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Message from the President

The World Health Organisation (WHO) announced on 17th May this year that an Ebola disease outbreak had occurred in the Democratic Republic of the Congo (DRC) and Uganda in Africa, which constituted a Public Health Emergency of International Concern. On the same day, the HKSAR Government activated the Alert Response Level, the lowest under the three-tiered response in the Response Plan, to safeguard public health. Based on public health considerations, the HKSAR Government also issued a Red Outbound Travel Alert for the DRC on May 21 and urged Hong Kong residents to avoid non-essential travel there. (<https://www.info.gov.hk/gia/general/202606/16/P2026061600290.htm?fontSize=1>) The current Ebola outbreak is mainly concentrated in certain African areas and the immediate impact on public health in Hong Kong remains low. According to the press release, the Director of Health, Dr. Ronald Lam has pointed out that the Department of Health has strengthened its prevention and educational efforts for infection control since May and would continue to implement a series of prevention and control measures to strictly guard against imported cases, closely monitor the development of the Ebola disease outbreak, and adjust the prevention and control strategies as necessary in response to the situation. The Scientific Committee on Infection Control under the Centre of Health Protection (CHP) also convened a meeting to confirm the recommendations on the proper use of PPE across different healthcare and community settings. Members of the public wishing to learn more about the Ebola disease and related

travel health advice may visit the CHP website or the Travel Health Service website.

The 31st May every year is designated by the World Health Organisation (WHO) to be the World No Tobacco Day (WNTD). The theme of WNTD 2026 is “unmasking the appeal – countering nicotine and tobacco addiction”, which aims at bringing together governments, health organisations, civil society and youth from around the world to raise awareness of the threats of tobacco use and to promote effective measures to counteract nicotine and tobacco addiction. (<https://www.who.int/europe/news-room/events/item/2026/05/31/default-calendar/world-no-tobacco-day-2026--unmasking-the-appeal---countering-nicotine-and-tobacco-addiction#:~:text=World%20No%20Tobacco%20Day%20is%20celebrated%20annually,tools%20to%20recognize%20and%20resist%20industry%20influence>) The WHO campaign this year focusses on the following:



1. expose the industry's strategies – including the use of synthetic nicotine, nicotine salts and analogues designed to enhance addiction potential while being marketed as innovative or even less harmful;
2. promote stronger policy action – through bans on flavours, advertising and promotion (including digital and social media), and through stricter

MESSAGE FROM THE PRESIDENT

regulation of packaging and product design that increase youth appeal;

- empower youth and the public – by providing knowledge and tools to recognize and resist industry influence and by ensuring access to evidence-based cessation support.

Let's continue to build on the rapport with our patients and advise more of our patients to quit.

Last but not least, a quick reminder of The Hong Kong Primary Care Conference (HKPCC) 2026 which

will take place from 26-28 June 2026 at the Hong Kong Academy of Medicine Jockey Club Building in Wong Chuk Hang. (<https://www.hkpcc.org.hk/>) The theme of the conference is entitled, "Overcoming Challenges for Sustainable Primary Care: Innovation, Collaboration and Leadership". I look forward to welcoming you at the HKPCC 2026!

Dr. David V K CHAO
President

Hong Kong Primary Care Conference 2026
(Supported by HKCFP Foundation Fund)

**Overcoming Challenges for Sustainable Primary Care:
Innovation, Collaboration and Leadership**
26 - 28 June 2026 (Friday - Sunday)

Scientific Programme

Board of Diploma in Family Medicine (DFM) News

The Board of DFM is pleased to announce that the following candidates have successfully passed the Written and Clinical Examination of the 24th Diploma in Family Medicine 2025-2026.

Dr. ASAI Yoshi Nobu	Dr. CHOI ieng ieng	Dr. LIMBU Jaya Kumar
Dr. AUYEUNG Wesley Tan	Dr. CHOW Chi Kwan	Dr. LIN Wing Sum
Dr. CHAN Ho Lam Eric	Dr. DENG Zhenyu	Dr. MAN Lai Kwan
Dr. CHAN Ka Po*	Dr. KAM Tsz Yan	Dr. NG Tsz Tung Clarence
Dr. CHAN Man Hung Clemens	Dr. KWONG Pui Chun John	Dr. TSANG Ho Wa
Dr. CHAN Tang Yu	Dr. LAU Wai Yin	Dr. WONG Ming Yan
Dr. CHAN Zhuo Yi Calista	Dr. LEE Hung Faat	Dr. WONG Sok Chan
Dr. CHENG Sui Hou Michael	Dr. LEUNG Mo Ching	Dr. WONG Ting Wai
Dr. CHEUNG Hiu Fung	Dr. LEUNG Tsz Ho	Dr. WONG Yuet Hoi
Dr. CHEUNG Kwong Yee Chloe	Dr. LIM Foon Lian	

* passed with distinction

Congratulations to all successful candidates!

Dr. Au Chi Lap
Chairman
Board of DFM

Internal Affairs Committee News

HKCFP Photography Club – Photography trip to Tai O and Tian Tan Buddha and Po Lin Monastery

After the photography lecture on landscape last summer, our Photography Club held another photography activity on 12 April 2026 (Sunday) in Tai O, led by a photographic master, Mr. Chak Kam Man. That morning, we left directly from Kowloon Tong to Tai O. After arrival, Chak Sir started to teach us on taking some street photography style of photos of the local scenes. Then we went to take photos on one of the most characteristic features of Tai O—the Stilt Houses (大澳棚屋). At noon we tasted an authentic seafood lunch at a local restaurant. In the afternoon we went to the Tian Tan Buddha and Po Lin Monastery for further photos taking. All along the weather was fine and the whole trip was very relaxing and enjoyable. All our members enjoyed it so much. Hopefully we could organize further photography activities to our members.

Dr. Peter Ng
Chairman
HKCFP Photography Club
Internal Affairs Committee



The Tian Tan Buddha



Tai O—the Stilt Houses



Seafood lunch at a local restaurant



Dr. Welchie Ko (left) and Dr. Peter Ng (right) presented a souvenir to Mr. Chak Kam Man (middle)



Po Lin Monastery



Group photo taken on the day.

Diploma in Family Medicine (HKCFP) 2026-2027

Training Funding Scheme for PCD (Primary Care Directory) Doctors by Primary Healthcare Commission, The Health Bureau

The Primary Healthcare Commission has approved an initiative to enhance training subsidies for Primary Care Doctors enrolled in DFM 2026-2027. Doctors who are registered in the Primary Care Directory (PCD) and have met the course requirements are eligible to apply for reimbursement with the details as follows:

Eligible subsidy applicants		Subsidisation
Primary Care Doctors enrolled in the Primary Care Directory (i.e. "PCD doctors")	PCD doctors joining the Primary Healthcare Co-care Network (Chronic Disease Co-Care Scheme doctors)	50% of course fee or \$23,000 , whichever is lower
	PCD doctors NOT joining the Primary Healthcare Co-care Network	25% of course fee or \$11,500 , whichever is lower

For more information and the details of the Training Funding Scheme for Healthcare Professionals, please visit the District Health Centre website: https://www.dhc.gov.hk/en/healthcare_service_providers.html#training

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in August 2026.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and FM clinical skills enhancements. The whole course requires ONE year of part-time study.

Details of the course are as follows:

1. Objectives:

- To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- To improve standards and quality in the practice of Family Medicine

2. Syllabus:

The course consists of FIVE compulsory modules. Doctors who have graduated from the course are expected to have acquired:

- Current concepts about nature of Family Medicine
- Knowledge and skills in consultation, counselling and problem solving
- Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- Understanding towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims:	1. Learn concepts of Family Medicine 2. Understand the role of a Family Doctor and scope of Family Medicine
Contents:	Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims:	1. Enhance consultation, communication and problem solving skills 2. Understand the diagnostic formulation process in Family Medicine
Contents:	Four clinical scenarios. Each clinical scenario is further divided into several questions covering different areas in general practice

*Module III – Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims:	1. Strengthen knowledge in Family Medicine 2. Understand the potential growth of Family Medicine 3. Develop research and teaching skills in Family Medicine
Contents:	Practice Management, Care of Elderly, Chronic Disease Management, Anticipatory Care, Clinical Audit & Research, Mental Health, Musculo-skeletal Problems, Evidence Based Medicine & Critical Appraisal

*Module IV – Clinical Updates (Updates and FM Clinical Skills Enhancements)

Aims:	Acquire in-depth knowledge and practical skills in selected specialties
Contents:	THREE update seminars

*Module V – Practical Family Medicine (Practical Workshops)

Aims:	Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine
Contents:	Four compulsory and two elective Practical Workshops in selected areas including Advanced Primary Care Life Support (APCLS), Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

*Modules III - V would be scheduled on Saturday and Sunday afternoons.

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their applications. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time study.

August to October 2026	Module I
October to December 2026	Module II
August 2026 to April 2027	Module III, IV & V
April 2027	Final Examination

**The schedule might be affected due to unexpected circumstances and the format might change to online platform if necessary. Announcement would further be made in case there is a change of schedule and/or format.*

5. Admission Requirement:

Registered Medical Practitioner with Bachelor's Degree in Medicine.

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and FM clinical skills enhancements)

8. Course Fees:

Whole course:

HK\$47,000 for members of HKCFP

HK\$94,000 for non-members

Individual Modules:	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$6,000	\$12,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$6,000	\$12,000
Module III (Structured Lectures & Seminars)	\$6,100	\$12,200
Module IV (Updates & FM Clinical Skills Enhancements)	\$5,800	\$11,600
Module V (Practical Workshops)	\$7,600	\$15,200
Examination	\$13,600	\$27,200
Administration Fee	\$5,000	\$10,000

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessments and the Final Examination.
- The Diploma is a **Quotable Qualification** of the Medical Council of Hong Kong.
- Up to 50 CME and 10 CPD credit points will also be awarded to candidates upon satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedure:

Applications are now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- A photocopy of the current Annual Practising Certificate;
- A recent photo of the applicant (passport size);
- A signed "Disclaimer of Liability";
- An administration fee for application of HK\$2,000 by crossed cheque payable to "HKCFP Education Limited". This fee is non-refundable;
- A Course Fee of HK\$47,000 (or HK\$94,000 for non-members) by crossed cheque payable to "HKCFP Education Limited". This fee is non-transferable and non-refundable.

Every successful applicant will be notified by an official letter of admission.

Information and application forms can be obtained from the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2025 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms. Alky YU at 2871 8899 for any queries.

The eligibility of candidates is subject to the final approval of the Board of Diploma in Family Medicine.

11. Application Deadline: ~~30 June 2026~~ 15 July 2026

Comments From Former DFM Graduates

- "The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops."
- "I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal."
- "There are sessions of clinical updates for updating knowledge. Module I, II & III could help improve my knowledge. Module I, II & III could improve my understanding of Family Medicine. The sessions in consultation are invaluable in improving my communication skills."

**Course syllabus and schedule may be subject to change without prior notification*

Young Doctors Committee News - 第四屆海上全科醫師論壇暨2026上海市醫師協會全科醫師分會

Dr. Woo Long Yiu, Jerry
Member, YDC, HKCFP; KWC FM&PHC

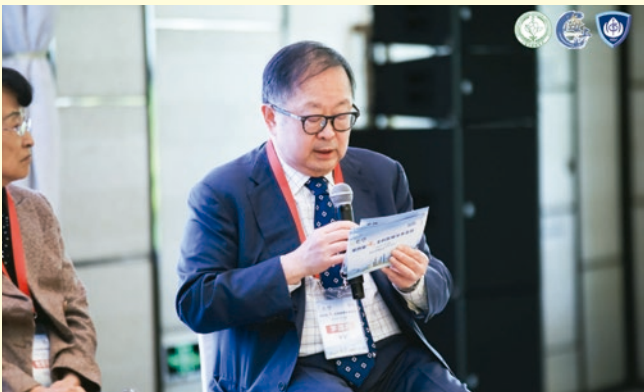
The 4th Maritime General Practitioner Forum and the 2026 Annual Meeting of the General Practitioner Branch of Shanghai Medical Doctor Association (第四屆海上全科醫師論壇暨2026上海市醫師協會全科醫師分會) recently concluded on 10th May 2026, centered on the powerful themes of "Strengthening the Roots, Empowering General Practice" (聚力基層 賦能全科). I was deeply honored to attend this event alongside the esteemed Professor Donald Li. Beyond this privilege, it was an incredibly rewarding experience to exchange innovative ideas and learn firsthand from many amazing speakers and dedicated doctors in attendance.

A major highlight of my participation was presenting at the Youth Forum, where I explored the transformative intersection of technology and healthcare. My presentation focused on how Artificial Intelligence (AI) empowers family physicians to meet modern healthcare demands. Today, family doctors face unprecedented

challenges, including escalating administrative burdens, rising patient volumes, and the complex management of chronic diseases.

To illustrate the practical benefits of technology, I shared real-world examples of AI implementation in Hong Kong. From smart triaging systems that streamline patient flow to predictive analytics for chronic disease risk assessment, these tools are already enhancing clinical efficiency on the ground.

Ultimately, AI is reshaping the role of family physicians, not by replacing the human touch, but by enhancing it. By automating routine documentation, AI frees up invaluable time for doctors. This shift allows family physicians to focus deeply on holistic, empathetic, and patient-centered care. Engaging with brilliant peers at the forum reinforced that combining technological innovation with collective medical wisdom is the true key to advancing primary care.



Professor Donald Li, moderator of the Plenary session



Dr. Woo Long Yiu, Jerry, delivering a speech at the Youth Forum



Group photo of representatives at the Closing Ceremony

2 Interesting Cases of Rare Event with Commonly Used Medicine

Case 1: Clopidogrel-Induced Insulin Autoimmune Syndrome (IAS)

Background: Mr. Chan, 79 years old, has ischaemic heart disease, hyperlipidaemia and hypertension. He did not have diabetic mellitus. His chronic oral medicine includes Clopidogrel 75mg once daily, Amlodipine 5mg once daily and atorvastatin 10mg once daily.

He was admitted to hospital for recurrent symptomatic postprandial hypoglycaemia with random plasma glucose of 1.7mmol. Investigation on cause of hypoglycaemic did not find Mr. Chan took any oral hypoglycaemic agents nor any insulin or its secretagogues. The medicine on hand were correct and there was no oral hypoglycaemic agent found at home as no family members have diabetic mellitus.

Despite not having any insulin or its secretagogues, the total insulin and C-peptide levels were found high. Further investigation found his anti-insulin antibody titer was also high. The patient was found to have HLA-DRB1*0404, a feature often reported with IAS.

Mechanism: Clopidogrel metabolizes into a compound containing a sulfhydryl group, which can disrupt insulin's disulfide bonds, triggering the production of anti-insulin antibodies. These antibodies bind to insulin to create a reservoir, then unpredictably releasing them causing hypoglycaemic.

Treatment: Clopidogrel was switched to a nonsulfhydryl antiplatelet agent, and glucocorticoid therapy was initiated then tapered over 3 months.

Lesson learnt: IAS is rare. Just a few hundred cases have been reported, with the highest prevalence in Japan (350+ cases) and China (330+ cases). However, it should be considered in the differential diagnosis of hyperinsulinaemic hypoglycemia in seemingly well individuals. Clinical suspicion of IAS, even when no drugs known to cause IAS were used, can avoid expensive imaging and unnecessary surgery in affected patients.

Case 2: Lipitor induced immune-mediated necrotizing myopathy (IMNM)

Background: Mrs. Au was diagnosed with diabetes mellitus and hyperlipidaemia in 2023. Pre-treatment liver and renal function were normal. Oral hypoglycemic agents and Atorvastatin 20mg once daily were started in Aug 2023. Post-treatment liver enzyme was normal.

Mrs. Au attended in Oct 2025 for weight loss, decreased appetite, tiredness and decreased limb power for 2 weeks. Investigation found elevated ALT at 462 u/L and serum CK level at 9498 u/L. Patient was admitted for management and muscle biopsy confirmed Lipitor induced immune-mediated necrotizing myopathy (IMNM).

Mechanism: Atorvastatin triggers an autoimmune response in producing anti-HMGCR (3-hydroxy-3-methylglutaryl-coenzyme A reductase) antibodies which cause muscle tissue damage.

Treatment: Immediate discontinuation of the statin, along with immunotherapy.

Lesson learnt: Unlike common statin-induced myalgia, Statin-induced IMNM is a rare side effect with

an incidence of 2-3 of every 100,000 patients taking statins. Patients usually present with subacute onset with progressive symmetric proximal muscle weakness and elevated CK level. Dysphagia occurs in about one-third of patients.

It is essential to discuss common or rare but important medication side effects with the patient at the time of drug initiation and to properly document this discussion in consultation note.

Although we do not recommend routine screening of serum CK for patients on statin, when a patient complains of muscle symptoms, including aches, weakness, cramps, heaviness, etc, serum CK level should be tested.

Doctors should assess patients for possible medication side effects during subsequent follow-up and document the findings (including negative findings) in consultation notes.

Compiled by Dr. Dorothy LAW

Introduction to Vestibular Rehabilitation in the Community

Dr. Tam John-Hugh, Specialist in Family Medicine
 Mr. Mak Cheuk-Hang, Registered Physiotherapist
 Ms. Kwong Wing-Yan Yannie, Registered Physiotherapist

Introduction

Dizziness is one of the most common symptoms encountered by family physicians in primary care, affecting up to 30% of adults over 65 years and contributing significantly to reduced quality of life, anxiety, falls, and sedentary behaviour.^{2,3,4} In community practice, many patients present with chronic or recurrent dizziness that impairs daily activities, yet the majority are managed without specialist referral.

Common vestibular disorders, such as benign paroxysmal positional vertigo (BPPV) and vestibular hypo-function, are frequently responsible, and evidence supports early intervention to promote central compensation. Vestibular rehabilitation (VR), an exercise-based therapy, offers a safe, effective option that can be delivered or supported in primary care, potentially reducing handicap and improving outcomes for these patients.¹



Common Causes of Dizziness and Red Flags

Dizziness in primary care encompasses a broad spectrum, often classified as vertigo (illusion of movement), pre-syncope (near-fainting), disequilibrium (imbalance), or non-specific light-headedness. The **most frequent causes are peripheral vestibular disorders**, including benign

paroxysmal positional vertigo (BPPV, the commonest cause of vertigo), vestibular neuritis/labyrinthitis, and Ménière's disease. Other contributors include cardiovascular conditions (e.g., postural hypotension, arrhythmias), adverse drug effects (particularly in the elderly), psychiatric factors (anxiety, depression), and multifactorial issues in older patients, such as sensory deficits or cervical spondylosis.

While most cases are benign, family physicians must identify **red flags** suggesting central or serious pathology, warranting urgent referral or investigation. These include sudden severe headache, focal neurological signs (e.g., diplopia, dysarthria, ataxia, cranial nerve palsies), persistent worsening symptoms, vertical nystagmus, or inability to walk. Central causes, though rare (e.g., stroke, multiple sclerosis, tumours), require exclusion, especially in acute vestibular syndrome with risk factors.

A thorough history — detailing onset, triggers, duration, associated symptoms (hearing loss, tinnitus, nausea) — and simple physical examinations (e.g., Dix-Hallpike manoeuvre & head impulse test, etc. See the next section for further elaboration) aid differentiation between peripheral and central origins.

The “HINTS” for Vertigo

To distinguish between peripheral and central pathologies of vertigo, the HINTS exam may serve as a useful foundation.

The HINTS exam (Head Impulse, Nystagmus, Test of Skew) helps doctors tell if vertigo comes from the inner ear (peripheral) or the brain (central); a peripheral HINTS exam shows an abnormal Head Impulse Test (corrective saccade), unidirectional nystagmus, and negative skew test, suggesting the inner ear is the problem, while central findings may require urgent brain imaging like an MRI. It's a bedside tool to quickly differentiate dangerous central causes (like stroke) from less severe peripheral ones (like vestibular neuritis).

This further link from University of Utah (USA), can provide further information and a video demonstration on how this can be done - <https://collections.lib.utah.edu/ark:/87278/s6bp04f0>

Treatment of Vertigo

Acute management of vertigo focuses on symptom relief and addressing the underlying cause. For BPPV, *canalith repositioning manoeuvres* (e.g., Epley for posterior canal) are highly effective, resolving symptoms in 80-90% of cases with one or two treatments.⁷ These can be performed in general practice after brief training or demonstrated to patients for self-administration.

Vestibular suppressants (e.g., prochlorperazine, betahistine) or antiemetics provide short-term relief in acute episodes but should be limited to a few days, as prolonged use hinders central compensation. In Ménière's disease, some suggest that low-salt diet and diuretics may help, while vestibular neuritis often resolves spontaneously with supportive care.

Other drug treatment that may be considered for treatment of vertigo:

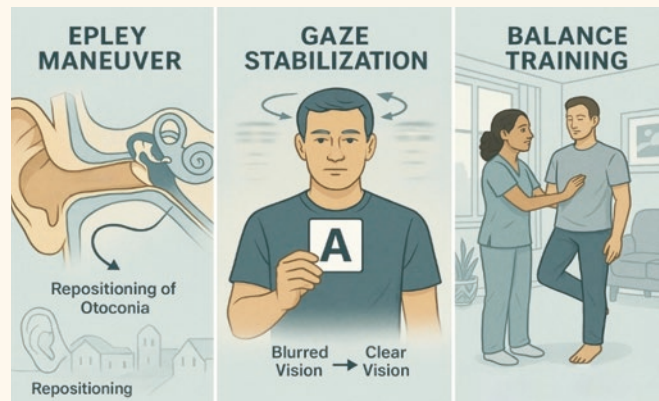
1. Corticosteroids (like prednisone or methylprednisolone) are considered for *acute vestibular neuritis (VN)* to reduce inflammation and vertigo, especially when given within the first few days, potentially improving long-term vestibular recovery, but evidence is mixed,⁸ with some studies showing significant benefits for nerve function and others finding no difference in dizziness symptoms, while carrying risks like high blood sugar or stomach upset, requiring careful consideration of timing and patient co-factors.
2. Vitamin D: Some evidence has shown links between *Vitamin D deficiency and BPPV*, with lower levels found in BPPV patients, especially those with recurrent episodes, suggesting deficiency may be a risk factor and vitamin D supplementation (often with calcium) to reduce the frequency and recurrence of BPPV. This was proposed to be due to influencing calcium crystal (otoconia) metabolism in the inner ear, though some conflicting findings exist.⁹

For *persistent or chronic vertigo*, medication alone is inadequate. Evidence shows that promoting brain adaptation through targeted exercises yields superior long-term results.

What is Vestibular Rehabilitation and How May Physiotherapists Assist Us?

Vestibular rehabilitation (VR), also known as vestibular rehabilitation therapy (VRT), is a specialised, exercise-based programme designed to alleviate dizziness, gaze instability, imbalance, and fall risk in vestibular disorders.^{2,3} It promotes central nervous system compensation by utilising remaining

vestibular function, vision, and somatosensory inputs. Unlike medications, VR addresses the root deficit, reducing both primary symptoms (vertigo, and oscillopsia - defined as "the feeling or sensation that the surrounding environment is in constant motion when it's actually not moving") and secondary issues (nausea, fatigue, anxiety, deconditioning).



Key components include:

- **Habituation exercises:** Repeated exposure to provoking movements or visual stimuli to desensitise the system.
- **Gaze stabilisation:** Exercises to improve visual focus during head movement (e.g., fixating on a target while shaking the head).
- **Balance training:** Progressive challenges to postural stability, incorporating head movements and altered sensory inputs (e.g., standing on foam with eyes closed).

For BPPV, repositioning manoeuvres form the core, often combined with habituation if residual symptoms persist.

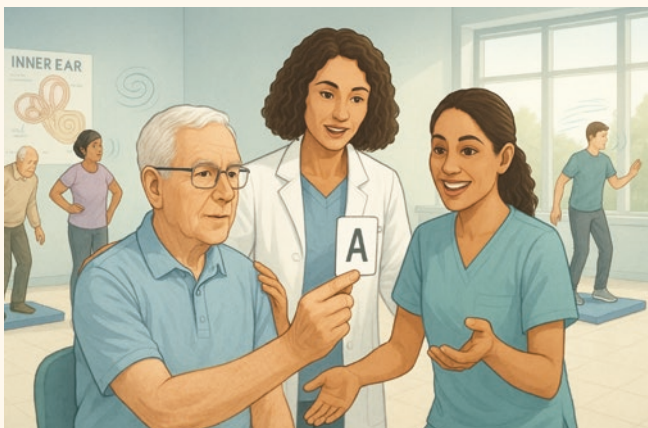


Evidence from randomised trials demonstrates VR's effectiveness: 80-85% of patients with chronic vestibular disability report symptom reduction, with improvements in balance, quality of life, and functional capacity.¹ Studies in primary care settings show nurse- or booklet-delivered VR significantly reduces dizziness handicap compared to usual care, even in older adults.^{4,6} Feasibility trials confirm

benefits when provided in the community, with low-cost options like self-management booklets or internet-based programmes yielding clinically meaningful gains.^{4,5}

Physiotherapists with vestibular training are pivotal allies for family physicians. They conduct comprehensive assessments, tailor individualised home exercise programmes, and monitor progress. In community practice, referral to physiotherapy enables early intervention, avoiding prolonged symptoms and unnecessary investigations. Collaboration—e.g., GPs performing initial repositioning and physiotherapists managing complex or chronic cases—optimises care.

Starting VR early, ensuring patient compliance through education and reassurance, and addressing comorbidities (e.g., anxiety via cognitive behavioural elements) maximise outcomes. Contraindications are rare, though fluctuating conditions (e.g., active Ménière's) may require adapted approaches.



Further Videos to Refresh Your Ideas...

For those who are interested to further refresh your ideas, here are further video links related to the topic:

- **A recap of some causes of dizziness -**
<https://www.youtube.com/watch?v=tl6A24rg3Ps>
- **Dix-Hallpike Maneuver for Vertigo -**
<https://www.youtube.com/watch?v=Ey7TILJUErY>
- **Brandt-Daroff Exercises for Dizziness or Vertigo -**
<https://www.youtube.com/watch?v=OSVkxQGY9bY>
- **Vestibular Rehabilitation Therapy for Patients -**
https://www.youtube.com/watch?v=pkA75_RWHYA
- **A Little Demonstration of Gaze Stabilisation -**
For colleagues who wish to teach patients with unilateral vestibular dysfunction who are experiencing oscillopsia, this exercise is easy to learn and teach -
<https://www.youtube.com/shorts/cO-V-i-aBro>

Conclusion

Vestibular rehabilitation represents a transformative, evidence-based intervention for managing dizziness in the community, shifting from symptomatic suppression to active recovery. By recognising common peripheral causes, excluding red flags, and promptly treating conditions like BPPV, family physicians can alleviate much suffering. Partnering with physiotherapists to deliver tailored VR programmes offers accessible, effective care that reduces symptoms, restores confidence, and prevents falls. Integrating VR into primary care pathways empowers patients, decreases specialist referrals, and enhances quality of life for this prevalent, often debilitating complaint.



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Board of Vocational Training and Standards News

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to submit the 'Application Form for the Certification of Completion of Basic Training in Family Medicine' and the **original copy** of your training logbook to BVTS for certification of completion of training within 3 months upon the completion date. If the training logbook is incomplete after review by BVTS, you should complete the training process within 6 months upon the completion date and the completion date of training will only be counted from the time all required documents are handed in to complete the certification and **basic training fee of next year will be charged**.

The above information has already been stated in the IMPORTANT NOTICE.

Should you have any inquiries, please contact Ms. Hannah LOK or Ms. Kathy LAI at 2871 8899.

Board of Vocational Training and Standards

The Diary of a Family Doctor【家庭醫生的日常】

陪着你走

蔡雄宇醫生

陳女士恆常來到家庭醫學診所取血壓及膽固醇藥，最近的化驗報告及家中的血壓都正常。上一次的診症紀錄指陳女士與丈夫居住，育有兩子一女都已搬出，近兩年都留在家中甚少外出。見她笑容親切，醫生不經意的一句慰問卻引來軒然大波。

醫生：「你最近身體都幾好啲，先生幾好嗎？」

陳女士沉默不作聲，眼眶已經紅透，哭得泣不成聲。醫生遞上紙巾，接着是三分鐘都被哭聲佔據了，陳女士終於開口。

陳女士：「我老公.....佢.....係一個.....好好的先生。佢大我十年，兩年前佢因為跌親腦出血就走左。佢好鍾意去旅行，每次都係同我去，而家我都無晒心機，街都唔想出。」斷斷續續的對話都因哭聲而被迫停頓。

醫生：「走得咁突然，你仲係好掛住佢啊，係唔係？」

陳女士：「係啊，都唔知點解佢一生人都做好事，又咁好人，都會就咁就走左。」

邊說着，陳女士就拿出錢包裏丈夫年輕時的照片給醫生看，亦有結婚照及家庭照，淚留滿臉，喉嚨哽咽。

醫生：「你老公真係好靚仔啲，你都係配得上佢的美女！」

說着說着之後幾次的診症，每當提及到丈夫的時候都會發生同樣的事，重覆着相同的對白。

陳女士：「都唔知點解佢一生人都做好事，又咁好人，都會就咁就走左。」

醫生：「係啊，生命有好多野都唔知點解。你掛住佢的時候會做咩架？」

陳女士：「呢副眼鏡就係佢戴開的，我日日都戴住。我會擺返電話的相出黎睇，又會開始喊，仔女成日叫我收聲，話我再咁落去就會變精神病。」

醫生：「掛住老公好正常，你地咁恩愛，三十幾年的甜蜜模範夫婦，點會可以話放低就放低。不過我相信你先生都想見到你可以開心生活，不如你戴住呢副眼鏡，繼續同你的老公一齊望下呢個世界。」

半年後，陳女士終於跟表妹去了日本，當然戴上丈夫的眼鏡一同去。以後的診症室似乎少了哭聲，少了一份孤單。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Options of College Souvenirs or Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: FPLinks@hkcfp.org.hk

Meeting Highlights

Certificate Course in ENT for Primary Care Doctors 2026

3rd session on 16 May 2026

Dr. TO Wing Hei, Zion, Specialist in Otorhinolaryngology, delivered a lecture on “Snoring and Sore Throat”; Dr. CHEUNG Kwan Ling, Specialist in Otorhinolaryngology, delivered a lecture on “Hoarseness” and Dr. Ronald LAI, Specialist in Otorhinolaryngology, delivered a lecture on “Globus and Swallowing Disorders”



Dr. CHOW Kam Fai (left, Moderator) presenting a souvenir to Dr. TO Wing Hei, Zion (right, Speaker).



Dr. CHOW Kam Fai (left, Moderator) presenting a souvenir to Dr. CHEUNG Kwan Ling (right, Speaker).



Dr. CHOW Kam Fai (left, Moderator) presenting a souvenir to Dr. Ronald LAI (right, Speaker).

4th session on 6 June 2026

Dr. YEUNG Wing Chi Zenon, Specialist in Otorhinolaryngology, delivered a lecture on “Neck Mass”; Dr. NG Siu Kwan, Specialist in Otorhinolaryngology, delivered a lecture on “Salivary Gland Diseases” and Dr. WONG Wai Yeung Eddy, Specialist in Otorhinolaryngology, delivered a lecture on “Update on NPC Screening and Diagnosis”.



Dr. CHAN Chi Wai, Edmond (left, Moderator) presenting a souvenir to Dr. YEUNG Wing Chi Zenon (right, Speaker).



Dr. CHAN Chi Wai, Edmond (left, Moderator) presenting a souvenir to Dr. NG Siu Kwan (right, Speaker).



Dr. CHAN Chi Wai, Edmond (left, Moderator) presenting a souvenir to Dr. WONG Wai Yeung Eddy (right, Speaker).

READERSHIP DRIVE

FP LINKS

need your views about its role as the newsletter of College!



Share your thoughts



Selected returns would be published in FP Links and gift vouchers would be given as token of appreciation.

You can also access the Google form through the link, in addition to the QR code.

<https://forms.gle/KmZwgYpzB3F977Mi8>

FP Links also need your support through submissions to our various columns:

Feature / **Family Doctors Column** / **News Corner** / **The Diary of a Family Doctor** / **After Hours**

If articles are selected for publication, Options of College Souvenirs or Gift vouchers will also be given as token of appreciation



香港家庭醫學學院
THE HONG KONG COLLEGE OF FAMILY PHYSICIANS
BOARD OF EDUCATION

Certificate Course on Management of Common Skin Problems in General Practice

A series of seminars on common skin problems are arranged for family medicine trainees and primary care doctors. The objectives of these seminars are to enhance members' knowledge on the diagnosis, assessment and management of the common dermatological conditions that are encountered in community practice and to identify dermatological conditions that need specialist care for referral etc. The certificate course would be equivalent to part A of the interactive dermatology training for basic trainees.

- Date** : **(Face-to-face Only)** : 11 July, 1 August and 8 August 2026 (All Saturdays)
(Online Only) : 18 & 25 July (All Saturdays)
- Time** : (11 July & 18 July, 1 August & 8 August) 2:30 p.m. – 5:30 p.m.
(25 July) 3:00 p.m. – 6:00 p.m.
- Venue** : **(Face-to-face)** Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong
(Online) Using zoom webinar platform
- Accreditation** : HKCFP : 3 CME Points for each session (Cat 4.4)
MCHK : 3 CME Points for each session (pending)
- Language** : Mainly English (Cantonese when required)
- Capacity** : 100 participants. **Priority would be given to FM basic trainees.**
- Course Fee** : **Full course:**
Member : HK\$1,500.00
Non-member : HK\$3,000.00
For a single session:
Member : HK\$400.00
Non-member : HK\$800.00
(All fees received are non-refundable nor transferable.)

Registration
QR Code



- Payment Method** : ➤ **By cheque**
Cheque should be made payable to "HKCFP Education Limited" and return to the secretariat office for processing:
The Hong Kong College of Family Physicians
Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK
➤ **By FPS (For local transaction only)**. Can pay through **online banking**
Secretarial staff would further email you once the e-debit note with payment details is ready.

Certificate : An "e-Certificate of Attendance" would be awarded to those who have attended 4 sessions or more under Board of Education, HKCFP.

- Remarks** : **Face-to-face Mode**
◇ Participants attending in face-to-face mode are required to sign the attendance sheets on the spot.
- Online Mode**
◇ Participants attending online sessions(s) are required to
(1) attend a minimum of 75% of the length of each online lecture,
(2) complete a post-lecture evaluation / questions within 7 days from the lecture date for HKCFP & MCHK accreditation.

Programme

Dates	Topics	Speakers	Format	Venue
11 Jul 2026	<ul style="list-style-type: none"> ◆ Psoriasis and psoriasisform disorders ◆ Bullous disorders of the skin ◆ Hair, nail, sebaceous, sweat and apocrine glands problems 	Dr. Lee Tze Yuen <i>Specialist in Dermatology & Venereology</i>	Face-to-face	Wan Chai
18 Jul 2026	<ul style="list-style-type: none"> ◆ Common paediatric skin problems ◆ Pigmentary disorders ◆ Common clinic procedures (e.g. skin scrapings for microscopy, skin biopsy, cryotherapy, skin testing for allergy, dermoscopy etc.) ◆ Introduction to phototherapy and laser treatment 	Dr. Luk Chi Kong, David <i>Specialist in Paediatrics</i>	Online	
25 Jul 2026	<ul style="list-style-type: none"> ◆ Benign skin lumps and conditions: seborrheic keratosis, hypertrophic scar, keloid, pyogenic granuloma etc.) ◆ Common skin cancers ◆ Cutaneous manifestations of systemic diseases 	Dr. Au Chi Sum <i>Specialist in Dermatology & Venereology</i>	Online	
1 Aug 2026	<ul style="list-style-type: none"> ◆ Drug eruption and urticaria ◆ Common fungal disorders and infestation of the skin ◆ Common viral and bacterial disorders of the skin 	Dr. Wong Sze Man <i>Specialist in Dermatology & Venereology</i>	Face-to-face	Wan Chai
8 Aug 2026	<ul style="list-style-type: none"> ◆ Eczema and contact dermatitis ◆ Pityriasis rosea and lichen planus ◆ Acne 	Dr. Chan Yung <i>Specialist in Dermatology & Venereology</i>	Face-to-face	Wan Chai

Please register via the registration link to be sent by email later or scan the QR code above. For enquiry, please contact Ms. Minny Fung by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes:

1. Confirmation would be sent upon completion of registration online and receipt of the course fee.
2. In case of over-subscription, the organiser reserves the right of final decision to accept registration.

BOARD OF EDUCATION NEWS

- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please ensure appropriate dress code to the hotel for the Scientific Meeting.

Online Seminar

Date and Time	Topic	Speaker	Moderator
4 July (Sat) 2:00 – 3:30 p.m.	Online Dermatology Seminar: Trainees Dermatology Cases Presentation <i>Organized by Interest Group in Dermatology</i>	FM Trainees	Dr. LAM Wing Wo

Face-to-face Event

Date and Time	Venue	Topic	Speaker
19 July (Sun) 9:30 a.m. – 12:00 p.m. (Registration will begin at 9:00 a.m.; A takeaway lunch box will be provided after the lecture)	Grand Ballroom, 3/F, Sheraton Hong Kong Hotel & Towers, 20 Nathan Road, Tsim Sha Tsui, Kowloon	Sunday Symposium 1. From CGM Data to Patient Engagement 2. Translating AGP into Clinical Decisions 3. Open Forum: Practical Challenges & Peer Exchange <i>Sponsored by Abbott Laboratories Ltd</i> <i>Presentations will be conducted in both Cantonese and English.</i>	1. Dr. CHEUNG Kwok Wai <i>General Practitioner</i> 2. Dr. WONG Cheuk Lik <i>Specialist in Endocrinology, Diabetes and Metabolism</i> 3. All Speakers



Admission Fee:

4 July 2026 (Sat) Members: Non – members:	Complimentary HK\$ 100.00
19 July 2026 (Sun) College Fellow, Full, or Associate Members: Other Categories of Members: Non – members:	Complimentary *(\$50 Enrollment deposit is required) HK\$ 750.00 HK\$ 850.00

* Enrollment deposit of HK\$50.00 per lecture is needed for CME event held in hotel. Cheque should be made payable to "HKCFP Education Limited" and sent to the Secretariat Office at "Room 803-4, 8/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong". The cheque would be returned to registered member upon registration on the day of the event.

Pre-registration is required and subject to receipt of enrollment deposit cheque in order to confirm the registration.

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Accreditation

4 Jul	: 2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK (pending) Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
19 Jul	: 3 CME Points HKCFP (Cat. 4.3) 3 CME Points MCHK (pending) Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

Online Monthly Video Sessions

Dates and Time	Topics
26 June 2026 (Fri) 2:30 – 3:30 p.m.	"A Holistic Approach to Migraine Management: Integrating Diagnosis and Breakthrough Therapies" by Dr. LEE Chi Nam
31 July 2026 (Fri) 2:30 – 3:30 p.m.	"Management of Asthma in Primary Care" by Dr. MOK Yun Wing, Thomas

QR Codes for registration



Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session

For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny FUNG by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes :

Online Events
<ol style="list-style-type: none"> In case of over-subscription, the organizer reserves the right of final decision to accept registration. The link to join the webinar SHOULD NOT be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture. Please note you can just attend ONE CME activity at a time. If you are found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s). Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee. Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required) Please be reminded to check the system requirements beforehand to avoid any connection issues. Due to copyright issue, please note private recording of the lecture is prohibited. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Thursday, 02 July 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Applying Family Medicine Principles for Cancer Survivorship Dr. LAU Shi Wa, Dr. YAP Tsun Hee	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 08 July 2026			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Vocational Training Program for Family Medicine in Hong Kong Dr. FONG Lok Ki	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Introduction of Family Medicine Dr. HO Ka Ming, Ken	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Men's Health & Erectile Dysfunction Dr. FAN Yu Yan, Sally	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Introduction of FM Development Dr. LEUNG Shuk Yun	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	DM Patient with DKD and CVD Comorbidities Prof. LUI Tak Wai, David	Ms. Cherry WONG Tel: 2589 2337
Thursday, 09 July 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Suicide Prevention Across the Lifespan: Clinical Assessment & Management Dr. LEE Hsin Yi, Dr. CHAN Ham	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 15 July 2026			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Introduction and Application of Family Medicine Principles Dr. CHAN Ho Shuen	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Community Resources: Alternative Medicine and Traditional Chinese Medicine Dr. KOO Ho Tun, Dr. CHEUNG Hang Lam	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Health Care Delivery System in China Dr. WANG Luqian, Lucy	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Training and Principle of Family Medicine Dr. NG Tze King, Peter	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Primary Palliative Care Dr. LAI Sum Yin, Dr. TAM Yat Hung	Ms. Cherry WONG Tel: 2589 2337
Thursday, 16 July 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Managing Chronic Kidney Disease in Primary Care - Shared Care Model Dr. LEE Jian Yi, Dr. CHEUK Tat Sang	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 22 July 2026			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Professionalism and Boundary Issues in Primary Care Dr. CHEUNG Hoi Man	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	1. Bereavement, Grief and Resilience 2. Palliative Care in Family Medicine Clinic Dr. WONG Ho Sum, Dr. ZHU Yin	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Family Life Cycle Dr. CHEN Shaokai	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Chronic Pelvic Pain Dr. CHENG Yuet Kiu, Ada, Dr. WONG Ka Yan, Judy, Dr. ZHENG Qiqi	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Management of Adult Patients with Chronic Hepatitis B in Primary Care Dr. TSUI Wai Man Vivien	Ms. Cherry WONG Tel: 2589 2337
Thursday, 23 July 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Privacy and Confidentiality in the Digital Age Dr. CHAN Lai Yung, Dr. FAN Siu Wai	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 29 July 2026			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Managing Anemia in Primary Care - Beyond Iron Deficiency Dr. TAM Tsz On	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Health Care Delivery System in China (Opportunity for Doctor to Practice in China) Dr. CHENG Tsz Wai, Sam, Dr. WANG Yuchen	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Clinical Approaches to Manage Psychosocial Problems of Carers of Patients with Chronic Illnesses Dr. LAM Cynthia	Ms. Milky CHAN Tel: 2753 8109
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Antenatal Care and Early Pregnancy Complications Dr. LIU Lok Wan Christy	Ms. Cherry WONG Tel: 2589 2337
Thursday, 30 July 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Current Management of Dysmenorrhea, Vaginal Discharge, and AUB Dr. CHAN Cheuk Sing, Dr. LAM Kang	Ms. Eliza CHAN Tel: 2468 6813

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 Jun	22	23 8:00 – 10:00 p.m. Board of Conjoint Exam Meeting	24 2:30 – 7:00 p.m. Structured Education Programme	25 4:00 – 6:00 p.m. Structured Education Programme	26 2:30 – 3:30 p.m. Online Video Session 7:00 – 8:30 p.m. HKPCC 2026	27 1:30 – 8:30 p.m. HKPCC 2026
28 9:00 a.m. – 3:30 p.m. HKPCC 2026 4:00 p.m. HKCFP Conferment Ceremony	29	30	1 Jul	2 4:00 – 6:00 p.m. Structured Education Programme	3	4 2:00 – 3:30 p.m. Interest Group in Dermatology
5	6	7	8 2:30 – 7:00 p.m. Structured Education Programme	9 4:00 – 6:00 p.m. Structured Education Programme	10	11 2:30 – 5:30 p.m. Certificate Course on Management of Common Skin Problems in General Practice
12	13	14	15 2:30 – 7:00 p.m. Structured Education Programme	16 4:00 – 6:00 p.m. Structured Education Programme 8:30 – 11:30 p.m. HKCFP Council Meeting	17	18 2:30 – 5:30 p.m. Certificate Course on Management of Common Skin Problems in General Practice
19 9:30 a.m. – 12:00 n.n. CME Lecture	20	21	22 2:30 – 7:00 p.m. Structured Education Programme	23 4:00 – 6:00 p.m. Structured Education Programme 8:00 – 10:00 p.m. Board of Conjoint Exam Meeting	24 8:00 p.m. DFM Introductory Seminar	25 3:00 – 6:00 p.m. Certificate Course on Management of Common Skin Problems in General Practice
26	27	28	29 2:30 – 7:00 p.m. Structured Education Programme	30 4:00 – 6:00 p.m. Structured Education Programme	31 2:30 – 3:30 p.m. Online Video Session	1 Aug 2:30 – 5:30 p.m. Certificate Course on Management of Common Skin Problems in General Practice

FP LINKS EDITORIAL BOARD

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities



家庭醫生共聯繫 守護身心最到位

4th row (from left to right) : Dr. Patrick Tsai, Dr. Raymond Yeung, Dr. Chan Man Li, Dr. Alvin Chan, Dr. Alfred Kwong, Dr. Eva Tsui, Dr. Wanmie Leung
3rd row (from left to right) : Dr. Dorothy Law, Dr. Heidi Fung, Dr. Christina Cheuk, Dr. Tam John Hugh, Dr. Rebecca Hou, Dr. Yip Tze Hung, Dr. Cheryl Chan
2nd row (from left to right) : Dr. Gavin Sin, Dr. King Chan, Dr. Will Leung, Prof. Martin Wong, Dr. Sze Hon Ho, Dr. David Cheng, Dr. John Wu
1st row (from left to right) : Dr. Maria Leung, Dr. Anita Fan, Dr. Judy Cheng, Dr. Wendy Tsui, Dr. Catherine Ng, Dr. Natalie Siu

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The Hong Kong College of Family Physicians

Room 803-4, 8th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

@ hkcfp@hkcfp.org.hk



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