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Message from the President

Earlier in the month, there were several cases of Legionnaire Disease (LD) reported by the Centre for Health Protection (CHP) of the Department of Health, including male and female patients aged between 62 to 92 years old living in various districts of the HKSAR. (<https://www.info.gov.hk/gia/general/202403/11/P2024031100426.htm?fontSize=1>) The CHP mentioned that there are ongoing epidemiological investigations to identify potential sources of infection, high-risk exposure and clusters, if any. As of 9th March, a total of 13 LD cases had been reported this year. In 2023 and 2022, there were 121 and 80 cases respectively. People aged over 50, smokers, alcoholics and persons who are immunocompromised are more susceptible to LD. Situations that may increase the risk of infection include poor maintenance of water

systems; living in areas with old water systems, cooling towers or fountains; using electric water heaters, whirlpools and spas or hot water spring spas; and recent stays in hotels or vessels. Warm water (20 to



Dr. David Chao (left) and Prof. Chris Butler (right)

45 degrees Celsius) suits the growth of Legionellae. Aqueous environments such as water tanks, hot and cold water systems, cooling towers, whirlpools and spas, water fountains and home apparatus that support breathing can harbour the bacteria. People may become infected when breathing in contaminated aerosols and mist generated by artificial water systems, or when handling garden soil, compost and potting mixes. People who are immunocompromised should use sterile or boiled water for drinking, tooth brushing and mouth rinsing; avoid using humidifiers, or other mist- or aerosol-generating devices; and if using humidifiers, or other mist- or aerosol-generating devices, fill the water tank with only sterile or cooled freshly boiled water, and not water directly from the tap. Also, clean and maintain humidifiers/devices regularly according to manufacturers' instructions. Never leave stagnant water in a humidifier/device. Empty the water tank, wipe all surfaces dry, and change the water daily.



Meeting with Prof. Chris Butler (from left to right): Dr. Esther Yu, Dr. Stephen Foo, Dr. David Chao, Prof. Chris Butler, Prof. Cindy Lam, Dr. Lau Ho Lim, Prof. Samuel Wong & Dr. Regina Sit

MESSAGE FROM THE PRESIDENT

As mentioned in my February message, Prof. Chris Butler, Professor of Primary Care, Nuffield Department of Primary Care Health Sciences, University of Oxford shared with us on “Evaluating Point of Care Tests for Guiding Antimicrobial Prescribing in Primary Care” and hosted a Research Meeting to discuss research projects of our higher trainees/potential candidates of Exit Exam on 28 February. Both functions were well attended by College members. I would like to take this opportunity to thank Prof. Butler for sharing his expertise with us.

Recently, we have held the 500th Council meeting since the formation of our College in 1977. We also took the opportunity to take our annual Council photo. It was truly a joyous occasion and we

genuinely treasure the collegiality and support from our College members. Thank you very much.

As this year’s Hong Kong Primary Care Conference (HKPCC) is fast approaching, the Scientific Programme is shaping up nicely, thanks to the hardwork of the Organising Committee and the Scientific Committee. (<https://www.hkpcc.org.hk/scientific-programme>) The HKPCC is scheduled for 5th to 7th July this year and is to be held at the Hong Kong Academy of Medicine Building. Don’t miss this annual opportunity to meet with the primary care experts and catch up with fellow colleagues and friends.

Dr. David V K CHAO
President



The 500th HKCFP Council meeting

The Hong Kong College of Family Physicians' (HKCFP's) Prize

*In 1981, the College agreed to donate an annual sum for an indefinite period to establish a Prize, the "The Hong Kong College of **General Practitioners Prizes**", to be awarded to either an individual medical student or a group of medical students who has/have demonstrated special interest and skill in an approved investigation into aspects of general practice.*

Following the transfer of the administrative responsibility of this prize to the Head of the General Practice Unit, Department of Medicine in 1990, the College agreed to award an additional prize for the best community-based research work.

*The Prize was renamed the "The Hong Kong College of **Family Physicians Prizes**" in July 1997, following the change of the College's title.*

The Department of Family Medicine and Primary Care of the University of Hong Kong will nominate the most distinguished student in the Specialty Clerkship in Family Medicine and Community Care each year. After consulting The Hong Kong College of Family Physicians, they will recommend the student for the Prize to the Faculty.

Dr. Gu Kwan Yin, the awardee of the HKCFP's Prize (2022-23), has written a thank-you letter to Our College.

Dear Donor,

I am fortunately awarded The Hong Kong College of Family Physicians' Prize (Family Medicine) 2022-23. Thank you for your generous donation to the LKS Faculty of Medicine, HKU for the establishment of the prize.

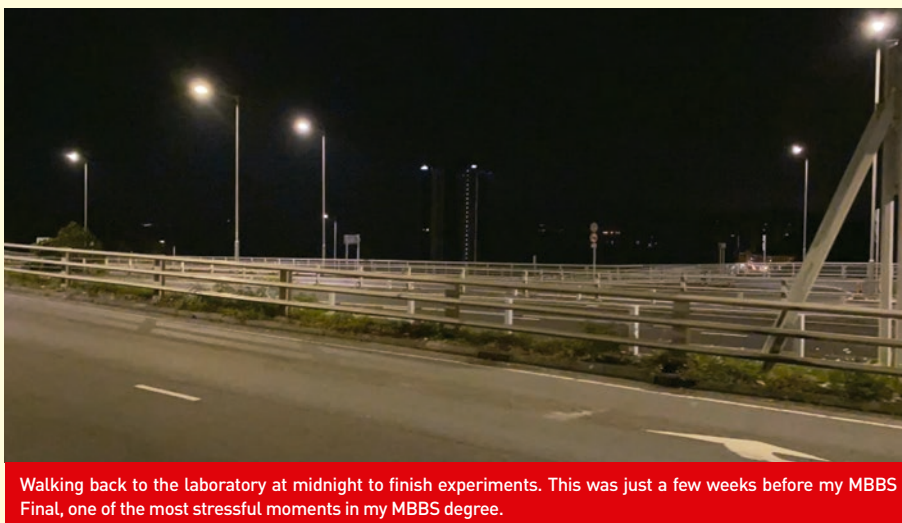
To me, this prize means recognition of my pursuit of academic excellence. Furthermore, it reminded me of the importance of Family Medicine and Primary Care. Elements of Family Medicine can be seen not only in its own specialty, but also in Medicine, Surgery, and beyond. Previously I was an intern at the Urology team at TWH Surgery, where many elective urology surgeries were done. Urinalysis was part of the routine admission orders for such patients, and occasionally it would show glycosuria. My seniors were kind enough to remind me to refer such patients to primary care for long term follow up for their likely newly diagnosed diabetes mellitus. This is just an example of how the principle of holistic care can be applied in other specialties.

Family Medicine has a close relationship with almost every specialty, cooperating to provide the best care to patients. I later interned at QMH Surgery. Quite a percentage of patients in the Specialist Out-Patient Clinics there could in fact be handed over to primary care for follow-up, for example small static asymptomatic hepatic cysts or hemangiomas. However, due to the lack of public education and awareness, it is often difficult to explain to patients why it would be appropriate to close their cases at SOPCs, as they often feel being followed-up by family physicians is a "downgrade" of care. Being awarded this prize reminded me once again the importance of public education on primary care.

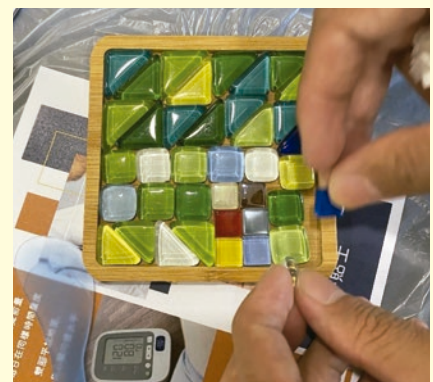
Again please let me express my sincerest gratitude for your generous donation.

Yours faithfully,

Dr. GU Kwan Yin
MBBS VI



Walking back to the laboratory at midnight to finish experiments. This was just a few weeks before my MBBS Final, one of the most stressful moments in my MBBS degree.



Outreach activity during the District Health Centre Express attachment pilot programme during my FMPC Specialty Clerkship. We did handcrafts with the participants after explaining the basics of home blood pressure monitoring

THIRTY-EIGHTH CONJOINT HKCFP/RACGP FELLOWSHIP EXAMINATION FINAL ANNOUNCEMENT

The Board of Conjoint Examination is pleased to announce the following information on the Thirty-eighth Conjoint Fellowship Examination with the Royal Australian College of General Practitioners to be held in 2024.

(1) REQUIREMENTS AND ELIGIBILITY

CATEGORIES OF CANDIDATES:

(a) CATEGORY I CANDIDATES MUST be FULL OR ASSOCIATE members of BOTH HKCFP AND RACGP* at the time of application for the Examination and at the time of the Conjoint Examination. (*Documentary evidence is required with the application – including a valid RACGP number. All candidates are required to have renewed their RACGP membership for the year 2024/2025 on or before 31 July 2024. Failure to comply with the above may result in denial of admission to the Examination.)

CATEGORY I CANDIDATES are graduate doctors (FULLY OR LIMITED registered with the Hong Kong Medical Council) who are undergoing or have completed a fully approved vocational training programme as outlined in the HKCFP College Handbook for Vocational Training in Family Medicine.

After satisfactory completion of two years of approved training, Category I candidates or trainees may apply to sit the Written Examination. The two segments can be taken separately in any order, or at the same attempt. After satisfactory completion of four years of supervised training, Category I candidates may apply to sit the Clinical Examination.

[Note: All Category I candidates who are current vocational trainees and apply to sit the Written Examination **MUST** submit evidence of completion of at least 15 months of approved training by 31 March 2024, together with the application. Those current vocational trainees who apply for the Clinical Examination **MUST** submit evidence of completion of at least 39 months of approved training by 31 March 2024, together with the application. Candidates who have already completed vocational training **MUST** submit evidence of completion of vocational training, together with the application.

Part-time trainees **MUST** submit evidence of completion of their vocational training by the time of the Written Examination before they can apply to sit the examination.)

Please Note:

For Category I candidates who have enrolled in the vocational training program before 31 December 2018, they will remain entitled to be awarded FRACGP, provided all requirements for Fellowship are met. All other candidates are eligible to apply for the award of International Conjoint RACGP Fellowship (ICFRACGP).

All successful candidates applying for the award of the RACGP Fellowship will be subject to the decision of the RACGP.

(b) CATEGORY II CANDIDATES are doctors who

1. are FULLY registered with the Hong Kong Medical Council,
2. have been predominantly in general practice in Hong Kong for not less than **five** years by 30 June 2024, provided that the experiences are within the most recent 10 years,
3. must be FULL OR ASSOCIATE members of HKCFP at the time of application for the Examination and at the time of the Fellowship Examination.
4. had enrolled and passed the Diploma in Family Medicine course organized by the HKCFP, or other equivalent subject to the approval of the Board of DFM, HKCFP.
5. had fulfilled the CME/CPD requirements by obtaining both 30 CME points and 10 CPD points accredited by the HKCFP each in the two consecutive years by 30 June 2024.

Please Note:

Starting from 2024, Category II candidates who are eligible to sit for our college exam, will only be awarded FHKCFP upon passing the exam, provided all HKCFP Fellowship requirements are met.

The eligibility of candidates of both categories is subject to the final approval of the Board of Conjoint Examination, HKCFP.

Application will not be processed unless all the required documents are submitted with the application form.

(2) FORMAT AND CONTENTS

- A.** Written Examination consists of
 - (i) Applied Knowledge Test (AKT), and
 - (ii) Key Feature Problems (KFP)
- B.** Clinical Examination
Clinical Competency Examination (CCE)

(3) PRE-REQUISITE FOR CLINICAL SEGMENTS

All candidates applying to sit for the Clinical Examination of the Conjoint Fellowship Examination **MUST** possess an APCLS (Advanced Primary Care Life Support) certificate issued by the HKCFP*. The validity of this certificate must cover the time of the Clinical Examination.

Application will not be processed unless the pre-requisite is fulfilled.

*Note: In regarding the APCLS certificate issued by the HKCFP, the APCLS workshops & examinations will be held on 24 March and 28 April 2024 respectively. Please register IMMEDIATELY if you do not hold a valid APCLS certificate issued by HKCFP and intend to sit for the Conjoint Examination 2024.

(4) CRITERIA FOR A PASS IN THE EXAMINATION

A candidate must pass **both** the AKT **and** KFP segments in the Written Examination before one can proceed to the Clinical Competency Examination. Candidates who failed in one segment will be required to re-attempt only the failed segment. Successful Written Examination result can be retained for three years (counting from whenever the first segment is passed). If one fails to pass both segments in three years, one has to retake both segments.

The Clinical Competency Examination can only be taken after passing both segments of the Written Examination. If one fails the Clinical Competency Examination, all the clinical stations have to be re-taken.

A candidate has to pass both the Written and the Clinical Examinations in order to pass the Conjoint HKCFP/RACGP Fellowship Examination.

(5) APPLICATION AND EXAMINATION FEES

Application forms are available from the College Secretariat at Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. You may also download the application forms from our College website, <http://www.hkcfp.org.hk>. Please note that the deadline for application is **11 April 2024 (Thursday)**.

For both **CATEGORY I** or **CATEGORY II CANDIDATES**:

Application Fee	:	\$3,000 (Non-refundable)	
Examination Fee	:	- Full Examination (Written + Clinical)	\$36,000
		- Written Examination	
		• AKT \$9,000	
		• KFP \$9,000	
		- Clinical Examination	\$18,000

Please make the cheque payable to **"HKCFP Education Limited"**. If a candidate applied for the Full Examination **but failed in the Written Examination, s/he will be automatically withdrawn from the Clinical Examination, and the Clinical Examination fee (\$18,000) would be refunded.**

(6) REFUND POLICY

If a candidate wishes to withdraw from the examination, and written notice of withdrawal is received by the College 60 days or more prior to the date of the examination, he will receive a refund of \$36,000 (for the whole examination), \$9,000 (for AKT), \$9,000 (for KFP) or \$18,000 (for the clinical examination). The application fee of \$3,000 will not be refunded.

No refund will be given if the written notice of withdrawal is received by the College within 60 days of the date of the examination.

All fees paid are not transferable to subsequent examinations.

(7) IMPORTANT DATES

• 11 April 2024 (Thursday)	Closing Date for Applications
• 18 August 2024 (Sunday)	Conjoint Examination – Written Examination (KFP)
• 25 August 2024 (Sunday)	Conjoint Examination – Written Examination (AKT)
• (Date to be confirmed)	Conjoint Examination – Clinical Exam (CCE)

(8) ELECTION TO FELLOWSHIP

Members should be aware that passing the Conjoint Fellowship Examination does NOT equate with election to the Fellowship of either the Hong Kong College of Family Physicians or the Royal Australian College of General Practitioners. Those wishing to apply for Fellowship of either or both College(s) should ensure that they satisfy all the requirements of the College(s) concerned.

Entry forms for the application of Fellowship, Membership and Associateship of the Hong Kong College of Family Physicians and the Royal Australian College of General Practitioners are available from both College website (www.hkcfp.org.hk / www.racgp.org.au). You may also contact the HKCFP Secretariat, Room 803-4, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong. Tel: 2871 8899, Fax: 2866 0616.



Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

Diploma in Family Medicine (HKCFP) 2024 - 2025

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in August 2024.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time study.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario is further divided into several questions covering different areas in general practice

*Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Research, Mental Health, Musculo-skeletal Problems, Evidence Based Medicine & Critical Appraisal

*Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims:	Acquire in-depth knowledge and practical skills in selected specialties
Contents:	<u>THREE</u> update seminars plus ONE attachment in selected specialty

*Module V - Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

**Modules III - V would be scheduled on Saturday and Sunday afternoons.*

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time study.

August to October 2024	Module I
October to December 2024	Module II
August 2024 to April 2025	Module III, IV & V
May /June 2025	Final Examination

**The schedule might be affected due to unexpected circumstances and the format might change to online platform if necessary. Announcement would further be made in case there is a change of schedule and/or format.*

5. Admission Requirement:

Registered Medical Practitioner with Bachelor's Degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English
(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:

Whole course:
HK\$45,000 for members of HKCFP
HK\$90,000 for non-members

(A discount of HK\$3,000 for early bird applications on or before 31 May 2024)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$5,600	\$11,200
Module II (Distance Learning – Common Problems in Family Medicine)	\$5,600	\$11,200
Module III (Structured Lectures & Seminars)	\$5,700	\$11,400
Module IV (Updates & Clinical Attachment)	\$5,400	\$10,800
Module V (Practical Workshops)	\$7,200	\$14,400
Examination	\$13,800	\$27,600
Administration Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of the Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates upon satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Applications are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee of HK\$45,000 (or HK\$90,000 for non-members) by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2023 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

11. Application Deadline: 30 June 2024

Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge. Module I, II & III could improve my understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

HKCFP CERTIFICATE COURSE IN ESSENTIAL FAMILY MEDICINE 2024-2025

The HKCFP Certificate Course in Essential Family Medicine (CCEFM) is designed to meet the training needs of practicing primary care doctors who would like to refresh or update their clinical knowledge and skills relevant to Family Medicine practice. The curriculum of this course also forms part of the well-established HKCFP Diploma in Family Medicine (DFM) course. Our teaching faculty are experienced clinicians working in primary care, in secondary care and in academia. The course has been designed to enhance the course participants' competencies in daily Family Medicine practice in the community.

1. OBJECTIVES:

- To provide knowledgeable, pragmatic and structured training in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners
- To improve standards and quality in Family Medicine practice by adopting holistic patient-centered care via an integrated care approach

2. SYLLABUS:

The CCEFM consists of THREE segments, including Modules III, IV (FM attachment + Update) and parts of Module V in the Diploma in Family Medicine (DFM). Doctors who have graduated from the CCEFM are expected to have acquired the following essential concepts and course contents:

- The role of Family Doctors particular in providing cost-effective primary care to the community
- The essential knowledge and skills on common problems encountered in Family Medicine
- Enhancement in the consultation and problem solving skills
- Acquiring the knowledge and skills in common practice procedures related to family practice

3. AWARDS/CREDITS:

- After completion of all the components and course requirements (max. within TWO years), a certificate will be awarded to the successful candidates
- The completed modules and credits can be accredited towards the quotable HKCFP DFM course, if the candidates would like to enroll into DFM course subsequently
- 25 CME and 5 CPD credit points will also be awarded by HKCFP.

4. COURSE CONTENT:

Segment I – Essentials of Family Medicine (Structured Seminars)

Objectives:

- ◆ Strengthen knowledge in Family Medicine
- ◆ Understand the potential growth of Family Medicine
- ◆ Enable evidence-based Family Medicine practice

Contents:

Anticipatory Care, Elderly Care and related issues, Chronic Disease Management, Common Musculoskeletal Problems, Evidence Based Medicine & Critical Appraisal, Mental Health, Practice Management; and Clinical Audit, Research & Teaching in Family Medicine.

Segment II – Problem Solving and Clinical Updates

Objectives:

- ◆ Acquire in-depth knowledge by clinical scenario/simulated cases in our daily Family Medicine practice
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods led by Family Medicine Fellows

Contents:

A site visit plus scenario based training including Diagnostic Challenges on Common Symptoms, Problem-based Learning on Chronic Disease, Motivational Interviewing, Child Health, Women's Health, Men's Health and Aging and End-of-Life.

Segment III – Practical Family Medicine (Practical Workshops)

Objectives:

- ◆ Enhance practical and communication skills in Family Medicine by practical workshops in selected areas
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods

Contents:

One compulsory and one elective Practical Workshops in selected areas including Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

5. ADMISSION REQUIREMENTS:

Registered Medical Practitioner with Bachelor's degree in Medicine.

6. TEACHING STAFF:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. TEACHING MEDIUM:

English (Cantonese may be used in some sessions in the course)

8. COURSE FEES:

Administration fee for application	HK\$ 1,000			
<i>plus</i>				
Enrolment for the complete Certificate Course	HK\$ 25,000	for members	HK\$ 50,000	for Non-members
Or				
Enrolment for individual session:				
Single session from Segment I and Segment II	HK\$ 1,900	for members	HK\$ 3,800	for Non-members
Single Session from Segment III	HK\$ 2,400	for members	HK\$ 4,800	for Non-members

All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. APPLICATION PROCEDURES:

Application are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee in appropriate amount by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Successful applicants will be notified by an official letter of admission after the application deadline.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

Information and application forms can be obtained from the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms. Alky Yu by email to dfm@hkcfp.org.hk for any enquiries.

Application Deadline: 30 June 2024

**Course syllabus and schedule may be subject to change without prior notification*

The Diary of a Family Doctor【家庭醫生的日常】

無人島的 Diva — 堅持還是執着

張國良醫生

近日在串流平台看了一套很喜歡的韓劇。故事描述一個少女流落在無人島15年，獲救後如何繼續尋夢。與多年前 Tom Hanks 的 Cast away 不同，它不是平鋪直敘主角在無人島如何掙扎求存。而是在她日後尋夢的過程中，偶爾交代她在島上生活的點滴，叫她對生命有何啟發。另一條副線是一個被家人離棄的男人，如何不惜一切，歇斯底里地追蹤逃避自己的親人。

堅持還是執着？一個最後尋夢成功，另一個卻修成惡果。

對好的事情堅持能成就傳奇。就如運動員張家朗及何詩蓓。若果他們沒有對夢想的堅持，便不可能發光發熱。對壞的事情執着卻使我們身心受挫，久久不能放下，最後被拖垮的也只有自己。

日常診症也有很多執着的例子。

很多是基於怨恨。有人因為同事一次無理詆毀，便一直抱怨，久久不能走出來；有人因為政府清拆重建，失去了經營多年的小店，繼而多年鬱鬱不歡，怨恨政府的清拆，卻忽視了因賠償而改善了生活環境。

也有是來自於畏懼。有人多年糖尿病，需要打胰島素來控制病情，卻拒絕去承認病況，害怕承認了，便等同接受自己病入膏肓，時日無多。有人乳房腫瘤，已斷診癌症，並有擴散，卻不肯接受化療手術，只着醫生為她作定期 PET scan。明知需要改變，卻害怕改變。有人子女大了，仍是直升機家長，害怕子女受到挫折，最後卻弄至與子女不和。

人生無常，沒有恆久的事。從 COVID 中更能體現。以前覺得不可能的事，在它催化之下都發生了。醫院不勝負荷，便有了藥物補充診所及遙距診症；封關停飛，空姐改行到醫療機構做客戶服務；限時堂食，衍生了兩餸飯的興旺。

面對逆境，執着過去並沒有用，

反之順應求變仍有出路。堅持還是執着，一線之差，後果不同。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: FPLinks@hkcfp.org.hk

 THE HONG KONG
POLYTECHNIC UNIVERSITY
香港理工大學

UNIVERSITY HEALTH SERVICE

Medical Officer (Ref. 240219002-IE)

The University Health Service (UHS) of The Hong Kong Polytechnic University is a community-based Family Medicine training centre, as accredited by The Hong Kong College of Family Physicians. UHS provides primary health care to students, staff members and their dependants and other eligible members. The University invites applications for the Medical Officer post in UHS. Duties: provide primary health care / health counselling, promote health education and perform administrative duties. Qualifications: registrable with the Medical Council of HKSAR and fluent in spoken English and Cantonese. A higher qualification in Internal Medicine, Emergency Medicine and/or Family Medicine is an advantage. Doctors enrolled in vocational training in Family Medicine are also welcome. Please visit <http://www.polyu.edu.hk/uhs/en> for more information about UHS. Post specification and online application are available on PolyU's career website (<https://jobs.polyu.edu.hk/management>). Application closing date: consideration of applications will commence on 15 April 2024 until the position is filled.

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WONCA experience in Sydney 2023

Dr. Lo Wan Shun Kara, Kowloon West Cluster Family Medicine, FRACGP, FHKCFP

During the COVID-19 pandemic, most international conferences were held on the virtual platform. It has been long since we can meet and connect with overseas medical practitioners in-person. This was the third time since Australia hosted the first global conference in 1972. During 26 - 29 October 2023, I am grateful to have the support from our college to join the World Organisation of Family Doctors (WONCA) conference held in Sydney. WONCA was held in the International Convention & Exhibition Centre. The event brought the healthcare professionals and leaders from around the world together to explore innovative strategies for advancing global healthcare. The theme of the year is "Recovery, reconnection, and revival - a celebration of Primary care". There were more than 4000 delegates and 117 countries represented around the world.



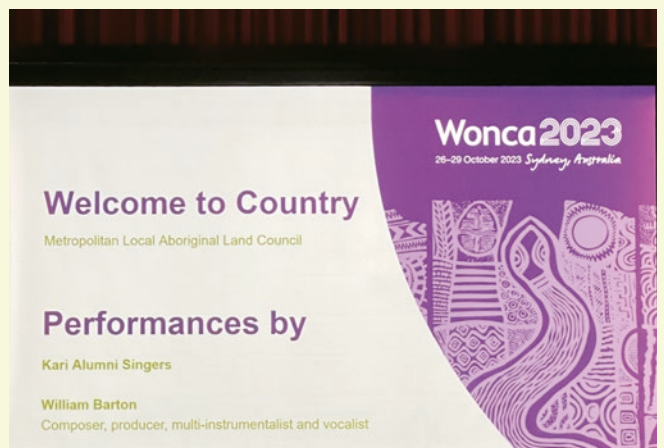
Opening ceremony of WONCA, delegates from Kowloon West Cluster Family Medicine.



Kowloon West Cluster delegates



Hong Kong Family Medicine Doctors



Opening ceremony music performance of WONCA

During the opening ceremony, the Metropolitan Local Aboriginal Land council invited Kari Alumni Singers for music performance. Didgeridoo, originated aboriginally, was performed. It was a great opportunity for overseas delegates to have a glimpse of the local culture in Australia. After the opening ceremony, we were lucky enough to meet the author of Murtagh's General practice, Professor John Murtagh. We have been reading his book during our preparation of conjoint examinations throughout our training. It was amazing to meet him in person during the conference.



Professor John Murtagh (left 5th), Author of Murtagh's General Practice

Before the commencement of the conference, there were various pre-conference workshops. One of the workshops was Dermatology in General Practice. The workshop comprised introduction on the use of dermoscopy, and review on diagnosis and treatment of various types of skin cancers, such as basal cell carcinoma, squamous cell carcinoma and melanoma. Besides, the workshop provided hands-on experience on basic surgical techniques. Attendees could practise on a pig skin for excision techniques, closure, margins and local anaesthesia. There were other workshops on different topics, such as introduction of point-of-care ultrasound and cardiopulmonary resuscitation workshops.



Pre-conference workshop: Dermatology in General practice



Clinic visits



Clinic visits

Apart from pre-conference workshop, there was a practice visit tour for local clinic. This allowed delegates for in-depth understanding of local clinic operations. It was also a great chance to meet other family physicians from other countries.

There were various topics covered in WONCA 2023, delegates could attend different seminars with own preferences. Some seminars were carried out in forms of group discussion, case sharing. In one of the dermatological topic discussion, we learned more about the use of Isotretinoin in treatment of acne vulgaris. We have definitely broadened and deepened our understanding of our profession.



Q&A session with Dr. Cathrine Stroem Christiansen from Norway.



Seminar on latest RACGP training

In addition to medical knowledge, we have attended a session about latest changes in the Australian family physician training curriculum and RACGP examination. This allows us to keep up-to-date of the latest assessment criteria for training and development of family physicians.



Aussie animals patting during opening reception

On the first day of the conference, there was a welcoming reception for delegates to do networking. Australian gourmets such as light canapés, oysters and beverages were served. It was surprising that they invited the zoo to exhibit some Aussie animals and reptiles. There were koalas, reptiles allowing delegates to pat and take photographs with. It was a fun time for us to know more about the wildlife in Australia.



Cruise dinner with College colleagues at Sydney harbour

Apart from joining the conference, our college has arranged a spectacular dinner cruise along the Sydney Harbour for the Hong Kong delegates. We were able to enjoy the marvellous scenery of the Sydney bridge and the Opera House while enjoying the dinner. This was a great opportunity for us to bond with fellow Hong Kong delegates and relax during our stay.



Spectacular view during dinner cruise along the Sydney Harbour

General practice is evolving with the changing health needs in the community. The WONCA World Conference 2023 allow international primary healthcare professionals to gather together to share knowledge and connect with each other. I felt gratitude to have the support from college to join this fruitful and memorable event. Indeed I have gained much valuable experiences in medical knowledge, networking and local cultures.

Beware of Clonorchis Sinensis Infection

As the peak season for travel approaches, many choose to travel abroad, visiting famous landmarks, indulging in shopping, and, of course, enjoying unique and interesting cuisines. The food culture in different regions often differs from that of Hong Kong, and in some places, raw freshwater fish and seafood are used in culinary preparations. Furthermore, some popular media outlets (e.g. TV shows, social media websites, etc.) have recently shared these exotic eating habits, attracting the public to imitate them while traveling. However, consuming raw freshwater fish poses the risk of parasitic infections, especially *Clonorchis Sinensis* (中華肝吸蟲). I would like to take this opportunity to refresh everyone's knowledge on the topic.

Clonorchis sinensis, also known as Chinese liver fluke, is a food-borne fluke parasite that primarily infects humans through the consumption of raw or inadequately cooked freshwater fish. The life cycle of this parasite is highly complex and relies on freshwater snails and fish as its transmission chain. The eggs of the parasite, present in contaminated water sources, are ingested by freshwater snails, where they develop into free-swimming larval forms called cercariae. When these larvae come into contact with the skin or flesh of fish in the water, they transform into cystic larvae known as metacercariae. When we consume fish meat that is not thoroughly cooked and contaminated with metacercariae of the Chinese liver fluke, the parasite takes the opportunity to enter our bodies, causing infection. It feeds on nutrients in the human body and settles in the bile ducts of the liver. On the other hand, although some freshwater shrimp serve as a second intermediate host for this fluke, there is currently no epidemiological evidence to prove that they can infect humans with *Clonorchis sinensis*.

The symptoms of *Clonorchis sinensis* infection are not always apparent. During the early stages of infection, there may be no obvious symptoms or only mild discomfort. The adult Chinese liver flukes, living in the bile ducts of infected individuals, can survive for 20 to 25 years, leading to a long period without noticeable symptoms. However, in cases of severe and prolonged infection, it can cause symptoms such as loss of appetite, diarrhoea, and fever. More significantly, *Clonorchis sinensis* can also lead to biliary obstruction and inflammation, increasing the risk of liver diseases such as cirrhosis and cholangiocarcinoma. In fact, the International Agency for Research on Cancer (IARC) has classified *Clonorchis sinensis* as a Group 1 carcinogen, meaning it is carcinogenic to humans.

One of the diagnostic methods for clonorchiasis is the detection of *Clonorchis sinensis* eggs or larvae in faecal samples. Serological tests can also be used to diagnose liver fluke infection. For infected individuals, anti-parasitic drugs such as praziquantel are the mainstay of treatment. These medications can kill the adult and larval forms of the parasite, alleviating symptoms and preventing complications. However, post-treatment follow-up may be necessary to ensure complete clearance of the infection.

Clonorchis sinensis is highly prevalent in mainland China, South Korea, Southeast Asia, and other regions. However, cases of this disease have also been reported in non-endemic areas, mostly due to the consumption of undercooked or pickled freshwater fish imported from endemic regions. It has been estimated that over 80% of intestinal parasite infections in Hong Kong are

caused by *Clonorchis sinensis*. Common carp species, such as grass carp (鯪魚/草魚) and bighead carp (大頭/花鰱/鱮魚), serve as the primary hosts for this parasite. However, it is challenging to identify whether freshwater fish are infected with *Clonorchis sinensis* because the small cystic larvae are not visible to the naked eye. Therefore, it is crucial to exercise caution, especially when consuming raw, undercooked, salted, pickled, or smoked freshwater fish. Traditional dietary practices popular in southern China, such as freshwater fish sashimi or partially cooked dishes like "crispy grass carp" (「脆肉鯪魚」) or "sliced fish congee" (「生魚片粥」), etc. pose a hidden risk of parasitic infection.

So, how should we remind our patients to prevent *Clonorchis sinensis* infection? Firstly, we should choose fresh and healthy ingredients and ensure that freshwater fish are thoroughly cooked. It is recommended to slice raw freshwater fish into thin pieces for thorough cooking. The cooked fish meat should turn completely white and easily separate, ensuring that any parasites present are completely killed. In Hong Kong, the sale of Cantonese-style raw fish (freshwater fish sashimi) has been banned for over 30 years (according to the Food Business Regulation, Chapter 132X), indicating the importance of proper cooking. However, when traveling abroad, it is also advisable to avoid consuming raw fish dishes such as sashimi, fish flakes, and other undercooked freshwater fish products. Seasonings such as alcohol, vinegar, mustard, and spices are unable to kill *Clonorchis sinensis*, so extra attention should be paid to the freshness and thorough cooking of freshwater fish, especially thicker slices that are more difficult to cook through, when used in hot pots and porridge dishes.

In addition, maintaining good hygiene habits is also crucial in preventing infection. Avoid drinking unfiltered or unboiled water. Regular handwashing is one of the fundamental measures, especially after coming into contact with soil, mud, or other items that may be contaminated with parasites. Equally important is the regular cleaning and disinfection of food processing utensils and the environment. It is recommended to use separate utensils for handling raw food and ready-to-eat food to prevent cross-contamination and ensure that parasites cannot thrive and spread. These are important measures to reduce the risk of *Clonorchis sinensis* infection.

Lastly, we should also take the opportunity to discuss with our patients on the related healthy lifestyle, not only in preventing *Clonorchis sinensis* infection but also in reducing alcohol intake, avoiding excessive use of medications, maintaining a balanced diet, and engaging in moderate exercise to keep our livers healthy.

Reference:

- Locke V, Kusnik A, Richardson MS. *Clonorchis Sinensis*. [Updated 2022 Dec 19]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK532892/>
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Compiled by Dr. John-Hugh Tam

Empowering Women's Health: Insights from the MMMC Conference

Dr. Wong Sau Kuen, Sophia, Resident, Department of Family Medicine and Primary Health Care, Kowloon West Cluster



As a family physician, I recently had the privilege of speaking at the Multi-specialty Medical Mega Conference (MMMC) about abnormal uterine bleeding (AUB). The conference provided a platform for fruitful discussions and knowledge exchange among healthcare professionals, researchers, and experts in the field.

During the conference, I shared our experience from a primary care perspective on AUB. It was an invaluable opportunity for family physicians, gynecologists, radiologists, and pathologists to collaborate and share their thoughts and experiences in managing patients with abnormal uterine bleeding. The discussions encompassed a wide range of topics, including clinical approaches, diagnostic investigations, classification systems, medication options, surgical interventions, embolization techniques, and pathological reporting.

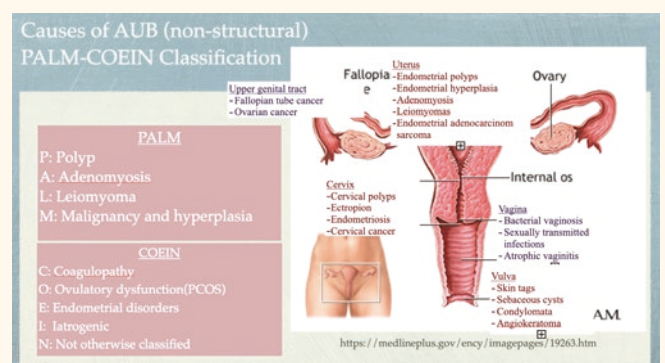
On behalf of the Department of Family Medicine (Kowloon West Cluster), I shared with the audience our approach to handling abnormal uterine bleeding in primary care.

To begin, I presented a case of a 33-year-old woman with irregular menstruation. She is a para 4+1 lady, having had four normal spontaneous deliveries and one surgical termination of pregnancy. She came to us with a one-year history of irregular menstrual flow, with cycle lengths ranging from 12 to 29 days

and durations ranging from 5 days to 2 weeks. On physical examination, her uterus was found to be enlarged to the size of 8-10 weeks of gestation, prompting an ultrasound which revealed a 1.7 x 2.8 cm anterior intramural fibroid. Initial blood tests showed anemia with a hemoglobin level of 10.7.

We initially started her on tranexamic acid and iron supplementation. We also discussed with her the options of hormonal treatment, including the intrauterine device and oral contraceptive pills. The patient opted for the insertion of an intrauterine device (Mirena) as she had no further fertility wishes. This helped manage her heavy menstrual flow and restore her hemoglobin level.

Abnormal uterine bleeding, as defined by the International Federation of Gynecology and Obstetrics (FIGO), refers to deviations from normal menstrual patterns, with normal menses characterized by a frequency of 24 to 38 days, a duration of less than or equal to 8 days, and regularity that is age-dependent. The volume of flow is determined by the patient.



PALM-COEIN classification - Etiology of Abnormal Uterine bleeding

To manage cases of abnormal uterine bleeding, we begin with comprehensive history taking, inquiring about gynecological and systemic symptoms, followed by a thorough examination of the abdomen and a peri-vaginal exam. Based on the findings, we assess the need for further investigations, including baseline hemoglobin level, coagulation

factors, thyroid function, liver and renal function, and hormonal profile. Imaging options such as ultrasound and hysteroscopy can be considered. Tissue diagnosis should be obtained if the woman has risk factors such as age 40 years or older, obesity, a family history of gynecological cancer, a history of unopposed estrogen therapy and tamoxifen use, or if she is unresponsive to medical treatment.

Treatment choices include both non-hormonal and hormonal options. Non-hormonal options such as tranexamic acid and nonsteroidal anti-inflammatory drugs (NSAIDs) are commonly used due to their effectiveness. Hormonal treatment options include the insertion of an intrauterine device, short-term use of cyclic progestin, oral contraceptive pills, and depo-provera injections. Patients with structural lesions should be referred to a gynecologist for surgical intervention.

As a family physician, we should emphasize the prevention of diseases. First, HPV vaccination is important in preventing infection with high-risk strains of HPV that cause cervical cancer. HPV-16, 18, 31, 33, 45, 52, and 58 account for about 90% of cases of cervical cancer. Second, regular surveillance with cervical screening using cytology or HPV testing is useful in promptly detecting early pathological changes and initiating treatment. Lastly, maintaining a healthy lifestyle is of utmost importance in maintaining optimal body weight and reducing the risk of developing gynecological malignancy.

Dr. Samson LAU, gynecologist from Kwong Wah Hospital, then introduced the PALM-COEIN classification of AUB, dividing causes into structural (Polyp, Adenomyosis, Leiomyoma, or Malignancy or hyperplasia) or non-structural (Coagulopathy, Ovulatory dysfunction, Endometrial, Iatrogenic, Not yet classified). He emphasized that only fibroids which would increase the surface area of the endometrium lining would lead to heavy menstrual flow, including submucosal +/- intramural fibroids. For the treatment approach, it is most effective if it can address the causes of AUB and should be divided into reducing flow and regulating cycles. Referral to a specialist would be warranted for those aged 45 years or older, obesity, known polycystic ovarian syndrome, severe anemia, or those who do not respond to treatment, etc.



Group photo with speakers and moderator (from left to right): Dr. WONG Sin Ma, Dr. LAU Wing Sze, Dr. LAU Chin Ho Samson, Dr. TANG Kwok Keung, Dr. WONG Sau Kuen, Sophia



Dr. Sophia WONG and Dr. Louis CHAN, member of organizing committee of MMMC

Dr. WONG Sin Man, Radiologist, then introduced the role of uterine artery embolization (UAE) in the management of abnormal uterine bleeding. According to studies, UAE can improve menorrhagia in 83% of patients with fibroids. UAE is more beneficial than traditional myomectomy in terms of shorter hospital stay and faster recovery, but it has a higher re-intervention rate. It is especially helpful for those expecting to reach menopause in 5-10 years' time. Absolute contraindications include pregnancy, active infection, suspected malignancy, uncorrectable bleeding tendency, and refusal of possible hysterectomy. MRI pelvis and MR angiogram (with contrast) are needed before the procedure.

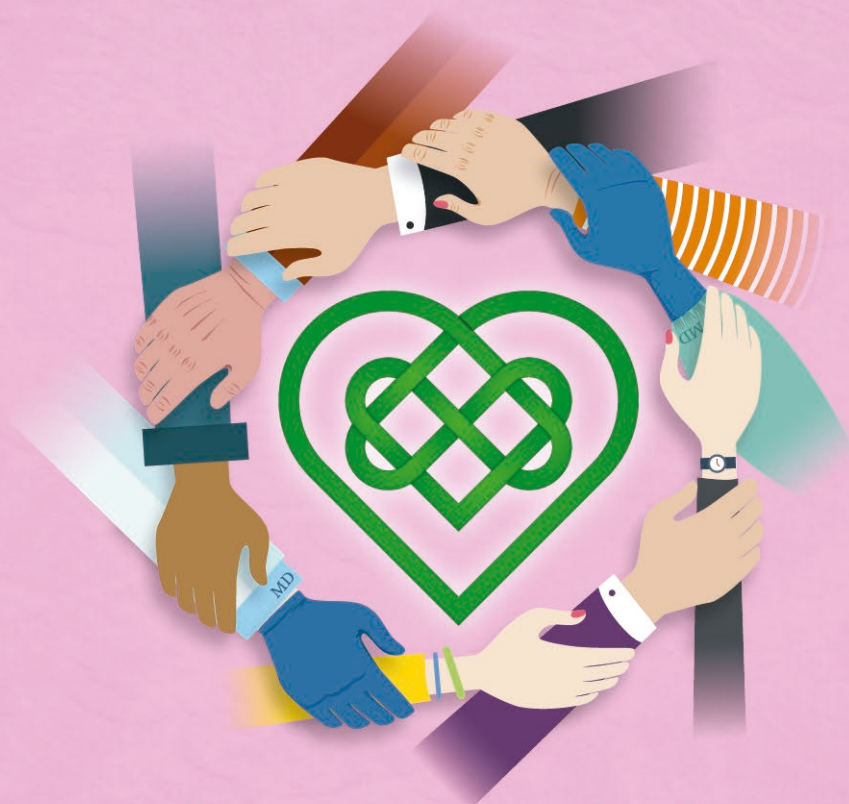
To further enrich the services related to women's health, the Department of Family Medicine (KWC) is in the process of establishing an integrated gynecology clinic. The initial proposal would be to provide care for low-risk women with AUB, oligomenorrhea, and small fibroids. Further possibilities of performing bedside procedures like pipelle and ring pessary insertion would be explored in later phases. This initiative aims to offer timely evaluation and comprehensive management for women diagnosed with gynecological diseases.



**Hong Kong
Primary Care
Conference**

The Hong Kong College
of Family Physicians

HONG KONG PRIMARY CARE CONFERENCE 2024



Family Medicine in the Community: **STRENGTHENING CONNECTIONS**

5-7 July 2024 (Friday - Sunday)

(Supported by HKCFP Foundation Fund)



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2024 “Family Medicine in the Community: STRENGTHENING CONNECTIONS”

5th – 7th July 2024 (Friday – Sunday)

I am delighted to announce our annual signature 2024 Hong Kong Primary Care Conference to be held face-to-face on 5 – 7 July 2024 at the Hong Kong Academy of Medicine Jockey Club Building, Aberdeen, Hong Kong.

This year’s conference theme is “Family Medicine in the Community: Strengthening Connections”. As you may recall our Government launched the Primary Care Blueprint to formulate the direction of development and strategies for enhancing Hong Kong’s primary healthcare system to address the increasing chronic disease burden and improve the overall health and wellbeing of Hong Kong citizens. The Primary Care Blueprint reinvigorates the health care system by focusing on the creation of an integrated, high-value health care that positions family doctors at the front line of primary care. This role comes with family doctors’ capability to recognize individual risk factors of patients and intervene, coupled with their growing awareness of the social, environmental and community determinants of health. These attributes make them most suitable to lead and provide primary healthcare to individuals and families in the community.

As always, our conference will continue to excite you with its well-curated scientific program filled with diverse and interesting plenary sessions, seminars, symposiums and workshops.

I cordially invite you to submit abstracts for the Full Research Paper, Free Paper and Clinical Case Competitions which are now open for submission.

I look forward to seeing you all again.

Sincerely yours,



Dr. Lorna Ng
Chairlady, Organizing Committee
Hong Kong Primary Care Conference 2024



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More
conference
details:



Scientific Programme at-a-glance

Date	5 July 2024 (Friday) Pre-conference				
19:00 - 19:30			Workshop 1 Dermatology: dermatoscopy <i>Dr. David C.K. LUK</i>		
19:30 - 20:30				Sponsored online seminar 1	Sponsored online seminar 2
Date	6 July 2024 (Saturday) Day 1				
13:30 - 14:30	Registration and Welcome Drinks				
14:30 - 15:00	Opening Ceremony				
15:00 - 15:40	Plenary I Social Medical Collaboration <i>Dr. LAM Ching Choi</i>				
15:40 - 16:20	Plenary II Community Engagement in Family Medicine <i>Prof. Cindy L.K. LAM</i>				
16:20 - 16:50	Coffee Break & Poster Presentation (Part 1)				
16:50 - 17:50	Seminar A DHC/DHCE on Chronic Disease <i>Ms. Josephine Y.C. LEE & Dr. Pamela P.Y. LEUNG</i>	Seminar B Dementia <i>Prof. Helen F.K. CHIU & Dr. SHUM Chun Keung</i>		Workshop 2 Introduction to Family Therapy – Understanding Mental Health Problems in the Context of Family <i>Dr. Irene W.K. KAM</i>	Workshop 3 Advancing Wound Care in Primary Health Care: Exploring Innovations and Hands on Workshop on Negative Pressure Wound Therapy <i>Ms. Annette K.K. LAM</i>
17:50 - 18:20	Seminar C Oncology Updates on Different Cancer Screening and Treatment for Family Doctors <i>Dr. Johnny K.S. LAU</i>	Seminar D Colorectal Screening/ Cervical Screening Programme <i>Dr. CHONG Shing Kan & Prof. Martin C.S. WONG</i>	Seminar E The Impact of Artificial Intelligence and Digital Health Technology on Medical Education <i>Prof. Joshua W.K. HO & Dr. YANG Jian</i>		
18:20 - 18:50					
19:00 - 20:30	Dinner Symposium				
Date	7 July 2024 (Sunday) Day 2				
08:30 - 09:00	Registration				
09:00 - 10:00	Seminar F Adolescent Mental Health / Bullying and Cyberbullying <i>Dr. LOK Chi Wing & Ms. YAN Ka Wai</i>	Seminar G Drug Treatments in Obesity <i>Dr. NG Man Yuk</i>	Seminar H Inappropriate Drug Use and Need for De-prescribing in Elderly Patients <i>Dr. Bosco H.M. MA & Ms. CHIANG Sau Chu</i>	Workshop 4 MSK POCUS for Primary Care: Diagnostic and Therapeutic Part A: POCUS for Primary Care: Upper Limb <i>Dr. CHAN Kwok Wai</i>	Free Paper - Oral Presentation (Part 1)
10:00 - 10:20	Coffee Break & Poster Presentation (Part 2)				
10:20 - 10:30	Seminar I Loopholes in Hypertension and Sex-specific Difference <i>Dr. Eric K.P. LEE & Dr. Anastasia S. MIHAILIDOU</i>	Clinical Case Presentation Competition	Seminar J Beyond Ethnicity: Navigating Health Challenges and Co- creating Solutions in Hong Kong's Culturally Diverse Communities <i>Prof. DONG Dong</i>		Free Paper - Oral Presentation (Part 2)
10:30 - 11:20					
11:20 - 11:35					
11:35 - 12:15	Plenary III Community Mental Health in Family Medicine <i>Prof. Samuel Y.S. WONG</i>				
12:15 - 12:55	Plenary IV UK Experience of How Primary Care Coordinates End of Life Care <i>Prof. Rodger CHARLTON</i>				
13:00 - 14:30	Lunch Symposium			Workshop 4 MSK POCUS for Primary Care: Diagnostic and Therapeutic Part B: POCUS for Primary Care: Lower Limb <i>Dr. LAI Wai Wah</i>	

Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference.



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Registration Information

Registration is now open.
For registration details:



Registration Deadline: 4 June 2024 (Thursday)

A) Conference Registration		Member: HK\$200 Non-member: HK\$1000
Registration to the conference is required.		
B) Conference – General		Enrolment deposit: HK\$50 per symposium
<ul style="list-style-type: none"> Dinner Symposium: Saturday, 6 July 2024, 19:00 – 20:30 Lunch Symposium: Sunday, 7 July 2024, 13:00 – 14:30 (Seats for symposia are limited. First-come, first served. Registrants will be charged a deposit of HK\$50 per individual symposium. The deposit will be refunded at the individual symposium registration counter to the registrant who attended successfully. For the absent registrants, the enrolment deposit will be contributed to HKCFP as an administration fee.)		
C) Workshop Registration		
First-come-first-served.		
• CME/CPD application for workshop participants in progress.		
5 July 2024 (Friday)	19:00 20:30	Workshop 1 Dermatology: dermatoscopy HK\$600
6 July 2024 (Saturday)	16:50 18:20	Workshop 2 Introduction to Family Therapy – Understanding Mental Health Problems in the Context of Family HK\$600
	16:50 18:20	Workshop 3 Advancing Wound Care in Primary Health Care: Exploring Innovations and Hands on Workshop on Negative Pressure Wound Therapy HK\$600
7 July 2024 (Sunday)	Workshop 4 MSK POCUS for Primary Care: Diagnostic and Therapeutic	
	09:00 10:30	Part A* – POCUS for Primary Care: Upper Limb HK\$600
	13:00 14:30	Part B* – POCUS for Primary Care: Lower Limb HK\$600

*A discount of HK\$200 will be offered to the registrant who registers and attends both Workshop 4 Part A and Part B successfully. Registrant is strongly recommended to register for both Part A and Part B if you are interested in this topic at initial registration. Subsequent registration will follow the normal fee HK\$600 per session.

Payment Method

- Credit Card
- Cheque
- Tele-transfer: for overseas delegates only.
- FPS (轉數快): for local transaction only.

For details of payment method, please visit <https://www.hkpcc.org.hk/registration>.

Refund Policy

- Withdrawal of registration **on or before 20 May 2024: Full refund** after deduction of all bank charges and related transaction fees (if any).
- Withdrawal of registration **from 21 May 2024: No refund** will be accepted.
- All refunds would be arranged within 8 weeks after the Conference.
- Registrants will be charged a deposit of HK\$50 per individual symposium. The deposit will be refunded at the individual symposium registration counter to the registrant who attended successfully. For the absent registrants, the enrolment deposit will be contributed to HKCFP as an administration fee.

For inquiries, please contact the Conference Secretariat at (852) 2871 8899 or via email to hkpcc@hkcfp.org.hk.



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Full Research Paper Competition

We cordially invite your participation in the **Full Research Paper Competition** of the HKPCC 2024. The Competition is a long-standing tradition of the College’s Annual Conference to promote and recognize well-designed and innovative research which bears potential impact on clinical practice or development of primary care. This year, we will have TWO Awards:

AWARDS

Best Research Paper Award

Best New Investigator Research Paper Award

The HKPCC 2024 Organizing Committee will invite renowned scholars as judges to review the participating papers. Both winners will receive a **Certificate of Award** and will be invited to present their research papers at the Conference.

Free Paper Competition

Apart from the Full Paper Competition, we also have the **Free Paper Competition** which sees many pioneering research ideas, pilot studies and thought-provoking case studies, commentaries and stimulating discussions. The Free Paper Competition is one of the highlights of the HKPCC and can be in the form of **ORAL presentation** or **POSTER presentation**. We look forward to your active participation in the Free Paper Competition.

AWARDS

Best Oral Presentation Award

Outstanding Poster Presentation Award

Both the winners will receive a **Certificate of Award**.

Clinical Case Presentation Competition

Following on from the success of the previous years’ HKPCC Clinical Case Presentation Competition, the Organizing Committee of the upcoming HKPCC 2024 is honored to organize the competition again this year!

The Presentation can be in the form of individual or group presentation with up to 5 people per group. The details of the competition are listed as below. We look forward to your active participation in the Clinical Case Presentation Competition.

AWARD

The Best Presentation Award winner will receive a **Certificate of Award**.

QR Codes for further competition details:

Full Research Paper Competition	Free Paper Competition	Clinical Case Presentation Competition
		

For enquiries, please do not hesitate to contact our Conference Secretariat, Ms. Carol Pang or Ms. Nana Choy, at 2871 8899 or by email hkpcc@hkcfp.org.hk.

COMPETITION SUBMISSION DEADLINE

26 March 2024 (Tuesday)

“We look forward to receiving your research articles!”

HKCFP 22nd Medical Humanities Interest Group Meeting – 3 February 2024 (Saturday)

Dr. Julie Chen and Dr. Mark Chan

Topic : **Medical Humanities in the HKU MBBS Programme: The Person Behind the White Coat**

Speaker : **Dr. Julie CHEN**

Moderator : **Dr. Chan Suen Ho, Mark**

Attendance : **14**

From their earliest clinical exposure, medical students see glimpses of their future –working in a healthcare environment increasingly overtaken by new technology, commercialism and efficiency, which can leave patients (and doctors) lost, unheard and discontented. It is also known that medical students become more cynical and less empathic as they progress through medical school, losing their idealism and sense of connectedness with the patients they serve. To address this, can medical curricula be developed to encourage students to make connections with fellow human beings, allow space for reflection and critical thought, and promote resilience among students as they progress through their undergraduate medical education? Should such initiatives be implemented to support trainees and practising doctors?

A thoughtful and enthusiastic group of doctors participated in this seminar presented by Dr Julie Chen, Director of the Medical Ethics and Humanities Unit (MEHU), Clinical School of Medicine, The University of Hong Kong. We had a stimulating discussion on these questions after hearing about the experience and impact of implementing a novel, compulsory medical humanities (MH) curriculum in the undergraduate MBBS programme at HKU.

While a medical ethics and law curriculum has long been a core part of the MBBS programme, MH was implemented in 2012 to emphasize the humanistic aspect of medicine. Four years of preparation included a literature review, visits to overseas institutions with established MH experience, Faculty staff and student surveys, and piloting elective MH courses. A newly convened multidisciplinary medical humanities planning group conceived the vision around which the curriculum would coalesce: “To deepen the experience of being human, to cultivate humaneness, to be a humanitarian” and oversaw the development of a curriculum with learning outcomes, activities and assessments appropriate for the Hong Kong context.

The resulting MH curriculum is built around 5 broad themes (Doctor and Patient Identities, Culture and Care (including self-care), Living and Dying, History of Medicine and Social Justice and Humanitarianism. It adopts diverse genres and modalities such as narrative, performance arts, film, field trips and experiential learning, to explore the human side of medicine, to enable students to practice critical reflection and to adopt the broad viewpoints and creativity needed to build therapeutic partnerships with their patients in the future. Students read, write, discuss, perform, analyse and create. Their first-year capstone activity is to reflect on one of the themes of the MH programme and create a visual work to express their interpretation. They also learn from the sharing from patients, doctors and people who have insight and experiences that can help them become better doctors.

Students’ work demonstrated good reflective capacity and insight into the human condition, and the student evaluations suggested a largely positive response to the MH curriculum which is encouraging. However, the impact of the programme

was most telling when MBBS graduates currently working as Hospital Authority trainees returned during the 10-year MEHU anniversary celebration in May 2023, to participate in panel discussion. They shared how medical humanities infused their day-to-day work, making them more conscious of the need for compassion, empathy and connection with fellow human beings, and actively putting this awareness into practice.

The MH curriculum continues to evolve on the strength of contributing alumni, practising doctors, university teachers, humanities scholars, patients, community members and medical students who partner together who help shape our students into the future doctors we want caring for us and our families.

About MEHU: <https://mehu.hku.hk/>

A virtual gallery of students’ creative visual works:
<https://mehu.hku.hk/virtual-gallery/>

Moderator Notes

I was with two motives for the meeting, one is to see how our undergraduates are being taught or shown or induced to the subject of medical humanities; secondly, is that I imagine myself back to student days, how would I feel as I go through the session.

It was one of the best sessions I have had in years. Although there were only around 13,14 in the audience.

Yet, who else is more reassuring with Prof Rosie Young sitting in the front seat, giving her 2 hours this Saturday afternoon, to hear what you have done to her students in her University.

And there were 2 Directors of Out Patient Department in private hospitals, one of them has a keen interest in counselling, with his interest being umbrellaed by the first DH consultant in Family Medicine in Hong Kong decades before, pioneered the new counselling training, who was also attending the session.

Then in the back row, we have a retired senior College councillor in his seventies and another doctor who served in the Vietnamese camp 30 years ago. Sitting next to Prof Young was an orthopedic surgeon turned GP serving Sham Shui Po, an area of social inadequacy for the past 35 years.

This composition left the speaker to be the younger member of the group, while the youngest was a college fellow interested in philosophy, reading his Master in the subject.

The consensus was that the attention and resources available in universities was indeed a luxury compared to 30.40 years ago. Sure, there is no hard data to quantify the importance of the subject, decades later, will students be grateful to their well-intended professors’ effort?

My thought was that the course was well organised with dedicated teachers, students are in good hands, with guided adventures throughout the 6 years curriculum, arts, movies, role plays, literatures, photo, poems..... perhaps few may aware of the importance of humanitarian elements in their practice in the budding competitive arena, BUT looking at the attendance today, our presence is the testimony of where we placed our most treasured values.

Thank You, Julie.

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **January – March 2024**:

New Application

Associate Membership

Dr. CHIANG Lorraine Lok Wing	蔣樂穎
Dr. DAY Chi Rong, Joycelyn	戴琦蓉
Dr. KOO Ho Tun	顧皓敦
Dr. LEUNG Wai Yin	梁偉賢

Student Membership

Ms. CHENG Yee Sum	鄭綺芯
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Re-application

Associate Membership

Dr. WONG Adrian Brian	王伯仁
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Transferral

From Associate to Fellowship

Dr. CHAN King Hang	陳景行
Dr. HOU Baijing	侯柏靜

From Fellow to Non-HKSAR Fellowship

Dr. HUI Wai Lee	許威利
Dr. LO Ling	盧令
Dr. SO Lok Ping	蘇樂平
Dr. TSE Tung Wing, George	謝東榮
Dr. WU Chun Yu	胡振宇

Resignation

Fellowship

Dr. CHAN Ka Ho	陳嘉豪
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Affiliate Membership

Dr. CHIN Weng Yee	
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Meeting Highlights

Online Certificate Course on Management of Common Skin Problems in General Practice

The last session of Online Certificate Course on Management of Common Skin Problems in General Practice was held on 27 January 2024.

Dr. WONG Sze Man, Specialist in Dermatology & Venereology, delivered a lecture on “Drug eruption and urticaria”; Dr. CHENG Ka Chun Adrian, Specialist in Dermatology & Venereology, delivered a lecture on “Common fungal disorders and infestation of the skin” and Dr. CHUNG Man Ho Martin, Specialist in Dermatology & Venereology, delivered a lecture on “Common viral and bacterial disorders of the skin”.

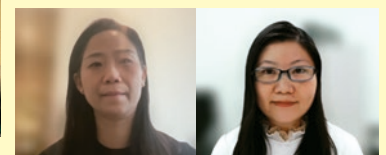


Dr. WAN Kwong Yu (left, Moderator) presenting a souvenir to Dr. CHENG Ka Chun Adrian (right, Speaker).



Souvenirs to Dr. CHUNG Man Ho Martin (Speaker).

A screenshot taken on 27 January 2024



Dr. WONG Sze Man (left, Speaker) and Dr. WAN Kwong Yu (right, Moderator)

Interest Group in Medical Humanities on 3 February 2024

Dr. Julie CHEN, Director, Medical Ethics and Humanities Unit (Clinical School of Medicine), the University of Hong Kong, delivered a lecture on “Medical Humanities in the HKU MBBS Programme: The Person Behind the White Coat”.



A group photo taken on 3 February 2024

Dr. CHAN Suen Ho, Mark (1st row from left, Moderator) and Dr. Julie CHEN (1st row second from left, Speaker)

HKCFP Visiting Professor Online Lecture on 28 February 2024

Prof. Chris BUTLER, Professor of Primary Care, Nuffield Department of Primary Care Health Science, University of Oxford, delivered a lecture on “Evaluating point of care tests for guiding antimicrobial prescribing in primary care”.



Dr. SIT Wing Shan, Regina (left, Moderator) presenting a souvenir to Prof. Chris BUTLER (right, Speaker).



Certificate Courses on Common Mental Health Problems for Primary Care Doctors in Treatment of Psychiatric Disorders 2024


Sponsored by Lundbeck Hong Kong Limited

The Board of Education is pleased to announce that a Certificate Course on management of common mental health problems for primary care doctors would be held from **March – December 2024** with the details below:

- Date** : 28 Mar (Thu), 11 Apr (Thu), 13 Jun (Thu), 15 Aug (Thu), 7 Nov (Thu) & 11 Dec 2024 (Wed)
- Time** : 7:00 – 7:30pm **Registration**
7:30 – 9:00pm **Lecture and Discussion** (Dinner would be served simultaneously during the lecture for face-to-face option)
- Venue** : Shanghai Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon
- Format** : **Hybrid** (Both face-to-face[#] & online option available)
[#]Dinner would be served simultaneously during the lecture for face-to-face option. Please indicate your attending preference when completing the online registration form.
- Accreditation** : 2 CME Points HKCFP (Cat. 4.3) for each session, max. 10 CME for whole course
2 CME Points MCHK (pending) for each session, max. 10 CME for whole course

Programme

Dates	Time	Topics	Speakers	Moderators
28 Mar (Thu)	7:30 - 9:00pm	Rethinking in handling patients' complained of anxiety related problems, stress and sleep problems'	Dr. TSANG Fan Kwong Specialist in Psychiatry	Dr. WAN Kwong Yu
11 Apr (Thu)		Management of Depressed Patients and Suicidal Risk Assessment in Primary Care	Dr. LO Tak Lam, William Specialist in Psychiatry	TBC
13 Jun (Thu)		Working Diagnosis on Common Psychological Symptoms encountered in Primary Care (OCD, delusion, hallucination, memory loss, psychosomatic symptoms etc.)	Specialist in Psychiatry	TBC
15 Aug (Thu)		Update Management on Psychogeriatric Problems in Primary Care (including dementia etc.)	Specialist in Psychiatry	TBC
7 Nov (Thu)		Common Psychiatric Problems in Children and adolescent	Specialist in Psychiatry	TBC
11 Dec (Wed)		General Approach and Management Plan to Mood Problems in Primary Care Setting	Dr. WAN Kwong Yu Specialist in Family Medicine	TBC

Certificate	: For those who have attended 5 sessions or more would be given an "e-Certificate of Attendance". <i>Important: For Participants joining online sessions(s), they are required to (1) attend a minimum of 75% of the length of each online lecture; and (2) complete a set of post-lecture evaluation/ questions within 7 days from the lecture date in order to be considered as attended a session.</i>	
Admission Fee	: Member : HK\$200.00 for whole course* Non – member : HK\$400.00 for whole course <i>*Course fee would be REFUNDED to HKCFP members who have attended at least 5 sessions, and they will be eligible for the e-Certificate of Attendance.</i>	
Payment Method	<ul style="list-style-type: none"> ➤ By cheque Cheque should be made payable to "HKCFP Education Limited" and return to the secretarial office address below for process: The Hong Kong College of Family Physicians Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK ➤ By FPS (For local transaction only) Secretarial staff would further email you once the e-debit note with payment details is ready. All fees received are non-refundable and non-transferable. 	Registration QR Code 
Language	: Lectures will be conducted in both Cantonese and English.	

Please register by scanning the QR code. For enquiry, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Remarks:

1. In case of over-subscription, the organiser reserves the right of final decision to accept registration.
2. Confirmation would be sent upon completion of registration online and receipt of the course fee.

For face-to-face mode:

1. Participants are reminded to sign the CME attendance sheet on the spot.

For online mode:

1. The link to join the online lecture **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
2. Please note you can just attend **ONE** CME activity at a time regardless of the attending format. If it's found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
3. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
4. **Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
5. Please be reminded to check the system requirements beforehand to avoid any connection issues.
6. Due to copyright issue, please note private recording of the lecture is **prohibited**.



Certificate Course in Ophthalmology for Primary Care Doctors 2024

Jointly organized by
The College of Ophthalmologists of Hong Kong
The Hong Kong College of Family Physicians



Enquiry: The Secretariat, Email: info@cohk.org.hk / Tel: 2761 9128

Address: COHK Secretariat, Room 802, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, HK

Objectives:

This course aims to enhance the knowledge on eye care and new advances in ophthalmology

Topics:

7 Apr ~ Anterior Segment Diseases

by Dr Jasper Wong

21 Apr ~ Common Oculoplastic Conditions in Primary Care

by Dr Bonnie Leung

5 May ~ Update Management on Paediatric Eye Diseases

by Dr Madeline Kwok

2 Jun ~ Screening and Update Management on Maculopathy & Retinopathy

by Dr Sunny Au

23 Jun ~ Emergency Eye Condition

by Dr Yoly Fong

Date:	7, 21 April, 5 May, 2, 23 June 2024 (All Sundays)
Time:	2:00 pm – 4:00 pm
Venue:	Room 802, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai
Course Feature:	Interactive Lectures
Language Media:	English (supplemented with Chinese)
Course Fee:	HK\$1,250 (5 sessions) / person Cheque please made payable to "The College of Ophthalmologists of Hong Kong"
Certificate:	Awarded to participants with a minimum attendance of 80%
Course Director:	Dr Nafees Begum Baig
Deadline:	31 March 2024 (Sunday)

[Register Here](#)



Capacity: 50 ppl, First come, first served

https://docs.google.com/forms/d/e/1FAIpQLSfahmo_GG2EIM4K9e5r4q3twdwFjr_jmFFeop3MiPja7qJlOw/viewform?usp=sf_link

Important Note: No training subsidy would be provided by the Primary Healthcare Office (PHO) for the course this year.

Note: 2 HKCFP CME (Cat. 5.2) / 2 MCHK CME (pending) for each lecture

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please wear an appropriate dress code to the hotel for the Scientific Meeting.
- Private video recording is not allowed. Members, who wish to review the lecture, please contact our Secretariat.

Face to Face Seminar

Date and Time	Venue	Topic	Speakers
13 April (Sat) 2:00 – 4:45 p.m. (Registration and Lunch start at 1:00 p.m.)	Shanghai Room, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	Saturday Symposium for Primary Care Doctors Lecture 1 : Interstitial Lung Diseases Identifying and Monitoring Progressive Pulmonary Fibrosis Lecture 2 : Heart Failure Early Recognition and Management of Chronic Heart Failure in the Primary Care Setting Lecture 3 : COPD Advancing the Understanding of COPD: A New Perspective in COPD Management Lecture 4 : DM SGLT2i Benefits in T2D Patients: The Power to Accomplish More Sponsored by Boehringer Ingelheim (Hong Kong) Ltd.	1. Dr. LO Ho Yin <i>Specialist in Respiratory Medicine</i> 2. Prof. YIU Kai Hang <i>Specialist in Cardiology</i> 3. Prof. CHAN Ka Pang <i>Specialist in Respiratory Medicine</i> 4. Dr. YUEN Mae Ann Michele <i>Specialist in Endocrinology, Diabetes & Metabolism</i>

QR Code for registration



Admission Fee:

13 April (Sat) College Fellow, Full, or Associate Members:	Complimentary (\$50 Enrollment deposit is required)
Other Categories of Members: Non – members:	HK\$ 550.00 HK\$ 650.00
<i>For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.</i>	

Accreditation : 13 April : 3 CME Points HKCFP (Cat. 4.4) Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
3 CME Points MCHK (pending)

Online Monthly Video Sessions

Dates and Time	Topics
26 April 2024 (Fri) 2:30 – 3:30 p.m.	"The New Milestone for Managing Chronic Kidney Diseases" by Dr. FUNG Wing Shing, Winston

QR Codes for registration



Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session
For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :	Online Events
	<ol style="list-style-type: none"> 1. In case of over-subscription, the organizer reserves the right of final decision to accept registration. 2. The link to join the webinar SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture. 3. Please note you can just attend ONE CME activity at a time. If found you are attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s). 4. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee. 5. Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required) 6. Please be reminded to check the system requirements beforehand to avoid any connection issues. 7. Due to copyright issue, please note private recording of the lecture is prohibited. 8. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 03 April 2024			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Delivering Difficult News Dr. AU Hin Fung, Dr. FUNG Hoi Yin	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Approach to Laboratory Results (Chemical Pathology) Dr. LAM Hiu Ching, Natasha, Dr. PANNU Prubdia Singh	Ms. Emily Lau Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Nursing Led Services in Colorectal Diseases Dr. KWAN Tsz Yan	Ms. Cherry Wong Tel: 2589 2337
Wednesday, 10 April 2024			
14:30 - 17:00	Conference Room SB 1034AB, 1/F, SB, Tuen Mun Hospital	Ethics Related to End of Life Care Dr. KWOK Edmond Shan Lam	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: Shoulder and Video Consultation) Dr. CHAN Kwun Hung, Dr. CHEUNG Tsz Kei, Jennifer	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Experience in WONCA Dr. FONG Pak Yiu, Hugo	Ms. LiLi Yung Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Management of Patient with Multiple Complaints Dr. LEE Suk Yee Ada	Ms. Cherry Wong Tel: 2589 2337
Thursday, 11 April 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Clinical Approach to Common Minor Ailments Encountered during Pregnancy and Breastfeeding in Primary Care Dr. LEUNG Ching, Dr. KUM Chung Hang	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 17 April 2024			
14:30 - 17:00	Conference Room SB 1036, 1/F, SB, Tuen Mun Hospital	Causes of Insomnia and Clinical Approach to Handle Patients with Insomnia Dr. LEUNG Hei Tung, Dr. LIANG Kai Ting	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Approach to Alcoholism Dr. POON Daniel, Dr. FENG Jun Marc	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Consultation Skill: Handling Patient with Multiple Problems and Vague Symptoms Dr. LUI Yin Mei, Catherine	Ms. LiLi Yung Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Keeping Doctors Alive! Strategies to Avoid Burnt Out Dr. TSE Ping Yu Clarice	Ms. Cherry Wong Tel: 2589 2337
Thursday, 18 April 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Applying Family Medicine Principles for Pre Disease Conditions Dr. YIP Pui Leung, Dr. FAN Siu Wai	Ms. Eliza Chan Tel: 2468 6813
Wednesday, 24 April 2024			
14:30 - 17:00	Conference Room SB 1036, 1/F, SB, Tuen Mun Hospital	Clinical Approach to Palpitation in Primary Care with Cases Illustration Dr. CHAN Cheuk Sing	Ms. Eliza Chan Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Approach to Patients with Poorly Differentiated Symptoms Dr. PENG Xu, Dr. CHAN Jin Hay, Jeremy	Ms. Emily Lau Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Common MSK Symptoms Dr. HO Ka Wa, Joe, Dr. CHAN Lok Hin, Thomas	Ms. LiLi Yung Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Attention-Deficit / Hyperactivity Disorder (ADHD) Dr. WONG Wilfred Shone Horn	Ms. Cherry Wong Tel: 2589 2337
Thursday, 25 April 2024			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Cultural Competence in Family Medicine Consultations Dr. WONG Tsz Yan, Dr. WONG Fai Ying	Ms. Eliza Chan Tel: 2468 6813



The FP Links Editorial Board would like to thank all readers, contributors, sponsors and the College Secretariat for their tremendous support.

Wishing you all

HAPPY Easter

The FP Links Committee

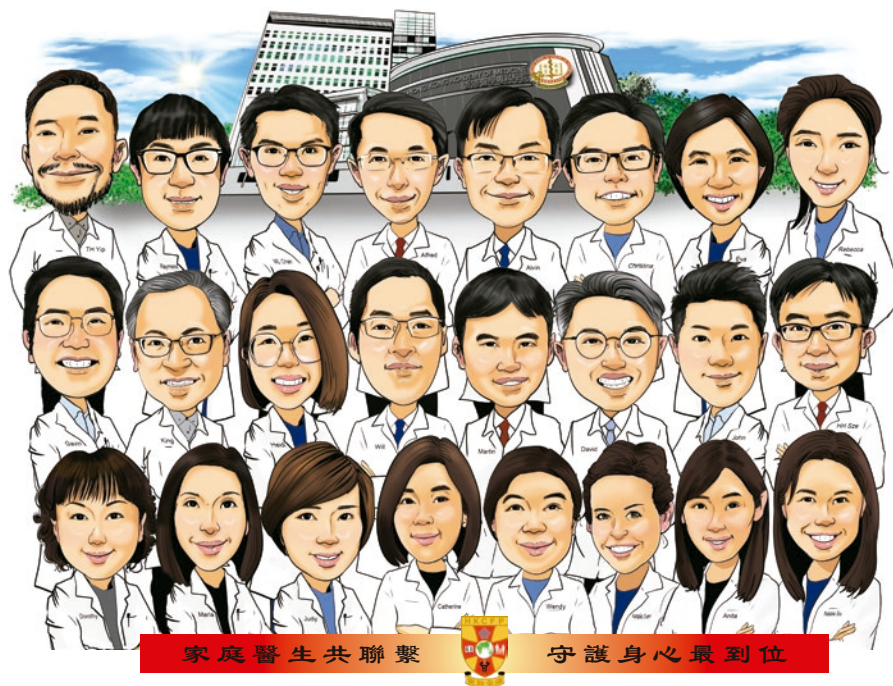


COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 Mar <i>12:00 n.n. – 6:00 p.m.</i> APCLS Training and Examination Workshop	25	26 <i>9:00 p.m.</i> Board of Conjoint Examination Meeting	27 <i>2:30 – 7:00 p.m.</i> Structured Education Programme	28 <i>4:00 – 6:00 p.m.</i> Structured Education Programme <i>7:30 – 9:00 p.m.</i> Certificate Course on Common Mental Health Problems	29	30
31	1 Apr	2	3 <i>2:30 – 7:00 p.m.</i> Structured Education Programme	4	5	6
7 <i>2:00 – 4:00 p.m.</i> Certificate Course in Ophthalmology for Primary Care Doctors 2024	8	9	10 <i>2:30 – 7:00 p.m.</i> Structured Education Programme	11 <i>4:00 – 6:00 p.m.</i> Structured Education Programme <i>7:30 – 9:00 p.m.</i> Certificate Course on Common Mental Health Problems	12 <i>8:00 p.m.</i> Specialty Board Meeting	13 <i>1:00 – 4:45 p.m.</i> Saturday Symposium
14	15	16	17 <i>2:30 – 7:00 p.m.</i> Structured Education Programme	18 <i>4:00 – 6:00 p.m.</i> Structured Education Programme <i>8:30 p.m.</i> HKCFP Council Meeting	19	20 <i>2:30 – 6:00 p.m.</i> DFM Pre Exam Workshop 1
21 <i>2:00 – 4:00 p.m.</i> Certificate Course in Ophthalmology for Primary Care Doctors 2024	22	23	24 <i>2:30 – 7:00 p.m.</i> Structured Education Programme	25 <i>4:00 – 6:00 p.m.</i> Structured Education Programme <i>9:00 p.m.</i> Board of Conjoint Examination Meeting	26 <i>2:30 – 3:30 p.m.</i> Video Session	27 <i>2:30 – 6:00 p.m.</i> DFM Pre Exam Workshop 2
28 <i>12:00 – 6:00 p.m.</i> APCLS Training & Assessment Workshop	29	30	1 May	2 <i>4:00 – 6:00 p.m.</i> Structured Education Programme	3	4

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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FP LINKS EDITORIAL BOARD 2024

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