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Message from the President

Happy new year to you and your family! We welcome the new year with open hearts and enthusiasm as we entered into January of 2024 and waved goodbye to 2023. It is also the time to make new plans and set new goals for the new twelve months.

Our College's next annual Hong Kong Primary Care Conference (HKPCC) is tentatively set for 5 – 7 July 2024 and we are going to have a face-to-face conference this time. The theme of the HKPCC is "Family Medicine in the Community – Strengthening Connections". Please mark your diary and stay tuned for more details via the conference website. (<https://www.hkpcc.org.hk/>)

The Centre for Health Protection (CHP) sent out alerts that the local seasonal influenza activity continued to increase, indicating that Hong Kong has entered the 2023/24 winter influenza season. (https://www.chp.gov.hk/files/pdf/letters_to_private_hospitals_20240111.pdf) Earlier in the month, the CHP revealed the latest surveillance data showing that the weekly percentage of detections tested positive for seasonal influenza viruses escalated quickly in late December and reached 11.77% in first week of January, exceeding the baseline threshold of 9.21%, with influenza A(H3) as the predominating circulating strains. The overall admission rate with principal diagnosis of influenza in public hospitals also reached 0.68 per 10,000 population in the same week, which was above the baseline threshold of 0.25. The highest admission rates were observed with children aged 0-5 years and elders aged 65 years or above. Therefore, it is important that we as family doctors should continue to encourage our

patients to take up seasonal influenza vaccinations according to prevailing guidelines, especially those who are young, elderly and with chronic conditions for their protection. In addition, empirical treatment can be considered with neuraminidase inhibitor (e.g. oseltamivir) for patients suspected to have influenza infection early based on clinical assessment, especially patients at higher risk of complications, such as young children, elders, people with chronic diseases, pregnant women, etc. Studies have shown that neuraminidase inhibitors can reduce severe outcomes of influenza. (https://www.chp.gov.hk/files/pdf/letters_to_private_hospitals_20240111.pdf)



The Department of Health announced that the Thematic Report on Viral Hepatitis of Population Health Survey (PHS) 2020-22 and Surveillance of Viral Hepatitis in Hong Kong – 2022 Report have been released. (https://www.hepatitis.gov.hk/english/health_professionals/thematic_report_on_viral_hepatitis.html) From the survey results, about 5.6% of the Hong Kong population, which is about 410 000 people, have hepatitis B. The positivity rate of hepatitis B surface antigen (HBsAg) peaked at 8.4% among participants aged 35 to 54, and was much lower in the younger than 35 age groups. Among those tested positive for HBsAg, nearly 40% were not aware of their chronic hepatitis B (CHB) status, while about 70% did not have any medical follow-up for

MESSAGE FROM THE PRESIDENT

their liver diseases. In addition, an estimated 17 000 people have hepatitis C, suggesting a consistently low prevalence of hepatitis C virus (HCV) infection in the general population in Hong Kong for the past few decades. As stated in the Hong Kong Viral Hepatitis Action Plan 2020 – 2024, early identification and management of people with chronic hepatitis are crucial to achieving the World Health Organization's goal of eliminating viral hepatitis as a public health threat by 2030. (https://www.hepatitis.gov.hk/english/action_plan/content.html) As the first

contact for patients in the community, we should continue to strive on promoting awareness of viral hepatitis among our patients, especially for those at higher infection risk, for early testing and disease management.

The Lunar New Year is coming up, I wish you and your family a very happy, healthy and prosperous year of the dragon ahead!

Dr. David V K CHAO
President

PHOTO GALLERY

The 46th Annual General Meeting and 46th Annual Dinner of the Hong Kong College of Family Physicians

Dr. KO Wai Kit, Welchie, Chairman, Internal Affairs Committee

The 46th Annual General Meeting (AGM) and 46th Annual Dinner of the Hong Kong College of Family Physicians were successfully held on 3rd December 2023, Sunday at the Run Run Shaw Hall of the Hong Kong Academy of Medicine.

It was the first post-COVID annual dinner, and we were so delighted to seeing all our friends in person again. Thanks to the tremendous support by our members, fellows and guests, the dinner was well attended by almost 200 guests. The evening was kick-started with the AGM going through the various important operational matters related to the College, followed by the Council meeting to confirm the chairmanship of various boards and committees for the coming year.

The Annual Dinner commenced right after that. We were most grateful to have Prof. Rosie Young, our Honorary Fellow, joining us for the dinner. We would like to express our special thanks to Dr. Dicken Chan, Dr. Cheryl Chan, Dr. Aldo Wong and Dr. Esther Yu for being the MCs of the Annual Dinner and leading us through a very enjoyable evening.

I would like to thank all the collaborating partners, the College Council and all Boards and Committees, College Fellows and Members, and the secretariat for their unfailing support to make 2023 a very successful year for all. The secretariat staff received the gift coupons as tokens of appreciation for their hard work over the year. Then, various boards and committees proposed a vote of thanks to all members and fellows for their continuing support.

This year, the entertainment programme included the "Big TV" game, bingo game and musical performances by the wonderful performing teams. The splendid and energetic singing performance by our in-house live band FM² 醫家樂隊 was most admirable. FM² is formed by members of Young Doctors Committee, including Dr. Chloe Chan, Dr. Lau Ka Kin, Dr. Wanmie Leung and Dr. Aldo Wong. The singing buddy trio by Dr. Eric Lee, Dr. Aldo Wong and Dr. Esther Yu was most impressive.

Thanks to the thoughtful generosity of our council members, friends and related organisations, the lucky draw as another highlight of the evening was carried out successfully to conclude the annual dinner. We look forward to meeting you all in the annual dinner next year!

The 46th Annual Dinner of the HKCFP held on 3 December 2023 (Sunday)



Dr. David Chao (left) with Prof. Rosie Young (right)



A warm welcome by the MCs of the dinner
(From left to right) Dr. Esther Yu, Dr. Aldo Wong,
Dr. Cheryl Chan & Dr. Dicken Chan



Welcoming speech by the President, Dr. David Chao



Toasting proposed by the President, Dr. David Chao (11th from the left), with Censors & Council Members



Council Members with distinguished guests on stage

PHOTO GALLERY



Snap shot of the "Big TV" game



Snap shot of the "Big TV" game



Dr. David Chao (left) presenting the Best Performance Award of the "Big TV" game to the winning team, Dr. Yip Wing Ki (middle) and Dr. Chan Wing Yi (right)



President, Censors and Chairman of Board of Education, Dr. King Chan (7th from the left), took a group photo with members & staff of the Board with pharmaceutical company representative



President, Censors and Chairman of the Board of Conjoint Examination, Dr. Chan Hung Chiu (18th from the right), took a group photo with members, examiners & staff of the Board with successful candidates of the Conjoint Examination



President, Censors and Chairman of Board of Diploma in Family Medicine, Dr. Au Chi Lap (6th from the right), took a group photo with members & staff of the Board with successful DFM candidates



President, Censors and Chairlady of the Specialty Board, Dr. Wendy Tsui (15th from the left), took a group photo with members, examiners & staff of the Board with successful candidates of the Exit Examination



Censors and Editorial Board Chairman, Dr. David Chao (6th from the left), took a group photo with members and staff of the Board



President, Censors and Chairman of Board of Professional Development Services, Dr. Lau Ho Lim (4th from the right), took a group photo with members and staff of the Board



President, Censors and Chairlady of Board of Vocational Training and Standards, Dr. Yiu Yuk Kwan (7th from the left), took a group photo with members and staff of the Board



President and Censors took a group photo with members and staff of the Hong Kong Primary Care Conference Organizing Committee



President, Censor and FP Links Committee Chairlady, Dr. Wendy Tsui (4th from the right), took a group photo with members and staff of the Committee



President, Censor and Chairlady of the Young Doctors Committee, Dr. Esther Yu (7th from the left), took a group photo with members and staff of the Committee



The Music Band, FM² 醫家樂隊 formed by the Young Doctors Committee. From left to right: Dr. Chloe Chan (left), Dr. Wanmie Leung (middle) and Dr. Aldo Wong (right)



Drummer of FM² 醫家樂隊, Dr. Lau Ka Kin



Dr. David Chao (middle) presenting souvenirs to FM² 醫家樂隊 (from left to right): Dr. Wanmie Leung, Dr. Chloe Chan, Dr. David Chao, Dr. Aldo Wong and Dr. Lau Ka Kin



The marvelous singing buddy trio performance by Dr. Eric Lee, Dr. Esther Yu and Dr. Aldo Wong (from left to right)



Dr. David Chao (1st from the left), presenting souvenirs to Dr. Eric Lee, Dr. Esther Yu and Dr. Aldo Wong (from left to right)



Council members and guests were invited to sing on stage



Prof. Cindy Lam, Chief Censor (left), presenting the lucky draw prize to the winner, Dr. Yip Hoi Man (right)



Dr. Stephen Foo, Censor (middle), presenting the lucky draw prizes to winners

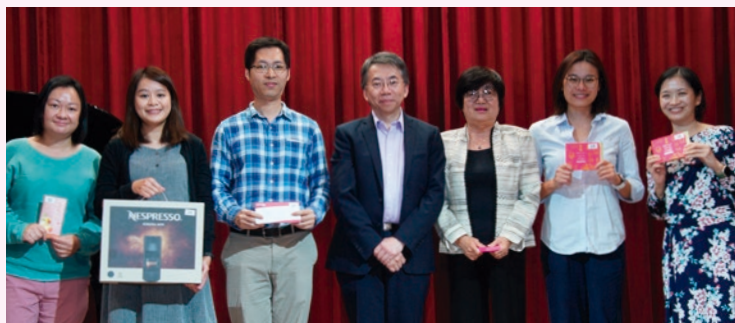


Dr. Chan Hung Chiu, Council member (middle), presenting the lucky draw prizes to winners

PHOTO GALLERY



Dr. Cecilia Fan, Honorary Secretary (3rd from the right), presenting the lucky draw prizes to winners



Dr. Angus Chan, Immediate Past President (4th from the left), presenting the lucky draw prizes to winners



Dr. Lau Ho Lim, Vice President (General Affairs) (1st from the left), presenting the lucky draw prizes to winners



Dr. David Chao, President (right), presenting the 1st Lucky Draw Prize to the winner, Dr. Ho Ka Ki (left)



Censors and Council members took a group photo with Secretariat staff

(Front row, from left to right): Ms. Minny Fung, Ms. Priscilla Li, Ms. Nana Choy, Ms. Carol Pang, Ms. Windy Lau, Ms. Alky Yu, Ms. Teresa Liu, Dr. Wendy Tsui, Prof. Cindy Lam, Ms. Erica So, Dr. Yiu Yuk Kwan, Dr. Maria Leung, Dr. Li Yim Chu, Ms. Crystal Yung, Ms. Iris Ip, Ms. Katie Lam, Ms. Hannah Lok, Dr. Esther Yu & Ms. Kathy Lai

(Back row, from left to right): Dr. Cecilia Fan, Dr. Matthew Luk, Dr. Welchie Ko, Dr. Marcus Wong, Dr. Angus Chan, Dr. Allan Ngan, Dr. David Chao, Dr. Lau Ho Lim, Dr. Stephen Foo, Dr. Chan Hung Chiu, Dr. Ken Ho, Dr. Simon Au, Mr. John Ma, Dr. King Chan & Dr. Peter Anthony Fok

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that all Higher trainees must submit the **ORIGINAL** annual checklist to the Board of Vocational Training and Standards either by registered post or in-person on or before **29th February 2024 (Thursday)**. Late submissions **WILL NOT** be accepted.

The training experience of 2023 will not be accredited if the trainee fails to submit the checklist on or before the deadline.

For the application for certification of completion of Higher Training, please make sure that the application form and checklist for completion of Higher Training are completed and returned together with the original copy of your training logbook on or before **29th February 2024 (Thursday)**.

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-year basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training programme.

For those who prepare to sit for the Exit Examination in 2026, please submit the application for Higher Training on or before **29th February 2024 (Thursday)** in order to meet the requirement for sitting the Exit Examination. The application form can be downloaded from the College website.

Higher Training Introductory Seminar

A Higher Training Introductory Seminar will be held on **23rd February 2024 (Friday)** for all newly enrolled higher trainees, existing trainees and clinical supervisors. The seminar is designed to help higher trainees and supervisors to understand and get more information of our training programme.

Details of the seminar are as follows:

Speakers : Dr. Fung Hoi Tik, Heidi (Chairlady, Higher Training Subcommittee) &
Dr. Lui Luen Pun, Benny (Deputy Chairman, Higher Training Subcommittee)

Date : 23rd February 2024 (Friday)

Time : 7:30 p.m.

Venue : Rm 802, 8/F Duke of Windsor Building, 15 Hennessy Road, Wanchai

For registration, please fill up the form via scanning the QR code:

Higher Training Subcommittee



Should you have any inquiries regarding vocational training, please feel free to contact Ms. Hannah Lok and Ms. Kathy Lai at 2871 8899 or email to BVTS@hkcfp.org.hk.

Board of Vocational Training & Standards, HKCFP

THIRTY-EIGHTH CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FIRST ANNOUNCEMENT

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-eighth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2024.

(1) REQUIREMENTS AND ELIGIBILITY

CATEGORIES OF CANDIDATES:

(a) CATEGORY I CANDIDATES MUST be FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP* at the time of application for the Examination and at the time of the Conjoint Examination. (*Documentary evidence is required with the application – including a valid RACGP number. All candidates are required to have renewed their RACGP membership for the year 2024/2025 on or before 31 July 2024. Failure to comply with the above may result in denial of admission to the Examination.)

CATEGORY I CANDIDATES are graduate doctors (FULLY OR LIMITED registered with the Hong Kong Medical Council) who are undergoing or have completed a fully approved vocational training programme as outlined in the HKCFP College Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination. The two segments can be taken separately in any order, or at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

[Note: All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2024, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2024, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees **MUST** submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

Please Note:

For Category I candidates who have enrolled in the vocational training program before 31 December 2018, they will remain entitled to be awarded FRACGP, provided all requirements for Fellowship are met. All other candidates are eligible to apply for the award of International Conjoint RACGP Fellowship (ICFRACGP).

All successful candidates applying for the award of the RACGP Fellowship will be subject to the decision of the RACGP.

(b) CATEGORY II CANDIDATES are doctors who

1. are FULLY registered with the Hong Kong Medical Council,
2. have been predominantly in general practice in Hong Kong for not less than **five** years by 30 June 2024, provided that the experiences are within the most recent 10 years,
3. must be FULL OR ASSOCIATE members of HKCFP at the time of application for the Examination and at the time of the Conjoint Examination.
4. had enrolled and passed the Diploma in Family Medicine course organized by the HKCFP, or other equivalent subject to the approval of the Board of DFM, HKCFP.
5. had fulfilled the CME/CPD requirements by obtaining both 30 CME points and 10 CPD points accredited by the HKCFP each in the two consecutive years before sitting the Conjoint Examination.

Please Note:

Starting from 2024, Category II candidates who are eligible to sit for our college exam, will only be awarded FHKCFP upon passing the exam, provided all HKCFP Fellowship requirements are met.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the required documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A.** Written Examination consists of
 - (i) Applied Knowledge Test (AKT), and
 - (ii) Key Feature Problems (KFP)
- B.** Clinical Examination
Clinical Competency Examination (CCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess an APCLS (Advanced Primary Care Life Support) certificate issued by the HKCFP*. The validity of this certificate must cover the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

*Note: In regarding the APCLS certificate issued by the HKCFP, the dates of APCLS workshops & examinations for 2024 will be confirmed in due course. Please register with our College secretariat at 2871 8899 IMMEDIATELY if you do not hold a valid APCLS certificate issued by HKCFP and intend to sit for the Conjoint Examination 2024.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate must pass **both** the AKT **and** KFP segments in the Written Examination before one can proceed to the Clinical Competency Examination. Candidates who failed in one segment will be required to re-attempt only the failed segment. Successful Written Examination result can be retained for three years (counting from whenever the first segment is passed). If one fails to pass both segments in three years, one has to retake both segments.

The Clinical Competency Examination can only be taken after passing both segments of the Written Examination. If one fails the Clinical Competency Examination, all the clinical stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline for application is **11 April 2024 (Thursday)**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

Application Fee : \$3,000 (Non-refundable)

Examination Fee :

- Full Examination (Written + Clinical)	\$36,000
- Written Examination	
• AKT \$9,000	
• KFP \$9,000	
- Clinical Examination	\$18,000

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applied for the Full Examination **but failed in the Written Examination, s/he will be automatically withdrawn from the Clinical Examination, and the Clinical Examination fee (\$18,000) would be refunded**.

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notice of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$36,000 (for the whole examination), \$9,000 (for AKT), \$9,000 (for KFP) or \$18,000 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund will be given if the written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

- | | |
|---------------------------------------|--|
| • 11 April 2024 (Thursday) | Closing Date for Applications |
| • 18 August 2024 (Sunday) (Tentative) | Conjoint Examination – Written Examination (KFP) |
| • 25 August 2024 (Sunday) (Tentative) | Conjoint Examination – Written Examination (AKT) |
| • (Date to be confirmed) | Conjoint Examination – Clinical Exam (CCE) |

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy all the requirements of the College(s) concerned.

Entry forms for the application of Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

Quality Assurance & Accreditation Committee News

HKCFP Additional Accreditation and Report on CME/CPD Missing Points for Year 2023

Dear Members,

The credit point score of year 2023 for HKCFP QA Programme is going to be finalized. Please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx.

If you wish to apply for Additional Accreditation or you find any CME/CPD points missing from your CME report, please apply for CME accreditation by sending the application(s) on or before **23 February 2024 (Friday)**.

1. Application for Additional Accreditation

The application of Additional Accreditation for the **year 2023** is now open for those activities **without prior accreditation** by QA&A Committee. For Educational Activities **under items 3.7, 3.8, 3.13, 3.14 and items 5.2 to 5.6 in QA Regulation 2023-25**, please apply in writing with relevant supporting documents and \$500 administration fee (**Non-refundable**) by cheque to QA&A Committee.

Please submit the application for Additional Accreditation with relevant supporting documents at your earliest convenience. **Relevant supporting documents are mandatory for accreditation, e.g. attendance records, photocopies of events, transcripts or published articles.** Kindly note that each application will be handled independently upon receipt of the application. Submission of additional information for the application, if any, will incur new charges.

2. Application for reporting CME/CPD missing points from Pre-Accredited Activities

This application is only for the activities held **in 2023 with prior accreditation** by QA&A Committee, i.e. before the activities took place. If such credit points are missing from the CME Report, please return the **“Report on CME/CPD missing points from Pre-Accredited Activity”** together with relevant supporting documents (e.g. attendance records, photocopies of events, transcripts or published articles) to us.

Application Deadline: 23 February 2024 (Friday)

All forms can be downloaded at: http://www.hkcfp.org.hk/pages_5_82.html

For those applying additional accreditation, please send a cheque payable to “HKCFP Education Ltd” **by post** to: Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Please ensure your mail items bear Sufficient Postage before posting.

Application Form and Supporting Documents can be submitted by post to the above mentioned mailing address, **OR** by email to: cmecpd@hkcfp.org.hk

Please observe the application deadline as late applications will **NOT** be processed. The QA&A Committee reserves the right to finalize the number of Credit Points to be awarded for each activity according to relevant supporting documents submitted for accreditation. Should you have further question(s), please contact Mr. John Ma and Ms. Iris Ip at 2871-8899 or by email to cmecpd@hkcfp.org.hk.

Yours sincerely,

Dr. Li Yim Chu

Chairlady, Quality Assurance & Accreditation Committee

Quality Assurance & Accreditation Committee News (Con't)

CME/CPD Compliance

Dear Colleagues,

With credit point of cycle year 2023 is going to be finalized, please kindly check your updated report by visiting the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx (Membership login is required)

The committee wishes to highlight that colleagues **must engage in ALL categories of activities** in order to fulfill the **QA Certificate 2023-2025** criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including **at least 30 CPD points**
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants must engage in **ALL** categories of activities
- (4) Maximum points set for Subcategories (3.01, 3.02, 3.03a-c, 3.04, 3.09, 3.10)

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to activities organized by our College alone, and
- iii) Category 5, related to pre-accredited activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events by the Hong Kong Medical Association, The Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

To obtain **CME Certificate 2023**, Members should obtain at least 30 Credit Points in either CME or CPD or both. In particular, **HKAM Fellows** are required to obtain the minimum of 90 points, including **at least 15 CPD points** in a 3-year cycle (2023-2025).

Another point to highlight is the various ways to gain CPD points. Please refer to the table summarized by QA committee at: <https://www.hkcfp.org.hk/upload/Documents/QA/Way%20to%20Obtain%20CPD%20Point%20%282021%20ver%29.pdf>

Please see the "Regulations for Award of Quality Assurance 2023-25 (QA)" for more details: http://www.hkcfp.org.hk/pages_5_81.html

In particular the committee would like to mention the regulation of Continuous Professional Development (CPD) Logs:

Activity:

Self-appraisal activities on lectures, seminars and workshops organized by the **Board of Education of College**. For activities that are applicable for CPD log submission, the following statement **"Up to 2 CPD Points (Subject to Submission of Satisfactory Report of Professional Development Log)"** will be marked in the 'Board of Education News' published in FP links or circulated through bulk email. The log is required to be submitted within one month after the lecture.

Journal:

Specific articles published in the HK Practitioner or HK Medical Journal

HK Practitioner: Update Article, Original Article, Discussion Paper, Internet

HK Medical Journal: Original Article, Review Article, Medical Practice

('Online First' articles are not included)

The log is required to be submitted within one month after publication.

Late submission of CPD logs would not be accepted. Please be reminded you must fulfill the requirement to obtain CME points, in order to obtain CPD points through activity CPD Log.

Requirements to obtain HKCFP CME for attending online CME events:

- 1) Attend 75% or above of the length of the online session;
- 2) To complete a post event quiz*, questionnaire OR feedback form set by organizer
(* MCQ/ True or False Question; 50% or above correct answers are required.)

For any enquiry please contact our QA&A Secretariat (Mr. John Ma or Ms. Iris Ip) at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr. Li Yim Chu

Chairlady, Quality Assurance & Accreditation Committee

The HKCFP Awards for the Best Research and Best Trainee Research of 2023

The Research Committee of the Hong Kong College of Family Physicians is calling for The Award for The Best Research of the Year 2023. All members and fellows of the College are invited to participate and submit their research papers to the Research Committee for selection.

Following ‘The HKCFP Award for the Best Research’, the Research Committee is pleased to organize an additional award, ‘The HKCFP Award for the Best Trainee Research’, specifically for the current trainees of HKCFP or within 3 years of completion of vocational training.

Both the abovementioned Awards will be presented at the Conferment Ceremony in 2024.

Please note that each applicant can only apply either one of the above Awards

Entry and assessment criteria are listed below.

Entry Criteria:

For Best Research Paper:

1. The principal investigator has to be a Member or a Fellow of the Hong Kong College of Family Physicians.
2. The research must be original work of the investigator(s).
3. The research should have been conducted in Hong Kong.
4. The research must have been completed.
5. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.

For Best Trainee Research Paper:

1. The principal investigator has to be a trainee of the Hong Kong College of Family Physicians, or within 3 years of completion of vocational training.
2. For higher trainees who are submitting their Exit Examination research project for this award, they must have submitted their project to the Specialty Board and have passed the research segment of the Exit Examination.
3. The research must be original work of the investigator(s).
4. The research should have been conducted in Hong Kong.
5. The research must have been completed.
6. The paper should be presented under the standard headings of Abstract, Introduction, Methodology, Results, Discussion and Conclusion. References should be listed in full at the end in Vancouver format.

Assessment Criteria:

1. How relevant are the topic and findings to Family Medicine?
2. How original is the research?
3. How well is the research designed?
4. How well are the results analyzed and presented?
5. How appropriate are the discussion and conclusion(s) drawn?
6. How useful are the results for patient care in the discipline of Family Medicine?
7. How much effort is required to complete the research study?

Each research project submitted will be assessed according to the seven criteria listed above by a selection panel. Each criterion may attract a different weighting to be decided by the selection panel. Please indicate the research award that you applied for, i.e. “The HKCFP Award for the Best Research of 2023” or “The HKCFP Award for the Best Trainee Research of 2023”, on your research project upon submission, and send your submission either

By post to Research Committee, HKCFP, Rm 803-4, 8/F, HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, **by email** to research@hkcfp.org.hk

DEADLINE OF SUBMISSION: 27 March 2024

Supported by HKCFP Foundation Fund

HKCFP Research Fellowship 2024

Introduction

The HKCFP Research Fellowship was established by the Hong Kong College of Family Physicians to promote research in Family Medicine. The Grant is up to the value of HK\$ 100,000. Applicants are expected to have regular contact with a nominated supervisor with Master degree (or equivalent) or above.

Eligibility

Applicants for the HKCFP Research Fellowship must be active Fellow, Full Member or Associate Member of the HKCFP. New and emerging researchers are particularly encouraged to apply. However, full-time academic staff of Universities would not be eligible to apply.

Selection criteria

Application will be judged on*:

- Training potential of applicants
- Relevance to family medicine and community health
- Quality
- Value for money
- Completeness (incomplete or late applications will not be assessed further)

** Please note that new researchers and those at an early stage of their research careers are defined as those who have not led a major research project or have fewer than 5 years of research experience.*

How to apply

1. Application form, terms and conditions of the Fellowship can be downloaded from www.hkcfp.org.hk or obtained from the College Secretariat, HKCFP at Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899 Fax: 2866 0616
2. Applicants must submit:
 - The completed application form;
 - The signed terms and conditions of the HKCFP Research Fellowship;
 - Curriculum vitae from the principal investigator;
 - Curriculum vitae from the co-investigator(s) (no more than two pages) AND,
 - Curriculum vitae from the supervisor.
3. Applications close on: **27 March 2024**. Late applications will not be accepted.
4. Applications can be either sent:

By post to Research Committee, The Hong Kong College of Family Physicians, Rm 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong;

Or, **by email** to research@hkcfp.org.hk

Supported by HKCFP Foundation Fund

心思思想出Private?

葉子雄醫生



周一醫生

今年是小弟醫學院畢業20周年，特地請來一位非常有趣的同學作一次專訪。醫學院畢業之後，進入了精神科專科培訓，之後就被部門主管推薦開始兼顧醫管局的行政工作，項目越做越多之後，人際網絡也越來越廣，之後得到私人醫療集團的招手，繼而離開了醫管局。這位就是現在任職上市醫療集團的醫療行政總監的周一醫生。

身為醫療集團的醫療行政總監，除了管理旗下集團多個中西醫及牙醫診所的日常營運之外，還照顧到招聘醫生，以及收購小型醫療集團等工作。跟他碰面的時候，談到了很多家庭醫生有計劃進入私人市場的念頭，這次特意邀請他詳談，希望可以為各位，不論是剛畢業的醫生，完成專科培訓的醫生，準備進入私人市場的醫生及擁有自己診所的醫生，都得到一點啟示。

問：相信很多有意投身私人市場的同事們，最有興趣的就是薪酬待遇及工作環境吧，我們就單刀直入先問這個。

答：其實這也是跟市場掛鈎的，相當透明，所以可以直接回答。私人市場的薪酬主要分為基本薪酬及獎金兩部份，獎金部份主要視乎個人能

力，看病人的數量及總收入等因素。一周工作時間是五天半，每天朝九晚六，每天大概看六十個病人左右，不過當然病人病情的複雜性會比醫管局為低，而一年的年假大概有十四天。當然這些待遇都會因應年資及表現作出調整。亦有些個別醫生表現額外出色，他們的薪酬是沒有頂點的，對於醫科畢業生可說相當吸引。

問：什麼的人適合從醫管局跳出私人市場呢？又有什麼失敗個案呢呢？

答：通常見工的時候不論職級我都會先見面詳談，目的是討論同事對私人市場的了解及期望。一般來說進入私人市場的主要原因是希望薪酬有所提升。而在私人市場很多時病人都會要求見同一個醫生，充分體現continuity of care，成功感及滿足感更大。另外有一些已經步入管理層的同事不想再處理行政工作，只想集中看病人，這亦是私人市場可以滿足到的事情。唯一的是，如果仔細看我們剛才談及的待遇，就應該看出私人市場雖然薪酬可能是比較高，但工作時間其實較長，年假亦較少，對於一些想尋找work life balance的同事就需要再了解清楚細節。

問：家庭醫學專科醫生進入私人市場相比起一般畢業生有什麼優勢呢？

答：個人留意到接受過家庭醫學專科培訓的醫生，在諮詢技巧，思考角度，及跟病人溝通的彈性上也有優勢，這方面可以得到病人信任，更容易留住病人，更可以全面照顧一個病人的身心健康。

問：對於同事離開醫管局之後開自己的診所，又有什麼建議呢？

答：如果有這方面的興趣，個人非常建議醫生開展自己的診所。但觀察到很多醫生都是單憑勇氣直接開診所，並沒有好好計算成本及營運開支等問題，都讓人捏一把汗。畢竟這是一門生意，最基本是需要收支平衡，所以要做好事前準備及市場研究。

先來說一下大家醫學院沒有教導，大家又不想提及的重要事情——錢。其實任何一門生意最重要的都是財政狀況。首先是租金，門診基本上都需要開在地舖，我建議最少需要兩間房，經過了一場又一場的肺炎之後，我們都了解到多一個房間的重要性。一個大概400尺左右的地舖，每個月需要4至5萬元租金。護理員的薪酬大概每個月2萬元，一個診所起碼需要2位護理員，最理想可以有3位。開舖時存倉的藥物大概需要30至40萬。裝修有平有貴，但以現在的市價大概需要60至100萬。其中一個最大的錯誤，是很多人誤將開頭投放的資金，當成一次性消費，這是錯誤的，應該把你開頭投放的資金除以得到的租約期限成為每月折舊開支。例如剛才所說的裝修費是100萬，就需要除以3年的租期，得出每個月是\$28,000。

以剛才的例子簡單計算一下，每個月的營運成本是：

租金 \$50,000

薪酬 \$60,000

裝修折舊\$28,000

另外還有水電文具等的開支，所以一個月的開支大概\$160,000。然後就可以計算你每個月預計需要看的病人數量以及每個病人收取的診金。之後的盈利才可以開始計算你的收入。

所以開個人診所，絕對不是可以馬上放輕鬆，而是另一個人生挑戰的開始。

問：如果資金方面已經計算清楚，下一步有什麼需要留意的呢？

答：首先是location，location，location，要挑選一個租金及實用面積都合適的單位，實在需要一些耐性及運氣。如果看到一些區域街道附近都沒有診所，就以為是沒有競爭，這就大錯特錯。有時沒有競爭對手，可能是鋪位的人流出現問題，所以租金也相對特別便宜。相反人流旺的地點，租金就一定貴。這個是需要花一點時間觀察研究的，仔細找出一個合適的平衡。如果選址錯誤，就可能要捱到租約完結才可以止蝕離場。

其次是風火水電，通風，走火，來去水，及電壓都是需要留意的問題。

之後就是一些對診所的要求，最明顯的就是dangerous drug的處理，這一方面在家庭醫學專科培訓的教育是非常豐富的。

問：如果一個診所已經得到很穩定的人流及收入，怎樣才有機會被收購呢？

答：這是一個比較複雜及高層次的問題，我們考慮的因素非常多，我嘗試舉例其中一些吧。以我們大型醫療集團來說，主要是看這個診所的賺錢能力，及未來潛力。很多人有一個誤解，一個診所的收益就是總收入減去剛才所說的成本，完全沒有計算醫生的收入。一個值得投資的診所，不單止需要有穩定的收入，更重要是穩定的收益。除了這方面以外，還要有可以發展的潛力，例如這個空間並未被全面運用，有空置的諮詢房間，這就代表有能力可以加入更多醫生，又或者這個診所位於一個醫療集團網絡以外的地點，這個診所的加入可以完善集團醫療網絡，這也是一個值得考慮的因素。

是否進入私人市場，到最後也要看個人的性格及目標。離開舒適圈畢竟是困難的，而且舒適圈這麼舒適，為什麼要離開呢，也是非常值得思考的人生課題。至於開自己的診所，只能說相比起以往是困難了很多，尤其是昂貴的租金及人工，以及非常困難的招聘環境，要招聘有責任感的護理員是非常的不容易。人生問題重重，但是接受挑戰也算是成就解鎖吧。不論各位在任何崗位，都希望你努力加油。



葉子雄醫生（左）和周一醫生（右）

Mycoplasma Pneumoniae Infection

Recently, there has been an increasing trend of *Mycoplasma pneumoniae* infection (in Chinese, 肺炎支原体 or 肺炎黴漿菌) in both Hong Kong and mainland China. This is a situation that requires our heightened vigilance. This bacterium can cause respiratory system diseases, especially atypical pneumonia.

Mycoplasma pneumoniae belongs to the class of microorganisms called "Mollicutes" which lack a cell wall and have a smaller genome. The discovery of *Mycoplasma pneumoniae* can be traced back to 1898 when French scientists isolated a pathogen believed to be responsible for pneumonia in cows and named it "microbe de la peripneumonie" and subsequently also known as pleuropneumonia-like organisms (PPLO). Subsequently, in 1944, scientists successfully cultured this pathogen from chick embryos, which was associated with atypical pneumonia in humans, and referred to the related infection as "walking pneumonia."

Mycoplasma pneumoniae is typically transmitted from person to person through respiratory droplets. It can also spread through direct contact with the nasal or throat secretions of an infected individual or through indirect transmission by touching objects contaminated with the secretions of an infected person. The main affected population is children and young adults, particularly in crowded and enclosed environments. The incubation period of *Mycoplasma pneumoniae* is usually 2 to 3 weeks, and the infection typically manifests as respiratory system diseases. Most patients experience mild upper respiratory symptoms such as sore throat, cough, runny nose, nasal congestion, and mild fever, with a chance of self-recovery through natural immune response. However, a small percentage of patients (approximately 5% to 10%) may develop atypical pneumonia, characterised by symptoms such as purulent sputum, fever, chills, difficulty breathing, chest pain, and fatigue. According to statistics, *Mycoplasma pneumoniae* is one of the common causes of community-acquired pneumonia (CAP) in healthy individuals under the age of 40.

Although *Mycoplasma pneumoniae* usually causes mild illness, in some patients, especially the elderly or immunocompromised individuals, severe complications such as severe pneumonia, encephalitis, renal impairment, and haemolytic anaemia may occur.

According to the data released by the Centre for Health Protection (CHP) in mid-October 2023, recent paediatric wards in hospitals in Hong Kong have admitted an increasing number of patients hospitalised due to *Mycoplasma pneumoniae* infection. The analysis at that time showed that the number of paediatric hospitalisations from August to October 2023 had reached levels close to the peak months in 2017, which emphasises the need for us to remain vigilant.

The treatment for *Mycoplasma pneumoniae* infection typically involves the use of antibiotics. However, *Mycoplasma pneumoniae* cells lack peptidoglycan cell walls, making them resistant to many antibacterial agents (e.g. penicillins). *Mycoplasma pneumoniae* also has the ability to cause persistent infections and continue to exist even after treatment. The reason for this persistent infection is that *Mycoplasma pneumoniae* can mimic the surface composition of host cells, evading the immune system's detection. Laboratory diagnosis of *Mycoplasma pneumoniae* infection typically relies on serology or nasal swab for polymerase chain reaction (PCR) testing. Testing conducted by public health laboratories of CHP in 2019 showed that up to 70% of *Mycoplasma pneumoniae* strains were resistant to macrolide antibiotics. Therefore, doctors face challenges when considering treatment options, e.g. US CDC recommend, the use of macrolides (e.g. azithromycin, for children and adults), tetracyclines (e.g. doxycycline, for older children and adults) or fluoroquinolones (for adults), whilst locally in HK according to the latest IMPACT guideline, doxycycline would be preferred over azithromycin in view of the increase of macrolide resistant *Mycoplasma pneumoniae*. As treating of *Mycoplasma pneumoniae* infection requires the use of specific antibiotics, it is important to remind our patients to closely follow the doctor's prescription and avoid self-medication with antibiotics to prevent the development of antibiotic resistance as well as undesirable side effects (e.g. doxycycline use in younger children <8 years old as is thought to be associated with risk of permanent tooth coloration and enamel hypoplasia).

Despite the above, there are measures we can also advise our patients to prevent the transmission of *Mycoplasma pneumoniae* and other related respiratory infections through good personal and environmental hygiene habits. For example:

睇醫生 問清楚
Ask the right questions

抗生素 咪食錯
Use antibiotics smartly

www.chp.gov.hk

Material from Centre for Health Protection (CHP) to raise public awareness against antimicrobial resistance (AMR)

1. For high-risk individuals, such as those with underlying chronic illnesses or weakened immune systems, they should consider wearing surgical masks when using public transportation or in crowded and enclosed spaces.
2. Practice good personal hygiene, including frequent handwashing, covering the mouth and nose when sneezing or coughing, and properly disposing tissues containing mucus or saliva by placing them in covered trash bins.
3. Maintain good indoor ventilation and avoid going to poorly ventilated and crowded places.
4. Boost immunity by maintaining a healthy lifestyle, including regular exercise, balanced diet, and adequate sleep.
5. Be aware of early symptoms such as cough, sore throat, fever, etc., seek medical attention promptly, and inform the doctor about the potential exposure history to *Mycoplasma pneumoniae* infection

While there is currently no effective vaccine available for *Mycoplasma pneumoniae*, the public, especially vulnerable individuals such as children and the elderly, should consider preventing other types of respiratory infections that are concurrently circulating in the community, such as influenza, COVID-19, *Streptococcus pneumoniae*, etc., by receiving the corresponding vaccines to provide additional protection.

謹慎使用 抗生素 問清楚醫生最好
Use Antibiotics Properly Always Consult a Doctor

服用抗生素時，須按照藥袋上的健康建議：
Follow health advice on prescription bags when taking antibiotics:

- 手部衛生 Hand hygiene
- 戴上口罩 Wear mask
- 煮熟食物 Cook food thoroughly
- 覆蓋傷口 Cover wounds
- 減少接觸 Minimise contact

Material from Centre for Health Protection (CHP) to raise public awareness against antimicrobial resistance (AMR)

Reference:

1. Centre for Health Protection. [20 October 2023]. Vigilance against *Mycoplasma pneumoniae* infection. Retrieved from https://www.chp.gov.hk/files/pdf/letters_to_doctors_20231020.pdf
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Compiled by Dr. John-Hugh Tam

The Diary of a Family Doctor【家庭醫生的日常】

讚賞的力量

張國良醫生

患有高血壓的病人回來覆診，自動遞上在家量度的血壓紀錄，整整齊齊，一目了然。

「唔該晒，你寫得咁清楚，幫到我哋好多！」

「咁梗係啦，我都想自己好，你肯睇就得嘞！」

「我見你D血壓咁好，咁叻嘅，你點做到？」

「都無乜特別，不過……」然後自動報上養生之道，不用再細問戒口運動等細節。

「佩服！下次見你都要咁精神呀！」

讚賞是一種很特別的力量。不單止把好的行為鞏固，令它持續。它也代表了一種尊重，我們看到對方的努力，「人味」就來了，不再只是流水作業，氣氛也自然融和。

讚賞也可以是「自己讚自己」。李靜在女子乒乓球隊獲獎後也多謝自己。一天的病人不少，總有一兩個人，你為他們帶來改變。不一定是救死扶傷。更小的事也好，可能只是為病人解

釋了病情，令他放下擔心；可能只是為病人提供了社區資源的資料...

一天幫一個人，一年幫了三百個，不是很好嗎？

不如試試讚賞病人，同事，家人，還有自己。

當然，最常見是病人的讚賞。心意咭，感謝信能為我們打下強心針。記得曾有一位病人送上一隻DVD，輯錄了一部70年代的功夫片，「雙形鷹爪手」。原來是他執導主演的電影！

我看過了，硬橋硬馬真功夫。

只是讚賞嗎？我看是信任，渴望能夠與人分享自己的驕傲。

「人味」總在診症中。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Gift of appreciation will be given as token of appreciation if the articles are selected for publication.
Email: FPLinks@hkcfp.org.hk

FP Links Committee Announcement

Taking Go Green to next level

Dear College Members,

Since 2009, an increasing number of members have opted to discontinue receiving printed copies of FP Links. FP Links Committee would like to thank the members who have supported the "Go Green" initiative.

To drive the initiative forward, from January 2024, subscription would be changed to electronic versions automatically for all college members unless notified otherwise. All issues of Family Physicians Links (FP Links) are accessible from our college website http://www.hkcfp.org.hk/fplinks_40.html.

Members who would like to receive printed copies of FP Links from the following month, please complete the e-form by scanning the QR code. For members who respond after the 22nd would be included in the FP Links printed copies list from the following month.

Thank you for joining us together in reducing paper consumption and helping conserve natural resources!

The Hong Kong College of Family Physicians
Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen
Email: FPLinks@hkcfp.org.hk
Phone: 28718899

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Hong Kong
Primary Care
Conference
The Hong Kong College
of Family Physicians

HONG KONG PRIMARY CARE CONFERENCE 2024



Family Medicine in the Community: **STRENGTHENING CONNECTIONS**

5-7 July 2024 (Friday - Sunday)

(Supported by HKCFP Foundation Fund)



Hong Kong
Primary Care
Conference
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2024

“Family Medicine in the Community: STRENGTHENING CONNECTIONS”

5th – 7th July 2024 (Friday – Sunday)

I am delighted to announce our annual signature 2024 Hong Kong Primary Care Conference to be held face-to-face on 5 – 7 July 2024 at the Hong Kong Academy of Medicine Jockey Club Building, Aberdeen, Hong Kong.

This year’s conference theme is “Family Medicine in the Community: Strengthening Connections”. As you may recall our Government launched the Primary Care Blueprint to formulate the direction of development and strategies for enhancing Hong Kong’s primary healthcare system to address the increasing chronic disease burden and improve the overall health and wellbeing of Hong Kong citizens. The Primary Care Blueprint reinvigorates the health care system by focusing on the creation of an integrated, high-value health care that positions family doctors at the front line of primary care. This role comes with family doctors’ capability to recognize individual risk factors of patients and intervene, coupled with their growing awareness of the social, environmental and community determinants of health. These attributes make them most suitable to lead and provide primary healthcare to individuals and families in the community.

As always, our conference will continue to excite you with its well-curated scientific program filled with diverse and interesting plenary sessions, seminars, symposiums and workshops.

I cordially invite you to submit abstracts for the Full Research Paper, Free Paper and Clinical Case Competitions which are now open for submission.

I look forward to seeing you all again.

Sincerely yours,

Dr. Lorna Ng
Chairlady, Organizing Committee
Hong Kong Primary Care Conference 2024



Hong Kong
Primary Care
Conference
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2024

“Family Medicine in the Community: STRENGTHENING CONNECTIONS”

5th – 7th July 2024 (Friday – Sunday)

Full Research Paper Competition

We cordially invite your participation in the **Full Research Paper Competition** of the HKPCC 2024. The Competition is a long-standing tradition of the College's Annual Conference to promote and recognize well-designed and innovative research which bears potential impact on clinical practice or development of primary care. This year, we will have TWO Awards:

AWARDS

Best Research Paper Award

Best New Investigator Research Paper Award

The HKPCC 2024 Organizing Committee will invite renowned scholars as judges to review the participating papers. Both winners will receive a **Certificate of Award** and will be invited to present their research papers at the Conference.

ELIGIBILITY AND AUTHOR GUIDELINES

For **Best Research Paper Award**: the first author of the paper must meet ALL of the following conditions:

- (1) The author must register for the Conference;
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards;
- (4) The paper had not been awarded in other competitions in the past; and
- (5) If the paper has already been published, it must be published after 1 January 2022.

For **Best New Investigator Research Paper Award**: the first author of the paper must meet ALL of the following conditions:

- (1) The author must register for the Conference;
- (2) The author completes the majority of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards;
- (4) The paper had not been awarded in other competitions in the past;
- (5) If the paper has already been published, it must be published after 1 January 2022; and
- (6) The first author must not have published any other research paper in any scientific journal as first author before (for example, The Hong Kong Practitioner, Hong Kong Medical Journal or other academic journals).

* Recent successful exit examination candidates (in research segment) are also encouraged to submit for this award.

The participating paper should be a full-length article. It should include a structured abstract of no more than 250 words. The text should contain at least 2,000 words, organized as **INTRODUCTION, METHODOLOGY, RESULTS and DISCUSSION**. It should consist of no more than 6 illustrations (tables/figures). Only electronic versions are accepted. The full paper should be typed in 12-point size in Microsoft Word format.

AWARD SELECTION CRITERIA

Each paper will be evaluated against the following criteria:

- (1) Academic rigor of the paper (e.g. originality, methodology, organization and presentation).
- (2) Relevance and impact to primary care (e.g. importance of the topic and the impact of the findings on the practice or development of primary care).

The panel reserves the right of granting / withholding an award for this year.

HOW TO SUBMIT

Please go to <https://forms.gle/tCHH5yBoFawE1TEX9> to complete the submission form and send your full research paper to hkpcc@hkcfp.org.hk. All entries will be acknowledged upon receipt.

For enquiries, **please do not hesitate to contact our Conference Secretariat, Ms. Carol Pang or Ms. Nana Choy, at 2871 8899 or by email hkpcc@hkcfp.org.hk.**

SUBMISSION DEADLINE

26 March 2024 (Tuesday)

“We look forward to receiving your research articles!”



Hong Kong
Primary Care
Conference
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2024

“Family Medicine in the Community: STRENGTHENING CONNECTIONS”

5th – 7th July 2024 (Friday – Sunday)

Free Paper Competition

Free Paper Competition sees many pioneering research ideas, pilot studies and thought-provoking case studies, commentaries and stimulating discussions. The Free Paper Competition is one of the highlights of the HKPCC and can be in the form of **ORAL** presentation or **POSTER** presentation. We look forward to your active participation in the Free Paper Competition.

AWARDS

Best Oral Presentation Award.

Outstanding Poster Presentation Award.

Both the winners will receive a **Certificate of Award**.

Author Guidelines

- The presentation of the free paper can be in the form of an **ORAL** presentation or **POSTER** presentation. (The details of oral or poster presentation will be announced later.)
- Electronic version is preferred for abstracts. Abstract should be typed in online abstract submission form. Handwritten abstracts will NOT be accepted.
- The abstract must not exceed 300 words, and should be organized as follows: **TITLE, AUTHOR(S), INTRODUCTION, METHOD, RESULTS and CONCLUSION**. Commentaries and discussion papers need not follow the above format apart from the TITLE and AUTHOR(S).
- Authors' full names and affiliations must be specified and correspondingly indexed. Surnames should be printed in bold.
- All abstracts must be submitted in English. All accepted abstracts must be presented in English.

ELIGIBILITY REQUIREMENTS

To be eligible for participation in the free paper presentation, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author (and the presenting author if applicable) must register for the Conference;
- (2) The author completes the majority of the research and writing of the paper;
- (3) The author has not submitted the same paper to other conferences conducting at the same time period of HKPCC;
- (4) The paper has not been granted any award(s) in the past;*
- (5) Only **ONE** designated presenter can present the accepted abstract. Co-authors are welcome to register and attend the session of the Conference; and
- (6) The Organizing Committee has the right of final decision on the acceptance of an abstract.

*If the paper has been granted any award(s) in the past, the paper can be submitted for poster presentation only and will be automatically excluded from award competition.

AWARD SELECTION CRITERIA

For the **Best Oral Presentation Award**, each oral presentation will be evaluated against the following criteria:

- (1) Quality and thoroughness of research methods used to generate findings;
- (2) Quality of visual presentation if applied;
- (3) Relevance, innovation and impact to primary care.

For the **Outstanding Poster Presentation Award(s)**, each poster will be evaluated against the following criteria:

- (1) Quality of visual presentation (poster layout);
- (2) Quality and thoroughness of research methods used to generate findings;
- (3) Relevance, innovation and impact to primary care.

HOW TO SUBMIT

Please go to <https://forms.gle/vAQeyNyUhahXS6fo9> to complete the submission form and submit your abstract. All entries will be acknowledged upon receipt.

For enquiries, please do not hesitate to contact our Conference Secretariat, Ms. Carol Pang or Ms. Nana Choy, at 2871 8899 or by email hkpcc@hkcfp.org.hk.

SUBMISSION DEADLINE

26 March 2024 (Tuesday)



Hong Kong
Primary Care
Conference
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2024

“Family Medicine in the Community: STRENGTHENING CONNECTIONS”

5th – 7th July 2024 (Friday – Sunday)

Clinical Case Presentation Competition

Following on from the success of the previous years' HKPCC Clinical Case Presentation Competition, the Organizing Committee of the upcoming HKPCC 2024 is honored to organize the competition again this year!

The Presentation can be in the form of individual or group presentation with up to 5 people per group. The details of the competition are listed as below. We look forward to your active participation in the Clinical Case Presentation Competition.

COMPETITION OUTLINE

- (1) Target participants: Doctors, nurses, physiotherapists, clinical psychologists, occupational therapists, dieticians, podiatrists and any other allied health professionals.
- (2) Presentation materials: Any clinical case relevant to primary care.
- (3) Presentation format: In the form of individual presentation, role-play, drama or any other possible format for 15 minutes. Either individual or group presentation with up to 5 people per group is acceptable.
- (4) The Organizing Committee has the right of final decision on the acceptance of the cases for presentation.

AWARDS

The Best Presentation Award winner will receive **a Certificate of Award**.

ELIGIBILITY REQUIREMENTS

To be eligible for participation in the Clinical Case Presentation Competition, the presenter must meet ALL of the following conditions:

- (1) The presenter must register for the Conference.
- (2) **The presentation should be the original work of the participants.**
- (3) The candidates should have submitted their presentation proposals to the Secretariat prior to the Conference.

AWARD SELECTION CRITERIA

Each presentation proposal should state the theme, outline of presentation, format (e.g. role-play, drama, video), language and rundown.

Each presentation will be evaluated against the following criteria:

- (1) Quality of presentation: Presentation skills and time management.
- (2) Content of presentation: Relevance and impact to primary care, enhancement to patient care in daily practice and useful take home message.

HOW TO SUBMIT

Please go to <https://forms.gle/kuWsFQHbj8QWY4Py6> to complete the entry form and submit your presentation proposal. All entries will be acknowledged upon receipt.

The presentation material needs to be submitted to the Conference Secretariat **on or before 20 June 2024 (Thursday)**.

For enquiries, please do not hesitate to contact our Conference Secretariat, Ms. Carol Pang or Ms. Nana Choy, at 2871 8899 or by email hkpcc@hkcfp.org.hk.

ENTRY FORM, PRESENTATION PROPOSAL SUBMISSION DEADLINE

26 March 2024 (Tuesday)

PRESENTATION MATERIAL SUBMISSION DEADLINE

20 June 2024 (Thursday)

Meeting Highlights

Online Certificate Course on Management of Common Skin Problems in General Practice

The 2nd and 3rd session of Online Certificate Course on Management of Common Skin Problems in General Practice were held on 2 and 16 December 2023.

Dr. CHAN Yung, Specialist in Dermatology & Venereology, delivered a lecture on "Eczema and contact dermatitis", "Pityriasis rosea and lichen planus" and "Acne and apocrine glands problems" on 2 December 2023.



Dr. WAN Kwong Yu (left, Moderator) presenting a souvenir to Dr. CHAN Yung (right, Speaker).

Dr. LUK Chi Kong, David, Specialist in Paediatrics, delivered a lecture on "Common Paediatric skin problems", "Pigmentary disorders", "Common clinic procedures" and "Introduction to phototherapy and laser treatment" on 16 December 2023.



A screenshot taken on 16 December 2023 showing Dr. CHAN Man Li (left, Moderator) and Dr. LUK Chi Kong, David (right, Speaker).

Dinner Symposium on 7 December 2023

Dr. LAM Wing Wo, Family Physician, Private Practice, delivered a lecture on "Cracking the Shingles in Our Community: Exploring the Hidden Risks and Vulnerabilities" and Prof. Tony CUNNINGHAM, Professor, Faculty of Medicine and Health, University of Sydney, delivered a lecture on "Staying Ahead of Shingles: 10 years protection from vaccination".



(From left to the right) Dr. NGAN Po Lun (Moderator), Dr. LAM Wing Wo (Speaker), Prof. Tony CUNNINGHAM (Speaker) and Dr. Zonpaul ZEE (Moderator) took a group photo on 7 December 2023.

Certificate Course on Palliative Care for Primary Care Doctors 2023 co-organized with the Hong Kong Society of Palliative Medicine (HKSPM)

The last session of Certificate Course on Palliative Care for Primary Care Doctors 2023 was held on 9 December 2023.

Dr. LAU Kin Sang, Johnny, Specialist in Clinical Oncology, delivered a lecture on "Advanced Cancer – Palliative Oncological Treatment & Adverse Reactions" and Dr. NG Sheung Ching, Jeffrey, Specialist in Palliative Medicine and Specialist in Psychiatry, delivered a lecture on "Last Days of Life in the Community".



(From left to the right) Dr. HO Chun Wing, Jerry (Chairman, HKSPM), Dr. CHEN Wai Tsan, Tracy (Moderator), Dr. YIU Yuk Kwan (Council Member), Dr. LAU Kin Sang, Johnny (Speaker), Dr. LUI Cheuk Yu, Louisa (Tutor) and Dr. NG Sheung Ching, Jeffrey (Speaker), took a group photo on 9 December 2023.

43rd Annual Refresher Course 2023

6th session on 7 December 2023

Dr. Winston GOH, Specialist in Family Medicine and Dr. LI Wing Sum, Sam, delivered a lecture on "LGBTQ+ Awareness in Healthcare".



Dr. Dr. CHAN Ka Shing, Ricky (middle, Moderator) presenting a souvenir to Dr. Winston GOH (right, Speaker) and Dr. LI Wing Sum, Sam (left, Speaker).

7th session on 12 December 2023

Dr. CHOW Yee Kwan, Elaine, Specialist in Internal Medicine, delivered a lecture on "New solution for Metabolic Syndromes Management: Metabolic Health Benefits of Fiber".



Dr. MA Ping Kwan, Danny (left, Moderator) presenting a souvenir to Dr. CHOW Yee Kwan, Elaine (right, Speaker).

8th session on 14 December 2023

Dr. TAM Yat Cheung, Specialist in Paediatric Respiratory Medicine, delivered a lecture on "Latest update on meningococcal disease".



Dr. TSUI Hing Sing, Robert (right, Moderator) presenting a souvenir to Dr. TAM Yat Cheung (left, Speaker).

9th session on 17 December 2023

Dr. MOK Yun Wing, Thomas, Specialist in Respiratory Medicine, delivered a lecture on "Management of Asthma in Primary Care" and Dr. CHOW Yee Kwan, Elaine, Specialist in Internal Medicine, delivered a lecture on "Diabetic Kidney Disease Management in Primary Care".



Dr. CHAN King Hong (left, Moderator) presenting a souvenir to Dr. MOK Yun Wing, Thomas (right, Speaker).



Dr. CHAN King Hong (left, Moderator) presenting a souvenir to Dr. CHOW Yee Kwan, Elaine (right, Speaker).

Online Seminar on Dermatology – The 89th Meeting on 25 November 2023

Dr. CHAN King Hang, Dr. CHEUNG Jessica, Dr. HOU Baijing, Dr. KO Pak Long, Dr. TSANG Lai Ting, Dr. YU Louise Anne Sum Wun and Dr. YU Xiaoxia

Theme : Trainees Dermatology Cases Presentation

Moderator : Dr. Lam Wing Wo, Board of Education

Summary of presented cases

1. Case presented by Dr. CHAN King Hang

This presentation concerns a 16-year-old male patient with allergy to ibuprofen and Rocephin and a history of underlying eczema. He had no other significant past medical history and was not on any long-term medications. He complained of a 2-day history of yellow crusting over his face. He had pustules with thick crusting and golden appearance. Non-bullous impetigo was the diagnosis made. He was given a 1-week course of levofloxacin and advised for clinical follow-up in 2 weeks. Hand washing and general hygiene measures were emphasized for the patient. Measures to prevent the spread of the condition were discussed. Upon follow-up, the patient's condition had significantly improved and medications for his eczema were prescribed. The various clinical presentations of impetigo included non-bullous impetigo, bullous impetigo and ecthyma. Their clinical implications were discussed. Possible long-term sequelae included poststreptococcal glomerulonephritis which can occur after the infection and rheumatic fever. The various types of topical and oral antibiotic treatment were discussed. Topical antibiotics including fusidic ointment and mupirocin are generally used for limited impetigo while oral antibiotics reserved for extensive impetigo involvement or ecthyma. Firstline oral antibiotic treatment includes oral flucloxacillin while for those with penicillin allergy we can consider macrolides such as clarithromycin and erythromycin.

2. Case presented by Dr. CHEUNG Jessica

The case was a 68 years old female who presented with a rash over her right chest for 2 days. There was tingling pain with burning sensation and mild itchiness. The rash began as some red papules which later developed into vesicles. There was no other site of rash. Physical examination showed clusters of vesicles with an erythematous base along the dermatome. The rash was unilateral and did not cross the midline. Diagnosis of herpes zoster was made. Antiviral like acyclovir can be given as treatment. Analgesics can be offered for symptomatic relief. The rash had resolved with mild residual tingling pain upon follow-up after 4 weeks. Herpes zoster is caused by the reactivation of the varicella zoster virus, which remained latent in the dorsal root ganglia. Risk factors include old age, immunodeficient states (eg. HIV patients, cancer patients, and transplant recipients) and the use of immunosuppressive medications like steroids. Complications of herpes zoster include post herpetic neuralgia, herpes zoster ophthalmicus, bacterial superinfection and scarring. Zoster vaccine can be considered to prevent future zoster and reduce risk of

recurrence. It may lower the severity of symptoms and reduce the risk of complications. Different types of zoster vaccines were discussed.

3. Case presented by Dr. HOU Baijing

Ms. Fan is a 67-year-old lady with past medical history of DM and HT presenting with bilateral axillary red rash for one month. It was associated with mild itchiness. There was no peeling or discharge. There was no triggering factor. On physical exam, erythematous maculopapular rash with ill-defined border and satellite lesions over bilateral axilla were seen. There is no involvement of other body parts, hair, nail, or oral mucosa. My clinical diagnosis is cutaneous candidiasis. Intertrigo is the skin erosion resulting from friction between the closely opposed, moist surface of skin, e.g., axilla, under the breast, and inguinal fold. Superimposed candidiasis is common. Other secondary infections include tinea cruris by dermatophyte, erythrasma by corynebacterium, group A beta-hemolytic streptococcus. Risk factors include personal factors e.g., DM, obesity, and environmental factors e.g., hot and humid environment. Diagnosis is usually clinical, for example, satellites patches, papules and pustules is characteristic of candidiasis. Office-based examinations e.g., wood's lamp test, potassium peroxide smear for fungal infection and Gram stain for bacterial infection are helpful if spot diagnosis is ambiguous. Further investigations e.g., fungal and bacterial culture are less likely to be required. General advice on skin care can be given to patients, e.g., keeping skin dry by wearing moisture-wicking and loose clothes, gentle cleansing and application of gentle moisturizer and skin-barrier agents. Management of underlying DM and obesity is also necessary. Secondary infection should be treated. In this case, topical 1% clotrimazole cream twice per day for 4 weeks were prescribed to the patient to clear the infection.

4. Case presented by Dr. KO Pak Long

The presented case depicts a 30-year-old lady with rosacea. She complained of redness, flushing, and the formation of papules and pustules over the central part of the face for few months. In addition, she noticed occasional stinging and burning sensations. Rosacea is a chronic inflammatory skin condition that primarily affects the central face, more common in fair-skinned individuals and it is slightly more common in females. The condition can be triggered by spicy foods, alcohol, sun exposure or extreme temperature. The diagnosis is typically made based on clinical presentation and physical examination findings. However, we have to carefully rule out other conditions with similar features, such as lupus or dermatitis.

The treatment plan starts with lifestyle modifications. The patient was advised to avoid triggering factors, protect the skin from excessive sun exposure, and use gentle skin

care products. As the patient showed a fair response to conservative management, we initiate topical medications, such as metronidazole or azelaic acid, to reduce inflammation and improve the appearance of papules and pustules. Oral doxycycline for 8-12 weeks may be considered in cases with more severe or persistent symptoms. Laser therapy or intense pulsed light (IPL) treatments can be considered for persistent redness or visible blood vessels.

5. Case presented by Dr. TSANG Lai Ting

Ms A is a 16 year old female seen in general out-patient clinic. She complains of on-and-off facial rash for a few years since 13 years of age. She has recent increase in facial rash in 1 month. The rash is papular and pustular in nature. The rash is mild painful when pustules form. There is not much itchiness. There is no scarring of face and the body is not involved. She has no symptoms of hirsutism. She has menarche at 12 years of age. Her menstrual cycle is regular. She has no joint pain or bone pain or fever. She has regular exfoliative facial scrubbing once per week. She uses makeup products such as BB cream sometimes to cover up the rash. She had been seen at the general outpatient clinic for several times and was given topical benzoyl peroxide with fair response. She is a virgin and denied any chance of pregnancy. Psychologically, she felt low self-esteem because the rash affects her appearance. She has no boyfriend. Her academic performance is good and she has good relationship with classmates and her family. She is not on regular medications. For family history, her mother had acne in her adolescent age, which resolved after 30 year old.

On physical examination, there are many inflamed papules and pustules on face. There are a few large pustules which are 7 to 8 mm in diameter. There is no hyperpigmentation or scarring. There is no telangiectasia or rhinophyma. She has no hirsutism feature. She refuses breast and vulval examination. She weighs 50kg and her body mass index is 19.5.

My impression is moderate to severe acne vulgaris, predominantly papulopustular type, which fails to respond to topical benzoyl peroxide.

For management, I suggested her to have proper skin care and to avoid facial exfoliative products and cosmetics products. I advised her to use sunscreen regularly. For medications, I prescribed her with oral doxycycline 100mg daily for 12 weeks and topical benzoyl peroxide. I warn her on the possible side effects of doxycycline including gastrointestinal upset and photosensitivity. Rare adverse reaction such as idiopathic intracranial hypertension was told. I explained to her that the drug is contraindicated in pregnancy to keep her well informed although she had no concern for pregnancy. I also explained long term use of systemic doxycycline can be associated with increased risks of gram negative folliculitis and there were alternative systemic therapies when doxycycline fails. Patient showed understanding and agreed for the treatment plan. I arranged follow up in 4 weeks to see any side effects of treatment and the treatment response.

6. Case presented by Dr. YU Louise Anne Sum Wun

The case was a 74 year-old female presented with a 2-month history of recurrent atypical urticaria that subsided within

72 hours and left a violaceous rash. The rash was intensely itchy and there was no pain. She did not have any joint pain, oral ulcers or hair loss. Systemic review was negative. She was not on any chronic medication. The itch was partially responsive to oral antihistamines and topical steroid. The rash subsided quickly with oral steroids, but recurred after it was stopped. The impression was urticarial vasculitis. Urticarial vasculitis, unlike common urticaria, can be painful. Instead of subsiding within 24 hours, it can last up to 72 hours. Furthermore, instead of completely subsiding, it leaves behind a violaceous rash or hyperpigmentation. The diagnosis of urticarial vasculitis has to be confirmed by skin biopsy, and she was referred to dermatology. Urticarial vasculitis is usually idiopathic, but it can also be related to autoimmune diseases, drug reactions or malignancy. It is most commonly benign and self-limiting, but symptoms can last for years in some individuals. Mild cases are managed with antihistamines, while moderate to severe cases require oral steroids or immunomodulators.

7. Case presented by Dr. YU Xiaoxia

A 9 year-old boy who had history of atopic dermatitis and allergic rhinitis presented with hypo-pigmentation lesions for 6 months. The white patches were gradual onset, distributed on the face and then progressed to the upper trunk and upper arms. The condition was worsen after an excursion. There were mild itchiness but no pain. There was no preceding infectious disease such as upper respiratory infection and gastrointestinal infection. The boy was teased by his peers in school. In addition to the cosmetic impairment, his mother was concerned about vitiligo. His mother also suffered from eczema and allergic rhinitis. There were no family history of thyroid disease or diabetes.

On physical examination, the boy had dry, tan skin and multiple oval shape hypopigmented plaques over face, upper trunk and upper arms, sized 6mm - 12mm, with poorly defined edges and fine scaly. And there were eczematous rash in the antecubital fossa.

The likely diagnosis is pityriasis alba. Differential diagnosis include vitiligo, tinea versicolor, nevus depigmentosus and postinflammatory pigment alteration. Emollient was given, and sun exposure protection advised.

Pityriasis alba is a low-grade type of eczema/dermatitis mainly seen in children and the cause is unknown. It often coexists with dry skin and atopic dermatitis and often presents following sun exposure.

Diagnosis is usually clinical, but other disorders that cause hypopigmentation need to be excluded and the investigations may include Wood lamp examination, scrapings for mycology and skin biopsy.

Pityriasis alba is a self-limiting disorder, no treatment is necessary if asymptomatic. A moisturising cream may improve the dry appearance. A mild topical steroid (0.5-1% hydrocortisone) may reduce redness and itch if present. Calcineurin inhibitors (pimecrolimus cream and tacrolimus ointment) may be as effective as hydrocortisone and have been reported to speed recovery of skin colour. The condition usually resolves spontaneously after months or years.

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

Face to Face Seminar

Date and Time	Venue	Topic	Speaker and Moderator
3 February (Sat) 2:00 – 4:00 p.m.	8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong	22nd Medical Humanities Seminar: Medical Humanities in the MBBS Programme: The Doctor Behind the White Coat <i>Organized by Interest Group in Medical Humanities</i>	Dr. CHEN Yun, Julie <i>Director, Medical Ethics and Humanities Unit (Clinical School of Medicine), the University of Hong Kong</i> Moderator: Dr. CHAN Suen Ho, Mark

Online Seminar

Date and Time	Topic	Speaker and Moderator
28 February (Wed) 2:00 – 3:00 p.m.	Evaluating Point of Care Tests for Guiding Antimicrobial Prescribing in Primary Care	Prof. Chris BUTLER <i>Professor of Primary Care, Nuffield Department of Primary Care Health Sciences, University of Oxford</i> Moderator: Dr. SIT Wing Shan

QR Code for registration



Admission Fee:

3 February (Sat) Members: Non – members: HKAM Registrants:	Free HK\$ 300.00 HK\$ 150.00
28 February (Wed) Members: Non – members:	Free HK\$ 100.00
<i>For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.</i>	

Accreditation : 3 Feb : 2 CME Points HKCFP (Cat. 4.3)
2 CME Points MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

28 Feb : 1 CME Point HKCFP (Cat. 4.3)
1 CME Point MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topics
26 January 2024 (Fri) 2:30 – 3:30 p.m.	“Common Cancer Symptoms & Management in Palliative Care (Part 2)” by Dr. LEUNG Ling Yan, Clare <i>(Cantonese Presentation)</i>
23 February 2024 (Fri) 2:30 – 3:30 p.m.	“Updates in Low Back Pain and Trunk Pain” by Dr. LI Ching Fan, Carina

QR Codes for registration

26 January 2024 (Fri) 23 February 2024 (Fri)



Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session
For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :	Online Events
<ol style="list-style-type: none"> 1. In case of over-subscription, the organizer reserves the right of final decision to accept registration. 2. The link to join the webinar SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture. 3. Please note you can just attend ONE CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s). 4. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee. 5. Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required) 6. Please be reminded to check the system requirements beforehand to avoid any connection issues. 7. Due to copyright issue, please note private recording of the lecture is prohibited. 8. Registration will be closed 3 days prior to the event. 	

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Thursday, 01 February 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Ethics and Legal Implication about Medical Record Keeping Dr. Cheng Ka Tong & Dr. Tang Hoi Yan	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 07 February 2024			
14:30 - 17:00	Conference Room SB 1036, 1/F, SB, Tuen Mun Hospital	Prevention of Skin Cancer Dr. Kwong Chung Man	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Sick Role: Psychological and Physical Impact on Patient Dr. Chan Kwun Hung & Dr. Ng Joyce Hei Lam	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Sexual Harassment in Medical Field (Colleagues and Patient-Dr) Dr. Leung Wai Chung, Rachel	Ms. LiLi Yung Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Common Symptom Complaints - Abdominal Pain Dr. Leung Cheuk Yiu Earnest	Ms. Cherry Wong Tel: 2589 2337
Thursday, 08 February 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Electronic Cigarettes Dr. Yap Tsun Hee & Dr. Yung Hiu Ting	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 14 February 2024			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Update Management of Common Gynecological Problems such as Dysmenorrhea, Vaginal Discharge and Dysfunctional Uterine Bleeding Dr. Leung Hei Tung	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Common Symptoms in Orthopaedics (1) (LBP, neck pain, shoulder pain) Dr. Sun Dione Tinoi & Dr. Sin Tak Yee, Melody	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Updated on First Aid Dr. Lee Chun Ki Jackie	Ms. Cherry Wong Tel: 2589 2337
Thursday, 15 February 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Update Management of Respiratory Disease such as Asthma & COPD Dr. Yu Yi Fung & Dr. Chan King Hang	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 21 February 2024			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Early Detection and Prevention of Cervical Cancer Dr. Lo Yu Chee	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Emergency Equipment in Primary Care Dr. Cheung Ada See Wai & Dr. Lau Tsz Ying, Yumi	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Management of Mental Incapacitated People and Their Family Dr. Wong Wing Kwan, Leo & Dr. Chan Lok Hin, Thomas	Ms. LiLi Yung Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Practice Management in Common Clinical Procedure: Trigger Finger Injection with Workshop Dr. Sy Hung Pan Jimmy	Ms. Cherry Wong Tel: 2589 2337
Thursday, 22 February 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	What is Special Educational Needs (SEN)? How is the HK System to Support Them? Dr. Chan Ching & Dr. Sung Cheuk Chung	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 28 February 2024			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Community Resources for Caregiver Dr. Wang Siqi	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: CVS and Video Consultation) Dr. Yeung Pui Sze & Dr. Or Sui Kei, Alison	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	CSA Video Review Dr. Zhang Guilian, Aviva & Dr. Chan Hei Wai, Venus	Ms. LiLi Yung Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Trainee Feedback - Review on Contents of Family Medicine All trainees	Ms. Cherry Wong Tel: 2589 2337
Thursday, 29 February 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Selecting Appropriate Dressings for Acute Open Wounds in General Practice Dr. Chan Cho Shan & Dr. Lee Kar Fai	Ms. Eliza Chan Tel: 2468 6813

香港家庭醫學學院

仝人恭賀

2024 新年快樂

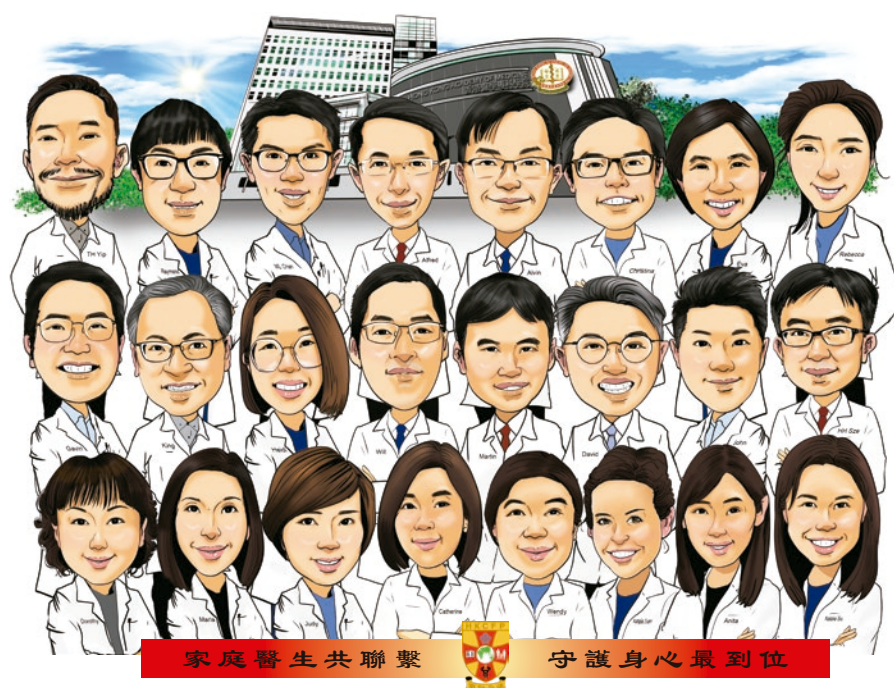


COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Jan	29	30	31 2:30 – 7:00 p.m. Structured Education Programme	1 Feb 4:00 – 6:00 p.m. Structured Education Programme	2	3 2:00 – 4:00 p.m. Interest Group in Medical Humanities 2:30 – 5:30 p.m. DFM FM Clinical Skills Enhancement
4	5	6	7 2:30 – 7:00 p.m. Structured Education Programme	8 4:00 – 6:00 p.m. Structured Education Programme	9	10
11	12	13	14 2:30 – 7:00 p.m. Structured Education Programme	15 4:00 – 6:00 p.m. Structured Education Programme	16	17
18	19	20	21 2:30 – 7:00 p.m. Structured Education Programme	22 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	23 2:30 – 3:30 p.m. Video Session 7:30 p.m. Higher Training Introductory Seminar	24 2:30 – 5:30 p.m. DFM Structured Seminar
25	26	27	28 2:00 – 3:00 p.m. Online CME Lecture 2:30 – 7:00 p.m. Structured Education Programme	29 4:00 – 6:00 p.m. Structured Education Programme 9:00 p.m. Board of Conjoint Examination Meeting	1 Mar	2 2:30 – 5:00 p.m. DFM FM Clinical Skills Enhancement

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

FP LINKS EDITORIAL BOARD



FP LINKS EDITORIAL BOARD 2023

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