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## Message from the President

A report on the current situation and the development of primary care services in Hong Kong by the Bauhinia Foundation Research Centre was recently released, namely, "Healthcare for All: Why and How?". Recommendations to improve the quality of primary care services in Hong Kong were suggested and one of them was to allocate additional resources to develop and support Family Medicine training. Over the years, our College has developed a series of solid and effective family medicine training modalities covering various domains, including clinical updates, people-centred care, empowerment of patients to health promotion and disease management, and communication skills for upkeeping good patient-doctor relationship, to name just a few. The latest addition is the Certificate Course of Essential Family Medicine. Through systematic structured vocational training, continuing medical education and continuing professional development activities, the professionalism of family doctors would be further enhanced, and the efficiency and quality of primary health care services would be improved and ultimately the patients would be benefited. Therefore, the earlier the additional investment in family medicine training is made available, the sooner the community can harvest the benefits towards the society as a whole. Not only should more family medicine training posts be created, but also family doctors working in the community should be provided with more support for their ongoing continuing professional development.

The first of a series of community-based primary health care service networks, the District Health Centre (DHC), with a new operation model focusing on community participation and collaboration was

officially opened on 24 September 2019 at Kwai Tsing. Through district-based medical-social collaboration and public-private partnership, it aims to raise the public awareness on personal health management, enhance disease prevention and strengthen multi-disciplinary health care services in the community. The government's plan to establish DHCs in all 18 districts demonstrates her determination to strengthen community-based primary health care services in Hong Kong.

The Fok Ying-tung Prize for The Outstanding Chinese Doctor Awards 2019 were presented to ten outstanding doctors who have made significant contributions to medicine at large on 20 September, riding on the Annual Conference of World Association of Chinese Doctors. Dr. Donald Li Kwok-tung, our President of World Organisation of Family Doctors (WONCA), was among the recipients of the prestigious awards. The World Association of Chinese Doctors also presented a Lifelong Achievement Award for World Outstanding Chinese Doctor to Dr. Margaret Chan Fung Fu-chun, former director-general of World Health Organisation (WHO), for her significant achievements and contributions towards global health care. Our heartiest congratulations to Dr. Li and Dr. Chan!

Just to continue from my previous month's message highlighting the forthcoming programme of "The

*(Continued on page 2)*



## Message from the President (Con't)

*(Continued from page 1)*

4<sup>th</sup> AMM-AMS-HKAM Tripartite Congress cum 53<sup>rd</sup> Singapore – Malaysia Congress of Medicine & Hong Kong Primary Care Conference 2019”, on 7 December, the opening ceremony would be followed by the Halnan Lecture entitled, “Knocking down barriers to inclusive healthcare” to be delivered by Mr. Ricky MK Chu, Chairman, Equal Opportunities Commission, Hong Kong. The remaining programmes of the day would be comprised of seminars and workshops on application of artificial intelligence in healthcare, update on eye procedures, jaw pain management, free paper presentations, influenza management, voluntary health insurance scheme, and asthma management strategies. Some of them do require prior registrations. Therefore, please try to enrol early to avoid potential disappointment!



HKAM dinner with distinguished Fellows: (from left to right) Drs David Chao, Vivian Yip, Brendan Wu, and Tse Sut Yee

The Hong Kong Academy of Medicine hosted an annual dinner with distinguished Fellows from different Colleges recently. I was made very proud indeed by our two distinguished College Fellows, namely Dr. Vivian Yip and Dr. Brendan Wu.

**Dr. David V K CHAO**  
President

## HKCFP Council Meeting Annual Attendance Summary 2018 / 2019

Council Members		Position	Term	2019 [Dec 2018 – Sept 2019]	2018 [Dec 2017 – Nov 2018]
1	Dr. David VK CHAO	President	Dec 2018-Dec 2020	9/9	11/11
2	Dr. LAU Ho Lim	Vice-President (General Affairs)	Dec 2017-Dec 2019	8/9	11/11
3	Dr. Cecilia YM FAN	Vice-President (Education and Examinations)	Dec 2018-Dec 2020	8/9	10/11
4	Dr. Billy CF CHIU	Honorary Treasurer	Dec 2018-Dec 2020	7/9	10/11
5	Dr. William CW WONG	Honorary Secretary	Dec 2018-Dec 2020	7/9	10/11
6	Dr. Angus MW CHAN	Immediate Past President	Dec 2018-Dec 2020	8/9	11/11
7	Dr. AU Chi Lap	Member	Dec 2018-Dec 2021	9/9	11/11
8	Dr. Edmond CW CHAN	Member	Dec 2016-Dec 2019	9/9	11/11
9	Dr. Alvin CY CHAN	Member	Dec 2016-Dec 2019	9/9	10/11
10	Dr. CHAN Hung Chiu	Member	Dec 2017-Dec 2020	5/9	9/11
11	Dr. CHAN King Hong	Member	Dec 2018-Dec 2021	7/9	6/11
12	Dr. HO Ka Ming	Member	Dec 2018-Dec 2021	7/9	n/a
13	Dr. Eric MT HUI	Member	Dec 2018-Dec 2021	8/9	n/a
14	Dr. KO Wai Kit	Member	Dec 2018-Dec 2021	9/9	n/a
15	Dr. Mary BL KWONG	Member	Dec 2016-Dec 2019	6/9	9/11
16	Dr. Maria KW LEUNG	Member	Dec 2018-Dec 2021	9/9	n/a
17	Dr. LI Yim Chu	Member	Dec 2018-Dec 2021	8/9	n/a
18	Dr. LIANG Jun	Member	Dec 2016-Dec 2019	7/9	7/11
19	Dr. Matthew MH LUK	Member	Dec 2018-Dec 2021	9/9	n/a
20	Dr. Lorna V NG	Member	Dec 2017-Dec 2020	4/9	7/11
21	Dr. NGAN Po Lun	Member	Dec 2017-Dec 2020	7/9	11/11
22	Dr. Wendy WS TSUI	Member	Dec 2016-Dec 2019	7/9	9/11
23	Prof. Samuel YS WONG	Member	Dec 2017-Dec 2020	6/9	7/11
24	Dr. YIU Yuk Kwan	Member	Dec 2017-Dec 2020	4/9	7/11

## The 42<sup>nd</sup> HKCFP Annual General Meeting

The 42<sup>nd</sup> Annual General Meeting (AGM) of The Hong Kong College of Family Physicians will be held on **8<sup>th</sup> December 2019, Sunday** with the following details.

**Time** : 17:00

**Venue** : Rooms 903-4, 9/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

**Admission** : Members only

## The 42<sup>nd</sup> HKCFP Annual Dinner

**The College's 42<sup>nd</sup> Annual Dinner will be held on 8<sup>th</sup> December 2019, Sunday as follows.**

**Venue** : Run Run Shaw Hall, 1/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

**Time** : 19:00 Annual Dinner Reception  
19:30 Chinese-style Dinner

College Members, Fellows and their spouses are welcome to register for the Annual Dinner free of charge on a first-come-first-serve basis until all the available seats are filled.

### Complimentary Transportation:

Circular coach service between Wong Chuk Hang MTR Station and HKAM Jockey Club Building would be provided during the below periods. Pre-registration is required and confirmation of complimentary transportation would be sent to individual registrant at a later stage.

Time	From	To
<b>19:00 – 19:30</b>	Wong Chuk Hang MTR Station	HKAM Jockey Club Building
<b>22:30 – 22:45</b>	HKAM Jockey Club Building	Wong Chuk Hang MTR Station

To register for the **Annual General Meeting** and/or **Annual Dinner** and/or **Complimentary Transportation**, please contact Ms. Teresa Liu or Ms. Windy Lau on Tel: 2871 8899, or email to [teresaliu@hkcfp.org.hk](mailto:teresaliu@hkcfp.org.hk) or [windylau@hkcfp.org.hk](mailto:windylau@hkcfp.org.hk).

## Board of Vocational Training and Standards News

The coming Hong Kong Primary Care Conference would be named as “4<sup>th</sup> AMM-AMS-HKAM Tripartite Congress cum 53<sup>rd</sup> Singapore – Malaysia Congress of Medicine & Hong Kong Primary Care Conference 2019” and take place at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong from 6<sup>th</sup> – 8<sup>th</sup> December 2019.

All basic trainees are required to attend at least TWO Hong Kong Primary Care Conference organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conference in the **three-year training programme**.

The above information has already mentioned in Trainee's logbook.

Please contact Ms. Charlotte Cheung or Ms. Kathy Lai at 2871 8899 for details.

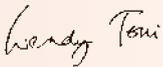
Board of Vocational Training and Standards

## Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Full Exit Examination of HKCFP in 2019.

Dr. Chan Ka Ho	Dr. Kwok Yee Ming Elaine	Dr. Siu Samuel Ji Sum	Dr. Wong Sze Kei
Dr. Chan So Wai	Dr. Kwok Yuen Na	Dr. Sung Cheuk Chung	Dr. Wu Chun Yu
Dr. Cheuk Tat Sang	Dr. Kwong Sheung Li	Dr. Tse Wan Ying	Dr. Ying Gard Ching Derek
Dr. Chung Sze Ting	Dr. Leung Ching Ching	Dr. Tsui Felix	Dr. Yio Shing
Dr. Fok Chun Man	Dr. Shum Chi Shan	Dr. Wong Hang Fai	Dr. Yiu Cheuk Man

Congratulations to you all!



Dr. Wendy Tsui  
Chairlady, Specialty Board

# Congratulations!



**Special Badge for Fellows of  
HKAM in Family Medicine**

## Board of Conjoint Examination News

### Successful Candidates List

The Board of Conjoint Examination is pleased to announce that the following candidates passed the 33<sup>rd</sup> Conjoint HKCFP/RACGP Fellowship Examination (Written Segment) 2019.

Dr. Chan Kam Sheung	Dr. Chow Tsz Wang	Dr. Leung Wai Lun	Dr. Siu Wing Yee
Dr. Chan Ki Fung Dickson	Dr. Chung Hiu Yeung	Dr. Leung Yuen Yee	Dr. Szeto Chui Ying
Dr. Chan Kwan Ho	Dr. Fan Siu Wai	Dr. Li Wing Chi	Dr. Tai Lik
Dr. Chan Yuen Ling	Dr. Fong Pak Yiu	Dr. Lo Yuen Man	Dr. Tik Tsz Ling Nicola
Dr. Chang Hsu Wei	Dr. Hui Alice Sau Wei	Dr. Luk Sze Wan Candy	Dr. Tsang Kam Wah
Dr. Chang Ting Ting	Dr. Kong Ka Ming Andrew	Dr. Ma Man Ki	Dr. Wong Chung Ming
Dr. Chau Yiu Shing	Dr. Lam Kang	Dr. Ma Yuen Ying	Dr. Yeung Lok Ki
Dr. Choi Sze Wai Michelle	Dr. Lam Wai Yiu	Dr. Ng Pui Yee Beatrice	Dr. Yuen Man Ki
Dr. Chow Hoi Kei Jessica	Dr. Leung Eunice Hilching	Dr. Pang Sze Ching Esther	Dr. Chan Siu Chung Bruce

Congratulations to you all !



Dr. Chan Hung Chiu  
Chairman  
Board of Conjoint Examination

## Young Doctors Committee (YDC) News FM<sup>2</sup>但願人長久

Dr. Tse Sut Yee, Vice-chairman, Young Doctors Committee

Our College's band, FM<sup>2</sup>, was invited to have another performance on 14 September 2019. Let me introduce our band once again for those who might not be familiar with us. FM<sup>2</sup> stands for Family Medicine Music and we have a Chinese name called 「醫家樂隊」. FM<sup>2</sup> was formed last year after receiving the invitation from the Hong Kong Academy of Medicine (HKAM) to perform at the HKAM 25<sup>th</sup> Anniversary President Dinner. It was our honor to be introduced by our Immediate Past President Dr. Angus Chan on the front cover of FP Links Issue 178. We also performed in last year's annual dinner and I hope you like the songs we played.



This is our music band

With the invitation from the Social Subcommittee of the HKAM, we united again and had another show in the event "HKAM Fellows' Get-Together" on the day right after the Mid-Autumn Festival. We were one of the four bands being invited. Together with the other doctors' bands namely Crico, St John Band and MBrio, we added music to the delicious BBQ food while the participants enjoyed watching the moon together with their families and friends at the Academy Lounge of the HKAM Jockey Club Building.



Thank you all for coming to support the team

As before, we have Aldo (Dr. Wong Chiu Lun), Chloe (Dr. Chan Lam) and 雪兒 (Dr. Tse Sut Yee) being the vocalists, 阿基 (Dr. Yip Wing Ki) and 霍靖 (Dr. Fok Peter Anthony) as our guitarists. In addition, this time we have Wells (Dr. Chang Wells) joining our band to be the keyboardist. Wells



Academy's BBQ

also acted as a Drummer in the song "Shallow" and the Drums playing became the quintessence of the song.

The three other songs that we performed were 「你被寫在我的歌裡」, "Perfect" and 「但願人長久」. I particularly liked the last song 「但願人長久」 in which the whole team performed to sincerely make a wish to all the guests at the moon chasing night. 「但願人長久·千里共嬋娟」— we wish everybody long lives, so we can share the beauty of the graceful moonlight, even though some of us are miles apart.



We received the souvenir from Prof Gilberto Leung (first on the left)

Last but not least, our band would like to thank our President Dr. David Chao, Council Member Dr. Ken Ho, Young Doctors Committee Co-chairman Dr. Loretta Chan, Dr. Wong Kwai Sheung and Dr. Joyce Chan for their support by their presence.

We look forward to our next performance at the end of this year. We need your support and "LIKE". Please join our College's Annual Dinner at the year end. Finally, our band, FM<sup>2</sup>, would continue to bring you cheerful, romantic, energetic and relaxing music!



Jam band performance

## Specialty Board News

### 2020 Full Exit Examination of Vocational Training in Family Medicine

The Specialty Board is pleased to announce the following information on the 2020 Full Exit Examination of Vocational Training in Family Medicine.

#### ELIGIBILITY AND REQUIREMENT

Applicants must fulfill the following criteria:

- Full or limited registration with the Hong Kong Medical Council
- Being active Fellows, or Members (Full or Associate) of the Hong Kong College of Family Physicians (HKCFP)
- Fulfill the CME / CPD requirements under HKCFP Quality Assurance Programme in the preceding year
- Have a qualification in family medicine / general practice; which is recognized by the HKCFP and the Hong Kong Academy of Medicine (HKAM)
- Had completed higher training in Family Medicine; **OR expected to do so by February 29, 2020**; as certified/ approved by the Board of Vocational Training and Standards (BVTS), HKCFP.

The relevant approval may take up to two months, therefore applicants are recommended to apply early to BVTS for

- Certification of completion of higher training **OR**
- Recommendation to sit for Exit Examination 2020

- Active in clinical practice and able to meet the requirements of individual Exit Examination segments:
  - Clinical Audit: the starting date must be within 3 years before the exam application deadline
  - Research: the date of ethics approval must be within 3 years before the exam application deadline
  - Practice Assessment: submit valid Practice Management Package (PMP) report
- From Full Exit Examination 2019 onwards, candidates must have presented their Research or Clinical Audit proposals or completed studies at Research & Clinical Audit Forum before the application deadline of Exit Examination.

**Eligibility to enroll in Exit Examination is subject to the final approval of the Specialty Board, HKCFP. Application will be processed only if all the required documents are submitted with the examination application form.**

#### IMPORTANT DATES

##### First attempt candidate:

Deadline of Exit Examination application:	<b>1 November 2019</b>
Collection period for Attachment 12 and 13 (Practice Assessment)	<b>16 September to 31 October 2019 Inclusive</b>
Deadline of Clinical Audit Report / Research Report submission	<b>2 January 2020</b>
Examination periods for Practice Assessment and Consultation Skills Assessment	<b>Period A: 2 December 2019 to 31 January 2020</b>
	<b>Period B: 1 February 2020 to 31 March 2020</b>

##### Re-attempt candidate:

Deadline of Exit Examination application:	<b>2 December 2019</b>
Collection period for Attachment 12 and 13 (Practice Assessment)	<b>21 October to 2 December 2019 Inclusive</b>
Deadline of Clinical Audit Report / Research Report submission	<b>2 January 2020</b>
Examination period for Practice Assessment and Consultation Skills Assessment	<b>Period B: 1 February 2020 to 31 March 2020</b>

#### APPLICATION & EXAMINATION FEES

Application forms are available at the College Secretariat, HKCFP or can be downloaded at the College website:  
[http://www.hkcfp.org.hk/pages\\_6\\_88.html](http://www.hkcfp.org.hk/pages_6_88.html)

Following documents are required when submitting the application:

- A copy of the certificate of completion of higher training, **OR** recommendation letter to sit for 2020 Exit Examination, from BVTS, HKCFP

2. A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."**, and
3. For Practice Assessment Segment (please also refer to the guideline for details):
  - i. **FOUR COPIES** of the all required attachments (Attachment 1 to 13); and
  - ii. ONE PMP Report on or before **2 November 2019 (First-attempt candidate) / 2 December 2019 (for the re-attempt candidate who has changed the practice location)**

Completed Application Form and the requirement documents should be returned to the following address:

**The Specialty Board, HKCFP, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK**

Candidates are recommended to submit application early. Late application will not be accepted.

#### Examination fees

Administrative fee	\$9000
Clinical Audit	\$7000
Research	\$7000
Practice Assessment	\$9500
Consultation Skills Assessment	\$9500

A cheque of the appropriate fee made payable to **"HKCFP Education Ltd."** should be enclosed with the application.

#### All fees paid are neither refundable nor transferable.

Incomplete or ineligible applications will be rejected. An administration fee of HK\$500 will be charged for these unsuccessful applications.

### ELECTION TO FELLOWSHIP OF THE HONG KONG ACADEMY OF MEDICINE

Candidates should be aware that passing the Exit Examination does not equate to election to Fellowship of the Hong Kong Academy of Medicine. Please refer to the Hong Kong Academy of Medicine Fellowship Handbook or consult the Specialty Board, HKCFP on the criteria for election to Fellowship of the Hong Kong Academy of Medicine (Family Medicine).

### FORMAT AND CONTENTS

Exit Examination consists of three segments. **Candidates are required to take all the three segments at their first attempt of the Exit Examination. Non-compliance is subject to disqualification.**

Candidate can choose to attempt *either* Clinical Audit *or* Research segment.

- **Clinical Audit:** assesses the candidate's knowledge, skills and attitude in critical appraisal of information, self-audit, quality assurance and continuous professional improvement

**OR**

- **Research:** assesses the candidate's ability to conduct a research project which includes: performing a literature search and defining a research question, selecting the most appropriate methodology to answer the research question, performing appropriate analysis and interpreting the results with a discussion and conclusion

**AND**

- **Practice Assessment:** assesses the candidate's knowledge, application of skills and ability to organize and manage an independent family medicine practice

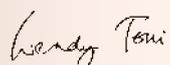
**AND**

- **Consultation Skills Assessment:** assesses the candidate's knowledge, skills and attitude in communication, problem solving, working with families and management in different types of family medicine consultations

Detailed guidelines and application form are now available on College website <http://www.hkcfp.org.hk/>

Should you have any enquiries, please contact our College Secretaries Ms. Alky YU or Mr. John MA by email to [exit@hkcfp.org.hk](mailto:exit@hkcfp.org.hk).

Yours Sincerely,



Dr. Wendy Tsui  
Chairlady, Specialty Board



## Refresher Training Course for Exit Examiners 2019 Organized by Specialty Board, the Hong Kong College of Family Physicians

- Introduction** : The HKCFP Exit examination (Exit) is a regulatory professional exam purposely designed to assess a candidate's clinical performance at the standard expected for a specialist in Family Medicine. The Specialty Board is pleased to announce that the Refresher Training Course for Exit Examiners will be held in December.
- Course objectives** :  
 - To provide a comprehensive overview on different segments of the Exit Exam;  
 - To discuss and hence to reach consensus on the required standard of marking the exam.
- Date** : 26 November, 28 November, 9 December and 10 December (4 sessions)
- Time** : 7:00 – 9:00p.m. Refresher Training Course  
 (For the participants of CSA Refresher Course, the video viewing sessions will be held at 6:00 - 7:00 p.m. on 26 and 28 November)
- Venue** : **PA and CSA:** HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK  
**Clinical Audit and Research:** Rm 802, Duke of Windsor Social Services Building, 15 Hennessy Road, Wanchai, HK
- Target participants** : Exit Examiners (including Trainee Examiners and Examination Observers)  
 (Trainee Examiners and Examination Observers are highly recommended to attend the whole training course.)
- Capacity** : 30 doctors
- Faculty** : Exit Examination Segment Coordinators, Deputy Coordinators and delegates
- Advisor** : External Examiner (Professor Doris Young)
- Structure** : Pre & Post-course assignment (which may contain materials related to real patient consultations) simulating marking of the Exam will be given to the participants  
 In each of the sessions there will be:  
 - Presentation by our speakers and delegates  
 - Interactive discussions  
 Participants attending the whole course will be invited to mark at least one segment of Exit Exam
- Accreditation** : CME: 2 points for each session (Cat 4.4) and max. 8 points for whole course
- CPD** : Up to 2 CPD points will be awarded, depending on achievement made in the pre & post- course assessment.
- Award** : Certificate of Attendance will be awarded for attending 75% or more of all sessions
- Course fees** : HK\$ 1000 (Whole Course)  
 HK\$ 300 (Single Session)  
Course fees will be reimbursed to participants who have attended 100% of all registered sessions

**Enrolment Deadline** : **8 November 2019**

**Dates and times** :

Dates	Segments	Panel Speakers led by
26 November (Tue)	<b>Practice Assessment</b>	Dr. Luk Kam Hung (Coordinator, Practice Assessment)
28 November (Thu)	<b>Consultation Skills Assessment</b>	Dr. Wang Hua Li, Jenny (Coordinator, Consultation Skills Assessment)
9 December (Mon)	<b>Clinical Audit</b>	Dr. Kwong Siu Kei, Alfred (Coordinator, Clinical Audit)
10 December (Tue)	<b>Research</b>	Prof. Wong Chi Sang, Martin (Coordinator, Research)

Registration will be on first-come-first served basis. For enquiry, please contact the secretariat, Ms. Alky YU or Mr. John MA at 2871 8899.

#Participants of CSA Refresher Training Course would be required to attend a video viewing session for completing the pre-course assignment on either 26 or 28 November 6:00 - 7:00 p.m.

### Please note:

- For enrolment, please return the completed form together with the cheque [made payable to HKCFP Education Limited], by post, to: Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong before 8 November 2019.
- Priority will be given to active examiners. In case of over-subscription, the organizers reserve the right of final decision to allocate places.
- Successful enrollees will receive confirmation by email.
- Refreshments will be ordered on request. The payment will be made to the restaurant by the participants on site.
- Carparking will be available on a first-come-first-served basis at the HKAM Jockey Club Building. Please provide the car plate no. on the registration form. No car parking can be reserved at Wanchai venue.
- Participants are required to complete the pre-course assignment and bring it to the respective workshops. It may contain materials related to real patient consultations. Therefore participants should keep all the received assignment and related discussion in the sessions strictly confidential.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Private audio and video recording is not allowed.
- For registration or enquiry, please call the secretariat, Ms. Alky YU or Mr. John MA at 2871 8899 or email to [exit@hkcfp.org.hk](mailto:exit@hkcfp.org.hk).



## Refresher Training Course for Exit Examiners 2019 Organized by Specialty Board, the Hong Kong College of Family Physicians

### REGISTRATION FORM Enrolment Deadline: 8 November 2019

To : HKCFP, Rooms 803 - 4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

Fax : Fax: 2866 0616

I would like to attend the Refresher Training Course for Exit Examiners 2019 and please find the course fee payment enclosed. The course fee will be reimbursed to the participants who have attended 100% of all registered session.

#### Personal Particulars:

Full Name : \_\_\_\_\_

HKCFP Member ID : \_\_\_\_\_ Email : \_\_\_\_\_

Mobile : \_\_\_\_\_ Car Plate no. : \_\_\_\_\_

#### I would like to register for:

Dates	Segments	Please ✓ as appropriate
26 November (Tue)	Practice Assessment	
28 November (Thu)	Consultation Skills Assessment <i>(Participants would be required to attend a video viewing session for completing the pre-course assignment)</i>	Please select one video viewing session: Time: 6:00 - 7:00 p.m. <input type="checkbox"/> 26 Nov (Tue) <input type="checkbox"/> 28 Nov (Thu)
9 December (Mon)	Clinical Audit	
10 December (Tue)	Research	
<b>Fee*</b>		HK\$

\*HK\$1000 (whole course); HK\$300 (Single Session)

\*\*\*\*\*

Cheque No: \_\_\_\_\_ (should be payable to **"HKCFP Education Limited"**)

I have read the course announcement and understand that this Training Course may contain materials and discussions related to real patient consultations. I agree to keep all this information strictly confidential.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## Quality Assurance & Accreditation Committee News

### CME/CPD Compliance

Dear Colleagues,

With the current QA Cycle (2017-2019) which will be finalized by the end of this year, please kindly check your updated report by visiting the College website at <http://www.hkcfp.org.hk/>

The committee wishes to highlight that Colleagues **must engage in ALL categories of activities** in order to fulfill the QA Certificate 2017-2019 criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including **at least 30 CPD points**.
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants must engage in **ALL** categories of activities

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to CME activities organized by our College alone, and
- iii) Category 5, related to pre-accredited CME activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events organized by the Hong Kong Medical Association, The Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

Please see the "Regulations for Award of Quality Assurance 2017-19 (QA)" for more details: [http://www.hkcfp.org.hk/pages\\_5\\_81.html](http://www.hkcfp.org.hk/pages_5_81.html)

To obtain CME Certificate 2019, Members should obtain at least 30 Credit Points in either CME or CPD or both. In particular, **HKAM Fellows** are required to obtain a minimum of 90 points, including **at least 15 CPD points** in the 3-year cycle (2017-2019).

Another point to highlight is the various ways to gain CPD points, listed below for your reference:

#### 1. Continuous Professional Development (CPD) Logs

- I. Self-appraisal activities on lectures, seminars and workshops organized by the Board of Education (For Activities that are applicable to submit CPD Log, corresponding Sentence "**Up to 2 CPD Points (Subject to Submission of Satisfactory report of Professional Development Log)**" will be included in the Board of Education News published in FP links)
- II. Specify journal article published in the HK Practitioner or HK Medical Journal (**HK Practitioner:** Update Article, Original Article, Discussion Paper, Internet; **HK Medical Journal:** Original Article, Review Article, Medical Practice)
- III. Evidence Based Practice (EBP) report corresponding to a journal article published in the HK Practitioner, the HK Medical Journal, or in an indexed or refereed Medical Journal
- IV. Practice Audit, Review and Appraisal; including Clinical Audit, Evidence-Based Medical Protocol and Preventive Care Audit
- V. Structured Learning Activities, such as Portfolio For Self Learning Plan

#### 2. Activities related to Teaching, Educational Development and Research

- I. Teaching / Tutoring medical students in Family Medicine
- II. Clinical supervisor of vocational trainees in Family Medicine
- III. Acting as examiner for the Conjoint HKCFP / RACGP Fellowship Examination or the HKCFP Exit Examination
- IV. Being a CPR instructor or the Assessment Enhancement Course organized by the College
- V. Being a moderator or speaker of pre-accredited activities
- VI. Being a chairperson / speaker of pre-approved small discussion group(s)
- VII. Research work related to the field of General Practice / Family Medicine
- VIII. Publishing journal articles, books or thesis

#### 3. Activities related to Professional Development, such as demonstration of competence in Family Medicine by completing a course of study and passing the Conjoint HKCFP/RACGP Fellowship Examination, Specialty Board Exit Examination, the basic life support (CPR) assessment organized by the College, Diploma examinations organized by the College; passing professional examination (Membership / Fellowship, etc) or academic examination (Diploma / Master Degree, etc) relevant to General Practice/Family Medicine.

#### 4. Activities related to Quality Development, including participation in a quality assurance activity, exercise, workshop or clinical attachment organized by the College. Active Learning Mode (ALM) has been introduced since 2016 to facilitate active learning at selected seminars involving skill and knowledge transfer, and participants may gain CPD points when assessment criteria by pre- and post- activity MCQs are fulfilled.

You can download all the relevant forms from our website: [http://www.hkcfp.org.hk/pages\\_5\\_84.html](http://www.hkcfp.org.hk/pages_5_84.html). For any enquiry please contact our Secretariat (Mr. John Ma or Ms. Cherry Ma) at 2871 8899 or email to [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk) at your convenience.

Yours sincerely,

Dr. King Chan  
Chairman, Quality Assurance & Accreditation Committee

## Quality Assurance & Accreditation Committee News (Con't)

### Important news

**Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.**

Dear College Members,

**RE: MCHK CME Programme for Practicing Doctors who are not taking CME Programme for Specialists (Ver. Sept 2019)**

We are pleased to remind you that our College members who are registered with Hong Kong Academy of Medicine (HKAM) as their MCHK CME administrator via HKCFP will have their associated administrative charge waived starting from January 2017. For new registrants or those who would like to switch their MCHK CME Administrator to HKAM via the College (for the cycle starting in January) **starting from 1<sup>st</sup> January 2020**, they must submit Registration Consent Form to the College Secretariat before **20<sup>th</sup> December 2019 (Friday)** and the processing of MCHK CME record will be facilitated accordingly.

Interested members who are currently not registered with HKAM should note:

1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedures in relation to change of the CME Administrator.
2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
3. Overseas Conferences: please submit Attendance Record within one month on completion of the conference.
4. Self-study: please submit details of the programme within one month on completion of the Self-study.
5. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective MCHK CME attendance record sheet for CME record purposes. **To help the College Secretariat to distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at [www.hkcfp.org.hk](http://www.hkcfp.org.hk) > Download > 'Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat at [cmecpd@hkcfp.org.hk](mailto:cmecpd@hkcfp.org.hk) before the captioned deadline to facilitate the necessary arrangement. As usual, late submission may not be processed.

**HKCFP Secretariat**

## Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **August – September 2019**:

### Associate Membership (New Application)

Dr. HO Sze Ho	何 斯 皓
Dr. HOU Baijing	侯 柏 靜
Dr. LAI Ge Woon, Gevon	黎 智 媛
Dr. LAM Ka Wai	林 嘉 偉
Dr. LEUNG Ching	梁 晴

Dr. MAK Shen Rong, Sharon	麥 善 容
Dr. TAI Lok Yin, Nadia	戴 樂 然
Dr. TUNG Siu Ying, Margaret	董 小 英
Dr. WONG Lap Wing, Ronnie	黃 立 榮
Dr. YU Xiaoxia	余 曉 霞
Dr. YU Yi Fung	余 義 鋒

## A home away from home: Hong Kong Children's Hospital site visit

Dr. Leung Lok Hang Will  
Member, Young Doctors Committee, HKCFP

As Family Physicians, we mostly work in community settings. New hospital site visits would be exciting eye-opening activities for us. On 18<sup>th</sup> January 2019, a group of Master students from the Jockey Club School of Public Health and Primary Care, the Chinese University



Dr. Leo Wat, who is experienced in Strategy & Planning, guiding our team's HKCH site-visit with focus on hospital planning perspective

of Hong Kong (CUHK), led by Professor FUNG Hong, the Executive Director and Chief Executive Officer of the CUHK Medical Centre, visited the first ever tertiary paediatric hospital locally - the Hong Kong Children's Hospital (HKCH) at the one-month-old day since its commencement of service on 18<sup>th</sup> December 2018.



Registration and shroff

HKCH is a tertiary hospital located in Kai Tak development area, serving paediatric patients with complex conditions. In the first phase of service, the HKCH takes appointments from oncology (Prince of Wales Hospital and Queen Mary Hospital), nephrology (Princess Margaret Hospital), and receives patients identified in the newborn screening programme for inborn errors of metabolism. To cope with the complex nature of the conditions, HKCH is equipped with specially designed hardware, in addition to creating a more children-friendly environment. The first stop for



The hub-and-spoke model of HK Paediatric service

most patients is the shroff and registration counter located on the ground floor. Its design resembles a colourful ticketing booth of the amusement park. The Specialist Outpatient Clinic (SOPC) has around 50 consultation rooms divided into various colour zones. There are toys, storybooks and play-zones in the waiting area of the SOPC. The posters on the walls and the



Specialist Outpatient Consultation Room

doors of the consultation rooms are tailored to catch children's attention, using a language understandable by youngsters. The consultation room is spacious with round-shaped design of tables to facilitate both parents and children to participate in the doctor-patient discussion. There are also double-sized treatment rooms to suit physical examination need for different children, such as patients requiring wheelchair or with neuromuscular conditions, allowing joint consultation by multi-disciplinary teams.



Vivid patient notice for children

The in-patient area is catching our focus by the roomy cubicles, as each standard cubicle accommodates four children beds, less than those in crowded acute adult wards; and the spectacular sceneries outside each window as the HKCH architectural design allows each ward with window facing an open view. In order to meet children's social need, each ward has a large day room with play-area allowing children to interact or dine with each other, resembling their environment at school. Parental care is a unique need of children; the HKCH have parents' overnight room allowing parents to stay close with their hospitalized kids.



In-patient beds for patients and parents



In-patient day room

If a patient has to undergo a radiology procedure such as CT or MRI, it is not uncommon for the Paediatrician to order sedation in order to ensure the procedure could be done properly. At HKCH, the CT suite is circus-themed to make the machine more colourful and less frightening for children. There is also a virtual MRI simulator, allowing kids to have a taste of what an MRI exam would be about. From their experience, a number of children could co-operate with the procedure without the need of sedation. Not only for investigation procedures, the HKCH colleagues are developing virtual reality tools for the patients requiring elective surgical procedures to have pre-operative experience of the expected surgery, including anaesthesia (children could choose the "flavor" such as "chocolate flavor" of the breathing mask) and the procedure itself (how would the procedure be performed). All the above measures are designed with an aim to alleviate the anxiety of the children and parents.



Toilet design facilitating needs of children



Illustration of children-friendly design

HKCH is also a dedicated centre of excellence in clinical, teaching and research. The new hospital has been devoting resources in setting up a Clinical Simulation Centre, with aid of technology and real-life scenarios to enhance clinical skills of frontline staff including medical, nursing, and allied health colleagues for handling emergency and complex situations in paediatrics. One of its main focuses is paediatric transport medicine, as the HKCH is planning a first ever inter-hospital escort team within the Hospital Authority, to dispatch HKCH staff



Dr. Bill Chan showing us the "Child Sim" facilities

instead of requesting hospital's staff, to ensure a safe inter-facility transfer of ill patients from other hospitals to HKCH for further management. Such transport team requires training and HKCH has procured a real ambulance vehicle to be placed at the Clinical Simulation Centre to allow crews to practice and prepare as real-life as possible.



Webcast studio at the Simulation Training Centre

Rehabilitation is an important element for children's recovery. HKCH creates a green rehabilitation garden featured with animal theme, with trees and bushes in shape of monkeys, rabbits, flamingoes, giraffes etc.; and use of environmentally friendly systems collecting solar power at the garden. There is also a large allied health department supporting the treatment and rehabilitation of children, with the hydrotherapy pool having adjustable platform specifically catered for children with different height. Underwater camera was installed to provide feedback to users, which will be constructive for the process.



Rehabilitation garden: go green for children

Our CUHK visiting team did not only have interest in the hardware and the environment of the hospital, we were also interested in the development, strategy, planning, service delivery and co-ordination of stakeholders related to the hospital, as well as the local paediatric service blueprint. Dr. Leo WAT from the HKCH had a detailed interactive discussion with us, starting from the commissioning ten years ago, milestones along the

years, and challenges ahead. Hope the hub-and-spoke model of HKCH could be beneficial to the paediatric population in Hong Kong in terms of enhancing tertiary service standard, promoting research, strengthening training, and offering better patient experience for the children in need.



Hydrotherapy pool for paediatric patients



Milestones for HKCH



The future: the construction site of the largest public acute hospital after relocation of the Queen Elizabeth Hospital

## “Striking the balance” - Decisions to withhold NOACs on patients with atrial fibrillation before a medical procedure or surgery

### Section 1: Background & Case Scenario

With the latest evidence and atrial fibrillation (AF) treatment guidelines<sup>1</sup> recommending the usage of non-vitamin K antagonist oral anticoagulants (NOACs) as the preferred alternative to warfarin for reducing the risk of stroke, they have nowadays become one of the common classes of drugs prescribed in general practice settings. It is not unusual for these AF patients on NOACs to have plans for elective medical procedure(s) (e.g. ranging from scheduled dental scaling and polishing to endoscopic exams, etc.) or surgery at some points of the life, thus requesting our professional opinions to temporary withhold his/her NOAC. Here is a sample scenario (based on a real case that I have recently encountered) for illustration:

Mrs. B, aged 76, has atrial fibrillation, hypertension & diabetes (with recent visits showing the latter two conditions being under control) and is currently followed-up in our clinic regularly for refills of chronic medications, including apixaban 2.5mg BD. During the last follow-up Mrs. B volunteered that she also had past history of colonic polyps and shall be scheduled by her attending surgeon for an elective colonoscopy, with the possible need of polypectomy 2 weeks later. The surgeon has forwarded a reference letter asking whether Mrs. B's NOAC should be stopped, and if yes, the duration of withholding the drug.



I can understand the rationale behind this enquiry, mainly due to the foreseeable risk of bleeding from the medical procedure with concurrent use of NOAC, whilst balancing the risk of thromboembolic complications (e.g. ischaemic stroke, systemic embolism) post drug interruption and the related morbidity and mortality.

### Section 2: Literature Research

To specifically answer the enquiry, I tried to understand more by reading up related medical literature. As a summary, the factors to consider may include:

#### A) NOAC: The Pharmacokinetics and Pharmacodynamics<sup>2,3,4</sup>

- 🌐 Due to their mechanism of action, NOACs are also named direct oral anticoagulants (DOACs). Dabigatran is a selective, competitive, direct inhibitor of thrombin (Factor IIa) while rivaroxaban, apixaban and edoxaban act by directly inhibiting the activated Factor X (FXa) in a selective and competitive manner.
- 🌐 NOACs have relatively short half-lives and almost immediate anticoagulant activity, rapidly reaching the plasma peak concentration. The half-life of Dabigatran is 12-18 hours, Rivaroxaban 5-13 hours and Apixaban 12 hours. *(\* with this variation, the time of drug interruption would need to vary depending on the drug prescribed)*
- 🌐 After the withdrawal of NOACs, their elimination from the body is sufficiently rapid. Dabigatran is renally eliminated so clearance is significantly influenced by renal function, and *any deterioration in renal function will prolong the half-life*, whereas FXa inhibitors are mainly eliminated by the biliary-fecal route. It is hence generally conclusive that, if a patient withholds his or her NOAC for 24 to 36 hours before a medical procedure, the patient's coagulation status should be re-approaching normal in the absence of extenuating circumstances, such as renal failure. A later section will further describe on how the variation of renal function may affect our decisions.
- 🌐 Given their linear pharmacodynamics, with a predictable dose/response relationship and anticoagulant effect, NOACs are administered at a fixed dose and do not require routine laboratory monitoring.
- 🌐 It is also worthwhile to note that drugs that act on P-glycoprotein may interact with dabigatran and drugs that act on P-glycoprotein and/or cytochrome P3A4 may interact with the class anti-Xa NOACs, for example azole antifungals, HIV protease inhibitors, SSRI/SNRI such as escitalopram and sertraline, and verapamil, etc.



## B) Patient's comorbidities / Patient Factors<sup>4,5,6,7,8</sup>

- ➊ Despite patients with atrial fibrillation being a heterogeneous group, their risk can be further classified according to clinical variables such as gender, age, hypertension, congestive heart failure, diabetes, prior stroke, and other vascular diseases through CHA2DS2-VASc score estimation. (See the "Links" section for access to the calculator.)
- ➋ Under the CHA2DS2-VASc system, a score of 0 indicates "low" risk of stroke (0.2% per year), 1 being "moderate" risk (0.6% per year), and any scores above 1 signifies "high" risk (ranging from 2 points with 2.2% per year to 9 points with 12.2% per year)
- ➌ Hence when one decides to withhold NOACs, we should also prime beforehand on our patients the additional risk of thromboembolism (i.e. the risk of thromboembolic events after withdrawal of NOAC therapy, such as an episode of thromboembolic stroke).
- ➍ Patient factors can also contribute to bleeding risk, which is quantifiable using bleeding risk scores such as the HAS-BLED score with a score  $\geq 3$  being the most predictive variable for bleeding (HR 11.8, 95% CI 5.6-24.9). Patient factors contributing to increased bleeding may include uncontrolled hypertension, abnormal renal or liver function, stroke, bleeding tendency, labile INRs, elderly age (greater than 65), and antiplatelet drugs (such as aspirin or NSAIDs) or alcohol. (See the "Links" section for access to the calculator.)

## C) Type of medical procedure/surgery<sup>3</sup>

- ➊ Obviously with the increasing invasiveness of the medical procedure or the surgery, the bleeding risk will increase. Many guidelines would categorise these procedures into different bleeding risk levels. Below is an example extracted from the Sydney Clinical Excellence Commission Guidelines<sup>3</sup> in 2017, with the remark

that "withholding of NOACs for patients who are having minimal or selected low bleeding risk procedures may not be required. The treating surgeon should advise whether NOAC therapy needs to be withheld":

Minimal bleeding risk procedures	Low bleeding risk procedures [2-day risk of major bleeding < 2%]	High bleeding risk procedures [2-day risk of major bleeding $\geq$ 2%]
<ul style="list-style-type: none"> <li>+ Minor dermatologic procedures (excision of BCC, SCC, or cancerous skin nevi)</li> <li>+ Cataract procedures</li> <li>+ Minor dental procedures (dental extractions, restorations, prosthetics, endodontics), dental cleanings, fillings</li> <li>+ Pacemaker or cardio defibrillator device implant</li> </ul>	<ul style="list-style-type: none"> <li>+ Arthroscopy</li> <li>+ Cutaneous/lymph node biopsies</li> <li>+ Shoulder/foot/hand surgery</li> <li>+ Coronary angiography</li> <li>+ GI endoscopy +/- biopsy</li> <li>+ Abdominal hysterectomy</li> <li>+ Laparoscopic cholecystectomy</li> <li>+ Abdominal hernia repair</li> <li>+ Haemorrhoidal surgery</li> <li>+ Bronchoscopy +/- biopsy</li> <li>+ Epidural injections with INR &lt;1.2</li> </ul>	<ul style="list-style-type: none"> <li>+ Major surgery with extensive tissue injury</li> <li>+ Cancer surgery</li> <li>+ Major orthopedic surgery</li> <li>+ Reconstructive plastic surgery</li> <li>+ Urologic, gastrointestinal or kidney surgery</li> <li>+ Colonic polyp resection, Bowel resection</li> <li>+ Surgery in highly vascular organs (kidneys, liver, spleen)</li> <li>+ Cardiac, intracranial or spinal surgery</li> <li>+ Any major operation (procedure duration of &gt; 45 min)</li> </ul>

- ➋ For the table above, there was also further comment that for colonoscopy, the size of the colonic polyp being excised will influence the risk of bleeding, and for resection with polyps less than 1 cm in size, the procedure can be categorized as low bleeding risk.
- ➌ Dental procedures – It is also worthy to note that despite "minor dental procedures" being categorized as a minimal bleeding risk procedure in the table above, a 2015 consensus guideline from the European Heart Rhythm Association<sup>9-10</sup> suggested that interventions not necessarily requiring discontinuation of the newer anticoagulants include extraction of 1 to 3 teeth; periodontal surgery; abscess incision; or implant positioning, a 2018 systemic review<sup>11</sup> also commented that the bleeding risk would become moderate for extractions of 2 to 4 teeth and local gingival surgery of 5 or fewer teeth.

### D) Casting an overview<sup>3</sup>

As also extracted from the Sydney Clinical Excellence Commission Guidelines<sup>3</sup> in 2017, after considering the patient factor, the type of drug in use with the estimated surgical bleeding risk, we may then cast an overview and start making the appropriate recommendation, where a summary of recommendations on the drug interruption timing is shown in the below table. Similar recommendations can also be found from the UpToDate article by Douketis et.al.<sup>4</sup> and the chart<sup>12</sup> as listed in the reference section.

### Timing for ceasing dabigatran (Pradaxa) prior to surgery

Dabigatran	Low bleeding risk surgery	High bleeding risk surgery
Normal renal function (CrCl ≥ 80ml/min)	Last dose 24 hours before surgery	Last dose 48 hours before surgery
Mildly impaired renal function (CrCl 50-80ml/min)	Last dose 24-48 hours before surgery	Last dose 48-72 hours before surgery
Moderately impaired renal function (CrCl 30-49ml/min)	Last dose 48-72 hours before surgery	Last dose 96 hours (4 days) before surgery
CrCl < 30ml/min	Seek specialist advice. Dabigatran is contraindicated. Stop at least 5 days before high risk surgery.	

### Timing for ceasing apixaban (Eliquis) prior to surgery

Apixaban	Low bleeding risk surgery	High bleeding risk surgery
Normal / mildly impaired renal function (CrCl > 50ml/min)	Last dose 24 hours before surgery	Last dose 48-72 hours before surgery
Moderately impaired renal function (CrCl 30-50ml/min)	Last dose 24-48 hours before surgery	Last dose 72 hours before surgery
CrCl < 30ml/min	Seek specialist advice.	

### Recommencing NOAC after surgery

	Recommencing NOAC post-operatively
Low bleeding risk surgery	Start or resume 24 hours after surgery
High bleeding risk surgery	DO not resume therapeutic dose until 48-72 hours after surgery Consider alternative venous thromboembolism (VTE) prophylaxis in the interim

### Section 3: Putting knowledge into practice

The literature search performed in Section 2 allows a practical application of current evidence in our clinical practice.

#### Estimation on Mrs. B's conditions showed:

- Her CHA2DS2-VASc score = 5 (high stroke risk, hence indicative of NOAC usage for AF)
- Renal function (checked 1 month ago): creatinine 53, with eGFR 86, classified as normal renal function
- Whilst colonoscopy +/- polypectomy would be regarded as a high bleeding risk procedure (2-day risk of major bleeding ≥ 2%)

In response to Mrs. B's enquiry, I had a follow-up discussion with her in order to form a plan under informed decisions. I explained the potential risk of bleeding from the medical procedure with the chance of thromboembolism during NOAC interruption, and after balancing these risks, Mrs. B agreed to temporarily withhold her apixaban peri-procedure. A recommendation was given according to the guidelines as follows:

"To withhold apixaban 48-72 hours before the elective colonoscopy, and resume the drug until 72 hours after the colonoscopy if uneventful (i.e. when hemostasis has been achieved), at the same dose the patient was receiving pre-operatively."

Mrs. B subsequently returned and reported that the colonoscopy was performed uneventfully, 2 small colonic polyps (both < 1cm) were removed endoscopically with pathology showing benign findings. There were no reported abnormal bleedings peri-procedure and apixaban 2.5mg BD was resumed as recommended, at 72 hours after the endoscopy.

### Section 4: Useful Links (\* welcome to bookmark them in your internet browser and try them out!)

After thoroughly explaining the theories behind these decisions with the case example above, I would also like to share some links that may save us time from these complex calculations and chart checking:

#### 🌐 The CHA2DS2-VASc / HAS-BLED / EHRA Atrial Fibrillation Risk Score Calculator

The risks scores as described above can be accessible with the link below, with the correct clicks, we can estimate our patients' stroke and bleeding risk levels.

Link - <https://www.chadsvasc.org>

## 🌐 **Thrombosis Canada: Perioperative Anticoagulant Management Algorithm**

This is a well-set interactive website from the Thrombosis Interest Group of Canada (an NGO in Canada since 1991) that helps doctors to make the decision as above in a more automatic manner. Just with a few clicks to enter the scenario and the demographics plus the latest lab findings, it would instantaneously help us to estimate our patients' renal function and stratify their risks, whilst suggestive guidance would be given on whether the drug should be withheld, and the duration of drug interruption:

Website - <http://thrombosiscanada.ca/tools/?calc=perioperativeAnticoagulantAlgorithm>

Thrombosis App (iPhone) - <https://apps.apple.com/ca/app/thrombosis/id728181432>

Thrombosis App (Google Play) - [https://play.google.com/store/apps/details?id=com.thrombosiscanada.guides&hl=en\\_US](https://play.google.com/store/apps/details?id=com.thrombosiscanada.guides&hl=en_US)

Further to the website, a related app has also been created by an NGO known as "Thrombosis" as an alternate option for doctors to have handy access to the same information. Besides NOACs plus elective procedures as discussed in this article, the app also helps us understand at a medical specialist level on what kind of recommendations may be considered for users on warfarin, and for other conditions like deep vein thrombosis, pulmonary embolism and patients on mechanical heart valve, etc. Hints are also given on preparations needed before emergency/urgent procedures & operations, hence also being useful as a tool for surgeons in tertiary level for patient care planning.

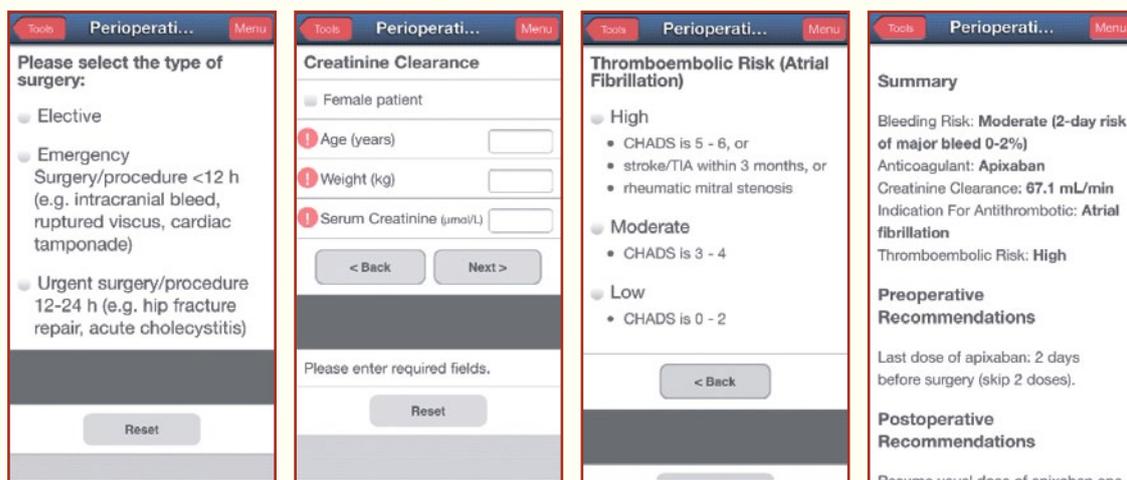


Figure: Screen Caps from the "Thrombosis" App showing how it may help assist our decisions in a few clicks

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- "Perioperative management of oral direct thrombin inhibitors and factor Xa inhibitors". From UpToDate database - [https://www.uptodate.com/contents/image?imageKey=HEME%2F93260&topicKey=HEME%2F1312&source=see\\_link](https://www.uptodate.com/contents/image?imageKey=HEME%2F93260&topicKey=HEME%2F1312&source=see_link)

**Compiled by Dr. John-Hugh Tam**

## Meeting Highlights

### Interest Group in Dermatology

Dr. Mimi Chang, Specialist in Dermatology and Venerology, delivered a lecture on "Eczema and Common Papulosquamous Lesions in Quiz Format" on 7 September 2019.



Dr. Lam Wing Wo (left, Moderator) presenting a souvenir to Dr. Mimi Chang (right, Speaker)

### Certificate Course on Community Geriatrics for Primary Care Doctors

The 1<sup>st</sup> session of the Certificate Course on Community Geriatrics for Primary Care Doctors was held on 21 September 2019. Dr. Yim Ting Kwan, Specialist in Geriatric Medicine, delivered a lecture on "Fall as Geriatric Syndrome".



From left to right: Dr. Alvin Chan (Chairman of Board of Education), Dr. Wong Tseng Kwong, Dr. Tong Siu Man, Dr. Yim Ting Kwan (speaker), Dr. Mary Kwong and Dr. Kathy Tsim (moderator)

### Certificate Course on Bringing Better Health to Our Community 2019

The last session of the "Certificate Course on Bringing Better Health to Our Community 2019" co-organized with the Queen Elizabeth Hospital was held on 28 September 2019. Dr. Chan Hau Ngai, Kingsley, Specialist in Dermatology and Venerology, delivered a lecture on "Management of Common Nail Problems" and Ms. Lam Yuk Lan, Nicole, Cluster Manager of the Department of Podiatry of Kowloon Central Cluster, delivered a lecture on "Podiatrist - Toe Nail Care in Community Setting" respectively.



Dr. Chan Hung Chiu (right, Council member) presenting a souvenir to Dr. Chan Hau Ngai Kingsley (left, Speaker)



Dr. Lau Ho Lim (right, Vice-President, General Affairs) presenting a souvenir to Ms. Lam Yuk Lan, Nicole (left, Speaker)

## Classified Advertisements

**Accredited Private FM Centre invites FT/PT Doctors** for expanding group practice in NTW/KLN. FM. Paed., Surgeon, Gynae, Psychi welcomed. Profit Sharing ± Partnership. Send CV [enquiry@adecmed.com](mailto:enquiry@adecmed.com) (Amy CHAN) 9212-6654

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Experienced doctors (part-time / full time) are cordially invited to join our Clinics for **DAY/NIGHT** sessions (**Tai Wai, Shek Mun & Diamond Hill**). Retired Doctors are welcome. Please send CV to [hr@pro-medics.hk](mailto:hr@pro-medics.hk)

**Invites applicants for full-time doctor in Evangel Hospital – shift-duty in General Out-patient throughout the week and on-site overnight call. Please send C.V. and enquiry to [hr@evanhosp.org.hk](mailto:hr@evanhosp.org.hk)**

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# HIV-STI Conference

## for Primary Health Care Professionals



Co-organised by **Red Ribbon Centre, Department of Health and the Hong Kong College of Family Physicians (HKCFP)**

Venue: Cordis, Hong Kong (555 Shanghai Street, Mongkok)

Language: English and Cantonese

Accreditation: CME: pending

CNE: **2 points (AM)/ 2 points (PM)**

## Registration Fee - Free

## 16 November 2019

Time	Topic
9:15 – 9:30	Registration
9:30 – 9:40	Introduction
9:40 – 10:00	<b>HIV epidemiology in Hong Kong at a glance</b> <i>Dr HO Chi Hin, Billy (Senior Medical Officer, Special Preventive Programme, DH)</i>
10:00 – 10:30	<b>Update on HIV diagnosis and treatment</b> <i>Dr LEE Man Po (Consultant in-charge, HIV Clinical Service, Department of Medicine, QEH)</i>
10:30 – 10:45	Tea break
10:45 – 11:15	<b>Update on STI diagnosis and treatment</b> <i>Dr HO King Man (Consultant Dermatologist i/c, Social Hygiene Service, DH)</i>
11:15 – 11:30	Q & A
11:30 – 12:00 <i>Concurrent sessions</i>	<b>Triple 90s : HIV treatment cascade and demonstration of using HIV rapid test kit</b> <i>Dr HO Chi Hin, Billy (Senior Medical Officer, Special Preventive Programme, DH)</i> <i>Ms CHEUNG Mun (Nursing Officer, AIDS Hotline and HIV Testing Service, DH)</i>
	<b>Post-exposure management for HIV and hepatitis prevention</b> <i>Dr TO Ki Wai, Heather (Senior Medical Officer, Integrated Treatment Centre, DH)</i>
	<b>Psychological challenges for the LGBT community</b> <i>Prof. WONG Chee Wing (Adjunct Associate Professor, Departments of Psychiatry and Psychology, CUHK)</i>
12:00 – 12:30 <i>Concurrent sessions</i>	<b>Introduction of DH's HIV Self-test study and demonstration of self-testing kit</b> <i>Dr SIT Yao Wai, Alfred (Medical Officer, Red Ribbon Centre, DH)</i>
	<b>Pre-exposure prophylaxis (PrEP) for HIV prevention - update and monitoring</b> <i>Prof. LUI Chung Yan, Grace (Assistant Professor, Department of Medicine and Therapeutics, CUHK)</i>
	<b>Ageing gay sexuality: Special needs? Special care?</b> <i>Prof. KONG Shiu Ki, Travis (Associate Professor, Department of Sociology, HKU)</i>
12:30 – 13:30	Lunch (Registration for PM session starts at 13:15)
13:30 – 13:45	Speech by <b>Dr CHAN Hon Yee, Constance, Director of Health</b> cum Launching of the new TV API on HIV
13:45 – 14:15	<b>Co-infection of viral hepatitis and HIV</b> <i>Dr TSANG Tak Yin, Owen (Medical Director, Hospital Authority Infectious Disease Centre, PMH)</i>
14:15 – 14:45	<b>Taking medical and sexual history of sexual minority</b> <i>Dr WONG Chi Wai, William (Clinical Associate Professor, Department of Family Medicine and Primary Care (FMPC), The University of Hong Kong; Chief-of-Service, FMPC, HKU-Shenzhen Hospital)</i>
14:45 – 15:00	Q & A
15:00 – 16:00 <i>Concurrent sessions</i>	<b>Understanding gender incongruence and gender reassignment therapy</b> <i>Dr MAK Kai Lok, Gregory (Private Psychiatrist)</i> <i>Transgender people</i>
15:00 – 15:30 <i>Concurrent sessions</i>	<b>STI screening in primary health care setting</b> <i>Dr KWAN Chi Keung (Private Dermatologist)</i>
	<b>Substance use and sexual risk behaviours of sexual minorities</b> <i>Dr SIT Yao Wai, Alfred (Medical Officer, Red Ribbon Centre, DH)</i>
15:30 – 16:00 <i>Concurrent sessions</i>	<b>How to approach a LGBT patient in clinical practice (role play &amp; sharing)</b> <i>Dr WONG Chi Wai, William (Clinical Associate Professor, Department of Family Medicine and Primary Care (FMPC), The University of Hong Kong; Chief-of-Service, FMPC, HKU-Shenzhen Hospital)</i> <i>Dr FONG Yeung (Honorary Clinical Assistant Professor, HKU)</i>
	<b>Chemsex and mental disorders</b> <i>Dr LEE Chi Kei, Krystal (Resident, Department of Psychiatry, QMH)</i>

1. Registration Form is available at [www.aids.gov.hk/english/new2019/nm01.html](http://www.aids.gov.hk/english/new2019/nm01.html)
2. Applications will be accepted on a first-come-first-served basis
3. Please email the completed registration form to conference secretariat [info.hk@gl-events.com](mailto:info.hk@gl-events.com) by 30 Oct 2019
4. For enquiry, please contact Mr Law, conference secretariat of GL events Hong Kong Ltd. at Tel 3752 9823 & email [info.hk@gl-events.com](mailto:info.hk@gl-events.com)



- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

**7 November 2019**

**Thursday**

**Atrial Fibrillation: Practical management and considerations at your fingertips**

**Prof. Shaun Goodman**

*Chair, Division of Cardiology Research Committee,  
Cardiology, University of Toronto  
Professor, Department of Medicine, University of Toronto,  
Canada*

Chairman	<b>Dr. Chen Xiao Rui, Catherine</b> The Hong Kong College of Family Physicians	
Time	7:00 – 7:30pm 7:30 – 8:30pm 8:30 – 9:45pm	Registration Lecture & Discussion Dinner
Venue	Shanghai Room I, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	
Admission Fee	College Fellow, Full or Associate Members Other Categories of Members Non-Members	Free (\$50 Enrollment deposit is required) HK\$ 700.00 HK\$ 800.00
Accreditation	All fees received are non-refundable and non-transferable. 2 CME point HKCFP (Cat. 4.3) 2 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	

Register Online

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**16 November 2019**

**Saturday**

**Board of Education Interest Group in Counselling**

Aim	(1) To form a regular platform for interactive sharing and discussion of various counseling cases commonly seen in our daily practice; (2) To booster the competencies in counseling of family practitioners through case discussion and practising self-awareness	
Theme	<b>Mindfulness-based interventions to improve well-being for you and your patients</b>	
Speaker	<b>Prof. Wong Yeung Shan, Samuel</b> Professor and Head, Division of Family Medicine and Primary Healthcare, JC School of Public Health and Primary Care, Faculty of Medicine, the Chinese University of Hong Kong <b>Dr. Lee Kam Pui, Eric</b> Assistant Professor, Division of Family Medicine and Primary Healthcare, JC School of Public Health and Primary Care, Faculty of Medicine, the Chinese University of Hong Kong	
Moderator	<b>Dr. Lau Wai Yee, Aster</b> The Hong Kong College of Family Physicians	
Time	Part A: 2:30 p.m. – 4:00 p.m. Part B: 4:00 p.m. – 4:30 p.m.	Lecture & Theme Presentation Discussion

Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
Accreditation	All fees received are non-refundable and non-transferable. 2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in Cantonese and English.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Participants are encouraged to present own cases for discussion. Please forward your cases to the Coordinator via the College secretariat 2 weeks prior to meeting. Participants will be awarded CME for attendance in Part A of the interest group and CPD for Part B.</b>	

Register Online

**23 November 2019**

**Saturday**

**Board of Education Interest Group in Evidence-Based Medicine (EBM)**

Topic	<b>Evidence-based Approach to Common Geriatrics Problems in Primary Care</b>	
Speaker	<b>Dr. Hui Lai Chi</b> Specialist in Family Medicine	
Moderator	<b>Dr. Ko Siu Hin</b> The Hong Kong College of Family Physicians	
Time	Part A: 2:15 pm to 3:15 pm Part B: 3:15 pm to 4:15 pm	Lecture Discussion
Venue	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	
Admission Fee	Members Non – members HKAM Registrants	Free HK\$ 300.00 HK\$ 150.00
Accreditation	All fees received are non-refundable and non-transferable. 2 CME points HKCFP (Cat. 4.3) 2 CPD points HKCFP (Cat. 3.15) 2 CME points MCHK	
Language	Lecture will be conducted in English and Discussion will be in English or bilingual.	
Registration	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	
Note	<b>Please bring along your mobile internet device if available. Participants are expected to take an active role in discussion during the workshop. They are required to complete a MCQ on common geriatric problems at the end of the session. Participants will be awarded CME for attendance in Part A of workshop and CPD for Part B and submission of the MCQ.</b>	

Register Online

29 November 2019

Friday

## Optimizing joint care management: An individualized approach

**Prof. David Hunter**

*Flurance and Cope Chair of Rheumatology,  
Professor of Medicine at University of Sydney,  
Australia*

Chairman	<b>Dr. Tsui Hing Sing, Robert</b> The Hong Kong College of Family Physicians	
Time	1:00 p.m. – 2:00 p.m.	Registration and Lunch
	2:00 p.m. – 3:30 p.m.	Lecture and Discussion
Venue	Sung Room, 4/F, Sheraton Hong Kong Hotel & Towers, 20 Nathan Road, Kowloon	

Admission Fee	College Fellow, Full or Associate Members Other Categories of Members Non-Members	Free (\$50 Enrollment deposit is required) HK\$ 500.00 HK\$ 600.00
Accreditation	All fees received are non-refundable and non-transferable.	
Language	2 CME point HKCFP (Cat. 4.3) 2 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Registration	Lecture will be conducted in English.	
	<b>Registration will be first come first served. Please reserve your seat as soon as possible.</b>	

Register Online

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## Monthly Video Viewing Session

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

**October's video session  
is cancelled due to renovation work in  
Wanchai office.**

### November's session:

Date	29 November 2019 (Friday)	
Time	2:30 p.m. - 3:30 p.m.	
Topic	<b>"Update on management of Irritable Bowel Syndrome" by Dr. Sze Wan Chee</b>	
Admission	Free for Members	
Accreditation	1 CME point HKCFP (Cat. 4.2) 1 CME point MCHK Up to 2 CPD points (Subject to submission of satisfactory report of Professional Development Log)	
Language	Lecture will be conducted in English.	

Register Online

## Community Education Programme

Open and free to all members  
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
<b>9 Nov 2019</b> 2:15 – 4:15 p.m.	Lecture Halls A & B, 4/F, Block G, Wong Tai Sin Hospital, 124 Shatin Pass Road, Wong Tai Sin, Kowloon	<b>Hyperbaric medicine in Hong Kong- new developments</b> Dr. Jeffrey CHAU PYNAED ACON	Ms. Clara Tsang Tel: 2354 2440
<b>21 Nov 2019</b> 2:00 – 3:30 p.m.	Lecture Theatre, G/F, Block K, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	<b>Approach to Acute "Red Eye"</b> Dr. Susanna TSANG Associate Consultant, Department of Ophthalmology, Tseung Kwan O Hospital, Kowloon East Cluster	Ms. Polly Tai Tel: 3949 3430 or Ms. Cordy Wong Tel: 3949 3087

## Structured Education Programmes

Free to members  
HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
<b>6 Nov 2019 (Wed)</b>			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>Approach to Abnormal Laboratory Results (Chemical Pathology)</b> Dr. Jiao Fangfang & Dr. Zhu Yin	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1036, 1/F, Special Block, Tuen Mun Hospital	<b>Approach to Pregnancy Related Psychological / Psychiatric Problems</b> Dr. Chung Chak Hang & Dr. Tong Wing Sze	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Introduction of eKG</b> Dr. Yau Chi Yan, Davy & Dr. Lui Tsz Yin	Ms. Phoebe Wong Tel: 3949 3079
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Common Symptoms Complaints: Numbness</b> Dr. Kelly Wong	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>OA Knee Management</b> Dr. Choi Yuen Kwan	Mr. Alex Kwok Tel: 5569 6405
<b>7 Nov 2019 (Thu)</b>			
4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Application of Evidence Based Medicine: Approach to the Patient with Unintentional Weight Loss in Primary Care Clinic</b> Dr. Tsang Lai Ting & Dr. Sung Cheuk Chung	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Prevention of Cardiovascular Diseases</b> Dr. Tai Lok Yin, Nadia	Ms. W L Kwong Tel: 2595 6941
<b>13 Nov 2019 (Wed)</b>			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>FM Training in HK &amp; Overseas</b> Dr. Noh Young Ah & Dr. Chau Kei Wai	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Psychosocial Health Prevention: How Do We Screen for Alcohol Misuse and Approach to Handle it?</b> Dr. Lo King Yan & Dr. Chan Cho Shan	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Introduction to Leicester Assessment Package (LAP)</b> Dr. Wong Sze Man & Dr. Chen Tsz Ting	Ms. Phoebe Wong Tel: 3949 3079
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Common Radiological Incidental Findings: Significance and Management</b> Dr. Li Yan Lin	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Management in Arrhythmia</b> Dr. Leung Wai Yan, Viola & Dr. Mak Ho Yin, Ronald	Mr. Alex Kwok Tel: 5569 6405
<b>14 Nov 2019 (Thu)</b>			
4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Andropause</b> Dr. Chang Ting Ting & Dr. Tong Ka Hung	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Consultation Skill and Assessment: Video Review</b> Dr. Fong Pak Yiu, Hugo	Ms. W L Kwong Tel: 2595 6941
<b>20 Nov 2019 (Wed)</b>			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>Bereavement &amp; Emergency Care for Psychological Crisis</b> Dr. Ho Ka Ki & Dr. Mak Shen Rong, Sharon <b>Consultation Enhancement (Video Consultation)</b> Dr. Kelly Sara Jane	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Update Management of Hepatological Disease including Hepatitis, Fatty Liver and Approach to Deranged LFT</b> Dr. Ko Pak Long	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Multi-media Conference Room, 2/F, Block S, United Christian Hospital	<b>Common Symptoms in Orthopaedics (LBP, Neck Pain, Shoulder Pain)</b> Dr. Ma Man Ki, Katelyn & Dr. Chang Hsu Wei	Ms. Phoebe Wong Tel: 3949 3079
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Introduction to VMP Service</b> Dr. Jimmy Sy	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>Red Book and Professional Ethics</b> Dr. Wong Chun Kit & Dr. Fung Yat Wang, Andrew	Mr. Alex Kwok Tel: 5569 6405
<b>21 Nov 2019 (Thu)</b>			
4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Mobile Phone App for Community Resources</b> Dr. Fan Siu Wai & Dr. Sze Chung Fai	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>Patient Confidentiality and the Privacy Ordinance</b> Dr. Tai Lok Yin, Nadia	Ms. W L Kwong Tel: 2595 6941
<b>27 Nov 2019 (Wed)</b>			
2:00 – 5:00 p.m.	Conference Room 3, G/F, Block M, Queen Elizabeth Hospital	<b>Smoking Cessation</b> Dr. Li Janice Chun Ying & Dr. Fan Yuen Shan, Patricia	Ms. Emily Lau Tel: 3506 8610
2:30 – 5:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Revisit to Hormonal Replacement Therapy</b> Dr. Lam Ka Wai	Ms. Eliza Chan Tel: 2468 6813
2:30 – 5:30 p.m.	Conference Room, 3/F, Block P, United Christian Hospital	<b>Update on Management of Dementia</b> Dr. Chan Ki Fung, Dickson & Dr. Li Wing Chi, Gigi	Ms. Phoebe Wong Tel: 3949 3079
5:00 – 7:00 p.m.	Lecture Theatre, 5/F, Tsan Yuk Hospital	<b>Journal Club</b> Dr. Matthew Lee	Ms. Cherry Wong Tel: 2589 2337
5:30 – 7:30 p.m.	Seminar Room, 3/F, Li Ka Shing Specialist Clinic, Prince of Wales Hospital	<b>How to Set Up a Private Clinic</b> Dr. Wells Chang & Dr. Tin Yuen Ying	Mr. Alex Kwok Tel: 5569 6405
<b>28 Nov 19 (Thu)</b>			
4:30 – 6:00 p.m.	SB1034, 1/F, Special Block, Tuen Mun Hospital	<b>Revisit to Hormonal Replacement Therapy</b> Dr. Lam Wai Yiu & Dr. Tang Hoi Yan	Ms. Eliza Chan Tel: 2468 6813
5:00 – 7:00 p.m.	Room 041, 2 <sup>nd</sup> Floor, Pamela Youde Nethersole Eastern Hospital	<b>The Role of Nurse Clinic in Family Medicine</b> Ms. Hung Shuk Yee	Ms. W L Kwong Tel: 2595 6941

# COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 <b>Oct</b>	21	22 <b>1:00 – 3:30 p.m.</b> CME Lecture co-organized with HKADA <b>9:00 p.m.</b> Board of DFM Meeting	23 <b>2:00 – 7:30 p.m.</b> Structured Education Programme	24 <b>4:30 – 7:00 p.m.</b> Structured Education Programme	25 <b>1:00 – 3:30 p.m.</b> CME Lecture	26 <b>1:00 – 4:00 p.m.</b> Certificate Course on Geriatric Medicine for Primary Care Doctors <b>2:30 – 5:30 p.m.</b> DFM – Module III Seminar
27 <i>OSCE Exam</i>	28	29	30 <b>2:00 – 7:30 p.m.</b> Structured Education Programme <b>7:15 – 10:00 p.m.</b> CME Dinner Lecture	31 <b>4:30 – 7:00 p.m.</b> Structured Education Programme	1 <b>Nov</b>	2 <b>1:00 – 4:00 p.m.</b> Interest Group in Dermatology <b>2:30 – 5:30 p.m.</b> DFM – Module III Seminar
3 <b>1:00 – 4:30 p.m.</b> Annual Refresher Course	4	5 <b>9:00 p.m.</b> Board of Conjoint Examination Meeting	6 <b>2:00 – 7:30 p.m.</b> Structured Education Programme <b>2:30 – 5:30 p.m.</b> DFM – Module III Seminar	7 <b>4:30 – 7:00 p.m.</b> Structured Education Programme	8	9 <b>1:00 – 4:00 p.m.</b> Certificate Course on Geriatric Medicine for Primary Care Doctors
10 <b>1:00 – 4:30 p.m.</b> Annual Refresher Course	11	12 <b>1:00 – 3:30 p.m.</b> Annual Refresher Course	13 <b>2:00 – 7:30 p.m.</b> Structured Education Programme	14 <b>4:30 – 7:00 p.m.</b> Structured Education Programme <b>1:00 – 3:30 p.m.</b> Annual Refresher Course	15	16 <b>2:30 – 4:30 p.m.</b> Interest Group in Counselling <b>2:30 – 5:30 p.m.</b> DFM – Musculoskeletal Workshop
17 <b>1:00 – 4:30 p.m.</b> Annual Refresher Course	18	19 <b>1:00 – 3:30 p.m.</b> Annual Refresher Course	20 <b>2:00 – 7:30 p.m.</b> Structured Education Programme	21 <b>4:30 – 7:00 p.m.</b> Structured Education Programme <b>8:30 p.m.</b> HKCFP Council Meeting	22	23 <b>2:00 – 4:00 p.m.</b> Interest Group in EBM
24 <b>1:00 – 4:30 p.m.</b> Annual Refresher Course	25	26 <b>1:00 – 3:30 p.m.</b> Annual Refresher Course <b>7:00 – 9:00 p.m.</b> Refresher Course for Exit Examiners (PA Segment)	27 <b>2:00 – 7:30 p.m.</b> Structured Education Programme	28 <b>1:00 – 3:30 p.m.</b> Annual Refresher Course <b>4:30 – 7:00 p.m.</b> Structured Education Programme <b>7:00 – 9:00 p.m.</b> Refresher Course for Exit Examiners (CSA Segment)	29 <b>2:30 – 3:30 p.m.</b> Video Session	30 <b>1:00 – 4:00 p.m.</b> Certificate Course on Geriatric Medicine for Primary Care Doctors <b>2:30 – 5:30 p.m.</b> DFM – Orthopaedic Injection Workshop

## FP LINKS EDITORIAL BOARD 2019

Red : Education Programmes by Board of Education  
Green : Community & Structured Education Programmes  
Purple : College Activities



Back row (from left to right): Dr. Maria Leung, Dr. Chan Man Li, Dr. David Cheng, Dr. Sze Hon Ho, Dr. Leung Lok Hang, Dr. John Tam, Dr. Fok Peter Anthony and Dr. Yip Tsz Hung  
2<sup>nd</sup> row (from left to right): Dr. Eva Tsui, Dr. Heidi Fung, Dr. Sin Ming Chuen, Dr. Anita Fan, Dr. Alvin Chan and Dr. Christina Cheuk  
Front row (from left to right): Dr. Law Tung Chi, Dr. Ken Ho, Dr. Natalie Siu, Dr. Catherine Ng, Prof. Martin Wong, Dr. Natalie Yuen, Dr. Wendy Tsui, Dr. Alfred Kwong and Dr. Judy Cheng

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2871 8899

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