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Message from the President

Many congratulations to our newly conferred Conjoint Fellows, successful candidates of the Exit Examination and those of Diploma in Family Medicine for their great achievements over the years! Their hard work and dedication have been duly recognised in the 39th Fellowship Conferment and Diploma Presentation Ceremony, and the 36th Dr. Sun Yat Sen Oration on 28th June, 2026 at the Hong Kong Academy of Medicine Building. Great gratitude must go to the family members and friends who have provided continuing support to all the successful candidates.

This year, I have the great honour of welcoming the President of the Royal Australian College of General Practitioners, Dr. Michael WRIGHT, from Sydney, Australia to attend our Conjoint Fellowship Conferment Ceremony and Dr. Sun Yat Sen Oration. Dr. WRIGHT is also our Orator for 2026 and the title of his oration was, "The future health system: the megatrends shaping primary care". The Hong Kong College of Family Physicians (HKCFP) and the Royal Australian College of General Practitioners (RACGP) have been partnering on training, education and assessments of our Fellows and Members since 1986. Dr. WRIGHT and I deliberated and agreed on further strengthening the collaborations between our two Colleges. Once again, I would like to thank Dr. WRIGHT and the RACGP for their collegiality and continuing support of our College work.

Dr. Michael WRIGHT is a practicing GP, health economist, and health services researcher. He also serves as an Associate Professor at the University of New South Wales alongside of his leadership role

as the President of the RACGP. His dual background in medicine and health economics positions him as a strong advocate for primary care reform, focusing on system sustainability, health funding, and the value of continuous general practice care. With his many contributions towards primary care research, policies, and reform over the years, Dr. WRIGHT has been awarded Honorary Fellowship of HKCFP in 2026 during the Conferment Ceremony.



Dr. David CHAO delivering the welcoming speech at Conjoint Fellowship Conferment Ceremony



Dr. David CHAO, President of HKCFP (left) with Dr. Michael WRIGHT, President of RACGP (right)

(Continued on page 2)

MESSAGE FROM THE PRESIDENT

(Continued from page 1)



Dr. David CHAO (left) presenting the Honorary Fellowship certificate to Dr. Michael WRIGHT (right)



Dr. David CHAO (left) with Dr. Yaya HUANG (right)

The Hong Kong Primary Care Conference (HKPCC) 2026, entitled “Overcoming Challenges for Sustainable Primary Care: Innovation, Collaboration and Leadership”, has been hosted successfully from 26th to 28th June 2026 at the Hong Kong Academy of Medicine Jockey Club Building. This important annual scientific event for primary care clinicians, nurses, and allied health professionals, has been well attended by all to share their insights on enhancing the primary care service delivery and primary care research. We are extremely grateful to have government officials, many renowned local and international experts, family doctors, nurses, allied health professionals, and other primary care providers to share their expertise and experiences with us. Many thanks again to all your active participation and support! Heartfelt thanks also go to the Organising Committee led by Dr. Lorna NG and the College secretariat led by Ms. Erica SO and Ms. Teresa LIU for their tremendous work.



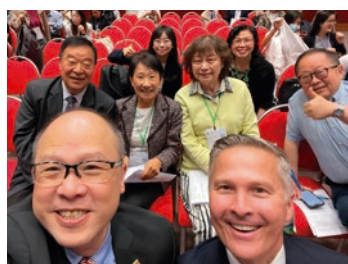
Ribbon Cutting Ceremony in HKPCC 2026



Dr. David CHAO delivering the welcoming speech in HKPCC 2026



(from left to right) Dr. David CHAO, Dr. Libby LEE and Dr. PANG Fei Chau



(from left to right) 1st row: Dr. David CHAO, Dr. Michael WRIGHT; 2nd row: Prof. LIANG Wannian, Prof. Cindy LAM, Prof. ZHU Shanzhu, Prof. Donald LI; 3rd row: Ms. ZHU Hanyu, Dr. ZHANG Danxia



(from left to right) Prof. Cindy LAM, Dr. David CHAO and Dr. Michael WRIGHT



(from left to right) Dr. Farah Aishah Binti HAMDAN, Prof. Cindy LAM, Prof. LIANG Wannian, Prof. WANG Yongchen, Dr. David CHAO, Prof. Donald LI, Dr. WONG In, Dr. WONG Tien Hua, Dr. Michael WRIGHT, Prof. ZHU Shanzhu



(from left to right) Prof. Donald LI, Dr. Cecilia FAN, Dr. David CHAO and Dr. Michael WRIGHT

The RACGP's annual conference, GP26, is to take place in Adelaide from 20th to 22nd November, 2026, at the Adelaide Convention Centre, South Australia. It is the flagship annual conference of RACGP and it promises a great opportunity for continuing professional development for GPs in Australia and beyond. Please do mark your diary for the conference.

Dr. David V K CHAO
President

HKCFP Family Medicine Boot Camp 2026



To : 2026 Newly Enrolled Basic Trainees

Date : 13 September 2026 (Sunday)

Time : 14:30 to 16:30

Venue : Banquet Room 1-2, 3/F, HKAM JC Building,
99 Wong Chuk Hang Road,
Aberdeen, Hong Kong

Organiser : Young Doctors Committee,
The Hong Kong College of Family Physicians

Content : 1. Ice-breaking Games
2. Survival Tips for FM trainees
3. Introduction to Mentorship Programme
4. Light Refreshments



PLEASE JOIN US
Register for
this exciting event via
scanning the QR code before
30 August 2026 (Sunday)



For enquiry, please contact
Ms Nana CHOY or Ms Kathy LAI at
2871 8899 or via email at
ydc@hkcfp.org.hk.

The 39th Hong Kong College of Family Physicians Conferment Ceremony and the 36th Dr. Sun Yat Sen Oration

Dr. Welchie KO

Chairman, Internal Affairs Committee, HKCFP

The 39th Fellowship Conferment Ceremony of the Hong Kong College of Family Physicians (HKCFP) and the 36th Dr. Sun Yat Sen Oration were successfully held on Sunday, 28 June 2026, at the Hong Kong Academy of Medicine Building in Wong Chuk Hang.

As one of the most important events of the College, we were honoured by the presence of government officials, representatives from universities, sister colleges from overseas, the Hong Kong Academy of Medicine, and local specialty colleges who participated in celebrating the joyful success of our Conjoint Fellows and our successful candidates in the Exit Examination and Diploma in Family Medicine (DFM) on this auspicious occasion.

The ceremony was officially opened by our College President, Dr. David CHAO, after the introduction of the Official Platform Party made by our Public Orator, Dr. Emily TSE. Dr. Michael WRIGHT, President of the Royal Australian College of General Practitioners (RACGP), also represented our Australian sister college to give a welcoming speech and confer the new Fellows of RACGP.

This year, 34 doctors were conferred as HKCFP Fellows, and 24 doctors were conferred as RACGP International Conjoint Fellows; 19 doctors were awarded the Exit Examination Certificate. Congratulations and a warm welcome to all of them for joining our family as fellows and specialists in Family Medicine. Additionally, 29 doctors were awarded the Diploma in Family Medicine. The presentation of various awards in academic and research areas followed. The ceremony was concluded by Dr. Michael WRIGHT, President of the Royal Australian College of General Practitioners; and Associate Professor of the International Centre for Future Health Systems of University of New South Wales, Australia, who delivered the inspiring 36th Dr. Sun Yat Sen Oration titled "The Future Health System and the Megatrends Shaping Family Medicine".

All of these would not have been possible without the most efficient secretariat support led by Ms. Erica SO, especially with the contributions from Ms. Teresa LIU, Ms. Windy LAU, and Ms. Alky YU, and a tremendous team of helpers to ensure the smooth running of the occasion. This includes the Coordinator, Dr. Edmond CHAN; the Marshalling Officers, Dr. Thomas DAO, Dr. David CHENG, Dr. Christina CHEUK, and Dr. Matthew LAM; and the Ushers, Dr. Jason CHAN and Dr. Stephen CHOU. We would like to thank all the new fellows, diplomates, awardees, and college officials who stayed behind for the group photo session after the ceremony.



Dr. Welchie KO (4th from the left), Dr. LAU Ho Lim (5th from the left), Dr. David CHAO (6th from the left) and Dr. Michael WRIGHT (5th from the right) taking a group photo with Conferment helpers

From left to right: Dr. Matthew LAM, Dr. Jason CHAN, Dr. Edmond CHAN, Dr. Welchie KO, Dr. LAU Ho Lim, Dr. David CHAO, Dr. Michael WRIGHT, Dr. Thomas DAO, Dr. Stephen CHOU, Dr. David CHENG and Dr. Christina CHEUK

Diploma Presentation Ceremony 2026



Dr. Cecilia FAN, Under Secretary for Health, Health Bureau (left) with Dr. David CHAO, President of HKCFP (right)

Diploma Presentation Ceremony 2026



Dr. David CHAO, President of HKCFP (left) with Dr. Michael WRIGHT, President of RACGP (right)



Dr. David LAM (left) with Dr. David CHAO (right)



Dr. LO Iek Long (left) with Prof. Philip LI (right)



From left to right: Dr. LEI Chin Ion, Dr. LO Iek Long, Dr. Stephen FOO, Prof. Philip CHIU, Dr. Ronald LAM, Dr. David CHAO, Prof. Philip LI, Dr. Loletta SO, Prof. Samuel WONG, Dr. WONG In, Dr. LEUNG Wai Keung



Dr. Maria LEUNG (left) with Prof. Philip LI (right)



From left to right: Dr. LAU Ho Lim, Dr. Cecilia FAN, Dr. David CHAO, Dr. Catherine CHEN, Dr. Steven WONG



From left to right: Dr. LEI Chin Ion, Dr. David LAM, Dr. LO Iek Long, Dr. David CHAO, Prof. Philip LI, Dr. Michael WRIGHT, Dr. Stephen FOO, Dr. CHEANG Seng Ip



From left to right: Dr. FONG Hou Meng, Dr. CHEANG Seng Ip, Dr. LEI Chin Ion, Dr. LO Iek Long, Dr. David CHAO, Dr. Michael WRIGHT, Dr. WONG In, Dr. LAM Kuo, Dr. Stephen FOO, Dr. LOK Mei Kun



From left to right: Dr. CHEUNG Hon Ming, Prof. LEUNG Wai Keung, Dr. KWAN Hoi Yee, Dr. MAK Siu Ming, Dr. David CHAO, Dr. Stephen FOO, Dr. Steven WONG, Dr. Peggy CHU, Dr. LEUNG Tse Ngong, Dr. Michael WRIGHT

PHOTO GALLERY



From left to right: Dr. Angus CHAN, Dr. Danny LEE, Dr. David CHAO, Dr. Stephen FOO, Prof. Cindy LAM, Dr. LEUNG Tse Ngong



Platform & procession guests taking a group photo



Platform, procession and VIP guests taking a group photo



Dr. Loletta SO (left) with Dr. Catherine CHEN (right)



Dr. Esther YU (left) with Dr. David CHAO (right)



Dr. Wendy TSUI (left) with Dr. Matthew LUK (right)



Dr. Peggy CHU (left) with Dr. LEUNG Tse Ngong (right)



Dr. Louis LUI (left) with Dr. Cecilia FAN (middle) and Dr. Sunny LUK (right)



From left to right: Dr. YIU Yuk Kwan, Dr. Christina CHEUK, Dr. Jason CHAN, Dr. Thomas DAO and Dr. Edmond CHAN



Dr. Jack KO (left) with Dr. King CHAN (right)



Dr. King CHAN (left) with Dr. Lorna NG (middle) and Dr. Wendy TSUI (right)



Dr. Allan NGAN (left) with Dr. Lorna NG (middle) and Dr. Simon AU (right)



Dr. Emily TSE, the Public Orator, introducing the platform guests on stage



Group photo of platform guests taken on stage



Dr. David CHAO delivering the welcoming speech on behalf of HKCFP



Dr. Michael WRIGHT addressing the congregation on behalf of RACGP



Dr. David CHAO (left) presenting the Honorary Fellowship certificate to Dr. Michael WRIGHT (right)



Dr. NGAI Stanley Hiu On (left) receiving the Dr. Peter C. Y. LEE Best Candidate Award in Fellowship Examination 2025 from Dr. David CHAO (right)



Dr. WONG Chun Hun Jonathan (left) receiving the Outstanding Candidate Award in Exit Examination 2026 from Dr. David CHAO (right)



Dr. CHEUNG Tsz King (left) receiving the Best Research Award 2025 from Dr. David CHAO (right)



Dr. LAI Ge Woon Gevon (left) receiving the Best Trainee Research Award 2025 from Dr. David CHAO (right)



Dr. YU Yi Fung (left) receiving the Best Trainee Research Award 2025 - 1st Runner Up from Dr. David CHAO (right)



Dr. Daniel POON (left) receiving the Research Fellowship Award 2026 from Dr. David CHAO (right)



Dr. Michael WRIGHT, delivering the 36th Dr. Sun Yat Sen Oration



Dr. David CHAO (left) presenting the Dr. Sun Yat Sen Oration gold medallion to Dr. Michael WRIGHT (right)



Dr. LO Iek Long (5th from the left) and other guests from Macau taking a group photo with DFM graduates from Macau



Dr. Welchie KO (3rd from the right), Dr. Wendy TSUI (3rd from the left) and Dr. Marcus WONG (4th from the left) taking a group photo with graduates, colleagues and VIP guest from the Hong Kong Island cluster



Dr. Jack KO (6th from the left), Dr. LI Yim Chu (5th from the left), Dr. King CHAN (5th from the right), Dr. Catherine CHEN (4th from the left), Dr. Lorna NG (3rd from the left) and Dr. Ken HO (4th from the right) taking a group photo with graduates from the Kowloon Central cluster



Dr. Edmond CHAN (6th from the left), Dr. YIU Yuk Kwan (4th from the right) and Dr. Peter Anthony FOK (6th from the right) taking a group photo with graduates, research winner and colleagues from the Kowloon West Cluster



Dr. Loletta SO (4th from the left) and Dr. Matthew LUK (1st from the left) taking a group photo with guest and graduates from the Kowloon East cluster



Dr. NG Yeung Shing (3rd from the left) and Dr. Jason CHAN (2nd from the right) taking a group photo with graduates from the New Territories West cluster



Dr. LEUNG Shuk Yun (6th from the left), Dr. Maria LEUNG (5th from the left), Prof. Samuel WONG (5th from the right) and Dr. NGAN Po Lun (1st from the right) taking a group photo with graduates, research winner and colleague from the New Territories East cluster



Council members and VIP guests taking a group photo with new FHKCFP & ICFRACGP



Council members and VIP guests taking a group photo with DFM graduates



Council members and VIP guests taking a group photo with Exit graduates



Council members and VIP guests taking a group photo with all graduates

Point-of-Care Ultrasound in the Evaluation of Obstructive Nephropathy — A Case Report with Obstruction in an Unexpected Location

Dr. NG Kwok Fai, Dr. CHAN Kin Wai

Family Medicine and Primary Health Care Department, Kowloon West Cluster, Hospital Authority

Impaired kidney function is frequently seen in primary care. Obstructive nephropathy is one of the common causes of impaired renal function, which occurs when increased pressure in the urinary tract reduces perfusion to the kidneys, leading to ischemic damage. While urinary stones (calculus) are frequent causes of urinary obstructions, other non-stone pathologies may also be the culprit. Although KUB (Kidney-Ureter-Bladder) X-ray can identify up to 90% of urinary stones with AI assistance, KUB imaging cannot detect non-calculus obstructions, which makes diagnosing obstructive nephropathy more challenging. In primary care, this limitation can be addressed by using Point-of-care Ultrasound (POCUS). In this report, we present a case of non-calculus obstruction occurring at an unusual location of the urinary tract.

A 77-year-old man received follow-up for his hypertension and chronic kidney disease at our clinic. His last renal function test in February 2025 showed eGFR 52 mL/min/1.73m², which was slowly downtrend from the prior eGFR of 63mL/min/1.73m² in June 2021. His urine protein-creatinine ratio was within normal range. There was no dysuria, hematuria or loin pain reported.

POCUS was performed in March 2025. There was reduced cortico-medullary differentiation over both kidneys, while no urinary stones were noted. It was also noted that the left renal pelvis appeared prominent (**picture 1**).

CT urogram was performed and confirmed that the left distal ureter was dilated with the rest of the left ureter appearing more prominent in calibre than the right ureter which extended to the left renal pelvis (**picture 2**). The CT scan showed no gross left hydronephrosis nor urinary stone. Notably, the

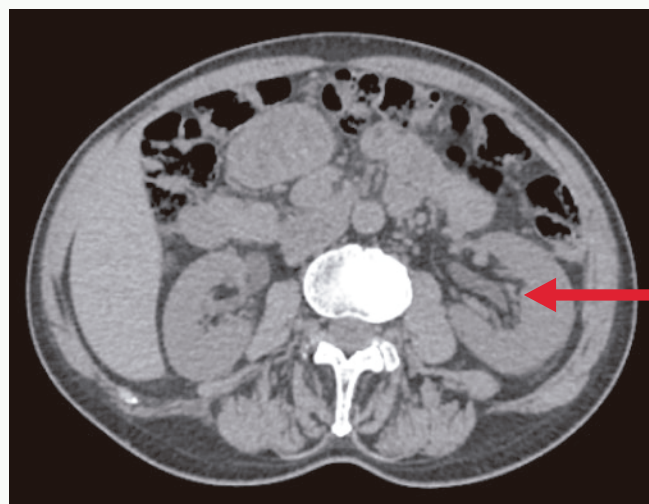
CT scan also found a closely adjacent suspicious soft tissue mass at the left side of rectum at ischial fossa, posterior to the left seminal vesicle (**picture 3**).

Upon assessment by urologist in May 2025, there was no palpable mass on PR examination. PSA was checked to be 3.32 ug/L. He was referred to surgeons for further investigation of the suspected ischial rectal fossa mass.

Picture 1. Prominent left renal pelvis with AP diameter 10mm on the transverse scan (TS).



Picture 2. The left ureter appears more prominent in calibre than the right ureter on CT scan.



Picture 3. CT scan shows a suspicious soft tissue mass at the left side of rectum at ischial fossa, posterior to the left seminal vesicle.

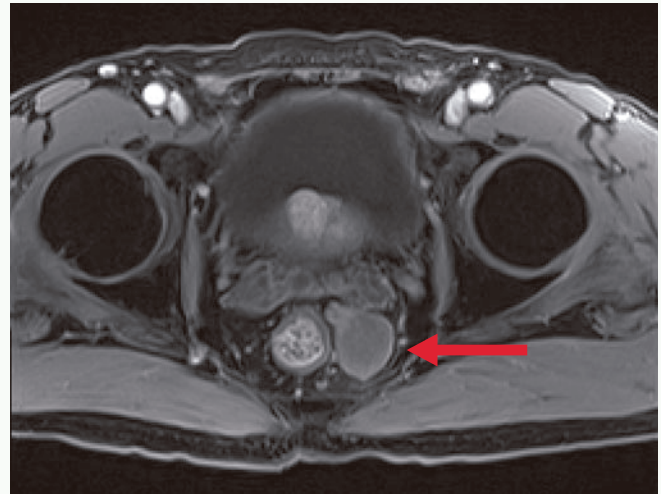


When the patient was seen by surgeons, MRI pelvis with contrast was arranged and showed a lobulated mass with well-defined border at left side of mesorectum with tubular extension anterior to the peritoneal reflection, possibly a smooth muscle tumour (**picture 4**). There was no definite invasion to the surrounding structure.

Endoscopic ultrasound and FNAC were performed which showed a 20x25mm well-circumscribed pelvic mass with cystic component. Biopsy was taken and confirmed the diagnosis of smooth muscle tumour.

Subsequently, upon follow-up discussion with surgeons, the patient refused any form of surgical treatment and planned for observation.

Picture 4. MRI scan shows a lobulated mass at the left side of mesorectum, suspicious of a smooth muscle tumour.



Conclusion:

It is important to consider obstructive nephropathy as a differential diagnosis for cases with acute and chronic renal failure, especially when there is progressive decline in renal function and unexplained by other conditions such as chronic diseases, glomerular pathology, or proteinuria. This case report illustrates the role of POCUS in primary care for early recognition of urinary tract dilatation secondary to obstruction, and for identifying the underlying etiology. Timely detection of the underlying pathologies can alter disease trajectory and be life-saving.

Migraine and Ischemic Stroke Risk - Elevated Risk among Middle and Older Age People?

Migraine is not uncommon and can be quite debilitating. Apart from the disturbing symptoms, a meta-analysis review finds a 2-fold increase in relative risk of ischemic stroke for people with migraine. The biggest increase is noted for those with aura, and also among female, especially female under the age of 45 years old. This association holds true independently of the conventional cardiovascular risk factors.

A latest cohort study explores whether this association is also true for middle-aged and older individuals. Reasons for Geographic and Racial Differences in Stroke (REGARDS) study recruited 30000+ black and white adults aged 45 years or older across the US from 2003 to 2007. At the beginning, a computer-assisted telephone interview was completed, followed by an in-home physical exam. Follow-up was done by the same mode of telephone interview at 6-month intervals to obtain information about possible stroke, hospitalizations and health status. After a median follow up of 9.5 years after enrollment, a 2nd formal telephone interview and in home exam was done for subjects who were still active. In this second visit, questions about migraine were asked and this was the time point of 'baseline'.

There are standard questions by which migraine and stroke outcome were assessed. For migraine, subjects were asked whether they had ever been told by a doctor or health professional they have migraine headaches. If yes, then they were asked if these episodes were associated with changes in vision before the headache. Those said 'yes' will be classified as migraine with aura, while those responded with a 'no' considered as without aura. Those who replied 'Don't know/Not sure' or 'Refused' were excluded from the study. For stroke outcome, stroke symptoms or possible stroke events were ascertained through the telephone interview as said earlier at half-yearly intervals. Medical and death records were retrieved for each possible event and 2 stroke experts looked into each suspected event. Whether ischemic or hemorrhagic and further classification of ischemic stroke subtype was determined. In case of disagreement, a third expert would be called in to make the final judgement.

Sociodemographic factors (age, sex, region of residence, education and household income) and stroke risk factors (smoking, hypertension, diabetes, hyperlipidemia, body mass index, atrial fibrillation and coronary artery disease) were collected at baseline visit. These risk factors were considered as potential confounders and adjusted at the analysis later.

Participants who had any stroke before the 2nd visit, those with hemorrhagic stroke after 2nd visit, those who didn't attend the 2nd visit, those with unknown migraine or aura status, and those missing to fill in the risk factor items were excluded. Cox proportional hazards models were applied to estimate cause-specific hazard ratios of incident ischemic stroke by migraine status overall and by aura status across

several models, with death events censored to account for competing risks.

After sieving with exclusion criteria, a total of 11,381 subjects with complete data were analyzed at the end. At a mean follow-up of 6.4 years, 3.9% subjects with migraine suffered from incident ischemic stroke, including 4.7% with aura and 3.3% without aura, as compared with 3.4% without migraine. Participants with migraine had a hazards ratio (HR) for incident ischemic stroke of 1.35 overall. Those migraine patients with aura had an even higher HR of 1.73, whereas those without aura only had a HR of 1.1. Schoenfeld residual test determined that there was no significant violation of the proportional hazards assumption.

In the subgroup analysis, male adults younger than 72 years had the highest risk of ischemic stroke, which had no difference based on aura status. No increased risk was found among female or male adults of age 72 years or older. This finding is something rather unexpected, provided that as far as we know the increased risk of stroke is higher among young female with migraine.

Of course there are a number of limitations in this study. Migraine classification and whether there is aura depended on subjects' recall only. Time at which the diagnosis of migraine was made was not known, as it is established that late diagnosis of migraine with aura at or after 50 years of age is associated with higher risk of ischemic stroke. Despite adjustment for quite a number of possible risk factors for stroke, there could be others that had not been addressed at this study e.g. migraine frequency or severity, alcohol use etc.

In conclusion, this study echoes previous findings that migraine with aura is associated with an increased hazard of incident ischemic stroke, even in middle-aged and older adults. Besides, it delivers a new message that male adults younger than 72 years old with migraine are at the highest risk of ischemic stroke, both with and without aura. But in a prior general population study involving 9 million people followed up for a median of 15 years, higher ischemic stroke risk also switches from younger female to male during 3rd decade of life and peaks among male in their 50s, then becomes even between both sexes in their 80s. Therefore, further focused research may be needed to confirm the role of migraine in raising ischemic stroke risk for male younger than 72 years old.

Reference:

Sprouse Blum AS, Wilkinson KS, Sparks AD, Littenberg B, Zakai NA, Judd SE, et al. Migraine and Ischemic Stroke Risk in Middle and Older Age. *Neurology Open Access*. 2026 Jun;2[2].

Compiled by Dr. David CHENG

Board of Conjoint Examination News

Report on CCE 2026 Information Seminar for Candidates

The Information Seminar on CCE segment was held on 14 June 2026. A total of 85 participants attended the seminar, including candidates, examiners, clinical supervisors, board members, and secretarial staff. Candidates were invited to attend in person at the HKAM building, while examiners and clinical supervisors joined the seminar via Zoom.

The seminar started with an introduction of the overall conjoint examination by Dr. Welchie Ko (Co-chairman). Then, Dr. Ip Pang Fei (Chief Examiner) explained the CCE exam rubric and how the exam is rated with examples. Thereafter, Dr. Loretta Chan (CCE Coordinator) and Dr. Fu Sau Nga (Deputy CCE Coordinator) presented sample cases with demonstration videos to illustrate the expected competency performance of candidates in the CCE exam, followed by discussions of the marking criteria. Participants were invited to express their views and comments.

The seminar featured active engagement of candidates in the discussion. Feedback forms were given to participants. Overall, the feedback received was positive and the seminar was found to be useful for the preparation of CCE and beneficial for examiners for assessing candidates' performance.

It is anticipated that this information seminar with sample case demonstration will enable candidates to be better prepared for the upcoming CCE exam.



Board of Vocational Training and Standards News

Reminder: Submission of Application for Certification of Completion of Basic Training

To those who will complete basic training,

You are advised to submit the 'Application Form for the Certification of Completion of Basic Training in Family Medicine' and the **original copy** of your training logbook to BVTs for certification of completion of training within 3 months upon the completion date. If the training logbook is incomplete after review by BVTs, you should complete the training process within 6 months upon the completion date and the completion date of training will only be counted from the time all required documents are handed in to complete the certification and **basic training fee of next year will be charged**.

Basic Training Subcommittee

Reminder: Application for Recommendation for Exit Examination 2027

To those who prepare to sit for the 2027 Full Exit Examination,

Please submit the application letter and the 'Checklist for Recommendation for Exit Examination' on or before **30 September 2026 (Wednesday)**. Late applications **WILL NOT** be entertained.

Higher Training Subcommittee

The above information has already been stated in the IMPORTANT NOTICE and the related forms are available at the College website: https://www.hkcfp.org.hk/pages_9_95.html

Should you have any inquiries, please contact Ms. Hannah LOK or Ms. Kathy LAI at 2871 8899 or email at BVTs@hkcfp.org.hk.

Board of Vocational Training and Standards

Membership Committee News

The Council approved, on recommendation of the Chairlady of the Membership Committee, the following applications for membership in **April – June 2026**:

NEW APPLICATION

Associate Membership

Dr. CHAN Ming Yan	陳 明 昕
Dr. CHAN Justin Yik Pun	陳 亦 斌
Dr. CHENG Wen Hung	鄭 文 泓
Dr. CHIN Hanson Heearn	金 喜 恒
Dr. CHUNG Shek Hin	鍾 碩 騫
Dr. KO Man Ting	高 敏 婷
Dr. MAK Hoi Yan, Clement	麥 愷 仁
Dr. MAK Tsz Chung	麥 梓 聰
Dr. TSANG Man Ching	曾 文 正
Dr. WANG Yitao	汪 意 濤
Dr. YUEN Yuet Hin	袁 越 軒
Dr. ZHOU Mi	周 密

Non-HKSAR Membership

Dr. LONG Hoi Ian	龍 海 恩
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Student Membership

Mr. CHAN Ka Lun, Galen	陳 嘉 綸
Miss CHAU Kwan Yiu	周 鈞 堯
Mr. CHEN Yingqiao	陳 英 喬
Miss LAU Tsz Kwan, Gloria	劉 子 筠
Mr. LIM Yat Chun	林 逸 俊

Mr. LIN Pak Tik	連 柏 迪
Miss NG Charms	吳 湛 思
Mr. NG Ho Wang	伍 灝 弘
Mr. WONG Chi Lap	黃 智 立
Mr. WONG Chun Chi	黃 竣 稚
Miss WONG Kar Yiu, Odelle	王 珈 瑤

RE-APPLICATION

Associate Membership

Dr. CHIU Yuen Chun	趙 園 春
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TRANSFERRAL

From Student to Associate Membership

Dr. TAN Yongying	譚 泳 盈
Dr. TSANG Yuen Ying	曾 元 英

RESIGNATION

Associate Membership

Dr. FU Siu Fung	傅 兆 鳳
Dr. LAW Mandy Yuen Sai	羅 苑 茜
Dr. WONG Chun	黃 俊

Meeting Highlights

Online CME Lecture on 10 June 2026

Dr. LAU Ngan Ming, Specialist in Dermatology & Venereology, delivered a lecture on "Beyond Mild Onychomycosis: Optimizing Treatment Outcomes in Primary Care Setting".



A screenshot taken on 10 June 2026
Dr. LAU Ngan Ming (left, Speaker) and Dr. KAM Ngar Yin (right, Moderator)

The Diary of a Family Doctor【家庭醫生的日常】

被貓抓傷的印傭

吳雨春醫生

某天一位印尼女傭來家庭醫學中心看衛醫生。

印傭用流利的英語說：「醫生，5天前我雙手被家中的貓兒抓傷，現在感到傷口痛，還有發熱、畏寒和頭痛，僱主吩咐我來打狂犬病疫苗。」

醫生便看她的雙手，那裡有很多皮膚被抓傷後的疤痕。皮膚是完整的，沒有局部淋巴結腫大。跟著便說：「這兒沒有狂犬病疫苗，你的情況可能是貓抓熱，兩者也需要往急症室處理。」

印傭立刻致電給僱主，用英語告訴她將要前往急症室。可是醫生發覺僱主可能不想她去，便主動介入，讓他跟僱主通電。印傭立刻打通電話，那是一把成熟的女聲用粵語說：「喂。」

醫生：「我是醫生，你的女傭被貓抓傷，應該到急症室求醫。」

僱主：「不該如此。我多年前被貓咬傷，傷口很長。我來了你的診所，醫生給了口服抗生素便把病治好。你也可以照樣做，何必要她看急症？」

醫生：「她說有發熱，可能是貓抓熱，需要看急症。」

僱主：「她說有發熱？你有否幫她量體溫？不如你量完後才說。」

醫生示意印傭終止跟僱主通話，然後才商討處理方法。她尷尬地用粵語說了一句：「麻煩你了。」跟著同意醫生的建議，拿了轉介信後乘車到急症室。

衛醫生下班後這樣想：「以往印傭朋友告訴她們自小在印尼學英語，大部份同學說得不好。當她們預備來香港當傭工，她們會先在印尼學粵語。若果英語說得好的，大部份也是大學畢業生。我想這印傭也是大學畢業生，被主人飼養的貓兒抓傷後在互聯網上找資料，知道可能會感染狂犬病或貓抓熱，所以前來求醫。工人姐姐在家裏為僱主工作，承擔著很多的責任。僱主從自身家庭的角度，希望她儘快得到藥物治療，

可以回家繼續工作，但這樣做是有危險的。只有工人的身體健康得到保障，才能更好的工作和照顧他們的家人。

The Diary of a Family Doctor 家庭醫生的日常

Submission of articles to The Diary of a Family Doctor with up to 600 words in Chinese or 400 words in English are always welcome. Options of College Souvenirs or Gift vouchers will be given as token of appreciation if the articles are selected for publication.

Email: FPLinks@hkcfp.org.hk

READERSHIP DRIVE

Congratulations! The returns from the following doctor has been selected for June 2026 issue:
Dr. Chloe CHEUNG

FP LINKS

need your views about its role as the newsletter of College!



Share your thoughts



Selected returns would be published in FP Links and gift vouchers would be given as token of appreciation. You can also access the Google form through the link, in addition to the QR code.

<https://forms.gle/KmZwgYpzB3F977Mi8>

FP Links also need your support through submissions to our various columns:

Feature / Family Doctors Column / News Corner / The Diary of a Family Doctor / After Hours

If articles are selected for publication, Options of College Souvenirs or Gift vouchers will also be given as token of appreciation

HKSH MEDICAL GROUP LI SHU PUI SYMPOSIUM 2026 ADVANCES IN CANCER MANAGEMENT



Date: Sunday, 6 September 2026 Time: 08:50 - 17:00
Venue: Ballroom, JW Marriott Hotel Hong Kong & Via Webinar

08:50 – 09:00	Welcome	Dr. Walton LI
09:00 – 09:30	Peking Union Medical College Hospital Lecture Minimally Invasive Surgery in Gynaecologic Oncology: What is the Future of Laparoscopic Radical Hysterectomy in Cervical Cancer	Professor XIANG Yang (Introduction by Dr. Joseph CHAN)
Symposium 1 Immunotherapy and Beyond		
	Chairperson	Dr. Thomas LEUNG Dr. Godfrey CHAN
09:30 – 09:45	Haematological Malignancies – Improving Clinical Outcome	Dr. Raymond LIANG
09:45 – 10:00	Carcinoma of Lung Therapy – Where Are We?	Professor Tony MOK (CUHK)
10:00 – 10:15	Immunotherapy – Current Status	Dr. Daniel CHUA
10:15 – 10:30	Cancer Diagnosis – Advances in Pathology	Dr. CHAN Wai Kong
10:30 – 10:40	Discussion	
10:40 – 11:00	Break	
Symposium 2 Radiotherapy – Pros & Cons of Different Modalities		
	Chairperson	Dr. Amy CHANG Dr. KWAN Wing Hong
11:00 – 11:20	Photon-Counting CT in Cancer Management	Mr. Wyman LI Dr. Benjamin FANG
11:20 – 11:30	Conventional Radiation – Current Applications	Dr. YAU Chun Chung
11:30 – 11:45	Proton Therapy – Our Experience	Dr. Michael KAM
11:45 – 12:00	MRI and Radiation	Dr. Darren POON
12:00 – 12:10	Discussion	
12:10 – 13:00	Li Shu Pui Lecture Beyond the Beam: How Artificial Intelligence and Education Drive Quality and Innovation in Proton Radiotherapy	Dr. LAW Chun Key Professor Terence T.W. SIO (Mayo Clinic)
13:00 – 14:00	Lunch	
Symposium 3 Surgical / Gynaecological Oncology – Less is More		
	Chairperson	Dr. Steve CHAN Dr. Hextan NGAN
14:00 – 14:15	Malignant Tumour in Children – Treatment in Private Practice	Dr. Anselm LEE
14:15 – 14:30	Liver Cancer Overview	Professor Albert CHAN (HKU)
14:30 – 14:45	Gynaecological Cancer – Role of Surgery	Dr. TAM Kar Fai
14:45 – 15:00	Beyond the Scalpel: How Minimally Invasive Can Prostate Cancer Treatment Go?	Dr. Steffi YUEN (CUHK)
15:00 – 15:10	Discussion	
15:10 – 15:40	Royal College of Surgeons of Edinburgh Presidential Lecture How Do We Train The Next Generation of Surgeons to Perform Robotic Surgery for Cancer? – Evidence Informed Approach	Professor Angus WATSON, OBE (Introduction by Dr. William WEI)
15:40 – 16:00	Break	
Symposium 4 Adjunctive Therapy		
	Chairperson	Dr. Nelson LEUNG Dr. Anthony TEOH
16:00 – 16:15	Tumours of the Limb: Primary Bone & Soft Tissue Tumours	Dr. LAM Ying Lee
16:15 – 16:30	Nutritional Support for Patient with Cancer	Mr. Patrick CHAN
16:30 – 16:45	Physical Medicine and Rehabilitation Before and After Cancer Treatment	Dr. Alex CHOW
16:45 – 17:00	Functional and Aesthetic Reconstruction After Cancer Surgery	Dr. HO Chiu Ming

* Content is subject to change without prior notice



REGISTRATION IS ON A FIRST COME, FIRST SERVED BASIS
Reserve your place at www.hksh.com/lsp2026

CME Accreditation by Various Colleges Pending | CNE 6 points |

CPD - MLT Board 2.5 points; Radiographer Board 6 points; Physiotherapists Board (Pending)

Registration: 21 July to 24 August 2026 or Once the Quota is Full | For Medical Professionals Only



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Certificate Course on Bringing Better Health to Our Community 2026

Co-organized with

Queen Elizabeth Hospital, The Hong Kong College of Family Physicians and The Hong Kong Medical Association

Dates : 29 August 2026, 19 September 2026, 31 October 2026, 28 November 2026
 Time : 1:00pm - 2:00pm Light Refreshment
 2:00pm - 4:00 pm Lecture & Discussion
 Venue : Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital
 Course Fee : Free
 Accreditation : pending
 Certification : Certificate will be awarded to participants who have fulfilled the attendance requirement for 3 sessions or more

Programme Schedule

Dates	Time	Topics	Speakers
29 August 2026 (Sat)	2:00 4:00 pm	Management of Menstrual Problem	Dr. WONG Yin Yan, Ivy Obstetrics & Gynaecology Specialist Private Practice
		Update on Management of Hyperlipidaemia	Dr. CHUI Shing Fung Consultant, Department of Medicine, Queen Elizabeth Hospital
19 September 2026 (Sat)	2:00 4:00 pm	Update on Management of Fatty Liver	Dr. LIU Hin Wai, Henry Associate Consultant, Department of Medicine, Queen Elizabeth Hospital
		Update on Management of Eczema	Dr. IP Fong Cheng, Francis Consultant Dermatologist i/c, Social Hygiene Service, Centre for Health Protection, Department of Health
31 October 2026 (Sat)	2:00 4:00 pm	Update on Antibiotic Guidance Notes in Community Setting: Part I (CAP, AECOPD and Common Skin Infections)	Dr. LUI Chung Yan, Grace Consultant, Department of Medicine, Prince of Wales Hospital
		Update on Antibiotic Guidance Notes in Community Setting: Part II (AOM, Acute Pharyngitis, ARS and Uncomplicated UTI)	Dr. CHEN Xiao Rui, Catherine Consultant, Department of Family Medicine and Primary Health Care, Kowloon Central Cluster
28 November 2026 (Sat)	2:00 4:00 pm	Elderly Health Service	Dr. TAM Wah Kit Associate Consultant, Department of Family Medicine and Primary Health Care, Kowloon Central Cluster
		Occupational Therapy: Fall Prevention	Ms. HUI Kam Yan, Carol Advanced Practice Occupational Therapist, Department of Occupational Therapy, Queen Elizabeth Hospital
		Nursing: Continence Care	Ms. LAI Fung Sim, Phoebe Nurse Consultant, Primary Healthcare, Kowloon Central Cluster

Registration will be first come first served. Please scan the QR code to complete the registration.

For enquiry, please contact Ms. Crocus LAN at 3506-8143

- Notes :
1. In case of over-subscription, the organiser reserves the right of final decision to accept registration.
 2. Due to copyright issue, please note private recording of the lecture is prohibited.
 3. Registration will be closed 3 days prior to the event.



- Activities are supported by HKCFP Foundation Fund.
- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Please ensure appropriate dress code to the hotel for the Scientific Meeting.

Online Monthly Video Sessions

Dates and Time	Topics
31 July 2026 (Fri) 2:30 – 3:30 p.m.	“Management of Asthma in Primary Care” by Dr. MOK Yun Wing, Thomas
28 August 2026 (Fri) 2:30 – 3:30 p.m.	“Treating Osteoporosis from Diagnosis to Long Term Management” by Dr. WONG Sze Hung

QR Codes for registration



Accreditation : 1 CME Point HKCFP (Cat. 4.2)
1 CME Point MCHK (pending)
Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)

***CME points would be given for self-study at online recorded CME lectures only if participating doctors have not attended the same live CME lectures and completed the relevant quiz.**

Admission Fee : Member Free
(For all online seminars) Non-member HK\$ 100.00 for each session
For non-members, please contact the secretariat for registration details. All fees received are non-refundable nor transferable.

Registration Method : Please register via the registration link to be sent by email later or scan the QR code above. For enquiry about registration, please contact Ms. Minny FUNG by email to education@hkcfp.org.hk or call 2871 8899. Thank you.

Notes : Online Events

1. In case of over-subscription, the organizer reserves the right of final decision to accept registration.
2. The link to join the webinar **SHOULD NOT** be shared with others as it is unique to each individual who has completed prior enrolment procedures. If additional attendee(s) is/are found using the same unique link to join the webinar with you, all attendees joining the lecture via your unique link would be dismissed. You can only login with one device at a time. CME point(s) would only be given to those on the pre-registration list and attended the lecture.
3. Please note you can just attend **ONE** CME activity at a time. If you are found attending more than one CME activity simultaneously by the CME administrator later, you may NOT be able to receive the CME point(s).
4. Members who have attended less than 75% of the length of the online lecture may not be able to receive CME. Final decision would be subject to the approval of the related Board / Committee.
5. **Please be reminded to complete and submit the *MCQs or survey after the session for HKCFP and MCHK CME point(s) accreditation. (*MCQs/ True or False Questions; 50% or above of correct answers are required)**
6. Please be reminded to check the system requirements beforehand to avoid any connection issues.
7. Due to copyright issue, please note private recording of the lecture is prohibited.
8. Registration will be closed 3 days prior to the event.

Structured Education Programmes

Free for members

HKCFP 2 CME points accreditation [Cat 4.3]

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
Wednesday, 05 August 2026			
14:30 - 17:00	SB1036, 1/F, Special Block, Tuen Mun Hospital	Update Management of Surgical Disease - PRB /Piles & Dyspepsia / Peptic Ulcer Dr. GAN Lu	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Informed Consent, Confidentiality and Personal Data Ordinance Dr. MOK Tsz Ngai, Dr. CHAN Leong Yiu	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Community Resources for Underprivileged Patients Dr. CHAN Justin Yik-pun	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Management of Hyperlipidaemia Dr. CHOW Chun Fung, Ray, Dr. LUI Yin Mei, Catherine, Dr. YOUNG James Haley	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Practice Assessment Package - Sterilization, Disinfection Dr. TSE Ping Yu, Clarice, Dr. TSE Ping Yu Clarice	Ms. Cherry WONG Tel: 2589 2337
Thursday, 06 August 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Community Resources for Allied Health Services (PT and OT) Dr. CHENG Ka Tong, Dr. LEE Kar Fai	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 12 August 2026			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Updated Topic: Practical Office-Based Procedures for the Family Physician Dr. LO Anna	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Health Care Delivery System in China (Opportunity for Doctor to Practice in China) Dr. CHENG Tsz Wai, Sam, Dr. WANG Yuchen	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Sexually Transmitted Diseases Dr. MAK Tsz-chung	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Care of Patient with COAD and Asthma Dr. CHOW Chau Yi, Charlie, Dr. CHONG Lok Man	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Well Women Services Dr. HO Shu Wan, Sharon	Ms. Cherry WONG Tel: 2589 2337
Thursday, 13 August 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Ergonomics and Work-Related Musculoskeletal Disorders Dr. KUM Chung Hang, Dr. IP Chung Ho	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 19 August 2026			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Primary Care Strategies for Infectious Disease Prevention Dr. LI Pak Ho, Parco	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Consultation Enhancement (Physical Examination: Upper Limb Neurology and Video Consultation) Dr. SIN Tak Yee, Dr. NG Joyce Hei Lam	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Depressive Disorders Dr. CHEN Shaokai	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Breast Disease Dr. CHOW Chun Fung, Ray, Dr. LUI Yin Mei, Catherine, Dr. LI Shiqi, Krystal	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Trainee Feedback - Review on Contents of Family Medicine Dr. LO Ching On, Dr. TONG Tin Yan, Emily, Dr. LIU Lok Wan, Christy, Dr. LO Yan Yeung, Vincent	Ms. Cherry WONG Tel: 2589 2337
Thursday, 20 August 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Clinical Approach to Common ENT Problems in Primary Care Dr. KWONG Chung Man, Dr. LEE Wai Chun	Ms. Eliza CHAN Tel: 2468 6813
Wednesday, 26 August 2026			
14:30 - 17:00	SB1032, 1/F, Special Block, Tuen Mun Hospital	Recognizing and Treating Personality Disorders in Clinical Practice: A Guide for Family Physicians Dr. YU Cheng Yann	Ms. Eliza CHAN Tel: 2468 6813
14:30 - 17:30	Conference Room 2, G/F, Block M, QEH	Patient's Illness Behavior Dr. KONG Tai Wai, Dr. LAU Ho Kai, Oscar	Ms. Emily LAU Tel: 3506 8610
15:15 - 17:15	Lecture Room, 2/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok, Kowloon	Approach to Laboratory Results (Tumour Markers) Dr. WANG Luqian, Lucy	Ms. Milky CHAN Tel: 2753 8109
15:30 - 17:30	Seminar Room, Family Medicine Specialist Clinic, 3/F, Li Ka Shing Specialist Clinic (South Wing), PWH	Common ENT Complaints (Epistaxis, Allergic Rhinitis, Dizziness, Hearing Loss) Dr. LEE Ka Long, Aaron, Dr. CHOW Chau Yi, Charlie, Dr. TANG Yeung On	Ms. LiLi YUNG Tel: 5569 6405
17:00 - 19:00	Lecture Room, 6/F, Tsan Yuk Hospital, 30 Hospital Road, Hong Kong	Cardiac Rehabilitation Dr. LAM Lap Tin	Ms. Cherry WONG Tel: 2589 2337
Thursday, 27 August 2026			
16:00 - 18:00	Activities Room, 3/F, Yan Oi General Out-patient Clinic	Oversea Conference for Family Medicine and Experience Sharing Dr. LEE Pak Lik, Dr. ZHANG Dingzuan, Dr. CHAN Man Li	Ms. Eliza CHAN Tel: 2468 6813

COLLEGE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 Jul	27	28	29 2:30 – 7:00 p.m. Structured Education Programme	30 4:00 – 6:00 p.m. Structured Education Programme	31 2:30 – 3:30 p.m. Online Video Session 8:00 p.m. DFM Introductory Seminar	1 Aug 2:30 – 5:30 p.m. Certificate Course on Management of Common Skin Problems in General Practice
2	3	4	5 2:30 – 7:00 p.m. Structured Education Programme	6 4:00 – 6:00 p.m. Structured Education Programme	7	8 2:30 – 5:30 p.m. Certificate Course on Management of Common Skin Problems in General Practice
9	10	11	12 2:30 – 7:00 p.m. Structured Education Programme	13 4:00 – 6:00 p.m. Structured Education Programme	14	15 2:30 – 5:30 p.m. DFM Consultation Skills Workshop
16 9:30 a.m. – 12:30 p.m. HKCFP Conjoint Exam – KFP Segment	17	18	19 2:30 – 7:00 p.m. Structured Education Programme	20 4:00 – 6:00 p.m. Structured Education Programme 8:30 p.m. HKCFP Council Meeting	21	22
23 9:30 a.m. – 1:00 p.m. HKCFP Conjoint Exam – AKT Segment	24	25 6:00 – 8:00 p.m. Exit Exam Research Forum	26 2:30 – 7:00 p.m. Structured Education Programme	27 4:00 – 6:00 p.m. Structured Education Programme	28 2:30 – 3:30 p.m. Online Video Session 7:00 – 9:00 p.m. Exit Exam Pre-Exam Workshop	29 2:00 – 4:00 p.m. Certificate Course on Brining Better Health to Our Community 2026 2:30 – 5:30 p.m. DFM Module IV Seminar
30	31	1 Sep	2 2:30 – 7:00 p.m. Structured Education Programme	3 4:00 – 6:00 p.m. Structured Education Programme	4	5 2:30 – 5:00 p.m. DFM Module IV Seminar

Red : Education Programmes by Board of Education
Green : Community & Structured Education Programmes
Purple : College Activities

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