

INSIDE THIS ISSUE

Issue 233 July 2023

- | | | | |
|---|---|---|---|
| <p>01 Message from the President</p> <p>04 Photo Gallery: The 36th Hong Kong College of Family Physicians Conferment Ceremony and the 33rd Dr Sun Yat Sen Oration</p> <p>09 College News: Board of Conjoint Examination News</p> | <p>10 Board of Vocational Training & Standards News; Meeting Highlights</p> <p>11 Specialty Board News; 家庭醫生的日常</p> <p>12 Family Doctors Column: Health Literacy</p> | <p>14 News Corner: Role of Family Physicians in Management of Psychotic Patients</p> <p>14 College News: Membership Committee News</p> <p>15 HKCFP Trainees Research Fund 2023 / HKCFP Research Seed Fund 2023</p> | <p>16 Photo Gallery: Hong Kong Primary Care Conference 2023 - "Flourishing Primary Care: Family Doctor for Everyone" on 23rd - 25th June 2023</p> <p>19 Board of Education News</p> <p>24 College Calendar</p> |
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Congratulations to the following members of the College who received the award from the Chief Executive of Hong Kong SAR this year in recognition of their contributions to serving the community.

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| 2023 Chief Executive's Commendation for Community Service | Dr. CHAO Vai-kiong, David |
| 2023 Chief Executive's Commendation for Government/Public Service | Dr. FAN Yuen-man, Cecilia, J.P. |
| 2023 Chief Executive's Commendation for Government/Public Service | Dr. LAU Kin-sang, Kinson |

Message from the President

The Hong Kong College of Family Physicians' 36th Fellowship Conferment and Diploma Presentation Ceremony, and the 33rd Dr. Sun Yat Sen Oration have been held successfully on 25th June, 2023 at the Hong Kong Academy of Medicine Building. This year, I have the great honour of welcoming Dr. Nicole Higgins, the new President of the Royal Australian College of General Practitioners, who has travelled all the way from Australia to join our Conjoint Fellowship Conferment Ceremony. We have had plenty of opportunities to discuss, share, and exchange ideas on how to further enhance the roles of general practice in our localities. I am most grateful towards Dr. Higgins for giving her full support towards further strengthening the collaborations between our two Colleges, in enhancing the quality of Family Medicine education, training and assessment. I look forward to continue working closely with Dr. Higgins and the RACGP and wish the RACGP every success in the forthcoming WONCA World Conference to be held from 26th – 29th October 2023 in Sydney, Australia.

We have been most privileged to have Dr. Libby Lee, Under Secretary of Health, Health Bureau, Hong Kong SAR as our 33rd Dr. Sun Yat Sen Orator delivering her Oration entitled "Reform on the Road". Dr. Lee shared with us her thoughts about healthcare systems and health status in developed



Dr. David Chao (left) presenting Dr. Sun Yat Sen Oration Certificate to Dr. Libby Lee (right)

countries as well as that in our locality. Ageing and chronic diseases are becoming more challenging to handle and they are putting our local healthcare system under increasing strains. Dr. Lee reiterated the important role of primary healthcare and emphasised the central role of family physicians in the Primary Healthcare Blueprint as well as pointed out healthcare financing is an essential area to ponder upon. Dr. Lee also pointed out the importance of professionalism and the key elements required to support professionalism. Dr. Lee has kindly agreed to have her Oration published in a future issue of our College journal, the Hong Kong Practitioner. Do stay tuned for the full article for more details.

(Continued on page 2)

(Continued from page 1)



Dr. Nicole Higgins (left) visiting Victoria Harbour of Hong Kong with Dr. David Chao (right)

Once again, I would like to congratulate our new Conjoint Fellows, successful candidates of the Exit Examination and Diplomates of Family Medicine for their great achievements as their hard work and dedications over the years have been duly recognised.

I would like to take this opportunity to thank the ongoing support from the Royal Australian College of General Practitioners (RACGP) towards our Family Medicine vocational training programme and the Conjoint Fellowship Examination; the Government for the continuing support in the further development of primary care services and training; WONCA and colleagues from around the globe for the friendship and promotion of Family Medicine; the Universities for Family Medicine education, research and development; and the Hospital Authority, the training centres in the private sector, the Academy of Medicine and sister Colleges for supporting our Family Medicine vocational training.

Riding on the opportunities provided by the recent launching of healthcare reform and Primary Healthcare Blueprint announced by the Government, we have organised the Hong Kong Primary Care Conference 2023 entitled, "Flourishing Primary Care: Family Doctor for Everyone" from 23rd – 25th June, 2023. Indeed, we have great pleasure in bringing together international and local experts, Family Doctors, nurses, allied health professionals, and other primary care providers in sharing their expertise and experiences during the recent Conference. The Scientific Programme has been richly packed with plenaries and seminar sessions, including hot topics on the role of Family Doctors in primary healthcare development, challenges related to primary care

practice, chronic disease management, preventive care, use of technology and innovation, medical social collaboration, clinical updates, and a variety of practical workshops. The full research paper competition, clinical case competition, e-posters and e-booths exhibitions have been quite popular.



Officiating Guests at Opening Ceremony of HKPCC 2023 (from left to right) Prof. Cindy Lam, Prof. Samuel Wong, Dr. Pang Fei-chau, Dr. David Chao, Prof. Donald Li & Dr. Lorna Ng

The Health Bureau recently launched the Vibrant, Healthy and Tobacco-free Hong Kong public consultation on future tobacco control strategies (<https://www.info.gov.hk/gia/general/202307/12/P2023071200455p.htm>). Professor Lo Chung-mau, the Secretary for Health, stated in the launching that there were nearly 600 000 daily smokers in Hong Kong, with one out of every two smokers aged 50 or above. Moreover, it has been noted that the actual number of female smokers is on the rise and over 7 per cent of secondary school students have been tempted to smoke. Therefore, it is high time to further enhance the tobacco control policy so that the advertising effect and appeal of tobacco products can be more effectively reduced, preventing the public, especially young people, from smoking out of curiosity. A consultation document (available at the thematic website www.tobacco-free.gov.hk) has been drawn up by the Government. The document highlights four strategies including, 1. Regulate Supply, Suppress Demand; 2. Ban Promotion, Reduce Attractiveness; 3. Expand No Smoking Areas, Mitigate Harm; and 4. Enhance Education, Support Cessation. The public are invited to express their opinions on the enhanced tobacco control work to be implemented in the near future, via the online questionnaire available on the thematic website (www.tobacco-free.gov.hk) and the consultation period is open till 30th September, 2023. Do give your views for a better tobacco control policy!

Dr. David V K CHAO
President

HKSH MEDICAL GROUP LI SHU PUI SYMPOSIUM 2023 CONTEMPORARY TUMOUR MANAGEMENT



Date: Sunday, 3 September 2023

Venue: Ballroom, JW Marriott Hotel Hong Kong & via Webinar

Language: English with Simultaneous Interpretation in Putonghua via Webinar

08:50 – 09:00	Welcome	Dr. Walton LI
09:00 – 09:30	Keynote Lecture: PET: FDG, Acetate and What More	Dr. Garrett HO
Symposium 1 Advances in Oncology		Chairperson Dr. James CHIM Dr. Catherine WONG
09:30 – 09:45	MRI Image Guided Radiation Therapy in Prostate Cancer	Dr. Darren POON
09:45 – 10:00	Targeted Therapy in Breast Cancer	Dr. KWAN Wing Hong
10:00 – 10:15	Cellular Therapy for Cancer	Dr. Edmond MA
10:15 – 10:30	Immunotherapy in Urological Cancer: Where Are We?	Dr. YAU Chun Chung
10:30 – 10:45	Discussion	
10:45 – 11:00	Break	
Symposium 2 Proton Radiotherapy		Chairperson Dr. Thomas LEUNG Dr. Sam WU
11:00 – 11:15	Basic Concept of Proton Radiotherapy	Dr. Rico LIU
11:15 – 11:30	Proton vs Photon Radiotherapy	Dr. Daniel CHUA
11:30 – 11:45	HKSH Preliminary Experience of Proton Radiotherapy	Dr. Stephen LAW
11:45 – 12:00	Proton Radiotherapy in Paediatrics	Dr. Amy CHANG
12:00 – 12:10	Discussion	
12:10 – 13:00	Li Shu Pui Lecture MR-Guided Radiotherapy: A New Standard of Care?	Chairperson Dr. Darren POON Dr. Percy LEE
13:00 – 14:00	Lunch	
Symposium 3 Advances in Surgical Oncology		Chairperson Dr. Steve CHAN Dr. Ambrose HO
14:00 – 14:15	Breast Cancer – Is It in the Genes?	Prof. Ava KWONG (HKU)
14:15 – 14:30	Ovarian Cancer: Surgery and Perioperative Treatment	Dr. Hextan NGAN
14:30 – 14:45	Neurosurgeon's View on Precision Radiation	Dr. YU Chung Ping
14:45 – 15:00	Role of Robotic Surgery in Prostate Cancer	Dr. WONG Wai Sang
15:00 – 15:10	Discussion	
15:10 – 15:40	Royal College of Surgeons of Edinburgh Presidential Lecture Communication with Cancer Patients	Prof. Michael GRIFFIN (Introduction by Prof. Rowan PARKS, President RCSEd)
15:40 – 16:00	Break	
Symposium 4 GP Forum		Chairperson Dr. WONG Kar Yin Dr. Michael KAM
16:00 – 16:15	Cancer in Children	Dr. Godfrey CHAN
16:15 – 16:30	Psychological Support for Cancer Patient	Dr. Peter LEE, Ph.D.
16:30 – 16:45	Telemedicine in Primary Care: Pros and Cons	Dr. Judy CHENG
16:45 – 17:00	Dental Prosthetics Reconstruction After Cancer Surgery	Dr. Adrian SETO

Supporting Institute

**Content is subject to change without prior notice*



REGISTRATION IS ON A FIRST COME, FIRST SERVED BASIS
Registration: 21 July 2023 to 21 August 2023 or Once the Quota is Full

Reserve your place at www.hksh.com/lsp2023

CME Accreditation by Various Colleges Pending | CNE 5.5 Points | CPD (Allied Health) 1 Point
For Medical Professionals Only



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The 36th Hong Kong College of Family Physicians Conferment Ceremony and the 33rd Dr Sun Yat Sen Oration

Dr. Ko Wai Kit, Welchie

Chairman, Internal Affairs Committee, HKCFP

The 36th Fellowship Conferment Ceremony of the Hong Kong College of Family Physicians (HKCFP) and the 33rd Dr Sun Yat Sen Oration was successfully held on 25 June 2023 (Sunday) at the Hong Kong Academy of Medicine Building in Wong Chuk Hang.

As one of the most important events of the College, we are honoured by the presence of government officials, representatives from universities, sister colleges from overseas, Hong Kong Academy of Medicine and local specialty colleges for their participation in celebrating the joyful success of our Conjoint Fellows and our successful candidates in Exit Examination and Diploma in Family Medicine (DFM) in this auspicious occasion.

The ceremony was declared officially opened by Our College President, Dr. David Chao, after the introduction of the Official Platform Party made by our Public Orator, Dr. Li Yim Chu. Dr. Nicole Higgins, President of the Royal Australian College of General Practitioners (RACGP) also represented our Australian sister College to give a welcoming speech as well and to confer the new Fellows of RACGP.

This year, there were 41, 30 and 12 doctors conferred as HKCFP Fellows, RACGP Fellows and RACGP International Conjoint Fellows respectively; 24 and 38 doctors awarded the Exit Examination Certificate and Diploma in Family Medicine correspondingly. Congratulations and a warm welcome to you all again for joining our family as fellows and specialists in Family Medicine. Presentation of various awards were also done on stage. The ceremony was concluded by Dr. Libby Lee, Under Secretary for Health, Health Bureau of the Hong Kong Special Administrative Region, who delivered the inspiring 33rd Dr. Sun Yat Sen Oration titled "Reform on the Road".

All these would not have happened without the most efficient secretariat support led by Ms. Erica So, especially Ms. Teresa Liu, Ms. Windy Lau and Ms. Alky Yu and a tremendous helpers' team to ensure the smooth running of the occasion, including the Coordinator, Dr. Edmond Chan; the Marshalling Officers, Dr. Chan Man Li, Dr. Thomas Dao, Dr. Christina Cheuk and Dr. Matthew Lam; the Ushers, Dr. Edwin Chan, Dr. Stephen Chou and Dr. Jenny Wang. We would like to thank all new fellows, diplomates, awardees and College officials who stayed behind for the group photo taking session after the ceremony.



Dr. David Chao, President of HKCFP (left) with Dr. Nicole Higgins, President of RACGP (right)



From left to right: Dr. Ng Yeung Shing, Dr. Chan Hung Chiu, Dr. Lee Hung Fai, Dr. David Chao, Dr. Libby Lee, Dr. Angus Chan, Dr. Lau Ho Lim, Dr. Chan Yiu Cheung, Dr. Stephen Foo, Dr. Eric Hui and Dr. Jason Chan



Prof. Donald Li (left) with Prof. Lau Chak Sing (middle) and Prof. Gilberto Leung (right)



From left to right: Dr. Chan Hung Chiu, Dr. Angus Chan, Dr. Ng Chun Kong, Dr. Ruby Lee, Dr. Stephen Foo, Dr. David Chao, Dr. Ronald Lam, Dr. Lau Ho Lim, Dr. Wendy Tsui and Dr. Matthew Luk



From left to right: Dr. Emily Yeung, Prof. Rosie Young and Prof. Cindy Lam



Dr. Cissy Choi (left) with Dr. Eric Hui (right)



From left to right: Dr. Wendy Tsui, Dr. Johnny Chan, Dr. Pang Fei Chau and Dr. Ng Chun Kong



Platform, procession and VIP guests taking a group photo



Dr. David Chao (left) with Dr. Chan Yiu Cheung (right)



Dr. Billy Chiu (left) with Dr. David Lam (right)



Dr. David Chao (left) with Dr. Deacons Yeung (right)



Dr. Simon Ho (left) with Dr. Alexander Chan (right)



From left to right: Dr. Simon Au, Dr. Maria Leung, Dr. Allan Ngan and Dr. Chan Kai Tai



From left to right: Dr. Ngai Chi Man, Prof. Simon Lam and Prof. Samuel Wong



From left to right: Dr. Li Yim Chu, Dr. Lam Wai Cheung and Dr. Alta Lai



Dr. Lee Hung Fai (left) with Dr. Matthew Luk (right)



From Left to right: Dr. Matthew Luk, Dr. Lorna Ng, Dr. Ken Ho, Dr. Peter Anthony Fok



From left to right: Dr. King Chan, Dr. Thomas Dao, Dr. Esther Yu

PHOTO GALLERY



Dr. Lau Ho Lim (left) with Dr. Cecilia Fan (right)



From left to right: Dr. Lorna Ng, Dr. Ng Yeung Shing and Dr. Welchie Ko



From left to right: Dr. Matthew Luk, Dr. King Chan, Dr. Marcus Wong and Dr. Billy Chiu



Group photo of platform guests on stage



Dr. David Chao delivering the welcoming speech on behalf of HKCFP



Dr. Nicole Higgins addressing the congregation on behalf of RACGP



Dr. David Chao (left) and Dr. Nicole Higgins (right) exchanging souvenirs on stage



Dr. Wong Hiu Yeung (left) receiving the Dr. Peter C.Y. Lee Best Candidate Award in Fellowship Examination 2022 from Dr. David Chao (right)



Dr. Wong Man Ho (left) receiving the Outstanding Candidate Award in Exit Examination 2023 from Dr. David Chao (right)



Dr. Emily Tse (left) receiving the Best Research Award 2022 from Dr. David Chao (right)



Dr. Ng Ngai Mui (left) receiving the Best Trainee Research Award 2022 from Dr. David Chao (right)



Dr. Wong Ching Keung (left) receiving the Research Fellowship Award 2023 from Dr. David Chao (right)



Dr. Yau King Sun (left), the Outstanding DFM candidate receiving the certificate from Dr. David Chao (right)



Dr. Libby Lee, delivering the 33rd Dr. Sun Yat Sen Oration



Dr. David Chao (left) presenting the Dr. Sun Yat Sen Oration certificate to Dr. Libby Lee (right)



Dr. Marcus Wong (4th from the right) taking a group photo with graduates from the Hong Kong East Cluster



Dr. Welchie Ko (2th from the left, front row), Prof. Cindy Lam (2nd from the right, front row) and Dr. Wendy Tsui (1st from the right, front row) taking a group photo with VIP guests, graduates, research winner and colleagues from the Hong Kong West Cluster



Dr. Ken Ho (2nd from the left), Dr. Li Yim Chu (2nd from the right) and Dr. King Chan (1st from the right) taking a group photo with graduates and colleagues from the Kowloon Central Cluster



Dr. Deacons Yeung (4th from the left) and Dr. David Chao (5th from the right) taking a group photo with VIP guests, graduates and colleagues from the Kowloon East Cluster



Dr. Edmond Chan (4th from the right, front row) and Dr. Peter Anthony Fok (middle, front row) taking a group with graduates and colleagues from the Kowloon West Cluster



Dr. Eric Hui (1st from the left, front row) and Dr. Maria Leung (2nd from the left, front row) taking a group photo with VIP guests, graduates and colleagues from the New Territories East Cluster

PHOTO GALLERY

Dr. Ng Yeung Shing
(6th from the left)
taking a group photo
with graduates,
research winner
and colleagues from
the New Territories
West Cluster



Council
members
and VIP
guests
taking
a group
photo
with new
FHKCFP &
FRACGP/
ICFRACGP



Council
members
and VIP
guests taking
a group photo
with Exit
graduates



Council
members
and VIP
guests
taking
a group
photo
with DFM
graduates



Dr. Li Yim Chu (4th from the right, Public Orator) and Dr. Edmond Chan (middle, coordinator of the ceremony) taking a group photo with Conferment helpers

From left to right: Dr. Christina Cheuk, Dr. Thomas Dao, Dr. Stephen Chou, Dr. Jenny Wang, Dr. Edmond Chan, Dr. Li Yim Chu, Dr. Edwin Chan, Dr. Jason Chan and Dr. Matthew Lam

Board of Conjoint Examination News

Report on OSCE 2023 Information Seminar for candidates

The Information Seminar on OSCE segment was held on 18 June 2023. A total of 31 candidates (Cat I: 26, Cat II: 5) and members from the Board – including the Chairman, the OSCE Coordinator, the Deputy OSCE Coordinator and the secretarial staff attended the seminar.

The seminar started with a warm welcome by our Chairman, Dr. Chan Hung Chiu, who first introduced the concept and expectations of our Conjoint Examination. He then explained the various measures undertaken by the Board to ensure the examination is fair, reliable and valid to all the candidates.

Dr. Loretta Chan (OSCE Coordinator) presented information concerning the examination. One candidate, Dr. Yu Kwun Nam, was invited to participate in an 8-minute sample case and Dr. Fu Sau Nga (Deputy OSCE Coordinator) assisted in the role-playing scenario.

We presented the marking scheme and went through the setting of the domains of the case. We also explained the marking rationale behind using essential marking points to divide between pass and fail for a particular domain in each question. The candidates were invited to mark the scenario by polling and express their comments. They were given a chance to understand how to assess a particular domain and how to achieve the pass criteria in each domain.

Dr. Wong Hiu Yeung, the winner of the Dr. Peter C. Y. Lee Best Candidate Award in last year's Conjoint Examination, was also invited to share his personal experience with the candidates.

On the whole the atmosphere was friendly and the candidates were enthusiastic. Feedback forms were distributed and their feedback was positive. Looking at the feedback statistics, most candidates benefited from this seminar and found it very useful. The majority of attendees agreed that the seminar helped their OSCE preparation, and provided useful information regarding how their performance will be assessed.

In summary, the afternoon was fruitful for both the candidates and board members. It is hoped that the additional information provided to the candidates will help translate their hard work into success in the coming examination!

OSCE 2023 Information Seminar



Presentation by Chairman – introducing the concept and expectations of Conjoint Examination



Presentation by OSCE Coordinator – information concerning the examination and case demonstration



Sharing by Conjoint Exam 2022 Best Candidate



Case Demonstration

Board of Vocational Training and Standards News

Announcement

To all Basic trainees,

With the endorsement of the Council, the Board now announce the following changes with immediate effect:

Basic trainees must record and submit the learning portfolio **six monthly** by email to BVTs@hkcfp.org.hk during community-based training (1st, 7th, 13rd, 19th months) and keep the original in the logbook.

The above information has already been stated in the IMPORTANT NOTICE and the modified Learning Portfolio forms are available at the College website: https://www.hkcfp.org.hk/pages_9_95.html

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Please contact Ms. Kathy Lai at 2871 8899 for further inquiries.

Basic Training Subcommittee
Board of Vocational Training and Standards

Meeting Highlights

20th Medical Humanities Seminar on 3 June 2023

Dr. Tsang Chiu Yee, Luke, Family Physician, delivered a lecture on "Medical Humanistic and Me. An Attempt at Participatory Humanistic Integration for General Practitioners".

A group photo taken on 3 June 2023
Dr. Chan Suen Ho, Mark (1st row from left, Moderator) and Dr. Tsang Chiu Yee, Luke (1st row second from left, Speaker)



CME Lecture on 13 June 2023

Dr. Ng Kei Yan, Andrew, Specialist in Cardiology, delivered a lecture on "Individualising antithrombotic strategies for coronary artery disease (CAD)".



Dr. Au Yeung Shiu Hing (right, Moderator) presenting a souvenir to Dr. Ng Kei Yan, Andrew (left, Speaker).

Hybrid CME Lecture on 14 June 2023

Dr. Lee Chi Nam, Specialist in Neurology, delivered a lecture on "Proactively screening nerve health status for Diabetes patients"; Dr. Chan Fei, Specialist in Geriatric Medicine, delivered a lecture on "Chronic inflammatory monitoring in clinic practice".



Dr. Chan Kin Wai, Louis (left, Moderator) presenting a souvenir to Dr. Lee Chi Nam (right, Speaker).



Dr. Chan Kin Wai, Louis (left, Moderator) presenting a souvenir to Dr. Chan Fei (right, Speaker).

Hybrid Dinner Symposium on 28 June 2023

Prof. Esther Chan, Professor, Department of Pharmacology and Pharmacy, The University of Hong Kong, delivered a lecture on "Burden of SABA over-reliance – from global to local perspectives"; Dr. Julie Wang, Specialist in Respiratory Medicine, delivered a lecture on "Evolving management in mild asthma – Overcoming reliance on SABA".



Dr. Ko Wai Kit (right, Moderator) presenting a souvenir to Prof. Esther Chan (left, Speaker).



Dr. Ko Wai Kit (right, Moderator) presenting a souvenir to Dr. Julie Wang (left, Speaker).

Specialty Board News

Pre-Exit Examination Workshop – For 2024 Exit Examination (Hybrid Event)

The Specialty Board is pleased to announce the Pre-Exit Examination workshop on Exit Examination of Vocational Training in Family Medicine. The workshop will give participants an insight into the preparation of Exit Examination. ALL candidates who are preparing to sit for Exit Examination 2024 are strongly encouraged to attend. Clinical supervisors and Examiners are also welcome.

Date : 25 August 2023 (Friday)

Time : 7:00 – 9:00 p.m.

Venue : Rm 802, 8/F, Duke of Windsor Social Services Building, 15 Hennessy Road, Wanchai

Speakers : Chairperson and Segment Coordinators of Specialty Board

Participants: 1. For Higher Trainees and Potential candidates of Exit Exam
2. For all Exit Examiners, Exit Trainee Examiners, Clinical Supervisors and Mentors of candidates

* Demonstration videos for CSA segment will only be shown to potential candidates who physically attended the seminar. The video will not be shared and uploaded online.

* Limited seats are available at the venue. Priority will be given to the potential candidates of 2024 Full Exit Exam

For registration, please complete and submit the e-form on or before 20 August 2023. Should you have any question, please contact the corresponding staff, Ms. Alky YU or Mr. John MA by email to exit@hkcfp.org.hk.

Yours Sincerely,

Dr. Wendy Tsui

Chairlady, Specialty Board



Enrolment

The Diary of a Family Doctor【家庭醫生的日常】

《堅持》

冼銘全醫生

跟進了三年的病人，今天迎來轉機。

三年前第一次見她，60歲的女士，只有一個軀殼，沒有靈魂。她女兒因鼻咽癌過世後一個月，丈夫也因肝癌辭世。她在我面前，哭不出來，說話雜亂無章，視線沒有焦點。之後常提到看見丈夫，有不少幻覺，多次想轉介她到精神科，她都拒絕。和精神科開會商討，因沒有傷害自己 and 他人，建議觀察。

一直服用血清素，有點好轉，幻覺漸退，但仍是那雙沒焦點的眼。對他人的聲音很敏感，身邊有人講電話已令她不安，甚至會失控大叫，和人吵架。已避開乘巴士，只能乘地鐵。

在香港，她沒有朋友，在其他前人不敢表達，親戚在國內，都討厭她，說她精神病。她說，只能在三個人面前正常說話：兩個堅持協助她的義工，和我。

今天見她精神不差，也有預約病人缺席，便和她多談一些往事。

她從少幫父母照顧弟妹，十八歲出來打工，儲錢助兄長結婚、弟妹升學。以前丈夫愛浪蕩，她忍，從來不

吵架。丈夫有病，她寸步不離。當時醫院的年輕主診醫生，給她寫了張咭，對她說，以前從來不明白甚麼叫親情，現在見到她的付出才理解，要她加油。（從來都是病人給醫護寫咭，這次是病人感動醫生寫咭）

六十年來，她沒有自己。她說自己很失敗。

我說，不是失敗。只是沒有機會打開內心，把裏面散落的拼圖部件，一塊一塊拼好，因此，未見到美麗的圖畫，未見到完整的自己。

「係時候砌返好自己內心喇！」

我提醒她容許自己成長。

臨別時，她說，今天一番傾訴後，很奇妙，一直的胸背痛消失了。

我也真正對她放心了。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Gift vouchers will be given as token of appreciation if the articles are selected for publication.
Email: FPLinks@hkcfp.org.hk

Health Literacy

Dr. John-Hugh Tam, Specialist in Family Medicine

Have you ever come across patients who are unable to follow the advice from your consultations? For example:

- Mr. A, a case of diabetes, has difficulty in following your diet advice from prior visits, ending up with HbA1c of 8.5%. On exploration, he often perceives “just avoiding sweets would be ok for his diabetes”...
- Ms. B, an asthmatic with regular use of meter-dosed inhalers, had problem maintaining good disease control in the past months. On checking, you have noticed this was due to the wrong inhaler technique as she could not understand the usage instructions...
- Madam D had failed to make the referred booking with the gynaecology specialist clinic for her post-menopausal bleeding, she explained she did not understand how to use the booking system from the hospital's app...

There are certainly many more examples if we sit down and think. All these may be related to the issue of “health literacy”.

What Is Health Literacy? (健康識能)

As clinicians we are constantly providing information to patients. We often expect our patients to understand, remember, and act on that information. We want them to eat right, exercise, use sunscreen, and have regular dental exams. We have many more immunisations to give. We often ask them to assess their health status using glucose testing or a peak flow meter. We asked them to adjust their medicine, such as insulin. We expect them to know exactly when they should go to the clinic or the emergency room and follow up on all of the referrals we make.

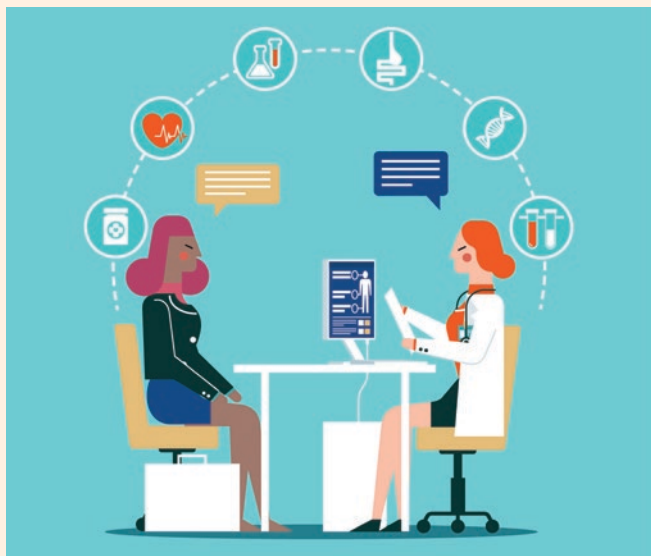


Image Source: Medline University Website

Notwithstanding this, our patients come to us with various levels of education or literacy, and they may prefer to speak a different language, and these issues can become barriers for them to understand health information. As researchers realised this was an issue, they began to talk about health literacy which is defined as the capacity to:

- Obtain, process and understand basic health information and services.
- And to make appropriate health care decisions or act on health information.
- And lastly the ability to access or navigate the health care system, which we all know is extremely complicated.

According to the U.S. Department of Health and Human Services' (HHS) Healthy People 2030 initiative, health literacy involves the information and services that people need to make well-informed health decisions. There are many aspects of health literacy:

- Personal health literacy is the degree to which individuals have the ability to find, understand, and use information and services to inform health-related decisions and actions for themselves and others. Examples of personal health literacy include understanding prescription instructions, understanding doctors' directions and consent forms, and the ability to navigate the complex healthcare system.
- Organizational health literacy is the degree to which organizations equitably enable individuals to find, understand, and use information and services to inform health-related decisions and actions for themselves and others. Examples of organizational health literacy include simplifying the process to schedule appointments, using methods to ensure patient comprehension, and providing communications in the appropriate language, reading level and format.
- Digital health literacy, as defined by the World Health Organization, is the ability to seek, find, understand, and appraise health information from electronic sources and apply the knowledge gained to addressing or solving a health problem. Examples of digital health literacy include accessing your electronic health record, communicating electronically with your health care team, ability to discern reliable online health information, and using health and wellness apps.
- Numeracy, also known as quantitative literacy, refers to a set of mathematical and advanced problem-solving skills that are necessary to succeed in a society increasingly driven by data, as defined by the National

Association of Secondary School Principals. Examples of Numeracy include understanding nutrition information, interpreting blood sugar readings, taking correct dosage of medication (e.g. take one capsule twice a day), evaluating treatment benefits and risks, and understanding insurance costs and coverage.

Any client who does not read or write well, has trouble communicating or understanding verbal communications about health, speaks a different language, or has trouble understanding or using numbers could have trouble with these areas.



Image Source: WHO Website

Adopting a Health Literacy Universal Precautions Approach

Unfortunately, we cannot tell someone's literacy level just by looking at them. A person may present themselves well, speak well, and appear to understand what is going on, however this does not mean that they truly do.

It is best to approach care with the understanding that even those who are well educated may still struggle with health-related information. The language used in the health field is not commonly used in everyday language and even those with good educational backgrounds may not understand what their diagnosis means or what is being asked of them.

Even someone who normally manages health information well may have increased difficulty under certain circumstances. When a person is feeling anxious, or overwhelmed with too much information, he may not be able to understand or use health information as he did before.

At the end of the day, it is best to use simple, clear language to avoid any misunderstanding.

Red Flags for Low Literacy

Here are some of the warning signs that our patients may have low literacy. None of these are perfect indicators, but when we observe these in our patients, we should consider that low health literacy could be a barrier.

- Frequently missed appointments
- Incomplete registration forms
- Non-compliance with medications
- Unable to name medications, explain purpose or dosing
- Identifies pills by appearance, not reading label
- Unable to give coherent, sequential history
- Ask fewer questions
- Lack of follow-through on tests or referrals

Strategies to Improve Patient Understanding

A few things that we can do when working with patients to improve their understanding:

- ✓ **Use plain language and avoid medical jargons**
- ✓ **Limit the key points to no more than 3 to 5, focus on the “need-to-know” and “need-to-do”** - Patients say that we often give them a lot of extra information. They want concrete steps, i.e. what they need to do when they get home, how do they take their medicines, what self-care strategies can they use, what about any referrals or follow-up items, what forms do they need to fill out, etc.
- ✓ **Repeat and summarise the information**
- ✓ **Used “teach-back” method to confirm understanding** - The idea is to explain the self-management process, then assess the person's knowledge by asking them to teach it back to the clinician. The clinician can then clarify if the patient does not quite have it down. This cycle can be repeated until there is a shared understanding. One way to do this is after discussing a care strategy with the patient, you can say “I want to make sure I explained it correctly, can you tell me in your own words how you understand the plan we have made?”
- ✓ **Use pictures or demonstrate.** Don't just talk about it, using pictures can help patients remember more. People with low literacy and visual learners tend to rely more on pictures.
- ✓ **Use clearly written education materials** that we know the patient can understand.

Reference:

1. Centers for Disease Control and Prevention (CDC). “What is Health Literacy” - <https://www.cdc.gov/healthliteracy/learn/index.html>
2. U.S. Department of Health and Human Services' (HHS) Healthy People 2030 initiative - <https://health.gov/healthypeople/priority-areas/health-literacy-healthy-people-2030>
3. “Adolescent Numeracy” from National Association of Secondary School Principals- <https://www.nassp.org/top-issues-in-education/position-statements/adolescent-numeracy/>
4. Health Literacy – A Universal Precautions Approach : https://news.nnlm.gov/region_5/health-literacy-a-universal-precautions-approach/
5. Schillinger D, Piette J, Grumbach K, Wang F, Wilson C, Daher C, Leong-Grotz K, Castro C, Bindman AB. Closing the loop: physician communication with diabetic patients who have low health literacy. Arch Intern Med. 2003 Jan 13;163(1):83-90. doi: 10.1001/archinte.163.1.83. PMID: 12523921.
6. Berkman, N. D., DeWalt, D. A., Pignone, M. P., Sheridan, S. L., Lohr, K. N., et al. (2004). Literacy and health outcomes. Evidence report/technology assessment No. 87 (AHRQ Publication No.04-E007-2). Rockville, MD: Agency for Healthcare Research and Quality.
7. 健康素養政策也需「郁一郁」
<http://www.etnet.com.hk/www/tc/lifestyle/archive/polisee/63862>

Role of Family Physicians in Management of Psychotic Patients

The tragic event happened in Plaza Hollywood on 5th of June raised public concern in mental health care in Hong Kong. Although Family Physicians are not major carer for psychotic patients, is there any role in handling psychotic cases?

There is a retrospective cohort study done in Ontario funded by Canadian Institutes of Health Research published on 20 November 2022. In Ontario, publicly funded health care system covers expenses for all medically necessary physician services through the Ontario Health Insurance Plan(OHIP). They used a health administrative database called ICES – managed by an independent, non-profit research institute whose legal status under Ontario's health information privacy law allows it to collect and analyze health care and demographic data, without the need to go through consent procedures, for health system evaluation and improvement. The database contain information on physician billings, hospital admissions, and emergency department visits, as well as characteristics of patients and physicians.

They studied patients aged 14-35 years with a first diagnosis of non-affect psychosis (i.e. schizophrenia, schizoaffective disorder, schizophreniform, or psychosis not otherwise specified) in Ontario between 2005-2015, who had help-seeking contacts for mental health reasons in primary care in the six months prior to first diagnosis of a psychotic disorder.

Among people with early psychosis (n=39,449), 63% had help-seeking contacts in primary care within six months prior to first diagnosis. Of those patients, 47% were diagnosed in primary care and 53% in secondary or tertiary care. There findings were consistent with results of a previous study on early psychosis

intervention and primary care in Ontario (Anderson & Kurdyak, 2017). Patient factors associated with lower likelihood of diagnosis in primary care included male sex, younger age, being an immigrant, and with comorbid psychosocial conditions. Physician factors associated with lower likelihood of diagnosis in primary care included solo practice model, urban practice setting, being an international medical graduate, and longer time since graduation (>20 years).

They concluded that primary care is an important contact for help-seeking and diagnosis for a large proportion of people with early psychosis, and resources and support should be given to physicians to facilitate early diagnosis of psychosis in primary care.

This study was limited by information in the database which does not contain the exact date of psychosis onset, so diagnoses was not made when a patient attended the physician in prodromal phase. The figure may under-estimate the actual capacity of family physicians in making psychiatric diagnosis when the patient is symptomatic. Also the diagnostic codes used are for billing purposes, and physicians are limited to one diagnostic code per visit for billing which may affect the accuracy of coding. However, this study do showed us Primary Care Physicians play an important role in First Diagnosis in psychotic patients.

References

Wiener, J.C., Rodrigues, R., Reid, J.N.S. *et al.* Patient and Physician Factors Associated with First Diagnosis of Non-affective Psychotic Disorder in Primary Care. *Adm Policy Ment Health* 50, 212–224 (2023).

Compiled by Dr. Yip Chun Kong, Sam

"Submissions of articles to News Corner with up to 500 words are always welcome.

Gift vouchers will be given as a token of appreciation for good works if the articles are selected for publication. Email: FPLinks@hkcp.org.hk"

COLLEGE NEWS

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **May – June 2023**:

New Applications

Associate Membership

Dr. CHAN Kin Wing Yvonne	陳 建 穎
Dr. CHAN Pui Kam	陳 沛 錦
Dr. CHENG Sha Ron	鄭 上 媛
Dr. HO Han Chung Gary	何 漢 冲
Dr. HUI Siu Kwan	許 少 君
Dr. LIU Ho Yat	廖 灝 壹
Dr. NG Ching Man	伍 靜 文
Dr. PANNU Prubdial Singh	
Dr. POON Yin Ki	潘 彥 其
Dr. TAM Farrah Irene	譚 欣 茵

Dr. TONG Ann Marie Jing Man	唐 靜 敏
Dr. YEUNG Pui Shan	楊 貝 珊
Dr. YIP Ting Fung	葉 霆 鋒

Student Membership

Mr. ASAI Yoshi Nobu	淺 井 富 靖
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Non-HKSAR Member

Dr. WONG Wai I	王 惠 儀
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Transferral

From Associate to Fellowship

Dr. POON Kwok Ming	潘 國 明
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HKCFP Trainees Research Fund 2023 / HKCFP Research Seed Fund 2023

The Research Committee of HKCFP is pleased to continue to offer the two research funds, The Trainees Research Fund and the Research Seed Fund.

The Trainees Research Fund will be opened to all registered HKCFP trainees and is made of four awards (each up to HK\$20,000). It is envisaged it will help trainees especially (but not limited to) those doing research projects as their exit examination. Those who have funding support elsewhere will not be considered.

The Research Seed Fund is open to all HKCFP members when a maximum of HK\$25,000 award will be made to the successful applicant to assist the conduct of a research project.

Winners of the award will receive 50% of the approved grant up front and the remainder 50% upon completion of the project.

*****Please note that each applicant can only apply either one of the above Funds*****

Assessment Criteria for both funds:

1. Academic rigor of the research project (e.g. originality, methodology, organisation and presentation);
2. Relevance and impact to family medicine & primary care (e.g. importance of the topic and the impact of the findings on the practice or development of the discipline); and
3. Overall budget

Each research project submitted will be assessed according to the above assessment criteria set by the selection panel. Please send your submission to:

Research Committee, HKCFP

803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
by post or by email: research@hkcfp.org.hk

Please indicate the research funding title e.g. “**HKCFP Trainees Research Fund 2023**” or “**HKCFP Research Seed Fund 2023**” on your research project upon submission.

Submission Deadline: 25th October 2023

Supported by HKCFP Foundation Fund

Hong Kong Primary Care Conference 2023 “Flourishing Primary Care: Family Doctor for Everyone” on 23rd – 25th June 2023

Post conference message 2023

Dr. Lorna NG

Chairlady, HKPCC Organizing Committee

The 13th Hong Kong Primary Care Conference was successfully held in hybrid mode for the 1st time from June 23rd to June 25th, 2023. After 3 years of the COVID-19 pandemic, it was indeed inspiring to see many of our VIP guests and delegates face to face besides meeting our online participants. This annual signature conference has consistently attracted the primary care community with an immense response of over 700 registered delegates.

With the release of the Primary Care Blueprint in December 2022, this year's theme “Flourishing Primary Care: Family Doctor for everyone” highlights the strong commitment of our government for a robust primary healthcare in Hong Kong. The Primary Healthcare Blueprint is a prevention-focused, community-based system that promotes the “concept of Family Doctor for ALL” and enhances primary healthcare delivery. Over the years, our College has always been a strong proponent of the “Everyone should have a Family Doctor” concept as local and international studies have shown that healthcare systems with strong primary healthcare teams led by Family Doctors have proven to be more cost effective and sustainable.

This conference was graced with the presence of distinguished international and local plenary speakers including Dr Pang Fei Chau [Commissioner for Primary Healthcare, Primary Healthcare Office]; Professor Donald Li [WONCA Immediate Past President]; Professor Cindy Lam [Danny D.B. Ho Professor in Family Medicine, Department of Family Medicine and Primary Care, Li Ka Shing Faculty of Medicine, HKU]; Professor Samuel Wong [Director of JC School of Public Health and Primary Care and Associate Dean(Education), Faculty of Medicine, CUHK]; Professor Jose Maria Valderas [Head of Department of Medicine, National University Health System in Singapore] and our College President Dr David Chao. Their topics focused mainly on Primary Care Development and the role of Family Doctors. Our scientific program with its wide array of interesting yet relevant topics has always captivated our participants. Once again, this annual event continues to provide a rich milieu for collaboration and networking among the primary care community.

I would like to express my sincere appreciation to all speakers and facilitators for their valuable support, sponsors for their generosity, all members of our conference organizing committee and secretariat for their dedicated efforts. Last but not least, my utmost gratitude to all delegates for their avid participation in making this hallmark conference an annual success.



Chairlady of HKPCC Organizing Committee, Dr. Lorna Ng

Opening Ceremony



Group photos of invited guests before the opening ceremony



The MCs Dr. Linda Chan (left) and Dr. Ho Shu Wan (right)



Ribbon Cutting Ceremony



Opening Remarks by Prof. Lo Chung Mau, BBS, JP, Secretary for Health



Opening Speech by Dr. David Chao, President of HKCFP



(From left to right) Dr. Stephen Foo, Dr. Nicole Higgins, Dr. Angus Chan



Off-stage group photo of invited guests

Plenary I



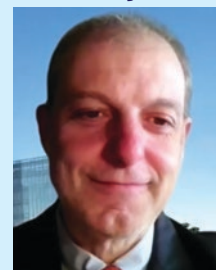
Dr. Lau Ho Lim (left, Chairperson) presenting a souvenir to Dr. Pang Fei Chau (right, Speaker)

Plenary Discussion Forum



Dr. Lau Ho Lim (1st from the left, Chairperson) taking a group photo with Speakers (2nd from the left to right) Prof. Cindy Lam, Dr. Pang Fei Chau, Dr. David Chao, Prof. Donald Li, Prof. Samuel Wong

Plenary II

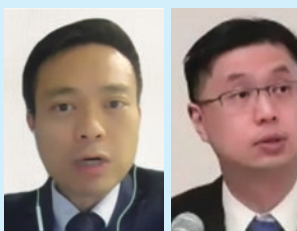


Prof. Jose Maria Valderas (left, Speaker) delivered Plenary II



Prof. Samuel Wong (right, Chairperson)

Seminar A



Prof. Kelvin Tsoi (left, Speaker) delivered Seminar A

Seminar B

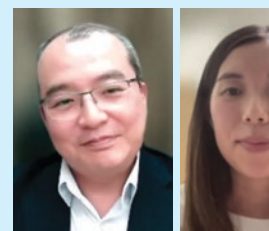


Dr. Will Leung (right, Chairperson) presenting a souvenir to Dr. Angela Ng (left, Speaker)



Dr. Will Leung (left, Chairperson) presenting a souvenir to Mr. Jerome Yau (right, Speaker)

Seminar C



Speakers (1st from the left to right) Dr. Alison Chan and Ms. Sabrina Mok delivered Seminar C



Dr. Kathy Tsim (1st from the right, Chairperson)

Seminar D



Dr. Linda Chan (left, Chairperson) presenting a souvenir to Dr. Anthony Ho (right, Speaker)

Seminar E



Dr. Will Leung (left, Chairperson) presenting a souvenir to Dr. Jonpaul Zee (right, Speaker)

Seminar F



Dr. Ho Shu Wan (right, Chairperson) presenting a souvenir to Ms. Frances Chan (left, Speaker)

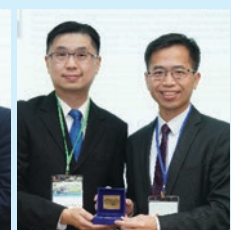


Dr. Ho Shu Wan (right, Chairperson) presenting a souvenir to Ms. Queenie Liu (left, Speaker)

Seminar G



Dr. Matthew Luk (left, Chairperson) presenting a souvenir to Prof. Martin Wong (right, Speaker)



Dr. Matthew Luk (left, Chairperson) presenting a souvenir to Prof. Jason Yam (right, Speaker)

Seminar H



Dr. Catherine Sze (right, Chairperson) presenting a souvenir to Dr. Kenneth Chan (left, Speaker)



2nd Speaker Ms. Chan Wing Hin

Workshop 1



Dr. Kathy Tsim (right, Chairperson) presenting a souvenir to Dr. Amy Kwok (left, Speaker)

Workshop 2



Dr. Catherine Sze (right, Chairperson) presenting a souvenir to Dr. Thomas Dao (left, Speaker)

Workshop 3



Ms. Brigitte Fung (right, Chairperson) presenting a souvenir to Dr. Ho Shu Wan (left, Speaker)



Ms. Brigitte Fung (right, Chairperson) presenting a souvenir to Ms. Connie Yip (left, Speaker)

Workshop 4



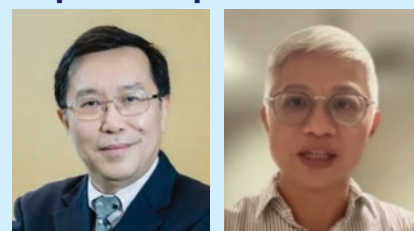
Dr. Judy Cheng (1st from the left, Chairperson) presenting souvenirs to Speakers Dr. Chan Ying Ho (1st from the right) and Ms. Sally Poon (middle)

Clinical Case Presentation Competition



Judges of Clinical Case Presentation Competition, Dr. Lorna Ng (2nd from the left) and Ms. Kathy Cheung (2nd from the right) presenting the award to the winner Dr. Wong Ching Keung (middle). Chairpersons Dr. Kathy Tsim (1st from the left) and Dr. Yau Lai Mo (1st from the right)

Full Paper – Full Research Paper Competition



Judges of Full Research Paper Competition, Prof. Albert Lee (left) and Prof. William Wong (right)

Free Paper – Oral Presentation Competition



Winner of the Best Oral Presentation Award, Ms. Xu Wanchun (middle), receiving the award from Judges of the competition, Prof. Martin Wong (left) and Dr. Ruby Lee (right)

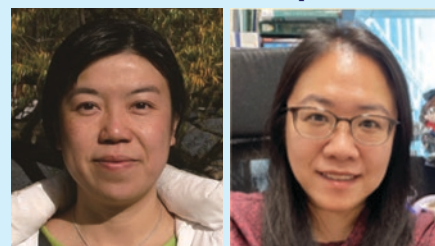


Winner of the Best Oral Presentation Award, Dr. Huang Junjie (middle), receiving the award from Judges of the competition, Prof. Martin Wong (left) and Dr. Ruby Lee (right)



Chairperson, Dr. Linda Chan

Free Paper – Poster Presentation Competition



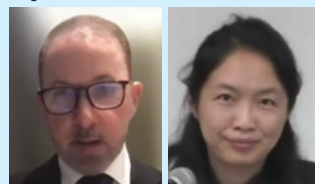
Judges of Free Paper – Poster Presentation Competition, Dr. Wendy Tsui (left) and Dr. Cecilia Sit (right)

Sponsored Seminar 1



Speakers (1st from the left to right) Dr. Ben White and Dr. Danny Lee delivered the seminar. Dr. Matthew Luk (1st from the right, Chairperson)

Sponsored Seminar 2



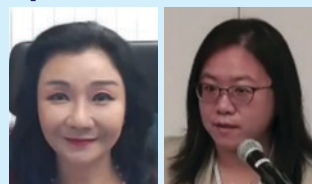
Prof. Peter McAllister (left, Speaker) and Dr. Catherine Sze (right, Chairperson)

Sponsored Seminar 3



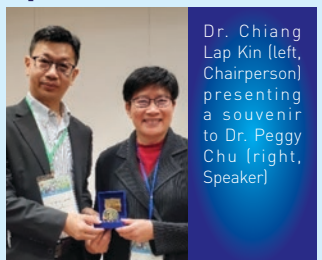
Dr. Lorna Ng (right, Chairperson) presenting a souvenir to Dr. Chong King Yee (left, Speaker)

Sponsored Seminar 4



Dr. Jennifer Kwok (left, Speaker) and Dr. Cecilia Sit (right, Chairperson)

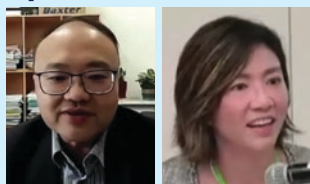
Sponsored Seminar 5 Sponsored Seminar 6 Sponsored Seminar 7 Dinner Symposium



Dr. Chiang Lap Kin (left, Chairperson) presenting a souvenir to Dr. Peggy Chu (right, Speaker)



Dr. Anthony Ho (right, Chairperson) presenting a souvenir to Dr. Wong Chun Ka (left, Speaker)



Dr. Choi Cheung Hei (left, Speaker) and Dr. Judy Cheng (right, Chairperson)



Speakers (1st from the left to right) Dr. Andrew Ho, Dr. Thomas Mok and Dr. David Lui delivered the seminar. Dr. Chiang Lap Kin (1st from the right, Chairperson)

Certificate Course on Bringing Better Health to Our Community 2023

*Co-organized with
Queen Elizabeth Hospital, Our Lady of Maryknoll Hospital and Hong Kong College of Family Physicians*

Dates : 19 August 2023, 16 September 2023, 14 October 2023, 18 November 2023
Time : 2:00pm - 4:00 pm Lecture & Discussion
Venue : Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital
Course Fee : Free
Accreditation : pending
Certification : Certificate will be awarded to participants who have fulfilled the attendance requirement for 3 sessions or more

Programme Schedule

Dates	Time	Topics	Speakers
19 August 2023 (Sat)	2:00 4:00 pm	Approach to Management of Chronic Headache	Dr. MEW Yuen Ni, Annie Resident Specialist, Department of Medicine, Queen Elizabeth Hospital
		Attention deficit hyperactivity disorder (ADHD) / Autism spectrum disorder (ASD) - What a GP should know	Dr. LEE Ming Chung, Marshall Specialist in Psychiatry, Private Practice
16 September 2023 (Sat)	2:00 4:00 pm	Update on Management of Dyspepsia	Dr. CHIU On Pong Associate Consultant, Department of Medicine & Geriatrics, Kwong Wah Hospital
		Update on Nasopharyngeal Cancer - From Screening to Management	Dr. WONG, Eddy Wai Yeung Chief of Service, Department of Ear Nose and Throat, North District Hospital / Alice Ho Miu Ling Nethersole Hospital / Prince of Wales Hospital
14 October 2023 (Sat)	2:00 4:00 pm	Update on Management of Rheumatoid Arthritis	Dr. CIANG Chu Oi Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
		Management of Palpitations in Primary Care	Dr. CHENG Yuet Wong Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
18 November 2023 (Sat)	2:00 4:00 pm	Common Orthopaedic Problems in Children	Dr. Michael TSE Associate Consultant, Department of Orthopaedics & Traumatology, Kwong Wah Hospital
		Medical Treatment for Lower Urinary Tract Symptoms (LUTS)	Dr. Raymond KAN Private Urologist

Registration will be first come first served.

Please scan the QR code to complete the registration.

For enquires, please contact Ms. Emily LAU at 3506-8610 / Ms. Crocus LAN at 3506-8143.



- Notes :**
1. In case of over-subscription, the organiser reserves the right of final decision to accept registration.
 2. Due to copyright issue, please note private recording of the lecture is prohibited.
 3. **Registration will be closed 3 days prior to the event.**

ASSESSMENT ENHANCEMENT COURSE (AEC) FOR FAMILY PHYSICIANS 2023

- Organizer** : Assessment Enhancement Sub-committee, Board of Education, HKCFP
- Tutors** : Family Medicine Specialists, Fellows of HKCFP and RACGP
- Co-ordinator** : **Dr. Lai Sheung Siu**
- Objectives** :
 1. To improve clinical knowledge, problem solving and consultation skills through different workshops
 2. To improve physical examination technique and clinic procedural skills through hands-on experience
 3. To provide opportunity for inter-professional communication and social network expansion through self-help groups
 4. To improve time management through simulated examination
- Venue** : HKCFP Wan Chai office, Duke of Windsor Social Service Building and HKAM Jockey Club Building
- Date** : 6 months' course starting from April 2023
- Course Structure** : The course will consist of 4 main components:
 1. Seminars
 2. Workshops
 3. Self-help Group Support
 4. Mock Exam
 Seminars and Workshops will be arranged on Saturday afternoons (2:30 p.m. to 5:30 p.m.)
- Accreditation** : Up to 15 CME points (Category 4.4) & 5 CPD points (Category 3.15) for the whole course
- Course Fee** : Members : HK\$4,000 (Whole course)
 HK\$1,000 (Spot admission for each seminar or workshop only)
 All cheques payable to **"HKCFP Education Ltd"**
 All Fees received are non-refundable and non-transferable.
- Capacity** : 50 doctors maximum
- Enrolment** : Enrolment is now open. Application form is available at College website:
http://www.hkcfp.org.hk/pages_9_463.html
 Please return the completed application form and the cheque to the Secretariat for processing. Please contact the Secretariat, Ms. Teresa Liu or Ms. Windy Lau by email to education@hkcfp.org.hk or call 2871 8899 for details. Successful applications will be informed by email later.
- Disclaimer** : All cases and answers are suggested by our tutors only. They are not standard answers for examination.
- Remarks** :
 1. Post-AEC training course (optional) will be organized for category 2 candidates who have enrolled in AEC if there is sufficient enrolment.
 2. **Announcement will be made in case there is a change of schedule and/or format.**

Assessment Enhancement Course 2023 Timetable for Workshop

Date	Topics	Venue
29 April 2023 (Sat) 2:30 – 5:30 p.m.	Introduction COMPLETED	Room 802, Duke of Windsor Social Service Building, Wan Chai, Hong Kong
27 May 2023 (Sat) 2:30 – 5:30 p.m.	Approach to Physical Complaints COMPLETED	
17 June 2023 (Sat) 2:30 – 5:30 p.m.	Viva Practice: Enhance Interprofessional Communication COMPLETED	
22 July 2023 (Sat) 2:30 – 5:30 p.m.	Problem Solving Skills	
26 August 2023 (Sat) 2:30 – 5:30 p.m.	Proper Physical Examination & Common Clinic Procedures	
23 September 2023 (Sat) 2:30 – 6:00 p.m.	Mock Exam	HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

Face to Face Seminar

Date and Time	Venue	Topic	Speakers and Moderators
5 Aug (Sat) 2:00 – 4:00 p.m.	8/F, Duke of Windsor Social Services Building, 15 Hennessy Road, Wan Chai, HK	21st Medical Humanities Seminar Philosophical counselling - case sharing <i>Co-organized with Department of Philosophy, CUHK</i> <i>Organized by the Interest Group in Medical Humanities</i> *Lecture will be mainly in Cantonese.	Dr. Alex Lo <i>Senior Lecturer, Department of Philosophy, CUHK</i> Mr. Michael Cheung <i>HKPPA</i> Moderators: Dr. Wong Tsz Kau, Carl / Dr. Chan Suen Ho, Mark

QR Code for registration



Admission Fee:

College Fellow:	Complimentary
Non – members:	HK\$ 300.00

Accreditation :

5 Aug	:	2 CME Point HKCFP	[Cat. 4.3]
		2 CME Point MCHK	[pending]

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topics
28 July (Fri) 2:30 – 3:30 p.m.	“Beyond Ordinary Headache: Chronic Migraine Treatment and Prevention” by Dr. Fok Wai Ming
25 August (Fri) 2:30 – 3:30 p.m.	“Closing Treatment Gaps in Osteoporosis: Identifying and Managing Osteoporosis in Primary Care” by Dr. Lui Tak Wai, David

QR Codes for registration

28 July 2023 (Fri) 25 August 2023 (Fri)



Accreditation : 1 CME Point HKCFP [Cat. 4.2]
1 CME Point MCHK [pending]

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Katie Lam by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes : Online Events

1. In case of over-subscription, the organizer reserves the right of final decision to accept registration.
2. The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
3. Please note you can just attend **ONE** CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
4. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
5. **Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
6. Please be reminded to check the system requirements beforehand to avoid any connection issues.
7. Due to copyright issue, please note private recording of the lecture is prohibited.
8. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 02 August 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Prevention of Hypertension - When Should we Suspect Secondary Cause of Hypertension and How to Work Up Dr. Kwong Chung Man	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Update on Management of Chronic Disease (COAD, Asthma) Dr. Chan Hue Yan, Stephanie & Dr. Wong Ho Sum, Dick	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Handling IOD Cases and Emergency Care Dr. Ada Lee	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Elderly Health's Screening Dr. Jerrold Lee & Dr. Tang Yeung On	Ms. Verica Wong Tel: 5569 6405
Thursday, 03 August 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Update Management of Urological Disease - LUTS and Urological Stone Diseases & Microscopic Haematuria Dr. Wu Flora & Dr. HO Chung Yu	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 09 August 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Counseling Skills and Techniques for Handling Patients with Mood Disorders in General Practice Dr. Cheng Ka Tong	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Common Symptoms in Eye Dr. Lam Josephine Wai May & Dr. Cheng Tsz Wai, Sam	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Updates in Prevention and Management of Hyperlipidaemia Dr. Emily Tong	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Community Resources for Rehabilitation Program Dr. Chan Lok Hin, Thomas & Dr. Wong Wing Kwan, Leo	Ms. Verica Wong Tel: 5569 6405
Thursday, 10 August 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Infectious Disease - How to Prevent STD? Dr. Lam Ka Wai & Dr. Lee Sik Kwan	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 16 August 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Update, Management of Endocrine Disease with Cases Sharing - DM & Lipid Dr. Ng Wing Hin & Dr. Kwok Shan Lam	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: Respiratory system and Video Consultation) Dr. Chan Kwun Hung & Dr. Pannu Prubdial Singh	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Management of Common Orthopedic Problems in OPD Setting: Lumps and Bumps Dr. Anderson Leung	Ms. Cherry Wong Tel: 2589 2337
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	End of Life Care and Dying at Home Dr. Chan Lok Hin, Thomas & Dr. Yung Lok Yee, Louise	Ms. Verica Wong Tel: 5569 6405
Thursday, 17 August 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Management of COPD in Primary Care Dr. Tsang Lai Ting & Dr. Lam Wai Yiu	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 23 August 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	What are the Essential Skills for Excellent Presentation? Dr. Lee Pak Lik & Dr. Chan Wing Man	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Management of Menopausal Symptoms (Including Traditional and Overseas Remedies) Dr. Chan Queenie Chi Ying & Dr. Sin Tak Yee, Melody	Ms. Emily Lau Tel: 3506 8610
17:30 - 19:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Primary Health Care Blueprint and the Way Forward Part 1 Dr. Chan Hei Wai, Venus & Dr. Leung Wai Chung, Rachel	Ms. Verica Wong Tel: 5569 6405
Thursday, 24 August 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Family Medicine and Poverty Dr. Chan King Hang & Dr. Ho Tsz Bun	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 30 August 2023			
14:30 - 17:00	Room 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Approach to Scrotal Pain and Swelling Dr. Lee Wai Chun & Dr. Leung Hei Tung	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Anxiety Disorder Dr. Wong Anthea & Dr. Ng Hei Lam, Joyce	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Management of Sleeping Problems in Primary Care Dr. Elaine Fung	Ms. Cherry Wong Tel: 2589 2337
Thursday, 31 August 2023			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Prospects & Working Environment of Family Physicians in Different Countries Dr. Chung Pak Yin & Dr. Sung Cheuk Chung	Ms. Eliza Chan Tel: 2468 6813



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Souvenirs Order Form

Face mask	Tie	Scarf	Pin

Item	Description	Size	Price (HK\$) (Member / Non-member)	Quantity	Sub Total (HK\$)
Face mask	ASTM Level 3, EN14683 TYPE IIR, BFE、PFE、 VFE ≥ 98%	Adult size 17.5 x 9.5cm 30 pcs / box	HK\$120 / HK\$150	White: Green:	
Tie	100% Silk	8.5 x 147cm	HK\$90 / HK\$100		
Scarf	100% Silk	74 x 74cm	HK\$135 / HK\$150		
Pin	Copper	1.5 x 2.25cm	HK\$50 / HK\$100		
(Prices do NOT include postage)				Grand Total:	

Delivery method (please✓appropriate)

<input type="checkbox"/> Self-Collection from College	<input type="checkbox"/> Wong Chuk Hang Office (Mon – Fri, 10 – 5 pm) <input type="checkbox"/> Wan Chai Office (please contact the Secretariat at 2871 8899)
<input type="checkbox"/> Local courier service	<input type="checkbox"/> Pay on deliver by SF Express (順豐到付)

Contact Details:	
Name:	
Tel:	
Email:	
Member ID:	
Delivery Address (block letter):	

Total amount:	
Souvenirs:	HK\$
Delivery Charges:	HK\$
Total:	HK\$

Payment Method:

☐ Paid by crossed-cheque payable to “The Hong Kong College of Family Physicians”
 Cheque NO. _____
 Issue Bank: _____

☐ Paid by FPS (through eBanking or Alipay):
 FPS Identifier: HKCFP@HKCFP.ORG.HK
 Please put your **full name & contact phone number** in the “message to payee”.
 Capture the screen of successful payment and email to us.

☐ Paid by Cash upon self-collection.

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Jul	31	1 Aug	2 2:30 – 7:00 p.m. Structured Education Programme	3 4:00 – 6:00 p.m. Structured Education Programme	4	5 2:00 – 4:00 p.m. Interest Group in Medical Humanities
6	7	8	9 2:30 – 7:00 p.m. Structured Education Programme	10 4:00 – 6:00 p.m. Structured Education Programme	11	12 2:30 – 5:30 p.m. DFM Module III Structured Seminar
13 9:30 – 12:30 p.m. Conjoint Exam - KFP Segment 3:00 – 6:00 p.m. Conjoint Exam - 2 nd OSCE Examiner workshop	14	15	16 2:30 – 7:00 p.m. Structured Education Programme	17 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	18	19 2:30 – 5:30 p.m. DFM Module III Structured Seminar
20 9:30 – 1:00 p.m. Conjoint Exam - AKT Segment	21	22	23 2:30 – 7:00 p.m. Structured Education Programme	24 4:00 – 6:00 p.m. Structured Education Programme	25 2:30 – 3:30 p.m. Video Session	26 2:30 – 5:30 p.m. Assessment Enhancement Course
27 2:00 – 6:00 p.m. YDC Orientation Boot Camp	28	29	30 2:30 – 7:00 p.m. Structured Education Programme	31 4:00 – 6:00 p.m. Structured Education Programme	1 Sep	2
3	4	5	6 2:30 – 7:00 p.m. Structured Education Programme	7 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	8	9 2:30 – 5:30 p.m. FM Clinical Skills Enhancement

FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities



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