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Message from the President



Dr. David CHAO (President of HKCFP) delivering opening remarks at WFDD 2025 Symposium

Happy World Family Doctor Day 2025 to everyone! I would like to say a big THANK YOU and congratulations to all the family doctors in Hong Kong and around the world! You have done a good job and please keep it up!

The World Family Doctor Day (WFDD), that is 19th May every year, was first declared by World Organisation of Family Doctors (WONCA) in 2010 and it has become a day to highlight the important role and contributions of family doctors in health care systems around the world.

The Hong Kong College of Family Physicians (HKCFP), in collaboration with the Primary Healthcare Commission, have successfully held the World Family Doctor Day 2025 Symposium on Saturday, May 17, 2025, at the Hong Kong Academy of Medicine Building. Under the inspiring theme "Building Mental Resilience in a Changing World," the event served

to celebrate the pivotal role family doctors play in nurturing mental health and resilience in this rapidly changing world.

After my opening remarks, we were most honoured to have welcome addresses delivered by Dr. Libby HY LEE, Under Secretary for Health, and Professor Margaret CHAN, Emeritus Director-General of the WHO. Both VIPs underscored the indispensable contributions of family doctors, whose holistic, patient-centered care forms the cornerstone of community health. Their remarks set an uplifting tone for the day, emphasising mental health as a fundamental component of modern healthcare. Immediately following the welcome remarks, twenty-five family doctors were awarded certificates of appreciation for their contributions towards the Chronic Disease CoCare (CDCC) Pilot Scheme.



Dr. Libby LEE (Under Secretary for Health, Health Bureau, HKSAR) delivering welcome speech at WFDD 2025 Symposium

(Continued on page 2)



Over a hundred representatives from public and private healthcare sectors, patient groups leaders, etc., celebrated the WFDD 2025 together

MESSAGE FROM THE PRESIDENT

(Continued from page 1)

We were also honoured to welcome VIP guests, including Deputy Director of Health Dr. Teresa LI, as well as representatives from the Department of Health, Hospital Authority, various Academy Colleges, and medical and health organisations. Additionally, we received a supporting letter from Dr. Lam Ching Choi, Chairman of the Advisory Committee on Mental Health, recognising the crucial role of family doctors in improving mental health and fostering positive societal change. Dr. Lam emphasised that through multidisciplinary collaboration and active community engagement, we can collectively cultivate a more supportive and inclusive social environment, empowering individuals to build resilience in an ever-changing world.

An esteemed lineup of speakers shared with us on various aspects of Family Medicine related developments, including Professor Philip KT LI, President of the Hong Kong Academy of Medicine, Professor Donald KT LI, Chairman of the Elderly



(From left to right) Professor Donald LI (Chairman of the Elderly Commission, HKSAR), Dr. David CHAO (President of HKCFP) and Dr. PANG Fei Chau (Commissioner for Primary Healthcare, Health Bureau)



Professor Margaret CHAN (Founding Dean, Tsinghua Vanke School of Public Health, Tsinghua University Emeritus Director General, World Health Organization) delivering her welcome address



(From left to right) Dr. LAU Ho Lim, Professor Cindy LAM, Dr. Cecilia FAN, Dr. Stephen FOO, Dr. PANG Fei Chau, Dr. David CHAO, Professor Samuel WONG and Dr. LAM Wing Wo

Commission, Professor ZHU Shan Zhu, President of the General Medicine Branch of the Cross-Strait Medical and Health Exchange Association, and Dr. PANG Fei Chau, Commissioner for Primary Healthcare, Health Bureau. These experts explored critical topics ranging from the evolving role of family doctors in Sports and Exercise Medicine and innovative strategies for enhancing elderly care, to sharing perspectives on community health services in Shanghai. Furthermore, updates on the expansion of the Chronic Disease CoCare (CDCC) Pilot Scheme offered valuable insights on integrating comprehensive care models to primary healthcare.

(Continued on page 3)



(From left to right) 1st row: Dr. Christy LAM, Dr. Tony HA, Professor Philip LI, Dr. PANG Fei Chau, Mr. Eddie LEE, Dr. Libby LEE, Dr. Teresa LI, Dr. David CHAO, Professor Donald LI, Professor ZHU Shanzhu, Professor Cindy LAM and Dr. Angus CHAN
2nd row: Dr. Billy CHIU, Dr. NGAN Po Lun, Dr. CHAN Hung Chiu, Dr. Wendy TSUI, Dr. Stephen FOO, Professor Samuel WONG, Dr. LAU Ho Lim, Dr. Cecilia FAN, Dr. Lorna NG, Dr. Maria LEUNG, Dr. Catherine CHEN and Dr. SU Yui Chi
3rd row: Dr. Matthew LUK, Dr. Peter FOK, Professor SHOU Juan, Dr. LI Yim Chu, Dr. Welchie KO, Dr. King CHAN, Dr. Marcus WONG, Dr. Esther YU and Dr. Ken HO

(Continued from page 2)

In the concluding remarks, I expressed our sincere gratitude towards all VIP speakers and participants. I also reaffirmed HKCFP's commitment to the empowering philosophy that, "Everyone should have a Family Doctor", which is in line with the Primary Healthcare Blueprint. In addition, I emphasised that family doctors are uniquely positioned to deliver early interventions by addressing physical, emotional, and social needs across every life stage—a cornerstone for building resilient communities. In support of the Blueprint's recommendations, the HKCFP is urging policymakers to allocate resources for at least 100 additional Family Medicine training positions annually, addressing the needs of Hong Kong's 7.5 million residents and paving the way for a more resilient and patient-centered healthcare system. I then reiterated HKCFP's strong commitments on providing Continuing Professional Development (CPD) and Continuing

Medical Education (CME) activities for practising doctors in the community.

The symposium not only celebrated the service and commitment of family doctors but also set a forward thinking agenda designed to reinforce community mental health care. By championing the Primary Healthcare Blueprint and advocating for expanded training and resource allocation, the HKCFP continues to drive progress towards innovative healthcare solutions that serve the evolving needs of our society.

Dr. David V K CHAO

President



(From left to right) Dr. Alvin CHAN, Dr. CHAN Hung Chiu, Dr. LAU Ho Lim, Professor Cindy LAM, Dr. Teresa LI, Professor Donald LI, Dr. Libby LEE, Dr. David CHAO, Professor Philip LI, Mr. Eddie LEE, Dr. PANG Fei Chau, Dr. Angus CHAN, Dr. Stephen FOO and Professor Samuel WONG



中華人民共和國香港特別行政區政府
衛生局
Health Bureau
The Government of the Hong Kong Special Administrative Region
of the People's Republic of China



香港家庭醫學學院
The Hong Kong College of Family Physicians



WORLD
FAMILY
DOCTOR
DAY.

BUILDING
MENTAL
RESILIENCE
in a changing world



The theme of WFDD 2025 is "Building Mental Resilience in a Changing World"



Group photo of VIP guests, speakers and Council members



12 May 2025

Dr David Chao
President
Hong Kong College of Family Physicians

Dear Dr Chao,

Celebration for World Family Doctor Day 2025 *"Building Mental Resilience in a Changing World"*

I am pleased to learn that The Hong Kong College of Family Physicians will host an event for World Family Doctor Day 2025 under the theme of "Building Mental Resilience in a Changing World". This is a meaningful and timely theme that aligns with the growing societal focus on mental health. It also highlights the importance of resilience in handling the challenges of today's world.

In a rapidly evolving world, maintaining mental health and building resilience is a shared challenge for everyone. Environmental changes and technological advancements have added pressure to our daily lives. Family doctors, as the cornerstone of primary healthcare, not only provide medical services but also contribute significantly to mental health education and early intervention of mental health cases.

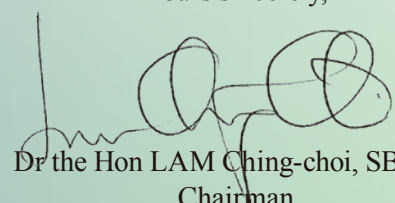
The Advisory Committee on Mental Health has been committed to advising the government on mental health policies and promoting a holistic and integrated approach to addressing mental health-related matters. We have been encouraging Hong Kong citizens to use positive thinking and values to comprehend different situations. More importantly, we believe that through multi-disciplinary collaboration and community engagement, we can collectively create a more supportive and inclusive social environment, enabling every individual to build resilience in an ever-changing era.

I sincerely wish the World Family Doctor Day 2025 every success. I look forward to the continued leadership of the family medicine sector in advancing mental health and bringing about a positive impact on our society.

Yours sincerely,



**WORLD
FAMILY
DOCTOR
DAY.**



Dr the Hon LAM Ching-choi, SBS, JP
Chairman
Advisory Committee on Mental Health

Internal Affairs Committee News

The 38th Conjoint Fellowship Conferment Ceremony and the 35th Dr. Sun Yat Sen Oration, HKCFP

Dear Colleagues,

The College is holding **“The 38th Conjoint Fellowship Conferment Ceremony and the 35th Dr. Sun Yat Sen Oration”** on 13 July 2025 (Sunday) at the Hong Kong Academy of Medicine Jockey Club Building.

Successful candidates of the Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In conjunction with this very important occasion, Prof. Martin ROLAND, Emeritus Professor of Health Services Research, Department of Public Health and Primary Care, University of Cambridge, UK would be invited to deliver the 35th Dr. Sun Yat Sen Oration to the audience.

All Fellows* and members are cordially invited to attend the Conferment Ceremony and the Oration, and pre-registration is required. For registration, please contact the secretariat by email to internal@hkcfp.org.hk on or before 30 June 2025 (Monday).

Details are listed as follows.

- Events : (i) **The 38th Conjoint Fellowship Conferment Ceremony,**
(ii) **The 35th Dr. Sun Yat Sen Oration by Prof. Martin ROLAND**
“What are GPs for (and will they be replaced by artificial intelligence)?”
- Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong
- Date : 13 July 2025 (Sunday)
- Time : 4:15p.m. – Registration
5:00p.m. – Ceremony
- Remarks : Please note that there will be 1 CME (Category 4.3)
- Dress Code : Business
This activity is complimentary for our College Fellows and members.
**All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.*

Please mark your diaries and we look forward to seeing you soon. Thank you!

Dr. KO Wai Kit
Chairman,
Internal Affairs Committee, HKCFP

Specialty Board News

The Specialty Board is pleased to announce that the following candidates have successfully passed the Full Exit Examination of HKCFP in 2025.

Dr. CHAN Kwan Ho
Dr. CHANG Hoi Yi
Dr. FAN Siu Wai
Dr. FENG Longyin

Dr. JIAO Fangfang
Dr. KWAN Tsz Yan
Dr. LIU Wing Yee
Dr. NG Hok Wai

Dr. NG Ka Wing
Dr. SIU Wing Yee
Dr. TAI Lik
Dr. TAM Chun Ho

Dr. WONG Hiu Yeung
Dr. WONG Sau Kuen
Dr. ZHANG Dingzuan

Outstanding Candidate of Exit Exam 2025

Specialty Board is pleased to announce that Dr. WONG Sau Kuen has achieved outstanding performance in all segments and will be awarded the Outstanding Candidate this year.

Dr. Wendy Tsui
Chairlady, Specialty Board

Congratulations!



**Special Badge for Fellows of
HKAM in Family Medicine**

HKCFP Council Announcement

**Extension of the application deadline to 6 June 2025, and
Group registration through the College is available.**

**25th WONCA World Conference 2025
Lisbon, Portugal**

"New vision for primary health care and sustainable development"

17 - 21 September, 2025 (Thursday – Sunday)

The Lisbon Congress Centre – CCL



Group Registration Here

Dear Members,

The 25th WONCA World Conference 2025 will take place from 17 - 21 September 2025 in Lisbon, Portugal.

The College Council has decided to grant sponsorship with **a total fund of a maximum of HK\$ 100,000.00 to PARTIALLY sponsor members (including trainees)** to attend the Conference. **Members with presentation(s) would be considered a priority.**

By the successful granting, the applicants shall agree to -

- (a) acknowledge the College in all of your Presentation materials, such as PowerPoints, Posters etc;
- (b) uphold and promote to the best of your ability the aims and objectives of the College;
- (c) observe the provisions of the Articles of Association and such Regulations and By-laws of the College;
- (d) take part in the College official functions if any during the Conference;
- (e) submit a written report (>800 words) with photos within one month after the conference;
- (f) submit all the official receipts and the related bank statement (if applicable) for reimbursement within two months after the conference.

The sponsorship is open to all members. All decisions shall be subject to the final approval of the Council. Interested members please download and complete the application form at <http://www.hkcfp.org.hk> under the section of "DOWNLOADS" and return the form to the Secretariat by ~~26 May 2025 (Monday)~~ **6 June 2025 (Friday)**.

Regardless of whether you are applying for the College's sponsorship or other funding, we can assist in arranging group registration for our members.

Please kind fill-up the form at <https://forms.gle/Uty5oKo3iCDmLmyE8>.

The College will initially cover the payment on your behalf and collect the registration fee from you at a later time.

The following are some important dates of the conference for your reference. For further and updated information please visit the Conference official website at <https://www.woncaworld2025.org/>

- Early bird Registration Deadline: 25 June 2025
- Abstract Submission Deadline: 31 March 2025
- Young Doctor Pre-conference: 16 - 17 September 2025
- WONCA World Conference 2025: 17 - 21 September 2025

Should you need any assistance, please contact Ms Yvonne Chow at 2871 8899 or email to admin@hkcfp.org.hk.

Thank you,

Dr. Cecilia FAN
Honorary Secretary

HKCFP CERTIFICATE COURSE IN ESSENTIAL FAMILY MEDICINE 2025-2026

The HKCFP Certificate Course in Essential Family Medicine (CCEFM) is designed to meet the training needs of practicing primary care doctors who would like to refresh or update their clinical knowledge and skills relevant to Family Medicine practice. The curriculum of this course also forms part of the well-established HKCFP Diploma in Family Medicine (DFM) course. Our teaching faculty are experienced clinicians working in primary care, in secondary care and in academia. The course has been designed to enhance the course participants' competencies in daily Family Medicine practice in the community.

1. OBJECTIVES:

- To provide knowledgeable, pragmatic and structured training in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners
- To improve standards and quality in Family Medicine practice by adopting holistic patient-centered care via an integrated care approach

2. SYLLABUS:

The CCEFM consists of THREE segments, including Modules III, IV (FM attachment + Update) and parts of Module V in the Diploma in Family Medicine (DFM). Doctors who have graduated from the CCEFM are expected to have acquired the following essential concepts and course contents:

- The role of Family Doctors particular in providing cost-effective primary care to the community
- The essential knowledge and skills on common problems encountered in Family Medicine
- Enhancement in the consultation and problem solving skills
- Acquiring the knowledge and skills in common practice procedures related to family practice

3. AWARDS/CREDITS:

- After completion of all the components and course requirements (max. within TWO years), a certificate will be awarded to the successful candidates
- The completed modules and credits can be accredited towards the quotable HKCFP DFM course, if the candidates would like to enroll into DFM course subsequently
- 25 CME and 5 CPD credit points will also be awarded by HKCFP.

4. COURSE CONTENT:

Segment I – Essentials of Family Medicine (Structured Seminars)

Objectives:

- ◆ Strengthen knowledge in Family Medicine
- ◆ Understand the potential growth of Family Medicine
- ◆ Enable evidence-based Family Medicine practice

Contents:

Anticipatory Care, Elderly Care and related issues, Chronic Disease Management, Common Musculoskeletal Problems, Evidence Based Medicine & Critical Appraisal, Mental Health, Practice Management; and Clinical Audit, Research & Teaching in Family Medicine.

Segment II – Problem Solving and Clinical Updates

Objectives:

- ◆ Acquire in-depth knowledge by clinical scenario/simulated cases in our daily Family Medicine practice
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods led by Family Medicine Fellows

Contents:

A site visit plus scenario based training including Diagnostic Challenges on Common Symptoms, Problem-based Learning on Chronic Disease, Motivational Interviewing, Child Health, Women's Health, Men's Health and Aging and End-of-Life.

Segment III – Practical Family Medicine (Practical Workshops)

Objectives:

- ◆ Enhance practical and communication skills in Family Medicine by practical workshops in selected areas
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods

Contents:

One compulsory and one elective Practical Workshops in selected areas including Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

5. ADMISSION REQUIREMENTS:

Registered Medical Practitioner with Bachelor's degree in Medicine.

6. TEACHING STAFF:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. TEACHING MEDIUM:

English (Cantonese may be used in some sessions in the course)

8. COURSE FEES:

Administration fee for application	HK\$ 1,000		
plus			
Enrolment for the complete Certificate Course	HK\$ 26,000	for members	HK\$ 52,000 for Non-members
Or			
Enrolment for individual session:			
Single session from Segment I and Segment II	HK\$ 2,000	for members	HK\$ 3,900 for Non-members
Single Session from Segment III	HK\$ 2,500	for members	HK\$ 5,000 for Non-members

All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. APPLICATION PROCEDURES:

Application are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee in appropriate amount by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Successful applicants will be notified by an official letter of admission after the application deadline.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

Information and application forms can be obtained from the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms. Alky Yu by email to dfm@hkcfp.org.hk for any enquiries.

Application Deadline: 30 June 2025

**Course syllabus and schedule may be subject to change without prior notification*

Diploma in Family Medicine (HKCFP) 2025-2026

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in August 2025.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and FM clinical skills enhancements. The whole course requires ONE year of part-time study.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario is further divided into several questions covering different areas in general practice

*Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Research, Mental Health, Musculo-skeletal Problems, Evidence Based Medicine & Critical Appraisal

*Module IV – Clinical Updates (Updates and FM Clinical Skills Enhancements)

Aims:	Acquire in-depth knowledge and practical skills in selected specialties
Contents:	<u>THREE</u> update seminars

*Module V – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

**Modules III – V would be scheduled on Saturday and Sunday afternoons.*

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time study.

August to October 2025	Module I
October to December 2025	Module II
August 2025 to April 2026	Module III, IV & V
May /June 2026	Final Examination

**The schedule might be affected due to unexpected circumstances and the format might change to online platform if necessary. Announcement would further be made in case there is a change of schedule and/or format.*

5. Admission Requirement:

Registered Medical Practitioner with Bachelor's Degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and FM clinical skills enhancements)

8. Course Fees:

Whole course:

HK\$46,000 for members of HKCFP

HK\$92,000 for non-members

(A discount of HK\$3,000 for early bird applications on or before 31 May 2025)

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$5,800	\$11,600
Module II (Distance Learning – Common Problems in Family Medicine)	\$5,800	\$11,600
Module III (Structured Lectures & Seminars)	\$5,900	\$11,800
Module IV (Updates & FM Clinical Skills Enhancements)	\$5,600	\$11,200
Module V (Practical Workshops)	\$7,400	\$14,800
Examination	\$13,400	\$26,800
Administration Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of the Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates upon satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Applications are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee of HK\$46,000 (or HK\$92,000 for non-members) by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2024 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

11. Application Deadline: 30 June 2025**Comments From Former DFM Graduates**

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge. Module I, II & III could improve my understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **March – April 2025**:

New Application

Associate Membership

Dr. LEE I	李 以
Dr. SZE Lee Sze	施 莉 絲
Dr. YIU Kwan Ching	姚 筠 晴

Non-HKSAR Membership

Dr. LIMBU Jaya Kumar	
Dr. WU Junming	吳 均 明

Board of Vocational Training and Standards News

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to submit the 'Application Form for the Certification of Completion of Basic Training in Family Medicine' and the **original copy** of your training logbook to BVTs for certification of completion of training within 3 months upon the completion date. If the training logbook is incomplete after review by BVTs, you should complete the training process within 6 months upon the completion date and the completion date of training will only be counted from the time all required documents are handed in to complete the certification and **basic training fee of next year will be charged**.

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The Hong Kong Primary Care Conference 2025 will be held from **11 - 13 July 2025 (Friday - Sunday)** and registration is now open.

All basic trainees are required to attend at least TWO Hong Kong Primary Care Conferences organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conferences in the **three-year training programme**.

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The above information has already been stated in the IMPORTANT NOTICE.

Should you have any inquiries, please contact Ms. Hannah LOK or Ms. Kathy LAI at 2871 8899.

Board of Vocational Training and Standards

Classified Advertisement

Accredited Private FM Centre invites Energetic Specialists for expanding group practice in TuenMun/KwaiFong.

Developmental Paediatricians + Psychiatrists most welcomed. Profit Sharing ± Partnership. Send CV enquiry@adecmed.com (Amy Chan) 92126654.

WHO's Guideline for Meningitis

Bacterial meningitis is the most dangerous form of meningitis and can become fatal within 24 hours. Many pathogens can cause meningitis with an estimated 2.5 million cases reported globally in 2019. This includes 1.6 million cases of bacterial meningitis which resulted in approximately 240 000 deaths. Around 20% of people who contract bacterial meningitis develop long-term complications, including disabilities that impact quality of life.

Improving clinical management of meningitis is essential to reducing mortality and morbidity, minimizing long-term complications and disability, and improving quality of life for affected individuals and communities.

The World Health Organization (WHO) published its first-ever global guidelines for meningitis diagnosis, treatment and care on 10th April 2025, aiming to speed up detection, ensure timely treatment, and improve long-term care for those affected.

There are several strong recommendations involving diagnosis, imaging, treatment, prophylaxis and follow up which are worth reminding:

Diagnosis: In individuals with suspected acute meningitis, Gram stain, white cell count, protein and glucose concentration, PCR-based molecular tests for relevant pathogens should be performed on cerebrospinal fluid samples.

Cranial Imaging: Cranial imaging should be performed prior to lumbar puncture to rule out cerebral space occupying lesions with midline shift, if any of the following features are identified at time of presentation: Glasgow Coma Score below 10 / focal neurological signs / cranial nerve deficits / papilloedema / new-onset seizures (in adults) / severe immunocompromised state.

Treatment: Treatment should not be delayed for cranial imaging or when lumbar puncture is deferred. Intravenous ceftriaxone or cefotaxime should be administered as empirical treatment for suspected cases of acute bacterial meningitis.

Adjunctive corticosteroids should be initiated with the first dose of antibiotics in children and adults with suspected acute bacterial meningitis. If cerebrospinal fluid characteristics are not consistent with bacterial meningitis, intravenous corticosteroids should be discontinued.

Post-exposure antimicrobial prophylaxis: In the presence of sporadic disease, antibiotic prophylaxis with single-dose parenteral ceftriaxone or oral ciprofloxacin should be provided to close contacts of laboratory confirmed cases of meningococcal disease, in accordance with known antimicrobial susceptibility patterns.

Rehabilitation

In children and adults with sequelae due to acute meningitis from any cause, rehabilitation should be provided as soon as possible.

Although meningitis is cared for in the hospital setting, however, family physicians still bear the role of **early diagnosis**, which is essential for treatment outcome. And we shouldn't forget about the **post-exposure prophylaxis** for family members involved. Concerning prevention, **pneumococcal vaccines** which not only protect patients from pneumonia, but also meningitis caused by related pathogens.

References:

WHO guidelines on meningitis diagnosis, treatment and care ISBN 978-92-4-010804-2

Compiled by Dr. Sam Yip Chun Kong

Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products

Dr. John-Hugh Tam, Specialist in Family Medicine



The allure of tobacco and nicotine products to adolescents remains a significant challenge in the field of public health today. The World Health Organization (WHO) has designated the theme for World No Tobacco Day on May 31, 2025 as “Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products” (「戳穿誘惑：揭露煙草和尼古丁產品行業的策略」) directly addressing this issue. The tobacco industry employs a relentless array of tactics to attract young consumers, not only making these products more accessible to teens but also potentially leading to lifelong addiction and health consequences.

To expand their market, the tobacco industry frequently enhances products with compounds such as flavorings and coolants. As discussed in a previous related article in The FP Links last year (“The Potential Health Risks of New Tobacco Product”, issue August 2024), these inhaled additives are far from harmless. They are designed to mask the harsh, throat-irritating nature of tobacco, improve taste, and make the products more palatable to young people. The market is flooded with flavored

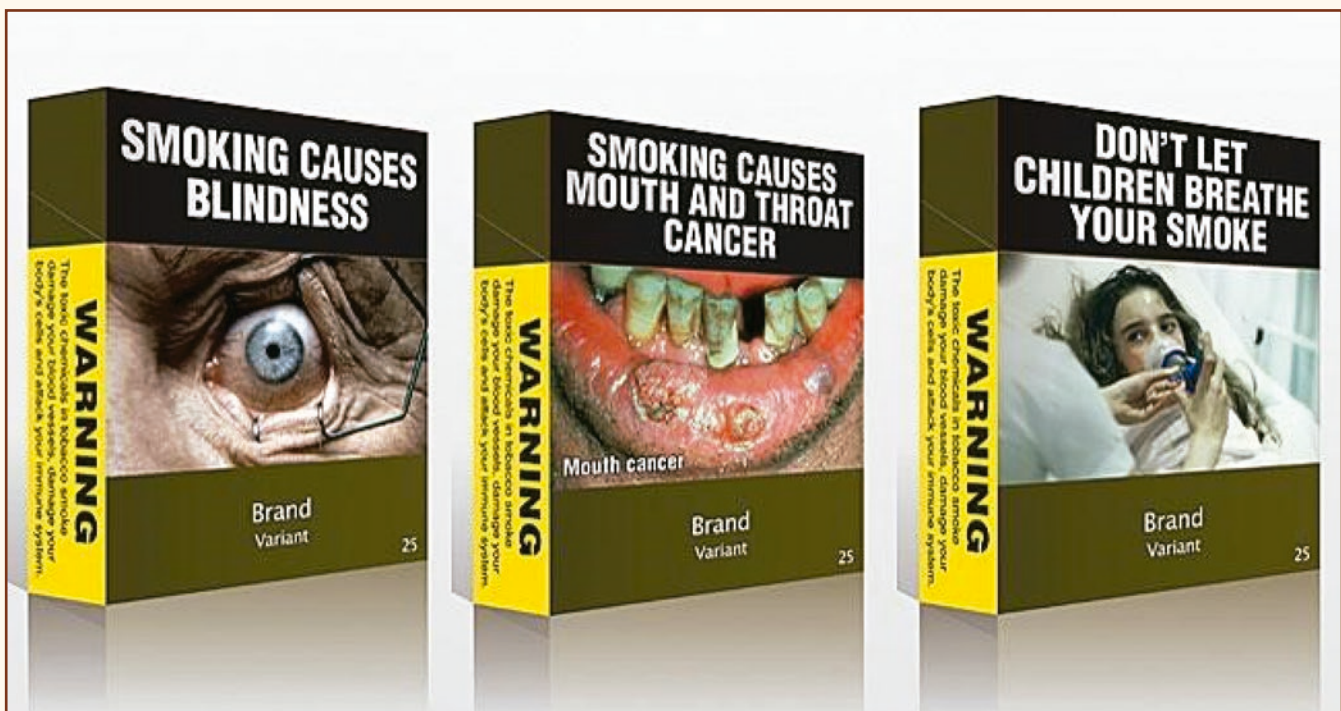
e-cigarette products, paired with trendy packaging and diverse options that appeal to teens. Moreover, some tobacco product packaging mimics candy, snacks, or cartoon merchandise, employing misleading designs that diminish adolescents’ perception of the associated risks.

Social media promotions further amplify this appeal through “glamourized marketing strategies”, introducing a range of novel tobacco products on popular platforms and e-commerce sites. Beyond e-cigarettes (vapes), these also include heated tobacco, herbal cigarettes, hookah (shisha), and “smokeless tobacco” such as snuff and chewing tobacco. These products are marketed with a modern, stylish image, replacing the “outdated” perception of traditional cigarettes and fostering a sense of “pop culture” around tobacco use. This misleads young consumers into believing these are healthier alternatives to cigarettes, which is far from the truth.

For instance, some e-cigarette pods contain nicotine levels much higher than traditional cigarettes, significantly increasing the potential for nicotine addiction and causing a stronger “buzz”. Research has shown variability in e-liquid composition, with a single e-liquid pod containing as much as 14.4 to 32.8 mg of nicotine, meaning 200 puffs from an e-cigarette could deliver a nicotine dose equivalent to 13 to 30 traditional cigarettes, a figure not to be underestimated.

Similarly, hookah delivers comparable nicotine levels, with its smoke containing higher carbon monoxide concentrations, toxicants and carcinogens (such as carcinogenic polycyclic aromatic hydrocarbons (PAHs), aromatic amines, aldehydes, furanic and phenolic compounds, heavy metals, etc.) than cigarette smoke. Smokeless tobacco like chewing tobacco and snuff can lead to cancers of the nasal cavity, oral mucosa, and lips. The risks escalate further when these products are laced with illicit substances, such as etomidate (“space oil”) or tetrahydrocannabinol (THC), with dire consequences (for details, please also refer to another article in FP Links “Etomidate Inhalation and Misuse as E-Cigarette Component”, issue September 2024).

These marketing strategies not only increase the likelihood of early tobacco exposure among teens but also set the stage for long-term health issues. Globally,



Plain packaging in Australia. Source: Tobacco Tactics (<https://www.tobaccotactics.org/>)

smoking claims 7 million lives annually, with a significant portion attributable to individuals who began smoking in their youth. Reducing adolescent exposure to nicotine and tobacco products has thus become a critical objective of contemporary public health policy.

The 2025 World No Tobacco Day campaign has 3 clear goals: “to raise public awareness by exposing the tobacco industry’s manipulative tactics, to advocate for policy reform, and to reduce demand”. To elaborate further, the campaign emphasized that Governments should implement measures to ban flavorings and additives in tobacco products that target teens, regulate advertising and promotional strategies, and enforce strict oversight of product design and packaging to reduce their appeal.

Globally, successful tobacco control precedents offer valuable lessons. Australia pioneered the “Plain Packaging” law in 2012, mandating uniform, drab packaging for all tobacco products, stripping away eye-catching designs and instead featuring prominent health warnings. This initiative effectively reduced youth smoking rates and heightened public awareness of smoking’s dangers.

Following Australia’s lead, numerous countries have adopted similar plain packaging requirements: France (January 2017), the United Kingdom (May 2017), New Zealand (June 2018), Norway (July 2018), Ireland (September 2018), Thailand and Uruguay

(December 2019), Saudi Arabia, Israel, Slovenia, and Turkey (January 2020), Canada (February 2020), Singapore (July 2020), Belgium (January 2021), and the Netherlands (October 2021).

In Hong Kong, we can draw inspiration from these successes to advance more effective tobacco control policies. A collective effort from government, schools, families, and communities is essential to minimize adolescent exposure to tobacco and nicotine products. Only through such collaboration can we create a smoke-free environment for the next generation.

Reference:

1. World Health Organization. “World No Tobacco Day 2025: Unmasking the appeal”. Retrieved from <https://www.who.int/news/item/11-11-2024-no-tobacco-day-2025--unmasking-the-appeal>
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4. Qasim, H., Alarabi, A. B., Alzoubi, K. H., Karim, Z. A., Alshbool, F. Z., & Khasawneh, F. T. (2019). “The effects of hookah/waterpipe smoking on general health and the cardiovascular system.” Environmental Health and Preventive Medicine, 24, 58. Retrieved from <https://pmc.ncbi.nlm.nih.gov/articles/PMC6745078/>
5. Gupta, B., et al. (2014). “Risk for oral cancer from smokeless tobacco”. PubMed Central. Retrieved from <https://pmc.ncbi.nlm.nih.gov/articles/PMC4268996/>
6. Wikipedia contributors. (2023). “Plain tobacco packaging”. In Wikipedia, The Free Encyclopedia. Retrieved from https://en.m.wikipedia.org/wiki/Plain_tobacco_packaging



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2025

“Family Doctor in Partnership: Synergizing Primary Care Outcomes”

11th – 13th July 2025 (Friday – Sunday)

Scientific Programme at-a-glance

More
conference
details:



E-promotional
booklet:



Date Time	11 July 2025 (Friday) Pre-conference				
19:00 - 19:30				Workshop 1 Basic Dermatological Surgery Skills Including Skin Biopsy <i>Dr. CHENG Hok Fai</i>	Workshop 2 Empowering Wellness for Healthcare Providers and Patients: A Taste of Mindfulness and Self-Compassion <i>Ms. Amanda K.M. CHEAH & Dr. Eric K.P. LEE</i>
19:30 - 20:30	Sponsored online seminar 1 [GSK] Benign Prostatic Hyperplasia	Sponsored online seminar 2 [Eli Lilly] Obesity and Atopic Dermatitis	Sponsored online seminar 3 [Novartis] Hypertension and Heart Failure Management		
20:30 - 21:00					

Date Time	12 July 2025 (Saturday) Day 1				
13:45 - 14:30	Registration and Welcome Drinks				
14:30 - 15:00	Opening Ceremony				
15:00 - 15:40	Plenary I Progress and New Developments on DHC <i>Dr. PANG Fei Chau</i>				
15:45 - 16:25	Plenary II Leading with Science: Family Doctors Driving Innovation and Collaboration in Primary Care <i>Prof. Andrew FARMER</i>				
16:25 - 16:55	Coffee Break & Poster Presentation (Part 1)				
16:55 - 18:10	Discussion Forum 1 Primary Palliative Care <i>Dr. Karin Estepa-GARCIA, Dr. Ednin HAMZAH & Dr. YIU Yuk Kwan</i>	Discussion Forum 2 Community Pharmacy <i>Mr. CHENG Wai Chung, Mr. Philip K.L. CHIU, Dr. FAN Ning & Mr. Robin K.L. LI</i>	Discussion Forum 3 Preventive Strategies for Elderly People and Healthy Ageing <i>Prof. Angela Y.M. LEUNG, Mr. Schwinger C.K. WONG & Prof. Doris S.F. YU</i>	Workshop 3 Use of Mediation to Resolve Medical Dispute <i>Dr. James S.P. CHIU, Prof. Albert LEE & Dr. TONG Kar Wai</i>	Workshop 4 East Meets West: Application of Acupuncture in Pain Management <i>Dr. Brian C.Y. CHENG & Ms. Judy W.C. PUN</i>
18:10 - 18:25	Seminar A Updates on Management of Menopausal Symptoms <i>Prof. Raymond H.W. LI</i>	Seminar B Common Scenarios in Chronic Hepatitis <i>Dr. Axel S.J. HSU</i>	Seminar C Unveiling the Health Risks of E-Cigarettes <i>Prof. William H.C. LI</i>		
18:25 - 18:55					
19:00 - 20:30	Sponsored Dinner Symposium [AstraZeneca] Cardiovascular-kidney-metabolic (CKM) Management [Boehringer Ingelheim] Diabetic Kidney Disease (DKD) Management and Chronic Obstructive Pulmonary Disease (COPD) Treatment				

Date Time	13 July 2025 (Sunday) Day 2				
08:30 - 09:00	Registration				
09:00 - 10:15	Discussion Forum 4 How Do We Teach GenZ Medical Students? – Local and International Advances in Medical Education <i>Prof. Julie Y. CHEN, Prof. Victor K. NG & Prof. Carmen WONG</i>	Seminar D Sports Medicine: From Screening to Treatment <i>Dr. Bryan S.F. LAU & Mr. Alex K.M. NG</i>	Clinical Case Presentation Competition & Awards Presentation of Outstanding Poster Presentation Award	Free Paper - Oral Presentation (Part 1)	
10:15 - 10:45	Sponsored Coffee Break Symposium [Gilead] HIV Screening & Poster Presentation (Part 2)				
10:45 - 11:30	Seminar E Common Dental Emergencies in Medical Office <i>Dr. HO Fu Tak & Dr. Gary C.H. SO</i>	Seminar F Continuous Glucose Monitoring – Read and Work Easy! <i>Ms. Maisy P.H. MOK & Dr. Enoch WU</i>	Free Paper - Oral Presentation (Part 2)		
11:30 - 11:45		Full Research Paper Awards Presentation*			
11:50 - 12:30	Plenary III Family Doctors as Gatekeepers: Optimising Outcomes for Older Adults in Primary Care <i>Prof. Samuel Y.S. WONG</i>				
12:30 - 13:10	Plenary IV Demonstrating Cross-society Impacts in Viral Hepatitis Elimination: Roles of Family Medicine & Primary Care <i>Prof. William C.W. WONG</i>				
13:15 - 14:45	Sponsored Lunch Symposium [AstraZeneca] Asthma [Abbott] Diabetes Management				

*The winner of the Best Research Paper Award will present his/her work during this session (11:30 - 11:45).

Disclaimer

Whilst every attempt will be made to ensure all aspects of the conference mentioned will take place as scheduled, the Organizing Committee reserves the right to make changes to the programme without notice as and when deemed necessary prior to the Conference.



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2025 “Family Doctor in Partnership: Synergizing Primary Care Outcomes”

11th – 13th July 2025 (Friday – Sunday)

Registration Information

Registration is now open.
For registration details:



Online Registration Deadline: 30 June 2025 (Monday)

A) Conference Registration *(required)*

	Early Bird Rate (until 24 April 2025)	Regular Rate (until 30 June 2025)	On-site Rate (from 1 July 2025)
HKCFP Members (excl. student members):	HK\$280	HK\$400	HK\$500
Non-members:	HK\$1,125	HK\$1,500	HK\$1,875
Students (incl. student members):	HK\$150	HK\$200	HK\$250

- On-site registration will be available at the registration counter, G/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong on 12 - 13 July 2025 (Saturday - Sunday).
- For on-site registrants, complimentary conference souvenirs will be given subject to stock availability.

B) Conference – General

- Dinner Symposium: Saturday, 12 July 2025, 19:00 – 20:30**
- Lunch Symposium: Sunday, 13 July 2025, 13:15 – 14:45**

(For details of symposium deposit, please visit <https://www.hkpcc.org.hk/registration>.)

Enrolment deposit*:
HK\$50 per symposium

C) Workshop Registration

First-come-first-served.

- CME/CPD application for workshop participants in progress.

11 July 2025 (Friday)	19:00 21:00	Workshop 1 Basic Dermatological Surgery Skills Including Skin Biopsy	HK\$700
	19:00 20:30	Workshop 2 Empowering Wellness for Healthcare Providers and Patients: A Taste of Mindfulness and Self-Compassion	HK\$700
12 July 2025 (Saturday)	16:55 18:25	Workshop 3 Use of Mediation to Resolve Medical Dispute	HK\$700
	16:55 18:25	Workshop 4 East Meets West: Application of Acupuncture in Pain Management	HK\$700

Payment Method

- Credit Card
- Cheque
- Tele-transfer: for overseas delegates only.
- FPS (轉數快): for local transaction only.

For details of payment method, please visit <https://www.hkpcc.org.hk/registration>.

Refund Policies

Withdrawal and Refund Policy:

- Withdrawal of Registration **on or before 31 May 2025**: A full refund will be provided, minus any bank charges and related transaction fees.
- Withdrawal of registration **after 31 May 2025**: **No refunds** will be issued.
- Refund Processing: All refunds will be processed within **8 weeks after the conference**.

*Symposium Deposit:

- Registrants will be charged **a deposit of HK\$50** per individual symposium.
- The deposit will be refunded at the symposium registration counter to attendees who successfully participate.
- For absent registrants, the deposit will be contributed to HKCFP as an administration fee.

For inquiries, please contact the Conference Secretariat at (852) 2871 8899 or via email to hkpcc@hkcfp.org.hk.

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我們的毅行 100 PLUS PRO 2024

侯 婧醫生



今年非常有幸，可以組隊成功參加樂施毅行活動。我們四個來自不同聯網不同公營普通科門診的家庭醫生聚在一起，從六月開始了規律的練習。Captain (Dr. Maria Leung) 負責訓練計劃，Boss (Dr. Shing Ng) 負責技術指導，我和B因(Dr. Queenie Chan)負責學習和跟從。

我一直以為報名參加的是毅行100，誰知今年行了毅行100 Plus Pro。活動前一天上午8號風球落波，活動當天一直斷斷續續落雨，西灣山、雞公山、馬鞍山的想不到在不宜行山的日子，路面會被幾千人輪流裝修。原本正經的山路變成不正經“杏仁糊放



題”、“泥漿high tea”、“泥氹wonderland”、“泥流成河”。特別到第三段落斜的地方，天開始慢慢入黑，全身被雨水澆濕，雙腳不但被泥漿浸濕，還因為鞋底鞋面大量的淤泥，變得又笨又重。身邊除了雨聲、人聲、腳步聲，還有此起彼伏的摔跤聲。



出乎意料的天氣和路況大大增加了比賽難度，也嚴重打亂了我隊計劃的進程。特別是不善雨戰的我，在第三段已經消耗很多的精力，以致很快就出現肌肉酸痛，體力不支。我的狀態令全隊行速緩慢，即使Boss接過我的裝備，我們到達大埔道支援點的時間都比預計遲了四小時。本來以為暖暖的肉粥，乾爽衣物，激情的鼓勵和walking support的出現可以讓我重新振作，提速前進。沒想到一過CP6，我右側髖關節和腹股溝韌帶發炎腫脹，一抬腳，居然有電擊樣神經線痛。這無疑對原本已經雙腳滿佈水泡，大腿根部磨損，腰臀部肌肉疼痛的我來說更是雪上加霜。

回想我們一起40度登頂針山；收工之後直踩dark45；上午燒烤模式，下午黃雨警告，堅持完成30公里拉鍊；B因提前返港，即使凌晨落地，都不失清晨七點之約……我怎麼忍心放棄。Captain帶傷起步，第三段不斷跌跌；Boss背負大隊後勤物資，還要背埋我那份；B因一開波已經服下止痛藥，一直保持速度……我有什麼理由放棄。Captain耐心啖我食補給，Boss精心安排後援support，B因小粉拳為我按摩……我都不願意放棄。

但是，成為團隊短板的愧疚感，想快又快不了的無力感，“針草帽”三座大山的壓迫感，幾乎摧毀我



的所有鬥志和信心。這時，Captain走過來緊握我的膊頭，很堅定地說：“我們一起走到終點！”面對隊長的鼓勵，隊友的幫助和全隊的期待，我徹底打消了放棄的念頭，開始了真正的毅行。

終於！歷經36小時52分，我們四個人齊齊整整一起拖手衝過了終點，完成了不可能的任務。

這次毅行，Captain和Boss不僅教會了我們很多行山技巧，更讓我們看到了他們強大且努力，優秀且謙遜的領袖魅力。他們對細節的專注和關心，讓團隊迅速成長；對“未病”的預防和準備，確保了團隊的安全和效率；特別在毅行當時向下兼容的體諒和付出，增加了團隊凝聚力，更讓我無比感動和感激。作為新生代的B因，無論在練習還是比賽中，都彰顯了無比堅韌的意志品質和成熟盡責的契約精神。四人八腳一條心，不是說說而已的口號，而是前輩的傳承，團隊的堅持，彼此的互信，以及大家肩並肩，向著相同的目標和信念，共同奮進的篤定和熱血。

作為第一支“家庭醫生”毅行隊伍，我們希望展現FM團隊在面對艱難，迎難而上的決心和毅力。同時亦不忘大家堅守在公營醫療工作的初心：扶助貧窮，助人自助。衷心感謝一直支持並一路關注我們的親友和同事，風雨無阻雪中送炭的支援隊，默默陪伴時時鼓勵的陪行英雄，以及慷慨解囊捐助扶貧的善長人翁。

我們攜手前行，定能走得更高更遠。



The Diary of a Family Doctor【家庭醫生的日常】

《簡單的精彩》

冼銘全醫生

92歲女士，回來覆診高血壓和血脂。記錄顯示上次覆診時她血壓頗高，因婆婆愛吃鹹魚，醫生上次已作告誡，要她少吃。

獨自步進診症室的她，健步如飛。92歲有如此狀態，殊不簡單。

她今天的血壓正常。

我：「仲有冇食鹹魚呀？」

婆婆：「冇啦，仲敢食咩？俾上次個醫生鬧到！」她笑著說，狀甚風趣。當然醫生的表達方式可以斟酌，但鬧，都是因為在意。

我：「平時有冇運動吓，郁吓咁呀？」

婆婆：「唏我日日都去游水嘅！」

92歲，日日去游水，很厲害的堅持。

我：「嘩你咁叻嘅喂！後生已經有游？」

婆婆：「我70歲先開始學！」

我一愣。

我：「當時點樣開始學？」

婆婆：「退咗休唔知做乜，又冇錢，人哋話游水好，咪自己學吓囉。初初淨係咪個頭落水，跟住個嘴吹吓吹吓又好似識少少。有啲一齊游嘅阿嬤又好心教吓我，整整下又學到啲。不過游得唔叻。」

有運動習慣的病人不多，堅持每天運動的更少。都市人心志都被工作、生活拖垮，情緒都被焦慮、恐懼、低落佔據。我們每天有為自己作過什麼？有好好保護過我們的身體麼？還是常常為他人的眼光營營役役？我常提醒病人，很多常見的病徵，其實是身體在提醒我們，要多注意自己，多處理自己的

情緒。今天婆婆給我們一個榜樣，一個提醒：只留簡單的心，在意自己的心。動力來自安靜的心。婆婆沒甚麼豐功偉績，但她的生命，就是精彩，就是自在。

The Diary of a Family Doctor
家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Options of College Souvenirs or Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: FPLinks@hkcfp.org.hk

READERSHIP DRIVE

Congratulations! The returns from the following doctor has been selected for April 2025 issue:

Dr. TUNG Po Yin

FP LINKS

need your views about its role as the newsletter of College!



Share your thoughts



Selected returns would be published in FP Links and gift vouchers would be given as token of appreciation. You can also access the Google form through the link, in addition to the QR code.

<https://forms.gle/KmZwgYpzB3F977Mi8>

FP Links also need your support through submissions to our various columns:

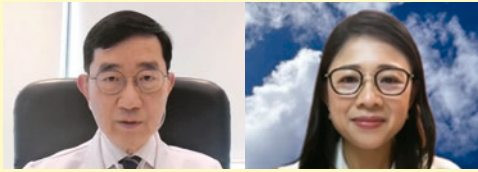
Feature / Family Doctors Column / News Corner / The Diary of a Family Doctor / After Hours

If articles are selected for publication, Options of College Souvenirs or Gift vouchers will also be given as token of appreciation

Meeting Highlights

Online CME Lecture on 11 April 2025

Prof. LI Tin Chiu, Specialist in Reproductive Medicine, delivered a lecture on “Modern Management of Early Pregnancy”.



A screenshot taken on 11 April 2025
Prof. LI Tin Chiu (left, Speaker) and Dr. HO Shu Wan (right, Moderator).

Saturday Symposium on 12 Apr 2025

Prof. TAN Guangming, Specialist in Cardiology; Assistant Professor, Department of Medicine and Therapeutics, Faculty of Medicine, The Chinese University of Hong Kong, delivered a lecture on “Advancements in the Cardiovascular Kidney Metabolic Health Framework: Integrating New Strategies for Early Detection and Management in Hong Kong”; Dr. Ted WU, Director of the Diabetes Centre, Royal Prince Alfred (RPA) Hospital, delivered a lecture on “Decoding the Complex Interplay of Cardio-Kidney-Metabolic Syndrome: A New Era of Understanding & Management” and Dr. CHAN Chun Kau, Gordon, Specialist in Nephrology; Clinical Assistant Professor (Honorary), Department of Medicine & Therapeutics, Faculty of Medicine, The Chinese University of Hong Kong, delivered a lecture on “Best-Practice Perspectives on Improving Early Detection and Management of Chronic Kidney Disease Associated with Type 2 Diabetes in Primary Care”.



Dr. CHAN Man Li (left, Moderator) and Dr. KWONG Bi Lok, Mary (middle, Board Member) presenting a souvenir to Prof. TAN Guangming (right, Speaker).



Dr. CHAN Man Li (left, Moderator) and Dr. CHAN King Hong (right, Chairman of Board of Education) presenting a souvenir to Dr. Ted WU (middle, Speaker).



Dr. CHAN Man Li (left, Moderator) presenting a souvenir to Dr. CHAN Chun Kau, Gordon (right, Speaker).

CME Lecture on 29 April 2025

Dr. TONG Chun Yip, Peter, Specialist in Endocrinology, Diabetes and Metabolism, delivered a lecture on “What's wrong with raised Natriuretic Peptide Tests (NT-proBNP) in Type 2 Diabetes?”.



Dr. CHAN Kiu Pak Kilpatrick (left, Moderator) presenting a souvenir to Dr. TONG Chun Yip, Peter (right, Speaker).

CME Dinner Lecture on 2 May 2025

Prof. Roger LEHMANN, Director of the clinical islet transplant program and of diabetology, and Professor for endocrinology and diabetes at the University Hospital, Zürich, Switzerland, delivered a lecture on “The Advancement of Insulin Therapy in Diabetes Management in Primary Care Setting”.



Dr. Lorna NG (left, Moderator) presenting a souvenir to Prof. Roger LEHMANN (right, Speaker).

CME Lecture on 4 May 2025

Prof. Roland BUHL, Senior Professor of Medicine at the Pulmonary Department, Mainz University Hospital at Johannes Gutenberg University of Mainz, Germany, delivered a lecture on “A glance at the Key Updates of GINA 2025” and Dr. KWOK Chin Tong, Specialist in Respiratory Medicine, delivered a lecture on “The Role of Triple Therapy in COPD”.



A group photo taken on 4 May 2025 (From left to right)
Dr. KWOK Chin Tong (Speaker), Prof. Roland BUHL (Speaker) and Dr. HO King Yip, Anthony (Moderator)

Online CME Lecture on 7 May 2025

Dr. CHAN Hau Ngai, Kingsley, Specialist in Dermatology & Venereology, delivered a lecture on “Treating Onychomycosis with Relapse Prevention in Mind”.



A screenshot taken on 7 May 2025
Dr. CHAN Hau Ngai, Kingsley (left, Speaker) and Dr. LAM Wing Wo (right, Moderator).

為精神復元人士及其照顧者而設的社區支援服務

Community Support Services for Persons in Mental Recovery and their Carers

日期：2025年6月21日（星期六）

Date：21 June 2025 (Saturday)

時間：下午 2:00 - 4:00

Time：2:00 - 4:00 p.m.

地點：香港家庭醫學學院
香港灣仔軒尼詩道 15 號
溫莎公爵社會服務大廈 8 樓 802 室

Venue：The Hong Kong College of Family Physicians, Room 802, 8/F,
Duke of Windsor Social Services Buildings, No. 15 Hennessy Road, Wan Chai, Hong Kong

內容：
Content：

1. 介紹精神健康綜合社區中心服務，包括臨床心理服務及朋輩支援服務

The services of Integrated Community Centre for Mental Wellness including clinical psychological service and the peer support service

講者：新生精神康復會專業服務總經理（社區服務） 饒欣怡女士
新生精神康復會臨床心理學家 楊翠兒女士
新生精神康復會朋輩支援工作員 張慧敏女士

Speaker：Ms Cindy YIU Yan-ye, Head of Professional Services (Community Services),
New Life Psychiatric Rehabilitation Association
Ms Gladys YEUNG Tsui-yee, Clinical Psychologist,
New Life Psychiatric Rehabilitation Association
Ms Candy CHEUNG Wai-man, Peer Support Worker,
New Life Psychiatric Rehabilitation Association

2. 介紹專為精神復元人士照顧者而設的家長 / 親屬資源中心服務，包括照顧者朋輩支援服務

The services of Parents/ Relatives Resources Centre for Carers of Persons in Mental Recovery including the carer peer support service

講者：浸信會愛羣社會服務處精神康復者家屬資源及服務中心主任 李芷葢女士
浸信會愛羣社會服務處精神康復者家屬資源及服務中心副主任 林翠琮女士
浸信會愛羣社會服務處 照顧者朋輩支援工作員

Speaker：Ms Eunice LEE Tsz-ying, Centre in-charge, Resource & Service Centre for the
Relatives of Ex-Mentally Ill People, Baptist Oi Kwan Social Service
Ms Karen LAM Tsui-king, Assistant in-charge, Resource & Service Centre for the
Relatives of Ex-Mentally Ill People, Baptist Oi Kwan Social Service
Carer Peer Support Worker, Baptist Oi Kwan Social Service

語言：廣東話（輔以英語）

Language：Cantonese (supplemented with English)

持續進修學分：2 HKCFP CME Points (Cat. 4.3)

CME：2 MCHK CME Points (in progress)

報名 / Enrolment



請注意是次活動只有現場出席選項。如有任何查詢，

請電郵至 education@hkcfp.org.hk 或致電 2871 8899 與秘書處職員聯絡。

Please note that only on-site option is available for this event.

For enquiry, please contact the Secretariat by email at education@hkcfp.org.hk or call 2871 8899.

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please ensure appropriate dress code to the hotel for the Scientific Meeting.

Online Monthly Video Sessions

Dates and Time	Topics
30 May 2025 (Fri) 2:30 – 3:30 p.m.	“Treating Osteoporosis from Diagnosis to Long Term Management” by Dr. WONG Sze Hung
27 June 2025 (Fri) 2:30 – 3:30 p.m.	“Diabetic Kidney Disease Management in Primary Care” by Dr. CHOW Yee Kwan, Elaine

QR Codes for registration

30 May 2025 (Fri)	27 June 2025 (Fri)
	

Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :	Online Events
	<ol style="list-style-type: none"> 1. In case of over-subscription, the organiser reserves the right of final decision to accept registration. 2. The link to join the webinar SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture. 3. Please note you can just attend ONE CME activity at a time. If found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s). 4. Members who have attended less than 3/4 of the length of the webinar may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee. 5. Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Question; 50% or above of correct answers are required) 6. Please be reminded to check the system requirements beforehand to avoid any connection issues. 7. Due to copyright issue, please note private recording of the lecture is prohibited. 8. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 04 June 2025			
14:30 - 17:00	RB5019, 5/F, Rehabilitation Block, Tuen Mun Hospital	Emergency Care of Heat and Cold Related Illnesses Dr. GAN Lu	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Smoking Cessation Dr. LAI Siu Tung, Dr. MOK Tsz Ngai	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Clinical Approach to IOD Dr. WONG Ting Wai, Dr. ASAI Yoshi-nobu	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Professional Development- Journal Club Presentation Dr. LEUNG Cheuk Yiu, Earnest, Dr. YAU Kwan Ming, Jeremy, Dr. TONG Tin Yan, Emily, Dr. FUNG Yan Ning, Elaine, Dr. TSE Ping Yu, Clarice	Ms. Cherry WONG Tel: 2589 2337
Thursday, 05 June 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Emergency Care of Abnormal Investigations: Case Discussion Dr. SHENG Wei Yang, Dr. CHIU Kwan Ki	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 11 June 2025			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Development of Family Medicine and Primary Healthcare in HK Dr. WANG Siqi	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: Ear and Video Consultation) Dr. FOCK Hoi Hei, Surena, Dr. NG Cheuk Man	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Medical Health Care System in Singapore and UK Dr. CHEUNG Tsz King, Johnny, Dr. TONG Hei Ka, Anson	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Smoking Cessation in Primary Healthcare Dr. TSANG Pui Lim	Ms. Cherry WONG Tel: 2589 2337
Thursday, 12 June 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Exploring HKCFP's New Higher Training Program: Competency-Based and Elective Training with Experience Sharing Dr. WU Flora, Dr. YAP Tsun Hee	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 18 June 2025			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Ethical and Legal Issues of Informed Consent Dr. LEE Chi Lung	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	1. Introduction to Conjoint Fellowship Examination (Part I) Dr. TAM Wah Kit 2. Community Resources: Wound Nurse Mr. Alfred Ho	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Community Resources of Palliative Care Dr. POON Chi Him, Dr. WONG Tsz Yan, Nicole, Dr. CHAN Hei Wai, Venus	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Common Symptom Complaints - Weight Loss Dr. LO Yan Yeung, Vincent	Ms. Cherry WONG Tel: 2589 2337
Thursday, 19 June 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Transforming Primary Care: The Role of the Primary Healthcare Commission in HK Dr. KUM Chung Hang, Dr. JOR Hon Man	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 25 June 2025			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Cleaning, Disinfection and Sterilization in a Clinic Dr. LEUNG Hei Tung	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Clinical Case Presentation Dr. LEE Ka Kei, Dr. POON Daniel, Dr. CHAN Hue Yan, Stephanie, Dr. LAM Josephine Wai May, Dr. CHEUNG Tsz Kei, Jennifer, Dr. NG Chi Ho and Dr. YEUNG Pui Sze	Ms. Emily LAU Tel: 3506 8610
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Community Resources for Patients with Chronic Illness Dr. CHOU Chun Wing, Stephen	Ms. Cherry WONG Tel: 2589 2337
Thursday, 26 June 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	POCT Available at Primary Care Clinic: Interpretation and Pitfalls Dr. NG Wing Hin, Dr. LAU Lai Na	Ms. Eliza CHAN Tel: 2468 6813

HKCFP Family Medicine Career Talk 2025



Scan to register:



Date : 13 June 2025 (Friday)

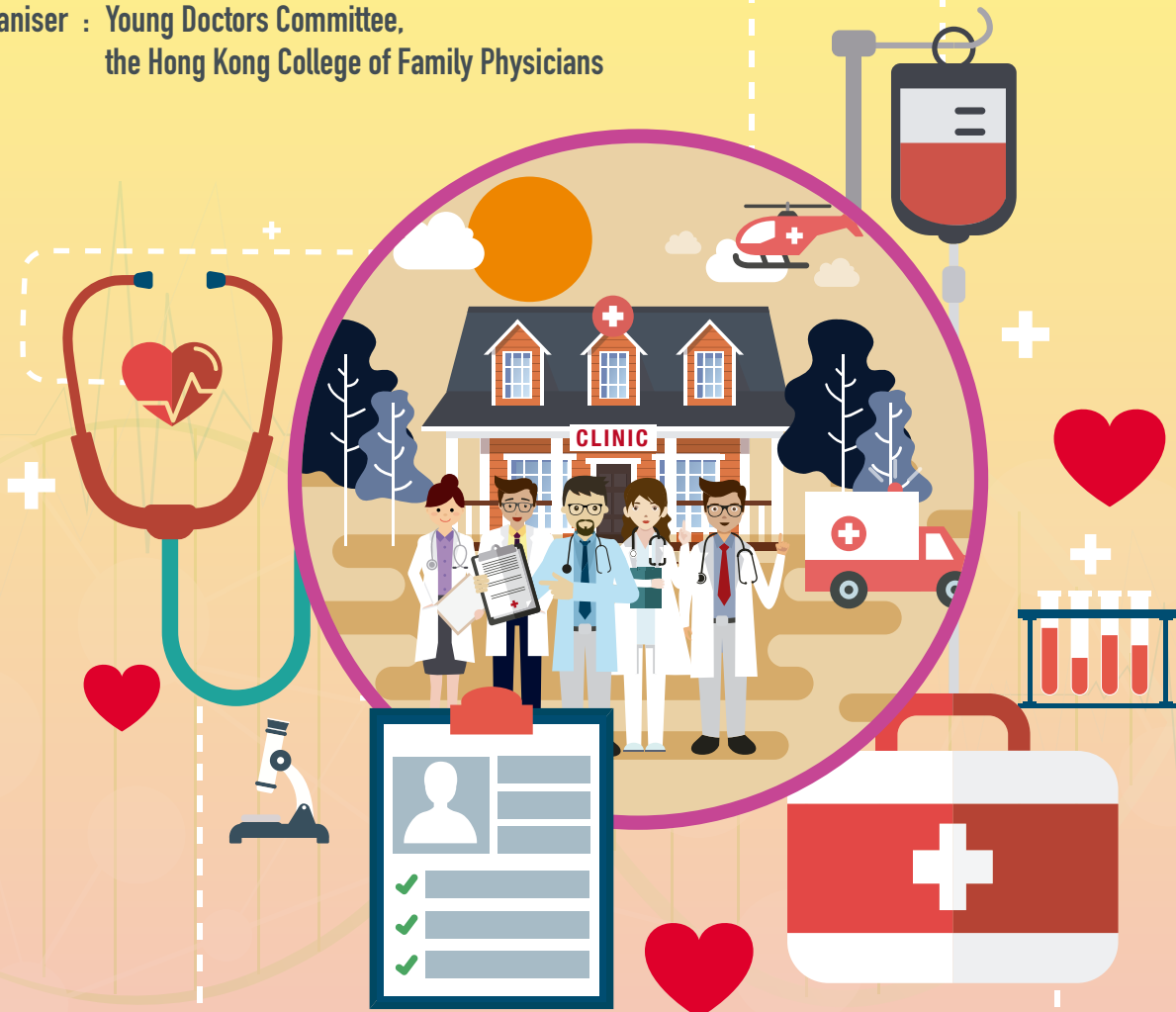
Time : 18:30 – 20:30 (onsite) / 18:30 – 19:45 (Zoom)

Refreshment will be provided to onsite participants

Link to Zoom will be provided to registered participants by email in due course

Venue : 8/F, Duke of Windsor Social Services Building, Wan Chai (Hybrid)

Organiser : Young Doctors Committee,
the Hong Kong College of Family Physicians



Content:

- Introduction to family medicine vocational training programme
- Q&A panel with HA GOPC seniors on tips for securing training post
- Interact with family medicine specialists working in different settings (face-to-face only)

Registration:

- Free-of-charge
- Please scan the QR code to register via Google form
- For onsite participation, registrants must submit the registration form by 30 May 2025

For other enquiry,
please contact Ms. Nana Choy or Ms. Kathy Lai
through email YDC@hkcfp.org.hk or
telephone at 2871 8899.

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 May	26	27	28 1:00 – 3:00 p.m. CME Lunch Lecture 2:30 – 7:00 p.m. Structured Education Programme	29 4:00 – 6:00 p.m. Structured Education Programme 9:00 – 11:00 p.m. Board of Conjoint Examination Meeting	30 2:30 – 3:30 p.m. Online Video Session	31
1 Jun DFM Clinical Exam	2	3	4 2:30 – 7:00 p.m. Structured Education Programme	5 4:00 – 6:00 p.m. Structured Education Programme	6	7 1:00 – 4:00 p.m. Certificate Course on Updates on the Management of Common Urological Conditions 2025
8	9	10	11 2:30 – 7:00 p.m. Structured Education Programme	12 4:00 – 6:00 p.m. Structured Education Programme	13 6:30 – 8:30 p.m. HKCFP 2025 FM Career Talk	14
15 3:00 – 6:00 p.m. CCE Info Seminar for Candidates	16	17	18 2:30 – 7:00 p.m. Structured Education Programme	19 4:00 – 6:00 p.m. Structured Education Programme 8:30 – 9:30 p.m. HKCFP Council Meeting	20	21 2:00 – 4:00 p.m. Mental Health Seminar
22	23	24	25 2:30 – 7:00 p.m. Structured Education Programme	26 4:00 – 6:00 p.m. Structured Education Programme 9:00 – 11:00 p.m. Board of Conjoint Examination Meeting	27 2:30 – 3:30 p.m. Online Video Session	28
29	30	1 Jul	2 2:30 – 7:00 p.m. Structured Education Programme	3 4:00 – 6:00 p.m. Structured Education Programme 8:00 – 10:00 p.m. Board of Vocational Training and Standards Meeting	4	5

FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities



FP LINKS EDITORIAL BOARD 2025

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家庭醫生共聯繫

守護身心最到位

4th row (from left to right) : Dr. Patrick Tsai, Dr. Raymond Yeung, Dr. Chan Man Li, Dr. Alvin Chan, Dr. Alfred Kwong, Dr. Eva Tsui, Dr. Patrick Ng
3rd row (from left to right) : Dr. Dorothy Law, Dr. Heidi Fung, Dr. Christina Cheuk, Dr. Tam John Hugh, Dr. Rebecca Hou, Dr. Yip Tze Hung, Dr. Cheryl Chan
2nd row (from left to right) : Dr. Gavin Sin, Dr. King Chan, Dr. Will Leung, Prof. Martin Wong, Dr. Sze Hon Ho, Dr. David Cheng, Dr. John Wu
1st row (from left to right) : Dr. Maria Leung, Dr. Anita Fan, Dr. Judy Cheng, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Natalie Yuen, Dr. Natalie Siu

Contact and Advertisement Enquiry

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