

INSIDE THIS ISSUE

Issue 256 June 2025

- | | | | |
|--|--|--|--|
| 01 Message from the President | 05 QA&A Committee News | 14 News Corner: Apolipoprotein | 19 The Diary of a Family Doctor |
| 02 Message from the President (Con't), College News: | 06 Membership Committee News; Board of Vocational Training & Standards News | 15 College News (Con't): | 20 Meeting Highlights |
| 02 DFM List of Successful Candidates (2024-2025) | 08 WONCA Express | 15 Diploma in Family Medicine (HKCFP) 2025-2026 | 21 Board of Education News |
| 03 Internal Affairs Committee News | 12 Feature: Your voices are valuable to us! Insights from "The FP Links" Readership Community. | 17 HKCFP Certificate Course in Essential Family Medicine 2025-2026 | 24 College Calendar |
| 04 HKCFP Family Medicine Boot Camp 2025 | | 18 HKPCC 2025 | |

Message from the President

The 31st of May of each year has been designated by the World Health Organisation (WHO) as the World No Tobacco Day (WNTD). The theme of WNTD 2025 is "Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products". (<https://www.who.int/europe/event/world-no-tobacco-day-2025>) On WNTD 2025, the WHO and public health champions from all over the world gathered together to raise awareness about the harmful tactics of the tobacco industry. This year's WNTD campaign has targeted to reveal the strategies that are being used by the tobacco and nicotine industries to make their harmful products enticing, particularly to young people. By exposing these tactics, WHO seeks to drive awareness, advocate for stronger policies, including a ban on flavours that make tobacco and nicotine products more appealing, and protect public health.

In Hong Kong, the Hong Kong SAR Government published the Tobacco Control Legislation (Amendment) Bill 2025 in the Gazette in April 2025 to make amendments to the existing legislation for the implementation of the new phase of tobacco control measures. The Bill has been introduced into the Legislative Council (LegCo) for first and second readings in late April also. (<https://www.info.gov.hk/gia/general/202504/25/P2025042500788.htm?fontSize=1>) In fact, the Health Bureau announced the overall tobacco control strategy in June last year, setting out the directions under the strategy and short, medium and long-term measures to reduce the social hazards posed by smoking products and safeguard public health. These measures are formulated around four directions under the tobacco control strategy, namely, Regulate

Supply, Suppress Demand: reducing the demand for and supply of smoking products; Ban Promotion, Reduce Attractiveness: minimising the attractiveness of smoking products; Expand No Smoking Areas, Mitigate Harm: protecting the public from the hazard of second-hand smoke; and Enhance education, Support Cessation: strengthening the provision of smoking cessation services, with a view to taking forward the tobacco control process in a multipronged and progressive approach. The Bill seeks to amend Ordinances including the Smoking (Public Health) Ordinance (Cap. 371), the Dutiable Commodities Ordinance (Cap. 109) and the Fixed Penalty (Smoking Offences) Ordinance (Cap. 600) to provide a legal basis for the implementation of the relevant proposed measures. The Government has published the Tobacco Control Legislation (Amendment) Bill 2025 in the Gazette and the LegCo Bills Committee held its first meeting on 13 May 2025 to review the proposed measures.

The Hong Kong College of Family Physicians (HKCFP) strongly supports this legislation amendment, recognising that family doctors play a vital role in encouraging patients to quit smoking. As advocates for public health, it is our responsibility to help reduce tobacco-related harm. Let's join hands to safeguard public health and reduce the impact of smoking on individuals and the healthcare system.

(Continued on page 2)



Message from the President (Con't)

(Continued from page 1)

The HKCFP Career Talk 2025 hosted via our Young Doctors' Committee has been held successfully on 13 June 2025 from 6:30pm to 8:30pm at our College's Wanchai office in Hybrid format. It was well attended and the participants had shown great interests in learning more about what the Family Medicine specialist training entails. Active discussion and interaction took place among the participants, our Young Doctors Committee members and family physicians representatives from public, private and academic sectors. We look forward to welcoming the new generations of family physicians to the HKCFP family in due course!



Dr. David CHAO giving welcoming speech to the participants

The fifteen sister Colleges of the Hong Kong Academy of Medicine and the Academy itself hold their Conferment Ceremonies annually. This year, the Hong Kong College of Obstetricians and Gynaecologists has just held their 37th Ceremony recently. Congratulations to the awards recipients, President Dr Leung Tse Ngong and HKCOG for a very successful event!



(From left to right) Dr. David CHAO, Dr. Libby LEE and Professor Samuel WONG

This year's early bird registration deadline for World WONCA Conference in Lisbon, Portugal is 25 June 2025. (<https://www.woncaworld2025.org/registration>) Please go ahead to register and make a saving if you have not yet done so.

Dr. David V K CHAO

President

Board of Diploma in Family Medicine (DFM) News

The Board of DFM is pleased to announce that the following candidates have successfully passed the Clinical Examination of 23rd Diploma Course in Family Medicine 2024-2025.

Dr. CHAN Chak Ming Bernard	Dr. LAM Tony	Dr. LOU Ou Lei	Dr. WONG Chi Kwan
Dr. CHAN Yee Man	Dr. LAW Mandy Yuen Sai	Dr. LU Xiao Tong	Dr. YEUNG Lewis Yan
Dr. HO Sin Ying	Dr. LEONG Natasha	Dr. MA Kin Fai	Dr. ZHANG Dahao
Dr. HUI Suet	Dr. LEONG Wai Sam	Dr. MAK Ian Yee Hwang	Dr. ZHANG Yuanyuan
Dr. LAI Yuen Lee Edith	Dr. LEUNG Wai Yin	Dr. WARNER Emma Louise	
Dr. LAM Sonia	Dr. LOO Ling Chi Newton	Dr. WONG Adrian Brian	

Congratulations to all successful candidates!

Dr. Au Chi Lap
Chairman
Board of DFM

Internal Affairs Committee News

The 38th Conjoint Fellowship Conferment Ceremony and the 35th Dr. Sun Yat Sen Oration, HKCFP

Dear Colleagues,

The College is holding **“The 38th Conjoint Fellowship Conferment Ceremony and the 35th Dr. Sun Yat Sen Oration”** on 13 July 2025 (Sunday) at the Hong Kong Academy of Medicine Jockey Club Building.

Successful candidates of the Conjoint Examination would be conferred Fellowships, and the successful candidates of Diploma in Family Medicine and the Exit Examination would be granted certificates. In conjunction with this very important occasion, Prof. Martin ROLAND, Emeritus Professor of Health Services Research, Department of Public Health and Primary Care, University of Cambridge, UK would be invited to deliver the 35th Dr. Sun Yat Sen Oration to the audience.

All Fellows* and members are cordially invited to attend the Conferment Ceremony and the Oration, and pre-registration is required. For registration, please contact the secretariat by email to internal@hkcfp.org.hk on or before 30 June 2025 (Monday).

Details are listed as follows:

- Events : (i) **The 38th Conjoint Fellowship Conferment Ceremony,**
(ii) **The 35th Dr. Sun Yat Sen Oration by Prof. Martin ROLAND**
“What are GPs for (and will they be replaced by artificial intelligence)?”
- Venue : 1/F, Run Run Shaw Hall, Hong Kong Academy of Medicine Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong
- Date : 13 July 2025 (Sunday)
- Time : 4:15p.m. – Registration
5:00p.m. – Ceremony
- Remarks : Please note that there will be 1 CME (Category 4.3)
- Dress Code : Business
This activity is complimentary for our College Fellows and members.
**All College Fellows are welcome to bring their Fellowship gowns for the Conferment Ceremony.*

Please mark your diaries and we look forward to seeing you soon. Thank you!

Dr. KO Wai Kit
Chairman,
Internal Affairs Committee, HKCFP

HKCFP Family Medicine Boot Camp 2025



To : 2025 Basic Trainees
Date : 6 September 2025 (Saturday)
Time : 1430 to 1600
Venue : The Sage, 3/F, HKAM JC Building,
99 Wong Chuk Hang Road,
Aberdeen, Hong Kong
Organiser : Young Doctors Committee,
The Hong Kong College of Family Physicians



Please join us
this exciting event via
scanning the QR code
for registration
before 29 August
2025 (Friday):



For enquiry, please contact
Ms Nana CHOY or Ms Kathy LAI at
2871 8899 or via email at
ydc@hkcfp.org.hk.

Quality Assurance & Accreditation Committee News

CME/CPD Compliance 2023-25 Cycle

Dear Colleagues,

Please be reminded that this is the last cycle year for cycle 2023-25, kindly arrange your CME and CPD activities. Your HKCFP CME report can be accessed by the College website at https://www.hkcfp.org.hk/cme_mchkcme_report.aspx (Membership login is required)

The committee wishes to highlight that colleagues **must engage in ALL categories of activities** in order to fulfill the **QA Certificate 2023-2025** criteria, briefly summarized as follows:

- (1) A minimum of 90 points in total, including **at least 30 CPD points**
- (2) A maximum of 45 credit points will be counted for each category of educational activities
- (3) Participants must engage in **ALL** categories of activities
- (4) Maximum points set for Subcategories (3.01, 3.02, 3.03a-c, 3.04, 3.09, 3.10)

For Point (2) and (3) above, the 'categories' are referring to

- i) Category 3, related to CPD activities,
- ii) Category 4, related to activities organized by our College alone, and
- iii) Category 5, related to pre-accredited activities organized by other professional institutions themselves or in collaboration with our College. Examples of this category include accredited educational events by the Hong Kong Medical Association, The Universities, the Hospital Authority, and the Primary Care Office / Department of Health.

To obtain **CME Certificate 2025**, Members should obtain at least 30 Credit Points in either CME or CPD or both.

In particular, **HKAM Fellows** are required to obtain the minimum of 90 points, including **at least 15 CPD points** in a 3-year cycle (2023-2025).

For Reciprocal Recognition for year **2025**, members should obtain at least 30 Credit Points with no less than 10 CPD points in year 2025.

Please be reminded that **ONLY CPD points** would be accredited, for teaching medical students in Universities.

Another point to highlight is the various ways to gain CPD points. Please refer to the table summarized by QA committee at: <https://www.hkcfp.org.hk/upload/Documents/QA/Way%20to%20Obtain%20CPD%20Point%20%282021%20ver%29.pdf>

Please see the "Regulations for Award of Quality Assurance 2023-25 (QA)" for more details: http://www.hkcfp.org.hk/pages_5_81.html

In particular the committee would like to mention the regulation of Continuous Professional Development (CPD) Logs:

Activity:

Self-appraisal activities on lectures, seminars and workshops organized by the **Board of Education of College**. For activities that are applicable for CPD log submission, the following statement **"Up to 2 CPD Points (Subject to Submission of Satisfactory Report of Professional Development Log)"** will be marked in the 'Board of Education News' published in FP links or circulated through bulk email. The log is required to be submitted within one month after the lecture.

Journal:

Specific articles published in the HK Practitioner or HK Medical Journal

HK Practitioner: Update Article, Original Article, Discussion Paper, Internet

HK Medical Journal: Original Article, Review Article, Medical Practice
(‘Online First’ articles are not included)

The log is required to be submitted within one month after publication.

Late submission of CPD logs would not be accepted. Please be reminded you must fulfill the requirement to obtain CME points, in order to obtain CPD points through activity CPD Log.

Requirements to obtain HKCFP CME for attending online CME events:

- 1) Attend 75% or above of the length of the online session;
- 2) To complete a post event quiz*, questionnaire OR feedback form set by organizer
(* MCQ/ True or False Question; 50% or above correct answers are required.)

For any enquiry please contact our QA&A Secretariat (Mr. John Ma or Ms. Iris Ip) at 2871 8899 or email to cmecpd@hkcfp.org.hk at your convenience.

Yours sincerely,

Dr. Li Yim Chu

Chairlady, Quality Assurance & Accreditation Committee

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **April – May 2025**:

New Application

Associate Membership

Dr. CHAN Zhuo Yi, Calista	陳卓懿
Dr. CHENG Sui Hou, Michael	鄭瑞豪
Dr. CHEUNG Hang Lam	張杏琳
Dr. NG Yuen Shan	吳宛珊

Full Membership

Dr. LEUNG, Nelson	梁景昭
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Non-HKSAR Membership

Dr. DENG Zhenyu	鄧振宇
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Student Membership

Mr. CHIU Kwan Yiu	趙均堯
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Re-application

Associate Membership

Dr. CHOW Chi Kwan	周芷筠
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Resignation

Associate Membership

Dr. WONG Wing Yan, Elizabeth	黃穎欣
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Board of Vocational Training and Standards News

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to submit the 'Application Form for the Certification of Completion of Basic Training in Family Medicine' and the **original copy** of your training logbook to BVTs for certification of completion of training within 3 months upon the completion date. If the training logbook is incomplete after review by BVTs, you should complete the training process within 6 months upon the completion date and the completion date of training will only be counted from the time all required documents are handed in to complete the certification and **basic training fee of next year will be charged**.

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The Hong Kong Primary Care Conference 2025 will be held from **11 - 13 July 2025 (Friday - Sunday)** and registration is now open.

All basic trainees are required to attend at least TWO Hong Kong Primary Care Conferences organized by the Hong Kong College of Family Physicians in the four-year training programme.

All higher trainees are required to attend at least ONE Hong Kong Primary Care Conference in the **two-year training programme**; OR, at least TWO Hong Kong Primary Care conferences in the **three-year training programme**.

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The above information has already been stated in the IMPORTANT NOTICE.

Should you have any inquiries, please contact Ms. Hannah LOK or Ms. Kathy LAI at 2871 8899.

Board of Vocational Training and Standards



SPINE SYMPOSIUM ON SAFETY



Date: Friday, 11 July 2025

Venue: Lecture Room 7A, 7/F, Li Shu Pui Block, Hong Kong Sanatorium & Hospital

HYBRID
EVENT

PROGRAMME

18:00-19:00 **Registration and Refreshments**

19:00-19:05 **Opening Remarks**



Dr. Walton Li

Chief Executive Officer, HKSH Medical Group
Medical Superintendent
Hong Kong Sanatorium & Hospital

19:05-19:20 **How to Avoid Complications in Spine Surgery – My Reflections**



Dr. LUK Dip Kei Keith

Honorary Consultant in Orthopaedic Surgery
Emeritus Professor, The University of Hong Kong
Specialist in Orthopaedics & Traumatology
Hong Kong Sanatorium & Hospital

19:20-19:35 **Safety in Spine Surgery: Why Now?**



Prof. CHEUNG Man Chee Kenneth

Hospital Chief Executive, HKU-Shenzhen Hospital
Chair Professor, Jessie Ho Professor in Spine Surgery
Clinical Professor and Honorary Consultant
Orthopaedic Surgeon, The University of Hong Kong

19:35-19:50 **Strategies for Preventing Surgical Errors and Complications**



Dr. WONG Yat Wa

Honorary Consultant in Orthopaedic Surgery
Honorary Clinical Professor, Department of Orthopaedics & Traumatology, The University of Hong Kong
Specialist in Orthopaedics and Traumatology
Hong Kong Sanatorium & Hospital

19:50-20:05 **Pitfalls in Anterior Lumbar Surgery and How to Deal with Them**



Prof. CHEUNG Pui Yin Jason

Department Chairperson
Li Shu Fan Medical Foundation Professorship in Orthopaedic Surgery
Clinical Professor and Honorary Consultant
Department of Orthopaedics and Traumatology
The University of Hong Kong

20:05-20:35 **Safety in Modern Spine Surgery**



Prof. LI Wei Shi

Chief of Orthopaedic Department & Spine Division
Peking University Third Hospital
Chairperson, AO Spine China Council

20:35-20:40 **Closing Remarks**

Dr. WONG Yat Wa

**Programme is subject to change without prior notice*

Chairperson: Dr. WONG Yat Wa

REGISTRATION IS ON A FIRST COME, FIRST SERVED BASIS

Reserve your place at www.hksh.com/spinesymp2025

OR

Scan QR Code for registration



CME Accreditation by Various Colleges Pending | CNE Pending | CPD (Allied Health) Pending

Registration Deadline: 4 July 2025 or Once the Quota is Full

FOR MEDICAL AND HEALTH PROFESSIONALS ONLY

Organiser:



養和脊椎中心
HKSH SPINE CENTRE

Co-organisers:



HKU Med School of Clinical Medicine
Department of Orthopaedics
& Traumatology
香港大學矯形及創傷外科學系



香港大学深圳医院
The University of Hong Kong - Shenzhen Hospital

Sponsors:



Medtronic



李樹芬醫學基金會
LI SHU FAN
MEDICAL
FOUNDATION

養和醫療集團成員 Members of HKSH Medical Group

養和醫院
Hong Kong Sanatorium & Hospital

養和醫健
HKSH Healthcare

養和東區醫療中心
HKSH Eastern Medical Centre

養和癌症中心
HKSH Cancer Centre

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Reflections on the 26th WONCA Asia-Pacific Regional Conference 2025

Dr. Esther Pang

Resident, Department of Family Medicine & Primary Healthcare, Hong Kong West Cluster

The 26th WONCA Asia-Pacific Regional Conference was held in Busan from April 23 to 27, 2025. I'm grateful for the opportunity to attend this event, which broadened my understanding of family medicine. The conference offered a comprehensive program, including seminars, oral presentations, workshops, and plenary lectures. A diverse range of topics was covered, from approaches to common conditions in primary care to advancements in medical technology and discussions on health equity.



Site visit to Ahn Mukyeong Family Medicine Clinic

Site Visit

One of the most meaningful experiences at the conference was the site visit to a local clinic. On April 24, 2025, I participated in a one-on-one clinical observation session at the Ahn Mukyeong Family Medicine Clinic. Founded by Dr. Ahn in 2002, the clinic has been providing comprehensive primary care to the community for over two decades. It offers a wide range of services, including chronic disease management, consultations for common health issues, preventive vaccinations, and health checkups. The clinic is also equipped with X-ray and ultrasound machines, essential for diagnosing serious conditions. In addition, there is an on-site physiotherapist who provides immediate treatment to patients after their medical consultations.

During the clinic session, we discussed the differences between the healthcare systems in South Korea and Hong Kong. In South Korea, most clinics and hospitals are privately funded. However, the National Health Insurance Service (NHIS) provides a co-payment subsidy for medical costs. Patients typically pay only 30% of their expenses, while the government covers 70% of consultation and prescription fees. People have the freedom to choose which clinics or hospitals they visit for healthcare. Furthermore, the NHIS offers national screenings for various health conditions.

In South Korea, family physicians face an overwhelming workload, seeing an average of forty to fifty patients each day. Despite these time constraints, I was impressed by how Dr. Ahn delivers healthcare with thoughtfulness, care, and a holistic approach. He prepares detailed clinical summaries for each patient, ensuring efficient and continuous care. To encourage healthy eating, he has incorporated engaging props into the clinic's environment. I was especially inspired by Dr. Ahn's passion for family medicine and his dedication to continuous learning.

Oral Presentations

The oral presentation sessions provided an excellent platform for clinicians and researchers to share their innovative projects. The presentations were thought-provoking and engaging. In our daily consultations, we often focus on managing our patients' physical or mental health, but some presentations reminded me not to overlook their social needs. For example, several projects highlighted the benefits of social prescriptions, especially for socially isolated elderly individuals who often face more physical health problems.

I was honored to present my exit exam research project during the oral presentation session. My research, titled "Assessing Self-Perceived and Calculated Fracture Risk Among Postmenopausal Women in Outpatient Clinics in Hong Kong," highlighted the importance of risk communication for those at risk. My findings revealed that women with a high calculated fracture risk often underestimate their risk, especially older women and those with a lower body mass index. Furthermore, most individuals at risk had never undergone a DXA scan. To address this issue, I advocated for the use of the Fracture Risk Assessment Tool (FRAX) in our daily consultations. I believed that this tool could empower clinicians to enhance risk communication and encourage osteoporosis screening among high-risk groups.



Engaging props for health education about diet control

As many regions in the Asia Pacific face the challenges of an aging population, osteoporosis remains a significant health concern that warrants attention. I hope my presentation effectively raised awareness among conference participants about the importance of osteoporosis screening for at-risk individuals. At the end of my presentation, I also invited participants to join the upcoming WONCA 2027 in Hong Kong.



The clinic is equipped with ultrasound machine

Workshops

Participating in the interactive workshops was an invaluable experience. It was fascinating to exchange knowledge and practices with family physicians from different countries, all facing similar challenges. We often see patients from diverse backgrounds while working within limited time and resources. Despite these hurdles, when passionate doctors gather together, we can truly inspire and uplift one another.

One standout workshop led by Dr. Garry Fong, titled “How to Get a Research Doctorate Without Killing Yourself and Your Family in the Process,” brought together young doctors to discuss how to maintain our passion for family medicine despite busy schedules. I learned the importance of prioritizing our physical, mental, and spiritual well-being as we strive to achieve our professional goals.



Presenters from different countries in the oral presentation session

Inspiring Plenary Lecture

The plenary lecture, “Primary Care at the Crossroads: Advancing Health for All through Equity, Excellence, and Innovation in Family Medicine,” delivered by Dr. Viviana Martinez-Blanchi, was truly inspiring. She encouraged us to expand our view of family medicine, reminding us that as family physicians, we are not just clinicians—we are also innovators, leaders, and change-makers. Primary care is the backbone of the healthcare system, and by delivering high-quality care, we can engage policymakers to recognize the need for change. Through research, we can gather data that supports our claims and amplifies the voices of marginalized groups. As frontline doctors, we encounter systemic health issues every day, and to drive improvement, we need research that highlights these critical needs.

Conclusion

Attending the 26th WONCA Asia-Pacific Regional Conference was my first overseas experience, and it was truly eye-opening. I gained valuable insights into innovative research in family medicine and connected with dedicated professionals from various countries. Reflecting on this experience, I feel inspired to apply what I’ve learned and continue contributing to the field of family medicine.



Presenters from different countries in the oral presentation session



Young doctors who attended the interactive workshop

Attending the WONCA Asia Pacific Region Conference 2025 in Busan, Korea

Dr. Chloe Lau

Resident Trainee, Department of Family Medicine & Primary Healthcare, New Territories West Cluster

The 26th WONCA Asia Pacific Regional Conference has been successfully held in Busan, Korea on 24-27th April 2025. WONCA aims at providing a forum for exchange of knowledge and information between Member Organizations and between general practitioners/ family physicians. Hong Kong belongs to the Asia Pacific Region (APR) in WONCA. Every year, there is a regional WONCA APR conference, in addition to the WONCA world conference. This year, I was fortunate to take part in the WONCA APRC in Busan.

WONCA has been supporting the young doctor development over the past 10 years. A Young Doctor is defined as "those in family medicine training or in the first 5 years of family medicine practice". There are Young Doctors' Movement (YDM) for all seven of its regions, namely the Rajakumar Movement (TRM) (Asia Pacific region), AfriWON (Africa region), Al Razi (East Mediterranean Europe region), EYFDM (Europe region), Polaris (North America region), Spice Route (South Asia region), and Waynakay (Iberomericana region).

This year, I have taken up the role as the vice representative of Hong Kong in the Rajakumar Movement (TRM). During the Pre-Conference on 23rd April 2025, we connect with young doctors across the Asia-Pacific region. I am honoured to present the updates of the Young Doctors Committee (YDC) in the recent 1 year. I have introduced the recent activities of the YDC, and most importantly, we have promoted the upcoming WONCA APRC 2027 in Hong Kong.



Executives of the Rajakumar Movement and the representatives from the member organizations.

Representatives from other countries also presented their circumstances. There was an impressive presentation from Myanmar. Their representatives were absent, but they have prepared the PowerPoint introducing the current healthcare situation after the devastating earthquake on 28th March 2025. Mobile medical teams of GPs and specialists provide emergency and primary care services to the affected area, and urgent donation of personal hygiene items. The involvement of the international rescue teams and donations from different countries highlights the importance of building a global network. The unfortunate natural crisis also demonstrated the importance of healthcare and reminded us the responsibility of being a family doctor.



I am presenting updates in HKCFP Young Doctors Committee in the WONCA APR Pre-conference



A group photo for the young doctors in the Rajakumar Movement.



Participation in WONCA APR with Dr. Cheryl Chan, new friends from Beijing and France.

We also have a chance to know more about the healthcare system in Korea. The recent strike of the Korean doctors is a hot topic. Under the problems of ageing population, long working hours, imbalance between the essential medical and cosmetic services, and increasing number of lawsuits especially criminal charges, Korean doctors underwent a strike. It sounds unrelated to us, however, despite the differences, there are always similarities in the burden of primary care from which we can learn.

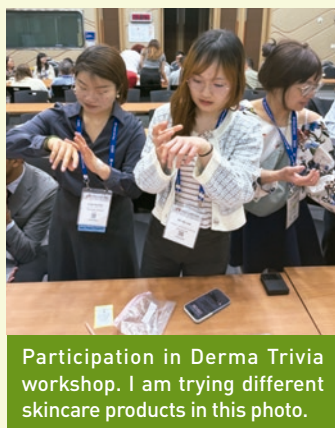
Another impressive talk is about palliative care in Taiwan, Japan and Korea. The doctors shared about the current circumstances in their regions. I have learnt about the home care model in Taiwan, which provides care for patients with limited mobility (Barthel score <60). Doctors and allied health colleagues would attend the patients at their home and provide medical consultation, prescriptions, indwelling catheter replacement, wound care, vaccination, blood drawing and urine tests etc. This is eye-widening, as currently such home care model is less commonly seen in Hong Kong.

Apart from the talks, there are also interactive workshops. The FM 360 workshop by Dr. Rabee Kazan introduced the worldwide exchange program. The program allows young doctors to attach family doctors in different regions. Hopefully with the interaction between different cultural, and socio-economic background, we can provide a better primary care.



Photo with Japanese family doctors in their workshop about primary care in Japan.

The Derma Trivia workshop by Dr Miriam Rey Seoane and Dr Cheryl Chan incorporate dermatology knowledge into an interesting and interactive monopoly game. We have made lots of fun and met many new friends, while we also have learnt many tips for skincare.



Participation in Derma Trivia workshop. I am trying different skincare products in this photo.



We are playing games and having fun in the Derma Trivia workshop.

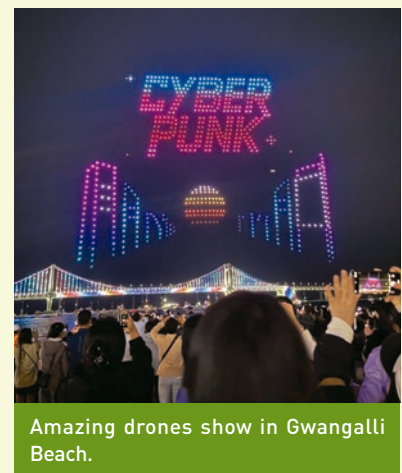
Another pearl in the conference is to meet new friends. The social network continues even after the conference. We have many social activities and have lots of fun with our new friends. There was a local tour after the pre-conference. We enjoyed the beautiful seashore scenery with our friends. The cultural village is also amazing. We also had wonderful Korean-style dinner and the signature Soju.



"Life Four Cuts" photo with the young doctors in the Sanbok Road Exhibition Hall in Mangyang-ro.



After-work Soju with Dr Cheryl Chan, new friends from Beijing and France.



Amazing drones show in Gwangalli Beach.

The conference ends on 27th April, 2025, with the heartwarming dances and musics from the Philippines, signifying a new chapter of WONCA APR 2026 in Iloilo, Philippines. Hope we can meet each other soon in Iloilo, and in Hong Kong in 2027!

Your voices are valuable to us! Insights from “The FP Links” Readership Community.

The FP Links Editorial Board

As the editorial board of the Hong Kong College of Family Physicians Official Newsletter, “The FP Links,” we consistently strive to provide valuable content that meets the needs and interests of our readership. Over the past months, we have received a wealth of feedback, and we are delighted to share some of these insights with you. Your responses not only help us understand how we are performing but also guide future improvements. Here are the key highlights from the reader feedback:

“Always enjoy reading FP Links. Could sense the committed team members in always reviewing and improving contents and topics. Thanks so much.”

YC

“It would be nice if there’s more sharing about the daily life of family physicians and some leisure reading materials to enhance family physician’s well being”

Esther

“It’s interesting to learn about the latest information and activities from college. The “diary of a family doctor” is especially inspiring!”

WY

“The news corner about space oil is extremely important as the rising trend of the abuse of “space oil” in our city especially the youth population. The part about the effect of the drugs is very informative and the article discussed the reason of rising trend of the abuse of space oil. Family physician should be aware of this issue and help with the education and prevention.”

HY

“Thank you to all the authors and editors who have contributed to the FP Links. I suggest to start a new column in which the latest important articles in international journals, relevant to family medicine, may be introduced, so as to open us up to global developments in our field.”

Ellen

"Can encourage Members, including young generation members, to have some non-academic sharings, such as their hobby, interests, volunteer work, etc, to enrich the contents

Overall very well preparation by FP LINKS Committee"

YS

"FP Links is like a magazine containing both informative and educational content. It serves as a communication channel among FP colleagues."

PK

"More sharing on photography, hobbies and travelling etc."

CW

"Since higher training is now including special interest development, it would be good to include some programmes for trainees' reference e.g. courses on POCUS, courses on palliative care/ dermatology, etc."

Maria

"The FP Links is well-organised with good layout. Looking forward to have more information on POCUS in future since POCUS becomes more popular and commonly-used nowadays."

Raymond

"Consider a Character interview' section to invite council members, FM leaders, FM doctors across various settings and generations, etc to share deeper insights and visions on the development of FM."

SY

Looking Ahead:

We are deeply grateful for the time and effort our readers have taken to provide us with their opinions. As we move forward, we are committed to implementing these valuable suggestions to enhance the relevance, quality, and engagement of "The FP Links." Thank you for your ongoing support and contributions. Together, we will keep "The FP Links" evolving to meet the needs of our dynamic readership.

Apolipoprotein

Why there are more tests available other than the usual LDL for cardiovascular risk stratification? We hope to further stratify patients whether they are indeed high risk groups.

Apolipoprotein A

Apolipoprotein A-I (Apo-A1) is a structural and functional protein that constitutes approximately 70% of the protein in HDL.

Apo-A1 is produced in the liver and intestines and activates lecithin-cholesterol acyltransferase (LCAT) in the peripheral tissues, which transforms free cholesterol to cholesterol ester and facilitates its transportation to the liver, where it is degraded.

Indications/Applications

Serum Apo-A1 is not considered a routine test for cardiovascular disease risk assessment.

Because it is not clear whether Apo-A1 is an independent predictor of cardiovascular disease, it may be useful for Apo-A1 to be measured in conjunction with Apo-B to assess the Apo-B/Apo-A1 ratio.

A **higher ratio** means an increased likelihood of cholesterol deposition in arteries, leading to **atherosclerosis** and a higher risk of cardiovascular disease.

Apolipoprotein B

Clinical use

Apolipoprotein B can be used by clinicians for studies of cardiac risk factors in individuals with significant family histories of coronary artery disease or other risk factors; follow-up studies in individuals with abnormal LDL cholesterol values and also confirmation of suspected abetalipoproteinemia or hypobetalipoproteinemia.

Background

Apolipoprotein B (Apo B) is a major protein component of low-density lipoprotein (LDL) comprising >90% of the LDL proteins and constituting 20-25% of the total weight of LDL. Apo B exists in 2 forms. Apo B-100, the most abundant form of Apo B, is found in lipoproteins synthesized by the liver including LDL, VLDL, and IDL. Apo B-48 consisting of the N-terminal 2152 amino acids (48%) of Apo B-100, is produced by the gut, and is found primarily in chylomicrons. Increased plasma concentration of Apo B-containing lipoproteins is associated with an increased risk of developing atherosclerotic disease. Case control studies have found plasma Apo B concentrations to be more discriminating than other plasma lipids and lipoproteins in identifying patients with coronary heart disease (CHD). Apo B measurement offers greater precision than LDL cholesterol determination which is most often derived by calculation.

Reference:

<https://emedicine.medscape.com/article/2087313-overview#showall>

<https://www.southtees.nhs.uk/services/pathology/tests/apolipoprotein-b/>

Compiled by Dr. Eva TSUI

Diploma in Family Medicine (HKCFP) 2025-2026

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in August 2025.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and FM clinical skills enhancements. The whole course requires ONE year of part-time study.

Details of the course are as follows:

1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation, counselling and problem solving
- Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario is further divided into several questions covering different areas in general practice

*Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Research, Mental Health, Musculo-skeletal Problems, Evidence Based Medicine & Critical Appraisal

*Module IV – Clinical Updates (Updates and FM Clinical Skills Enhancements)

Aims:	Acquire in-depth knowledge and practical skills in selected specialties
Contents:	THREE update seminars

*Module V – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

**Modules III - V would be scheduled on Saturday and Sunday afternoons.*

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time study.

August to October 2025	Module I
October to December 2025	Module II
August 2025 to April 2026	Module III, IV & V
May/June 2026	Final Examination

**The schedule might be affected due to unexpected circumstances and the format might change to online platform if necessary. Announcement would further be made in case there is a change of schedule and/or format.*

5. Admission Requirement:

Registered Medical Practitioner with Bachelor's Degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and FM clinical skills enhancements)

8. Course Fees:

Whole course:

HK\$46,000 for members of HKCFP

HK\$92,000 for non-members

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$5,800	\$11,600
Module II (Distance Learning – Common Problems in Family Medicine)	\$5,800	\$11,600
Module III (Structured Lectures & Seminars)	\$5,900	\$11,800
Module IV (Updates & FM Clinical Skills Enhancements)	\$5,600	\$11,200
Module V (Practical Workshops)	\$7,400	\$14,800
Examination	\$13,400	\$26,800
Administration Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of the Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates upon satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Applications are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee of HK\$46,000 (or HK\$92,000 for non-members) by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2024 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky Yu at 2871 8899 for any queries.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

11. Application Deadline: 30 June 2025

Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge. Module I, II & III could improve my understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

**Course syllabus and schedule may be subject to change without prior notification*



APCLS Training Workshop



Women's Health Workshop



Orthopaedic Injection Workshop



Musculoskeletal Workshop

HKCFP CERTIFICATE COURSE IN ESSENTIAL FAMILY MEDICINE 2025-2026

The HKCFP Certificate Course in Essential Family Medicine (CCEFM) is designed to meet the training needs of practicing primary care doctors who would like to refresh or update their clinical knowledge and skills relevant to Family Medicine practice. The curriculum of this course also forms part of the well-established HKCFP Diploma in Family Medicine (DFM) course. Our teaching faculty are experienced clinicians working in primary care, in secondary care and in academia. The course has been designed to enhance the course participants' competencies in daily Family Medicine practice in the community.

1. OBJECTIVES:

- To provide knowledgeable, pragmatic and structured training in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners
- To improve standards and quality in Family Medicine practice by adopting holistic patient-centered care via an integrated care approach

2. SYLLABUS:

The CCEFM consists of THREE segments, including Modules III, IV (FM attachment + Update) and parts of Module V in the Diploma in Family Medicine (DFM). Doctors who have graduated from the CCEFM are expected to have acquired the following essential concepts and course contents:

- The role of Family Doctors particular in providing cost-effective primary care to the community
- The essential knowledge and skills on common problems encountered in Family Medicine
- Enhancement in the consultation and problem solving skills
- Acquiring the knowledge and skills in common practice procedures related to family practice

3. AWARDS/CREDITS:

- After completion of all the components and course requirements (max. within TWO years), a certificate will be awarded to the successful candidates
- The completed modules and credits can be accredited towards the quotable HKCFP DFM course, if the candidates would like to enroll into DFM course subsequently
- 25 CME and 5 CPD credit points will also be awarded by HKCFP.

4. COURSE CONTENT:

Segment I – Essentials of Family Medicine (Structured Seminars)

Objectives:

- ◆ Strengthen knowledge in Family Medicine
- ◆ Understand the potential growth of Family Medicine
- ◆ Enable evidence-based Family Medicine practice

Contents:

Anticipatory Care, Elderly Care and related issues, Chronic Disease Management, Common Musculoskeletal Problems, Evidence Based Medicine & Critical Appraisal, Mental Health, Practice Management; and Clinical Audit, Research & Teaching in Family Medicine.

Segment II – Problem Solving and Clinical Updates

Objectives:

- ◆ Acquire in-depth knowledge by clinical scenario/simulated cases in our daily Family Medicine practice
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods led by Family Medicine Fellows

Contents:

A site visit plus scenario based training including Diagnostic Challenges on Common Symptoms, Problem-based Learning on Chronic Disease, Motivational Interviewing, Child Health, Women's Health, Men's Health and Aging and End-of-Life.

Segment III – Practical Family Medicine (Practical Workshops)

Objectives:

- ◆ Enhance practical and communication skills in Family Medicine by practical workshops in selected areas
- ◆ Transfer the practical skills and hand-on experience by interactive learning methods

Contents:

One compulsory and one elective Practical Workshops in selected areas including Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

5. ADMISSION REQUIREMENTS:

Registered Medical Practitioner with Bachelor's degree in Medicine.

6. TEACHING STAFF:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. TEACHING MEDIUM:

English (Cantonese may be used in some sessions in the course)

8. COURSE FEES:

Administration fee for application	HK\$ 1,000			
plus				
Enrolment for the complete Certificate Course	HK\$ 26,000	for members	HK\$ 52,000	for Non-members
Or				
Enrolment for individual session:				
Single session from Segment I and Segment II	HK\$ 2,000	for members	HK\$ 3,900	for Non-members
Single Session from Segment III	HK\$ 2,500	for members	HK\$ 5,000	for Non-members

All fees must be paid upon application and before commencement of the course. ALL fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. APPLICATION PROCEDURES:

Application are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$1,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee in appropriate amount by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Successful applicants will be notified by an official letter of admission after the application deadline.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

Information and application forms can be obtained from the College or can be downloaded at the College Website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms. Alky Yu by email to dfm@hkcfp.org.hk for any enquiries.

Application Deadline: 30 June 2025

**Course syllabus and schedule may be subject to change without prior notification*



**Hong Kong
Primary Care
Conference**
The Hong Kong College
of Family Physicians

Hong Kong Primary Care Conference 2025 “Family Doctor in Partnership: Synergizing Primary Care Outcomes”

11th – 13th July 2025 (Friday – Sunday)

Registration Information

Registration is now open.
For registration details:



Online Registration Deadline: 30 June 2025 (Monday)

A) Conference Registration *(required)*

	Early Bird Rate (until 24 April 2025)	Regular Rate (until 30 June 2025)	On-site Rate (from 1 July 2025)
HKCFP Members (excl. student members):	HK\$280	HK\$400	HK\$500
Non-members:	HK\$1,125	HK\$1,500	HK\$1,875
Students (incl. student members):	HK\$150	HK\$200	HK\$250

- On-site registration will be available at the registration counter, G/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong on 12 - 13 July 2025 (Saturday - Sunday).
- For on-site registrants, complimentary conference souvenirs will be given subject to stock availability.

B) Conference – General

- Dinner Symposium: Saturday, 12 July 2025, 19:00 – 20:30**
- Lunch Symposium: Sunday, 13 July 2025, 13:15 – 14:45**

(For details of symposium deposit, please visit <https://www.hkpcc.org.hk/registration>.)

Enrolment deposit*:
HK\$50 per symposium

C) Workshop Registration

First-come-first-served.

- CME/CPD application for workshop participants in progress.

11 July 2025 (Friday)	19:00 21:00	Workshop 1 Basic Dermatological Surgery Skills Including Skin Biopsy	HK\$700
	19:00 20:30	Workshop 2 Empowering Wellness for Healthcare Providers and Patients: A Taste of Mindfulness and Self-Compassion	HK\$700
12 July 2025 (Saturday)	16:55 18:25	Workshop 3 Use of Mediation to Resolve Medical Dispute	HK\$700
	16:55 18:25	Workshop 4 East Meets West: Application of Acupuncture in Pain Management	HK\$700

Payment Method

- Credit Card
- Cheque
- Tele-transfer: for overseas delegates only.
- FPS (轉數快): for local transaction only.

For details of payment method, please visit <https://www.hkpcc.org.hk/registration>.

Refund Policies

Withdrawal and Refund Policy:

- Withdrawal of Registration **on or before 31 May 2025**: A full refund will be provided, minus any bank charges and related transaction fees.
- Withdrawal of registration **after 31 May 2025**: **No refunds** will be issued.
- Refund Processing: All refunds will be processed within **8 weeks after the conference**.

*Symposium Deposit:

- Registrants will be charged **a deposit of HK\$50** per individual symposium.
- The deposit will be refunded at the symposium registration counter to attendees who successfully participate.
- For absent registrants, the deposit will be contributed to HKCFP as an administration fee.

For inquiries, please contact the Conference Secretariat at (852) 2871 8899 or via email to hkpcc@hkcfp.org.hk.

The Diary of a Family Doctor【家庭醫生的日常】

我也會有這樣的一天...

譚仲豪醫生



過去，我曾與大家分享過幾篇正面、愉悅的工作日記。每當遇到快樂和感激的病人，他們的正面情緒總能激發我的能量，讓我更有動力應對當天繁忙的診症工作，事情通常也會變得更順利。

然而，人生是否每天都能如此順遂呢？家庭醫學的門診是否真如一些人所想，只是「普普通通的普通科」，求診病人的問題就簡簡單單呢？坦白說，我認為並非如此，日常診症也可以充滿挑戰，我也曾經歷過頗為吃力的日子。

作為家庭醫生的診症而言，比平時更吃力的診症可能源於多種系統性原因。例如，日常求診病人數量多、病人一次過帶出多種求診原因、病人本身病情極為複雜、醫療交接不夠清晰、甚至可能是病人的求醫習慣導致治療進展紊亂，以致求診時病情已延誤，處理起來更加複雜棘手。

要介入診症，醫生需在短時間內閱讀理解大量的病歷，以及診所內外曾為病人所做的一切過往醫療進展，並隨即有條理地接手，為病人規劃下一步。這樣的過程確實耗費心力，尤其在時間緊迫的情況下更顯吃力。在「人多、症多」的診症時段，時間成本極為珍貴的環境下，每一個決定與診症操作都變得更具壓力。

我也曾遇到病人帶著獨特的「R.I.C.E.」（原因、想法、擔憂與期望）來到診所，而當我的診症方式無法滿足他們的「R.I.C.E.」時，病人自然不會感到滿意，進而不接納醫生的建議。他們可能會繼續留在診症室，向醫生表達自己的想法與訴求，直到診症計劃達成一定程度上的共識才離開。醫療不只是科學，還是一場人與人之間的互動。這種溝通與想法上的「拉鋸」，需要極大的耐心和情感投入。當然，亦有些不可控的因素，例如病人及其家屬的生活背景、性格與情緒波動，也可能限制溝通的效果。如果最終病人的

期望與預想無法實現，他們可能會表現不悅，有些會作出責罵，甚至在極端情況下揚言投訴。

這種情況不僅打亂了診療節奏，影響當天的工作情緒。醫生往往需要更多時間安撫病人情緒、梳理病人的誤解、調整自己心情，並詳細記錄病歷以防糾紛；在極端情況下，甚至可能需借助診所護士調解、保安維持秩序，或極少數情況下請求警方協助。幸好，上述事件僅佔極少數。

除日常診症之外，作為家庭醫生當然亦有其他複雜的事情要處理，應對診所的突發事件及危機管理；與診所團隊成員溝通，為診所的日常作出決策，務求運作順暢；診症後完成其他文書工作當然亦無可避免，不少同袍也曾於午飯時間撰寫報告、回覆工作電郵、檢視化驗結果、甚至像我一樣利用休息時間「備課」，預覽下個時段的求診病人的紀錄，為隨後的診症做更順暢的準備。這些都不簡單，相信不少同事深有同感。

人非草木，我承認在無數次下班時，也曾感受到深深的倦怠，心中充滿疲憊感，覺得「心很累」。我自認情商不高，下班時也試過無法輕易放下負面情緒。有時我會反問自己：「有沒有什麼做得不好，讓某位病人不開心地離開診症室？」「今天遇到的某位病人是否值得我付出這麼多耐心去溝通？」「某位病人的病情是否已經得到了最好的處理方式，有沒有什麼可以做得更好？」「診所還有什麼重要事項未完成？」…從工作的第一天起我會這樣反問自己，直到今天，工作第23個年頭，依然如此。

我也曾在下班後與同事傾訴，抒發情緒。當找不到傾訴對象時，近年我開始嘗試與AI對話，尋求情緒上的疏導。或許，這些起伏正是醫療工作的一部分——有順境時的滿足，也有逆境中的挑戰。面對這些「心很累」的時刻，我逐漸明白情緒的波動無法完全避免，但如何與之共存卻是我能夠學習的課題。

或許未來的日子裡，我會繼續尋找平衡的方法，並希望在繁忙與壓力中保留一份初心。明天又是新的一天，我將帶著這份體悟繼續前行。

The Diary of a Family Doctor 家庭醫生的日常

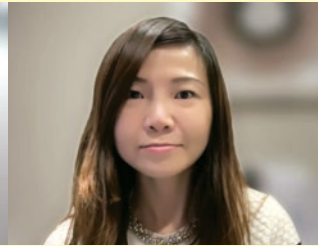
Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Options of College Souvenirs or Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: FPLinks@hkcfp.org.hk

Meeting Highlights

Online CME Lecture on 16 May 2025

Dr. LAW Sze Man, Specialist in Obstetrics & Gynaecology, delivered a lecture on "Fertility Preservation & Genetic Screening".



A screenshot taken on 16 May 2025
Dr. TSUI Hing Sing, Robert (left, Moderator) and Dr. LAW Sze Man (right, Speaker)

Advanced Primary Care Life Support (APCLS) Training and Examination Workshop 2025

Advanced Primary Care Life Support (APCLS) Training and Examination Workshop was held on 18 May 2025.



Dr. CHOI Chuen Ming, Clarence (left, Moderator) presenting a souvenir to Dr. LEUNG Chin San (right, Speaker).

CME Lecture on 28 May 2025

Prof. Fabiano Di Marco, Full Professor, Respiratory Diseases, Department of Health Sciences, University of Milan, Italy, delivered a lecture on "Mucogenesis Modulation in Managing Respiratory Symptoms".



Dr. CHAN Ka Shing, Ricky (right, Moderator) presenting a souvenir to Prof. Fabiano Di Marco (left, Speaker).

READERSHIP DRIVE

Congratulations! The returns from the following doctors have been selected for May 2025 issue:

Dr. CHEUK Hiu Ying, Dr. FUNG Pak Kei, Dr. LEE Shek Kwong

FP LINKS

need your views about its role as the newsletter of College!



Share your thoughts



Selected returns would be published in FP Links and gift vouchers would be given as token of appreciation. You can also access the Google form through the link, in addition to the QR code.

<https://forms.gle/KmZwgYpzB3F977Mi8>

FP Links also need your support through submissions to our various columns:

Feature / **Family Doctors Column** / **News Corner** / **The Diary of a Family Doctor** / **After Hours**

If articles are selected for publication, Options of College Souvenirs or Gift vouchers will also be given as token of appreciation

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please ensure appropriate dress code to the hotel for the Scientific Meeting.

Face-to-face Events

Date and Time	Venue	Topics	Speakers	Moderator
4 July (Fri) 2:00 – 3:00p.m. (Registration will be started from 1:00 p.m.)	Shanghai Room I, Level 8, Cordis Hotel, 555 Shanghai Street, Mongkok, Kowloon	The Importance and Novel Technology in Genetic Early Cancer Screening <i>Sponsored by Gene Solutions</i>	1. Dr. NG Kim Pong, Kenny <i>Specialist in Medical Oncology</i> 2. Dr. TRAN Le Son <i>Research and Development team leader, Gene Solutions, Vietnam, Medical Genetics Institute</i>	Dr. CHUNG Tze Nang, John <i>Hong Kong College of Family Physicians</i>

Online Event

Date and Time	Topic	Speaker	Moderator
26 July (Sat) 2:00 – 3:30p.m.	Online Dermatology Seminar: Trainees Dermatology Cases Presentation <i>Organized by Interest Group in Dermatology</i>	FM Trainees	Dr. LAM Wing Wo

QR Code for registration



Admission Fee:

4 July 2025 (Fri)

College Fellow, Full, or Associate Members:

Complimentary
*(\$50 Enrollment deposit is required)

Other Categories of Members:

Non – members:

HK\$ 650.00
HK\$ 750.00

26 July 2025 (Sat)

Members:

Non – members:

Complimentary
HK\$ 100.00

** Enrollment deposit of HK\$50.00 per lecture is needed for CME event held in hotel. Cheque should be made payable to "HKCFP Education Limited" and send to the Secretariat Office at "Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong". The cheque would be returned to registered members upon registration on the day.*

Pre-registration is required and subject to receipt of enrollment deposit cheque in order to confirm the registration.

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Accreditation :

4 July	: 1 CME Point HKCFP (Cat. 4.3)
	: 1 CME Point MCHK (pending)
	Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
26 July	: 2 CME Points HKCFP (Cat. 4.3)
	: 2 CME Points MCHK (pending)
	Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topics
27 June 2025 (Fri) 2:30 – 3:30 p.m.	"Diabetic Kidney Disease Management in Primary Care" by Dr. CHOW Yee Kwan, Elaine
25 July 2025 (Fri) 2:30 – 3:30 p.m.	"The Essentiality of Heart Rate Control" by Dr. TANG King Fun

QR Codes for registration

27 June 2025 (Fri)



25 July 2025 (Fri)



Accreditation :

1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee	: Member	Free
(For all online seminars)	: Non-member	HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Ultrasound Workshop on Urology and Management of Common Urological Pathology

Date and Time	Venue	Topics	Speakers	Moderator
5 July (Sat) 12:30 – 5:00p.m. (Registration will be started from 1:30 p.m.)	Centenary III, G/F, Marco Polo Hong Kong Hotel, 3 Canton Road, Harbour City, Tsim Sha Tsui, Kowloon	Ultrasound Workshop on Urology and Management of Common Urological Pathology 1. Update LUTS/OAB Consensus Paper in the Management of Urological Disease 2. Collaboration Model Between Primary & Secondary Care in Urological Disease Management 3. Essential Guide to Ultrasound in Urology for Family Physician 4. Red Flags and White Flags: When Should/ Shouldn't a Family Physician refer to the Urologist <i>Co-organized by The Hong Kong Urological Association</i> <i>Sponsored by Astellas Pharma Hong Kong Co., Ltd.</i>	1. Dr. Henry CHOW <i>Associate Consultant, Department of Surgery, Princess Margaret Hospital</i> 2. Dr. CHAN Kin Wai <i>Consultant, Department of Family Medicine and Primary Health Care, Kowloon West Cluster, Hospital Authority</i> 3. Dr. CHAN Yun Sang, Samson <i>Consultant, Department of Surgery, Tuen Mun Hospital</i> 4. Dr. MA Wai Kit <i>Consultant Urologist, Hong Kong Urology Clinic; Honorary Clinical Associate Professor, Department of Surgery, The University of Hong Kong</i>	Dr. TSE Sut Yee <i>Hong Kong College of Family Physicians</i>

QR Code for registration



Admission Fee:

5 July 2025 (Sat)
College Members:

Complimentary
*(\$50 Enrollment deposit is required)

* Enrollment deposit of HK\$50.00 per lecture is needed for CME event held in hotel. Cheque should be made payable to "HKCFP Education Limited" and send to the Secretariat Office at "Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong". The cheque would be returned to registered members upon registration on the day.

Pre-registration is required and subject to receipt of enrollment deposit cheque in order to confirm the registration.
Priority will be given to HKCFP members. Walk-in registration would not be accepted on-site.

Accreditation :

5 July : 3 CME Points HKCFP (Cat. 5.2)
3 CME Points MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :

Online Events

1. In case of over-subscription, the organiser reserves the right of final decision to accept registration.
2. The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
3. Please note you can just attend **ONE** CME activity at a time. If found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
4. Members who have attended less than 3/4 of the length of the webinar may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
5. **Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Question; 50% or above of correct answers are required)**
6. Please be reminded to check the system requirements beforehand to avoid any connection issues.
7. Due to copyright issue, please note private recording of the lecture is prohibited.
8. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation [Cat 4.3]

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 02 July 2025			
14:30 - 17:00	Rm 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Vocational Training Program for Family Medicine in Hong Kong Dr. CHUNG Wing	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Introduction of Family Medicine Dr. HO Ka Ming, Ken	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Visit to NDH CHC, A New Model to Health Care Dr. LEUNG Shuk Yun	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Professional Development - WONCA APR Conference Dr. PANG Sze Ching Esther	Ms. Cherry WONG Tel: 2589 2337
Thursday, 03 July 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Principles and Contents of Family Medicine: The Role of Shared Decision-Making in Patient Care Dr. YUNG Hiu Ting, Dr. CHANG Ting Ting	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 09 July 2025			
14:30 - 17:00	Rm 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Introduction and Application of Family Medicine Principles Dr. LAU Shi Wa	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Depressive Disorder & Bipolar and Related Disorders Dr. NG Joyce Hei Lam, Dr. KONG Tai Wai	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Introduction to Family Medicine and Preventive Care Dr. LEUNG Kwan Wa, Maria	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Palliative Care in Family Medicine Dr. HOU Baijing	Ms. Cherry WONG Tel: 2589 2337
Thursday, 10 July 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Applying Family Therapy in GOPC Consultations: Enhancing Holistic Care Dr. CHAN King Hang, Dr. WU Flora	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 16 July 2025			
14:30 - 17:00	Rm 13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Different Consultation Models in Family Medicine Dr. KWOK Edmond Shan Lam	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Health Care Delivery System in HK (Including Health Maintenance Organization) Dr. LAU Kwan Ho, Dr. WANG Yuchen	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Obesity and Weight Management Dr. CHENG Yuet Kiu, Ada, Dr. WONG Tsz Yan, Nicole, Dr. ZHENG Qiqi, Kay	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Trainee Feedback - Review on Contents of Family Medicine Dr. FUNG Yan Ning Elaine, Dr. TONG Tin Yan, Dr. TSE Ping Yu Clarice, Dr. LO Ching On, Dr. LO Yan Yeung	Ms. Cherry WONG Tel: 2589 2337
Thursday, 17 July 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Update Management of Osteoporosis in Primary Care Dr. CHAN Chi Ho, Dr. CHAN Ham	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 23 July 2025			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Vaccination Suggestion in Primary Care Dr. LO Yu Chee	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Approach to Laboratory Results (Radiology) Dr. CHAN Hoi Lam, Letty, Dr. OR Ego	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Sexually Transmitted Disease Dr. CHOW Chau Yi, Charlie, Dr. YUNG Lok Yee, Louise	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Mental Illness and the Law Dr. TSE Ping Yu Clarice	Ms. Cherry WONG Tel: 2589 2337
Thursday, 24 July 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Clinical Approach and Management of Grief Disorder Dr. NG Wing Hin, Dr. FAN Siu Wai	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 30 July 2025			
14:30 - 17:00	Rm13, 2/F, Tin Shui Wai (Tin Yip Road) Community Health Centre	Ethical and Legal Issues Related to Social Media Use by Doctors Dr. CHAN Cheuk Sing	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: Respiratory System and Video Consultation) Dr. CHAN Queenie Chi Ying, Dr. FOCK Hoi Hei, Suren	Ms. Emily LAU Tel: 3506 8610
Thursday, 31 July 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Ethical and Legal Issues of Medical Travel: Cross-border Healthcare Dr. WANG Siqi, Dr. CHEUK Tat Sang	Ms. Eliza CHAN Tel: 2468 6813

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Jun	23	24	25 2:30 – 7:00 p.m. Structured Education Programme	26 4:00 – 6:00 p.m. Structured Education Programme 9:00 – 11:00 p.m. Board of Conjoint Examination Meeting	27 2:30 – 3:30 p.m. Online Video Session	28
29	30	1 Jul	2 2:30 – 7:00 p.m. Structured Education Programme	3 4:00 – 6:00 p.m. Structured Education Programme 8:00 – 10:00 p.m. Board of Vocational Training and Standards Meeting	4 1:00 – 3:00 p.m. CME Lunch Lecture	5 12:30 – 5:00 p.m. Ultrasound Workshop
6	7	8	9 2:30 – 7:00 p.m. Structured Education Programme	10 4:00 – 6:00 p.m. Structured Education Programme	11 HKPCC 2025	12 HKPCC 2025
13 HKPCC 2025 4:00 – 7:00 p.m. Conferment Ceremony	14	15	16 2:30 – 7:00 p.m. Structured Education Programme	17 4:00 – 6:00 p.m. Structured Education Programme 8:30 – 11:30 p.m. HKCFP Council Meeting	18	19
20 3:00 – 6:00 p.m. HKCFP Conjoint Examiner Workshop (CCE Segment)	21	22	23 2:30 – 7:00 p.m. Structured Education Programme	24 4:00 – 6:00 p.m. Structured Education Programme	25 2:30 – 3:30 p.m. Online Video Session	26 2:00 – 3:30 p.m. Interest Group in Dermatology
27 3:00 – 6:00 p.m. HKCFP Conjoint Examiner Workshop (CCE Segment)	28	29	30 2:30 – 7:00 p.m. Structured Education Programme	31 4:00 – 6:00 p.m. Structured Education Programme 9:00 – 11:00 p.m. Board of Conjoint Examination Meeting	1 Aug	2
3 3:00 – 6:00 p.m. HKCFP Conjoint Examiner Workshop (CCE Segment)	4	5	6 2:30 – 7:00 p.m. Structured Education Programme	7 4:00 – 6:00 p.m. Structured Education Programme	8	9

FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities



FP LINKS EDITORIAL BOARD 2025

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家庭醫生共聯繫



守護身心最到位

4th row (from left to right) : Dr. Patrick Tsai, Dr. Raymond Yeung, Dr. Chan Man Li, Dr. Alvin Chan, Dr. Alfred Kwong, Dr. Eva Tsui, Dr. Patrick Ng
3rd row (from left to right) : Dr. Dorothy Law, Dr. Heidi Fung, Dr. Christina Cheuk, Dr. Tam John Hugh, Dr. Rebecca Hou, Dr. Yip Tze Hung, Dr. Cheryl Chan
2nd row (from left to right) : Dr. Gavin Sin, Dr. King Chan, Dr. Will Leung, Prof. Martin Wong, Dr. Sze Hon Ho, Dr. David Cheng, Dr. John Wu
1st row (from left to right) : Dr. Maria Leung, Dr. Anita Fan, Dr. Judy Cheng, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Natalie Yuen, Dr. Natalie Siu

Contact and Advertisement Enquiry

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