS ON A FIRST COME, FIRST SERVED BASIS

Reserve your place by phone: 2835 8800 or at www.hksh.com/lsp-registration CME Accreditation Pending | CNE 5.5 Points | CPD (Allied Health) 6 Points Registration Deadline: Friday, 19 August 2016 | For Medical Professionals Only



AS	SES	SSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2016
Organizer	:	Assessment Enhancement Sub-committee, Board of Education, HKCFP
Tutors	:	Family Medicine Specialists, Fellows of HKCFP and RACGP
Supervisor	:	Dr. Chan Chi Wai
Co-ordinator	:	Dr. Lai Sheung Siu
Objectives	:	 To improve clinical knowledge, problem solving and consultation skills through different workshops To improve physical examination technique and clinic procedural skills through hands-on experience To provide opportunity for inter-professional communication and social network expansion through self-help groups To improve time management through simulated examination
Venue	:	Duke of Windsor Social Service Building and HKAM Jockey Club Building
Date	:	6 months starting from April 2016
Course Structu	ire :	The course will consist of 4 main components: 1. Seminars 2. Workshops 3. Self-help Group Support 4. Mock Exam Seminars and Workshops will be arranged on Saturday afternoons [2:30 p.m. to 5:30 p.m.]
Accreditation	:	Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
Course Fee	:	Members : HK\$3,200 (Whole course) HK\$900 (Spot admission for each seminar or workshop only) All cheques payable to "HKCFP Education Ltd" All fees received are non-refundable and non-transferable.
Capacity	:	50 doctors maximum
Enrolment	:	Enrolment is now open. Please call the College Secretariat, Ms. Teresa Liu or Mr. Jeff Cheng, at 2871 8899 for details. Applicants will be notified of their enrolment if successful.
Disclaimer	:	All cases and answers are suggested by our tutors only. They are not standard answers for examination.
Remarks	:	Post-AEC training course (optional) will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.

Assessment Enhancement Course 2016 Timetable for Workshop

Date	Topics	Venue
16 April 2016 (Sat) 2:30 – 5:30 p.m.	Introduction	Duke of Windsor Social Service Building, Wanchai
21 May 2016 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	Duke of Windsor Social Service Building, Wanchai
18 June 2016 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination Common Clinic Procedures	Duke of Windsor Social Service Building, Wanchai
16 July 2016 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	Duke of Windsor Social Service Building, Wanchai
20 August 2016 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	Duke of Windsor Social Service Building, Wanchai
24 September 2016 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road





	Co-organized	d by Queen Elizabeth Hospital and Hong Kong	College of Family Physicians
Dates Time Venue Course Fee Accreditation Capacity	: 1:0 2:0 : Le : Fr : Hi	May, 18 June, 30 July, 20 August, 24 September 20 20pm - 2:00 pm Registration 20pm - 4:00 pm Lecture & Discussion 20ture Theatre, G/F, Block M, Queen Elizabeth Hosp 20 CFP 2CME Points for each session (Cat4.4) (pendir CHK: 2CME Points for each session (pending) 0 doctors	ital
Programme S	chedule		
Dates	Time	Topics	Speakers
28 May 2016	2.00 / 00pm	Common Upper & Lower Limb Joint Pain and Tendonitis	Dr. Wong Yau Bun Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
(Sat)	2:00 – 4:00pm	Practical Tips on Home Exercise for Tendonitis	Mr. Wong Chi Leung Alex/ Ms. Luk Lai Mei May Senior Physiotherapist/ Physiotherapist I, Department of Physiotherapy, Queen Elizabeth Hospital
	2:00 – 4:00pm	Update on Smoking Cessation (Medication and Brief Counselling)	Dr. Mok Yun Wing, Thomas Chief of Service, Department of Respiratory Medicine, Kowloon Hospital
18 June 2016 (Sat)		New Service Module on GOPC Smoking Cessation Service	Dr. Leung To Fung Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
		Obstructive Pulmonary disease (COPD & Asthma)	Dr. Ng Chun Kong Specialist in Respiratory Medicine, Consultant, Department o Medicine, Queen Elizabeth Hospital
		Common Oral and Dental Disease Management	Dr. Chan Sai Kwing Consultant, Department of Oral-Maxillofacial Surgery & Dental, Queen Elizabeth Hospital
30 July 2016 (Sat)	2:00 – 4:00pm	GOPC Patient Education	Dr. Lai Siu Wai Resident Specialist, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
		Fall prevention & Osteoporosis in Community Setting	Dr. Mak Ying Fai Specialist in Geriatric Medicine, Consultant, Department of Medicine, Queen Elizabeth Hospital
		HPV vaccine and Cervical Cancer prevention	Dr. Lee Wai Hon Consultant, Department of Obstetrics & Gynaecology, Queen Elizabeth Hospital
20 August 2016 (Sat)	2:00 – 4:00pm	GOPC Government Vaccine Programme	Dr. Law Tung Chi Associate Consultant, Department of Family Medicine & General Outpatient Clinic, Queen Elizabeth Hospital
		Cancer Survivor care- Breast and Prostate cancer	Dr. Ngan Kai Cheong, Roger Chief of Service, Department of Clinical Oncology, Queen Elizabeth Hospital
		Private-Public Partnership-Hypertension	Representative from Department of Family Medicine & General Outpatient Clinic Queen Elizabeth Hospital
24 September 2016 (Sat)	2:00 – 4:00pm	Update on Management of HT and Stable Coronary Artery Disease	Dr. Chan Kam Tim Specialist in Cardiologist, Consultant, Department of Medicine, Queen Elizabeth Hospital
		Common Skin Complaints – Prevention and Management (Ultra-Violet & Pigment)	Dr. Chan Hau Ngai, Kingsley Specialist in Dermatology, Private Practice

*** Registration will be first come first served. For enquiry, please call the College secretariat, Ms. Cherry Chan at 2871 8899 ***

REPLY SLIP

To: HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Building, Aberdeen, Hong Kong (Fax: 2866 0616) I am a *Member / Non-member of The Hong Kong College of family Physicians. (*Please delete as appropriate)

I would like to attend the Certificate Course at the following dates(s) (Please 🗹 as appropriate) □ 28 May 2016

□ 18 June 2016 □ 30 July 2016 □ 20 August 2016 □ 24 September 2016

_____ Tel: _____ Fax: _____

Name: ____

Date:

_Email: ____



Board	of Education Interest Group in Mental Health
Aim :	A pilot workshop introduces the new Interest Group on Medical Humanities
Theme :	Doctor's Own Mental Health : A burn Out Doctor (Theatre of Medical Humanities) 醫學人文劇場之疲勞醫生篇
Speaker :	Dr. Lo Sze Mon, Dana Specialist in Family Medicine
Coordinator & Chairman :	Dr. Chan Suen Ho, Mark The Hong Kong College of Family Physicians
Date :	6 August 2016 (Saturday)
Time :	2:00p.m 4:00p.m. Theme Presentation and Discussion
Venue :	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Meeting Summary :	According to a cross sectional survey conducted in 2012, a high proportion of respondents (31.4%) of public doctors in Hong Kong endured high burn out symptoms. Feeling that their own work was not valued by others was among one of the most significant stressors associated with high emotional exhaustion and depersonalization. In this theatre, Dr. Dana Lo, instead of using traditional one-way lecturing mode, will introduce the interactive concept of 'Forum Theatre' into the medical field, whereby audience will be coming across with continuous interfaces of forum and drama scenes. The drama will be frozen at several controversial moments and people on-the-spot will be invited to discuss and even be one of the actors to create an impromptu ending of the drama. This open-end approach aims at showing the possibilities of potential way out for doctors to deal with burn out moments. Imedium of instruction: Cantonese) 醫學人文劇場之疲勞醫生篇 根據2012年的一份問卷調查,31.4%受訪公立醫生處於極度勞累情況,感到自己的工作不被人所重視是情感耗竭和人格解體的其中一項顯著壓力來源。在是次劇場中,羅思敏醫生嘗試打破傳統演講框框,通過溶合論壇與戲劇的表達形式,把互動的「論壇劇場」引入醫學界。戲劇將於數個具爭議性的情節暫停,然後邀請觀眾討論,甚至即時飾演其中一位演員把戲劇延續下去,讓觀眾改寫故事的結局,共同尋找處理醫生極度勞累的無限可能。(論壇劇場以廣東話進行)
Accreditation :	2 CME Points HKCFP(Cat. 4.3) 2 CPD Points HKCFP(Cat. 3.15) 2 CME Points MCHK
Admission Fee :	Members : Free Non – members : HK\$ 300.00 HKAM Registrants : HK\$ 150.00 All fees received are non-refundable and non-transferable.
Enrolment :	Registration will be first come first served. Please reserve your seat as soon as possible.
Remarks :	All members of the College are welcome and encouraged to participate in this new format.
	For registration, please contact our secretary at 2871 8899. Again, those who are experienced can share; less experienced one can benefit from participation. Our goal is to enhance our practical skills, promote early awareness and better management of mental health problems in our community.



WORLD FAMILY DOCTOR DAY



- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

27 August	t 2016 Saturday	Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong
Board of Edu	ucation Interest Group in Counselling	Admission Fee	Members Free Non – members HK\$ 300.00
Aim	 To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; 		HKAM Registrants HK\$ 150.00 All fees received are non-refundable and non-transferable.
	(2) To booster the competencies in counseling of family practitioners through case discussion and practising self-awareness	Accreditation	2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK
Theme	Applying Motivational Interviewing in Primary Care	Language	Lecture will be conducted in English and Discussion
Speakers	Mr. Paul Kong		will be in English or bilingual.
	Clinical Psychologist	Registration	Registration will be first come first served.
	Dr. Lau Chi Hang	5	Please reserve your seat as soon as possible.
	Specialist in Family Medicine	Note	Participants are encouraged to present own cases
Co-ordinator & Chairman	Dr. Lau Wai Yee, Aster The Hong Kong College of Family Physicians		for discussion. Please forward your cases to the co-ordinator via the College Secretariat 2 weeks prior to meeting.
Time	2:30 p.m 4:30 p.m. Lecture and discussion		the contege secretariat 2 weeks prior to meeting.

Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

July's session:

Date	29 July 2016 (Friday)
Time	2:30 p.m 3:30 p.m.
Торіс	1. "Glycemic index – Non-alcoholic fatty liver disease"
	– Dr. Leong In Son
	2. "Understanding fats Good VS Bad" – Dr. Sylvia S. W. Lam
Admission	Free for Members
Accreditation	1 CME point HKCFP (Cat. 4.2)
	1 CME point MCHK
	Up to 2 CPD points (Subject to submission of satisfactory
	report of Professional Development Log)
Language	Lecture will be conducted in English.

August's session is cancelled due to renovation work at Wanchai office. Details of September's session will be announced later.

Community Education Programme

Open and free to all members

HKCFP CME points accreditation (Cat 5.2)
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Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
20 August 2016	Conference Room, G/F, Block K, UCH, 130 Hip Wo Street,	5	Ms. Polly Tai Tel: 3949 3430 or
1:30 – 3:45 p.m.	Kwun Tong, Kowloon		Ms. Cordy Wong Tel: 3949 3087

Structured Education Programmes

Free to members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
3 August 16 (Wed)		
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth	Principle of Professional ethics (Red book)	Ms Mandy Leung
	Hospital	Dr. Lee Ka Yun, Peter & Dr. Ying Gard Ching, Derek	Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Interpretation of Pap Smear Dr. Wan Ka Yan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United	Principles of Family Medicine	Ms. Polly Tai
	Christian Hospital	Dr. Fong Wai, Ashley & Dr. Suen Gee Kwang, Victoria	Tel: 3949 3430
4:45 – 6:45 p.m.	Multi-function Room, NAHC clinic, G/F, Tsan Yuk	Updates on irritable bowel syndrome	Ms. Cherry Wong
	Hospital	Dr. Victoria Tan	Tel: 2589 2337





4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Substance Use Disorder: Principles for Recognition & Assessment in Primary Care Dr. Feng Long Yin & Dr. Sze Chung Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	, Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Daily Management of patients using RAPRIOP Dr. Johnny Lam	Ms. Kwong Tel: 2595 6941
IO August 16 (We			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth	Anxiety disorder	Ms Mandy Leung
2:15 – 4:45p.m.	Hospital AB1034, 1/F, Main Block, Tuen Mun Hospital	Dr. Lee Wing Lam & Dr. Lau Ka Man Screening & Management of Osteoporosis	Tel: 3506 8613 Ms. Eliza Chan
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United	Dr. Yung Hiu Ting Case presentation (ethical dilemma, medicolegal cases)	Tel: 2468 6813 Ms. Polly Tai
	Christian Hospital	Dr. Pun Yat Hei & Dr. Cheuk Hiu Ying, Angie	Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Management of post-traumatic stress disorder in family medicine Dr. Joyce Lai	Ms. Cherry Won Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Updated in dietary management of common medical condition (e.g. DM, warfarin, potassium, Ca supplement, DASH diet) Dr. Lee Ying Cheung Jacky	
1 August 16 (Thu	1)		
4:00 - 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Updates in Colorectal Cancer Screening Dr. Hsu Kwok Fai & Dr. Lee Hoi Ying	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Drug incidents in GOPC Dr. Yuen Chi Hang	Ms. Kwong Tel: 2595 6941
17 August 16 (We	d)		
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Depressive disorder Dr. Mak Ho Yan, Queenie & Dr Siu Wing Yee	Ms Mandy Leun Tel: 3506 8613
2:15 – 4:45 p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Clinical Approach: Development Problem for Children: Clumsiness, Slow in Learning, Discipline Problem Dr. Ng Ngai Mui	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	Eating disorders Dr. Yeung Ka Yu, Doogie & Dr. Hui Yuk Ting, Candy	Ms. Polly Tai Tel: 3949 3430
4:45 – 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	The Red book: Hong Kong Medical Council's Professional Code and Conduct Dr. Pura Cheng	Ms. Cherry Won Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Mood disorder and chronic alcoholism Dr. Barry Yan	Ms. Crystal Law Tel: 2632 3480
8 August 16 (Thu	1)		
4:00 - 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Update Management of CV Disease Including IHD and CVA Dr. Chan Ching & Dr. Ip Chung Ho	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Journal Club Dr. Rita Chan	Ms. Kwong Tel: 2595 6941
24 August 16 (We	d)	·	
2:00 – 5:00 p.m.	Room 7, 8/F, Yau Ma Tei GOPC	Role of Family Physician in preventive medicine Dr. Chan Kil Pak, Kilpatrick & Dr. Kam Ngar Yin, Irene	Ms Mandy Leun Tel: 3506 8613
2:15 - 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Breaking Bad News Dr. Ho Shu Wan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, G/F, Block K, United Christian Hospital	Emergency procedures in general practice Dr. Wong Hong Kiu, Queenie & Dr. Wong Yu Man, Tracy	Ms. Polly Tai Tel: 3949 3430
4:45 - 6:45 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	Practice Assessment Package - Sterilization, Disinfection	Ms. Cherry Won Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	Red book and medical conduct Dr. Chen Liu Jing Mira	Ms. Crystal Law Tel: 2632 3480
25 August 16 (Thi	1)	-	
4:00 – 6:00 p.m.	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Vaccination in Pregnancy Dr. Chan Ka Ho & Dr. Leung Hor Yee	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2/F, Pamela Youde Nethersole Eastern Hospital	Eye Emergency Dr. Chan Ki Chun Enoch	Ms. Kwong Tel: 2595 6941
31 August 16 (We			101 2070 0741
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	Immunisation Dr. Xu Shaowei & Dr. Chui Tsz Hang	Ms Mandy Leun Tel: 3506 8613
2:15 – 4:45p.m.	AB1034, 1/F, Main Block, Tuen Mun Hospital	Management of Patients with Parkinson's Disease Dr. Chung Ka Chun & Dr. Chan Yuen Ching	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United	Health care delivery system in Australia	Ms. Polly Tai
4:45 - 6:45 p.m.	Christian Hospital Multi-function Room, NAHC clinic, G/F, Tsan Yuk Hospital	Dr. Choi Yuen Ling, Janice & Dr. Yau Chi Yan, Davy Clinical psychology service: How does it help our patients with psychological problems?	Tel: 3949 3430 Ms. Cammy Chor Tel: 2589 2337





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Jul	11	12	13 1:00 – 3:30 p.m. Certificate Course on Pain 2:15 – 7:30 p.m. Structured Education Programme	14 2:15 – 7:00 p.m. Structured Education Programme	15	16 2:30 - 5:30 p.m. AEC
17 <i>3:00 – 6:00 p.m.</i> Board of Conjoint Examination 2016 1 ⁴⁴ OSCE Examiner Training Workshop	18	19 <i>9:00 p.m.</i> Board of Conjoint Examination Meeting	20 2:15 – 7:30 p.m. Structured Education Programme	21 2:15 – 7:00 p.m. Structured Education Programme 7:00 p.m. Specialty Board PA Subcommittee Meeting 8:30pm HKCFP Council Meeting	22	23
24	25	26	27 2:15 – 7:30 p.m. Structured Education Programme	28 2:15 – 7:00 p.m. Structured Education Programme	29 <i>2:30 - 3:30 p.m.</i> Video Session	30 2:00 - 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2016 2:30 - 5:30 p.m. DFM Module V Consultation Skills Workshop I
31	1 Aug	2	3 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	4 <i>2:15 – 7:00 p.m.</i> Structured Education Programme	5	6 2:00 – 4:00 p.m. Interest Group in Mental Health
7	8	9	10 <i>2:15 – 7:30 p.m.</i> Structured Education Programme	11 2:15 – 7:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	12	13 2:30 – 5:30 p.m. DFM Module III Clinical Audit & Quality Assurance 2:30 – 6:00 p.m. Specialty Board Pre Exit Exam Workshop
14 3:00 – 6:00 p.m. Board of Conjoint Examination 2016 2 nd OSCE Examiner Training Workshop	15	16	17 2:15 – 7:30 p.m. Structured Education Programme	18 2:15 - 7:00 p.m. Structured Education Programme 8:30 p.m. BVTS Meeting	19	20 2:30 - 5:30 p.m. AEC 2:00 - 4:00 p.m. Certificate Course on Bringing Better Health to Our Community 2016
21 Conjoint Written Examination 2016 - MCQ Segment	22	23	24 2:15 – 7:30 p.m. Structured Education Programme	25 2:15 – 7:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	26	27 2:30 – 4:30 p.m. Interest Group in Counselling

	Board Members :	
Board Advisor : Dr. Wendy Tsui Chief Editor : Dr. Catherine Ng	Dr. Alvin Chan Dr. Chan Man Li Dr. David Cheng	Section Editor (Feature)
	Dr. Judy Cheng Dr. Christina Cheuk Dr. Fok Peter Anthony	Section Editor (After Hours)
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