



THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Family Physicians Links

Message from the President



The Hong Kong College of Family Physicians would like to echo the Editorial on 18-11-2009 concerning how the two medical schools should cater to society's needs for family doctors.

The issue was brought up in August this year when the Medical Council communicated with the Hong Kong Academy of Medicine and suggested a review of postgraduate training requirements for the specialty of Family Medicine. As a consequence, our College was requested by the Academy to submit our views. Following that, the College established an Ad Hoc group to study the issue comprehensively.

As a first and important comment, we believe the review undertaken by the Academy should be extended to cover undergraduate teaching of Family Medicine in medical schools. Our College has the following viewpoints regarding undergraduate medical teaching in Hong Kong.

1. The two medical schools should strive to establish an INDEPENDENT Department of Family Medicine with adequate funding to support a team of staff of optimal size whose primary tasks should be teaching and research. In fact, this is supported by the recommendation made by two internationally renowned visiting Professors to Hong Kong this year. We believe the resource allocation and emphasis in undergraduate teaching is grossly inadequate. In addition, the hierarchy accorded to Family Medicine in the medical schools as an affiliation or subordination does not reflect the important role played by it in our modern world. Family Medicine is a unique and important discipline on its own. Teaching of Family Medicine should not be confused or mixed up with teaching of Community Medicine or Public Health.
2. The Medical Council is duty-bound and has rightly pointed out the deficiencies of the two Universities in relation to the undergraduate medical curriculum. Our College is in full support of the findings and the recommendations in the report released in January 2009 that "The team proposed that both Medical Faculties be required to improve on the teaching of Family Medicine." These issues are of paramount importance to the development of the discipline

of Family Medicine and the Healthcare Reform proposed by the Government. Changes should be made as soon as feasible to complement the reform led by the Government. It is regrettable if opportunities are missed because of the doctrinaire attitude of some members within the medical profession.

3. Our College is an academic institute which has been striving to achieve its objectives of promoting and upgrading the standard of Primary Care services in the past 30 years. However, there has been little improvement in the Primary Healthcare system in the past 2 or 3 decades owing to the under estimation of the importance of undergraduate teaching. We believe many of our medical graduates have probably failed to understand or appreciate the attributes in Family Medicine which their colleagues chose to specialize in, due to their minimal exposure to the teaching of Family Medicine throughout their career training and this would also explain why they opt for other specialties. This situation is definitely not conducive to the long term development of Family Medicine.

If the circumstances described should continue to prevail, the role of our discipline in the healthcare system will never be firmly established. The foundation of Primary Care will never be solid enough for policymakers to rely on and will result in adverse decisions being made on resource allocation in healthcare service delivery. The Government has an obligation to meet the society's needs of a proper "family doctor-led" Primary Care service which has long been overdue.

An Open Forum on Family Medicine Education and Training is scheduled on 16th January 2010. Our College will need to propose an overall review and appropriate suggestions for any changes to be made in the future. I urge Members and Fellows to register and come to contribute in the discussion. Further details about the rundown of the Forum will be circulated via email and posted in our website.

Dr. Gene W W Tsoi
President



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Issue 70
December 2009

Open Forum on Family Medicine Education & Training

The College is reviewing the Vocational Training Programme for submission to the Hong Kong Academy of Medicine. An Open Forum on Education and Training Review will be held to gather opinions and suggestions from members and fellows.

Date: 16 January 2010 (Saturday)
Time: 2:30P.M. - 5:30P.M.
Venue: Room 702-3, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen.
Admission: Open to all members and fellows

Please complete and return the reply slip to the secretariat by **4 January 2010 (Monday)** for seat reservation.

REPLY SLIP

To: HKCFP Secretariat

Fax: 2866 0616

I am a(an)

- *Student / Affiliate / Associate / Full / Fellow of the College.
 Fellow of the Hong Kong Academy of Medicine.

**Please tick and delete as appropriate.*

I would like to attend the **Open Forum on "Family Medicine Education and Training"** on **16 January 2010 (Saturday)** at **Room 702-3, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen.**

Name: _____
 (Block letter please)

Signature: _____

Contact No.: _____

Date: _____

"Council Member-On-Duty" (CMOD) System

Dear College members,

We are still providing this alternative channel of communication for you to reach us. Do let us have your ideas and comments so that we can further improve our services to all the members.

For this month, from 15th December 2009 till 14 January 2010, Dr. Law Tung Chi and Dr. Tsui Wing Sze, Wendy will be the Council Members on duty. Please feel free to make use of this channel to voice your doubts, concerns, queries, and comments about anything relating to our College and Family Medicine. You can reach us by contacting our College Secretariat by phone: 2528 6618, by fax: 2866 0616, or by email: hkcfp@hkcfp.org.hk. Once we receive your call or message, we will get in touch with you directly as soon as we can.

Dr. Raymond C.H. Lo
 Co-ordinator, CMOD System



Dr. Law Tung Chi



Dr. Tsui Wing Sze, Wendy

Board of Vocational Training and Standards News

Reminder: Submission of Annual Checklist for Basic Training

To all Basic Trainees,

Please be reminded that **ALL** basic trainees must submit their annual checklist to the Board of Vocational Training and Standards **EITHER** by registered post **OR** in-person **ON OR BEFORE 1st February 2010 (Monday)**. Late submissions will not be accepted.

The training experience of 2009 **WILL NOT** be accredited if the trainee fails to submit the checklist on or before the deadline.

Basic Training Subcommittee
BVTs

BVTs Sponsorship for 19th Wonca World Conference of Family Doctors, Wonca Cancun, Mexico 2010

The Board of Vocational Training and Standards is pleased to announce the following information on **The 19th Wonca World Conference of Family Doctors, Wonca Cancun Mexico 2010** to be held in May 2010.

Theme: The Millennium Development Goals (MDGs): The Contribution of Family Medicine

Date: 19 – 23 May 2010

Venue: Cancun Center, Conventions & Exhibitions,
Boulevard Kukulcan, KM. 9 1er Piso, Zona Hotelera 77500 Cancun Q. Roo Mexico

Registration Fee: Please refer to
http://www.wonca2010cancun.com/registro_infogra!php

Early Bird
Registration: Before 31 December 2009

Website: <http://www.wonca2010cancun.com/>

Application for sponsorship is open to all current **vocational trainees** (Basic & Higher). Please kindly submit your application to the Chairman of the Board of Vocational Training and Standards regarding the Sponsorship for Overseas Conference.

All decisions are subject to the final approval of the Board.

For more information, please contact Ms Carmen Cheng or Mr Patrick Wu at 2528 6618.

BVTs

Reminder: Submission of Annual Checklist / Logbook for Completion of Higher Training

To all Higher Trainees,

Please be reminded that **ALL** higher trainees should submit the annual checklist to our Board **EITHER** by registered post **OR** in-person **ON OR BEFORE 1st March 2010 (Monday)**. Late submission will not be accepted.

Those applying for certification of completion of higher training should make sure that the application form and checklist for completion of higher training are completed and returned together with the original copy of your training logbook **ON OR BEFORE 1st March 2010**.

The training experience of 2009 **WILL NOT** be accredited if the trainee fails to submit the checklist before the deadline.

Higher Training Subcommittee
BVTs

Reminder: Enrolment of Higher Training

Basic trainees who have completed 4-years of basic vocational training and attained a higher qualification in Family Medicine can be enrolled into the higher training program.

For those who plan to sit for the Exit Examination in **2012**, please submit the application for higher training **ON OR BEFORE 1st March 2010 (Monday)** in order to meet the requirement for sitting the Examination. The application forms are available from the College Secretariat or the College website.

Higher Training Subcommittee
BVTs

Board of Conjoint Examination News

The Board of Conjoint Examination is pleased to announce that the following candidates have successfully passed the 23rd Conjoint (Clinical Segment) HKCFP/RACGP Fellowship Examination 2009:

Dr. Au Chui Kwan	Dr. Lee Ling Hin
Dr. Chan Lok Man	Dr. Lee Pui Wai
Dr. Chan Shan Ching	Dr. Lee Sik Kwan Jenny
Dr. Chan Ting Bong	Dr. Lee Wing Yi
Dr. Chan Yu	Dr. Lee Yee Lam
Dr. Che Ka Seng	Dr. Leung Sze Wan Selina
Dr. Cheng Cheuk Hong	Dr. Leung Wan Chiu
Dr. Cheng Ghar Yee Judy	Dr. Leung Yiu Man Gordon
Dr. Cheuk Man Cheong Eric	Dr. Li Kong Yu
Dr. Cheuk Wing Ngar	Dr. Lo Shiu Bong
Dr. Cheung Chung Yin Johnny	Dr. Lo Sze Mon
Dr. Cheung Mei Yee	Dr. Lo Wai Hon
Dr. Cheung Wang Chung	Dr. Luk Man Hei Matthew
Dr. Cheung Wing Wo	Dr. Mak Kam Lun
Dr. Ching Kin Yu	Dr. Ng Tze King Peter
Dr. Chow Kai Lim	Dr. Ng Wai
Dr. Chow Sheung Yan Alex	Dr. Ngan Ka Lai Raymond
Dr. Chu Wai Ting Becky	Dr. Pang Kwok Ching
Dr. Chu Wan Wing Vivian	Dr. Pong Pong
Dr. Chuang Yuk Shan	Dr. Poon Ting Kong
Dr. Chung Sze Pok	Dr. Pun Lai Yin
Dr. Chung Wai Ho	Dr. Siu Pui Yi
Dr. Fung Sau Man	Dr. So Ching Yee Gloria
Dr. Ha Kwok Leung	Dr. So Fong Tat
Dr. Ho Chak Sing Michael	Dr. So Siu Hei
Dr. Ho Kai Tin	Dr. Sy Wing Man
Dr. Hui Ah Ni	Dr. Tam John Hugh
Dr. Hui Lai Chi	Dr. Tam Wah Kit
Dr. Ko Siu Hin	Dr. Tang Hiu Wai
Dr. Kwan Shu To Clara	Dr. Tsang Wai Mun
Dr. Kwok Hon Chu Kenneth	Dr. Wat Pui Kwan Judy
Dr. Kwok Lai Ping Steffi	Dr. Wong Chung Tao
Dr. Kwok Yuk Lun	Dr. Wong Fai Ying
Dr. Kwong Hon Kei	Dr. Wong Lai Cheung Virginia
Dr. Lam Man Chun	Dr. Wong Wing Sze
Dr. Lam Man Man	Dr. Wu Sze Man
Dr. Lau Pui Lam	Dr. Wu Tsz Yuen
Dr. Lau Yue Young Geoffrey	Dr. Yeung Chi Keung
Dr. Lee Cheuk Pong	Dr. Yeung Wai Man
Dr. Lee Chik Pui	Dr. Yip Chun Kong
Dr. Lee Hoi Ying	Dr. Young Sui Wah
Dr. Lee Kit Yan	Dr. Yu Sze Kai Frances

Congratulations to you all.

Dr. Chan Hung Chiu
Chairman
Board of Conjoint Examination

QA&A News – CME Report goes Paperless

To preserve our environment, hard copies of annual CME reports **WILL NOT** be sent to your mailing address starting from 2009. To check your updated report, please visit the QA&A section under the College website <http://www.hkcfp.org.hk>. If you have problem accessing the website, please contact the College secretaries.

Missing Points

Please be reminded that points entry for college activities may take 2 weeks and activities of other organizations may take 1 – 2 months. It is important to confirm all your marks **before 26 February 2010 (Friday)** as CME Certificate for 2009 will be issued based on the marks on your CME report.

Additional Accreditation

If you want to apply for accreditation of educational activities not yet accredited under items 3.7, 3.8, 3.13, 3.14 and items 5.3 to 5.6, please send in the application form with \$300 administration fee to the QA & A Committee **before 15 Jan 2010 (Friday)**. Details must be submitted for special consideration, e.g. attendance records, photo-copies of events, transcripts or published articles.

Application forms can be obtained from the College website, or from the secretariat at 2861 0220.

Professional Performance Committee News

The Professional Performance Committee would like to thank the following supervisors for being enlisted to provide advice on professional performance to medical doctors who require peer review, supervision or audit in 2009.

Dr. Au Chi Lap, Simon	Dr. Lam, Paul
Dr. Chan King Hong	Dr. Lee Chiang Tee, Frederick
Dr. Chan Sio Pan	Professor Lee, Albert
Dr. Chan Suk Yin	Dr. Liang Jun
Dr. Chan Tat, Eddie	Dr. Luk Kam Hung
Dr. Chan, Henry	Dr. Mak Chin Sing
Dr. Cheng Po Kong	Dr. Ngai, Bernard
Dr. Hui Kwun Sue, Wilson	Dr. Poon Kwong Chiu
Dr. Hung Wai Yin	Dr. Siu Che Hung, Paul
Dr. Ip Kit Kuen, Andrew	Dr. Tse Yuen Yee, Eileen
Dr. Kwan Ka Mei, Betty	Dr. Tsui Wing Sze, Wendy
Dr. Kwong Bi Lok, Mary	

Membership Committee News

1. The Council approved, on recommendation of the Membership Committee Chairman, the following applications for membership in **October 2009** with Council Meeting:

Application for Non-HKSAR Membership

Dr Chan Yu Yan Augustine

陳譽仁

2. The Council approved, on recommendation of the Membership Committee Chairman, the following applications for membership in **November 2009** with Council Meeting:

Application for Affiliate Membership

Dr. Shum Ho Yi Connie

岑可怡

Resignation from Associate Membership

Dr. Leung Suk Hing Sue

梁淑卿

3. The Council approved, on recommendation of the Membership Committee Chairman, the following names will be removed from the member list in **September 2009** Council Meeting:

Non-HKSAR Fellowship

Dr. Leung Koon Chit Lawrence

Non-HKSAR Membership

Dr. Reynolds Kathleen M.B.

Student Membership

Ms. Chung Hiu Wah Jennifer
Mr. Kwok Wai Wah
Mr. Lam Chung Man
Mr. Leung On Cheung
Mr. Poon Tai Lun Terrence
Mr. Wong Chun Yin Henry

Full Membership

Dr. Kan Siu Man
Dr. Lau Yu Sun
Dr. Lee Kok Beng@Mg Nyunt
Dr. Lui Mo Yin Rebecca
Dr. Wat Yung Kwan
Dr. Wong Kwok Yung Kelvin

Associate Membership

Dr. Chan Ching Man Vivien	Dr. Ho Chun Ming	Dr. Ng Lap Kwan
Dr. Chan Doa Hang Henry	Dr. Ho Yiu Wah	Dr. Ng Siu Cheung
Dr. Chan Hing Wai	Dr. Hui Pak Fai	Dr. Poon Siu Wing
Dr. Chan Ka Luk	Dr. Hui Yuet Yum	Dr. Shek Man Wing Serena
Dr. Chan Lung Tat Andrew	Dr. Ing David	Dr. Shum Kin Cheong
Dr. Chan Tak Kuen	Dr. Kua Wai Keung	Dr. Shum Kwun King
Dr. Chan Tsun Bong Simon	Dr. Kwan Shuk Wa Margaret	Dr. So Po Lam
Dr. Chan Wai Chung Virginia	Dr. Kwok Chun Yip	Dr. Sze Ching
Dr. Chan Wai Ling	Dr. Kwok Kwok Lung Kelvin	Dr. Tai Ming Tung
Dr. Chan Wing Sun Vincent	Dr. Kwok Sek Keung	Dr. Tan Ben Shih Benjamin
Dr. Chan Ying Yang Emily	Dr. Kwok Siu Kong	Dr. Thant Ma Aye Aye
Dr. Chan Yu Kwan	Dr. Lai Wai Man Sonia	Dr. Thei Thei Sein
Dr. Cheng Sze Ho	Dr. Lam Chun	Dr. Ting Chung Yi
Dr. Cheng Wendy	Dr. Lam Kei Fung	Dr. To Cho Ting
Dr. Cheung Kam Sing Nelson	Dr. Lau Siu Fung	Dr. Tse Kin Sang
Dr. Cheung Kit Yan	Dr. Law Laurena	Dr. Tung Lap Yan
Dr. Cheung Koon Ho	Dr. Lee Ho Lam Colin	Dr. Wai Chor Keung
Dr. Cheung Kwok Leung	Dr. Lee Ka Lin	Dr. Wan Hung Hung
Dr. Cheung Shun Tai	Dr. Lee King Ho	Dr. Wong Cheung Lun William
Dr. Cheung Tat Man Joseph	Dr. Lee Kwok Kei	Dr. Wong Chi Chung
Dr. Chiu Man Kuen Martin	Dr. Lee Man Hua Betty	Dr. Wong Chi Keung
Dr. Choi Hung Man	Dr. Lee Shun Fung	Dr. Wong Jane
Dr. Choi Ka Man	Dr. Lee Wai Kong	Dr. Wong Ka Ka Momca
Dr. Choi Wai Keung Justin	Dr. Lee Wing Cheong	Dr. Wong Lai Sze Alice
Dr. Chong Kam On	Dr. Leung Fook Keung	Dr. Wong Wai Man
Dr. Chow Yat	Dr. Leung Lok Sum Joy	Dr. Wong Ying Kit Henry
Dr. Chu Chor Yiu Eric	Dr. Li Chak Wah	Dr. Wu Kwok Leung Kenneth
Dr. Chu Chun	Dr. Liu Lai Chu Thomas	Dr. Wu Lap Chi
Dr. Chu Hiu Man	Dr. Lo Sze Man Connie	Dr. Yeung Wui Ming Eva
Dr. Chung Chi Tung	Dr. Lui How Mui	Dr. Young Hoi Yan
Dr. Chung Kwai Ying	Dr. Luk Kin Leung	Dr. Young Hong Ming
Dr. Fan Pang Yung	Dr. Luk Yiu Yan	Dr. Yu Chi Hung
Dr. Fok Wai Ming	Dr. Ma Yin Ying	Dr. Yuen Mang Sum
Dr. Fong Ka Leuk	Dr. Mak Lai Yee	
Dr. Fu Chi Kin Jackie	Dr. Ng Ka Wai	
Dr. Goh Winston Louis		

**The Hong Kong College of Family Physicians
Annual Scientific Meeting 2010
29 – 30 May 2010**

“Meeting the Challenges of Non-Communicable Diseases”

It is our great pleasure to announce that the Hong Kong College of Family Physicians Annual Scientific Meeting 2010 (HKCFP ASM 2010) will take place on 29 – 30 May 2010 at the Hong Kong Academy of Medicine Jockey Club Building, Wong Chuk Hang, Hong Kong.

The theme for the HKCFP ASM 2010 is “Meeting the Challenges of Non-Communicable Diseases”. Non-communicable disease prevention and management is an emerging global challenge with the past decade witnessing local and international initiatives aiming to improve care for non-communicable diseases, and the focus on the community, family medicine, general practice and primary care. The ASM 2010 will provide a forum for family physicians and other health care professionals to exchange their experiences and ideas, and to foster collaboration towards meeting the challenges posted by non-communicable diseases in our communities.

We now cordially invite you to submit abstracts for free papers and posters presentations at the HKCFP ASM 2010, as well as to participate in our full paper competition. Instructions for abstract submission and full paper competition are available on the next few pages and at our College website.

Stay tuned for more information on HKCFP ASM 2010 at our College website, future issues of the Hong Kong Practitioner and FP Links. I hope that you will join and enrich our ASM in May 2010 and I very much look forward to welcoming you.

Dr. Man-Kuen Cheung
Chairlady
HKCFP ASM 2010 Organizing Committee

HKCFP Annual Scientific Meeting 2010

“Meeting the Challenges of Non-Communicable Diseases”

Full Paper Competition

(Submission Deadline: 31 March 2010)

We cordially invite your participation in the Full Paper Competition of the HKCFP ASM 2010. The Competition is a long-standing tradition of HKCFP ASM for promoting and recognizing well-designed, innovative research, which bears potential to exert impact in clinical practice or development in the field of family medicine.

The HKCFP ASM 2010 Organizing Committee will invite renowned scholars to review the participating papers. Judges appointed by the Organizing Committee will determine the final awardees based on qualities of the papers.

The winner will be awarded the Best Research Paper Award, which will be presented at the opening ceremony of the HKCFP ASM 2010. The winning team will also be featured in our college newsletter – Family Physicians Links (FP Links).

Awards

The **Best Research Paper Award** winner will receive **HK\$5,000** and a certificate.

Eligibility Requirements and Author Guidelines

To be eligible for participation in the full paper competition, **the first author of the paper must meet ALL of the following conditions:**

- (1) The author is currently a member of the HKCFP
- (2) The author completes the main parts of the research and writing for the paper;
- (3) The author has not used the paper to apply for other awards

The participating papers should be full-length articles. They should include a structured abstract of no more than 250 words, the text should contain between 2,000-3,000 words, organized as INTRODUCTION, METHODS, RESULTS and DISCUSSIONS, and consist of no more than 5 illustrations (tables/figures).

Award Selection Criteria

Each paper will be evaluated against the following criteria:

1. Academic rigor of the paper (e.g. originality, methodology, organization and presentation)
2. Relevance to family medicine (e.g. importance of the topic and the impact of the findings on the practice or development of family medicine)

How to Submit

All submitted full papers will be automatically enrolled into the Best Research Paper Award. Participants should submit their papers according to the abstract submission instructions.

Any enquiries can be directed to the HKCFP ASM 2010 Organizing Committee by email: asm2010@hkcfp.org.hk.

Submission Deadline

31 March 2010 (Wednesday)

If you have any questions concerning the ASM 2010 Full Paper Competition, please do not hesitate to contact Mr. Patrick Wu or Ms. Teresa Liu, the ASM 2010 Secretariat, by phone at 2528 6618 or by email: asm2010@hkcfp.org.hk.

We look forward to receiving your research articles!

HKCFP Annual Scientific Meeting 2010

“Meeting the Challenges of Non-Communicable Diseases”

Abstract Submission Instructions

Abstract Formats

- Please use standard fonts in 12 points and submit with a printout of the ‘Abstract Submission Form’.
- Handwritten abstracts will not be accepted.
- The abstract must not exceed 250 words, and should be organized as follows: TITLE, AUTHOR(S), INTRODUCTION, METHODS, RESULTS and DISCUSSIONS. Commentaries and discussion papers do not need to follow this exact format apart from TITLE and AUTHOR(S).
- Authors’ full names and affiliations must be specified; surnames should be in bold.
- All abstracts must be submitted in English or Chinese; and all accepted abstracts must be presented in English.

How to Submit

- 1) **Email** - Submit abstract to asm2010@hkcfp.org.hk as an attachment in Microsoft Word or Acrobat files or included in the email message.
- 2) **Disk** - If email is not possible, mail CD-Rom to The Hong Kong College of Family Physicians, 7th Floor, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong.

IMPORTANT: Please include the Abstract Submission Form with all submission. The Abstract Submission Form is available for download at our College website.

Please Note

- 1) The submitted abstracts must not be identical to abstracts submitted to other conferences.
- 2) The Organizing Committee will have the right to final decision on the acceptance of an abstract.
- 3) Only **ONE** designated presenter can present an accepted abstract. Co-authors are welcome to attend the session, but are required to register for the meeting.
- 4) If you have any questions concerning abstract submission, please contact Mr. Patrick Wu or Ms. Teresa Liu, by phone at 2526 6618 or by email asm2010@hkcfp.org.hk.
- 5) The deadline for abstract submission is **31 March 2010 (Wednesday)**.

HKCFP Annual Scientific Meeting 2010

“MEETING THE CHALLENGES OF NON-COMMUNICABLE DISEASES”

ABSTRACT SUBMISSION FORM

Submission Deadline : 31 March, 2010 (Wednesday)

Personal Particulars of Presenting Author

Note: Presenting author must be registered author

Title: Prof. Dr. Mr. Mrs. Ms.

Name: (Last Name) _____ (First Name) _____

Name in Chinese (if applicable): _____

Organization: _____

Department/Unit: _____

Position: _____

Contact Address: _____

Telephone: _____ Fax: _____

E-mail address: _____

Abstract Details

Title of abstract: _____

Three key words which indicate the topic and specific content of the presentation:

_____ , _____ , _____

Mode of presentation: Oral Poster Abstract published in the Meeting brochure only

Consent to be published in FP Links & College Website

Submission Method

Email: asm2010@hkcfp.org.hk

(An acknowledgment email will be returned within 5 working days)

Please note:

- 1) The abstract should not exceed 250 words, and should be organized as follows:
TITLE, AUTHOR(S), INTRODUCTION, METHODS, RESULTS, and DISCUSSIONS
- 2) Handwritten abstracts will NOT be accepted
- 3) The Organising Committee will make the final decision on the acceptance of an abstract
- 4) HKCFP has the right to publish the accepted abstracts
- 5) Please read the instructions for abstract submission before completing this form

If you have any questions concerning abstract submission, please contact Mr. Patrick Wu or Ms Teresa Liu, the ASM 2010 Secretariat, at 2528 6618 / Email: asm2010@hkcfp.org.hk

HKCFP Annual Scientific Meeting 2010
 29 – 30 May 2010, HKAM Jockey Club Building, Wong Chuk Hang, HK

“Meeting the Challenges of Non-communicable Diseases”

REGISTRATION FORM

Name: Prof. / Dr. / Mr. / Mrs. / Ms.

Institution: _____

Contact No.: _____ Member ID (if applicable): _____

Email: _____ Fax: _____

Address: _____

REGISTRATION FEES (please tick as appropriate):

	HKCFP Member	Non-member
HKCFP Annual Scientific Meeting	<input type="checkbox"/> Complimentary	<input type="checkbox"/> HK\$600
Workshop 1: Common Office Procedures	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$600
Workshop 2: Insulin Injection for Diabetic Patients	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$600

Notes:

Please prepare separate cheque(s) for registration of the ASM and the chosen workshop. Workshop registration is subject to availability. Cheques will be returned to unsuccessful registrants.

COMPLIMENTARY TRANSPORTATION will be provided to pick up registrants at designated locations. If you are interested, please tick as appropriate.

Pick-up Points	May 29, 2010	May 30, 2010
Admiralty	<input type="checkbox"/>	<input type="checkbox"/>
Kowloon Tong MTR station	<input type="checkbox"/>	---
Tuen Mun Hospital	<input type="checkbox"/>	---

Note: Details concerning the transportation arrangements will be further announced.

PAYMENT METHOD

Please send the completed registration form with crossed cheque(s) payable to “HKCFP Education Ltd” to the following address:
 Room 701, 7/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong.

If you have any questions concerning ASM 2010, please contact Mr. Patrick Wu or Ms. Teresa Liu, the ASM 2010 Secretariat, by email: asm2010@hkcfp.org.hk or by phone at 2528 6618.

Registration forms can also be downloaded through College website – www.hkcfp.org.hk

Signature: _____ Date: _____

Diploma in Family Medicine (HKCFP) 1st Announcement

The Board is pleased to announce that the Diploma Course in Family Medicine (DFM) organized by The Hong Kong College of Family Physicians will commence in June 2010.

The course consists of FIVE modules. Modules I & II will be delivered by Local Distance Learning. Modules III, IV & V consist of lectures, seminars, tutorials, workshops and clinical attachments. The whole course requires ONE year of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practising medical practitioners and to provide an intermediate step to fellowship qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FIVE compulsory modules. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation, counselling and problem solving
- iii) Knowledge and skills in common practice procedures and emergency care required for good quality family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Module I – Principles of Family Medicine (Distance Learning)

Aims: 1. Learn concepts of Family Medicine

2. Understand the role and scope of a Family Doctor

Contents: Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Module II – Common Problems in Family Medicine (Distance Learning)

Aims: 1. Enhance consultation, communication and problem solving skills

2. Gain knowledge in common chronic diseases in Family Medicine

Contents: Selected topics from Clinical Psychology, Diabetes Mellitus, Low Back Pain, COPD, Atopic Eczema, Elbow Mass, Facial Rashes, Health Psychology, Allergic Rhinitis, Urethritis, Urine Incontinence, etc.

Module III - Essentials of Family Medicine (Structured Seminars and Tutorials)

Aims: 1. Strengthen knowledge in Family Medicine

2. Understand the potential growth of Family Medicine

3. Develop research and teaching skills in Family Medicine

Contents: Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care, Clinical Audit & Quality Assurance, Introduction to Family Therapy, Research & Teaching in Family Medicine, Evidence Based Medicine and Critical Appraisal

Module IV - Clinical Updates (Updates and Clinical Attachment)

Aims: Acquire in-depth knowledge and practical skills in selected specialized areas including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology

Contents: FIVE Update seminars and ONE clinical attachment on selected specialties including Medicine, Surgery, Geriatrics, ENT, Orthopaedics & Traumatology, Accident & Emergency Medicine, Infectious Diseases and Dermatology (subject to availability)

Module V - Practical Family Medicine (Practical Workshops)

Aims: Enhance practical and communication skills in Family Medicine by Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Contents: 5 compulsory and 1 elective Practical Workshops in selected areas including CPR, Consultation Skills, Counselling Skills, Women's Health, Orthopaedic Injection and Musculo-Skeletal Medicine

Module III & V will be scheduled in Saturday and Sunday afternoons

3. Articulations:

The Course allows (up to a fixed maximum percentage of the Course units) articulations or cross recognition of previous Family Medicine training programmes that provide learning units equivalent to that of the above syllabus. Participants who wish to apply for such articulations have to submit evidence of relevant training together with their application. The granting of articulations is however, completely at the discretion and decision of the Board of DFM.

4. *Schedule:

The whole course requires ONE year of part-time studies.

June to September 2010

November 2010 to January 2011

July 2010 to May 2011

May 2011

Module I

Module II

Module III, IV & V

Final Examination

5. Admission Requirements:

Medical Practitioner with full registration in HKSAR

6. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

7. Teaching Medium:

English

(Cantonese may be used in some seminars, workshops and clinical attachments)

8. Course Fees:Whole course:

HK\$25,000 for members of HKCFP

HK\$50,000 for non-members

(A discount of HK\$3,000 for early birds who apply on/before May 15, 2010)

In addition, the first 10 General Practitioners in Hong Kong who enroll successfully with the Diploma course on/before the deadline will enjoy further course fee reduction of HK \$2,000.

Individual Modules:

	Members	Non-members
Module I (Distance Learning – Principles of Family Medicine)	\$3,000	\$6,000
Module II (Distance Learning – Common Problems in Family Medicine)	\$3,000	\$6,000
Module III (Structured Lectures & Seminars)	\$2,000	\$4,000
Module IV (Updates & Clinical Attachment)	\$2,600	\$5,200
Module V (Practical Workshops)	\$3,600	\$7,200

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

9. Awards/Credits:

- A Diploma in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements and have passed all the required assessment and the Final Examination.
- The Diploma is a Quotable Qualification of The Medical Council of Hong Kong.
- 50 CME and 10 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

10. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- Photocopy of the current Annual Practising Certificate
- A recent photo of the applicant (passport size)
- A signed "Disclaimer of Liability"
- An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable.
- A Course Fee of HK\$25,000 (or HK\$50,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Members who were not admitted in the course in 2009 have to send in their application again if they want to study the course this year. Please contact the College secretariat, Ms Winnie Lee at 2861 0220 for any queries.

11. Application Deadline: June 18, 2010**12. Comments From Former DFM Graduates**

- The Content is useful in daily practice. I can have hands-on practical skills. I can polish my communication skills during the lectures & workshops.
- I can understand the role of Family Physicians as gatekeepers of health-care system and better know about their role in the society. I also acquire the skills on critical appraisal.
- There are sessions of clinical updates for updating knowledge. Module I, II & III could help improving my knowledge. Module I, II & III could improve my understanding of Family Medicine. Sessions in consultation are invaluable in improving my communication skills.

Dr. Raymond Lo
Chairman
The Board of DFM

*Course syllabus and schedule may be subject to change without prior notification

#Cantonese and English will be used as the language for teaching and examination.

Certificate Course in Family Medicine (HKCFP) 1st Announcement

The Board is pleased to announce that the Certificate Course in Family Medicine (CFM) organized by The Hong Kong College of Family Physicians will commence in June 2010.

The course consists of FOUR Segments. Segment I will be delivered by Local Distance Learning. Segments II, III & IV consist of lectures, seminars, tutorials and workshops. The whole course requires SIX months of part-time studies.

Details of the course are as follows:

1. Objectives:

- i) To provide knowledgeable, pragmatic and structured teaching in Family Medicine for medical practitioners
- ii) To encourage professional development of practicing medical practitioners and to provide an intermediate step to attain diploma qualifications in Family Medicine
- iii) To improve standards and quality in the practice of Family Medicine

2. *Syllabus:

The course consists of FOUR compulsory segments. Doctors graduated from the course are expected to have acquired:

- i) Current concepts about nature of Family Medicine
- ii) Knowledge and skills in consultation
- iii) knowledge and skills in some common practice procedures required in family practice
- iv) Understandings towards the role of Family Doctors as gatekeepers of the health-care system and in providing cost-effective primary care to the community

Segment I – Principles of Family Medicine (Distance Learning)

- Aims: 1. Learn concepts of Family Medicine
2. Understand the role and scope of a Family Doctor

Contents: Definition of Family Physicians, Family Physicians' Functions, Core Values of Family Medicine, Consultation, Future of Family Medicine

Segment II- Essentials of Family Medicine (Structured Seminars and Tutorials)

- Aims: 1. Strengthen knowledge in Family Medicine
2. Understand the potential growth of Family Medicine

Contents: Practice Management, Care of Elderly & Chronic Illnesses, Anticipatory Care and Introduction to Family Therapy

Segment III - Clinical Updates (Updates)

- Aims: To acquire update knowledge in various medical specialties such as Medicine, Surgery, Geriatrics, ENT, Infectious Diseases and Dermatology

Contents: THREE Update seminars

Segment IV - Practical Family Medicine (Practical Workshops)

- Aims: Enhance practical skills and consultation skills in Family Medicine by Practical Workshops in some selected areas
- Contents: Orthopaedic Injection and Consultation Skills

Segments II, III & IV will be scheduled in Saturday and Sunday afternoons

3. *Schedule:

The whole course requires SIX months of part-time studies.

June to September 2010
July to November 2010

Segment I
Segments II, III, IV

4. Admission Requirements:

Medical Practitioner with full registration in HKSAR.

5. Teaching Staff:

A panel of experienced academic medical professionals in Family Medicine, hospital specialists and experienced Fellows or Trainers of HKCFP will be invited to teach in the programme.

6. Teaching Medium:

English

(Cantonese may be used in some seminars and workshops)

7. Course Fees:

HK\$8,000 for members of HKCFP

HK\$16,000 for non-members

All fees must be paid upon application and before commencement of the course. Fees paid are NON-TRANSFERABLE and NON-REFUNDABLE.

8. Awards/ Credits:

- i) A Certificate in Family Medicine issued by HKCFP will be awarded to candidates who have satisfied all the requirements.
- ii) Exemption of relevant segments/ modules if successful candidates wish to proceed further with their studies leading to the Diploma of Family Medicine awarded by HKCFP (Quotable qualification).
- iii) 10 CME and 6 CPD credit points will also be awarded to candidates at satisfactory completion of the Course by the QA & A Committee of HKCFP.

9. Application Procedures:

Application is now open.

A completed application form must be returned to The Hong Kong College of Family Physicians with the following:

- i) Photocopy of the current Annual Practicing Certificate
- ii) A recent photo of the applicant (passport size)
- iii) A signed "Disclaimer of Liability"
- iv) An application fee of HK\$200 by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable
- v) A Course Fee of HK\$8,000 (or HK\$16,000 if non-member) by crossed cheque payable to "HKCFP Holdings and Development Limited". This fee is non-refundable unless the application is unsuccessful.

Every successful applicant will be notified by an official letter of admission.

Information and application forms are obtainable at the College or can be downloaded at the College website (<http://www.hkcfp.org.hk>). Please contact the College secretariat, Ms Winnie Lee at 2861 0220 for any queries.

10. Application Deadline: June 18, 2010

Dr. Raymond Lo
Chairman
The Board of DFM

*Course syllabus and schedule may be subject to change without prior notification

#Cantonese and English will be used as the language for teaching and examination.

Primary Care Symposium 2009: Primary Care for Hong Kong - the Way Forward

Dr. Julie Chen, Family Medicine Unit, The University of Hong Kong

We were most pleased to welcome our 2009-2010 HKCFP Visiting Professor, Barbara Starfield, who is University Distinguished Professor at Johns Hopkins University and a world-renowned expert in primary care evaluation and policy. Her week-long visit to the Family Medicine Unit, HKU, culminated in this primary care symposium whose focus was to explore the way forward for primary care development in Hong Kong.



Close to 200 people attended the symposium including respected scholars from the two medical faculties in Hong Kong, senior representatives of the Hong Kong Medical Council, the Hospital Authority, and the Hong Kong College of Family Physicians as well as passionate views from grass roots medical professionals and primary care stakeholders.

I am happy to highlight some of the key points brought up during the presentations and panel discussion.

Key Points:

Opening addresses:

With the symposium fortuitously coming on the heels of the Chief Executive's Policy Address, Dr. York Chow reiterated the Government's commitment to "break new ground together" in targeting the area of primary care. Recurrent financial support earmarked for primary care, a focus on the whole primary health care delivery model, a directory for primary care and improvements to management of chronic disease and mental health services, as well as a territory-wide electronic health record system were among

the initiatives outlined.

Professor Raymond Liang foreshadowed an integral theme which recurred throughout the symposium, invoking the guiding principles of primary care and family medicine: being the point of first contact and provider of continuing, comprehensive, co-ordinated, whole-person care.

Keynote presentation:

Professor Barbara Starfield provided convincing evidence-based arguments reaffirming the benefits of primary care to lay the foundation for the later discussion on the way forward for primary care in Hong Kong. In short:

Primary care gives better health outcomes. This occurs among countries as well as within countries. A stark example of countries with the highest GDP demonstrating a paradoxical drop in life expectancy was shown. Coincidentally these are also the countries with specialist-driven health care, e.g. United States, Singapore. Primary care oriented countries have better life expectancy, lower infant mortality with fewer low birth weight infants while within countries, areas with better primary care have lower mortality rates and earlier detection of cancers.

Primary care reduces inequity in health. There is a demonstrated positive association between having primary care and lower mortality rates which is more pronounced in socially disadvantaged groups. Another example is the survival advantage for breast cancer seen in those who are younger and with later stage diagnosis in countries with a stronger primary care system. Such patients benefit from the functions of primary care including provision of comprehensive care especially when there is co-morbidity, person focused care over time, accessibility to service, coordination, and prevention.

Primary care costs less. In the United States, for example, health care is characterized by high referral rates, excessive follow up visits by specialists, and a high percentage of patients with high morbidity burden, who are seeing specialists. All these are expensive for the health care system. The benefits of primary care are greatest for

people with the greatest burden of illness as there is a single doctor to provide the continuous, comprehensive and coordinated care. Family physicians are more cost effective than other primary care physicians such as paediatricians or internists. This underlines the important role of gate-keeping to assure more appropriate and thus effective specialist care.

Health system policies conducive to primary care practice are needed. Policies must focus on the function of primary care (patient focus) rather than professional priority of diagnosis (disease focus). The roles and principles of primary care come into play because it is the frequent consultations by patients with co-morbidities who consume the most resources and who would benefit most from the person-focused care over time (better outcomes, fewer side effects, lower cost, thus better population health).

There are key system factors which help achieve good primary care. Such features include: universal financial coverage, under government control or regulation; need-based distribution of resources; no or low co-payments; and comprehensive service. These result in better health at lower cost as exemplified in primary health care oriented countries.

Panel discussion:

Dr. Donald Li drew attention to the May 2009 WHO resolution asking members to reinvigorate their health systems through primary care. He encouraged the review of the undergraduate FM medical curriculum and post-graduate FM training programmes to attract and inspire more graduates to select primary care medicine as their career choice. In addition, he reiterated the conclusions of the Primary Care Working Group, including the development of a primary care directory, pilot community health centre projects, and the considered development of management protocols.

Professor Sian Griffiths advocated the further blending of individual health care and public health by fostering an environment where health care professionals can understand the importance of prevention, social determinants of disease and equity, so that patients and doctors can work as a team to promote population and community

based care that is responsive to their needs. This was echoed by Professor TH Lam who felt that goodwill and room for partnership between public health and primary care can occur over time, involving medical education and professional training, health services research and education, health promotion and health advocacy.

Dr. Gene Tsoi expressed concern about the state of FM education which forms the foundation for the delivery of quality-assured primary care. Dr. SV Lo suggested streamlining FM post graduate training and reconsidering the need for 2 years of hospital training. Further, system incentives for doctors may be worthwhile, e.g. remuneration based on doctor qualifications and engagement in whole person, comprehensive care.

Professor Cindy Lam cautioned that suboptimal primary care may do more harm than no primary care at all. To ensure quality primary care, primary care must be **enabled** to deliver what it should deliver based on research evidence (on health services as well as individual clinical care), education and training (focused on patient-centred attitudes and a high level of competence to provide comprehensive care rather than the ability to merely practice independently); be **empowered** to provide the care it can provide through an administrative and funding system that allows for proper gate-keeping, coordination of care and access to necessary resources; and must **engage** doctors to work in primary care by setting the expectation that all people should have their own family doctor and fundamentally changing the mindset of all stakeholders that primary care is an essential part of all health services.



Panelists (From left to right):
Prof. TH Lam, Prof. Sian Griffiths, Prof. Cindy Lam



Panelists (From left to right):
Dr. S.V. Lo, Dr. Gene Tsoi, Prof. Barbara Starfield

Conclusion:

From observation of the proceedings and subsequent feedback from participants and attendees, the aim of the symposium to engage academic colleagues and fellow health care professionals in constructive debate and discussion about the way forward for primary care in Hong Kong was overwhelmingly achieved. A summary document of recommendations based on the discussions raised in this symposium will be presented to government for consideration and hopefully it will contribute to real progress.



Questions from audience

Acknowledgements:

We would like to thank our HKCFP Visiting Professor, Barbara Starfield for her frank views and unwavering support of primary care, our honoured guest officiators, Dr. York Chow and Professor Raymond Liang whose presence and words underlined the importance of this event, our invited panel discussants, Dr. Donald Li (Chairman), Dr. S.V. Lo, Dr. Gene Tsoi, Professor TH Lam, Professor Sian Griffiths, and Professor Cindy Lam for their insightful comments and discussion; all the attendees for their enthusiasm and heartfelt views expressed during and after the symposium, and the Hong Kong College of Family Physicians, who generously sponsored the visiting professorship and co-organized this symposium.



Group photo

** Further opinions and contributions from colleagues are invited and warmly welcomed and may be submitted to the FMU at fmunit@hku.hk for posting on the symposium website. The keynote presentation by Professor Starfield as well as the comments by each of the panel discussants, statements from symposium attendees and written submissions from colleagues and primary care stakeholders may be viewed on the symposium website:

http://www.familymedicine.hku.hk/healthevent/symposium_home.htm

"Submissions of articles to Feature with up to 1200 words are always welcome. Email: terlee@hkcfp.org.hk"

「寮國義工之行」

Dr. Li Heung Wing
Family Medicine Specialist, New Territories East Cluster

記得讀醫的時候，有機會跟醫學院的導師到中國一些比較落後的地方義診，看見一些特別的病症，令我大開眼界，亦覺得十分有意義。我當時想，能夠在畢業後當無國界的醫生就好了。但隨著年紀漸長，家庭重擔愈來愈大，這個理想似乎離我愈來愈遠。幸運地我認識了一班朋友，他們和我分享了在寮國做醫療義工的事，使我對到當地做醫療義工產生了興趣。所以在去年和今年八月，我參加了他們的醫療團隊到當地做醫療義工。



村民很有秩序地排隊看醫生，很有以前GOPD 排隊的感覺

到達當地，首先發現的難題就是言語不通。我所說的是廣東話，而他們說的是寮語。我要藉著翻譯人員才明白病人的症狀和投訴，然後靠翻譯人員把診斷和建議去告訴他們；另外，當地的醫療設施比較落後，一些連看似簡單的基本檢查也沒有，所以「問症」和「身體檢查」就是斷症的最基本要求和「武器」了。這使我明白「溝通」的重要性，溝通就是建立醫生和病人關係最緊要的橋樑，亦是我們家庭醫生不斷要去學習和改善的地方。

我所探訪的鄉村都是一些



教導小朋友牙齒護理

地方，他們沒有娛樂設施，生活都比較清貧和刻苦，但村民總是笑臉迎人，沒有太多的愁眉苦臉。這一點從小朋友的身上更能看得到，他們沒有漂亮而整齊的衣服和鞋，沒有遊戲機，只和他們玩一些簡單的遊戲，他們已經樂上大半天。這些從心裡綻放出來的笑容，在香港已愈來愈少，是香港的生活比他們的更貧窮嗎？香港各式各樣的物質都有，但每天看見不快樂或患抑鬱的病人愈來愈多，是我們比他們貧窮嗎？似乎，是我們的「心靈」更「貧窮」。



靠著翻譯為病人診証



和小朋友玩「麻鷹捉雞仔」

認真地想一想，我又是真的做得很多？由於言語不通、設備簡陋，我做的實在不多，但看見村民感激和快樂的樣子，我心裡感到十分欣慰。雖說我在當地做義工幫助他們，但其實最大的得益者就是我自己：我學懂珍惜自己所有，明白「溝通」的重要性，能夠簡簡單單的，快快樂樂的做一個聆聽別人的醫生！



和小朋友揮手道別



The Elderly Vaccination Subsidy Scheme (EVSS) was launched on 19th October this year. Under this scheme, government subsidizes those aged 65 or above with at least \$130 and \$190 for seasonal influenza and pneumococcal vaccination respectively. However, until 15th November, only about 10% of the elderly population has been vaccinated.¹

There are currently two types of pneumococcal vaccine available, namely a 23-valent pneumococcal polysaccharide vaccine (23vPPV) and a 7-valent pneumococcal conjugate vaccine (PCV7). PCV7 is registered for use in Hong Kong for children up to 9 years whereas 23vPPV for anyone 2 years or above. PCV7 has been included in the Childhood Immunization Programmed since 1st September 2009.

According to the Centre of Health Protection, pneumococcal vaccination is recommended for personal protection in the following groups²:

1. Children below 2 years of age, with or without additional at-risk conditions
2. Persons aged 65 years or above, with or without additional at-risk conditions
3. Persons aged between 2 to 65 years and with the following at-risk conditions:
 - (a) History of invasive pneumococcal disease
 - (b) Immunocompromised states:
 - Asplenia, HIV, primary immunodeficiency
 - Immunodeficiencies related to malignancies and transplantation
 - Immunodeficiencies related to use of immunosuppressive drugs / systemic steroid
 - (c) Chronic disease
 - Chronic cardiac, pulmonary, liver or renal disease
 - Diabetes mellitus or CSF leakage
 - (d) With cochlear implants

One single dose vaccination is effective for 5 to 10 years. Its safety and side effect profile is also good. The most common adverse event is slight swelling and tenderness at the injection site (30–50%, more commonly following subcutaneous administration than intramuscular administration³). Systemic reactions are rare. Revaccination 5 years after the first dose should be considered for indicated populations, but the safety of revaccination for more than two doses is currently not known. Similarly, safety data for vaccination in pregnancy has not been established.

23vPPV is effective in preventing potential life threatening conditions like otitis media, pneumonia, meningitis and septicemia. Meta-analysis of randomized controlled trials showed protective effect against invasive pneumococcal disease (IPD) and all-cause pneumonia among generally healthy young adults and, to a lesser extent, protection against IPD in the general elderly population.³⁻⁴ Observational studies on the effectiveness of PPV23 generally have shown that the vaccine is effective in preventing IPD among individuals with various underlying illnesses who are not severely immunosuppressed.³

With such an effective vaccine and subsidies from government, what are you waiting for? To join the vaccination scheme, please contact the Centre of Health Protection or visit their website on www.chp.gov.hk.

Compiled by Dr. Chun-Kong Yip

References:

1. Mingpao news 11/19/2009.
2. Recommendations on the Use of Pneumococcal Vaccines, Scientific Committee on Vaccine Preventable Diseases, Centre of Health Protection.
3. 23-valent pneumococcal polysaccharide vaccine - WHO position paper 2008.
4. Moberley S et al. Vaccines for preventing pneumococcal infection in adults. Cochrane Database of Systematic Reviews, 2008, (1):CD000422.

Interest Group in Dermatology – the 17th Meeting on 7th November 2009

Dr. Wong Nai Ming
Co-ordinator, Board of Education

The 17th Dermatology Interest Group meeting was held on 7th Nov 2009. Our speaker was Dr. K. K. Fung, a consultant dermatologist of St. Paul's Hospital. Our sponsor was Galderma Hong Kong Ltd. The topic was "Use of topical agents in dermatology".

In choosing a topical medication, we have to consider both the active ingredient and the vehicle. The active ingredient is the drug we choose to treat the skin condition, examples are topical steroid, antibiotics, antifungal and antiviral agents. The vehicle is a mixture of liquid, powder, grease, preservatives, emulsifier, absorption promotor, fragrance etc, in various combinations, to maximize delivery of the active ingredient to the skin. It can have action of its own, and may even do harm if being used carelessly. Aqueous cream is derived from petroleum. Fragrance is used to cover up its smell, but sometimes it may induce sensitivity reactions. When water is present in the vehicle, preservatives must be added to prevent bacterial and fungal growth. Ointments have no water and can be preservative-free.

Choice of a vehicle depends on both nature and location of the dermatosis.

- (1) Nature: one should consider the old dogma: "wet on wet and dry on dry", i.e. use wet formulation for oozing dermatoses e.g. lotion, use dry formulation for dry dermatoses e.g. ointment.
- (2) Location: for skin folds, use cream. Too aqueous formulations like lotion may sting while ointment may cause occlusion.

There are several factors affecting the absorption of a drug through skin:

- (1) Broken skin increases absorption
- (2) Thin skin increases absorption - when comparing with forearm skin, absorption is 13 times more on cheek and 40 times more at scrotum. Similarly, infants and elderly with thin skin have increased absorption.
- (3) Occlusion of skin surface (e.g. by tegaderm) increases absorption
- (4) Higher frequency and quantity of drug applied increase absorption. Some drugs like topical steroid have reservoir effect in stratum corneum, hence having prolonged action even after their use is stopped.

When prescribing a topical medication especially one containing topical steroid, there are several principles to observe:

- (1) Try to establish diagnosis of the skin lesion first before prescribing a drug, particularly do not use steroid as a test. If there is no improvement after using topical steroid, do not rush to increase the potency, reconsider the diagnosis.

(Disclaimer: All advice and sharing in the meeting are personal opinions and bear no legal responsibility. All patients' identities are kept confidential.)

- (2) Choose the right active ingredient and vehicle, and the right concentration and potency according to nature of skin lesion, anatomical sites, age and other patient factors such as pregnancy. Very potent topical steroid should only be used for a short time if really necessary. It should not be stopped suddenly to avoid rebound, and progressively weaker steroid should be used for tailing down. It should not be used on face, flexures and scrotal areas with thin skin.
- (3) Determine the frequency, quantity and duration of treatment.

When using topical medications, always be aware of its potential side effects. Commonly encountered side effects include:

- (1) Allergic and irritant contact dermatitis – can be related to active ingredients or vehicles
- (2) Photosensitivity – e.g. topical vitamin A derivatives
- (3) Tachyphylaxis – e.g. after prolonged use of topical steroid
- (4) Local and systemic complications of topical steroid

Dr. Fung also reminded the audience not to try mixing various topical medications in their clinics because:

- (1) There may be interactions between various active ingredients.
- (2) Active ingredients may be inactivated when the diluents are incompatible e.g. when oil-in-water formulations are mixed with water-in-oil formulations.
- (3) There is always risk of bacterial and fungal contamination.
- (4) Uneven mixing can result in varied concentration of active ingredients in various parts of the mixture.

Our next meeting will be held on 9th Jan 2010 with Dr. Lee Tze Yuen speaking to us on skin problems of hands and feet.



• Dr. K. K. Fung (Left) and Dr. Wong Nai Ming

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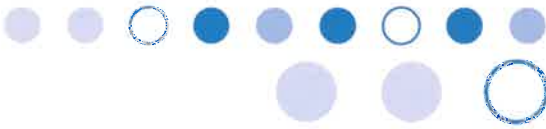


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- Registered as a specialist in the Medical Council of Hong Kong with fellowship of Hong Kong Academy of Medicine
- A minimum of 5 years of solid experience as a specialist in Health Care organization in **Obstetrics & Gynaecology, Endocrinology, Ophthalmology** and **Orthopaedics & Traumatology**. Other specialties will also be considered

GENERAL PRACTITIONER

(Full-time / Part-time / Locum) (Ref. No: HKPFP0912 - GP)

- Registered as a medical practitioner in the Medical Council of Hong Kong with about 2 years of medical practice. Candidate with 5 years or above of medical practice experience is preferred

GENERAL PRACTITIONER - STAFF CLINIC

(Full-time / Part-time / Locum) (Ref. No: HKPFP0912 - GPSC)

- Registered as a medical practitioner in the Medical Council of Hong Kong with about 2 years of medical practice experience
- Work for 20 - 45 hours per week

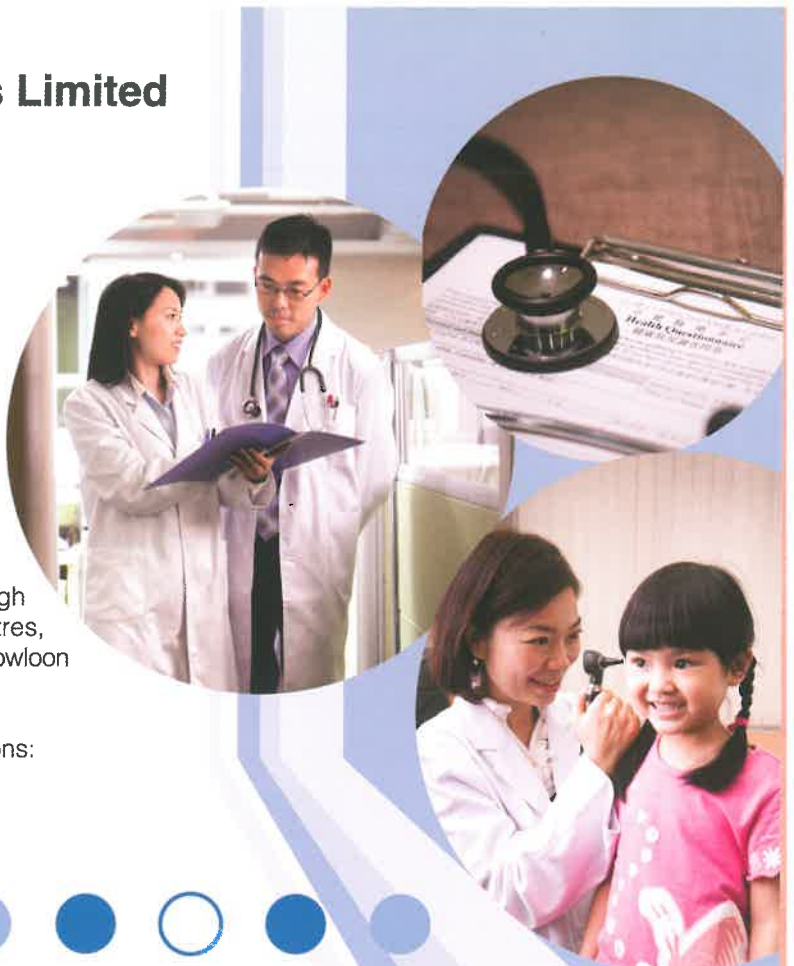
GENERAL PRACTITIONER - COSMETIC SKIN SERVICE

(Full-time / Part-time) (Ref. No: HKPFP0912 - GPCSS)

- Registered as a medical practitioner in The Medical Council of Hong Kong with a minimum of 5 years of medical practice experience plus solid experience in skin centre or hospital
- Qualification in Aesthetic Medicine with exposure in performing various cosmetic procedures such as IPL, Laser and Botox. Candidate with Diploma in Practical Dermatology and/or Diploma in Dermatology is preferred
- Candidate who would like to apply for FT / PT cosmetic skin service professional, or start as GP and build up cosmetic skin service will also be considered

We offer attractive remuneration and fringe benefits. Interested parties please send your full resume with current salary, expected salary and reference code to **Human Resources Department, Quality HealthCare Medical Services Limited, 4/F, 303 Des Voeux Road Central, Sheung Wan, Hong Kong** or via e-mail to hrd@qhms.com

(All applications will be treated in strict confidence and data collected will be used for recruitment purposes only)



- Please wear a surgical mask if you have respiratory tract infection and confirm that you are afebrile before coming to the meeting.
- Private Video Recording is not allowed. Members, who wish to review the lecture, please contact our secretariat.

Infectious Disease Clinical Attachment for Family Physicians

Dates	5, 12, 19, 26 January 2010 2, 9, 23 February 2010 2, 9, 16, 23, 30 March 2010
Organizers & Course Directors	Princess Margaret Hospital Dr. Thomas So Department of Medicine and Geriatrics, Princess Margaret Hospital The Hong Kong College of Family Physicians Dr. Kwong Bi Lok, Mary Chairlady, Board of Education, The Hong Kong College of Family Physicians
Objectives	<ul style="list-style-type: none"> • To update Family Physicians on topics in Infectious Diseases • To provide opportunities for Family Physicians to observe Infectious Disease Medicine in practice • To facilitate exchange of ideas between Infectious Disease and General Practice colleagues
Course Structure	The attachment will consist of 12 two hourly sessions, including lectures, outpatient clinics, ward-rounds and workshops. One session per week from 2:00 p.m. – 4:00 p.m. on Tuesdays.
Time	2:00 p.m. – 4:00 p.m.
Venue	Seminar Room 2, 16/F, Block S [IDC], Princess Margaret Hospital
Topics	Simulation Training in the Clinic Management of Infectious Disease; Diagnostics in Primary Care, Antibiotic Allergy Appropriate Use of Antibiotics; Travel & Infection Pre-travel & Post-travel Care; Pregnancy & Infection, Common Gynaecological Infection; Infection & Infestation in the Elders; emerging Infection in the Community, Infectious Disease Emergency in Primary Care; Update in Management of ILIs & CAP; Approach to Fever in Childhood, Viral Exanthema; Overview of Sexually Transmitted Infection, Common Skin Infection; Infectious Hepatitis, Infectious Diarrhoea, Food Poisoning; Update in Childhood Vaccination
Course Fee	HK\$2,600 All cheques payable to "HKCFP Education Ltd"
Enrolment	Please call Ms Winniea Lee at 2861 0220 for details <u>on or before December 30, 2009</u> . Registration will be first come first served.
Certification	A certificate of attendance will be awarded under the names of organizers for participant who has over 80% attendance.
Accreditation	Up to 15 CME points (Category 4.8) & 5 CPD points (Category 3.16) for the whole attachment.

9 January 2010 Saturday

Board of Education Interest Group in Dermatology

Aim	To form a regular platform for interactive sharing and discussion of interesting dermatological cases commonly seen in our daily practice
Theme	Skin Problems on Hands and Feet
Speaker	Dr. Lee Tze Yuen Dermatologist
Co-ordinator & Chairman	Dr. Wong Nai Ming The Hong Kong College of Family Physicians
Time	1:00 p.m. – 2:15 p.m. Lunch 2:15 p.m. – 4:00 p.m. Theme Presentation & Discussion
Venue	5/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00
Accreditation	All fees received are non-refundable and non-transferable. 2 CME Points HKCFP (Cat. 4.3) 2 CPD Points HKCFP (Cat. 3.15) 2 CME Points MCHK
Language	Lecture will be conducted in English and Cantonese.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.
Note	Participants are encouraged to present own cases for discussion. Please forward your cases to the Co-ordinator via the College secretariat 2 weeks prior to meeting.

Sponsored by
Galderma Hong Kong Limited

Time	1:00 p.m. – 2:00 p.m. Buffet Lunch 2:00 p.m. – 4:00 p.m. Lectures & Discussion
Venue	Crystal Ballroom, Basement 3, Holiday Inn Golden Mile Hotel, 50 Nathan Road, Tsimshatsui, Kowloon
Admission Fee	Members Free Non – members HK\$ 300.00 HKAM Registrants HK\$ 150.00
Accreditation	2 CME Points HKCFP (Cat. 4.3) 2 CME Points MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.
Registration	Registration will be first come first served. Please reserve your seat as soon as possible.

Sponsored by
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Monthly Video Viewing Sessions –

Monthly video viewing sessions will be scheduled on the last Friday of each month at 2:30 – 3:30 p.m. at 8/F, Old College Premises, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.

January's session:

Date	January 29, 2010 (Friday)
Time	2:30 p.m. - 3:30 p.m.
Topic	Acne Management – Dr. Lo Kuen Kong
Admission	Members Only
Accreditation	1 CME Point HKCFP (Cat. 4.2) 1 CME Point MCHK Up to 2 CPD Points (Subject to submission of satisfactory report of Professional Development Log)
Language	Lecture will be conducted in English.

10 January 2010 Sunday

Update on Men's and Women's Health

Topics and Speakers:

1. Prostate and Sex - Enemies or Friends?

Dr. Martin K. T. Wong
Specialist in Urology

2. Menopause 2010: Drug or Not?

Dr. Clement L. K. Chan
Specialist in Obstetrics and Gynaecology

Chairman	Dr. Francis W. T. Lee The Hong Kong College of Family Physicians
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Community Education Programmes

Open and free to all members
HKCFP CME points accreditation (Cat 5.2)

Date/Time/CME	Venue	Topic/Speaker/Co-organizer	Registration
16 January 2010 (Sat) 2:30 – 4:30 p.m. 2 CME points	Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon	Refresher Course for Health Care Providers 2009/2010 – Common Sport Injuries Dr. Chan Wai Lam Our Lady of Maryknoll & Hong Kong Medical Association	Ms. Clara Tsang Tel: 2354 2440 Fax: 2327 6852

Structured Education Programmes

Free to members
HKCFP CME points accreditation (Cat 4.3)

Date/Time/CME	Venue	Topic/Speaker(s)	Registration
17 Dec 09 (Thur)			
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Contraception + HRT Part 1 Dr. Ng Wai and Dr. Tang Kin Sze	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 21/F, Pamela Youde Nethersole Hospital	Community Psychiatric Nurse Service Dr. Leung Wan Chiu	Ms. Kwong Tel: 2595 6941
22 Dec 09 (Tue)			
5:30 – 8:00 p.m. 3 CME points	F2029A, 2/F, Speciality Block, Tuen Mun Hospital	Journal Update Dr. Ng Mei Po	Ms. Chan Tel: 2468 6813
23 Dec 09 (Wed)			
2:30 – 5:00 p.m. 3 CME points	AB1038, 1/F, Main Block, Tuen Mun Hospital	Paediatric Emergency Part 1 Dr. Sze Siu Lam and Dr. Chan Yin Hang	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Mild Cognitive Impairment & Dementia Dr. Chou Chun Wing, Stephen & Dr. Yuen Yuk Kwun, Natalie	Ms. Man Chan Tel: 2922 6159
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	How to Set Up a Clinic Dr. Christina Cheuk & Dr. Ho Wing Man	Ms. Peony Yue Tel: 2632 3480
24 Dec 09 (Thur)			
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Paediatric Emergency Part 1 Dr. Yip Chun Kong and Dr. Wu Sze Man	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 21/F, Pamela Youde Nethersole Hospital	Journal Club 4Q – Breast Feeding Dr. Leung Wing Mun	Ms. Kwong Tel: 2595 6941
29 Dec 09 (Tue)			
5:30 – 8:00 p.m. 3 CME points	F2029A, 2/F, Speciality Block, Tuen Mun Hospital	Teaching: Principles of Problem Case Analysis Dr. Hung Chi Bun	Ms. Chan Tel: 2468 6813
30 Dec 09 (Wed)			
2:30 – 5:00 p.m. 3 CME points	AB1038, 1/F, Main Block, Tuen Mun Hospital	How to Prepare Conjoint Exam Dr. Chan Yin Hang and Dr. Ng Yeung Shing	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Journal Club Dr. Tsui Wing Sze, Wendy	Ms. Man Chan Tel: 2922 6159
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Paediatric Emergency Encountered in GP Dr. Yau Chi Fai	Ms. Peony Yue Tel: 2632 3480
31 Dec 09 (Thur)			
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Podiatry Service Dr. So Chi Kin and Dr. Lee Sik Kwan	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 21/F, Pamela Youde Nethersole Hospital	Workplace Violence Dr. Cheung Wen Ling	Ms. Kwong Tel: 2595 6941

5 Jan 10 (Tue)			
5:30 – 8:00 p.m. 3 CME points	F2029A, 2/F, Speciality Block, Tuen Mun Hospital	Infection Control in Clinic Dr. Sze Lung Yam	Ms. Chan Tel: 2468 6813
6 Jan 10 (Wed)			
2:30 – 5:00 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	FM Curriculum and Training Dr. Chan Yin Hang and Dr. Wong Chun Fai	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Introduction to Training Seminar, LAP & ICPC Coding Dr. Wan Wing Fai	Ms. Man Chan Tel: 2922 6159
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	How to Initiate Insulin Treatment in GOPD Setting Dr. Liu Chi Ki	Ms. Peony Yue Tel: 2632 3480
7 Jan 10 (Thur)			
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Curriculum in Family Medicine – Where Are We Now? Dr. Leung Hor Yee & Dr. Hung Chi Bun	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 21/F, Pamela Youde Nethersole Hospital	Review of FM Training Dr. Michelle Wong	Ms. Kwong Tel: 2595 6941
12 Jan 10 (Tue)			
5:30 – 8:00 p.m. 3 CME points	F2029A, 2/F, Speciality Block, Tuen Mun Hospital	Hospice Care Dr. Kwok Vincci	Ms. Chan Tel: 2468 6813
13 Jan 10 (Wed)			
2:30 – 5:00 p.m. 3 CME points	AB1028, 1/F, Main Block, Tuen Mun Hospital	Telemedicine Consultation Dr. Cheuk Tat Sang	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Lecture Theatre, 6/F, Tsan Yuk Hospital	Emergency Drill Exercise Dr. Tse Tsui Yee, Emily	Ms. Man Chan Tel: 2922 6159
5:00 – 7:30 p.m. 3 CME points	Li Ka Shing Specialist Clinic, 3/F, Seminar Room, Prince of Wales Hospital	Genogram Dr. Christina Cheuk	Ms. Peony Yue Tel: 2632 3480
14 Jan 10 (Thur)			
4:00 – 6:00 p.m. 2 CME points	Room 614, Ambulatory Care Centre, Tuen Mun Hospital	Effective Communication in Consultation Dr. Lo Sze Mon & Dr. Cheung Sze Man	Ms. Chan Tel: 2468 6813
5:00 – 7:00 p.m. 2 CME points	Room 041, 21/F, Pamela Youde Nethersole Hospital	LAP Video Review Dr. Irene Lai	Ms. Kwong Tel: 2595 6941

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The Hong Kong College of Family Physicians

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 Dec	14	15	16	17 2:00 – 4:00 p.m. Diabetes Clinical Attachment 4:00 – 7:00 p.m. Structured Education Programme 6:30 – 8:00 p.m. CSA Sub-committee Meeting 9:00 p.m. Council Meeting	18	19 2:15 – 4:45 p.m. DFM Module III Clinical Audit & Quality Assurance 2:30 – 5:30 p.m. PA Examiners' Workshop
20 2:30 – 4:00 p.m. Board of Education Interest Group in Neuro-musculoskeletal	21	22 5:30 – 8:00 p.m. Structured Education Programme	23 2:30 – 7:00 p.m. Structured Education Programme	24 4:00 – 7:00 p.m. Structured Education Programme	25	26 6:30 – 9:00 p.m. CSA Examiners' Workshop
27	28	29 5:30 – 8:00 p.m. Structured Education Programme	30 2:30 – 7:30 p.m. Structured Education Programme	31 4:00 – 7:00 p.m. Structured Education Programme	1 Jan	2
3	4	5 2:00 – 4:00 p.m. Infectious Disease Clinical Attachment 5:30 – 8:00 p.m. Structured Education Programme	6 2:30 – 7:30 p.m. Structured Education Programme	7 2:00 – 4:00 p.m. Diabetes Clinical Attachment 4:00 – 7:00 p.m. Structured Education Programme	8	9 1:00 – 4:00 p.m. Board of Education Group in Dermatology 2:15 – 4:45 p.m. DFM Module III Research & Teaching in Family Medicine
10 1:00 – 4:00 p.m. Update on Men's and Women's Health	11	12 2:00 – 4:00 p.m. Infectious Disease Clinical Attachment 5:30 – 8:00 p.m. Structured Education Programme 9:00 p.m. Board of Education Meeting	13 2:30 – 7:30 p.m. Structured Education Programme	14 2:00 – 4:00 p.m. Diabetes Clinical Attachment 4:00 – 7:00 p.m. Structured Education Programme	15	16 2:15 – 5:15 p.m. DFM Module V Women's Health Workshop 2:30 – 4:30 p.m. Community Education Programmes 2:30 – 5:30 p.m. Open Forum on Family Medicine Education & Training
17	18	19 2:00 – 4:00 p.m. Infectious Disease Clinical Attachment	20	21 2:00 – 4:00 p.m. Diabetes Clinical Attachment 9:00 p.m. Council Meeting	22	23 2:15 – 4:45 p.m. DFM Module III Evidence-based Medicine
24	25	26 2:00 – 4:00 p.m. Infectious Disease Clinical Attachment	27	28 2:00 – 4:00 p.m. Diabetes Clinical Attachment 9:00 p.m. Board of Conjoint Examination Meeting	29 2:30 – 3:30 p.m. Video Session: Acne Management	30 2:15 – 4:45 p.m. DFM Module III Critical Appraisal
31	1 Feb	2	3	4	5	6

Red : Education Programmes by Board of Education
Green : Community Education Programmes
Blue : Clinical Attachment / Certificate Course / ARC
Purple : College Activities

*Merry Christmas
and Happy New Year*