

INSIDE THIS ISSUE

Issue 232 June 2023

01 Message from the President

02 Message from the President (Con't), College News:

03 QA&A Committee News

04 Board of Vocational Training & Standards News

05 家庭醫生的日常

06 DFM 2023-2024

08 News Corner: Flu is coming back – with COVID-19. Get your jab!!!

10 Feature: 石硤尾健康院

12 After Hours: 日本初夏賞花點

12 HKPCC 2023; Membership Committee News

15 HKCFP Trainees Research Fund 2023/ HKCFP Research Seed Fund 2023

16 Board of Education News

20 College Calendar

Message from the President

On 31 May every year, the world comes together to celebrate World Health Organisation's (WHO's) World No Tobacco Day (WNTD). This year's theme is "We need food, not tobacco". The 2023 WHO WNTD campaign aims at promoting the awareness about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops, thereby contributing to the global food crisis. (<https://www.who.int/news/item/26-05-2023-who-urges-governments-to-stop-subsidizing-life-threatening-tobacco-crops>) "Tobacco is responsible for 8 million deaths a year," said Dr. Tedros Adhanom Ghebreyesus, WHO Director-General. "By choosing to grow food instead of tobacco, we prioritize health, preserve ecosystems, and strengthen food security for all." Dr. Ruediger Krech, Director of Health Promotion, WHO said, "Tobacco is not only a massive threat to food insecurity, but health overall."

Not only do the harmful effects of smoking affect the smokers, but also people around them. A recent large scale cross-sectional study conducted locally has shown that second hand smoking is a potential risk factor of short-sightedness in children. Children who were exposed to secondhand smoke had early onset of myopia, and had increased risk of developing more severe refractive errors in their eyes. The research findings suggest that early elimination of second hand smoking is important for preventing the development of myopia among young children. (<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2804781>) As frontline family doctors, we are in an advantageous position to counsel our patients who are smoking to quit



Dr. David Chao speaking on WFDD 2023

the habit. Thank you and please keep up your excellent work in advising patients on smoking cessation.

As mentioned in my previous messages, in December 2022, the Hong Kong Government released the Primary Healthcare Blueprint to formulate the direction of development and strategies for strengthening Hong Kong's primary healthcare system to address the challenges brought about by an ageing population and the increasing prevalence of chronic disease. It also aims to map out the next steps towards establishing a primary healthcare system that can improve the overall health of the public and enhance their quality of life. As stated in the Blueprint, the Government is set to develop a community based primary healthcare system that includes initiatives such as strengthening the registration system of family doctors and facilitating the two-way referral mechanism of District Health Centres (DHCs) with the specialist and hospital services. The Government encourages citizens to set up self-care health plans, download and use the eHealth mobile app, engage a family doctor, and

(Continued on page 2)

Message from the President (Con't)

(Continued from page 1)

register as a DHC member. Family doctors will help the citizens build a healthier life emphasising disease prevention, and chronic disease management.

In support of the World Family Doctor Day (WFDD) this year, the Hong Kong College of Family Physicians (HKCFP) and Hong Kong Health Bureau had jointly held the Family Doctor Promotion Day on 19 May to promote the concept of disease prevention and "Family Doctor For All" at the community level. The event also recognised the significant contributions made by family doctors in tackling public health crises and promoting primary healthcare. Nearly 100 guests from diverse backgrounds comprising stakeholders from public

and private healthcare sectors, patient groups leaders, and representatives from the Department of Health, the Hospital Authority, and District Health Centres (DHCs)/ DHC Expresses attended the event. The video of the event is available at https://www.hkcfp.org.hk/pages_1_2053.html.



QR code for video

Our College representative attended a live Radio Programme 'Healthpedia' of Radio Television Hong Kong in May to promote the WFDD and talked about the important Roles of a Family Doctor. In addition, we also published an article in a local newspaper, the Hong Kong Economic Journal, to highlight this year's theme on the essential roles of a Family Doctor.

Photo sharing on Family Doctor Promotion Day



Dr. David V K CHAO
President

Quality Assurance & Accreditation Committee News

Important news

Please ignore this message if you are a HKAM Fellow, or have already chosen HKAM via College as your MCHK CME administrator.

Dear College Members,

RE: MCHK CME Programme for Practicing Doctors who are not taking CME Programme for Specialists
(Ver. June 2023)

For College members who are new registrants or those who would like to switch their MCHK CME Administrator to Hong Kong Academy of Medicine (HKAM) via College (with current cycle start date 1 July) **starting from 1st July 2023**, they must submit Registration Consent Form to College Secretariat before **27 June 2023 (Thursday)**, and the processing of MCHK CME record will be facilitated accordingly.

Interested members who are currently not registered with HKAM should note the following:

1. MCHK registrants will have to liaise with their current CME Administrator (HKMA, DU, DH) for the necessary procedure in relation to change of the CME Administrator.
2. Change of CME Administrator from 'other CME Administrator' to 'HKAM via HKCFP' can be arranged after **ONE Cycle Year of programme has been completed**, given that HKAM was not the administrator of your previous MCHK CME Cycle.
3. Overseas Conferences: please submit Attendance Record within one month upon completion of the conference.
4. Self-study: please submit details of the programme within one month on completion of the Self-study.
5. Retrospective submission cannot be accredited outside the said time frame. In case of any discrepancy of accredited CME Points between HKCFP and 'other Administrators', the HKCFP has the final decision on the final accredited CME Points.

As our College is required to report the CME Points to HKAM every 6 months, MCHK CME registrants **MUST** sign on the respective MCHK CME attendance record sheet for CME record purposes. **To help the College Secretariat to distinguish College members from others, please identify yourself by entering your HKCFP membership number or simply putting "HKCFP" in the column of HKAM.** MCHK CME record may not be updated if one fails to update MCHK CME Administrator in a timely fashion.

The above arrangement is for our College members only. The required Registration Consent Form can be downloaded at www.hkcfp.org.hk > Downloads > 'Quality Assurance & Accreditation'. Please return the completed form to our College Secretariat at cmecpd@hkcfp.org.hk before the captioned deadline to facilitate the necessary arrangement. As usual, late submissions may not be processed.

Quality Assurance & Accreditation Committee Secretariat

HKCFP QA Programme 2023-25 – Regulation of online CME events

Dear Colleagues,

We would like to remind members for the requirements for **HKCFP CME Accreditation** for **ALL** online CME events **(Effective 1 August 2020)**:

Organizer: Pre-accreditation requirement

- 1) Proper registration procedures and means to verify the identity of participants;
- 2) Appropriate measures to ensure participants' attendance and reasonable participation.
(e.g. Duration of participation and satisfactory completion of a post event quiz, questionnaire or feedback form)

Members: Attendance requirement

- 1) Attend 75% or above of the length of the online session;
- 2) To complete a **post event quiz*, questionnaire OR feedback form** set by organizer.
(* MCQ/ True or False Question; 50% or above corrected answer is required)

Members are reminded **NOT** to attend more than one webinar at the same time, CME/CPD points will not be accredited for duplicate attendance.

For any enquiry please contact our QA&A Secretariat at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr Li Yim Chu

Chairman, Quality Assurance & Accreditation Committee

Board of Vocational Training and Standards News

Announcement: [New release] Self-Directed Education and Critical Appraisal Exercise Form

To 2023 newly enrolled Higher Trainees,

With the endorsement of the Council, the Higher Training Subcommittee has recently reviewed the Self-Directed Education/ Critical Appraisal Exercise form and decided to extract the Critical Appraisal Exercise form as a separate form with implementation from **February 2023**.

Please download and use the new respective forms for the mentioned training activities from **February 2023**. The forms are available at the College website: https://www.hkcfp.org.hk/pages_9_95.html

Higher Training Subcommittee

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete Basic Training,

You are advised to submit the 'Application Form for the Certification of Completion of Basic Training in Family Medicine' and the **original copy** of your training logbook to BVTs for certification of completion of training within 3 months upon the completion date.

If the training logbook is incomplete after review by BVTs, you should complete the training process within 6 months upon the completion date and the completion date of training will only be counted from the time all required documents are handed in to complete the certification and **basic training fee of next year will be charged**.

The above information has already been stated in the IMPORTANT NOTICE and the related forms are available at the college website: https://www.hkcfp.org.hk/pages_9_95.html

Basic Training Subcommittee

Should you have any inquiries, please contact Ms. Kathy LAI at 2871 8899 or email at BVTs@hkcfp.org.hk.

Board of Vocational Training and Standards

Board of Diploma in Family Medicine (DFM) News

The Board of DFM is pleased to announce that the following candidates have successfully passed the Clinical Examination of 21st Diploma Course in Family Medicine 2022-2023..

Dr. BUT Ho Yin Leo	Dr. HUANG Cui Wei	Dr. LI Xiang Hua	Dr. Tjie Nelson	Dr. YAU King Sun*
Dr. CAI Lijuan	Dr. IAN Pui Kuan	Dr. LO Man Kin	Dr. WANG Yu Qi	Dr. YEUNG Emma Yik Tsing
Dr. CHAN Hio Meng	Dr. KAN Junsuo	Dr. MAK Hon Fai	Dr. WEI Kang	Dr. YEUNG Po Kwan Irene
Dr. CHAN Hio Tong	Dr. KWONG Wing Yi	Dr. NG Chui Shan	Dr. WONG Chi Hou	Dr. YU Wing Lam
Dr. CHEUNG Yuen Yan	Dr. LAI Cheuk Hei	Dr. NG lat Hang	Dr. WONG Stanley	Dr. YUEN So San Susana
Dr. CHU Hoi Kuen	Dr. LAO Fei A Sofie	Dr. NG Kam Man	Dr. WONG Wai San	Dr. ZHAN Lijun
Dr. CUI Shanshan	Dr. LEONG Si Man	Dr. PANG Yee Yan Athena	Dr. XIE Xiaofang	
Dr. HO Man Kam	Dr. Li Chun Fai	Dr. TANG Chun Ming	Dr. YANG Jing	

*passing with distinction

Congratulations to all successful candidates!

Dr. Au Chi Lap Simon
Chairman, Board of DFM

The Diary of a Family Doctor【家庭醫生的日常】

找尋共同興趣，定立共同目標

譚仲豪醫生

今天診所來了一對夫婦，五十多歲的陳先生（化名）是病人，而他的太太則是陪診家人。陳先生因高血壓而來診。

在診症過程中，我發現大部分醫生的問題都由陳太太回答。陳太太似乎非常「關心」丈夫的血壓控制，當問及血壓藥是否每天都按時服用，每天早晚的血壓狀況如何，用藥後丈夫身體是否有不適等等時，陳太太的回答迅速又流暢，彷彿已全盤當了丈夫的「代言人」，言語中似乎感受到太太的無微不至，陳太太甚至有定時記錄丈夫身體狀況。我感受到陳太太對丈夫的「關心」已開始到達焦慮的地步。相比之下，陳先生就顯得很沉默，只禮貌地坐在旁邊微笑回應。

面對眼前這對有趣的組合，我會選擇先耐心地「以慢打快」逐一解答太太對丈夫的憂慮，最後再加上一句：「陳太太，我能感受到你對先生的關心，很辛苦你了！現在我想聽聽先生的看法，讓我們先跟他談談吧。」這樣能讓太太心情安頓下來，然後再與陳先生詳談。

我問陳先生：「平時有沒有什麼嗜好或消遣活動呢？我注意到你的體型比較圓潤，有沒有做一些運動來保持健康呢？」

陳太太繼續代答：「沒有啊，他整天都坐在家裡玩手機，只是一直在「捉精靈」，還是同步多部手機玩遊戲那種。他不愛出門。」（我注意到陳先生對於太太透露他的手機習慣似乎有點尷尬。）

我腦海中開始浮現出畫面，沉默了5秒……原來眼前是「遊戲高手」。

我回答：「捉精靈嘛，是不是玩的是寶可夢 Go (Pokémon Go)?」

陳先生打破了沉默：「是啊！」

（**我心想：**「原來如此！看來我們找到了共同話題。」）

我繼續回答：「沒理由啊，玩寶可夢 Go 不需要到外面走嗎？我也有玩，不是要到處走來完成任務嗎？有很多地方都可以去的啊！」

陳先生回答：「我在手機裝了外掛程式，可以不出門就能玩遊戲！」

我回答：「我也是寶可夢之友，不如不要經常使用外掛程式當「飛人」（網上玩家常用術語），這樣就不會被遊戲公司發現作弊，被禁止賬戶了。閒時玩遊戲放鬆心情，我是理解的。但正正式式地抽出時間外出運動也很有趣，你可以把運動結合於遊戲之中，抽時間去抓寶可夢，同時可以嘗試急步行，一舉兩得。你能承諾每天都出去走走嗎？你能照顧好自己的健康的話，這樣你太太也會更放心。」（陳太太對我的回答感到滿意，點頭表示同意。）

是日診症就在歡笑聲中完結。在輕鬆愉快的氣氛中，我終於與一直沉默的陳先生找到了共同話題，和他聊得來了。希望下

次他來診所時，能夠真正地著手做運動，減輕體重，讓自己變得更加健康。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Gift vouchers will be given as token of appreciation if the articles are selected for publication.
Email: FPLinks@hkcfp.org.hk

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Diploma in Family Medicine (HKCFP) 2023 - 2024

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in July 2023.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time study.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario is further divided into several questions covering different areas in general practice

*Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Research, Mental Health, Musculo-skeletal Problems, Evidence Based Medicine & Critical Appraisal

*Module IV – Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialties
Contents:	<u>THREE</u> update seminars plus ONE attachment in selected specialty

*Module V – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

**Modules III – V would be scheduled on Saturday and Sunday afternoons.*

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time study.

July to October 2023	Module I
October to December 2023	Module II
July 2023 to April 2024	Module III, IV & V
May 2024	Final Examination

**The schedule might be affected due to unexpected circumstances and the format might change to online platform if necessary. Announcement would further be made in case there is a change of schedule and/or format.*

5. Admission Requirement:

Registered Medical Practitioner with Bachelor's Degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:

HK\$42,000 for members of HKCFP

HK\$84,000 for non-members

(A discount of HK\$5,000 for early bird applications on or before 31 May 2023)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$5,300	\$10,600
Module II (Distance Learning – Common Problems in Family Medicine)	\$5,300	\$10,600
Module III (Structured Lectures & Seminars)	\$5,400	\$10,800
Module IV (Updates & Clinical Attachment)	\$5,300	\$10,600
Module V (Practical Workshops)	\$6,800	\$13,600
Examination	\$13,000	\$26,000
Administration Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of the Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates upon satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Applications are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee of HK\$42,000 (or HK\$84,000 for non-members) by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2022 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

11. Application Deadline: Extended to 15 July 2023**Comments From Former DFM Graduates**

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge. Module I, II & III could improve my understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Flu is coming back — with COVID-19 Get your jab!!!

Current flu situation in Hong Kong

We had gone through three years without flu surge under the COVID-19 pandemic. Highly likely our local immunity against influenza is much weaker than in the past. Since all the mandatory mask-wearing requirements were lifted from 1 March 2023, figures are showing that our flu season is coming back. In the past month or so we see loads of fever cases with flu symptoms, filling up all our clinics and casualties. Some of our elderly and children had severe complications from influenza in recent month requiring hospitalization, ICU care, and even resulting in death. Centre for Health Protection(CHP) recorded 47 serious flu infections in week 17, and among these cases, 60% did not take the seasonal influenza vaccine. Since the start of influenza season in week 14 (as of 3 May), 198 severe flu cases were reported with 104 deaths.

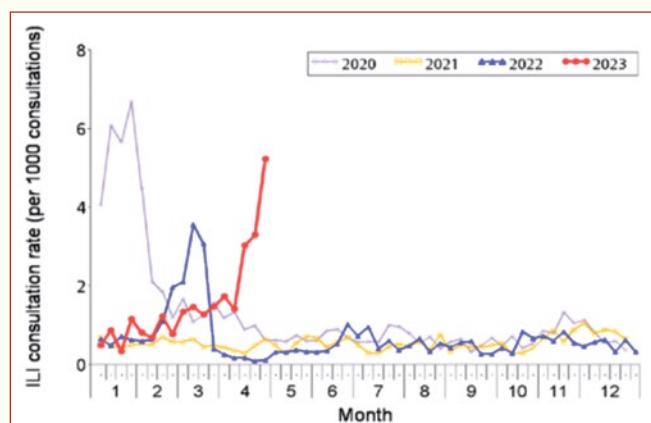


Fig. 1. ILI consultation rates at sentinel GOPC (2020 - 23)

Flurona

“Flurona” is a term named in late 2020 by the Israeli Outbreak Management Advisory Team to describe patients who contract the flu and COVID-19 simultaneously. CHP had established COVID-19 & Flu Express, which is a weekly report produced by Surveillance Division of the Communicable Disease Branch of the Centre for Health Protection. It monitors and summarizes the latest local and global COVID-19 and influenza activity. Unfortunately, so far there is no published local data on Flurona patients in Hong Kong. We should keep an eye on it, locally and globally.

Global influenza trend

Although there is a sharp increase of mainly influenza A (H1N1)pdm09 detections in our locality, decreased detections is noted generally in the northern hemisphere, while some countries in the southern hemisphere reported increased influenza detections in recent weeks.

We need to keep greater vigilance against flu as the global trend is quite dynamic right now.

Flu vaccination

Seasonal influenza vaccination is one of the most effective ways to prevent patients from suffering seasonal influenza and its complications, as well as reducing influenza-related hospitalization and death. We urge our family physician colleagues, both in public or private settings, to recommend all our patients, especially the elderly and the children, to receive the vaccination early.

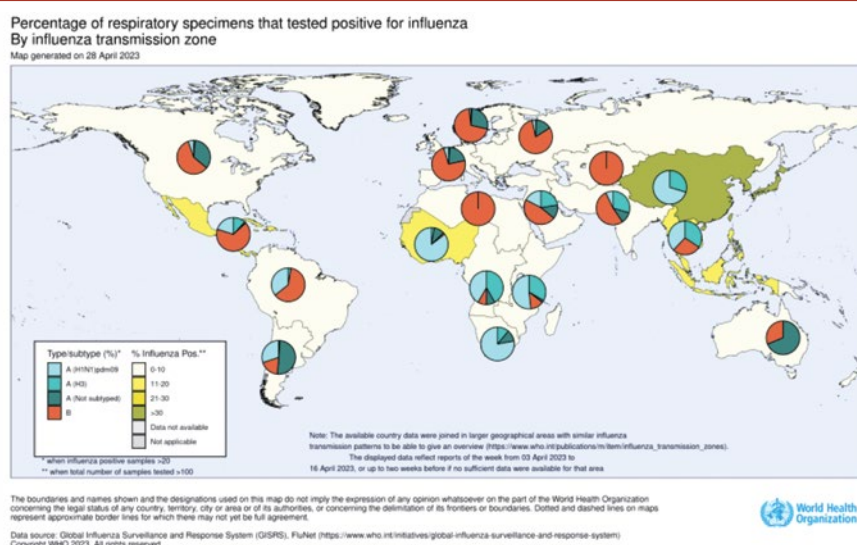


Fig. 2. Percentage of respiratory specimens that tested positive for influenza by influenza transmission zone (Map generated on 28 Apr 2023)

As for vaccine types, inactivated influenza vaccines (IIV), the live attenuated influenza vaccine (nasal vaccine), and recombinant influenza vaccine (RIV) are recommended for use in Hong Kong. Both IIV and RIV are recommended for use in residential care homes. RIV, which may offer improved protection against influenza illness in older adults, is preferred for elderly care home residents when available. Also WHO had announced the upcoming 2023-2024 recommended flu vaccine combination in Northern hemisphere.

Below are WHO's Recommended Flu Vaccine for 2023/2024.

WHO recommends that **quadrivalent** vaccines for use in the 2023-2024 **northern hemisphere** influenza season

Egg-based vaccines

an A/Victoria/4897/2022 (H1N1)pdm09-like virus;
an A/Darwin/9/2021 (H3N2)-like virus; and
a B/Austria/1359417/2021 (B/Victoria lineage)-like virus;
and a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

Cell culture- or recombinant-based vaccines

an A/Wisconsin/67/2022 (H1N1)pdm09-like virus;
an A/Darwin/6/2021 (H3N2)-like virus;
a B/Austria/1359417/2021 (B/Victoria lineage)-like virus;
and a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

WHO recommends that **trivalent** vaccines for use in the 2023-2024 influenza season in the **northern hemisphere**

Egg-based vaccines

an A/Victoria/4897/2022 (H1N1)pdm09-like virus;
an A/Darwin/9/2021 (H3N2)-like virus; and
a B/Austria/1359417/2021 (B/Victoria lineage)-like virus

Cell culture- or recombinant-based vaccines

an A/Wisconsin/67/2022 (H1N1)pdm09-like virus;
an A/Darwin/6/2021 (H3N2)-like virus; and
a B/Austria/1359417/2021 (B/Victoria lineage)-like virus

What is new to us: combined vaccine (Flu + COVID-19)

Several international companies are currently working on developing a combined vaccine. They are using different approaches, such as combining different vaccine technologies or developing a vaccine that targets multiple strains of the flu as well as COVID-19. Of them Novavax is beginning phase two of its trial in Australia and New Zealand since early 2023. The randomized, observer-

blinded trial will assess a combination of Novavax recombinant protein-based COVID-19 vaccine (NVX-CoV2373), quadrivalent influenza vaccine candidate, and saponin-based Matrix-M™ adjuvant. Primary and secondary objectives of the study are to assess the safety, tolerability, and immune responses of various formulations of the COVID-19-Influenza Combination and influenza vaccine candidates. The Phase 2 dose-confirmation trial will be conducted in two parts and seek to enroll a total of approximately 2,300 participants across multiple sites located in Australia and New Zealand. Initial results of the trial are expected to be available in mid-year 2023. This data will inform the Phase 3 trials for both influenza stand-alone and COVID-19-influenza combination candidates. Likely more time is needed for all the companies to produce the new combo shots. We need to have more patience to wait for the good news.

Conclusion

Although WHO Chief has declared on 5 May 2023 an end of COVID-19 as a global health emergency, both influenza and COVID-19 remain to be our public health concerns. As gate keepers in the primary care system, we should continue to promote and encourage our patients to take vaccinations and necessary precautions.

We should recommend our patients and keep educating our public to:

Get the flu vaccine done

Keep hygiene measures

Wisely use of surgical mask in proper occasions

Hope we could stay healthy and keep off from flu and COVID-19!

Reference:

1. <https://www.info.gov.hk/gia/general/202302/28/P2023022800677.htm>
2. <https://www.who.int/news/item/24-02-2023-recommendations-announced-for-influenza-vaccine-composition-for-the-2023-2024-northern-hemisphere-influenza-season>
3. <https://www.chp.gov.hk/en/resources/29/100148.html>
4. <https://www.scmp.com/news/hong-kong/health-environment/article/3217731/uptick-serious-flu-cases-prompts-hong-kong-health-expert-double-down-vaccine-push>
5. <https://www.who.int/publications/m/item/influenza-update-n--444>
6. https://www.news.gov.hk/eng/2023/04/20230419/20230419_124522_858.html
7. <https://www.aha.org/flurona-and-its-impact-flu-season>
8. <https://www.clinicaltrialsarena.com/news/novavax-covid-19-influenza-vaccines/>
9. <https://ir.novavax.com/2022-12-30-Novavax-Announces-Initiation-of-Phase-2-Trial-for-COVID-19-Influenza-Combination-and-Stand-Alone-Influenza-Vaccine-Candidates>
10. <https://www.cbsnews.com/news/flu-covid-combo-shots-not-this-year-fda-official-says/>

Compiled by Dr. Christina Cheuk

石硤尾健康院

孫震幗醫生(九龍西醫院聯網 家庭醫學及普通科門診部副顧問醫生)

坐落於深水埗主教山旁的石硤尾健康院，守護著深水埗街坊的健康超過65年。在這棟樓高兩層的建築物內，承載著無數街坊在這裏求診的足跡。為配合重建計劃，健康院將於明年初暫遷至附近的美禧樓。

作為戰後第一代街症門診，在1953年石硤尾木屋區大火後，約有五萬災民被安置於徙置區，石硤尾健康院於1957年11月落成啟用並服務至今，為深水埗區居民提供基層醫療服務。



建築物上貌似裝飾用的九個圓孔，是上世紀50年代的設計，用來給健康院排氣。

石硤尾健康院是一個小診所，只有兩間醫生房，求診的都是區內的病人為主。由於病人數目不多，每隔兩三個月覆診一次的街坊和診所職員很自然會閑話家常，久而久之變成了朋友一樣互相關心，氣氛也較融洽。可能就是這一種親切感，讓不少年輕時在區內工作的病人，退休之後都會長途跋涉回來覆診。平日診症也會看見不少年過90的長者，異口同聲說在這個診所看病已有幾十年，就是喜歡這裏的環境。



不過對於一眾街坊而言，來石硤尾健康院求診可能是一件「知易行難」的事。無論是走上一段50級的樓梯或慢行上「長命斜」後再接著上15級的樓梯，對病人或陪診者都是一項挑戰。對於一些心肺功能不足，關節問題嚴重，手腳協調較差，或平衡力欠奉的病人來說，確實是舉步維艱。曾經在8號風球或黑雨期間，即使小斜坡已變成小河流，渠蓋被沖至離地彈起，並不足以抵擋一眾街坊排除萬難來求診的熱情和決心。看着大家扶老攜幼，左手緊握著路旁欄杆，右手撐著雨傘，蹣跚地不畏強風，迎着喘急水流，一步逆流而上，心裏不禁為他們抹一把汗。



通往石硤尾健康院的小山坡和樓梯，不少長者和病人都稱之為「長命斜」或「奪命斜」。明年初診所將暫時搬遷至附近美禧樓商場2樓，消息一出，不少長者和病人紛紛表示歡迎。



診所外，讓不少病人望而卻步的50級樓梯。



紅色暴雨期間，診所外的渠蓋被沖至離地彈起，輪椅上的病人無法登上輪椅升降台，結果要改期就診。



2019年7月24日，診所外的鹹水喉突然爆裂，噴出兩層樓高的水柱，不斷湧出的鹹水沿著診所外的斜坡向下流，情況和颱風或暴雨相若。診所職員忙於幫助診所內的病人撤離，當中包括坐輪椅的長者，沿著濕滑的斜坡慢慢地一步一步「倒後行」推落山腳。因應診所上下在事件中及時應變和即時採取相應措施，獲醫管局頒發 instant spot award。



慢慢推着輪椅上的婆婆上斜的非傭和女兒。

對於一些需要坐輪椅的病人，來診所求診更是一項艱巨的任務。負責推輪椅的照顧者必須有強勁的臂彎，相當的腰力和一雙防滑的鞋，頂着病人和輪椅的重量，

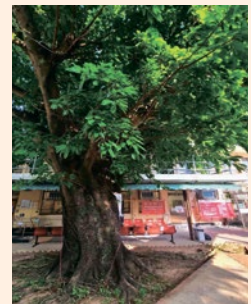
一步一步慢慢推上斜坡。看診後，落斜坡又是另一個難題的開始。如果病人面向前，有機會連人帶椅滾下山，所以照顧者需要「倒後行」，頂着病人和輪椅下墜的地心吸力，慢慢龜速一步一步直至返回平地。有一個坐電動輪椅的病人問起，他如何肯定自己輪椅的馬力足夠上診所斜坡，如果行到一半才發現馬力不

夠，豈非連人帶椅衝落山腳造成交通意外（答案在文章結尾）。曾經有一個70多歲患有慢性高血壓的婆婆，在複診時指著足踝上的石膏，說起受傷經過。原本她想來診所洗傷口，在上斜坡的途中不小心滑倒，造成三踝骨折（trimalleolar fracture），只好坐在馬路旁邊等救護車送往醫院治理，真的禍不單行。

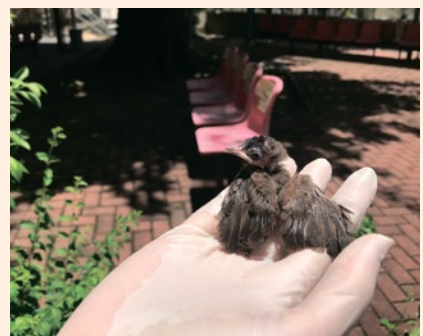
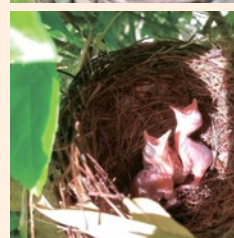
攀上斜坡和樓梯的盡頭，是柳暗花明又一村。診所內有一個小花園，種植着各種樹木，每逢春夏，都會吸引不少雀鳥在園內的樹木築巢和生蛋。花園的中央，有一棵已列入古樹名冊的大葉榕，而羽翼漸豐的幼鳥，會在大榕樹的樹根上學飛。看著一顆小小的鳥蛋，漸漸蛻變成一隻自由飛翔的小鳥，感受到奧妙的新生命帶來希望和力量，就像我們見證着診所的拆卸與重建，在破舊立新的同時，為基層醫療帶來新的發展和冀盼。診所重建期間，這棵像基層醫療一樣，深深紮根在深水埗社區的大葉榕將會保留，繼續守護着街坊的健康，為大家遮風擋雨。未來在原址重建而成的石硤尾健康中心大樓，家庭醫學部將會佔其中五層，提供更多元化和全面的基層醫療服務。期待着日後在新建成的大樓露台外，可以觀賞到這一棵陪伴無數街坊長大的大葉榕。



2018年9月26日，經過颱風山竹洗禮之後的大葉榕，依然屹立不倒。



2022年三至五月期間，石硤尾健康院被列為新冠肺炎指定診所



診所內的一個鳥巢，鳥蛋慢慢孵化成幼鳥，長出羽毛，蛻變成羽翼漸豐的小鳥。

（按：病人如果需要坐電動輪椅上斜坡，第一次上斜，必須有照顧者幫忙在後方幫手輕輕扶著，如果馬力足夠，下次病人便可以安心自己上斜。如果輪椅馬力不夠，照顧者隨時準備好幫忙推上斜。要注意電動輪椅比一般手動輪椅更重，照顧者的體能要求更高。）

日本初夏賞花點

譚仲豪醫生

日本於五月又是百花盛放的時期，我去了幾個賞花好地方，感受一下大自然之美。日本的茨城縣及栃木縣就近東京，自駕遊及鐵道遊均容易到達。今次與各同事分享一下相關的遊記。

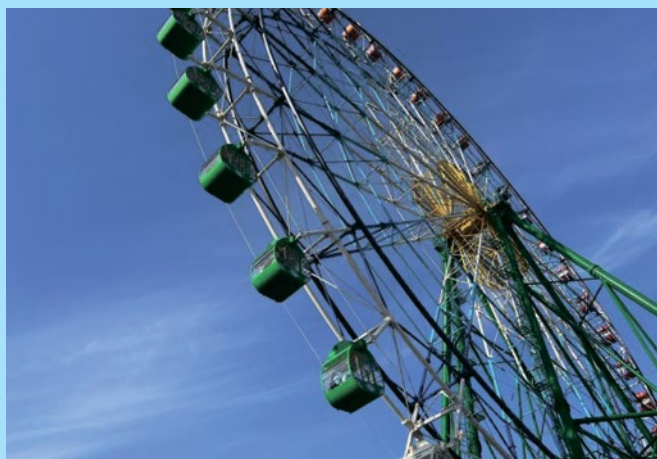
1. 國營日立海濱公園(Hitachi Seaside Park)

茨城縣水戶市有著非常出名的國營日立海濱公園。這個公園佔地200公頃，廣闊的園林裡有各種大規模的花田，而且一年四季都有不同的鮮花盛開。我們趁著五月是藍色粉蝶花盛開的季節，特地來到這裡參觀。我們剛好撞上了日本五月第一個星期的黃金周，所以今天這裡比較多人，跟著入場人群，一路走一路就找到了這一個出名的藍色花山丘，你可以看到一望無際的粉蝶花(Nemophila)，真的非常壯觀。



山丘旁邊就是海邊，所以一路走上山，就會一路受到海風吹拂，非常涼爽。來到山丘的頂部，你就會看到天空、海洋以及粉蝶花一致地以蔚藍色呈現出來，將天地連成了一條線。除了粉蝶花海之外，它旁邊也是一個油菜花田，也是一個非常美麗的拍照打卡地點。

公園的面積真的非常大，我也非常後悔沒有租單車，所以周圍走其實有些累。帶著小朋友來的話，這裡也有一系列的機動遊戲可以玩，而我就繼續把握時間周圍看看附近不同的花園。今天的天氣非常好，可以看到懂得開花的植物都全部開滿了，所以周圍的景色都非常美麗，真的在這裡休息一天非常愜意。如果你走到公園的盡頭，這裡還可以看到沙丘地帶，在這裡散步也是不錯的選擇。



相關官方網站 - <https://hitachikaihin.jp/ct/>

2. 足利花卉公園 (Ashigaka Flower Park)

栃木縣足利市的足利花卉公園每年大約四月中至五月尾，就是紫藤花開花的季節，就會舉辦「大藤節」，讓遊客來這裡觀賞紫藤花 (Wisteria)。這裡曾經在2014年被CNN評選為世界十大夢幻旅遊景點之一，所以是非常著名的地方。公園的入場費是浮動的，視乎當日開花的情況而定，價格是當日清晨定立的，所以你可以在公園的官方網頁上知道當日的入場費和開花的情況。

你可以看到這裡的環境非常優美，有很多種類的花在這裡，不過我們這次的重點就是能夠立刻看到的紫藤樹。這裡的藤樹其實都有段故事，它們是在城市重建的時候小心運送來公園移植的，所以你可以看到告示牌寫著它們經歷了一個「不可能的移植任務」。



在日光的照耀下，你可以看到陽光穿透了紫藤花和樹葉，在微風的吹拂下，你會看到它們在頭頂上搖曳著，非常得意。除了這棵大藤樹之外，附近還有幾棵規模較小的紫藤樹，旁邊也可以找到紫藤隧道，全部都是非常美麗的打卡景點。我們大約下午4:00進入公園，看著看著就到了黃昏時分，你可以看到在不同的光線下，紫藤花都有不同的美麗風景，都是一樣美麗的。隨後大約傍晚六點左右，你會看到這裡點亮了燈，照射著紫藤花，所以在晚上這裡會有更多人來看花。



溫馨提示：在這個紫藤花盛開的季節，通常也會重疊著日本的黃金周假期，所以會有很多當地人來這個公園看花。如果要計劃交通，就一定要預留更多的時間，因為公園附近的火車站和公路交通都會比較繁忙。

相關官方網站 - <https://www.ashikaga.co.jp/chinese/>

3. 那須ハートフルファーム (Nasu Heartful Farm)

栃木縣的那須高原，對於喜歡自駕遊和探索大自然的朋友們來說，這裡是一個不錯的旅遊勝地，那須ハートフルファーム。



一到這裡就看到了山羊們在大道旁歡迎我們。網上說這個農場夏天會盛開向日葵，但在五月的今天，迎接我們的是大約500條兒童節鯉魚旗。現場的場面非常壯觀，這是我第一次看到這麼大規模的鯉魚旗裝置，而且鯉魚旗還非常大，不僅是兒童，就連我這個超齡兒童也非常開心。遊客還可以走進田間，在鯉魚旗中間拍照。鯉魚旗裝置旁邊是一大片油菜花田，金黃色，農場還搭建了一些臨時高台，讓你可以在上面欣賞整個花田的全景，令人心身愉悅。



相關官方網站 - <https://www.nasu-heartful-farm.com/>
利申：本文章並非廣告，純粹個人遊記分享。

"Submissions of articles to After Hours with up to 500 words are always welcome. Gift vouchers will be given as a token of appreciation if the articles are selected for publication. Email: FPLinks@hkcfp.org.hk"




**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

(Supported by HKCFP Foundation Fund)



E-Poster



Virtual Booth

Flourishing Primary Care: Family Doctor for Everyone

23 - 25 June 2023
(Friday - Sunday)

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **April - May 2023**:

New Applications

Associate Membership

Dr. DAI Yi Pui	戴 伊 珮
Dr. LUK Jing Si	陸 靜 思
Dr. POON Lai Wa	潘 麗 華

Dr. YEUNG Tsz Wai William

楊 子 衛

Transferral

Transfer to Non-HKSAR Fellowship

Dr. SIU Lok Man

蕭 洛 雯

HKCFP Trainees Research Fund 2023 / HKCFP Research Seed Fund 2023

The Research Committee of HKCFP is pleased to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$20,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of HK\$25,000 award will be made to the successful applicant to assist the conduct of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

*****Please note that each applicant can only apply either one of the above Funds*****

Assessment Criteria for both funds:

1. Academic rigor of the research project (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
by post or by email: research@hkcfp.org.hk

Please indicate the research funding title e.g. “**HKCFP Trainees Research Fund 2023**” or “**HKCFP Research Seed Fund 2023**” on your research project upon submission.

Submission Deadline: 25th October 2023

Supported by HKCFP Foundation Fund

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2023

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : HKCFP Wan Chai office, Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2023
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$4,000 (Whole course)
 HK\$1,000 (Spot admission for each seminar or workshop only)
 All cheques payable to **"HKCFP Education Ltd"**
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Application form is available at College website:
http://www.hkcfp.org.hk/pages_9_463.html
 Please return the completed application form and the cheque to the Secretariat for processing. Please contact the Secretariat, Ms. Teresa Liu or Ms. Windy Lau by email to education@hkcfp.org.hk or call 2871 8899 for details. Successful applications will be informed by email later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** :
 1. Post-AEC training course (optional) will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.
 2. **Announcement will be made in case there is a change of schedule and/or format.**

Assessment Enhancement Course 2023 Timetable for Workshop

Date	Topics	Venue
29 April 2023 (Sat) 2:30 – 5:30 p.m.	Introduction	Room 802, Duke of Windsor Social Service Building, Wan Chai, Hong Kong
27 May 2023 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints	
17 June 2023 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication	
22 July 2023 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	
26 August 2023 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	
23 September 2023 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

Face to Face Seminar

Date and Time	Venue	Topic	Speakers and Moderators
18 Jul (Tue) 1:00 – 3:00 p.m.	Maggie Ballroom, 2/F, Eaton Hotel, 380 Nathan Road, Jordan, Kowloon	Knee pain “in and out” <i>Sponsored by DKSH Hong Kong Limited.</i>	Dr. Yeung Yuk Nam, Raymond <i>Specialist in Orthopaedics and Traumatology</i>

QR Code for registration



Admission Fee:

College Fellow, Full, or Associate Members:	Complimentary (\$50 Enrollment deposit is required)
Other Categories of Members:	HK\$ 550.00
Non – members:	HK\$ 650.00

Accreditation :

18 Jul : 1 CME Point HKCFP (Cat. 4.3)
1 CME Point MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topics
30 June (Fri) 2:30 – 3:30 p.m.	“The European Society of Cardiology (ESC) Update and Resistant Hypertension” BY Dr. Hung Yu Tak
28 July (Fri) 2:30 – 3:30 p.m.	“Beyond Ordinary Headache: Chronic Migraine Treatment and Prevention” by Dr. Fok Wai Ming

QR Codes for registration

30 June 2023 (Fri)

28 July 2023 (Fri)



Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes : Online Events

1. In case of over-subscription, the organizer reserves the right of final decision to accept registration.
2. The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
3. Please note you can just attend **ONE** CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
4. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
5. **Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
6. Please be reminded to check the system requirements beforehand to avoid any connection issues.
7. Due to copyright issue, please note private recording of the lecture is prohibited.
8. Registration will be closed 3 days prior to the event.



香 港 大 學

THE UNIVERSITY OF HONG KONG

Applications are invited for appointment as **Non-Tenure Track Clinical Associate Professor/Clinical Assistant Professor in the Department of Family Medicine and Primary Care, School of Clinical Medicine** (Ref.: 519819), to commence as soon as possible, on a four-year fixed-term basis, with the possibility of renewal.

The Department of Family Medicine and Primary Care aims to produce doctors to practise medicine of the highest standard and in the best interests of their patients and the community, and to inspire them to strive for and achieve academic excellence. It is the mission of the Department to promote quality primary care through education, patient-centred service and research in family medicine.

Applicants should possess a primary medical qualification registrable with the Medical Council of Hong Kong and a higher qualification in general practice/family medicine, and preferably a FHKAM (Family Medicine) or equivalent specialist qualification. They should demonstrate excellence in clinical services; have a strong commitment and experience in undergraduate teaching; and exhibit the capacity and potential in research. They should also be fluent in both English and Cantonese although teaching, research and professional activities are conducted in English.

The appointee is expected to participate in the planning and delivery of undergraduate and postgraduate medical education programmes in Family Medicine; conduct clinical research; develop and provide clinical services in primary care in the HKUMed affiliated hospitals and clinics including the HKU-Shenzhen Hospital; and contribute to administrative duties in the Department, Faculty and University. Information about the post can be obtained from Professor Cindy Lam at cklam@hku.hk. Applicants who have responded to the previous advertisement (Ref.: 517449) need not re-apply.

A highly competitive salary commensurate with qualifications and experience will be offered, in addition to annual leave and medical benefits. At current rates, salaries tax does not exceed 15% of gross income. The appointment will attract a contract-end gratuity and University contribution to a retirement benefits scheme, totaling up to 15% of basic salary. A monthly cash allowance will be offered to the successful candidate. Housing benefits will also be provided as applicable.

The University only accepts online application for the above post. Applicants should apply online at the University's career site (<https://jobs.hku.hk>) and upload an up-to-date curriculum vitae including a publication list highlighting their best papers. Review of applications will start from May 1, 2023 and continue until **June 30, 2023** or until the post is filled, whichever is earlier.

*The University is an equal opportunities employer
and is committed to equality, ethics, inclusivity, diversity and transparency*

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 05 July 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Vocational Training Program for Family Medicine in Hong Kong Dr. Lee Pak Lik	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	1) Introduction of FM 2) Introduction of International Classification of Primary Care (ICPC) Coding 1) Dr. Ho Ka Ming 2) Dr. Yeung Pui Sze	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Primary Health System Model Dr. Fung Elaine	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Introduction to FM Dr. Leung Shuk Yun	Ms. Verica Wong Tel: 5569 6405
Thursday, 06 July 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Real-Life Encounters: Exploring Common Mental Health Disorders through Case Studies in Primary Care Clinics Dr. Zhang Dingzuan & Dr. Feng Longyin	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 12 July 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Introduction and Application of FM Principles Dr. Lee Wai Chun	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Lecture Theatre, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: Ear and Video Consultation) Dr. Cheung Ada See Wai & Dr. Peng Xu	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Updates on Clinical Management of Asthma and COPD in Primary Healthcare Dr. Fung Siu Leung	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Anxiety Disorder and OCD Dr. Ge Shicong George & Dr. Ng Ka Wai Will	Ms. Verica Wong Tel: 5569 6405
Thursday, 13 July 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Management of Heart Failure in Primary Care Dr. Chiu Kwan Ki & Dr. Chan Ham	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 19 July 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Providing Solace in Times of Grief: The Role of Bereavement Consultation by Family Physician Dr. Ng Wing Hin	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Update of Management of Osteoporosis Dr. Wong Wei, Wade & Dr. Lai Siu Tung	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Care of Patient with LUTS Dr. Ng Ada	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Management of Knee Pain Dr. Yung Lok Yee Louise & Dr. Chow Chau Yi Charlie	Ms. Verica Wong Tel: 5569 6405
Thursday, 20 July 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Management of Eating Disorder and Sleeping Disorder Dr. Woo Tiffany & Dr. Tang Kin Sze	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 26 July 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Primary Health Care Services in Hong Kong: An Overview of the System and Delivery Models Dr. Wan Kwong Ha	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Introduction to Epidemiology and Importance to Public Health Professor Shelly Tse	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Trainee Feedback - Review on Contents of Family Medicine Dr. Chou Stephen	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Acute Surgical Condition (Acute Abdomen, Pleural) Dr. Chau Queena & Dr. Chan Hei Wai Venus	Ms. Verica Wong Tel: 5569 6405
Thursday, 27 July 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Updates on Cervical Cancer Screening and Prevention Dr. Chan Chi Ho & Dr. Leung Hor Yee	Ms. Eliza Chan Tel: 2468 6813

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 Jun HKPCC 2023 HKCFP Conferment Ceremony	26	27	28 2:30 – 7:00 p.m. Structured Education Programme 6:30 – 9:30 p.m. CME Lecture	29 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	30 2:30 – 3:30 p.m. Video Session	1 Jul
2	3	4	5 2:30 – 7:00 p.m. Structured Education Programme	6 4:00 – 6:00 p.m. Structured Education Programme	7	8
9	10	11	12 2:30 – 7:00 p.m. Structured Education Programme	13 4:00 – 6:00 p.m. Structured Education Programme	14	15
16	17	18 1:00 – 3:00 p.m. CME Lecture 8:15 p.m. DFM Introductory Seminar	19 2:30 – 7:00 p.m. Structured Education Programme	20 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	21	22 2:30 – 5:30 p.m. Assessment Enhancement Course
23	24	25	26 2:30 – 7:00 p.m. Structured Education Programme	27 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	28 2:30 – 3:30 p.m. Video Session	29 2:30 – 5:30 p.m. DFM Consultation Skills Workshop 1
30	31	1	2 2:30 – 7:00 p.m. Structured Education Programme	3 4:00 – 6:00 p.m. Structured Education Programme	4	5 2:00 – 4:00 p.m. Interest Group in Medical Humanities

FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education
 Green : Community & Structured Education Programmes
 Purple : College Activities



FP LINKS EDITORIAL BOARD

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