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Message from the President

The WONCA World Conference 2025 is to be held in Lisbon, Portugal from 17th to 21st September 2025 and the theme of the conference is "New vision for primary health care and sustainable development". The organiser recently announced that there would be over 3500 participants from 114 countries joining the conference. Our College's Chief Censor, Prof Cindy Lam, has been invited to be one of the keynote speakers for the coming conference and she will be delivering her talk entitled, "AI & Family Medicine – The Human Touch of Primary Care, Art is Long", on 21st September from 10:15 to 10:45. (<https://www.woncaworld2025.org/keynote-speakers>) There will also be active participation by HKCFP Fellows and members in seminars, oral and e-poster presentations. Do come and join us as part of the HKCFP delegation!

Chikungunya fever, a mosquito-borne viral disease caused by the Chikungunya virus, has been found in over 110 countries in Africa, Asia, Europe, the Americas and islands in the Indian and Pacific Oceans, according to Centre of Health Protection (CHP). (<https://www.chp.gov.hk/en/healthtopics/content/24/6122.html>) As of August 1, there were more than 7 200 cases in Foshan. The majority of cases (6 230 cases) were concentrated in Shunde District of Foshan. All cases were mild, with no severe or fatal cases. A smaller number of confirmed cases were also recorded in other cities in Guangdong Province. In Macao SAR, six imported cases and two local cases were identified since mid-

July. (https://www.chp.gov.hk/files/pdf/letters_to_doctors_20250803.pdf)

Therefore, it is important to enquire about recent travel history when seeing patients with suspected vector borne diseases.



The commonest mode of transmission of Chikungunya fever is through the bites of infective female Aedes mosquitoes. Locally, the vector Aedes aegypti is not found, but Aedes albopictus, which can also spread the disease, is a mosquito commonly found in Hong Kong. These mosquitoes may have peaks of activity in the early morning and late afternoon but they can be biting throughout the day. Once bitten, the incubation period commonly lasts for 3 to 8 days, but it can range from 2 to 12 days. (<https://www.chp.gov.hk/en/healthtopics/content/24/6122.html>)

The disease is characterised by fever and debilitating joint pain and other common signs and symptoms include muscle pain, headache, nausea, fatigue and rash. The symptoms are usually self-limiting and last for a few days, while in some cases joint pain may persist for several months, or even years. Rarely would patients affected by Chikungunya fever have severe symptoms and deaths from Chikungunya are rare. Occasionally, severe complications of the eye, heart and nerves can happen with the infection. Higher risk group for more severe disease include

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MESSAGE FROM THE PRESIDENT

(Continued from page 1)

newborns, elders or patients with underlying medical conditions. Patients who have been infected before are likely to be immune from future Chikungunya virus infections according to available evidence.

Treatment is mainly supportive, including using anti-pyretics, analgesics and replacement of fluids. There is currently no targeted antiviral treatment for Chikungunya fever. The best preventive measure is to avoid mosquito bites and prevent mosquito proliferation. There is no locally registered Chikungunya fever vaccine available in Hong Kong at present.

Prevention of mosquito bites plays an important role in fighting against the disease, which includes wearing loose, light-coloured, long-sleeved tops and trousers, applying DEET-containing insect repellent on exposed parts of the body and clothing, taking additional preventive measures when engaging in outdoor activities like avoid using fragrant cosmetics or skin care products, re-apply insect repellent according to instructions, if both insect repellent and sunscreen are used, apply insect repellent after sunscreen. Preventing mosquito proliferation is also important, helping to stop the spread of the disease. That entails preventing accumulation of stagnant water, controlling vectors and reservoir of diseases.

As family doctors, we should maintain high vigilance against Chikungunya fever and CHP has reminded that all patients with compatible clinical presentations and a recent travel history to areas with current outbreak or endemic areas should be reported to the Central Notification Office (CENO) of the CHP by fax (2477 2770), by phone (2477 2772), or via the CENO On-line website (https://cdis.chp.gov.hk/CDIS_CENO_ONLINE/ceno.html). (https://www.chp.gov.hk/files/pdf/letters_to_doctors_20250725.pdf) Further information about control and prevention of mosquito breeding can be found at the Food and Environmental Hygiene Department website. (http://www.fehd.gov.hk/english/pestcontrol/handbook_prev_mos_breeding.html) And more update on

mosquito-borne diseases, dengue fever and Chikungunya fever can be found at the CHP website. (<https://www.info.gov.hk/gia/general/202508/01/P2025080100717.htm?fontSize=1>)



(from left to right) Dr. David Chao, Dr. Libby Lee, Dr. Pang Fei Chau, Dr. Esther Yu and Prof. Cindy Lam at the Medical Workers' Day celebration!



(from left to right) Dr. Catherine Chen, Dr. Matthew Luk, Dr. Cheryl Chan, Dr. Angus Chan, Dr. Esther Yu, Dr. David Chao, Prof. Cindy Lam, Dr. Ken Ho, Dr. Kathy Tsim, Dr. Ruby Lee and Dr. Allan Ngan



(from left to right) 1st row: Dr. Ken Ho, Dr. Kathy Tsim, Dr. Matthew Luk, Dr. Esther Yu, Dr. Cheryl Chan, Dr. Ruby Lee, Dr. Billy Chiu, Dr. David Chao, 2nd row: Dr. Allan Ngan, Dr. Wendy Tsui, Dr. Angus Chan, Prof. Cindy Lam, 3rd row: Dr. Welchie Ko

(Continued on page 3)

(Continued from page 2)

The Medical Workers' Day (中國醫師節) has been designated to be 19th Aug since 2018 by the State Council of the People's Republic of China. It is a day to celebrate the achievements and great work of the medical health care professionals who have dedicated their energy and great efforts in maintaining the health of the nation and protect public health. This year, the Hong Kong Chinese Medical Association Limited co-organised with the Department of Health, the Hospital Authority, the Hong Kong Academy of Medicine, the LKS Faculty of Medicine, The University of Hong Kong, the Faculty of Medicine, The Chinese University of Hong Kong and Hong Kong Registered Chinese Medicine Practitioners Association Limited for a celebration evening on 11th August at the City Hall to celebrate the 8th Medical Workers' Day. (<https://www.hkam.org.hk/en/events/join-us-honouring-medical-excellence-register-now-zhongguoyishijie-11-august-2025>) The Hong Kong College of Family Physicians College Council attended the celebration and thanks to the organisers' great arrangements, it was a very enjoyable evening and definitely a great occasion to remember.



Dr. David Chao (1st row, middle) and Dr. Lorna Ng (1st row, 3rd from left) with VIP guests and Council members at HKPCC 2025 Opening Ceremony.

Dr. David V K CHAO
President

READERSHIP DRIVE

Congratulations! The returns from the following doctor has been selected for July 2025 issue:

Dr. TUNG Po Yin

FP LINKS

need your views about its role as the newsletter of College!



Share your thoughts



Selected returns would be published in FP Links and gift vouchers would be given as token of appreciation.

You can also access the Google form through the link, in addition to the QR code.

<https://forms.gle/KmZwgYpzB3F977Mi8>

FP Links also need your support through submissions to our various columns:

Feature / **Family Doctors Column** / **News Corner** / **The Diary of a Family Doctor** / **After Hours**

If articles are selected for publication, Options of College Souvenirs or Gift vouchers will also be given as token of appreciation

The 38th Hong Kong College of Family Physicians Conferment Ceremony and the 35th Dr. Sun Yat Sen Oration

Dr. Welchie KO

Chairman, Internal Affairs Committee, HKCFP

The 38th Fellowship Conferment Ceremony of the Hong Kong College of Family Physicians (HKCFP) and the 35th Dr. Sun Yat Sen Oration were successfully held on Sunday, 13 July 2025, at the Hong Kong Academy of Medicine Building in Wong Chuk Hang.

As one of the most important events of the College, we were honoured by the presence of government officials, representatives from universities, sister colleges from overseas, the Hong Kong Academy of Medicine, and local specialty colleges who participated in celebrating the joyful success of our Conjoint Fellows and our successful candidates in the Exit Examination and Diploma in Family Medicine (DFM) on this auspicious occasion.

The ceremony was officially opened by our College President, Dr. David Chao, after the introduction of the Official Platform Party made by our Public Orator, Dr. Li Yim Chu. Dr. Siân Goodson, Chair of the Board and South Australia Faculty of the Royal Australian College of General Practitioners (RACGP), also represented our Australian sister college to give a welcoming speech and confer the new Fellows of RACGP.

This year, 27 doctors were conferred as HKCFP Fellows, and 26 doctors were conferred as RACGP International Conjoint Fellows; 31 doctors were awarded the Exit Examination Certificate. Congratulations and a warm welcome to all of them for joining our family as fellows and specialists in Family Medicine. Additionally, 22 doctors were awarded the Diploma in Family Medicine. The presentation of various awards in academic and research areas followed. The ceremony was concluded by Prof. Martin Roland, Emeritus Professor of Health Services Research at the Department of Public Health and Primary Care, University of Cambridge, UK, who delivered the inspiring 35th Dr. Sun Yat Sen Oration titled "What are GPs for? And will they be replaced by artificial intelligence?"

All of these would not have been possible without the most efficient support from our secretariats led by Ms. Erica So, especially with the contributions from Ms. Teresa Liu, Ms. Windy Lau, and Ms. Alky Yu, and a tremendous team of helpers to ensure the smooth running of the occasion. This includes the Coordinator, Dr. Edmond Chan; the Marshalling Officers, Dr. Thomas Dao, Dr. David Cheng, Dr. Christina Cheuk, and Dr. Matthew Lam; and the Ushers, Dr. Stephen Chou and Dr. Raymond Yeung. We would like to thank all the new fellows, diplomates, awardees, and college officials who stayed behind for the group photo session after the ceremony.



Dr. Welchie Ko (Chairman, Internal Affairs Committee, 4th from the right) with Dr. Edmond Chan (Ceremony Coordinator, 5th from the left), Dr. Li Yim Chu (Public Orator, 3rd from the right) and other helpers

From left to right: Dr. Thomas Dao, Dr. David Cheng, Dr. Raymond Yeung, Dr. Stephen Chou, Dr. Edmond Chan, Dr. Welchie Ko, Dr. Li Yim Chu, Dr. Christina Cheuk and Dr. Matthew Lam



Dr. David Chao, President of HKCFP (right) with Dr. Siân Goodson, Chair of Board and South Australia Faculty of RACGP (left)



From left to right: Dr. Lo Iek Long, Dr. Libby Lee, Dr. David Lam and Dr. David Chao



From left to right: Dr. Siân Goodson, Prof. Martin Roland and Prof. Cindy Lam



Dr. David Chao (left) with Prof. Martin Roland (right)



From left to right: Dr. Lok Mei Kun, Dr. Fong Hou Meng, Dr. Cheang Seng Ip, Dr. David Chao, Dr. Lo Iek Long, Dr. Lam Kuo, Dr. Wong In and Dr. Simon Au



From left to right: Dr. David Chao, Prof. Philip Li, Dr. Siân Goodson and Dr. Angus Chan



From left to right: Dr. Catherine Chen, Prof. Lau Chak Sing, Dr. David Chao, Dr. Yiu Yuk Kwan and Dr. Amy Chiu



Dr. Welchie Ko, Dr. Chan Hung Chiu, Dr. Wong In, Dr. David Chao, Dr. Lo Iek Long, Dr. Victor Yeung and Dr. Li Yim Chu



From left to right: Dr. James Cheng, Dr. Clara Wu, Dr. David Chao, Dr. Yung Hon Wah, Prof. Leung Wai Keung, Dr. Mak Siu Ming



From left to right: Dr. Alexander Law, Dr. Yuen Kwok Keung, Dr. Welchie Ko



From left to right: Dr. Yiu Yuk Kwan, Dr. Chan Hung Chiu, Dr. Stephen Foo, Dr. David Lam, Dr. Catherine Chen and Dr. Jack Ko



Dr. Chan Ying Kei (left) with Dr. Ngai Chi Man (right)



Prof. Chu Kent Man (left) and Dr. Clara Wu (right)



Prof. Cindy Lam (left) with Prof. Rosie Young (right)

PHOTO GALLERY



Platform, procession and VIP guests taking a group photo

Diploma Presentation Ceremony 2025



From left to right: Prof. Cindy Lam, Prof. Lau Chak Sing and Prof. Martin Roland



From left to right: Dr. Yiu Yuk Kwan, Dr. Chan Hung Chiu, Dr. Lorna Ng, Dr. David Chao, Dr. Lau Ho Lim, Dr. Ngan Po Lun and Dr. Angus Chan



Dr. Christina Cheuk (left) with Dr. Maria Leung (middle) and Dr. Ngan Po Lun (right)



From left to right: Dr. Esther Yu, Dr. Marcus Wong and Dr. Lau Ho Lim



From left to right: Dr. Matthew Luk, Dr. Welchie Ko, Dr. Catherine Chen



Group photo of platform guests on stage



Dr. David Chao delivering the welcoming speech on behalf of HKCFP



Dr. Siân Goodson addressing the congregation on behalf of RACGP



Dr. David Chao (left) and Dr. Siân Goodson (right) exchanging souvenirs on stage



Dr. David Chao (right) presenting the Honorary Fellow certificate to Prof. Martin Roland (left)



Dr. Ho Ka Yan (left) receiving the Dr. Peter C. Y. Lee Best Candidate Award in Fellowship Examination 2024 from Dr. David Chao (right)



Dr. Wong Sau Kuen (left) receiving the Outstanding Candidate Award in Exit Examination 2025 from Dr. David Chao (right)



Dr. Cheung Tsz King (left) receiving the Best Research Award 2024 from Dr. David Chao (right)



Dr. Zhang Dingzuan (left) receiving the Best Trainee Research Award 2024 from Dr. David Chao (right)



Dr. Li Minru (left) receiving the Research Fellowship Award 2025 from Dr. David Chao (right)



Prof. Martin Roland, delivering the 35th Dr. Sun Yat Sen Oration



Dr. David Chao (right) presenting the Dr. Sun Yat Sen Oration gold medallion to Prof. Martin Roland (left)



Dr. David Chao (8th from the left), Dr. Lo Iek Long (7th from the left), Dr. Cheang Seng Ip (3rd from the right), Dr. Lam Kuo (5th from the right), Dr. Wong In (4th from the right), Dr. Fong Hou Meng (6th from the left), Dr. Lok Mei Kun (5th from the left), Dr. Simon Au (1st from the right), Dr. Angus Chan (1st from the left) and Dr. Edmond Chan (2nd from the left) taking a group photo with DFM graduates from Macau



Dr. Marcus Wong (1st from the left) taking a group photo with graduates and colleague from the Hong Kong East cluster



Dr. Welchie Ko (1st from the right) and Dr. Wendy Tsui (1st from the left) taking a group photo with graduates and colleagues from the Hong Kong West cluster



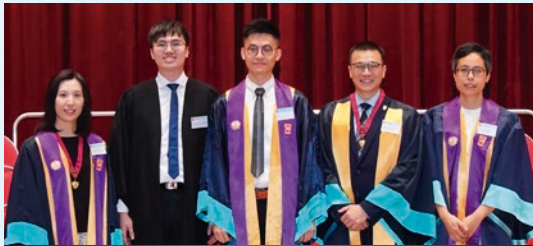
Dr. Jack Ko (7th from the left), Dr. Li Yim Chu (1st from the right), Dr. Ken Ho (1st from the left), Dr. Catherine Chen (2nd from the left) and Dr. Lorna Ng (2nd from the right) taking a group photo with graduates from the Kowloon Central cluster



Dr. David Chao (6th from the left), Dr. Matthew Luk (4th from the left) taking a group photo with VIP guests and graduates from the Kowloon East cluster



Dr. Alexander Law (8th from the right), Dr. Edmond Chan (7th from the right), Dr. Yiu Yuk Kwan (9th from the left) and Dr. Peter Anthony Fok (1st from the left) taking a group photo with graduates and colleagues from the Kowloon West Cluster



Dr. Maria Leung (1st from the left) and Dr. Ngan Po Lun (2nd from the right) taking a group photo with graduate, research winner and colleague from the New Territories East cluster



Dr. Ng Yeung Shing (6th from the left) taking a group photo with graduates and colleague from the New Territories West cluster



Council members and VIP guests taking a group photo with new FHKCFP & ICFRACGP



Council members and VIP guests taking a group photo with Exit graduates



Council members and VIP guests taking a group photo with DFM graduates



Dr. David Chao (1st row, 6th from the left) and Dr. Siân Goodson (1st row, 4th from the right) taking a group photo with Conferment helpers and Council members

1st row (from left to right): Dr. Simon Au, Dr. Ken Ho, Dr. Wendy Tsui, Dr. Angus Chan, Dr. Stephen Foo, Dr. David Chao, Prof. Martin Roland, Dr. Siân Goodson, Dr. Chan Hung Chiu, Prof. Samuel Wong and Dr. Lau Ho Lim

2nd row (from left to right): Dr. Yiu Yuk Kwan, Dr. Matthew Luk, Dr. Ngan Po Lun, Dr. Maria Leung, Dr. Peter Anthony Fok, Dr. Li Yim Chu, Dr. Marcus Wong, Dr. Catherine Chen, Dr. Lorna Ng and Dr. Welchie Ko

3rd row (from left to right): Dr. Christina Cheuk, Dr. Matthew Lam, Dr. Thomas Dao, Dr. David Cheng, Dr. Stephen Chou, Dr. Edmond Chan and Dr. Raymond Yeung



Censor and Council members with Secretariat staff

Front row (from left to right):

Ms. Ally Chan, Ms. Hannah Lok, Ms. Iris Ip, Dr. Stephen Foo, Ms. Teresa Liu, Ms. Nana Choy, Ms. Erica So, Ms. Carol Pang, Ms. Kathy Lai, Ms. Minny Fung, Dr. Lorna Ng, Dr. Maria Leung and Ms. Alky Yu

Back row (from left to right):

Mr. Roy Leung, Mr. John Ma, Ms. Windy Lau, Dr. David Chao, Ms. Katie Lam and Prof. Samuel Wong

Hong Kong Primary Care Conference 2025 “Family Doctor in Partnership: Synergizing Primary Care Outcomes” on 11th – 13th July 2025

Post conference message 2025

Dr. Lorna NG

Chairlady, HKPCC Organizing Committee, HKCFP

The 2025 Hong Kong Primary Care Conference successfully concluded with over 800 delegates last month from July 11-13, 2025. This was a record high for both number and diversity of attendees. The non-local participants came from different countries and regions including Australia, Canada, Macau, Malaysia, Mainland China, New Zealand, Philippines, Singapore, Taiwan and the United Kingdom. With increasing proportion of non-local delegates, the Hong Kong Tourism Board supported this event with a cultural booth creating traditional handicrafts for our attendees to take back home enduring memories.

The theme of this year's conference was “Family Doctor in Partnership: Synergizing Primary Care Outcomes”. Our well-curated scientific program was fully packed with inspiring plenary sessions, thought-provoking discussion forums, interesting seminars and engaging workshops. The enlightening plenary topics included role of Family Doctor in leading and advocating family health by Dr. Pang Fei Chau; Family Doctor in driving innovation and collaboration in responding to today's primary healthcare challenges by Professor Andrew Farmer; Family Doctor as gatekeeper in optimizing healthcare outcomes for older adults in primary care by Professor Samuel Wong ; and role of Family Medicine and Primary care on cross-society impact in viral hepatitis elimination by Professor William Wong. Furthermore, there was an overwhelming response to the oral presentation competition, e-poster competition and our signature clinical case competition. As always, this annual hallmark conference continues to offer a dynamic platform for academic exchange, collaboration and networking opportunities amongst the primary care community.

I would like to take this opportunity to express my deepest appreciation to all speakers and facilitators for their valuable support, sponsors for their generosity, all members of our conference organizing committee and secretariat for their tremendous contribution. Last but not least, my utmost gratitude to all delegates for their avid participation in making this flagship conference an annual success.



Chairlady of HKPCC
Organizing Committee,
Dr. Lorna Ng

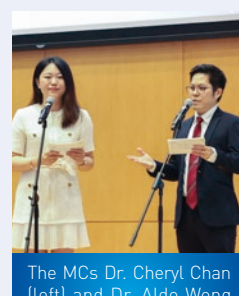
Opening Ceremony



Group photos of guests before the opening ceremony



Group photos of guests before the opening ceremony



The MCs Dr. Cheryl Chan
(left) and Dr. Aldo Wong
(right)



(From left to right) Dr. David Chao, Prof. Andrew Farmer, Dr. Lo Iek Long, Mr. Henry Fan and Prof. Cindy Lam



Group photos of officiating guests, VIPs and participants



Ribbon Cutting Ceremony



Opening Remarks by Dr. Pang Fei Chau, Commissioner for Primary Healthcare



Opening Speech by Dr. David Chao, President of HKCFP



Dr. David Chao (left) presenting Best Research Paper Award certificate to Professor Huang Junjie (right)



Dr. David Chao (left) presenting Best New Investigator Research Paper Award certificate to Mr. You Dijing (right)



Dr. David Chao (left) presenting Best New Investigator Research Paper Award certificate to Ms. Yang Bingqing (right)



Dr. Lorna Ng (left) presenting a souvenir to Prof. Albert Lee (right), the Judge of Full Research Paper Competition



Dr. David Chao (left) presenting a certificate to Dr. Shek Hon Wing (right), the winner of official Logo Design Competition for WONCA Asia Pacific Regional (APR) Conference 2027



The representative of the Hong Kong Tourism Board demonstrating the Chinese knotting to participants

Plenary I



Dr. Lau Ho Lim (left, Chairperson) presenting a souvenir to Dr. Pang Fei Chau (right, Speaker)

Plenary II



Dr. Lau Ho Lim (left, Chairperson) presenting a souvenir to Prof. Andrew Farmer (right, Speaker)

Plenary III



Dr. Cecilia Fan (left, Chairperson) presenting a souvenir to Prof. Samuel Wong (right, Speaker)

Plenary IV



Dr. Cecilia Fan (left, Chairperson) presenting a souvenir to Prof. William Wong (right, Speaker)

Discussion Forum 1



Dr. Lorna Ng (1st from the left, Chairperson) presenting souvenirs to Speakers Dr. Karin Garcia (2nd from the left), Dr. Ednin Hamzah (2nd from the right) and Dr. Yiu Yuk Kwan (1st from the right)

Discussion Forum 2



Mr. Cheng Wai Chung (1st from the left, Chairperson & Speaker) presenting souvenirs to Speakers Mr. Robin Li (2nd from the left), Dr. Fan Ning (2nd from the right) and Mr. Philip Chiu (1st from the right)

Discussion Forum 3



Dr. Cecilia Sit (1st from the right, Chairperson) presenting souvenirs to Speakers Mr. Schwinger Wong (1st from the left), Prof. Angela Leung (2nd from the left) and Prof. Doris Yu (2nd from the right)

Discussion Forum 4



Dr. Linda Chan (left, Chairperson) presenting a souvenir to Prof. Julie Chen (right, Speaker)



Dr. Linda Chan (left, Chairperson) presenting a souvenir to Prof. Victor Ng (right, Speaker)



Dr. Linda Chan (left, Chairperson) presenting a souvenir to Prof. Carmen Wong (right, Speaker)

Discussion Forum 5



Dr. David Chao (left, Chairperson) presenting a souvenir to Dr. Pang Fei Chau (right, Speaker)



Dr. David Chao (left, Chairperson) presenting a souvenir to Dr. Cheung Wai Lun (right, Speaker)



Dr. David Chao (left, Chairperson) presenting a souvenir to Dr. Christina Maw (right, Speaker)

Seminar A



Dr. Judy Cheng (left, Chairperson) presenting a souvenir to Prof. Raymond Li (right, Speaker)

Seminar B



Dr. Catherine Sze (left, Chairperson) presenting a souvenir to Dr. Axel Hsu (right, Speaker)

Seminar C



Dr. Eric Lee (right, Chairperson) presenting a souvenir to Prof. William Li (left, Speaker)

Seminar D



Dr. Eric Lee (left, Chairperson) presenting souvenirs to Speakers Dr. Bryan Lau (right) and Mr. Alex Ng (middle)

Seminar E



Dr. Yolanda Law (left, Chairperson) presenting souvenirs to Speakers Dr. Ho Fu Tak (right) and Dr. Gary So (middle)

Seminar F



Ms. Tammy So (right, Chairperson) presenting a souvenir to Ms. Maisy Mok (left, Speaker)



Ms. Tammy So (right, Chairperson) presenting a souvenir to Dr. Enoch Wu (left, Speaker)

Workshop 1



Dr. Judy Cheng (2nd from the left, Chairperson) presenting a souvenir to Dr. Cheng Hok Fai (middle, Speaker) with Assistant Tutors Dr. Chan So Wai (1st from the left), Dr. Lam Yat Hei (1st from the right) and Dr. Cheryl Chan (2nd from the right)

Workshop 2



Dr. Dereck Wong (right, Chairperson) presenting souvenirs to Speakers Dr. Eric Lee (left) and Ms. Amanda Cheah (middle)

Workshop 3



Dr. Kathy Tsim (right, Chairperson) presenting a souvenir to Dr. James Chiu (left, Speaker)



Dr. Kathy Tsim (right, Chairperson) presenting a souvenir to Prof. Albert Lee (left, Speaker)



Dr. Kathy Tsim (right, Chairperson) presenting a souvenir to Dr. Tong Kar Wai (left, Speaker)

Workshop 4



Dr. Chiang Lap Kin (right, Chairperson) presenting a souvenir to Dr. Brian Cheng (left, Speaker)



Dr. Chiang Lap Kin (right, Chairperson) presenting a souvenir to Ms. Judy Pun (left, Speaker)

Clinical Case Presentation Competition



Judges of Clinical Case Presentation Competition, Dr. Gene Tsoi (1st from the left) and Ms. Chan Yuk Sim (1st from the right) presenting the Best Presentation Award certificates to Dr. Tam Yick Sin (2nd from the left) and Dr. Yung Lok Yee (2nd from the right)



Chairpersons Dr. Yau Lai Mo (left) and Dr. Kathy Tsim (right)



Judge of the competition, Prof. Lam Tai Pong

Full Research Paper Competition



Dr. Lorna Ng (left) presenting a souvenir to Prof. Albert Lee (right, Judge of the competition)

Free Paper – Oral Presentation Competition



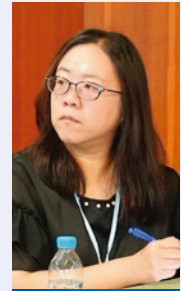
Winner of the Best Oral Presentation Award, Dr. Cheung Tsz King (2nd from the left), receiving a certificate from Judges of the competition, Prof. Cindy Lam (2nd from the right), Dr. Ruby Lee (1st from the right) and Prof. Martin Wong (1st from the left)



Winner of the Best Oral Presentation Award, Dr. Wong Hiu Ying (2nd from the left), receiving a certificate from Judges of the competition, Prof. Cindy Lam (1st from the right), Dr. Ruby Lee (2nd from the right) and Prof. Martin Wong (1st from the left)



Chairperson,
Ms. Kathy Cheung



Chairperson,
Dr. Cecilia Sit

Free Paper – Poster Presentation Competition



Judge of the competition,
Prof. Julie Chen



Winner of the Outstanding Poster Presentation Award, Mr. Chen Siyu (middle) receiving a certificate from Judges of the competition, Prof. Jojo Kwok (left) and Dr. Regina Sit (right)



Winner of the Outstanding Poster Presentation Award, Dr. Ivy Mak (middle) receiving a certificate from Judges of the competition, Dr. Regina Sit (left) and Prof. Jojo Kwok (right)



Winner of the Outstanding Poster Presentation Award, Ms. Wang Shuqi (middle) receiving a certificate from Judges of the competition, Prof. Jojo Kwok (left) and Dr. Regina Sit (right)

Sponsored Online Seminar 1



Dr. Catherine Sze (right, Chairperson) presenting a souvenir to Dr. Julius Wong (left, Speaker)

Sponsored Online Seminar 2



Dr. Ivan Wong (left, Speaker) and Dr. Ho Shu Wan (right, Chairperson)



Sponsored Online Seminar 3



Dr. Chiang Lap Kin (right, Chairperson) presenting a souvenir to Dr. Chan Lip Kiong (left, Speaker)

Sponsored Dinner Symposium



Dr. Ho Shu Wan (left, Chairperson) presenting a souvenir to Prof. Alice Kong (right, Speaker)



Dr. Cecilia Cheung (left, Chairperson) presenting a souvenir to Dr. Peter Tong (right, Speaker)



Dr. Cecilia Cheung (left, Chairperson) presenting a souvenir to Prof. Herbert Kwok (right, Speaker)

Sponsored Lunch Symposium



Dr. Cecilia Cheung (left, Chairperson) presenting a souvenir to Dr. Angus Ho (right, Speaker)



Dr. Cecilia Cheung (left, Chairperson) presenting a souvenir to Dr. Tsang Man Wo (right, Speaker)

Sponsored Coffee Break Symposium



Dr. Judy Cheng (left, Chairperson) presenting a souvenir to Dr. Heather To (right, Speaker)

DOCTORS – TRUSTED PARTNERS IN REDUCING ALCOHOL HARM

Dr. CHING Cheuk Tuen Regina, FHKAM(Com Med)

Hong Kong Alliance for Advocacy Against Alcohol, Hong Kong College of Community Medicine

A major health and social problem

The importance of alcohol as a major risk factor for non-communicable diseases (NCDs) is evidenced by its inclusion in the World Health Organization's Global Action Plan for the Prevention and Control of NCDsⁱ as one of four major behavioural (that is, modifiable) risk factors, others being tobacco use, unhealthy diet and physical inactivity. These risks drive metabolic changes like high blood pressure, obesity, and elevated blood glucose, which in turn fuel NCDs.

Globally, NCDs accounted for 59.5% of all deaths in 2000, rising to 73.9% in 2019 before coming down as COVID-19 started to take a toll on human lives. It is estimated that, in 2019, 2.6 million deaths worldwide were attributable to alcohol consumption, affecting 2 million men and 0.6 million women. People of younger age (20–39 years) are disproportionately affectedⁱⁱ.

According to the Department of Health's Health Behaviour Survey 2023, about one in ten persons aged 15 or above consumed alcohol regularly at least once a week in the past year, which was more common in men than women. About 2.7% adults engaged in monthly binge drinking defined as consuming five or more drinks in one sitting, and 4.1% drank at increased risk, experienced harmful drinking or probable alcohol dependenceⁱⁱⁱ.

Alcohol and alcoholic beverages contain ethanol, which is a psychoactive and toxic substance with dependence-producing properties. Alcohol consumption plays a causal role in more than 200 diseases, injuries and other health conditions including liver diseases, heart diseases, cancers as well as mental health and behavioural issues such as depression, anxiety and alcohol use disorders. Alcohol is an established carcinogen implicated in breast, liver, head and neck, oesophageal and colorectal cancers. Alcohol use affects the

incidence or outcome of infectious diseases such as tuberculosis and HIV and, during pregnancy, increases the risk of foetal alcohol spectrum disorders. Often unrecognised and under-reported, alcohol use causes harm to others by way of injuries, road traffic accidents, partner violence, child abuse, sexual assault and absenteeism from work. Between 2007 and 2022, over 2000 annual hospital admissions were recorded due to alcohol-related conditions consisting of mental and behavioural disorders (75%) and alcoholic liver disease (25%). Hospitalizations for heart diseases, stroke, cancer, injuries and other conditions attributed to alcohol use have not, however, been accounted for.

Look for the problem and act on it

In general practice, one seldom sees "a patient requesting specific advice for his or her drinking problem". The drinker may more likely be a young man with hypertension and weight concern, a manual worker with gouty arthritis, a housewife with sleep problem, an office lady with depressive symptoms or a lad with a bruised eyebrow. Drinkers may not see a need to seek medical advice for their drinking behaviour either because they are unaware of the harm related to drinking or they may feel inappropriate or embarrassed to raise the matter during consultation. In the latter scenario, promotion of 'socially responsible drinking' by the alcohol industry probably adds to this stigma.

Yet, an encounter with the doctor offers an ideal opportunity to educate patients about alcohol risk and reduce alcohol harm. Using Screening and Brief Intervention (SBI)^{iv} as a public health strategy (similar to conducting a wellness check for smoking, diet and exercise behaviour) helps identify people who drink excessively and prompts the doctor to offer quick, non-judgmental and effective counselling to reduce alcohol use. SBI begins with a 3-item validated questionnaire known as AUDIT-C (Alcohol

飲酒與健康篩查問卷 (AUDIT[#] 檢測)

前言

飲用酒精會對你的健康構成影響，而酒精亦會對多種藥物產生干擾。所以我們想向你詢問一些關於酒精使用的問題。所有資料將會保密，所以請盡可能準確地填寫。如有任何問題，可向醫護人員查詢。

甲部 (AUDIT-C) 請圈出合適的答案。

過去一年內 ...	評分					你的分數
	0	1	2	3	4	
1. 你有幾經常飲酒？	從不	每月一次 或以下	每月 二至四次	每星期 兩至三次	每星期 四次或更多	
2. 在你飲酒的日子裡，通常一日會飲幾多酒精單位？(請參閱下圖；如飲用多於一種酒類飲品，請計算總和)	0 - 2	3 - 4	5 - 6	7 - 9	10+	
3. 你有幾經常一次過飲至少 5 罐啤酒 / 5 杯餐酒 / 5 peg 烈酒？(請參閱下圖)	從不	每月 少於一次	每月一次	每星期一 次	幾乎每日 或每日	

分數 (A): _____

Only when AUDIT-C scores 3 or more points will the full AUDIT be completed.

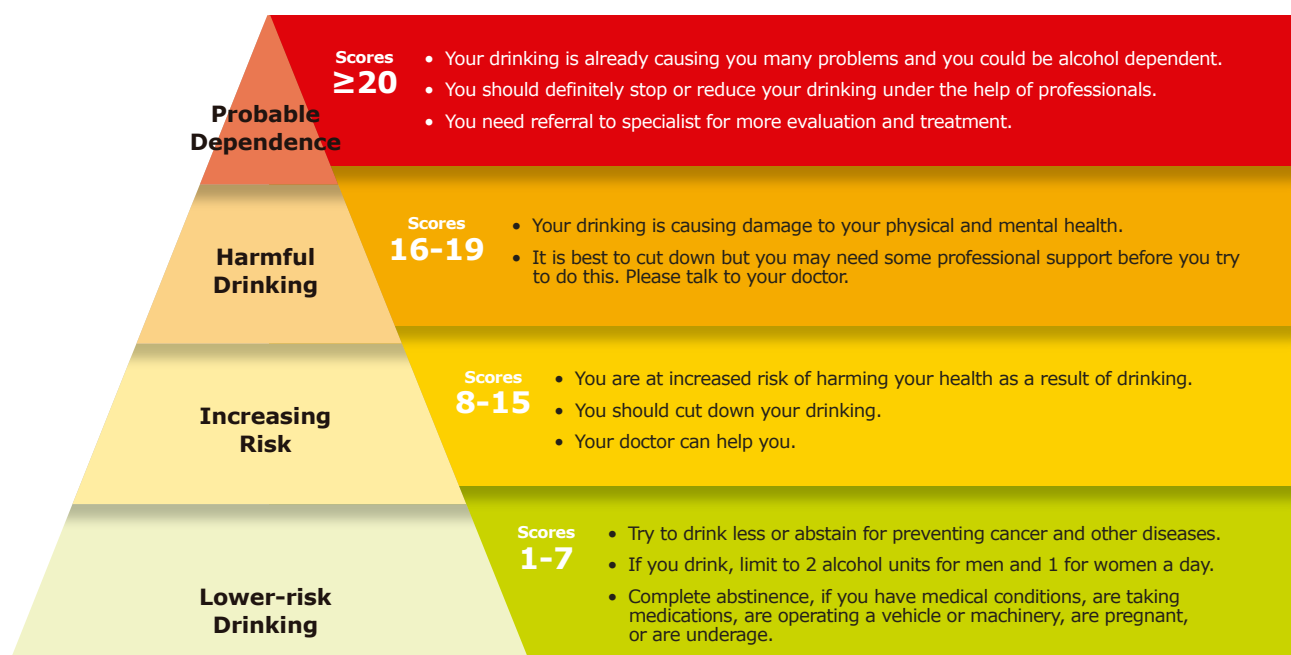
乙部 (AUDIT) 請繼續圈出合適的答案。

(完成了前三條問題後) 過去一年內 ...	評分					你的分數
	0	1	2	3	4	
4. 過去一年中，你試過多少次一旦開始飲酒便不能停止？	從不	每月 少於一次	每月一次	每星期一 次	幾乎每日 或每日	
5. 過去一年中，你有多少次因為飲酒而未能做到本應要做的事？	從不	每月 少於一次	每月一次	每星期一 次	幾乎每日 或每日	
6. 過去一年中，你有多少次醉醒時需要先飲酒才能開始日常生活？	從不	每月 少於一次	每月一次	每星期一 次	幾乎每日 或每日	
7. 過去一年中，你有多少次因為飲酒而感到內疚或不快？	從不	每月 少於一次	每月一次	每星期一 次	幾乎每日 或每日	
8. 過去一年中，你有多少次因為飲酒而忘記前一晚發生的事？	從不	每月 少於一次	每月一次	每星期一 次	幾乎每日 或每日	
9. 你或他人有沒有因你飲酒而導致受傷？	沒有		有，但不是 在過去一 年中		有，是在 過去一年中	
10. 曾否有親戚、朋友、醫生或其他醫療人員關注你飲酒的情況或提議你減少飲酒？	沒有		有，但不是 在過去一 年中		有，是在 過去一年中	

分數 (B): _____

將前一頁的分數加上本頁的分數，計出總分 (A+B):

Total AUDIT score from parts A and B can be interpreted and managed as above.



Counselling tips and treatment services for referral can be found on DH's Change for Health website^v.

Use Disorder Identification Test – Concise) that is typically completed within seconds to minutes (paper or online [Change4Health - e-alcohol screening and brief intervention (e-SBI) versions in Chinese and English are available] while waiting to see the doctor.

No room for complacency

Effective reduction of alcohol harm is best achieved by implementing WHO's SAFER package^{vi} which describes 5 best buys. These involve raising alcohol tax, limiting alcohol availability, restricting alcohol marketing, enforcing drink driving laws and screening/treating alcohol use disorders. Family physicians play a pivotal role in helping drinkers cut down on drinking and informing the public about health and social risk of drinking. Here are a few take home messages for your patients –

- No form or amount of alcohol consumption is risk-free.
- Drinking in moderation is NOT protective of the heart^{vii}.
- Alcohol consumption harms the drinker as well as others.

- Non-drinkers should not start drinking.
- Drinkers should be informed and supported to reduce and stop drinking altogether.

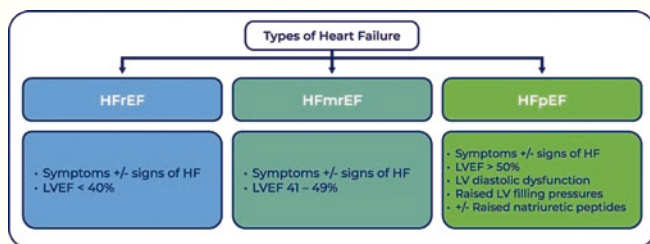
Reference

- [Global action plan for the prevention and control of noncommunicable diseases 2013-2020](#) WHO
- [Alcohol](#) WHO fact sheet
- [Centre for Health Protection - Health Behaviour Survey 2023](#)
- [Alcohol screening and brief intervention - A guide for use in primary care](#) CHP
- [change4health - Alcohol Fails](#) DH
- [SAFER](#) package, WHO
- [WHF-Policy-Brief-Alcohol.pdf](#) World Heart Federation

Interpretation of NT-proBNP in heart failure

It is common to see patients presented with dyspnea on exertion and lower limbs edema labelled congestive heart failure (CHF) after admission to hospital being discharged with oral daily furosemide. After transthoracic echocardiography (TTE) examination showing left ventricular ejection fraction (LVEF) 60%, can we say that this patient has no heart failure? The answer is no.

Heart failure is a complex clinical syndrome that results from any structural or functional impairment of ventricular filling or ejection of blood. The etiology of heart failure is extensive with ischemic heart disease being the leading cause. Symptoms include ankle edema, dyspnea on exertion, orthopnea, paroxysmal nocturnal dyspnea, etc. Heart failure can be classified according to LVEF. For diagnosis of heart failure, clinical symptoms and signs are still important while transthoracic echocardiography (TTE) helps to diagnose heart failure with reduced ejection fraction (HFrEF) and heart failure with mildly reduced ejection fraction (HFmrEF). For heart failure with preserved ejection fraction (HFpEF), the diagnosis is difficult because these patients have LVEF > 50%. We require



Causes of raised BNP/NT-proBNP (Table 1)

Causes	Cardiac	Pulmonary	Others
	<ul style="list-style-type: none"> - HFrEF - HFpEF - Coronary artery disease - Atrial fibrillation - Cardiomyopathy 	<ul style="list-style-type: none"> - COPD - Pulmonary hypertension - Acute pulmonary embolism 	<ul style="list-style-type: none"> - Aging - Female - Lower BMI - CKD - Stroke - Sepsis

Cutoff values of NT-proBNP (Table 2)

Age (years old)	18-50	50-75	>75
Heart failure unlikely (ng/L)	<300	<300	<300
Grey zone (ng/L)	300-450	300-900	300-1800
Heart failure likely (ng/L)	>450	>900	>1800

Reference:

1. Jasinska-Piadlo A, Campbell P. Management of patients with heart failure and preserved ejection fraction. *Heart*. 2023 May 15;109(11):874-883. doi: 10.1136/heartjnl-2022-321097.
2. Gallo G, Rubattu S, Autore C, Volpe M. Natriuretic Peptides: It Is Time for Guided Therapeutic Strategies Based on Their Molecular Mechanisms. *Int J Mol Sci*. 2023 Mar 7;24(6):5131.
3. Januzzi JL Jr, Chen-Tournoux AA, Christenson RH, Doros G, Hollander JE, Levy PD, Nagurny JT, Nowak RM, Pang PS, Patel D, Peacock WF, Rivers EJ, Walters EL, Gaggin HK; ICON-RELOADED Investigators. N-Terminal Pro-B-Type Natriuretic Peptide in the Emergency Department: The ICON-RELOADED Study. *J Am Coll Cardiol*. 2018 Mar 20;71(11):1191-1200.

Compiled by Dr. Tsai Hung Yu



Family Medicine 足球隊

施漢豪醫生



Family Medicine 足球隊合照

3月30日星期日是2025香港醫學會七人制足球比賽，假喇沙書院人造草地大球場舉行，11支參賽球隊分四組，進行單循環初

賽。是次比賽是繼2019年後，Family Medicine又一次組隊參賽，隊員全是在地的家庭醫生，也是香港家庭醫學院的會員。隊長陳俊平醫生統領，隊員有陸雲醫生、傅邦彥醫生、張永和醫生、陳肇璋醫生、蔣堃衡醫生、施漢豪醫生、袁兆文醫生、彭少良醫生、陳兆聰醫生和龍門袁智恒醫生。



比賽當日，多雲且不時有清勁的北風，大家準時齊集。熱身後，第一場中午十二點正，對手就是醫學界足球隊常客：HKDU (Hong Kong Doctor Union)。兩隊球來球往，互有攻守，戰情緊湊，幸得鋼龍袁智恒醫生多次撲救險球，完場前5分鐘，我方全力反撲，陳俊平醫生門前把握瞬間機會，一射入網，最後隱守1:0完場。

緊接著第二場，對方是CU Medicine，一班年輕醫生和醫學生面對資深醫生們毫不留腳，交足功課，你來我往，驚險萬分，幸得醫學界最強中堅和後衛 -

陸雲醫生和傅邦彥醫生，力救險球，紀錄0:0直至完場。分組單循環賽，Family Medicine以A組首名進入八強淘汰賽。

八強淘汰賽，Family Medicine對B組次名 - Team M。Team M隊員平均年資和我方不相伯仲。大家友誼第一，相互以禮相待。多次互相攻防，雙方沒有進帳，以0:0完場。即時進入互射九碼決勝，以躋身準決賽。我方派出陳俊平醫生、陸雲醫生和傅邦彥醫生，全員勁射破網；而Team M其中一球被鋼龍袁智恒醫生撲出，Family Medicine以3:2晉身準決賽。

進入準決賽固然興奮，但Family Medicine隊員個個神色凝重，如臨大敵。因下一場的對手正是上一屆亞軍：HKMA。足球比賽既緊張刺激，又埋身肉搏。經歷三場後，我方兩隊員先後傷出。損兵折將後，實力雖然減弱，但各隊員依舊拼勁。HKMA大軍壓境，多次勁射，幸得鋼龍袁智恒醫生和多位後防表現神勇，阻擋多次進攻。到10分鐘，我方門前一輪混戰，終告失守，結局0:2，雖敗猶榮。季軍戰於17:05展開，天色已是近黃昏，友方是AMFC，AMFC由隊長瑪麗醫院徐副院長親率，大家身軀一樣疲憊，但意志完全超出所想，互有攻守下，我方終以0:1落敗。

夜幕低垂，Family Medicine二度參賽，運動、玩樂、聯誼於一身。更在11個隊伍中摘下殿軍，一整個星期天的比賽高低起伏，所有球員雖意猶未盡，但亦是一個不錯的結局。也許不是結局，是一個開始，運動除了強身健體，鍛鍊意志外，亦造就強大的凝聚力。有興趣參與足球隊的同事們請聯絡以上任何一位隊員，以另一層面展現家庭醫學團結合群精神。



The Diary of a Family Doctor【家庭醫生的日常】

等了四年的多謝

方翠瑩醫生

平常的診症日，一個病人離開診症室後，我如常整理記錄，工友突然開門說有一個病人想見我。我十分出奇，這病人不是那天預約的病人，同事為何沒問我就放病人進來？我還未趕及回應，病人有點激動的說：

「方醫生，我是你四年前在C診所的病人，那時你教我同兒子講天家再見，我同兒子講完，他翌日就走了...」眼淚不由自主留出來。

我不記得這病人的名字，也認不出她的樣子，但憑她的簡單描述，一些零碎片段浮現：

「你是否兒子患有食道癌那病人？那時你還掙扎，兒子活著但十分辛苦，你看見他辛苦很難

受，但若兒子死去，你又十分難過不捨，始終是白頭人送黑頭人。知道你兒子是基督徒，你也開始接觸教會，我便鼓勵你，人死了生命結束，但信耶穌的人相信永生，他日會在天堂再見死去的家人。」

「是呀，兒子過身後，我想多謝你，但你已轉去其他診所。我在這診所聽講座，偶然見到你的名字出現，病人出入診症室時，我見到你的側面，於是請工友准我入來，我終於可以親口多謝你。」

聽了她的回答，我也很感動，居然有病人等了我四年！「我也很多謝你的分享，知道你有返教會，堅強活著，好好照顧自己，相信你兒子也會放心，我也很欣慰呢。」

「真的多謝你，我不阻你工作了，主祝福你！」她說完就離開診症室。

能夠陪病人經歷人生，在困難時幫上一把，是我的榮幸。她的故事也激勵我，原來我的付出是有意義的。我又反省，**人活著需要盼望**。親人離世是難過，但復活的盼望讓生人堅強活著。工作有時是辛苦，但盼望放工見到心愛的家人，月尾出糧，放假去旅行等等，都是推動我們工作的力量。

聖經希伯來書11章1節：「信就是所望之事的實底，是未見之事的確據。」已經擁有的就不用盼望，還未發生的事才需要盼望，等候的時候就需要信心，相信終有一天事情會成就。願我們每日的生活有信心和盼望，也願我們的工作能帶給人信心和盼望。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Options of College Souvenirs or Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: FPLinks@hkcfp.org.hk



UNIVERSITY HEALTH SERVICE

Medical Officer (Ref. 250717005)

The University Health Service (UHS) of The Hong Kong Polytechnic University is a community-based Family Medicine training centre, as accredited by The Hong Kong College of Family Physicians. UHS provides primary health care to students, staff members and their dependants and other eligible members. The University invites applications for the Medical Officer post in UHS. Duties: provide primary health care / health counselling, promote health education and perform administrative duties. Qualifications: registrable with the Medical Council of HKSAR and fluent in spoken English and Cantonese. A higher qualification in Internal Medicine, Emergency Medicine and/or Family Medicine is an advantage. Doctors enrolled in vocational training in Family Medicine are also welcome. Please visit <http://www.polyu.edu.hk/uhs/en> for more information about UHS. Post specification and online application are available on PolyU's career website (<https://jobs.polyu.edu.hk/management>). Application closing date: consideration of applications will commence on 13 September 2025 until the position is filled.

PolyU is an equal opportunity employer, dedicated to fostering an environment that embraces diversity and demonstrates inclusion of people from all backgrounds, cultures, identities and experiences where all members of the University are treated with fairness, dignity and respect. To learn more about the University's "Statement on Equal Opportunities, Diversity, and Inclusion", please visit our website at https://www.polyu.edu.hk/hro/equal_opportunities_diversity_and_inclusion/.

HKCFP Family Medicine Boot Camp 2025



- To** : 2025 Basic Trainees
Date : 6 September 2025 (Saturday)
Time : 1430 to 1600
Venue : The Sage, 3/F, HKAM JC Building,
99 Wong Chuk Hang Road,
Aberdeen, Hong Kong
Organiser : Young Doctors Committee,
The Hong Kong College of Family Physicians
Content : 1. Ice-breaking Game
2. Survival Tips for FM trainees
3. Introduction to Mentorship Programme
4. High Tea Gathering



PLEASE JOIN US

Register for this
exciting event via
scanning the QR code
before 29 August (Friday)



For enquiry, please contact
Ms Nana CHOY or Ms Kathy LAI at
2871 8899 or via email at
ydc@hkcfp.org.hk.



Board of Vocational Training and Standards News

Basic Training Introductory Seminar

A Basic Training Introductory Seminar will be held in October 2025 via Hybrid mode for all newly enrolled basic trainees, existing trainees and clinical supervisors. The seminar is designed to help basic trainees and supervisors to understand and get more updated information of our training programme.

Details of the seminar are as follows:

Speakers : Dr. Fok Peter Anthony (Chairman of Basic Training Subcommittee)
Dr. Yiu Yuk Kwan (Chairman of Board of Vocational Training and Standards)

Date : **14 October 2025 (Tuesday)**

Time : 7:00 p.m. – 8:30 p.m.

Venue : **(*for Trainees)** Room 802, 8/F Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai
(*for Supervisors) via ZOOM webinar

Please fill up the registration form via scanning the QR code:

(For Trainee)

(For Supervisor)



* ALL trainees are only allowed to attend the seminar in-person, online option will not be available.

To facilitate communication with clinical supervisors and as required for RACGP re-accreditation, current FM clinical supervisors and training coordinators were invited to join in through Zoom webinar link. Video recorded session would be available to clinical supervisors and training coordinators who cannot attend for special reason after the briefing.

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to submit the 'Application Form for the Certification of Completion of Basic Training in Family Medicine' and the **original copy** of your training logbook to BVTs for certification of completion of training within 3 months upon the completion date.

If the training logbook is incomplete after review by BVTs, you should complete the training process within 6 months upon the completion date and the completion date of training will only be counted from the time all required documents are handed in to complete the certification and **basic training fee of next year will be charged**.

Basic Training Subcommittee

Reminder: Application for Recommendation for Exit Examination 2026

To those who prepare to sit for the 2026 Full Exit Examination,

Please submit the application letter and the 'Checklist for Recommendation for Exit Examination' on or before **30 September 2025**. Late applications **WILL NOT** be entertained.

Higher Training Subcommittee

The above information has already been stated in the IMPORTANT NOTICE and the related forms are available at the College website: https://www.hkcfp.org.hk/pages_9_95.html

Should you have any inquiries, please contact Ms. Hannah LOK or Ms. Kathy LAI at 2871 8899 or email at BVTs@hkcfp.org.hk.

Board of Vocational Training and Standards

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **June – July 2025**:

New Application

Associate Membership

Dr. AU YEUNG Wesley Tan	歐陽澤林
Dr. CHEUNG Kwong Yee, Chloe	張光怡
Dr. KWOK Wing Sum	郭詠沁
Dr. LEUNG Tsz Ho	梁梓豪
Dr. LIU Wing Lam, Vivian	廖穎霖
Dr. MAN Lai Kwan	文麗君
Dr. NG Tsz Tung, Clarence	吳子彤
Dr. WONG Ming Yan	王銘恩
Dr. WU Diana Dan	吳丹

Non-HKSAR Membership

Dr. CHOI Ieng Ieng	蔡盈盈
Dr. LAU Ho Cheung, Simon	劉可祥
Dr. WONG Sok Chan	黃淑珍

Student Membership

Ms. CHAN Yan Kiu	陳忻翹
Ms. CHENG Yat Hang	鄭逸姮
Ms. CHEUNG Ka Yu	張加愉
Mr. CHEUNG Wang Kit	張宏傑
Ms. CHUE Yan Ming	朱恩明
Mr. CHUNG Chi Wai	鍾志偉
Ms. KWAN Ellie Chi Sheung	關知尚
Ms. LAM Michelle Che Yan	林芷茵
Mr. LEUNG Wang Hei, Keith	梁宏熙
Mr. NG Sze Hang	吳思恒
Ms. PANG Bik Chi	彭韶孜
Ms. TSE Tung Yee	謝咗頤
Mr. WONG Ching Yin	黃鉦然
Ms. WONG Hong Ching	黃康晴
Mr. WONG Yin Tung	王彥棟

Resignation

Associate Membership

Dr. CHAN Tsz Hin	陳子軒
Dr. CHUI Ka Yun	徐家潤
Dr. LUNG Charles Pak Chiu	龍百照
Dr. WONG Wai Chuen	王維銓

Termination

Affiliate Membership

Ms. LEE Siu Har, Judy	李小霞
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Associate Membership

Dr. CHAN Chui Ying	陳翠瑩
Dr. CHAN Fuk Woo, Jasper	陳福和
Dr. CHAN Hiu Ching	陳曉靜
Dr. CHAN Kwong Tat	陳廣達
Dr. CHAN Pui Kam	陳沛錦
Dr. CHAN Wing Man	陳穎雯
Dr. CHEN Chi Heung	曾志香
Dr. CHENG Sha Ron	鄭上媛
Dr. CHEUNG Yan Yee, Christie	張昕怡
Dr. CHIN Hui Yen	陳慧燕
Dr. CHIU Shing Hei	招承禧
Dr. CHOI Pak Tat, Frankie	蔡柏達
Dr. CHONG Yu Hoi	莊裕開
Dr. CHU Man Ho	褚文豪
Dr. CHUN Ming Wai, Alice	秦明慧
Dr. DAI Yi Pui	戴伊珮
Dr. FONG Bik Ki	方碧琪
Dr. FUNG Lok Lam, Tiffany	馮洛霖
Dr. HUI Siu Kwan	許少君
Dr. HUNG Pui Shan	洪珮珊
Dr. LAI Cheuk Hei	黎卓熙
Dr. LAM Sonia	林子靖
Dr. LAU Ka Chun	劉嘉駿
Dr. LEE Kam Ha	李錦霞
Dr. LI Yu Chi	李育奇
Dr. LIU Ho Yat	廖灝壹
Dr. LIU Hung Wai	廖雄威
Dr. LUK Jing Si	陸靜思
Dr. MA Kin Fai	馬建輝
Dr. MAK Hay Wo, Howard	麥熙和
Dr. MAK Shen Rong, Sharon	麥善容
Dr. MAN Wan Chi, Nicolle	文蘊芝
Dr. MUI Cheng I	梅靜兒
Dr. NG Ching Man	伍靜文

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吳 傑 亮

柯 穎 妍

萬 子 豪

胡 潔 華

熊 丞 荃

甄 嘉 勝

葉 霆 鋒

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Dr. LIN Chor Keung, Calvin

Dr. LO King Yan, Cathy

Dr. SHIH Hei Ting, Eden

Dr. YEUNG Fun Na

江 志 恒

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盧 敬 欣

施 熙 廷

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王 欣 浩

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Dr. CHIM David

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李 湘 華

劉 瑞 紅

陸 穎 嘉

黃 志 豪

王 惠 儀

Specialty Board News**Pre-Exit Examination Workshop – For 2026 Exit Examination (Hybrid Event)**

The Specialty Board is pleased to announce the Pre-Exit Examination workshop on Exit Examination of Vocational Training in Family Medicine. The workshop will give participants an insight into the preparation of Exit Examination. ALL candidates who are preparing to sit for Exit Examination 2026 are strongly encouraged to attend. Clinical supervisors and Examiners are also welcome.

Date : 5 September 2025 (Friday)

Time : 7:00 – 9:00 p.m.

Venue : Rm 802, 8/F, Windsor Social Services Building, 15 Hennessy Road, Wanchai

Speakers : Chairperson and Segment Coordinators of Specialty Board Participants:

Participants: 1. For Higher Trainees and Potential candidates of Exit Exam
2. For all Exit Examiners, Exit Trainee Examiners, Clinical Supervisors and Mentors of candidates

* Demonstration videos for CSA segment will only be shown to potential candidates who physically attended the seminar. The video will not be shared and uploaded online.

* Limited seats are available at the venue. Priority will be given to the potential candidates of 2026 Full Exit Exam

For registration, please complete and submit the e-form on or before 31 August 2025. Should you have any question, please contact the corresponding staff, Ms. Alky YU or Mr. John MA by email to exit@hkcfp.org.hk.

Yours Sincerely,

Dr. Wendy Tsui
Chairlady, Specialty Board

**Enrolment**



Certificate Course on Bringing Better Health to Our Community 2025

Co-organized with

Queen Elizabeth Hospital, The Hong Kong College of Family Physicians and The Hong Kong Medical Association

Dates : 30 August 2025, 27 September 2025, 25 October 2025, 29 November 2025
 Time : 1:00pm - 2:00pm Light Refreshment
 2:00pm - 4:00 pm Lecture & Discussion
 Venue : Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital
 Course Fee : Free
 Accreditation : pending
 Certification : Certificate will be awarded to participants who have fulfilled the attendance requirement for 3 sessions or more

Programme Schedule

Dates	Time	Topics	Speakers
30 August 2025 (Sat)	2:00 4:00 pm	Update on Management of DM and Obesity	Dr. Annette Ka Yee CHAN Associate Consultant, Department of Medicine, Endocrine Team, Queen Elizabeth Hospital
		Women's Health Service	Dr. Susanna Lok Lam HUNG Associate Consultant, Department of Family Medicine and Primary Health Care, Kowloon Central Cluster
27 September 2025 (Sat)	2:00 4:00 pm	Management of Chronic Stable Coronary Artery Disease	Dr. Jake Yin Kei YEUNG Resident Specialist, Department of Medicine, Cardiac Team, Queen Elizabeth Hospital
		How to reduce our risks in primary care - Challenges in interprofessional communication and spotlights of potential risks in primary care setting	Dr. Uzair SIDEK Medicolegal Consultant, Medical Protection Society
25 October 2025 (Sat)	2:00 4:00 pm	Diagnosis and Management of Dementia in Primary Care Setting	Dr. Andrew Chung Ho LEE Resident, Department of Medicine, Geriatrics Team, Queen Elizabeth Hospital
		Occupational Therapy - Cognitive Assessment and Management	Ms. Carol Kam Yan HUI Advanced Practice Occupational Therapist, Department of Occupational Therapy, Queen Elizabeth Hospital
29 November 2025 (Sat)	2:00 4:00 pm	Management of Hip Pain and Low Back Pain in Primary Care Setting	Dr. Aaran Heng Chi LEUNG Associate Consultant, Department of Orthopaedics & Traumatology, Queen Elizabeth Hospital
		Physiotherapy - Hip Pain and Low Back Pain	Mr. Ray Tsz Kit CHOW Senior Physiotherapist, Department of Physiotherapy, Queen Elizabeth Hospital

Registration will be first come first served. Please scan the QR code to complete the registration.

For enquiry, please contact Ms. Crocus LAN at 3506-8143

- Notes :
- In case of over-subscription, the organiser reserves the right of final decision to accept registration.
 - Due to copyright issue, please note private recording of the lecture is prohibited.
 - Registration will be closed 3 days prior to the event.





Certificate Course in Ophthalmology for Primary Care Doctors 2025

Jointly organized by
The College of Ophthalmologists of Hong Kong
The Hong Kong College of Family Physicians



香港家庭醫學學院
The Hong Kong College of Family Physicians

Enquiry: The Secretariat, Email: info@cohk.org.hk / Tel: 2761 9128

Address: COHK Secretariat, Room 802, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, HK

Objectives:

This course aims to enhance the knowledge on eye care and new advances in ophthalmology

Topics:

7 Sep ~ Anterior Segment Diseases; Refractive Errors and Treatment Options
(by Dr. Christine WU)

21 Sep ~ Common Oculoplastic Conditions in Primary Care (by Dr. Karen CHAN)

28 Sep ~ Update on Management of Paediatric Eye Diseases (by Dr. Emily WONG)

12 Oct ~ Screening and Update on Management of Maculopathy and Retinopathy
(by Dr. Jason CHAN)

19 Oct ~ Emergency Eye Conditions and Common procedures for Eye Problems
in Primary Care Setting (by Dr. Tommy CHAN)

Date : 7, 21, 28 Sep, 12, 19 Oct 2025 (All Sundays)

Time : 2:00 pm – 4:00 pm

Venue: Room 802, Duke of Windsor Social Service Building,
15 Hennessy Road, Wan Chai

Course Feature : Interactive Lectures

Language Media : English (supplemented with Chinese)

Course Fee : HK\$1,500 (5 sessions) / person

(1) Cheque

Please made payable to "The College of Ophthalmologists of Hong Kong".

or

(2) FPS (ID: 162205967)

Please state "FM course_Your name" (e.g. FM course_ChunTaiMan) in the
Remarks / Bill Reference.

Certificate : Awarded to participants with a minimum
attendance of 80%

Course Director : Dr. Nafees Begum BAIG

Deadline : 31 August 2025 (Sunday)

Capacity: 50 ppl, First come, first served

Register
Here



<https://forms.gle/b8dYPQGhnTHzDwj1A>

Important Note: Training subsidy would be provided by the Primary Healthcare Commission (PHCC) for the course this year. Upon successful completion of the course, Doctors registered in the Primary Care Directory (PCD) will be eligible for a reimbursement of HK\$1,000.00 for the course fee. Non-PCD Doctors will receive a reimbursement of 25% of the course fee (i.e. \$375.00).

Note: 2 HKCFP CME (Cat. 5.2) / 2 MCHK CME (pending) for each lecture

BOARD OF EDUCATION NEWS

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please ensure appropriate dress code to the hotel for the Scientific Meeting.

Face-to-face Events

Date and Time	Venue	Topics	Speakers	Moderators
13 September (Sat) 2:00 – 5:00p.m. (Registration will be started from 1:00 p.m.)	Crystal Ballroom B & C, Level B3, Holiday Inn Golden Mile, 50 Nathan Road, Tsim Sha Tsui, Kowloon	Primary Care Respiratory Disease Day 1. Lung cancer screening 2. Lens on airway inflammation – latest updates in asthma management 3. Lens on and beyond the lungs – Updates in COPD management 4. Airway Diseases and CKD – The Hidden Link 5. Protective Strategies Against Influenza Infection <i>Sponsored by AstraZeneca Hong Kong Limited</i>	1. Prof. WONG Chi Sang, Martin <i>Specialist in Family Medicine</i> 2. Dr. CHAN Shung Kay, Samuel <i>Specialist in Respiratory Medicine</i> 3. Dr. CHOO Kah-lin <i>Specialist in Respiratory Medicine</i> 4. Prof. YAP Yat Hin, Desmond <i>Specialist in Nephrology</i> 5. Dr. KWAN Yat Wah, Mike <i>Specialist in Paediatric Immunology, Allergy and Infectious Diseases</i>	1. Dr. CHEN Xiao Rui, Catherine <i>The Hong Kong College of Family Physicians</i> 2. Dr. LI Yim Chu <i>The Hong Kong College of Family Physicians</i>

QR Code for registration



Admission Fee:

13 September 2025 (Sat)

College Fellow, Full, or Associate Members:

Complimentary

*(50 Enrollment deposit is required)

Other Categories of Members:

HK\$ 750.00

Non – members:

HK\$ 850.00

* Enrollment deposit of HK\$50.00 per lecture is needed for CME event held in hotel. Cheque should be made payable to "HKCFP Education Limited" and send to the Secretariat Office at "Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong". The cheque would be returned to registered members upon registration on the day.

Pre-registration is required and subject to receipt of enrollment deposit cheque in order to confirm the registration.

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Accreditation :

13 Sep

: 3 CME Points HKCFP (Cat. 4.3)

: 3 CME Points MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topics
29 August 2025 (Fri) 2:30 – 3:30 p.m.	"Diagnosing and Managing Migraine in Primary Care Setting" by Prof. Hans-Christoph DIENER
26 September 2025 (Fri) 2:30 – 3:30 p.m.	"Management of Patients with Acute and Chronic Pain (Part 1)" by Dr. Donovan WONG

QR Codes for registration

29 August 2025 (Fri) 26 September 2025 (Fri)



Accreditation :

1 CME Point HKCFP (Cat. 4.2)

1 CME Point MCHK (pending)

Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee

: Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method :

Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes : Online Events

1. In case of over-subscription, the organiser reserves the right of final decision to accept registration.
2. The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
3. Please note you can just attend **ONE** CME activity at a time. If found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
4. Members who have attended less than 3/4 of the length of the webinar may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
5. **Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Question; 50% or above of correct answers are required)**
6. Please be reminded to check the system requirements beforehand to avoid any connection issues.
7. Due to copyright issue, please note private recording of the lecture is prohibited.
8. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation [Cat 4.3]

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 03 September 2025			
14:30 - 17:00	SB1036, 1/F, Special Block, Tuen Mun Hospital	Resources for Chronic Disease Care in the Community Dr. CHEUNG Hoi Man, Dr. LEE Jian Yi	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Process, Models of Consultation and Introduction to Leicester Assessment Package (LAP) Dr. SIN Tak Yee, Dr. KWOK Wing Sum, Karina	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Anti-thrombotic Therapy for Cardiovascular Disease Dr. CHOW Chun Fung, Ray, Dr. WONG Ka Yan, Judy, Dr. KWOK Sum Yi	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Weight Management Dr. WANG, Hua Li	Ms. Cherry WONG Tel: 2589 2337
Thursday, 04 September 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Oversea Conference for Family Medicine and Experience Sharing Dr. LAM Yat Hei, Dr. WOO Tiffany, Dr. HUNG Chi Bun	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 10 September 2025			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Toxicological Emergencies: Overdose and Poisoning Management Dr. LI Ronald Muk Lam, Dr. LEE Hsin Yi	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: Eye and Video Consultation) Dr. PANNU Prubdial Singh, Dr. TAM Timothy Tin Yue	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Biostatistics Dr. CHEUNG Tsz King, Johnny, Dr. ZHENG Qiqi, Kay	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Palliative Care Services Dr. CHAN Kwok Ying	Ms. Cherry WONG Tel: 2589 2337
Thursday, 11 September 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Smart Initiatives & Telecare Consultation Implementation in GOPC Dr. LO Cheuk Wai, Dr. LAU Lai Na	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 17 September 2025			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Complaints Management in GOPC or Hospital Setting and Case Sharing Dr. TAM Tsz On, Dr. LO Anna	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Approach to ECG Dr. FOCK Hoi Hei, Surena, Dr. MAK Ka Wai, Stephanie	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Management of Chronic Pain Dr. CHENG Wai Man, Alice, Dr. WONG Tsz Yan, Nicole, Dr. DENG Luo, Valeria	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Podiatry and the Practical Skills Dr. WAN Wing Fai	Ms. Cherry WONG Tel: 2589 2337
Thursday, 18 September 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Managing Needle Stick Injuries, Human, and Animal Bites: A Practical Guide for Family Physicians Dr. LEE Pak Lik, Dr. LAM Kang	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 24 September 2025			
14:30 - 17:00	Rm5019, 5/F, Rehab Block, Tuen Mun Hospital	Health Care System in USA Dr. GAN Lu, Dr. LI Pak Ho	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Community Resource : Family Dysfunction (Violence, Extra-marital Affairs) & Parenting Dr. HE Yuzhong, Dr. ZHANG Wenhao, Fred	Ms. Emily LAU Tel: 3506 8610
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Community Pharmacy Dr. HO Ka Wa, Joe, Dr. CHAN Lok Hin, Thomas, Dr. LEE Ka Long, Aaron	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Management of Common Eye Diseases in OPD Setting Dr. LEE Chun Ki	Ms. Cherry WONG Tel: 2589 2337
Thursday, 18 September 2025			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	China's International Hospital Accreditation Standards in Hong Kong: What Family Physicians Need to Know Dr. TONG Ka Hung, Dr. LAM Wai Yiu	Ms. Eliza CHAN Tel: 2468 6813

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 Aug 9:30 a.m. – 1:00 p.m. HKCFP Conjoint Exam - AKT Segment	25	26	27 2:30 – 7:00 p.m. Structured Education Programme	28 4:00 – 6:00 p.m. Structured Education Programme	29 2:30 – 3:30 p.m. Online Video Session	30 2:00 – 4:00 p.m. Certificate Course on Brining Better Health to Our Community 2025 2:30 – 5:00 p.m. DFM Module IV Clinical Skills Enhancement
31	1 Sep	2 6:00 p.m. Exit Exam Research Forum	3 2:30 – 7:00 p.m. Structured Education Programme	4 4:00 – 6:00 p.m. Structured Education Programme 8:30 – 11:30 p.m. HKCFP Council Meeting	5 7:00 – 9:00 p.m. Pre Exit Exam Workshop for 2026 (Hybrid)	6 2:30 – 4:00 p.m. HKCFP Family Medicine Boot Camp 2025
7 2:00 – 4:00 p.m. Ophthalmology Course	8	9	10 2:30 – 7:00 p.m. Structured Education Programme	11 4:00 – 6:00 p.m. Structured Education Programme 5:30 – 6:30 p.m. Clinical Audit Segment Subcommittee Meeting 9:00 – 11:00 p.m. Board of Conjoint Examination Meeting	12 8:00 – 10:30 p.m. Specialty Board Meeting	13 2:30 – 5:30 p.m. Module III Structured Seminar
14	15	16	17 2:30 – 7:00 p.m. Structured Education Programme	18 4:00 – 6:00 p.m. Structured Education Programme 8:30 – 11:30 p.m. HKCFP Council Meeting	19	20 2:30 – 5:30 p.m. Module III Structured Seminar
21 2:00 – 4:00 p.m. Ophthalmology Course	22	23	24 2:30 – 7:00 p.m. Structured Education Programme	25 4:00 – 6:00 p.m. Structured Education Programme 6:00 p.m. Exit Exam Clinical Audit Forum	26 2:30 – 3:30 p.m. Online Video Session	27 2:00 – 4:00 p.m. Certificate Course on Brining Better Health to Our Community 2025 2:30 – 5:00 p.m. Module IV FM Clinical Skills Enhancement
28 2:00 – 4:00 p.m. Ophthalmology Course	29	30	1 Oct	2 4:00 – 6:00 p.m. Structured Education Programme	3	4

FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities



家庭醫生共聯繫



守護身心最到位

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 3rd row (from left to right) : Dr. Dorothy Law, Dr. Heidi Fung, Dr. Christina Cheuk, Dr. Tam John Hugh, Dr. Rebecca Hou, Dr. Yip Tze Hung, Dr. Cheryl Chan
 2nd row (from left to right) : Dr. Gavin Sin, Dr. King Chan, Dr. Will Leung, Prof. Martin Wong, Dr. Sze Hon Ho, Dr. David Cheng, Dr. John Wu
 1st row (from left to right) : Dr. Maria Leung, Dr. Anita Fan, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Natalie Yuen, Dr. Natalie Siu

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